Table 1: List of suggestions and resources to increase invited speaker diversity.

Suggestion	Description	Resource
Lab-invited speakers	Faculty members can request suggestions from trainees	
Use a list	Many lists of scientists from under-represented and under-served groups are available	https://DiversifyMicrobiology.github.io/resources
Create a list	Use the GitHub template create a self-nomination list and resource for your field	https://github.com/diversifymicrobiology/DiversifyMicrobiology.github.io
Highlight the journey	Invite all speakers to spend a few moments describing their personal science journey	