

What are the common injuries you have?

Concussion, primarily or sprains really common ankle break I think once over past 4 years ligament tear

In each of the situations, how long is it reasonable to wait for an appointment, and how long would it be intolerable? How long for appointment, I say I was able to book week or so do.. no emergency one, call and book emergency service.. no free emergency.. over 2-3 week

How does the time of your next match influence your perception of injuries? So for us at least I have a contest schedule, unfortunately no immediate medical service, or keep going to get appointment and loss of play of time

How does UW accommodate urgent needs of athletes? Do you feel it is unsatisfactory? I mean they are really good as assessing and knowing next steps, nearest hospital is UW health really high level, off campus like break or stitches, issues with other places and not good medical no severe injuries

Do you prefer to see the same doctor, or do you choose different doctors for different situations? Same doctor

How do you choose doctors? What qualifications are the most important? Do you select the doctor based on immediate availability or would you prefer based on ranking? Most important, patient efficient communication, comfortable, knowledgeable immediate availability depends on injury

How many visits would you have to visit the doctor during your rehab? I was very bad skipped therapy, friend 2 times a week for a month

Any changes or new systems you want to be included which are missing in the current UHS? Main thing is severely understaffed, so many sports club and many injuries

How do you plan and schedule physical therapy appointments? UHS generally can't do physical therapy, UW health paid by insurance and physical therapy

Do you have to reach out to anyone to address the injury in the initial state? Trainer on site and recommended from him

Does the trainer play any role in booking sessions? Trainer does not

Is the coach or trainer the first person to reach out for injury consultation? Usually it is the patient and emergency room taken by someone and team helps and usually patient

How long is the waiting period to book a session? I have seen as early as limited time window little 3-4 days to week

Who decides the workouts and session plans based on the injury? Trainer and physical therapist, usually PT and not trainer and limit the involvement

How frequently do players get injured? Minor injuries once a game, major once per semester per athlete

If you know your teammate is in more urgent need such as ..., would you be willing to give away your appointment to him or her? Yes sure

Played in spring and significant and minor injuries and there is more different game and intense, I also think more injury in spring