

# Notes on “Geometric Random Walks: A Survey”

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March 13, 2019

Let  $K \subset \mathbb{R}^d$  be a (convex) set and  $\{P_u : u \in K\}$  be the transition probability density functions for a Markov chain with stationary distribution  $Q$ .

**Definition 0.1** (Conductance). Let  $\phi(A)$ , given by

$$\Phi(A) = \int_A P_u(K \setminus A) dQ(u), \quad \phi(A) = \frac{\Phi(A)}{\min\{Q(A), Q(K \setminus A)\}}$$

be the normalized cut of  $A$ , and  $\phi_s$  and  $\phi$ , given by

$$\phi_s = \min_{A: s < Q(A) \leq \frac{1}{2}} \frac{\Phi(A)}{Q(A) - s}, \quad \phi = \min_{A: 0 < Q(A) \leq 1/2} \frac{\Phi(A)}{Q(A)}$$

be the conductance profile and conductance, respectively.

Let  $\ell(u) = 1 - P_u(\{u\})$  be the local conductance.

**Lemma 1** (One-step distributions of nearby points). *Let  $u, v$  be such that  $|u - v| \leq \frac{t\delta}{\sqrt{d}}$  and  $\ell(u), \ell(v) \geq \ell$ . Then,*

$$\|P_u - P_v\|_{TV} \leq 1 + t - \ell$$

**Theorem 1** (Conductance of Ball Walk). *Let  $K \subset \mathbb{R}^d$  be a convex body of diameter  $D$  such that, for every point  $u \in K$ , the local conductance of the ball walk with  $\delta$ -steps is at least  $\ell$ . Then,*

$$\phi \geq \frac{\ell^2 \delta}{16\sqrt{d}D}$$

*Proof.* We will show that for  $S_1 \cup S_2 = K$  a partition into measurable sets,

$$\int_{S_1} P_x(S_2) dx \geq \frac{\ell^2 \delta}{16\sqrt{d}D} \min\{\text{vol}(S_1), \text{vol}(S_2)\}$$

Note that

$$\begin{aligned}
\int_{S_1} P_x(S_2) dx &= \int_{S_1} \left( \frac{\int_{S_2} \mathbf{1}(|x - x'| \leq \delta)}{\int_K \mathbf{1}(|x - x'| \leq \delta)} dx' dx \right) \\
&= \frac{1}{\int_K \mathbf{1}(|x - x'| \leq \delta)} \int_{S_2} \int_{S_1} \mathbf{1}(|x - x'| \leq \delta) dx dx' \\
&= \int_{S_2} P_{x'}(S_1) dx'
\end{aligned} \tag{1}$$

Now, write

$$S'_1 = \left\{ x \in S_1 : P_x(S_2) \leq \frac{\ell}{4} \right\}, \quad S'_2 = \left\{ x \in S_2 : P_x(S_1) \leq \frac{\ell}{4} \right\}.$$

and note that

$$\int_{S_1} P_x(S_2) \geq \text{vol}(S'_1) \frac{\ell}{4}, \quad \int_{S_2} P_x(S_1) \geq \text{vol}(S'_2) \frac{\ell}{4}$$

Therefore, if  $\text{vol}(S'_1) \geq \frac{\text{vol}(S_1)}{2}$ , we have  $\int_{S_1} P_x(S_2) \geq \text{vol}(S_1) \frac{\ell}{8}$ ; moreover, by (1), if  $\text{vol}(S'_2) \geq \frac{\text{vol}(S_2)}{2}$  then  $\int_{S_1} P_x(S_2) \geq \text{vol}(S_2) \frac{\ell}{8}$ , and under either case the desired result holds.

We proceed under the conditions  $\text{vol}(S'_1) \leq \frac{\text{vol}(S_1)}{2}, \text{vol}(S'_2) \leq \frac{\text{vol}(S_2)}{2}$ . Letting  $S'_3 = K \setminus (S'_1 \cup S'_2)$ , we recall that for any such tripartition  $R_1 \cup R_2 \cup R_3 = K$ , we have (see [Dyer and Frieze](#))

$$\text{vol}(R_3) \geq \frac{2d(R_1, R_2)}{D} \min \{ \text{vol}(R_1), \text{vol}(R_2) \}.$$

and therefore, given our choice of  $S'_1, S'_2, S'_3$ ,

$$\text{vol}(S'_3) \geq \frac{d(S_1, S_2)}{D} \min \{ \text{vol}(S_1), \text{vol}(S_2) \}.$$

We upper bound  $d(S_1, S_2)$  using Lemma 1. Pick arbitrary  $u \in S'_1, v \in S'_2$ . Noting that,

$$\|P_u - P_v\|_{TV} \geq 1 - P_u(S_2) - P_v(S_1) \geq 1 - \frac{\ell}{2}$$

by Lemma 1

$$|u - v| \geq \frac{\ell\delta}{2\sqrt{d}}.$$

Since  $u \in S'_1, v \in S'_2$  were arbitrary, we have  $d(S'_1, S'_2) \geq \ell\delta/2\sqrt{d}$ , and therefore

$$\text{vol}(S'_3) \geq \frac{\ell\delta}{2\sqrt{d}D} \min \{ \text{vol}(S_1), \text{vol}(S_2) \} \tag{2}$$

Finally, if  $x \in S_1 \cup S'_3$  then  $P_x(S_2) \geq \ell/4$ , and conversely if  $x \in S_2 \cup S'_3$  then  $P_x(S_1) \geq \ell/4$ . As a result, we have

$$\begin{aligned} 2 \int_{S_1} P_x(S_2) dx &= \int_{S_2} P_x(S_1) dx + \int_{S_1} P_x(S_2) dx \\ &\geq \frac{\ell \text{vol}(S'_3)}{4} \end{aligned}$$

and combining this with (2) gives the desired result.  $\square$