

Task 6 - Day 11 (**Obligatory** Task)

26th April 2021

Hey again, and thanks for sticking through with the study! Today is the last official task of the study.

Today's task is to play any of the minigames you haven't played yet, or potentially just revisit the VR app once more, before answering the final survey of the study afterward.

If you at any time have any questions, do not hesitate to contact me on my e-mail nikolaaa@stud.ntnu.no.

From the next page, you will see the description of today's task in as good detail as possible.

Part 1: Visit unplayed minigames

If you have some minigames you have not played yet, I encourage you greatly to do so now because it would give the right perspective from you when answering the last survey.

If you have already played all the different minigames, you can decide if you want to log in to pay a revisit to some minigames before answering the final questionnaire, but this choice is up to you.

Explanations of the minigames seen below.

Drone Shooter:

Play at least one round of the “Drone Shooter” game

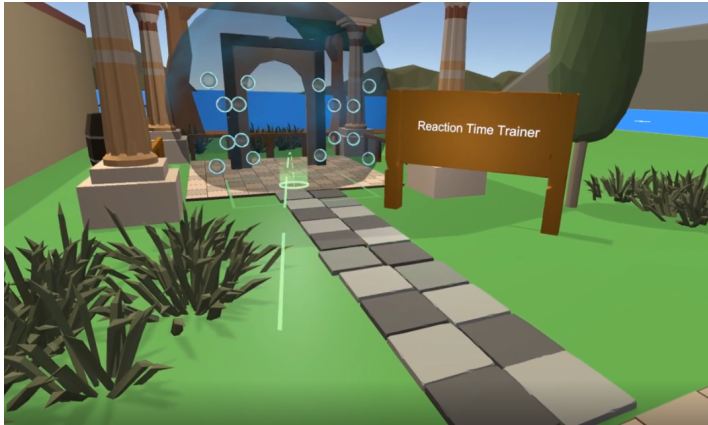


Game explanation:

- Drones will spawn in waves. These shoot missiles at you.
- Dodge missiles to not lose lives.
- Shoot drones by aiming at them and clicking the trigger button on the right-hand controller.

Reaction Time Trainer:

Play at least one round of the “Reaction Time Trainer” game



Game explanation:

- 8 orbs float in front of you, whenever one of these *enables*; they turn green and make a sound.
- When activated, be quick to hit the orb before it deactivates.
- If you hit an inactive orb or an orb deactivates before you hit it, you lose 1 life.

Platform Minigame:

Play at least one round of the “Platform Minigame” game



Game explanation:

- Green and red objects will spawn and move towards you.
- Dodge red objects to not lose points.
- Hit green objects to score points.
- Objects can be hit with your hands and head.

Part 2: Questionnaire about the application, games, and study

Step 1:

Go to this link and fill out the survey questions:

<https://nettskjema.no/a/task6-exerisland-final>

That is it for today with the final task!

The study officially counts as ended after you are done with today's task. I will contact you again to give you some post-study information after you are done.

Regards,
Nikolai Åkerholt