



Join us for  
St Anthony of Padua's

## WHAT: Married Couples Group

WHO: Married Couples; from Newly married to married many years

WHERE: Saint Anthony of Padua Church

121 Bridge Street, Red Bank New Jersey 07701

WHEN: Thursday nights, starting June 4 (just for the summer) Come to one, some or all!

TIME: 7pm-9pm

WHY: To enrich our relationships, fellowship with other married couples, have fun together, explore the meaning of our sacrament, explore the significance and joy of marriage, improve our communication skills, commit to growing together in our vocation!

What to bring: Snack and beverages to share, notebook and pen

FORMAT: Short presentation followed by private couple time with questions to ponder together as a couple alone, followed by food and fellowship

Jun 11 Topic: Praying together

June 18: **No meeting**

June 25: Techniques for communicating

July 2: Forgiveness

July 9: Other Centered Thinking

July 16: Giving Affirmations

July 23: Understanding Male and Female Differences

July 30: Perceptions and Expectations

August 6: **No meeting**

August 13: **No meeting**

August 20: Conflict and Growth

August 27: Romance and Affection`



Robert Dolan 908-618-4664 [robert@dolanhomes.com](mailto:robert@dolanhomes.com)  
and Maria Dolan 908-804-0219 [mariadolano@optonline.net](mailto:mariadolano@optonline.net)