```
14 First we load the tidyverse.

15 ~ ```{r, message=FALSE}

16 library(tidyverse)

17

18
```

We can set the option for this chuck of R code not to display any messages by setting messages=FALSE within the first curly bracket. There are lots of other options available to use (e.g., warnings=FALSE).

Everything you need (and probably lots you don't) can be found in this cheatsheet here:

http://www.rstudio.com/wp-content/uploads/2016/03/rmarkdown-cheatsheet-2.0.pdf

and here is the 'R Markdown: The Definitive Guide':

https://bookdown.org/yihui/rmarkdown/

I've even put together a video tutorial talking you through how to make an R Markdown document in the BB folder...

https://youtu.be/cWGqWhfVkuw