

Karolina Zielińska

Senior Caregiver / Companion
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Wrocław, Poland

**Professional Profile**

Friendly and responsible caregiver with 5 years of experience in Poland and Germany. Focused on elderly support, dementia care, and daily assistance. Recognized for excellent interpersonal skills, positivity, and strong commitment to seniors' well-being.

Work Experience

2020 – 2025 – Weber Family, Frankfurt, Germany

Cared for an 82-year-old man with Alzheimer's. Assisted with daily hygiene, medication reminders, meal preparation, and companionship.

2017 – 2020 – Private Client, Wrocław, Poland

Provided part-time care to a 76-year-old woman after hip surgery. Supported in rehabilitation, household management, and doctor visits.

Education

2014 – 2016 – Caregiver Training Program, Wrocław

2011 – 2014 – High School, Wrocław

Key Skills

- Elderly support and companionship
- Dementia and Alzheimer's assistance
- Post-surgery rehabilitation support
- Household management and cooking
- Medication reminders and basic health monitoring
- First Aid certified

Languages

- Polish – Native
- German – B1
- English – B1