

Adam Majewski

Caregiver / Senior Support Specialist

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Poznań, Poland



Professional Profile

Reliable caregiver with 5 years of experience working in Poland and Germany. Focused on elderly support, mobility assistance, and dementia care. Known for strong interpersonal skills, patience, and providing high-quality daily support for seniors.

Work Experience

2020 – 2025 – Schneider Family, Berlin, Germany

Provided care for an 84-year-old man with Alzheimer's. Assisted with hygiene, meals, medication reminders, and mobility support.

2017 – 2020 – Private Client, Poznań, Poland

Cared for a senior woman (79) with limited mobility. Assisted with rehabilitation, daily routines, and companionship.

Education

2014 – 2016 – Caregiver Training Program, Poznań

2011 – 2014 – High School, Poznań

Key Skills

- Elderly daily care and support
- Dementia and Alzheimer's care
- Mobility and rehabilitation assistance
- Household and meal preparation
- Medication reminders
- First Aid & CPR certified

Languages

- Polish – Native
- German – B1
- English – B1