

Getting Started with R and RStudio Desktop

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Downloading R

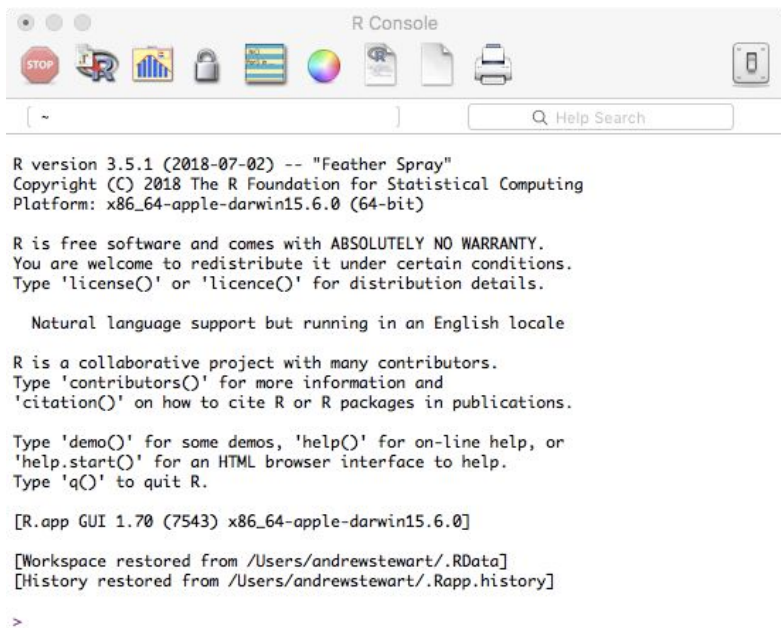
We need to start by first download R. R is open source and free to use.

You can download it from one of the CRAN (The Comprehensive R Archive Network) mirrors via [this link](#).

R is available for Mac OS, Windows, and Unix. I run R and RStudio on Mac OS and Ubuntu 20.04 so I can help best with any operating system/installation issues you might have with either of those.

R updates regularly (you need to update manually). I usually stay one release or so behind the current version (just in case there are any issues).

If you just ran the R language...



The screenshot shows the R Console window on a macOS system. The title bar reads "R Console". The menu bar includes standard macOS icons (Stop, R logo, Bar chart, Lock, R logo, Color wheel, Document, Printer) and a "Help Search" field. The console output displays the R version (3.5.1), copyright information (© 2018 The R Foundation), platform details (x86_64-apple-darwin15.6.0), and a series of welcome messages and help instructions. At the bottom, it shows the workspace and history restored from a previous session, followed by a prompt character ">".

```
R version 3.5.1 (2018-07-02) -- "Feather Spray"
Copyright (C) 2018 The R Foundation for Statistical Computing
Platform: x86_64-apple-darwin15.6.0 (64-bit)

R is free software and comes with ABSOLUTELY NO WARRANTY.
You are welcome to redistribute it under certain conditions.
Type 'license()' or 'licence()' for distribution details.

Natural language support but running in an English locale

R is a collaborative project with many contributors.
Type 'contributors()' for more information and
'citation()' on how to cite R or R packages in publications.

Type 'demo()' for some demos, 'help()' for on-line help, or
'help.start()' for an HTML browser interface to help.
Type 'q()' to quit R.

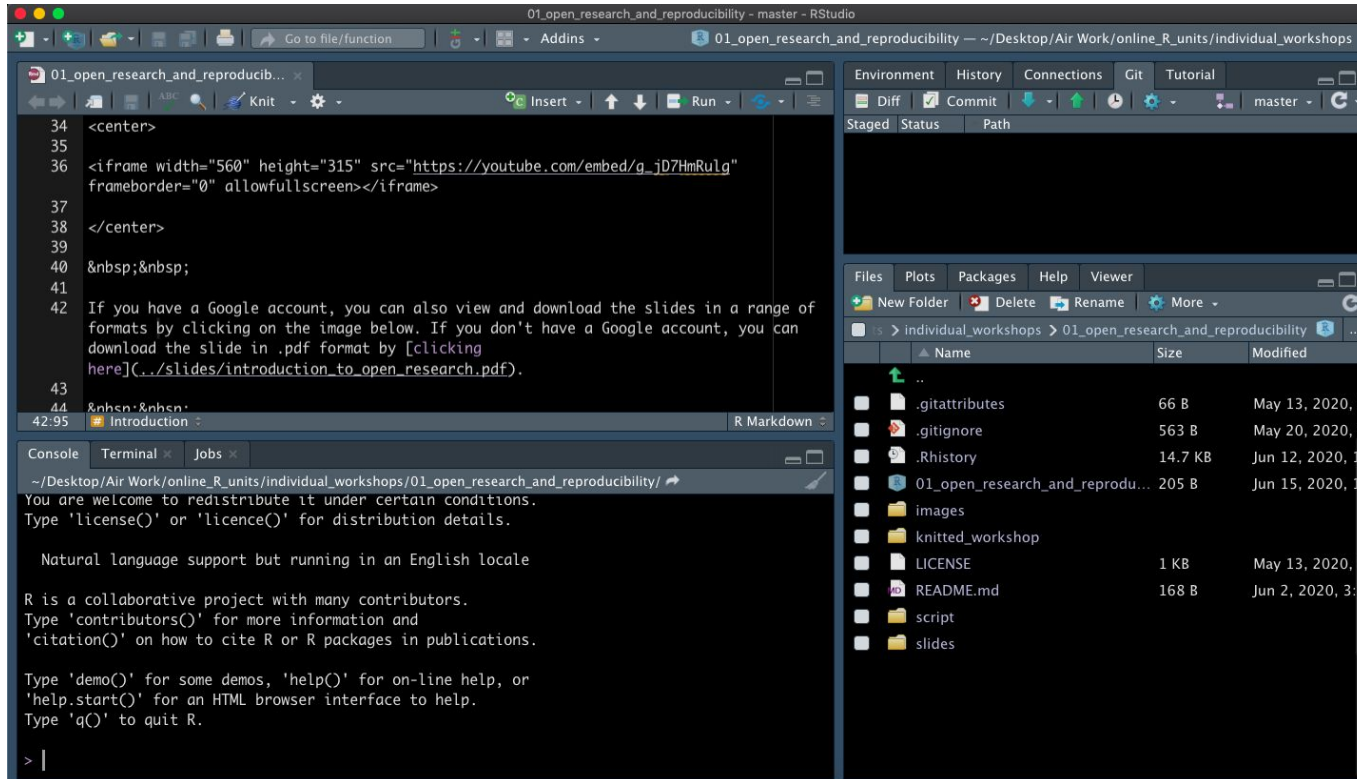
[R.app GUI 1.70 (7543) x86_64-apple-darwin15.6.0]

[Workspace restored from /Users/andrewstewart/.RData]
[History restored from /Users/andrewstewart/.Rapp.history]

>
```

You'd get a flashing cursor and not much else. For a long time, this is how most people used R...

But then came RStudio Desktop (which you can personalise)



RStudio

Our Inspiration

People all over the world are turning to R, Python, and other open-source programming languages, to make sense of data.

Inspired by innovators in science, education, government, and industry, RStudio develops free and open tools for R, and enterprise-ready professional products for teams who use both R and Python, to scale and share their work.

Our Mission

RStudio's mission is to create free and open-source software for data science, scientific research, and technical communication. We do this to enhance the production and consumption of knowledge by everyone, regardless of economic means, and to facilitate collaboration and reproducible research, both of which are critical to the integrity and efficacy of work in science, education, government, and industry.

<https://rstudio.com/about/>



Downloading RStudio Desktop

Go to <https://rstudio.com/products/rstudio/> and download the free RStudio Desktop for whatever operating system you're using...



Open Source Edition

Overview

- Access RStudio locally
- Syntax highlighting, code completion, and smart indentation
- Execute R code directly from the source editor
- Quickly jump to function definitions
- Easily manage multiple working directories using projects
- Integrated R help and documentation
- Interactive debugger to diagnose and fix errors quickly
- Extensive package development tools

Support

Community forums only

License

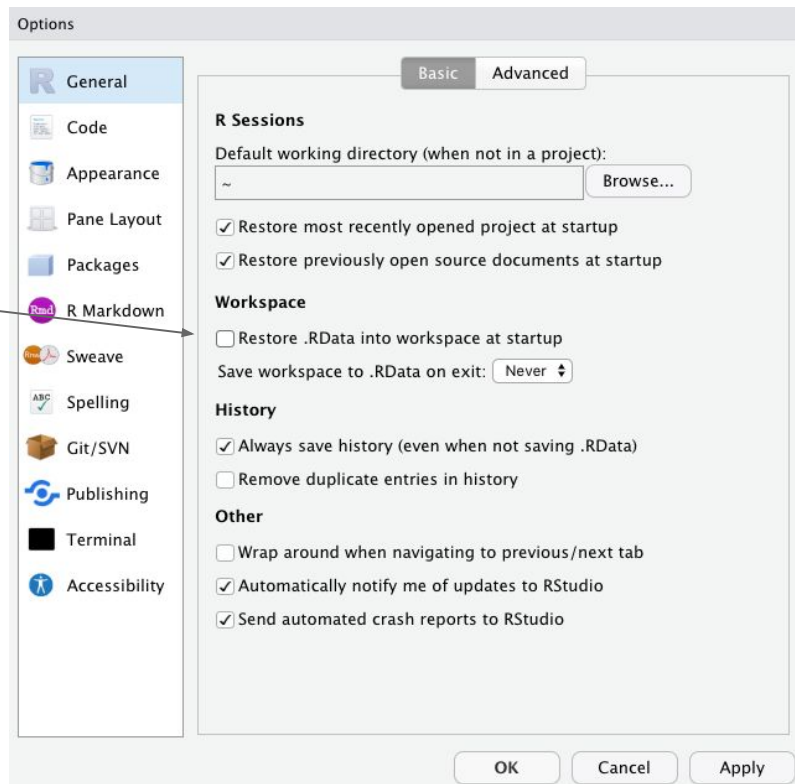
AGPL v3

Pricing

Free

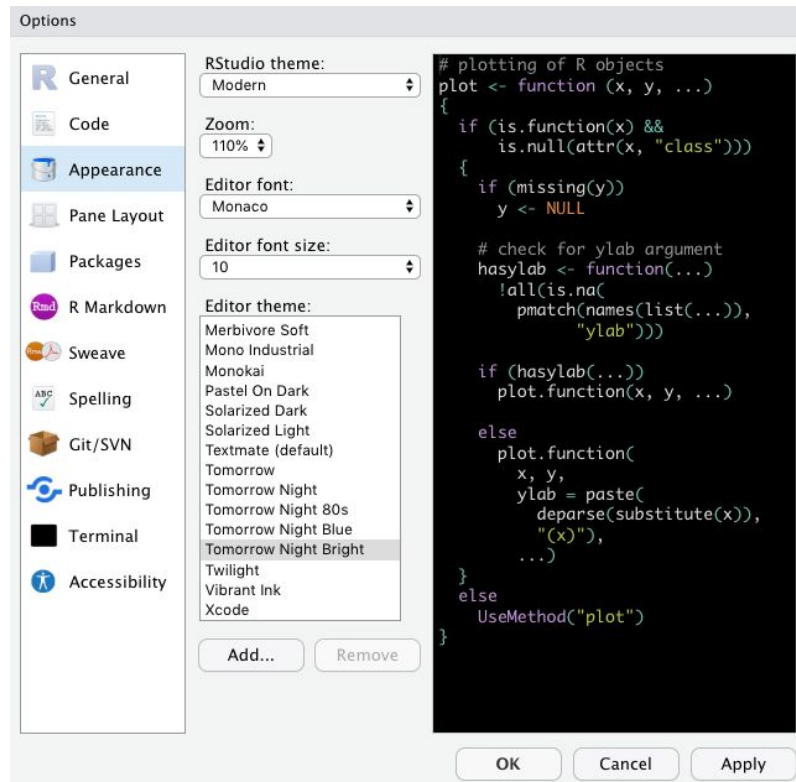
When you first start RStudio Desktop

Under Preferences, make sure you **uncheck** the “Restore .RData into workspace at startup” option and select “Never” for “Save workspace to .RData on exit” option...



Customising RStudio Desktop

You can move around the 4 panes in the RStudio interface, and change aspects of the display including the appearance (I'm using the Tomorrow Night Bright Dark Mode), the size of the text etc. You can manually zoom in and out using keyboard controls too. Find out how to make the RStudio interface work for you!

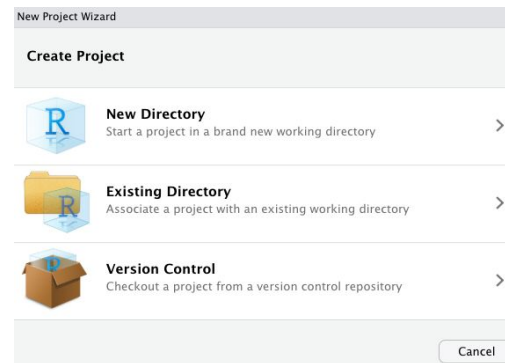
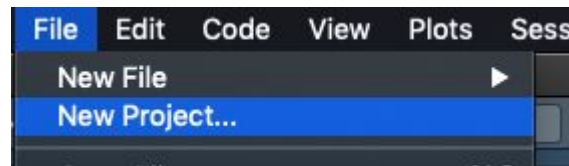


Let's look at how we can customise the look of RStudio Desktop...

Using .Rproj files

You don't want to end up with a situation where your data files, your analysis script, your report etc. for a particular project are spread across different folders. You'll find it hard to keep track of which folders contain which files, you won't be able to share your analysis with others (or even yourself if you run it on a different computer) and you won't be able to easily do reproducible research.

Luckily, RStudio allows you to do all these things by creating a link to your project folder - within which you'll place all the files you're using in your current research project.



Organise your folders and files

```
Andrew_project
|--Andrew_project.Rproj
|--raw_data
    |--data.csv
|--tidied_data
    |--tidy_data.csv
|--R_scripts
    |--data_tidy.R
    |--data_vis.R
    |--analysis.R
|--markdown_scripts
    |--analysis.Rmd
|--output_reports
    |--analysis.html
    |--analysis.pdf
```

Here's an example of a folder called "Andrew_project".

Within this folder there is a file called "Andrew_project.Rproj" and 5 folders called "raw_data", "tidied_data", "R_scripts", "markdown_scripts", and "output_reports".

Some of these folders have a number of files inside - for example, the folder entitled "R_scripts" contains three files, namely "data_tidy.R", "data_vis.R", and "analysis.R".

Let's look at how to create and structure a new project folder...