

# AFTER VISIT SUMMARY



**Anika Kapoor** MRN: 0002256639 CSN: 1024988364 DoB: 6/24/2003

📅 2/4/2025 1:00 PM 📍 CHA Bone & Joint Center - Assembly Square Care Center 617-665-1566

## Instructions from Jillian Gruber



**XR WRIST LEFT MINIMUM 3 VIEWS**

Multiple visits requested



**Return in about 5 weeks**  
(around 3/11/2025).

## Today's Visit

You saw Jillian Gruber on Tuesday February 4, 2025. The following issue was addressed: Closed fracture of distal end of left radius, unspecified fracture morphology, initial encounter.

## What's Next

MAR  
11  
2025

**Orthopedics Established Patient Visit with Jillian Gruber**  
Tuesday March 11 8:30 AM

CHA Bone & Joint Center - Assembly  
Square Care Center  
5 Middlesex Ave  
SOMERVILLE MA 02145  
617-665-1566

## Primary Language

English

## Primary Care (PCP)


Primary Care Provider  
Referred Non-CHA Facility

**MyCHArt**

Cambridge Health Alliance

View your After Visit Summary and more online at <https://mychart.challiance.org/mychart/>.

# Changes to Your Medication List

 Accurate as of February 4, 2025 11:59 PM.  
If you have any questions, ask your nurse or doctor.

## CONTINUE taking these medications

**acetaminophen** 325 MG tablet  
Commonly known as: **TYLENOL**  
Signed by: **Michael Tcheyan**

Take 2 tablets by mouth every 6 (six) hours as needed  
for Pain for up to 7 days

**ibuprofen** 600 MG tablet  
Commonly known as: **ADVIL**  
Signed by: **Michael Tcheyan**

Take 1 tablet by mouth every 8 (eight) hours as needed  
for Pain for up to 7 days

## Appointments to be Scheduled

**As you navigate the next steps in your care -- here are a few helpful resources from CHA:**

- If you are requesting testing or wanting to see a specialist, please contact your Primary Care team, they can aid in placing the appropriate order which is required to coordinate care with your insurance carrier and the testing or specialists' office.

**If you are seeking care or your physician has placed a referral for one of the following departments -- please call them directly to coordinate your future appointments:**

- Radiology (ex. xray, MRI, CT): 617-665-1298
- Physical, Occupational, or Speech Therapies: 617-591-4600
- Tobacco Cessation: 617-591-6922
- Behavioral Health, Adult: 617-591-6033
  - Behavioral Health, Peds: 617-665-2485
- OB/GYN: 617-665-2800
- Specialties Scheduling Center (SSC): 781-338-0600

## Allergies

No Known Allergies

## Nutrition Counseling

If you are concerned about your weight, we have nutrition professionals available for consult.

## Exercise Recommendation

It is recommended that people get at least 150 minutes of moderate exercise in a week.

## Sick Visits and Emergency Care

If you are feeling sick or have an accident, start with CHA. Your CHA Primary Care center is usually the best place for you to be seen, except in an emergency. And you can call us 24 hours a day.

For urgent medical needs, visit CHA Urgent Care at 33 Tower Street in Somerville. Open 9:00am to 8:00pm Monday to Friday and 10:00am to 5:00pm on weekends and holidays.

If you have a health emergency, call 911 or go to the closest emergency room. CHA offers 24-hour emergency care at CHA Cambridge Hospital and CHA Everett Hospital. Your Primary Care team will get your results right away and can help coordinate your care.

## Additional Information

### Are you having trouble paying your medical bills?

- If you do not have health insurance, please call the CHA Financial Assistance team to help you apply for state-sponsored insurance (MassHealth): 617-665-1100 (M-F 8:30 am - 4:30 pm)
- If you have health insurance, but need help paying your medical bills, please call the CHA Billing Department: 1-833-354-2131 (M-F 8:30 am- 4:30 pm)

### Are you having trouble paying for medications prescribed by a CHA provider?

- Call your local CHA pharmacy (numbers below) to see if you qualify for financial assistance. Tell the pharmacist: "I need help to pay for my medicines. What are my options for financial assistance?"  
***\*Please note, the CHA Pharmacy also offers free home delivery and interpreter services.***

#### CHA Pharmacy locations:

- Cambridge Hospital (1493 Cambridge St, 2nd floor)  
617-665-1438
- East Cambridge (163 Gore Street)  
617-499-6690
- Malden (195 Canal Street, 1st floor)  
781-338-8990
- Revere (454 Broadway, 1st floor)  
781-485-8272

[Click here to learn more about CHA pharmacy or scan the QR Code below.](#)



