**Curriculum vitae**

**DR. AJIT KUMAR SINGH**



Assistant Professor

Department of Psychology

Amity Institute of Behavioral & Allied Sciences,

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Orcid ID: - https://orcid.org/0000-0002-5126-8221

Researcher ID: - AAE-5369-2021

Scopus ID: - 57221149195

**Topic of Doctoral Research**

***Exploring the nature and dynamics of unforgiveness: Standardizing a scale using the Mixed Methods***

**Area of Interest**

* + Positive Psychology
  + Cognitive Psychology
  + Research Methodology
  + Counseling and Psychotherapy

**Key Competencies**

* + A good teacher
  + A good researcher
  + An effective communicator with problem solving abilities
  + Capable of quickly acquiring new skills

**Educational Qualifications**

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| **Year** | **Degree and Board/Institution** | **Percentage** |
| 2008-2009 | High school, Janta High School Belha, Bihar, India. | 50.40% |
| 2009-2011 | Intermediate, Bihar Board, C.M. College Darbhanga, Bihar, India. | 54.80% |
| 2011-2014 | Bachelors of Arts (Psychology Honours), Lalit Narayan Mithila University, Darbhanga, Bihar, India. | 63.88% |
| 2016-2018 | Masters in Psychology, Doctor Harisingh Gour Vishwavidyalaya, Sagar, Madhya Pradesh, India. | 75.00% |
| 2019-2023 | Ph. D in Psychology, Doctor Harisingh Gour Vishwavidyalaya (A Central University), Sagar, Madhya Pradesh, India. | 82.75%  (Ph. D. Coursework) |
| **Additional Qualification** | | |
| 2016-2017 | Post Graduate Diploma in Psychological Counselling, Distance Education, Doctor Harisingh Gour Vishwavidyalaya (A Central University), Sagar, Madhya Pradesh, India | 71.83% |

**Rewards and Recognitions/Achievements**

* UGC-NET qualified
* Secured second position in M.A Psychology with 75% marks.
* Won first prize in strategy making competition in One Day Workshop on Digital India Campain-2017, Organized by IT Cell, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P) India.

**Invited lecture Delivered**

* Delivered an invited lecture on the topic "Qualitative research: an Introduction" in one-day workshop organized by Department of Psychology Dr. Harisingh Gour Vishwavidyalaya (a Central University), Sagar, Madhya Pradesh, India on May 8th 2023.
* Delivered an invited lecture on the topic "Career in Psychology: Opportunities and Challenges" in one-day workshop organized by Department of Psychology Dr. Harisingh Gour Vishwavidyalaya (a Central University), Sagar, Madhya Pradesh, India on May 9th 2023.

**Research Papers Published in National/International Journals**

* Tiwari, G. K., Singh, A. K., Parihar, P., Pandey, R., Sharma, D. N., & Rai, P. K. (2021). Understanding the perceived psychological distress and health outcomes of children during COVID-19 pandemic. The Educational and Developmental Psychologist, 1–12. <https://doi.org/10.1080/20590776.2021.1899749> **(Web of Science and Scopus Indexed)**
* Singh, A. K., Tiwari, G. K., & Rai, P. K. (2022a). Beyond “Cold Emotion and Rumination”: A Qualitative Study on the Nature and Attributes of Unforgiveness. European Journal of Psychology Open, 81(2), 57–70. <https://doi.org/10.1024/2673-8627/a000026> **(Web of Science and Scopus Indexed)**
* Singh, A. K., Tiwari, G. K., & Rai, P. K. (2022b). Understanding the Nature and Attributes of Unforgiveness among Females: A Thematic Analysis. Indian Journal of Positive Psychology, 13(3), 305–309. <https://doi.org/10.15614/ijpp/2022/v13i3/215404> **(Peer Reviewed)**
* Singh, A. K., Tiwari, G. K., & Rai, P. K. (2022c). Understanding the relationship between unforgiveness and well-being among Indian adults: A thematic analysis. Madhya Bharti, in press **(UGC Care Listed)**
* Singh, A. K., Tiwari, G. K., & Deurkar, P. (2023) Qualitative Understanding of Unforgiveness among Indian Adults: A Thematic Analysis. International Journal of Indian Psychology**. (Peer Reviewed)**
* Singh, A. K., Tiwari, G. K., & Deurkar, P. (2023) Why People Do Not Forgive? An Exploratory Study of Unforgiveness Among Indian Adolescents. Indian Journal of Positive Psychology. **(Peer Reviewed)**
* Singh, A. K., Tiwari, G. K., & Deurkar, P. Roots of Forgiveness: A Religious Perspective. Vedvidya. **(In print) (UGC Care Listed)**

**Research Papers Under Publication in National/International Journals**

* Tiwari, G. K., Pandey, R., Sharma, D. N., Parihar, P., Pandey, R., Raj, R., Mudgal, S., Singh, A., Vishwakarma, S., & **Singh, A. K**. (2020). Dissimilar mechanisms underlie perceived happiness of the introverts and extraverts: A Thematic Analysis. Revista Colombiana de Psicología **(Under review)**
* Tiwari, G. K., Pandey, R., Sharma, D. N., Ray, B., Dwivedi, A., **Singh, A. K**., Suman, S., & Singh, P. (2022). Protective roles of Indian joint families for children during the early phase of the COVID-19 pandemic. Iranian Rehabilitation Journal **(Under review)**
* Tiwari, G. K., Tiwari, R. P., Pandey, R., Ray, B., Dwivedi, A., Sharma, D. N., Singh, P., Tiwari, A. K., & **Singh, A. K**. (2022). Understanding the perceived life outcomes of children during the COVID-19 lockdown: The protective roles of joint and nuclear families. Child: Care, Health & Development **(Under review)**

**Book Chapter Under Publication**

* Tiwari, G. K., Rai, P. K., Singh, A. K., & Shukla, A. (2022). Cultural perspectives of forgiveness. In Misra. G (Ed.), Cultural perspectives of emotion, in press.

**Research Papers Under Progress**

* Understanding gender differences in unforgiveness: A qualitative study [Preparing final draft]
* Present State of Unforgiveness Research: A Thematic Review [Preparing final draft]

* Can Narcissism Predict Unforgiveness? An Investigation of Narcissism-Unforgiveness Link [Data collection is running]
* Narcissism, Unforgiveness, and Social Isolation: An Exploratory Study Link [Data collection is running]
* A Qualitative Study on Perceived Threat, Stress, Anxiety and Coping Strategies among Migrant Individuals During the COVID-19 Pandemic [Under progress]
* Understanding the Impacts of Perceived Stress, Perceived Social Support and Anxiety on the Quality of Life of the Individuals during COVID-19 Pandemic [Under progress]
* Narcissism and unforgiveness: a conceptual review [Under progress]

**Research Papers Presented at National/International Conferences/Seminars**

* “Juvenile Delinquency in India: An Overview” at National conference on Health and well-being: Emerging Areas of Practices Training and Research 16-17 March 2019, Organized by Department of Psychological Sciences, School of Human Sciences, Central University of South Bihar, Gaya, Bihar, India

* “Present state of unforgiveness research: A thematic review” at 6th international conference of Indian Academy of Health Psychology (IAHP) 26th – 28th November 2021, Organized by the Department of Psychology and mental health, USHSS, Gautam Buddha University, Greater Noida, Uttar Pradesh, India
* “Nature and Attributes of Unforgiveness among Adults: A Thematic Analysis” at 57th National & 26th international conference of Indian Academy of Applied Psychology (IAAP) 27th – 29th January 2022, Organized jointly by the Department of Clinical Psychology and Department of Psychology Mizoram University, Mizoram, India
* “Understanding Gender Differences in Unforgiveness: A Qualitative Study” at 31st Annual Convention of National Academy of Psychology (NAOP) 4th to 6th March, 2022 Organized by Indian Institute of Technology, Bombay, India
* “Understanding Unforgiveness of Adults: A Qualitative Study” at international conference on dialogues and deliberations in social sciences and humanities (ICDDSSH-2022) 29 & 30 July 2022 Organized by Sabarmati University, Gujarat, India
* “A Qualitative Study of Unforgiveness among Indian Adults” at 7th international conference of Indian Academy of Health Psychology (IAHP) 22nd – 28th December 2022, Organized by the Department of Psychology and mental health, USHSS, Gautam Buddha University, Greater Noida, Uttar Pradesh, India

**National/International Workshops/ Seminars/ Conferences Participation/Attended**

* National Seminar on “Social Concerns of Social Psychology”, 28-29 November 2016, Organized by Department of psychology, School of Humanities and Social Sciences, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P), India
* International Thematic Seminar on “Stress and Behavior” 22 February 2017, Expert Foreign Faculty- Dr. Dora Zelena (Budapest, Hungary), Organized by Department of Biotechnology, School of Biological Sciences, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P), India
* Workshop on “learning disability”, 25 March 2017, Expert faculty- Dr. Sandeep Jain (Department of Psychology, Nehru P. G. College Lalitpur)*,* Organized by Department of psychology, School of Humanities and Social Sciences, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P), India
* Five days’ Workshop on “Cognitive Behavior Therapy”, 05-09 October 2017, Expert faculty- Ashwini N.V, (Jain University, Bangalore),Organized by Department of psychology, School of Humanities and Social Sciences, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P), India
* Two days National Workshop on “Health and well-being of Children and Adolescents: Strategies of Early Detection, Assessment and Intervention”, 14-15 March 2019, Expert faculty- Tej Bahadur Singh (Central University of South Bihar, Gaya, Bihar) Organized by Department of Psychological Sciences, School of Human Sciences, Central University of South Bihar, Gaya, Bihar, India
* Three days’ Workshop on “Child sexual abuse and suicide prevention”, 15-17 October 2019, Expert faculty- Ashwini N. V, (Jain University, Bangalore),Organized by Department of psychology, School of Humanities and Social Sciences, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P), India
* University Approved One Day Multi-Disciplinary National Level Webinar on “Current Issues Being Discussed in Humanities” 13th June 2020, Organized by Shri Saibaba Lok Prabodhan Arts College, Wadner, Dist. Wardha. (Maharashtra)
* Two days webinar on “Mapping of Computer Assisted Qualitative Data Analysis Software (CAQDAS)” 23rd & 24th July, Organized under the aegis of the Inter-University Center for Teachers Education [IUCTE], Department of Education, The Maharaja Sayajirao University Baroda, Vadodara, Gujarat, India
* National Webinar on “Effective Presentation Skills” 23rd August 2020, Organized by Vivek P.G. Mahavidhyalya, Jaipur, Rajasthan, India
* Two days YouTube Live Workshop on “t-test and Regression Analysis Using SPSS” 26 and 28 August 2020, Organized by Crack Economics and Statistics
* Online Webinar on “Strategies for Writing Good Research Article” 30th August 2020, Organized by Department of Commerce, Manipal Academy of Higher Education, Manipal, India
* International Webinar on “Open Access E-Resources for Academic Excellence” 24th June 2021, Organized by Christopher Arts and Science College (Women), Affiliated to Manonmaniam Sundaranar University, Tirunelveli, Tamil Nadu, India
* International Webinar on “Strengthening Your Understanding of research Journals (Reading, Referencing and Publishing)” 10th July 2021, Organized by K. J. Somaiya College of Science and Commerce in collaboration with ELSEVIER
* Two days online workshop on “Mixed Method Approach and Importance of Qualitative Research”, Under IOE Project ‘Health care needs and practices in Indian men and women with Reproductive System cancer’ 19-20 May, 2022 Organized by University of Hyderabad, Hyderabad, Telangana, India.

# Short Term Courses Attended

* GIAN Program on “Emotion, Cognition and Consciousness: The Eastern and Western Perspective” 25-29 August 2017, Expert Foreign Faculty- Prof. Anand C. Pranjpe, (Simon Fraser University), Canada, Organized by Department of psychology, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P) India.
* Ten days faculty development program on “ICT tools for social science research”, 02-11 January 2020, sponsored by Indian Institute of Information Technology Design & Manufacturing, Jabalpur (M. P), Organized by Department of Commerce, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M. P) India.
* One-week national workshop on “Academic Writing in social science research”, 19-24 February 2020, Organized by Center for Professional Development of Teacher Education (CPDET), Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M. P), India
* Seven days Science Leadership Workshop 22-28 June 2020 Organized by Central University of Panjab, Bathinda, India.
* TEQIP-III Sponsored One Week Online Short-Term Course on “Effective Tools and Techniques in Qualitative Research” August 10-14. 2020, Organized by Department of Electronics & Communication Engineering, Dr. B R Ambedkar National Institute of Technology, Jalandhar, Panjab, India
* UGC- Sponsored Short-Term course on “Prospects on Mixed Methods in Humanities and Social Sciences Research”. 07-13 January 2022. Organized by Human Resource Development Center (HRDC), Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M. P) India.

**Extracurricular activities**

* Supervised conduction of DCT, SSCT, Handwriting analysis, Nomophobia, Assertiveness test, and Multiple Intelligence Test in Mind-Mystery Camp on the occasion to commemorate the world mental health day in 2019, Organized by B.S Center of Neuropsychology & Counseling Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P) India.
* Organizing secretary of World Mental Health Day Program 2022 Organized by Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P), India.
* Co-coordinator cultural activities organized on the occasion of World Mental Health Day celebration 2022. Organized by Department of Psychology, Dr. Harisingh Gour Vishwavidyalaya, Sagar, (M.P), India.
* Administered Psychometric Tests for classes IX to XI at Birla International Public School, Kishangarh, Rajasthan

**Computer Literacy**

* + Good knowledge of computer & Internet.
  + Packages - MS Office, MS Excel, Power point.
  + Good hand at Softwares like SPSS, Amos, G Power, Zotero, Mendeley.

**Teaching Experience**

Three-year experience as a guest lecturer at Vatsalya Senior Secondary School, Sagar, Madhya Pradesh, India

**Personal Details**

* + Date of Birth : 07/05/1992
  + Marital Status : Unmarried
  + Father’s Name : Mr. Upendra Singh
  + Mother’s Name : Mrs. Anila Devi
  + Nationality : Indian
  + Languages known : English, Hindi, Maithili, Bhojpuri
  + Permanent address : Village- Belha, P.O- Gehuma Bairiya, P.S- Phulparash, District- Madhubani, Bihar. India 847402
  + Contact number :+91-8298973362/9508933658

**References**

* Prof. Vismita Paliwal

Professor and Head,

Amity Institute of Behavioural and Allied Sciences,

[Amity University](https://scholar.google.com/citations?view_op=view_org&hl=en&org=7371311633819866181) Rajasthan

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# Dr. Gyanesh Kumar Tiwari

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# Prof. P. K. Rai

Retired Professor and Ex Head

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# Prof. A.D. Sharma

# Head of the Departments

Department of Psychology and Department of Philosophy,

Dean, School of Humanities and Social Sciences,

Director of Students Affair (DoSA),

Doctor Harisingh Gour Vishwavidyalaya, Sagar, Madhya Pradesh Contact No. +91-9406519498

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**Declaration**

* + I hereby declare that the above-mentioned information is correct up to my knowledge

and I bear the responsibility for the correctness of the above-mentioned particulars. If you give me an opportunity, I promise I shall leave no stones unturned and become precious person to your esteemed organization

**Date: Dr. Ajit Kumar Singh**

**Place:**