


**SAMHSA-HRSA
Center for Integrated
Health Solutions**

**CSWE Integrated Behavioral
Health Curriculum Project**

CalSWEC Board Meeting
February 8, 2013


NATIONAL COUNCIL SAMHSA www.integration.samhsa.gov



Project Overview

SAMHSA and HRSA through the Center for Integrated Health Solutions sponsored (in partnership with National Association of Deans and Directors of Schools of Social Work) a project to develop, implement, and evaluate master's level curriculum materials for two semester long courses that focused on integrated behavioral health care

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Courses to be Offered

- Advanced practice course on integrated care
- Advanced health policy course on integrated care
- At least 2 modules that could be used in other courses

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**SAMHSA HRSA
Center for Integrated Health Solutions**

**CSWE-NADD Integrated Behavioral Health
Steering Committee**

Wynne S. Korr (Chair), University of Illinois, Urbana-
Champaign
Richard P. Barth, University of Maryland
Jeff Capobianco, Center for Integrated Health Solutions
Tony Salerno, Center for Integrated Health Solutions
Anna M. Scheyett, University of South Carolina
Lynn Videka, New York University
Andrea Washington, Montrose Counseling Center
James R. Zabara, Catholic University of America

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**Why is the Integration of Primary and
Behavioral Health Care Important to
Schools of SW?**

Interdisciplinary/interprofessional practice is increasingly
the norm in practice settings. Strategies are needed in
the academy and in practice settings to ensure that
social workers are well prepared to work as part of an
interdisciplinary team

Social Work Policy Institute (2011). Investing in the Social Work Workforce.
Washington, DC: NASW

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Why IBHC?

Emerging practice methods may require shifts in
how practice is defined and how social work
communicates its expertise. Training and
professional development and advocacy will
require professionals across disciplines to work
together and to partner with clients and
communities to ensure practice relevance and
cultural congruity.

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Course Materials

Two Courses

- Advanced Clinical Social Work Practice in Integrated Healthcare
- Integrated Health Policy and Services

Materials

- Syllabi
- Readings
- Assignments
- PPT
- Handouts
- Discussion Questions

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Advanced Clinical Practice Curriculum Development Team

Marion Becker, University of Southern Florida
 Blake Beecher, Eastern Washington University
 Judith Anne DeBonis, California State University, North Ridge
 Mo Yee Lee, Ohio State University
 James J. Werner, Case Western Reserve University

<http://www.cswe.org/CentersInitiatives/DataStatistics/58020/62695.aspx>

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Clinical Course Description

The objective of this course is to introduce social work students to the direct practice of integrated behavioral health in primary care. Students will become knowledgeable of the roles of behavioral health providers working in primary care settings, theories and models of care, and cross-cultural issues. They will develop skills in engagement, assessment, intervention planning and implementation, and practice evaluation. Because the populations served in primary care settings span the spectrum of severity in both the physical and behavioral health dimensions, students will develop competencies in engaging and supporting patients across a range of health conditions.

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Modules

1. Introduction to Integrated Healthcare and the Culture of Health
2. The Role of Social Work in Integrated Healthcare
3. Theories, Perspectives, and Practice Models in Integrated Healthcare
4. Engagement and Relationship Building in Integrated Healthcare
5. Comprehensive Assessment
6. Structured Assessments and Screenings
7. Common Behavioral Health Conditions in Primary Care
8. Cross-Cultural Issues in Integrated Healthcare
9. Medication and Integrated Healthcare
10. Care Planning and Documentation
11. Interventions in Integrated Healthcare
12. Motivational Interviewing Part I
13. Motivational Interviewing Part II
14. Complementary and Alternative Body-Mind-Spirit Interventions
15. Evaluation of Client Progress and Social Worker Effectiveness

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Module 1: Introduction to Integrated Health Care and the Culture of Health Learning Objectives

- Define integrated healthcare and review research on the need/evidence for integration
- Describe the continuum of integration of behavioral treatments into primary healthcare settings
- Discuss various "models" of integrated care, multidisciplinary practice and the different languages of healthcare
- Discuss facilitators and barriers, payment models and the implications of integrated care for social work education and practice

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Module 7: Common Behavioral Health Conditions in Primary Care Learning Objectives

- Understand the magnitude, prevalence, and health effects of:
 - Behaviorally-related health problems
 - Unhealthy lifestyle behaviors
 - Common behavioral disorders
- Learn a direct practice framework for addressing common health problems, unhealthy lifestyle behaviors, and behavioral disorders in primary care
- Learn methods used by primary care behavioral healthcare providers to effectively address depression and diabetes

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Integrated Health Policy & Services Curriculum Development Team

Roseanna McCleary, California State University,
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Victoria Stanhope, New York University
W. Patrick Sullivan, Indiana University
Cynthia M. Wiford, Addiction Consulting and Training
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NATIONAL COUNCIL ON ADDICTION AND SUBSTANCE ABUSE **SAMHSA** www.integration.samhsa.gov

**SAMHSA HRSA
Center for Integrated Health Solutions**

Course Description

The purpose of this course is to provide intensive study of the evolution of the integration of Primary Care and Behavioral Health services and to provide an opportunity for synthesis and application of learning and practice of policy in this service arena. The course builds on policy content offered in the professional foundation year and links policy to practice and research skills. Diversity, inequality, social and economic justice are continuing themes of study in the advanced concentration year. The content of the course reflects the values of the profession and focuses on the role of the "social policy practitioner" in assisting individuals in the maintenance or attainment of optimal health and mental health, social and economic justice, and recovery and wellness. Theories related to organizational structure and change within an Integrated Behavioral Health environment and strategies for practitioners to influence policies and promote change in the interest of service consumer, agency, and society will be presented. Opportunities for students will be encouraged for direct involvement in the political and organizational processes used to influence policy and delivery systems.

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Modules

1. Need for Integrated Behavioral Healthcare in the United States
2. Integrated Behavioral Health Models
3. Legislative Background (Evolution of Health Care in the US)
4. Patient Protection and Affordable Care Act
5. Health Disparities, Health Equity, and Social Justice in Integrated Behavioral Health Care
6. Funding for Integrated Behavioral Health Services
7. Implementing Integrated Behavioral Health
8. Policy Advocacy

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Module 4: Patient Protection and Affordable Care Act Learning Objectives

To provide an understanding of the context for health care reform in the United States

To provide an update on the legislative and legal status of the PPACA

To describe the major provisions of the law related to primary and behavioral healthcare integration

To provide an overview of legislation related to PPACA

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Module 5: Health Disparities, Health Equity, and Social Justice in Integrated Behavioral Health Care Learning Objectives

1. Increase knowledge of health disparities and health equity and the context in which they exist
2. Develop an understanding of the role of addressing health disparities in integrated behavioral care
3. Explore ways to address health disparities and promote health equity in integrated behavioral care models

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Additional Plans

- Setting up a learning network (in process)
- Fall 2013, online policy and practice course
- 27 students for field placement

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California State University Bakersfield
Department of Social Work
(CalSWEC, February 8, 2013)

SW610.02: Advanced Social Policy & Services
Winter, 2013

Course Description

Building on knowledge from SW510 (Social Policy and Services), the emphasis in this course is on policy practice and advocacy. Using a human rights/social justice perspective as a foundation, students will develop policy practice skills in analyzing, formulating, and implementing social welfare policy related to health, mental health, and child welfare in diverse populations. The content of the course reflects the values of the profession and focuses on the role of the "social policy practitioner" in assisting with the maintenance or attainment of optimal health and mental health, social and economic justice, and recovery and wellness of individuals, families, groups, and communities.

Additional Information:

In order to achieve the course competencies, practice behaviors, and objectives, this course will use the integration of primary care and behavioral health services as a content focus and tool to demonstrate shifting contexts, the role of the social worker in the change process, and to provide an opportunity for direct involvement in the political and organizational processes used to influence policy and delivery systems.

Course Objectives and Related Practice Behaviors

CSWE Core Competency	Related Practice Behaviors	Course Objectives	Evaluation Instrument
Competency #2: Apply social work ethical principles to guide professional practice	Tolerate ambiguity in resolving ethical conflicts	Demonstrate an understanding of the structure, organization, and funding systems that go into major US social welfare policies	Class Dialogue Policy Implementation Analysis PSA Advocacy Project
Competency #3: Apply critical thinking to inform and communicate professional judgments	Effectively communicates, at an advanced level, professional judgments within interprofessional settings, in both written and verbal form	Develop an understanding of the role of history and the political, economic, and social forces that lead to the development of social welfare policy Integrate the role of the social worker in the formation and implementation of social welfare policies Demonstrate advocacy skills with service providers, community organizations, policy makers, and/or stakeholders related to a social welfare issue	Class Dialogue Policy Implementation Analysis PSA Advocacy Project
Competency #4: Engage diversity and difference in practice	Recognize the extent to which a culture's structures and values may oppress, marginalize, alienate, or create or enhance privilege and power	Understand the importance of addressing health disparities in policy development and implementation Demonstrate an understanding of the structure, organization, and funding systems that go into major US social welfare policies	Class Dialogue Policy Implementation Analysis PSA Advocacy Project
Competency #5: Advance human rights and social and economic justice	Actively participates in advocacy efforts that promote social justice, service improvements, and growth across multiple systems	Demonstrate advocacy skills with service providers, community organizations, policy makers, and/or stakeholders related to a	Class Dialogue Policy Implementation Analysis

	Integrates knowledge and effects of oppression, discrimination, and historical trauma across multiple systems to guide treatment planning and intervention	<p>social welfare issue</p> <p>Understand the importance of addressing health disparities in policy development and implementation</p> <p>Demonstrate an understanding of the structure, organization, and funding systems that go into major US social welfare policies</p>	PSA Advocacy Project
Competency #6: Engage in research-informed practice and practice-informed research	<p>Employs the evidence-based practice process when intervening with various systems</p> <p>Uses research methodology to evaluate interventions</p>	<p>Demonstrate an understanding of the structure, organization, and funding systems that go into major US social welfare policies</p> <p>Demonstrate advocacy skills with service providers, community organizations, policy makers, and/or stakeholders related to a social welfare issue</p>	<p>Class Dialogue</p> <p>Policy Implementation Analysis</p> <p>PSA Advocacy Project</p>
Competency #8: Engage in policy practice to advance social and economic well-being and to deliver effective social work services	<p>Communicates to stakeholders the implications of policies and policy changes across multiple systems</p> <p>Uses evidenced-based practice and practice-based evidence in advocacy for policies that advance social and economic well-being</p>	<p>Demonstrate an understanding of the role of social workers and other professional disciplines within the current political environment</p> <p>Develop an understanding of the role of history and the political, economic, and social forces that lead to the development of social welfare policy</p> <p>Integrate the role of the social worker in the formation and implementation of social welfare policies</p> <p>Demonstrate advocacy skills with service providers, community organizations, policy</p>	<p>Class Dialogue</p> <p>Policy Implementation Analysis</p> <p>PSA Advocacy Project</p>

		makers, and/or stakeholders related to a social welfare issue	
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Course Materials

Required Texts/Readings:

The course outline and schedule below lists each week's required readings. These will be available on Blackboard, the Internet, or on the library's electronic course reserve site. There may be some changes to this list so please access Blackboard regularly.

Recommended Texts:

Jansson, B. S. (2011). *Improving healthcare through advocacy: A guide for the health and helping professions*. Hoboken, NJ: John Wiley & Sons, Inc.

Recommended Media:

One of the best ways to stay current on policy issues is to follow a major newspaper such as the New York Times or the Washington Post (www.nytimes.com, www.washingtonpost.com). These are available online.

National Public Radio (All Things Considered, Morning Edition) Bakersfield, 89.1 FM

Network News (CBS, ABC, NBC), CNN News, PBS News Hour (www.pbs.org/newshour)

Sunday Mornings news shows:

Face the Nation (<http://www.cbsnews.com/face-the-nation/>)

Meet the Press (<http://www.msnbc.msn.com/id/3032608/>)

This Week with George Stephanopoulos (<http://abcnews.go.com/ThisWeek/>)

The Colbert Report and the Jon Stewart Show also may offer some insights into current policy issues.



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FOR COMMUNITY BEHAVIORAL HEALTHCARE



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6. Funding for Integrated Behavioral Health Services
7. Implementing Integrated Behavioral Health
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Module 4: Patient Protection and Affordable Care Act Learning Objectives

- To provide an understanding of the context for health care reform in the United States
- To provide an update on the legislative and legal status of the PPACA
- To describe the major provisions of the law related to primary and behavioral healthcare integration
- To provide an overview of legislation related to PPACA



Module 5: Health Disparities, Health Equity, and Social Justice in Integrated Behavioral Health Care Learning Objectives

1. Increase knowledge of health disparities and health equity and the context in which they exist
2. Develop an understanding of the role of addressing health disparities in integrated behavioral care
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Additional Plans

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