

AKASH MAURYA

I am a licensed health and fitness expert specializing in creating exercise programs to fit clients' strengths and needs. With energy and determination, I effectively push my clients to achieve their fitness goals.

ABOUT

-  <https://www.linkedin.com/in/akash-maurya-a10431175/>
-  <https://github.com/akash99909>
- **CONTACT** (7007911214)
- (akash999maurya@gmail.com)
- **PORTFOLIO** ()
- (AYODHYA UTTAR PRADESH , INDIA)

EXPERIENCE

YOGA INSTRUCTOR

Gold's Fitness (2011–present)

- Devised workout programs for clients of different ages and fitness requirements
- Assisted staff in organizing class workouts and group activities
- Administer fitness assessments and treadmill tests to advise feasible fitness goals

EDUCATION

JAYPEE UNIVERSITY OF ENGINEERING AND TECHNOLOGY , GUNA (M.P)

B-TECH COMPUTER SCIENCE AND ENGINEERING (2018-2022) 6.0 CGPA

MAHARAJA PUBLIC SCHOOL

CLASS 12TH 64 %
CLASS 10TH 9.6 CGPA

ACHIVEMENTS

BEST FITNESS TRAINER, 2017

Gold's Fitness Gym

SKILLS

PROGRAMMING LANGUAGES FRONTEND

-   
-  python™
-  

PROJECTS

H-CARE

St. George (2009–2011)

- Devised workout programs for clients of different ages and fitness requirements
- Assisted staff in organizing class workouts and group activities

AUDIENCE FINDER

St. George Medical Clinic (2009–2011)

- Devised workout programs for clients of different ages and fitness requirements
- Assisted staff in organizing class workouts and group activities