A function that calls itself is known as a recursive function. And, this technique is known as recursion.

```
How recursion works?
void recurse()
    ... .. ...
   recurse();
   ... .. ...
int main()
   recurse();
    ... .. ...
               How does recursion work?
               void recurse() 
                                            recursive
                                            call
                    recurse();
               }
               int main()
                    recurse();
               }
```

The recursion continues until some condition is met to prevent it.

To prevent infinite recursion, **if...else** statement (or similar approach) can be used where one branch makes the recursive call, and other doesn't.

Example: Sum of Natural Numbers Using Recursion

```
#include <stdio.h>
int sum(int n);
int main() {
    int number, result;
    printf("Enter a positive integer: ");
    scanf("%d", &number);
    result = sum(number);
    printf("sum = %d", result);
    return 0;
}
int sum(int n) {
    if (n != 0)
        // sum() function calls itself
    return n + sum(n-1);
        else
    return n;
}
```

Output

```
Enter a positive integer:3
sum = 6
```

Initially, the sum() is called from the main() function with number passed as an argument.

Suppose, the value of n inside sum() is 3 initially. During the next function call, 2 is passed to the sum() function. This process continues until n is equal to 0.

When n is equal to 0, the if condition fails and the else part is executed returning the sum of integers ultimately to the main() function.

```
int main() {
                    3
  result = sum(number);
}
                                 3+3=6
                                 is returned
int sum(int n) {
  if (n != 0)
     return n + sum(n-1)
  else
      return n;
}
                                 2+1=3
          2
                                 is returned
int sum(int n) {
  if (n != 0)
     return n + sum(n-1)
  else
      return n;
}
                                 1+0=1
                                 is returned
int sum(int n) {
  if (n != 0)
     return n + sum(n-1)
  else
      return n;
}
          0
int sum(int n) {
                                 is returned
  if (n != 0)
      return n + sum(n-1)
  else
      return n; -
}
```

Advantages and Disadvantages of Recursion

Recursion makes program elegant. However, if performance is vital, use loops instead as recursion is usually much slower.