

Feasibility Study

- **Study:**

A feasibility study is a preliminary exploration of a proposed project or undertaking to determine its merits and viability. It was performed before the very starting of the implementation of the model. And we got the following points regarding Fitness of a Normal Person.

A normal fitness tracker device satisfies the following points:

1. Keep track of our daily progress
2. Tops up our fitness plans
3. Gives free workout and training tips
4. Helps in setting achievable goals
5. Provides user friendly tracker interface
6. Helps people to stay motivated

- **Inferences:**

On the basis of these basic study of fitness tracker, we decided to implement the model keeping in mind the following general points.

4W's and 1H:

Who : For the people of any age

What : A daily fitness tracker application to keep people healthy.

Where : The application must be reliable and can be used anywhere

When : Application can track the fitness related tips anytime

How : Application will be implemented for various basic fitness related inputs and accordingly fitness tips and measures will be calculated