

# **INTEGRATED BEHAVIORAL HEALTH (IBH) PROGRAM**

CalSWEC's Integrated Behavioral Health (IBH) Program focuses on education and training, evaluation, and community collaboration efforts related to behavioral health care workforce development in California. Its mission is to develop and support a professional workforce of skilled, diverse, and culturally competent social workers to meet the needs of California's public behavioral health care system. To accomplish this, the IBH Program supports and partners with social work programs, behavioral health service providers, peer support and advocacy entities, and state and local policy makers working to address Californians' behavioral health care needs.

#### **PURPOSE**

The IBH program seeks to support the development of a skilled social work workforce prepared to effectively address consumers' behavioral health care needs using emerging models for service delivery within an evolving service infrastructure. We seek to expand our work with programs focused on substance abuse care, and the integration of behavioral health care with primary care and child and adult welfare services. We are pursuing opportunities to fund new training and support programs for college and graduate students, professional pipeline programs for high school and junior college students, training and certification programs for peer and paraprofessional workers, and evaluation projects. We participate actively in statewide advocacy efforts to support of workforce development for California's public behavioral health system.

## **MAJOR ACTIVITIES**

### The Mental Health Services Act (MHSA) Stipend Program

The MHSA Stipend Program is a training program for MSW students committed to working in California's public mental/behavioral health care system after graduation. In operation since 2005, it is funded through MHSA Workforce Education and Training funds and administered by California's Office of Statewide Health Planning & Development (OSHPD). The MHSA Stipend Program currently supports over 150 stipends to MSW students each year through sub-awards to 19 accredited MSW programs. These partnerships enable CalSWEC to distribute stipends throughout California to students in full-time, part-time, and distance based MSW programs.

The MHSA Stipend Program supports statewide efforts to develop a workforce of professionally trained and culturally competent social workers who can meet the personnel needs of California's public behavioral health care system by:

- Developing curricular guidelines that integrate theory and practice, embody collaborative models, and promote the values of wellness, recovery, and resilience;
- Increasing the employment of behavioral health care consumers and their family members in the public behavioral health care system;

University of California, Berkeley School of Social Welfare 2850 Telegraph Ave., Suite 215 | Berkeley, CA 94705-1169 510-642-9272 (P) http://calswec.berkeley.edu

- Creating a skilled, culturally competent, and culturally, ethnically, and linguistically diverse public behavioral health workforce;
- Increasing access to MSW education and behavioral health careers for individuals in counties with workforce shortages and limited past participation in stipend programs.

### The San Francisco Bay Area Integrated Behavioral Health MSW Stipend Program

The IBH MSW Stipend Program is a regional stipend and training program for Bay Area MSW students interested in providing behavioral health care within integrated primary care settings. It was funded in September 2017 through the Health Resources and Services Administration's (HRSA) Behavioral Health

Workforce Education and Training (BHWET) initiative to develop and expand the behavioral health workforce serving vulnerable and medically underserved areas and populations. This program provides stipends and interprofessional training for MSW students, as well as training for faculty and field supervisors, at UC Berkeley, CSU East Bay, San Francisco State University, and San Jose State University.

The goal of the IBH Stipend Program is to enhance regional capacity and infrastructure to provide high-quality behavioral health care services to communities of need through greater integration of primary and behavioral health care by:

- Developing new field placements at sites most heavily affected by the increased Medi-Cal enrollments spurred by Medicaid expansion in California;
- Working with field agencies to strengthen the inter-professional nature of the training provided to interns and expand the implementation of the IBH model;
- Providing inter-professional training experiences to stipend recipients;
- Providing inter-professional training for trainers and educators to instructional faculty, field supervisors, and other collaborators.

As more Bay Area agencies adopt the IBH model, program trainees will be well equipped to become leaders in collaborative, multi-disciplinary integrated behavioral health care settings.

# **Evaluation of Berkeley Social Welfare's Latinx Center of Excellence**

In July 2017, the Health Resources and Services Administration (HRSA) awarded Berkeley Social Welfare \$3.4 million to support the School's newly established Latinx Center of Excellence. The Center's activities include developing pipeline strategies to increase Latino student interest in behavioral health, stipends and specialized field placements for Latinx MSW students, new academic support and student-initiated research opportunities, efforts to support the recruitment, retention and promotion of Latinx faculty, and the recruitment and training of a post-doctoral fellow in Latinx behavioral health. CalSWEC's IBH Program is responsible for the design and implementation of all evaluation activities for the Latinx Center of Excellence over the five year grant period. Through this work, the IBH Program will document and analyze both the processes and outcomes associated with the Center's achievement of its goals.

#### **CalSWEC Mission**

CalSWEC facilitates and supports statewide partnerships for the education and training of social workers to ensure culturally responsive, effective, and high-quality health and social service delivery to the people of California.

## In support of its Mission, CalSWEC's Goals are to:

- Prepare a diverse group of social workers for careers in human services, with special emphasis in the fields of child welfare, integrated behavioral health, and aging
- Define and operationalize a continuum of social work education and training
- Engage in evaluation, research, and dissemination of best practices in social work