

Maa Uma Electronic Training Institute

BASICS OF BEAUTY AND HAIR DRESSING

Duration: 3 Months

Timing :2 Hrs/day

Syllabus:

- Safety Precautions
- Sterilization and Sanitation
- Professional Ethics
- Manicure and Pedicure
- Removal of superfluous hair
- Eye Brow Shaping
- Bleaching
- Hair
- Hair Cutting
- Hair Coloring
- Cosmetics knowledge

Detailed Syllabus:

- **Safety Precautions Technique**
 - Practice in safe working procedures and observe the necessary precautions. Observe safety procedures when handling electrical equipment
 - Basic first aid for cuts and burns.
- **Sterilization and Sanitation Procedures**
 - Procedure of Sterilization and sanitation.
 - Chemical Sanitizing and Sterilizing agents.
 - Public Sanitation
- **Professional Ethics**
 - A Professional attitude towards client

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Contact No.: 0755-4285162

Branches: Bhopal, Indore, Dabra

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- **Manicure and Pedicure**

- Identify, select and arrange tools and equipment for manicure and pedicure.
- Preparation of client for manicure and pedicure
- Perform manicure/pedicure by cleaning, shaping, moisturizing, massaging and polishing with nail polish.
- Practice of putting Mehendi on hands and feet with cone, stick and fingers(for different occasion)
- Practice of putting sticker Mehendi, kundan, mehendi and mehendi with Block.

- **Removal of superfluous hair**

- Identify various types of hair removal treatments.
- Carry out various procedures for superfluous hair removal.
- Remove hair using Temporary method/Depilatory

- **Eye Brow Shaping**

- Removing hair with thread
- Removing hair with tweezer
- Measurement of eyebrows for correct length and arch.
- Cleaning of eyebrows
- Shaping of Eye brows

- **Bleaching**

- Preparation of client and trolley for bleaching.
- Preparation of bleach pack.
- Practice of allergy test for bleaching
- Cleansing of face prior to bleaching.
- Practice in application of bleaching pack

- **Uses of various types of Bleaches:**

- Hair
- Application of oil
- Practice of different types of manipulation
- Preparation of client and trolley for shampooing.
- Use of shampoos and rinses

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- **Hair Cutting**
 - Practice of holding scissors and comb.
 - Sectioning Procedure for hair trimming and for blunt cut
 - Practice of trimming and blunt cut
 - Practice of cutting wet and dry hair
 - Drying and setting hair with hand dryer.
- **Hair colouring**
 - Analysis of scalp and hair
 - Skin test/Patch test.
 - Practice of application of hair colour.
 - Vegetable & Chemical dyes.
- **Cosmetics Knowledge**
 - Shampoo
 - Disinfectants
 - Nail colours
 - Power bleach
 - Cream bleach
 - Cold wax
 - Hydrogen Peroxide
 - Acetone
 - Base coat
 - Cuticle softener
 - Henna
 - Design blocks
 - Glitters
 - Thread
 - Talcum powder

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