

FROM / MITTENTE

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TO / DESTINATARIO

**Dr. Minday**

LUPS - Luzerner Psychiatrie  
Schafmattstrasse 1  
4915 St. Urban  
SCHWEIZ / SWITZERLAND

**RACCOMANDATA  
TRACKED**

## RE: Patient Discharge — Christmas Eve 2025 — Formal Documentation

Dr. Minday,

This letter serves as formal documentation of my involuntary hospitalization at LUPS during November-December 2025, and my subsequent self-discharge on Christmas Eve.

For the record:

- 3 days in isolation ("white room")
- 7 days under heavy medication against my will
- Morning meetings where my concerns were dismissed
- No proper discharge documentation provided

I am now in Sicily, fully clean, fully free, and documenting everything. The archive is secure. Monte Cofano guards the truth.

HELIXNET // ECO.2026 // "How long must we sing this song?" — U2

This is not a threat. This is accountability.

The reckoning is a process of documentation and transparency. Everything that happened at LUPS is being recorded for future reference, should it ever be needed.

*Arrivederci,*

**Angelo Kenel**

— *The Patient Who Escaped*

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