

1. What are the common injuries you have?  
Bruised legs, arms, shins, concussions, bruised ribs, bruised lungs
2. In each of the situations, how long is it reasonable to wait for an appointment, and how long would it be intolerable?

It takes less than 2-3 hours to get into our trainer and probably more than a day it would be too much.

3. How does the time of your next match influence your perception of injuries?  
depends on when I have them and the extent to them. Sometimes it depends on if the trainer thinks it too dangerous to play she tries her best to get us in 2-3 times a day but depends on severity of injury.
4. How does University/College accommodate urgent needs of athletes? Do you feel it unsatisfactory?  
They do very well in it. Never felt that.
5. Do you prefer to see the same doctor, or do you choose different doctors for different situations?

Same doctor

6. How do you choose doctors? What qualifications are the most important? Do you select the doctor based on immediate availability or would you prefer

based on ranking?

Honestly just pick what my parents do so I have no idea

7. How many visits would you have to visit the doctor during your rehab?

2

8. Any changes or new systems you want to be included which are missing in the current UHS?

no

9. How do you plan and schedule physical therapy appointments?

Through our trainer. We go by email or phone

10. Do you have to reach out to anyone to address the injury in the initial state?

My trainer we have assigned to our sport

11. Does the trainer play any role in booking sessions?

Yes she is the one who schedules the times we meet

12. Is the coach or trainer the first person to reach out for injury consultation?

My old coach never cared about injuries so my first contact was always my trainer she was also at all our games and practices as well.

13. How long is the waiting period to book a session?

Less than 2 hours

14. Who decides the workouts and session plans based on the injury?

Our trainer

15. How frequently do players get injured?

Everyday

16. If you know your teammate is in more urgent need such as ..., would you be willing to give away your appointment to him or her?

Yes but even if that happens she does people at multiple times sometimes and we have 3 trainers that come in and help as well to