

# **Maa Uma Electronic Training Institute**

## **ADVANCED BEAUTY AND HAIR DRESSING**

**Duration: 1 Year**

**Timing : 2 Hrs/day**

### **Syllabus:**

- **MASSAGE THERAPIST**
- **MAKE UP ARTIST**
- **FACIAL THERAPIST**
- **HAIR STYLIST**
- **HAIR COLOURIST**
- **HAIR CUTTING SPECIALIST**
- **BEAUTY THERAPIST**
- **HAIR THERAPIST**

### **Detailed Syllabus:**

- **MASSAGE THERAPIST**
  - Meaning of massage
  - Effects of massage
  - Knowledge of different types of skin.
  - Massage techniques
- ❖ Direction

**Head Office:** 13 Jahangirabad, Near Charak Hospital, Bhopal (M.P.)

**Contact No.:** 0755-4285162

**Branches:** Bhopal, Indore, Dabra

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❖ Pressure Points

❖ Swedish massage Techniques

- Therapy massage
- Body massage
- Effect of massage on the different systems of the body
- Safety and Precaution during massage manipulation
- Benefits of the massage

- **MAKE UP ARTIST**

- Purpose of makeup, primary cosmetics for makeup.
- Facial harmony and balance knowledge for make up
- Selection of color as per skin
- Different kind of bases for all types of make up
- Knowledge about different types of make up
- Cosmetic knowledge and points for makeup removing

- **Cosmetics of different makes and shades as applicable**

- Cotton
- Cleansing milk
- Foundation
- Blusher

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- Eyeliner
- Lip liner Pencil
- Face powder
- Lipstick
- Liquid bandies
- Decorative bandies
- Mascara
- All types of shadows
- All types of basis
  
- **Facial Therapist**
  - Knowledge and analysis of skin
  - Types of skin- normal, dry, oily, combination, tired, sensitive, aged/wrinkled.
  - Different types of face pack for different types of skin.
  - Benefits of face pack mask.
  
- **Cosmetics**
  - Cold Cream
  - Cleansing milk
  - Moisturizing milk

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- Astringent
- Different face packs/masks –ve & +Ve gel for galvanic
- Specific cosmetics required for different facials.

- **HAIR STYLIST**

- Knowledge of different hair styles as per hair texture
- Types of materials, cosmetics, tools & equipment used for hair styling
- Purpose of using different types of rollers
- Purpose of using artificial aids, types, cleaning and maintaining
- Types of perming- S perm, pony perm, end perm, piggy back perm
- Materials & Chemicals required
- Scalp & hair analysis
- Types of perm rollers
- Types of wraps
- Precautions to be followed
- Filling record card

- **Cosmetics**

- Setting lotion/gel/mouse
- Hair Spray
- Shampoo
- Straightening creams and neutralizer

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- Velocity for perming
- **Hair Colorists**
  - Basic law of color
  - Classification of hair color
  - Points to be considered before using hair coloring products
  - Allergy test
  - Predisposition Test
  - Harmful effects of various colors
  - Precautions for both veg and chemical dye
- **Cosmetics**
  - Shampoo
  - Conditioner
  - Talcum power
  - Colors
  - Cotton
  - Protective cream
- **Hair cutting Specialist**
  - Knowledge of hair texture
  - Types of hair

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- Sectioning for a hair cut
- Knowledge about shears and comb
- Knowledge of elevations
- Different types of basic hair cut
- Safety and precautions during hair cutting
  
- **Cosmetics**
  - Shampoo
  - Conditioner
  - Hair setting lotion
  
- **Beauty Therapist**
  - Nail Structure
  - Knowledge of nail disorders
    - ❖ Brittle nails
    - ❖ Split nails
    - ❖ Dry hands
    - ❖ Hypertrophy nails
    - ❖ Atrophied nails
  - Treatment for nail disorders- Knowledge of special manicure Safety precautions related to special manicure Knowledge about foot problems
  - ❖ Corns

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- ❖ Callus
- ❖ Cracked heels
- ❖ Ingrown nails
- ❖ Athlete's foot
- Knowledge of essential oils and carrier oils
- Understanding of effective ratio of essential oil to carrier oil
- Correct method of storing essential and carrier oils
- Hazards (Toxicity, irritation) & sensitization
- **Hair Therapist**
  - Knowledge about hair Structure.
  - Types of hair
  - Disorders of the hair & scalp  
Grey hair, Dandruff, Oily hair, Split ends
  - Causes and treatments for hair treatment.
  - Equipments and supplies used for hair treatment
  - Equipments and supplies used for high fashion hair style.
  - Cosmetics & Materials required of trendy effects with coloring
  - Knowledge of various advanced hair cutting.
  - Knowledge of types of special make up
  - Trendy make up

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- TV and Stage make up
- Effects of light on make up
- Types of makeup suitable for television/moiré
- Bases for various skin tones
- Facial contouring
- Products used for special effects
- **Cosmetics**
  - Dettol
  - Top coat
  - Base coat Nail Polish
  - Nail glue
  - Poster colors
  - Lipsticks
  - Lip glosses
  - Eye shadows
  - Eye continuers
  - Eye brow coloring
  - Lip liners
  - Eye liners

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- Mascara
- Glitters
- Blushes
- Face powders
- Moisturizer
- Astringents
- Cream and liquid foundations

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