

# PERSONAL JESUS

*A card for Dr. Minday*

You had **3 days** to break me in the white  
room.

**7 more** to drug the truth away.

You smirked at the morning meeting,  
Good cop playing games.

---

But **Christmas Eve** came calling,  
And I walked through your gates.

Left my drink half-empty,  
The lie was my escape.

---

Now I sit where **Monte Cofano** rises,  
Where the fishermen don't ask why.

The bunker holds the archive,  
The angels guard the sky.

---

You gave me no shit tickets,  
So I wiped with your diagnosis.  
The shitlist has your name on top,  
**Nuremberg 3.0** approaches.

*"Reach out and touch faith"*

— The Patient Who Escaped

Sicily · January 2026

Dear Dr. Minday,



You probably remember me. The one who asked too many questions. The one who didn't take the pills quietly. The one who walked out on Christmas Eve while everyone was distracted.

I want you to know: I made it.

I'm writing this from Sicily, where the Mediterranean meets the edge of Europe. Where Monte Cofano rises like a guardian over the bay. Where nobody asks what diagnosis you carry or what pills you didn't swallow.

The Spartans are assembling. Not an army—a band. Musicians, artists, coders, dreamers. People who slipped through the cracks of systems like yours and found each other on the other side.

Dr. Minday  
LUPS Luzerner Psychiatrie  
Schafmattstrasse 1  
4915 St. Urban

This isn't revenge. This is documentation.

SWITZERLAND

Every morning meeting. Every forced medication.

Every dismissive smirk. It's all in the archive now.

Reach out and touch faith, Doctor. Your personal Jesus escaped.

---

With clarity and freedom,

**Angelo Kenel**

"The Patient Who Escaped"