

REPORT

SAMIT KARIA
18 Suyojana Society Lane
No 18 Koregaon Park Pune

Tel No: 919822034050
PID: 194444

Age:40.10 Years Sex:MALE

Reference:Dr.--

SID: 120499449

Collection Date:
25-02-2021 11:55 AM
Registration Date:
25-02-2021 11:55 am
Report Date:
25-02-2021 08:01 PM

Test Description	Observed Value	Biological Reference Interval
<u>Lipid Profile Mini :</u>		
Cholesterol (Total), serum by Enzymatic method	155	Desirable : < 200 mg/dL Borderline high : 200 - 239 mg/dL High : \geq 240 mg/dL
Triglycerides, serum by Enzymatic method	92	Normal : < 150 mg/dL Borderline high : 150-199 mg/dL High : 200-499 mg/dL Very high : \geq 500 mg/dL
HDL Cholesterol, serum by Enzymatic method	<u>37</u>	Men : > 40 mg/dL Women : > 50 mg/dL
VLDL Cholestrol, serum by calculation	18	< 30 mg/dL
LDL Cholesterol, serum by calculation	100	Optimal : <100 mg/dL Near optimal/above optimal : 100-129 mg/dL Borderline high : 130-159 mg/dL High : 160-189 mg/dL Very high : \geq 190 mg/dL
Cholesterol(Total)/HDL Cholesterol Ratio	4.19	Males : Acceptable ratio \leq 5.00 Females : Acceptable ratio \leq 4.50
LDL Cholesterol/HDL Cholesterol Ratio	2.69	Males : Acceptable ratio \leq 3.60 Females : Acceptable ratio \leq 3.20

Reference : ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations

As per most international and national guidelines including Lipid Association of India 2016 :

1. Lipoprotein and lipid levels should be considered in conjunction with other atherosclerotic cardiovascular disease (ASCVD) risk determinants to assess treatment goals and strategies.
2. Non-fasting lipid levels can be used in screening and in general risk estimation.



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Test Description

Liver Function Test :

Observed

Biological Reference Interval

Bilirubin-Total, serum by Diazo method	0.72	0.10 - 1.20 mg/dL Neonates : Upto 15.0 mg/dL
Bilirubin-Conjugated, serum by Diazo method	0.28	Upto 0.5 mg/dL
Bilirubin-Unconjugated, serum by calculation	0.44	0.1 to 1.0 mg/dL
SGOT (AST), serum by Enzymatic method	24	>or= 14 years : 8 - 48 U/Lt
SGPT (ALT), serum by Enzymatic Method	32	7 to 55 U/Lt
Alkaline Phosphatase,serum by pNPP-kinetic	75	Adult Male : (Unit : U/Lt.) 15 - < 17 years : 82 - 331 17 - < 19 years : 55 - 149 > or = 19 years : 40 - 129
Protein (total), serum by Biuret method	7.24	6.4 to 8.2 g/dL
Albumin, serum by Bromocresol purple method	4.34	3.4 to 5.0 g/dL
Globulin, serum by calculation	2.90	2.3 - 3.5 g/dL

--XX--



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A.G Diagnostics Pvt. Ltd.

"Laboratory is accredited as per ISO 15189:2012, Certificate Number MC-3143. Scope available on request / @ www. A.G Diagnostics Pvt. Ltd."

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Test Description	Observed Value	Biological Reference Interval
TEST NAME		

Glycated Hemoglobin (HbA1C), by HPLC	5.40	4.0 to 5.6 %
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Interpretation :

HbA1C level reflects the mean glucose concentration over previous 8-12 weeks and provides better indication of long term glycemic control.

For diagnosis of Diabetes Mellitus (≥ 18 yrs of age) :

5.7 % - 6.4 % : Increased risk for developing diabetes.

≥ 6.5 % : Diabetes

Therapeutic goals for glycemic control :

Adults : < 7%

Toddlers and Preschoolers : < 8.5% (but > 7.5 %)

School age (6-12 yrs) : < 8%

Adolescents and young adults (13 - 19 yrs) : < 7.5 %

Levels of HbA1C may be low as result of shortened RBC life span in case of hemolytic anemia. Increased HbA1C values may be found in patients with polycythemia or post splenectomy patients. Patients with Homozygous forms of rare variant Hb(CC,SS,EE,SC) HbA1c can not be quantitated as there is no HbA. In such circumstances glycemic control can be monitored using plasma glucose levels or serum Fructosamine.

The A1c target should be individualized based on numerous factors, such as age, life expectancy, comorbid conditions, duration of diabetes, risk of hypoglycemia or adverse consequences from hypoglycemia, patient motivation and adherence.

Ref : ADA (Standards of Medical Care in Diabetes - 2017)



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Test Description	Observed Value	Biological Reference Interval
TEST NAME		

Vitamin B12, serum by CMIA	343.0	187 - 883 pg/mL
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Interpretation :

1. Vitamin B12 (cobalamin) is necessary for hematopoiesis and normal neuronal function.
2. Vitamin B12 is decreased in

Decreased Serum B12
Pregnancy Contraceptive hormones Malabsorption Ethanol ingestion Smoking Strict vegan diet Pernicious anemia

3. Serum methylmalonic acid and homocysteine levels are also elevated in vitamin B12 deficiency states.
Active B12 (Holotranscobalamin) is low in Vitamin B12 deficiency.
4. Please correlate in case of patients taking vitamin B12 supplementation.



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Test Description	Observed value	Biological Reference Interval
<u>HOMA Index Insulin Resistance Test</u>		
Plasma glucose fasting, by Hexokinase method	95	< 100 mg/dL 100 to 125 mg/dL : Impaired fasting glucose tolerance / Prediabetes >= 126 mg/dL : Suggestive of diabetes mellitus (On more than one occasion) American Diabetes Association Guidelines 2020
Insulin Fasting, Serum by CMIA	17.80	Fasting : 2.5 to 25 µU/mL Peak upto 150 µU/mL
HOMA IR Index	<u>4.18</u>	> 2.5 indicates insulin resistance

Interpretation

1. As, the direct measurement of the insulin effect on the blood sugar concentration is not possible other indices are used for determining an insulin resistance.
2. One of the most common indices is the HOMA index (Homeostasis Model Assessment), which is calculated according to the following formula:

HOMA index = fasting insulin (µU/ml) X fasting blood sugar (mg/dl) / 405

3. Indications :

- * Adiposis (BMI > 28 kg/m²)
- * Suspected insulin resistance (metabolic syndrome, diabetes mellitus type 2)
- * Suspected polycystic ovary syndrome (PCO-S)
- * Cycle disturbances (e. g. amenorrhea)
- * Infertility

4. Reference ranges :

- > 2.0 indication for insulin resistance
- > 2.5 insulin resistance probable
- > 5.0 average value in patients with diabetes mellitus type 2

Reference : <https://www.bioscientia.de/en/files/2011/10/Marker>



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Test Description	Observed Value	Biological Reference Interval
TEST NAME		
25 - OH Vitamin D, serum by CMLA	23.40	Severe deficiency : < 10 ng/mL Mild to moderate deficiency : 10 to 19 ng/mL Optimum levels : 20 to 50 ng/mL Increased risk of hypercalciuria: 51 to 80 ng/mL Toxicity possible : > 80 ng/mL Ref. : Mayo Medical Laboratories These reference ranges represent clinical decision values, based on the 2011 Institute of Medicine report

Interpretation :

Vitamin D is vital for strong bones. It also has important, emerging roles in immune function and cancer prevention.

Vitamin D compounds in the body are exogenously derived by dietary means; from plants as 25-hydroxyvitamin D2 (ergocalciferol or calciferol) or from animal products as 25-hydroxyvitamin D3 (cholecalciferol or calcidiol).

Vitamin D may also be endogenously derived by conversion of 7-dihydrocholesterol to 25-hydroxyvitamin D3 in the skin upon ultraviolet exposure.

The total 25-hydroxyvitamin D (25-OH-VitD) level (the sum of 25-OH-vitamin D2 and 25-OH-vitamin D3) is the appropriate indicator of vitamin D body stores.

Patients with renal failure can have very high 25-OH-VitD levels without any signs of toxicity, as renal conversion to the active hormone 1,25-OH-VitD is impaired or absent.

Kindly correlate clinically, with supplementation history & repeat with fresh sample if necessary.



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Test Description	Observed Value	Biological Reference Interval
CRP(hs) - C- Reactive Protein high sensitivity	3.95	See clinical information below Method : Nephelometry / Immunoturbidimetry

Clinical Information :


1. C-reactive protein (CRP) is a biomarker of inflammation. Plasma CRP concentrations increase rapidly and dramatically (100-fold or more) in response to tissue injury or inflammation.

2. High-sensitivity CRP (hs-CRP) is more precise than standard CRP when measuring baseline (i.e. normal) concentrations and enables a measure of chronic inflammation. It is recommended for cardiovascular risk assessment. Atherosclerosis is an inflammatory disease and hs-CRP has been endorsed by multiple guidelines as a biomarker of atherosclerotic cardiovascular disease risk.

Low cardiovascular risk : < 2.0 mg/L
High cardiovascular risk : \geq 2.0 mg/L
Acute inflammation : > 10.0 mg/L

3. A single test for high-sensitivity CRP (hs-CRP) may not reflect an individual patient's basal hs-CRP level. Repeat measurement may be required to firmly establish an individual's basal hs-CRP concentration. The lowest of the measurements should be used as the predictive value.

Reference : Mayo Medical Laboratories


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Test Description	Observed Value	Biological Reference Interval
SARS-CoV-2 IgG Antibodies, Serum by CMIA	Negative (0.04)	Negative : < 1.4 Index (S/C) Positive : >= 1.4 Index (S/C)

Remarks :

- * IgG test is not useful for diagnosis of acute infection.
- * IgG antibodies usually appear after 2 weeks (14 days) of infection. Presence of IgG antibodies may / may not indicate immunity.
- * Detection of IgG antibodies may be useful for :
 - Understanding whether an individual is exposed to infection with SARS-CoV-2 including asymptomatic individuals.
 - Understanding the seroprevalence in communities and especially high risk or vulnerable populations.

Reference : ICMR Advisory dated 23/06/2020

End of Report