You can see some really nice slides of examples by the author of the package (Thomas Lin Pedersen, Twitter @thomasp85) from the 2019 RStudio Conference at the following:

https://www.data-imaginist.com/slides/rstudioconf2019/assets/player/keynotedhtmlplayer#11

Visualising Likert Scale Data

Imagine you asked 100 people to respond to three questions using a 5-point Likert scale - their data might look like this:

| Strongly Agree Agree N | leutral Disagree Strongly | / Disagree |
|------------------------|---------------------------|------------|
|------------------------|---------------------------|------------|

| Question 1 | 34 | 1 | 7 | 7 | 51 |
|------------|----|----|----|----|----|
| Question 2 | 7 | 4 | 84 | 2 | 3 |
| Question 3 | 13 | 13 | 24 | 27 | 23 |

How might you best communicate the data? It might be misleading to report a measure of central tendency as the mean, median, and mode for Question 2 will all suggest people were Neutral (and ignore those in the tails).

One option is via a diverging stacked bar chart using the likert() function in the package HH...