

# Task 1 - Study participation confirmation and demographics

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## Task 1 - Study participation confirmation and demographics

Study participation and demographics questionnaire for MSc thesis study. Last part of task 1.

Project Title:

***Understanding the effects and usability of specific gamification elements in a VR exergame platform.***

If you have any questions, you can contact me at [nikolaaa@stud.ntnu.no](mailto:nikolaaa@stud.ntnu.no).

My supervisor is Mariusz Nowostawski, and his contact information can be reached here: <https://www.ntnu.edu/employees/mariusz.nowostawski>

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Make sure you have read and understood the contents of the study participation invitation and Informed Content letter before you confirm your participation.

Link to letter: <https://drive.google.com/file/d/1oxqe7CqYkVLVp03s4ofUP09J83N7L8X-/view?usp=sharing>

Do you wish to participate in this study? \*


By answering **Yes** you confirm that you have read the information and agree to the terms described in the [informed consent letter](#) and that you understand enough about the study to make a decision about your involvement.

- ☐ Yes, I wish to participate
- ☐ No

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Participant ID \*


 This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"

Please state your anonymous participant ID here. 3 digits, can be seen in-game in the VR application.

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## Demographics

Age \*

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This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"
- ☐

18-24
- ☐

25-30
- ☐

31-40
- ☐

41-50
- ☐


51-60
- ☐

61-70
- ☐

71+
- ☐

Prefer not to say

Sex \*

- 

This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"
- ☐

Female
- ☐


Male
- ☐

Prefer not to say



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How much experience do you have with VR? \*

- 

This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"
- ☐

Never used before
- ☐


5 hours or less
- ☐

6-20 hours
- ☐

21-50 hours

- ☐ 51-99 hours
- ☐ 100 hours or more


How much time do you spend on social media daily? (on average)

 This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"

Social media includes platforms such as Facebook, Twitter, Instagram, Snapchat, Web-forums, Reddit, etc.

Select ...


Do you play videogames?

 This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"

Tick off each platform you play games on.

- ☐ Computer
- ☐ Video game console
- ☐ Virtual Reality
- ☐ Mobile
- ☐ I do not play any videogames


How many hours in a week do you spend playing videogames? (on average)

 This element is only shown when at least one of the options "Video game console", "Computer", "Mobile" or "Virtual Reality" are selected in the question "Do you play videogames?"

Select ...

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How often do you exercise?

 This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"

Exercise could be going on a hike, running, bicycling, swimming, skiing, sport activities, etc.

- ☐ About every day
- ☐ 4-5 times a week

- ☐ 2-3 times a week
- ☐ Once a week
- ☐ Less than once a week
- ☐ Never

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This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"

Indicate how true the statements below are for you

Ranging from 1 (not true at all) to 6 (very true)

	1 (not true at all)	2	3	4	5	6 (very true)
I see my self as a competitive person *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I play a game, I want to explore everything there is *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like to chase achievements in video games *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal goals are more important than in-game goals when playing games *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I play games, I play to win *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I do not care if I lose when playing, as long as I have fun *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The most important part for me in games, is the social interaction *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise is important to me *	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Why did you want to participate in this study?

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This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"

Tick off each box you agree with.


- ☐ I like video games
- ☐ I wanted to play VR games
- ☐ I wanted to do exercises in a game

- ☐ I would like to learn more about my self
- ☐ I wanted to contribute with feedback to the software development project
- ☐ I wanted to contribute to research
- ☐ I wanted a chance to win a gift card
- ☐ Other

Other:

 This element is only shown when the option "Other" is selected in the question "Why did you want to participate in this study?"

Other comments?

 This element is only shown when the option "Yes, I wish to participate" is selected in the question "Do you wish to participate in this study?"

If you have any other comments regarding the task, platform, or the study in general, you can write them here.

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## Survey Submission

If you have decided you do not wish to participate in this study, you can now choose to close your browser and none of your questionnaire answers will be used.

If you still wish to participate, you can submit your survey by pressing the **send** button below.

Note: You will not be able to see or change your previous answers after they are submitted.

Thank you for participating and for your time and efforts today!