In this problem, we will solve a large diet problem. There are 7035 kinds of food listed, and 30 nutrients. We want to find a diet that has the minimum level of cholesterol intake and at the same time satisfies all the nutritional requirement.

For each nutrient i, let m_i be the minimum daily intake of i and let M_i be the maximum daily intake of i. For each food j, let a_{ij} be the amount of nutrient i in food j. Let $chol_j$ be the amount of cholesterol in food j, and define variables x_j to be the amount of food j in the daily diet. Then, the formulation of the diet problem is:

$$\min \sum_{j=1}^{7035} chol_j \cdot x_j \tag{1}$$

s.t.
$$\sum_{j=1}^{j=1} a_{ij} x_j \le M_i, \quad \forall i = 1, ..., 30$$
 (2)

$$\sum_{j=1}^{7035} a_{ij} x_j \ge m_i, \quad \forall i = 1, \dots, 30$$
 (3)

$$x_j \ge 0, \forall j = 1, ..., 7035$$
 (4)

Suppose you wanted to solve it using the student (free) version of X press, which cannot handle 7035 variables. Apparently, you need to solve the problem in a more clever way. Column generation is an ideal choice. The