**blow up in (one’s) face** : if a situation blows up in your face, it unexpectedly goes wrong and destroys your plans or your chances of something.

My plan to surprise my wife for our anniversary blew up in my face when she found the gift and thought I’d bought it for another woman.

Mike was trying to sabotage my campaign, but the plan blew up in his face when I overheard him talking about it.