## Roshini

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Doctor preference 2 ··· +

they have few doctors working for them, multiple appoitment to eastcampus, different docotor for the same field. You know nothing about the doctor and just google the info, I did google about them and stopped on it , depening on situation prefer female doctor, based on name you cant tell the gender. Absoultey I personally dont feel rating is required but would be a good

How do you choose doctors? What qualifications are the most important? Do you select the doctor based on immediate availability or would you prefer based on ranking?

disappointed about uhs but in the meanwhile so

Doctor choices not a priority 6

personally dont care who I see, minor injury or sprian trainer will give plan for recovery and they will the doctor, for major injury the primary care doctor they will refer to specialised doctor

Do you prefer to see the same doctor, or do you choose different doctors for different situations?

Doctor choices not a priority

+ New

Facts about appointments 3 ··· +

Depends on the issue, currently on sprain and referring to doctor not from UHS. I scheduled a first appointment to see them and needed follow ups, the trainer and I were working on the scheduling and the follow up, communicating with them too, You have a

say in this. UHS portal is always preferred or whichever appointment you get first How many visits would you have to

visit the doctor during your rehab?

Other resources

For training injuries I have never looked into uhs portal, I do self medication for minor

How do you plan and schedule physical therapy appointments?

Immediate or 2-3 weeks wait period

How long is the waiting period to book a session?

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Long waiting time

+ New

Facts about injuries 3 ··· +

The most common one is concussion, you know depends on each sports rugby is heavy intense so injury is common, common

one such as sprians and dislocation are often or pulling a muscle fracture

What are the common injuries you

very confident with injury types

It depednds on the sports, High contact sports will have minor injury atleast every

How frequently do players get injured?

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Like during the previous match I got injured, depends on how serious the injury is, how to do with it and best to wait and not to play the next game

How does the time of your next match influence your perception of injuries?

very confident, sounds it's very natural,

+ New

Factual workaround 5 ··· +

After you have the injury, you have to book the first appointment, the trainer follows up with you and she takes care and will be available

Does the trainer play any role in booking sessions?

Other resources

The second you get injuried the traniner talks with you

ls the coach or trainer the first person to reach out for injury consultation?

Other resources

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I guees it can be possible and appoitment is in your name and you have got slots,time slots can be cancelled and you need to inform other friend to book immediately

lf you know your teammate is in more urgent need such as ..., would you be willing to give away your appointment to him or her?

seems confused at first

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or intense then no game time, doctor and trainer together help you to rebuid both are involved. Sort off I guess and pain level and tolerance is known only to you and you know what is best for you. Hey this hurts and they will listen to you

Serious injury is through the doctor, fracture

Ho decides the workouts and session plans based on the injury?

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We do, trainer states this is what injury you have and suggest the doctor

Do you have to reach out to anyone to address the injury in the initial state?

very confident

Other resources

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Limited services 3 ··· +

No emergency services, go through portal ASAP and select the hostptail nearby, many non US students have no issurance so it depends on time period it is super busy or not at all busy, if it is 2 weeks then we are screwed. No portal for doctor through emergeeny room, instead of scheduling as serious injury

How does UW accommodate urgent needs of athletes? Do you feel it unsatisfactory?

disappointed about uhs

No emergency service

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It depends on the injury; if it is a fracture, on-field trainers are there but don't have an x-ray machine. They will let us know the suspected fracture or severe injuries. They will refer us to an uhs doctor through the portal, where we can get an appointment in the next day or two weeks later.

In each of the situations, how long is it reasonable to wait for an appointment, and how long would it be intolerable?

Only fundamental treatments

I feel like there are so many types of injuries you can have. All injuries are different, the same list of appointments, depending on urgency, and still wait for the most minor

Any changes or new systems you want to be included which are missing in the current UHS?

No prioritizing

+ New

√ 1 hidden group

+ Add a group