**Title**: Temporalchanges in the individual size distribution decouple long-term trends in abundance, biomass, and energy use of North American breeding bird communities

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**Data availability:** All data and code supporting this manuscript are available online on GitHub at <https://www.github.com/diazrenata/bbs-size-shifts>. For the purposes of double-blind review, we have uploaded an identical copy of these materials to a burner GitHub repository at: . Upon manuscript acceptance, they will be archived in perpetuity on Zenodo.

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