

Jessica O. Diaz France

Education:

San Francisco State University School of Social Work, San Francisco, CA

Master of Social Work, May 2012

Emphases: Individuals, Families and Groups (IFG), Community Mental Health

Culminating Project: Size Diversity: 1-Unit Course for Social Work Students

Courses include: Social Work Practice Methods, Ethnic and Cultural Concepts and Principles I & II, Human Behavior and the Social Environment, Health, Illness & Disordered Behavior, Social Casework, Advanced Social Casework, Aging Processes (Gerontology course), Social Group Work

University of San Francisco, San Francisco, CA

Baccalaureate of Arts, Politics, Legal Studies Minor, Music Minor, December 2007

Study Abroad: Universidad del Museo Social Argentino, Buenos Aires, Argentina 2006

Licensure: ASW Certification, ASW# 34274, issued 10/5/2012

Language Proficiency: Fluent Spanish (Bicultural Puerto Rican and Filipina)

Computer Skills: Microsoft Office (Outlook, Word, Excel), Clinician's Gateway, Kemp Legal Database

Experience:

County of Marin, Mental Health & Substance Use Services, Adult Case Management, San Rafael, CA Mental Health Practitioner, February 2013-Present

- Manage a caseload of 15-20 clients, providing support for mental health recovery including biopsychosocial assessments, coordination of mental health treatment including medication compliance, crisis intervention, psychoeducation about mental illness and symptoms
- Harm reduction for substance use
- Provide linkages to community agencies and resources for mental health and substance use recovery
- Assistance in identifying appropriate housing and level of care in the community or in locked and unlocked facilities such as IMD (Institutes for Mental Disease and skilled nursing facilities)
- Assist client in identifying goals including employment, volunteerism, socialization activities and engagement in community activities.

Bucklew Programs, Marin Assisted Independent Living Program, San Rafael, CA Service Provider IV, Clinical Case Manager, July 2012-February 2013

- Provide counseling, consultation, and case management to clients individually and in groups in a manner that facilitates growth, the assumption of responsibility, and the increased ability to relate effectively with others.
- Provide crisis intervention and crisis management services. Ensure crisis transportation. Communicate with emergency personnel, family members, other team members and providers.
- Support community members' recovery, whether from substance abuse or the symptoms of mental illness.
- Make referrals for adjunctive support. Monitor, teach and oversee symptom management. Act as a consultant to various client groups and households.
- Teach, facilitate and model appropriate interpersonal communication, including assertiveness training to improve independent living skills.

Marin Mental Health & Substance Use Services, Adult Case Management, San Rafael, CA
Social Work Intern, August 2011- July 2012

- Case management supervised by Patricia Campbell, LCSW
- Psychotherapy supervised by Dr. Carol Kerr
- Bilingual case management and psychotherapy in English and in Spanish
- Provided individual assessment, treatment planning and case management and psychotherapy services to culturally diverse adult population diagnosed with Schizophrenia, Schizoaffective, Bipolar and Major Depressive Disorders
- Collaborated with multidisciplinary treatment team of clinical social workers, psychiatrists, resource counselors and other mental health providers to develop individualized treatment plans
- Aided clients in accessing services within Marin County including for housing, benefits, medical services, and employment
- Individual psychotherapy using multi-model approaches including Cognitive Behavioral Therapy, psycho-educational and expressive arts
- Co-led group using Seeking Safety model for dual diagnosis, PTSD and substance use

Marin County Mental Health & Substance Use Services, Youth & Family Services, San Rafael, CA
Social Work Intern, August 2010-June 2011

- Case Management and Psychotherapy (Individual and Family Therapy) supervised by Lynn Zimmerman, LCSW
- Assessments for AB 3632 School-based Mental Health Services
- Intakes for Early Periodic Screening Diagnosis & Treatment Program through Medi-Cal
- Case management for AB 3632 clients
- Co-lead group of elementary students at Bahia Vista Elementary School
- All services provided in English and in Spanish

Legal Aid of Marin, San Rafael, CA

Receptionist and Outreach Specialist, April 2008- Aug. 2010

- Referrals to other legal and non legal agencies in Marin County and greater Bay Area
- Preparing and filing documents at Marin County Superior Court
- Translation for mono-lingual Spanish speaking clients
- Organized and scheduled outreach opportunities in greater Marin County

Other Experience:

Office of the Public Defender, San Francisco, CA

Undergraduate Intern, Aug. 2007-Dec. 2007

- Interviewed incarcerated clients for Children of Incarcerated Parents' Program
- Researched educational and career opportunities for clients
- Organized social services requests and case summaries for Drug Court

Tenderloin Childcare Center, San Francisco CA

Undergraduate Intern, January 2007- June 2007

- Bilingual teacher's aid for preschool aged homeless children

Mayor's Office of Neighborhood Services, San Francisco City Hall, San Francisco, CA

Undergraduate Intern, August 2006- December 2006

- Assisted office in managing services available by neighborhood in San Francisco's 11 districts such as Project Homeless Connect

Activities/Volunteer work:

- The Body Positive, Board Chair of Board of Directors 2015-Present, Presentation Specialist, 2002-2015
- Cultural Competency Advisory Board Member, County of Marin 2014-Present
- Master of Social Work Council at San Francisco State University, President, 2010-2011

Certificates/Affiliations/Awards:

- Leadership Academy Certificate, Barowsky School of Business, Dominican University of California, 2014
- Phi Alpha National Honor Society, San Francisco State University Beta Mu Chapter
- Graduate Student Award for Distinguished Academic Achievement, 2012
- San Francisco State University School of Social Work recipient of Cal SWEC Mental Health Educational Stipend Award, 2011-2012