

What are the common injuries you have?

The most common ones concussion you know depends on each sports rugby heavy contact concussion is common issue is not aware of it most difficult.. athletic trainers, sprains and dislocation or pulling a muscle fracture or broken bone

In each of the situations, how long is it reasonable to wait for an appointment, and how long would it be intolerable? Depends on injury if it is broken or fracture on field trainers are there, they don't have x-ray machine, they will let us know the suspected fracture or broken room emergency room not serious referral to uhs doctor through portal, next day to 2 weeks

How does the time of your next match influence your perception of injuries? Like a previous match I got injured one coming home, depends on how serious the injury is, how to do with it and best to wait and not to play the next game

How does UW accommodate urgent needs of athletes? Do you feel it is unsatisfactory? No urgency services, go through portal ASAP hospital nearby.. many non-US students no insurance It depends on time period it is super busy or not busy at all, if it 2 weeks it is screwed Not portal for doctor through emergency room, instead of scheduling as serious injury

Do you prefer to see the same doctor, or do you choose different doctors for different situations? personally don't care who I see, minor injury or sprain athletic train, they will refer doctor, primary care doctor they think they will refer to specialised doctor, they will send you to specialised doctor

How do you choose doctors? What qualifications are the most important? Do you select the doctor based on immediate availability or would you prefer based on ranking? they have few doctors working for them, multiple appointment to 33 east campus, different doctor, same field, primary care You know nothing and just google the info I did google about them and stopped on it, depending on situation prefer female doctor, based on name you can tell the gender Absolutely I personally don't feel rating is not required

How many visits would you have to visit the doctor during your rehab? Depends on the issue, currently on sprain, not from a doctor in UHS, I scheduled a first appointment to see them and needed follow ups, the trainer I was working on was scheduling the follow up, communicating with them too You have a say in this, UHS portal its whatever portal access is available.

Any changes or new systems you want to be included which are missing in the current UHS? I feel like so many types of injuries you can have, all injuries are categories and different categories, same list of appointments, depending on urgency and still wait for smallest injury

How do you plan and schedule physical therapy appointments? At turning I have never looked into, uhs portal

Do you have to reach out to anyone to address the injury in the initial state? We go .. I don't think so, trainer states this is what you have to see doctor

Does the trainer play any role in booking sessions? After you have initial thing, you have to book first appointment, the trainer knows follow up and she takes care to book it in person and will otherwise be available

Is the coach or trainer the first person to reach out for injury consultation? The second you get injured trainer talk with you

How long is the waiting period to book a session? tomorrow or 2 weeks from now

Who decides the workouts and session plans based on the injury? Serious injury through doctor, fracture wait no game, leg trainer doctor to athlete lost muscle and at trainer to help you to rebuild both are involved. Sort of I guess and pain level and tolerance and know what is best for you. hey this hurts and they will listen to you

How frequently do players get injured? It depends on sports High contact minor injury at least every game

If you know your teammate is in more urgent need such as ..., would you be willing to give away your appointment to him or her? I guess it can be possible and appointment is in your name and you have slots, time slots gets cancelled he can quickly login and take it