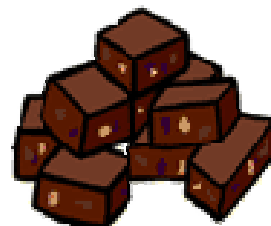




BROWNIES



INGREDIENTS Serves 2

- * 30 g self raising flour
- * 20 g good quality cocoa powder
- * 75 g caster sugar
- * 50 g butter
- * 1 large egg

tasty alternatives...

- * add chopped nuts.
- * add raisins or glazier cherries.
- * add orange zest.
- * add white or milk chocolate chips.

EQUIPMENT



Caution!

Children should always be supervised when using heat.

METHOD

1. Mix all the dry ingredients together.
2. Melt the butter, then add the egg and mix well.
3. Add the butter and egg to the dry ingredients and mix well.
4. Pour into an oven proof container and bake at 170 degrees Celsius (gas mark 3) for 20-25 minutes.

healthy facts...

- * this recipe is a special treat and should be eaten in moderation.
- * added dried fruits and nuts will add energy and the fruit can count towards your five a day.

Taking care!

- * Always wash your hands
- * Keep equipment and surfaces clean

skills...

- * measuring
- * melting
- * mixing