# Project Title

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Team Member	Contributions				
Monal Garg	Past Work, Solution Approach, Machine Learning Algorithms, Visualizations, Report				
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	(continue if needed)				
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	(continue if needed)				

## Code Submission:

Public GitHub Repo can be found at https://github.com/akgpta/CIS520-Final-Project

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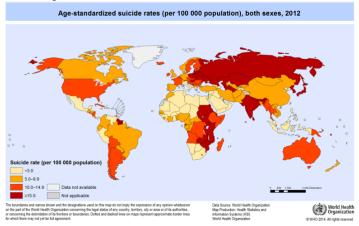
## 1 Abstract

Suicide is a major public health concern worldwide. Because living in a different countries and therefore different environment can greatly impact one's lifestyle, we wanted to explore suicide rates over various countries. Specifically, we considered around 80 countries over the five years from 2010 to 2014. For each country, we collected data on ground truth suicide rates, Youth Unemployment, Alcohol Consumption, Life Expectancy, Country Population, and Fertility Rate. We were interested in understanding how these factors could help predict suicide rates. To do this, we implemented k-Nearest Neighbors, Linear Regression, and Neural Networks. Results can be best summarized as the data fully characterize the problem. What we mean is that the countries seem to have an endogenous suicide rate, but that is determined outside of our input features. However, our features are complex enough to identify countries with this information and map it to the suicide rates. This gives an essentially overfit model which actually performs well due to high time correlation of suicide rates per country through time.

# 2 Introduction

### 2.1 Problem Motivation

Unfortunately, it is a sad reality that many individuals each year commit suicide. We in the U.S. are slowly being aware of this issue, but we wanted to understand suicide rates internationally. Especially, we wanted to look at these rates as they related to common features of each country, such as GDP, unemployment, and alcohol consumption. At a high-level we wanted to draw out any meaningful relationship between these macro features and suicide rates.



#### 2.2 Data Set and Source

Our project grew from an intriguing World Health Organization data set will well over 35 years of suicide rates by country broken up by demographics. <sup>1</sup>. In an effort to extend existing analyses though, we actually sources global data from a variety of sources. This included a FiveThirtyEight data set on alcohol consumptixon <sup>2</sup>. We also incorporated a World Bank Data Set on Youth Unemployment <sup>3</sup> and another from the World Bank on population, fertility, and life expectancy

<sup>4</sup>. A lot of the work done was with respect to time series and things like that. What we wanted to do, though, was take a look at combining data from multiple sources. Our project team sought to understand a little bit more about the intricacies of sourcing data from multiple places. This proved to be a difficult challenge.

## 2.3 Summary Statistics

We've provided summary statistics for 4 of the datasets we will be using in our project shown in Tables 0, 1, 2, 3, some of which are located in the appendix.

Statistic	Average liters/person/year			
Min	0			
Max	14.4			
Mean	4.71			
Median	4.2			
Standard Deviation	3.77			

Table 0: Alcohol Consumption by Country

## 3 Related Work

### 3.1 Related to Models

Among the papers that analyzed economic factors, a regression model seemed to be the popular choice of method. For example, Pandey and Kaur paper used a Auto-Regressive Distributed Lag (ARDL) model <sup>5</sup>.

Most of the articles concerning the relationship of suicide rate and alcohol consumption related trends from a biological perspective utilized relatively simple statistical analysis  $^6$ . Whereas medical research that involved more complex forms of data such as fMRI brain scans utilized algorithms such as Gaussian Naive Bayes  $^7$ .

#### 3.2 Related to Problem

During our research, we came across multiple research papers that analyze the correlation between suicide rates and either economical, behavioral, medical, or psychological factors. For example, the Pandey and Kaur paper investigates suicidal trend and economic determinants in an Indian population<sup>8</sup>. Whereas articles published in medical journals explored suicide with alochol/drug consumption, psychotic behavior, brain scans, etc <sup>9</sup>.

However, most papers tend to focus on either the economic or behavioral/medical factors. As suicide is likely governed by multiple factors, we seek to investigate this problem through a more holistic approach by simultaneously analyzing both medical, behavioral, and economic factors. Through this application of machine learning, we hope to gain insight on the relative role each factor plays in suicide and about the interaction of these factors.

Moreover, most papers perform a time series analysis. We provide a different approach by analyzing the data by country. Papers that do focus on certain regions usually provide analyses on one country or a specific region, whereas we will analyze global statistics.

## 4 Problem Formulation and Data

### 4.1 Data Processing Needed

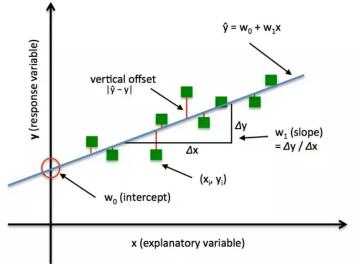
Our data came in a variety of comma-separated formats. A lot of countries were labelled in differing manner and years were often a column and other times a point in a row. We used Excel Pivot Tables to make the CSVs more easily parsable and standardized. Later, we used Pandas and Python to remove blanks and other issues with inconsistencies and finish with an aggregated set of data. Other pre-processing includes filling in missing values, reconciling some country names such as (Trinidad & Tobago vs. Trinidad and Tobago), and dropping some values if a country was not universal across all CSVs. Our final product was a single CSV with 78 rows (countries) with columns for each of the 8 features. The relatively small number of countries is a testament to the variance in countries in each dataset as well as the missing values.

## 4.2 Inputs, Outputs

Inputs are a variety of real-valued data points tied to the country. They are described above. Most are also measured for a specific year, however some are just duplicated across all years (e.g. Alcohol Consumption). Such data points were simply treated as constant for a country through time. We threw out examples which were missing features our true values. Outputs are a model, which given a countries characteristic features, can predict suicide rates.

#### 4.3 Performance Measures

Given the regression nature of this problem, we used squared loss model to measure our performance. This is because with positive real valued data with explicit bounds of  $[0, 10^5]$ , but more reasonable empirical bounds of around  $[0, 10^3]$ . The following image is a representation of squared loss, but in a one dimensional feature space  $^{10}$ .



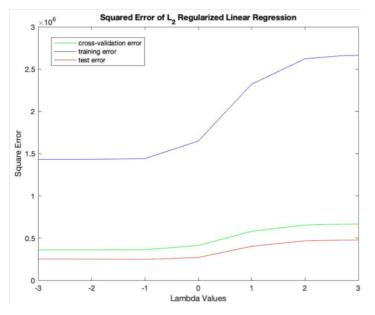
# 5 Methods and Results

### 5.1 Experiment Set Up

We had 5 years of data. We reserved 2014 data as the test data and trained on 2010-2013. We set up 4 folds that we used for cross validation throughout as follows. We reserved one year and created a fold with the other 3. We set it up like this because of what data was available to us **TODO** 

#### 5.2 Linear Regression

As most related papers ran linear regression, we also ran regularized and unregularized least squares linear regression to see if perhaps we could prevent this overfitting. This is our base line model **TODO** 



## 5.3 k Nearest-Neighbors

We first implemented a k-nearest neighbor algorithm using Euclidean distance as we suspected suicide rates between similar countries would be comparable. We cross validated across the following values of k = [1, 2, 3, 4, 5, 6, 7, 8, 9, 10] and found that k = 1 produced the best model with a cross validation squared error of  $4.697 * 10^4$ , training error of  $8.160 * 10^6$  and test error of  $1.720 * 10^6$ . **TODO** analysis on the error. Although these errors may seem high, they are not too bad (they are over 80 countries and squared)

The graph below shows these results. Here we have omitted training and test error to highlight an interesting trend. Recall that our each of our folds have data of 3 years. We suspect that the error is very low until k=3 because the folds are using the 3 data points from that same country. Errors pick up after k=3 due to the way the folds are structured TODO fix wording

../Figures/k\_nn\_error\_cv.png

To take this a step further, we also built a near neighbor model using Minkowski's distance, a more general distance formula, shown below.

$$D\left(\mathbf{x}_{i}, \mathbf{x}_{j}\right) = \left(\sum_{l=1}^{d} \left|x_{il} - x_{jl}\right|^{p}\right)^{1/p}$$

We cross validated across the following values of p = [1, 2, 3, 4, 5] and for each of these p values, found the best k = 1 value.

- similarly found  $k=1,\,p=2$  (Euclidean distance) produced best model

#### 5.4 Neural Network

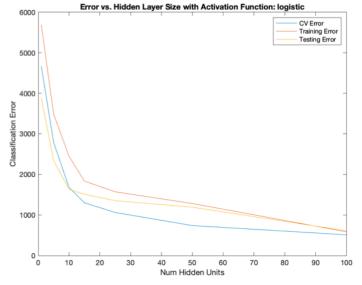
Ran neural net on 1 hidden network...

#### 5.5 Results

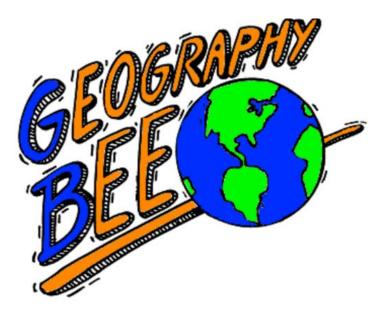
From these results, we began to suspect that nearest neighbors may just be memorizing the countries previous suicide history. Indeed when we looked further into the data, we realized that the countries were too distinct, causing the countries to be most similar to themselves.

When we ran neural net with 1 hidden layer, we saw that our model only got better as the model's complexity increased, further showing that

our model was essentially grossly overfitting to the train data and essentially functioning as a memorizer.



TODO training/testing times, possible visualizations of results including both examples of good performance and examples of what types of errors are made, etc. TODO



The best predictor of suicide rates is the country label itself. Suicide rates in Ghana in 2013 are going to look like suicide rates in Ghana in 2012 most. Modelling this regression outcome as independent draws disregards the time series data and correlation of examples. As such, nearest neighbors performs exceptionally well, since it just recognized the country through these 8 input features.

# 6 Discussion and Reflections

We see a lot of what would canonically be overfitting in the data. However, in the context of this problem overfitting is not necessarily the worst. We have such complete data that we can actually begin to drive at the underlying distribution at a per instance level. Note, when we say instance here we are referring to a unique country (not a specific  $\mathbb{R}^8$  vector in the input space). This means our classifiers actually easily approach a Bayes Optimal Classifier.

We recall the handwriting recognition problem from class. Consider fitting a unique model to an individual with fairly comprehensive handwriting samples. Handwriting for an individual evolves very minimally over time and there really are only 26 letters. Overfitting and understanding what exactly these 26 letters look like in some sort of training set for the individual means that predictions of future handwriting for that individual will be fairly reliable.

This project was certainly an adventure in machine learning. Let us recall some of the lines from what we set out to do. Note, these were established a priori in our proposal: "at a high-level we wanted to draw out any meaningful relationship between these macro features and suicide rates" and "we hope to gain insight on the relative role each factor plays in suicide and about the interaction of these factors". We were thinking that a model would illimuniate which features wre coupled with suicide rates. As the project continued though, as noted in our Results section, models were essentially using the features to identify individual countries. We are careful in this report to not conflate correlation with causation and, as such, have left out implications of this country-recognizer model built.

Reflecting on our goal, it seems the problem we have chosen to tackle doesn't really make sense from a machine learning perspective. Sure, the factors we have chosen can be used to generate a model which fairly reliably outputs suicide rates. However, this correlation should not be taken to imply causation or even anything close to that. From a model story perspective, suicide rates are affected by many factors exogenous to our world of data but endogenous to a country.

When you consider some sort of underlying sampling distribution assumptions on the data, it doesn't make sense that suicide rates for countries on different continents with different socioeconomic statuses are coming from one distribution. Although this seems to say that this project wasn't an effective learning opportunity, we as a team feel quite the opposite. There are a finite number of countries in the world. In fact, there are 195 countries in the world. As such, worries about reasonable time computation, tractability, and other aspects of problems centered on larger data (think users of Netflix or game states) does not really factor in here. Had we as a group had more experience at the start of this project, perhaps we would have foreseen the uniqueness of countries leading to a model which could basically be a geography bee champion.

However, we feel that the machine learning exercises carried out during the course of this project deepened our understanding of course algorithms, implications, and relevant considerations.

# 7 Acknowledgements

First and foremost, we would like to acknowledge our project mentor, Jane Lee, for being very helpful throughout the project and Professor Agarwal for a fantastic class. Additionally, we acknowledge the Kaggle users who provided the datasets.

# 8 References

**TODO**: update?

# Notes

 $^{1} \rm https://www.kaggle.com/szamil/who-suicide-statistics$ 

 $^2 https://www.kaggle.com/fivethirtyeight/fivethirtyeight-alcohol-consumption-dataset$ 

 $^3$ https://www.kaggle.com/sovannt/world-bank-youth-unemployment

 $^4 \rm https://www.kaggle.com/gemartin/world-bank-data-1960-to-2016$ 

 $^5 \rm https://crawford.anu.edu.au/acde/asarc/pdf/papers/2009/WP2009/\_08.pdf$ 

<sup>6</sup>https://www.ncbi.nlm.nih.gov/pubmed/9229027

<sup>7</sup>https://nocklab.fas.harvard.edu/files/nocklab/files/just\_2017\_machlearn\_suicide\_emotion\_youth.pdf

 $^8 https://crawford.anu.edu.au/acde/asarc/pdf/papers/2009/WP2009/\_08.pdf$ 

<sup>9</sup>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2872355/

 $^{10} \rm https://blog.algorithmia.com/introduction-to-loss-functions/$ 

# 9 Appendix

	Youth Unemployed				
Statistic	% 2010	% 2011	% 2012	% 2013	% 2014
Min	0.6999	0.6999	0.5	0.6999	0.6999
Max	57.2	57.1	61.7	58	57.9
Mean	17.89	17.9	18.15	18.1	17.94
Median	14.9	14.52	14.4	14.1	14.12
Standard Deviation	10.54	10.88	11.43	11.67	11.55

Table 1: Youth Unemployment by Country

	Fertility Rates				
Statistic	% 2010	% 2011	% 2012	% 2013	% 2014
Min	1.06	1.11	1.16	1.13	1.21
Max	7.49	7.46	7.42	7.38	7.34
Mean	2.91	2.88	2.84	2.81	2.79
Median	2.41	2.37	2.34	2.34	2.33
Standard Deviation	1.45	1.42	1.39	1.37	1.34

Table 2: Fertility Rates by Country

	Life Expectancy				
Statistic	% 2010	% 2011	% 2012	% 2013	% 2014
Min	47.56	48.284	49.041	49.825	50.621
Max	82.9780488	83.4219512	85.4170732	83.8317073	83.9804878
Median	72.2783848	72.4719847	72.657	72.786	72.9707317
Standard Deviation	8.34929356	8.19102272	8.04819537	7.89104622	7.80484223

Table 3: Life Expectancy by Country