

**CERTIFICATE COURSE IN CARE OF THE ELDERLY**  
**(6 MONTHS+3 MONTHS INTERNSHIP)**



**STATE BOARD OF TECHNICAL EDUCATION & TRAINING**  
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## **Care of Elderly**

SUB CODE	NAME OF THE SUEJECT	HOURS/WEEK		TOTAL PERIODS PER ANNUM	SCHEME OF EXAMINATION			
		Theory	Practicals		Duration Hours	Sessional Marks	End Exam Marks	Total Marks
CE-101	Basic Anatomy & Physiology of Human body	03	--	50	02	--	100	100
CE-102	Holistic Care of Elderly	03	--	50	02	--	100	100
CE-103	Holistic Care of Elderly-Practical		06	75	02	40	60	100
	TOTAL	06	06	175	06	40	260	300

## **SAHAYAK- Care of Elderly**

### **CE-101-Paper 1: Basic Anatomy & Physiology of Human body (Theory)**

1. The Skeletal and Muscular System
2. The Nervous and Sensory System
3. The Respiratory and Circulatory System
4. The Digestive System
5. The Excretory System
6. The Endocrine System

### **CE-102-Paper 2: Holistic Care of Elderly (Theory)**

1. Personal Hygiene of Elderly
  - i. Assist in bathing the patient
  - ii. Assist in Grooming the Patient
  - iii. Assist patient in dressing up
  - iv. Prevention and management of pressure sores
2. Nutritional Care of Elderly: Assist in eat, drink, feeding and maintaining normal elimination
3. Assisting positioning, Mobilization and transferring and Prevention of Fall of the Elderly/the patient
4. Infection prevention practices and Clean medical equipment & biomedical waste management
5. Measuring patient parameters accurately
6. Carry out last office (death care)

### **CE-103-Paper3: Holistic Care of Elderly (Practical)**

1. Personal Hygiene Procedures
2. Feeding procedures
3. Demonstration of Positions
4. Mobilization and Transfer of elderly
5. Infection Prevention Practices and BMW
6. Measurement of vital signs