

# Akary Herrera

(818) 792- 7228 · akary01herrera@gmail.com · Salt Lake City, Utah

## Education

### Westminster University

**BS: Sociology- Social Work & Social Welfare Concentration**  
**Minor: Justice Studies**  
**Honors Certificate**

**August 2020- May 2024**  
**Cumulative GPA: 3.6**

## Work Experience

**Relevant Coursework:** Social Problems, Sociology of the Family, Gender in Society, Social Theory, Sociology of the Life Course, Sociology of Sexualities, Writing for Professional Research, Research Methods, Social Research Methods

### Medication Technician | Odyssey House of Utah

- Provide compassionate and comprehensive medical care for individuals undergoing addiction recovery, ensuring their physical and mental well-being.
- Administer and monitor medications in accordance with established protocols, ensuring the safe and effective use of pharmaceutical interventions.

**Salt Lake City, UT**  
**November 2023- Current**

### Sociology Research Assistant | Westminster University

- Work alongside professors to generate ideas for improving the sociology department.
- Analyzed student feedback to identify areas of improvement and suggest possible solutions to enhance the classroom environment.
- Effectively communicated findings and recommendations to professors, facilitating collaboration and improvement in class dynamics.

**Salt Lake City, UT**  
**April 2023- August 2023**

### Student Researcher | Ronald E. McNair Post Baccalaureate Achievement Program

- Prepared for graduate school through hands-on research and data analysis, enhancing my readiness for advanced academic pursuits.
- Collaborated closely with a faculty mentor to refine research objectives, develop a structured research plan, and receive guidance on research methodologies and data analysis techniques.
- Presented research findings at McNair National Conference, effectively communicating sociological concepts to a diverse audience and engaging in scholarly discussions with fellow researchers and academics.

**Salt Lake City, UT**  
**January 2023- August 2023**

### Personal Assistant

- Maintained a consistent and reliable schedule, walking owner's dog three times a week, ensuring the pet's health and well-being.
- Efficiently managed mail-related tasks, both delivering and returning mail as required, demonstrating dependability and organizational skills.
- Ran errands, such as grocery shopping and pharmacy prescription pickups, contributing to the smooth management of personal tasks and enhancing the daily lives of clients.

**Salt Lake City, UT**  
**June 2021- January 2023**

## Volunteer Work

### Mentor 2.0 | Big Brothers Big Sisters of Utah

- Fostered a supportive mentor-mentee relationship with a high school student, providing guidance, encouragement, and a positive role model presence.
- Facilitated weekly communication with the mentee through the iMentor platform, offering personalized guidance on time management, study skills, and overall college readiness strategies.
- Engaged in monthly in-person meet-ups with the mentee at events hosted by Big Brothers Big Sisters, fostering a supportive and encouraging environment outside of the virtual platform.

**Salt Lake City, UT**  
**November 2023- Current**

### Adult English Classes | United Way of Salt Lake

- Collaborated with adult English learners from diverse cultural backgrounds, fostering a culturally sensitive and inclusive learning environment.
- Provided valuable support to students by answering questions, correcting homework, and guiding them to the correct answers, thereby enhancing their language proficiency and comprehension.

**Salt Lake City, UT**  
**October 2023- December 2023**

## Research Projects

**"Beyond Female Hysteria: Challenging Medical Exclusion and Validating Migraine in Women"**  
**Presented at UCLA National McNair Conference and University of Washington's Gabriel E. Gallardo Symposium**

- Delivered a 12-minute oral and poster presentation addressing historical gender bias in medicine and its impact on the dismissal of women seeking treatment for migraines.
- Explored the broader implications on the care, treatment, and diagnosis of individuals identifying as women within the context of migraine management.
- Employed survey methodology as a primary research tool, designing and implementing surveys to gather valuable insights.

**Los Angeles, CA**  
**Seattle, WA**  
**June 2023- April 2024**

**"Beyond the White Frame: Harry Styles' Fame and Success Through the Lens of White Privilege and Marginalization in Music"** Presented at Popular Culture Association

- Discussed the concept of challenging gender norms and the systemic discrimination faced by artists of color, highlighting the lack of recognition within the industry using the success of Harry Styles as a primary example.
- Successfully secured funding for the trip related to this presentation.

**San Antonio, TX**  
**January 2023- April 2023**