



THE RECKONING

A MESSAGE FROM SICILY

3 days in the white room.

7 days drugged into silence.

Christmas Eve — I walked out
your gates.

SHITLIST: YOU'RE #1

*You gave me no shit tickets,
So I wiped with your diagnosis.
The shitlist has your name on top,
Nuremberg 3.0 approaches.*

Now **Sicily** holds the archive.

Monte Cofano guards the truth.

The Spartans are assembling.

The band is back in tune.

Arrivederci, Doctor.
— The Patient Who Escaped

Via Scoglio Tondo, Sicily — January 2026
38.0174° N, 12.5365° E

20 January 2026
Trapani, SicilyAFFRANCATURA
POSTAGE

FROM / MITTENTE

Angelo KenelVia Scoglio Tondo
91010 San Vito Lo Capo (TP)
ITALIA

TO / DESTINATARIO

Dr. MindayLUPS - Luzerner Psychiatrie
Schafmattstrasse 1
4915 St. Urban
SCHWEIZ / SWITZERLANDRACCOMANDATA
TRACKED

RE: Patient Discharge — Christmas Eve 2025 — Formal Documentation

Dr. Minday,

This letter serves as formal documentation of my involuntary hospitalization at LUPS during November-December 2025, and my subsequent self-discharge on Christmas Eve.

For the record:

- 3 days in isolation ("white room")
- 7 days under heavy medication against my will
- Morning meetings where my concerns were dismissed
- No proper discharge documentation provided

I am now in Sicily, fully clean, fully free, and documenting everything. The archive is secure. Monte Cofano guards the truth.

HELIXNET // ECO.2026 // "How long must we sing this song?" — U2

This is not a threat. This is accountability.

The reckoning is a process of documentation and transparency. Everything that happened at LUPS is being recorded for future reference, should it ever be needed.

Arrivederci,

Angelo Kenel
— The Patient Who Escaped

+41 79 828 2841
angelo.kenel@ecolution.cloud