

## Task 5 - Opinions on online dashboard

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### Task 5 - Opinions on online dashboard

Questionnaire for MSc thesis study. Last part of task 5.

Project Title:

***Understanding the effects and usability of specific gamification elements in a VR exergame platform.***

If you have any questions, you can contact me at [nikolaaa@stud.ntnu.no](mailto:nikolaaa@stud.ntnu.no).

My supervisor is Mariusz Nowostawski, and his contact information can be reached here: <https://www.ntnu.edu/employees/mariusz.nowostawski>

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Participant ID \*

Please state your anonymous participant ID here. 3 digits, can be seen in-game in the VR application.

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### Experiences and thoughts on online dashboard (ExerIsland.com)

Rate statements below from 1 (not true) to 6 (very true)

Questions are regarding the online dashboard at

<https://exerisland.com/>

	1 (not true)	2	3	4	5	6 (very true)
I feel the online dashboard is intuitive to use *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am concerned about my data being stored in the online dashboard *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I do not see the point in having an online dashboard to see my personal statistics *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could see myself use this platform in my daily life *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Seeing my personal dashboard made me more engaged in the VR activities \*

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The online dashboard is too cumbersome to use \*

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The online dashboard gives me a great overview of my game statistics \*

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I think the personal dashboard would be better suited as a mobile app \*

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It would be better to have all these statistics inside the VR app instead of on a website \*

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If you had any **NEGATIVE** experience with the online dashboard so far, please explain.

Examples could be: Not understanding parts of the application/game, how to progress, or specifics of how the application and game are implemented. It can also be personal emotions connected to doing the task today (e.g. feeling low engagement from the task etc)

If you had any **POSITIVE** experiences with the online dashboard so far, please explain.

Examples could be: Feeling happy about personal performance in a task, feeling good about finding out something in the app, engagement in the game, or similar.

Is there anything you are **MISSING** in the online dashboard?

If so, please explain or list the things you are missing. Could be quality of life features, statistic tools, or other application elements.

Do you have a **FAVOURITE** part of the online dashboard?

If so, please explain what and why here.

Other comments?

If you have any other comments regarding the task, platform, or the study in general, you can write them here.

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Survey Submission

You can submit your survey by pressing the **send** button below.

Note: You will not be able to see or change your previous answers after they are submitted.

Thank you for participating and for your time and efforts today!