

Allison Thirion Blasius, MPH, RD, LD, FAND

1801 Sheridan Rd, South Euclid, OH 44121 • ajthirion4@gmail.com • 330.647.2481

EDUCATION

MPH & DI	University of Minnesota School of Public Health, Minneapolis, MN	September 2018
BS	Major: Human Nutrition, Minor: Chemistry; Case Western Reserve University, Cleveland, OH	May 2016

CREDENTIALS

Registered Dietitian (RD)	Commission on Dietetic Registration Certification number: 86088708	September 2018
Licensed Dietitian (LD)	State Medical Board of Ohio License number: LD.08655	September 2018
ServSafe	Food Protection Manager Certification National Restaurant Association Certification number: 18777004	December 2019
Ohio Food Safety Manager Level II	Ohio Department of Health	December 2019

EMPLOYMENT

Clinical Dietitian, University Hospitals Rainbow Babies & Children's Preforms Nutrition Care Process for patients ages 0-21 in Endocrinology, Pulmonology, Nephrology, Psychiatry, and general pediatrics. Works with interprofessional health care team to implement evidence-based nutrition interventions. Epic Superuser.	May 2022-present Cleveland, OH
Adjunct Lecturer, Case Western Reserve University Instructs undergraduate students in multiple 200-level nutrition courses. Implements in-person, online, and hybrid teaching modalities.	August 2022-present
Lead Dietitian Educator, Case Western Reserve University Leads cooking class and nutrition education as part of Diabetes Interventions in Culinary Education (DICE) study. Teaches 20 patients and families and supervises 10 research assistants in weekly classes.	February 2024-present Cleveland, OH
District Dietitian, Cleveland Metropolitan School District Developed and implemented menus for school district with 36,000 scholars across 87 schools. Coordinated administration of 300 special diet orders with multidisciplinary team. Executed 150+ student and school engagements annually, including nutrition education. Oversaw student dietitian food service rotations, 12+ students annually.	June 2019- May 2022 Cleveland, OH

Clinical Dietitian I, Dayton Children's Hospital

Preformed Nutrition Care process for patients ages 0-21 in inpatient and outpatient units, including outpatient eating disorders, diabetes, neurology, surgery, GI, general nutrition clinic. Worked with interprofessional health care team to implement evidence-based nutrition interventions. Collected and analyzed EMR data to track Nutrition Clinic patient demographics, revenue, and appointment cancellation. Epic Superuser.

September
2018- May 2019
Dayton, OH

Behavioral Health and Dietetic Technician, The Melrose Center for Eating Disorders

Oversaw, planned with, intervened on, and supported pediatric, adolescent, and adult patients (ages 9-65) experiencing eating disorders in intensive residential setting. Monitored and recorded patient health information, including blood pressure, temperature, heart rate, weight, input and output. Utilized therapy modalities, including acceptance and commitment therapy (ACT), cognitive behavior therapy (CBT), and dialectical behavior therapy (DBT).

January 2017-
September 2018
St. Louis Park,
MN

HONORS

OAND Young Recognized Dietitian of the Year

Awarded to RD in Ohio less than 35 years of age for outstanding contributions to the profession

2023

Academy of Nutrition and Dietetics Foundation Mary Abbott Hess Award for Recognition of an Innovative Food and Culinary Effort

Awarded to encourage dietetics professionals to make original and innovative efforts in food and culinary education. Awarded in recognition of Dietetic Internship Rotation Curriculum in School Nutrition

2022

School Nutrition Services DPG Emerging Leaders Award, 1st Runner-Up

Awarded to members of the SNS DPG who shown exceptional leadership while practicing in school nutrition for less than three years

2022

restaurant noma Pandemic Heroes Award

One of 50 international recipients recognized for contributions to their community during the COVID-19 pandemic. Selected by Chef Rene Redzepi and staff of noma, #1 restaurant in the world

2021

GCAND Distinguished Service Award

Awarded to member of the Greater Cleveland Academy of Nutrition and Dietetics Board of Directors who goes above and beyond in the duties of their position

2021

Siggi's Dietitian Entrepreneur of the Year

Recipient of \$10,000 grant award to implement virtual nutrition education program for 5,000 scholars in the Cleveland Metropolitan School District

2019

University of Minnesota School of Public Health Conference Grant Recipient of \$500 UMN SPH Student Government Conference Grant to support attendance at International Conference on Eating Disorders 2018	2018
Kappa Alpha Theta Foundation Scholarship Recipient of Betty B. and James B. Lambert \$7,200 scholarship award	2017
University of Minnesota School of Public Health Alumni Scholarship Recipient of UMN SPH Alumni \$15,00 scholarship award to support graduate studies in dietetics	2016

AFFILIATIONS

Academy of Nutrition and Dietetics	2016- Present
Foundation Scholarship Reviewer	2020-Present
EAL Guideline Reviewer, Children and Adolescents with Type 1 Diabetes	2024
National Honors Committee Member	2019-2021
Accreditation Council for Education in Nutrition and Dietetics	
Program Reviewer	2022-Present
Dietetics Practice Groups	
Nutrition and Dietetics Educators and Preceptors Member	2020-Present
School Nutrition Services Member	2019-2022
Pediatric Nutrition Practice Group	2018-Present
Nutrition Informatics	2020-2021
Ohio Academy of Nutrition and Dietetics	2016-Present
Greater Cleveland Academy of Nutrition and Dietetics	2019-Present
Recognition Committee Chair	2020-2022; 2024-Present
COPD Chair & Chair-elect	2022-2024
School Nutrition Association	2019-2022

TEACHING EXPERIENCE

Adjunct Instructor, School of Medicine, Case Western Reserve University	2022-Present
<u>Course:</u> Introduction to Nutrition	Cleveland, OH
Introduction to nutrients, including digestion, absorption, and use in the body. Teaching two sections annually	
<u>Course:</u> Case Cooks: Healthy Eating	
Introductory cooking course for non-majors. Taught four sections annually.	
Student Instructor, School of Public Health, University of Minnesota	2017-2018
<u>Course:</u> Foundations of Interprofessional Communication and Collaboration	Minneapolis, MN
Required course for students from fifteen professional healthcare disciplines. Taught one section annually.	

PRESENTATIONS

Pediatric Nutrition Assessment, Invited Speaker, University Hospital Dietetic Internship & Louis Stokes VA Hospital Dietetic Internship, Cleveland, OH, January 9, 2024.

School Nutrition 101, Invited Speaker, Case Western Reserve University, Cleveland, OH, September 25, 2023.

Getting Involved in our Professional Organizations and Leadership Opportunities, Invited Speaker, University Hospitals Dietetic Internship, Cleveland, OH, August 21, 2023.
Introduction to Inpatient Pediatric Nutrition, Invited Speaker, University Hospital Pediatric Residency Intern Lecture Series, Cleveland, OH, July 25, 2023.

Working with Individuals with Disabilities, Invited Panelist, Webinar, Komplete Business Dietetic Internship, April 21, 2023

Pediatric Malnutrition, Invited Speaker, University Hospital Pediatric Residency Intern Lecture Series, Cleveland, OH, March 24, 2023.

Dietary Patterns and Diabetes, Invited Speaker, JDRF Summit- Michigan and Northern Ohio, Cleveland, OH, March 11, 2023.

School Nutrition 101, Invited Speaker, Case Western Reserve University, Cleveland, OH, November 29, 2022.

So you want to be a Pediatric Dietitian?, Invited Speaker, Kent State University Student Dietetics Association, Kent, OH, November 14, 2022.

Introduction to Inpatient Pediatric Nutrition, Invited Speaker, University Hospital Pediatric Residency Intern Lecture Series, Cleveland, OH, August 16 2022.

Dietetic Interns: Enhancing your program, Educating the Future, Scheduled, Invited Speaker, School Nutrition Association Annual National Conference 2022, Orlando, FL, July 10-12, 2022

School Nutrition 101, Invited Speaker, Case Western Reserve University, Cleveland, OH, April 25, 2022

The School Nutrition Hub: Connecting Community Nutrition to School Settings, Invited Speaker, Ohio Academy of Nutrition and Dietetics Conference 2022, Bowling Green, OH, April 8, 2022

Sports Nutrition for Student Athletes, Invited Speaker, Webinar, Cleveland Metropolitan School District Encore Expansion Professional Development, February 1-2, 2022

Navigating Healthy New Year's Resolutions, Invited Speaker, Webinar, Cleveland Metropolitan School District Encore Expansion Professional Development, December 7-8, 2022

Careers In School Nutrition, Webinar, San Francisco State Student Nutrition and Dietetics Association Workshop, October 23, 2021

Careers In School Nutrition, Invited Speaker, Kent State University Student Dietetics Association, Kent, OH, October 19, 2021

Greek Life Leadership Academy, Workshop Facilitator, Case Western Reserve University, Cleveland, OH, October 15-17, 2021

Careers In School Nutrition, Webinar, Montclair State University Dietetics Organization, Montclair, NJ, September 29, 2021

Dietetics Careers Panel, Invited Speaker, Webinar, BeWell Solutions, June 12, 2021

School Nutrition 101, Invited Speaker, Webinar, Case Western Reserve University, Cleveland, OH, April 20, 2021

Women in STEM Panel, Invited Speaker, Webinar, Women in Science and Engineering Roundtable, Case Western Reserve University, Cleveland, OH, March 5, 2021

From Freshman 15 to Covid-19: Healthy Eating Habits, Invited Speaker, Webinar, John Carroll University, University Heights, OH, October 22, 2020

School Nutrition 101, Invited Speaker, Webinar, Case Western Reserve University, Cleveland, OH, April 19, 2020

Cafeteria to Classroom: Incorporating School Nutrition into Your Lessons, Invited Speaker, Willson Elementary School, Cleveland, OH, November 20, 2019

Cafeteria to Classroom: Incorporating School Nutrition into Your Lessons, Invited Speaker, Cleveland Metro School Physical Education Professional Development Seminar, Cleveland, OH, September 9-10, 2019

MEDIA APPEARANCES

Obama, Michelle (@MichelleObama). **Pass the Love**, *Instagram*, April 20, 2022.

Healthy Eating: A discussion with CMSD's dietitian, CMSD TV, original air date February 2, 2022. <https://www.youtube.com/watch?v=pTKChQbeB3Y>

Carrol, Chrissy. **Hosting Creative Events at your Facility**, Quoted interview, Nutrition and Foodservice Edge Magazine, November/December 2021.

Pass the Love Campaign is helping to feed Cleveland, CMSD TV, original air date June 7, 2021. <https://www.youtube.com/watch?v=QfUPnttiI8>

Students taste test new items for the lunch menu, CMSD TV, original air date March 30, 2021. <https://www.youtube.com/watch?v=EeN3iqXf3vI>

COMMUNITY SERVICE

Dietitian, Camp Ho Mita Koda. Develops menus, provides carb count, and precepts interns. Leader of Nutrition Sub-committee. 2018 to present. Newbury, OH.

<https://www.camphomitakoda.org/>

Red Coat Volunteer, Playhouse Square, Assists guests with ticketing and seating. 2019 to present, Cleveland, OH <https://www.playhousesquare.org/>

Advisory Board Chairman, Kappa Alpha Theta Eta Pi Chapter, Advises Chapter President and oversees board of 9 other advisers. Formerly Administrative Adviser. 2017 to present, Cleveland, OH. <https://casewestern.kappaalphatheta.org/>

OTHER EMPLOYMENT ACTIVITIES AND COMMITTEES

EPIC Pediatric Nutrition Note Development Sub-group, UH Rainbow Babies and Children's Dietetic Internship Selection Committee, University Hospitals
Pediatric Dialysis QI, UH Rainbow Babies and Children's Hospital
Wellness Committee, Cleveland Metropolitan School District
HealthyFood Subgroup, HealthyCleveland, Cleveland Department of Public Health
COVID-19 Opening Plan Operations Workgroup, Cleveland Metropolitan School District
EPIC Superuser, Dayton Children's Hospital
Ancillary Services Informatics Workgroup, Dayton Children's Hospital