We can do ANCOVA like this too - let's consider our co-variate of Gaming frequency...

The *adjusted* means from the ANCOVA (which take into consideration the influence of the covariate) were:

Water Group = 7.33

Double Espresso Group = 6.32

Single Espresso Group = 6.87

Ability = Intercept + β 1(Gaming) + β 2(Double Espresso) + β 3(Single Espresso) + ϵ

Add the covariate to our model *before* the experimental factor: