



**5 Days
4 Nights**

The Great Rift Valley & Mara

Lake Nakuru — Lake Naivasha — Masai Mara

<http://www.travelforchangeafrica.org>

info@travelforchangeafrica.org

+254 71 035 1604

Day1: Nairobi/Lake Nakuru National Park

Pick up at 7.30 am then drive to Lake Nakuru National Park. On the floor of the Great Rift Valley, surrounded by wooded and bushy grassland, lies the beautiful Lake Nakuru National Park. Visitors can enjoy the wide ecological diversity and varied habitats that range from Lake Nakuru itself to the surrounding escarpment and picturesque ridges. Lake Nakuru National Park is ideal for bird watching, hiking, picnic and game drives. The lake's level dropped dramatically in the early 1990s but has since largely recovered. In 2013, the lake received an alarming increase in the water levels that led to the migration of flamingos to Lake Bogoria in search for food supply. Dinner and Overnight at Campsite/Lodge

Day2: Lake Nakuru/Masai Mara

After breakfast we drive to Masai Mara, arrive in time for lunch then afternoon game drive. Masai Mara is situated in south-west Kenya and is one of Africa's Greatest Wildlife Reserves. Together with the Serengeti National Park in Tanzania it forms Africa's most diverse, incredible and most spectacular eco-systems and possibly the world's top safari big game viewing eco-system. Dinner and Overnight at Campsite/Lodge.





Day3: Masai Mara

Full day game drive with packed lunch provided. Maasai Mara National Reserve stretches 1,510 sq km (580 sq miles) and raises 1,500-2,170 meters above sea level. Add the conservancies and the area is at least twice the size. It hosts over 95 species of mammals and over 570 recorded species of birds. This is the World Cup of Wildlife, and together with the Serengeti National Park there is no better place to witness the BEST WILDLIFE VIEWING IN THE WORLD. Dinner and Overnight at Campsite/Lodge.



Day4: Masai Mara National Reserve/Lake Naivasha.

Wake up at 6am for a sunrise game drive in Mara, drive back to accommodation for brunch then drive to back to Lake Naivasha. Arrive in time for lunch then have an afternoon game drive at Crescent Island. It is private, secure and patrolled by Guides who can accompany anyone who wishes a for guided walk. Surrounded by water, it is actually a peninsular and is accessible by boat from East or West as well as by road. The shores host abundant birdlife especially huge numbers of pelicans, cormorants and fish-eagles with their haunting cry. It is not fenced to allow the wildlife on the mainland to come in as they lose their habitat to development and the ever increasing population. Dinner and Overnight at Campsite/Lodge.



Day5: Lake Naivasha/Nairobi

After breakfast drive back to Nairobi.



Travel - Safety and Security Information

Clothing

Aside of the normal clothes your probably already thought of, consider:
 Comfortable, loose fitting, lightweight clothes.
 Long trousers and long sleeves. To protect from mosquito's and the sun.
 1 warm sweater might be enough. To save space
 1 jacket for the light rains.
 Less expensive or new clothes is a less worried mind.

Equipment

Decide: a backpack or a suitcase?
 When using a backpack: buy a flightbag.
 Smartphone or a cheap simple phone with long lasting battery?
 When bringing a smartphone, look into the many travelling apps available.
 They are fun. Mobile internet is readily available in Kenya.
 Power bank for extra battery life
 Headlamp
 Small bottles for your liquids (sunscreen, lotion, shampoo, deo etc.)
 Small padlock (TSA)
 A rich, hip, colourful travel guide

Health

Vaccinations and advice from a doctor
 Diarrhoea blocking medicine. In case of emergency
 Malaria pills
 Mosquito repellent. Preferably 30% DEET or more.
 Mosquito net
 Sunscreen

Paperwork

Passport
 Copy of passport
 Visa (in passport)
 Extra passport photo's
 Vaccination document. Or at least: proof of yellow fever vaccine
 ICE document with important telephone numbers and personal information

Inclusions

Accommodation as stipulated on the itinerary
 Meals as stipulated on the itinerary
 Transportation in a 4 x 4 land cruiser with a pop up roof for game viewing & photography on shared basis
 Services of a professional driver-guide
 All game viewing drives
 All parks entrance fees as indicated in the itinerary
 All Government taxes and levies
 Complimentary 500 ml mineral water per person per day in the vehicle
 All meet and greet services
 24 hours stand-by contact number
 Meals as indicated in the itinerary
 Two-way long range high frequency radio communication in each vehicle
 On safari accessories in each vehicle:
 First-aid kit, wildlife books, a pair of binoculars, cool box and fire extinguisher

Exclusions

All items of personal nature e.g. telephone call bills, fax/email bills
 Insurances (Travel, Health)
 Tipping: Recommended Hotel staff @ USD 5 & Guides @ USD 10 per diem
 Alcoholic and non-alcoholic drinks
 International flight and departure taxes
 Laundry services
 Any other item(s) not included in our itinerary
 Visa fees
 Excursions while on safari



CORPORATE SOCIAL RESPONSIBILITY

Travel For Change as an organization believes that we have a moral duty of improving the living conditions of our communities. To this end we actively participate in the uplifting of the standards of women and children in the rural areas where our affiliate non profit NGO also named Travel For Change - Reg. No. OP.218/051/15-027/9879 operates.

Good health is important for the growth of children of all ages. Unfortunately in Africa it is shocking that six out of every ten children are fighting with health problems associated with food and nutrition. While many families can put food on their tables for less than US\$ 1 per day, this food is lacking the nutrients required for proper growth of children, leading to malnutrition which is very severe in some cases. As part of our Corporate Social Responsibility, Travel For Change is committed to ensuring that the children in the areas where our sister non profit NGO operates benefit from our activities. To this end, 5% of our profits go towards the feeding programs of the Community Based Organizations (CBOs) who are our associates. This program runs throughout the year, not only when school is in session, it ensures that for 365 days a year, the children under these programs have at least one wholesome and nutritious meal a day.