

# Alzheimer Detection Report

## Patient Details

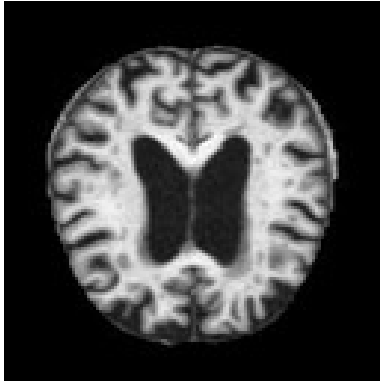
Name: Ashok

Age: 48

Gender: Male

Contact: 9876523073

MRI scan:



## Prediction for Alzheimer: VeryMildDemented

**Demetia detected in your MRI, kindly consult a nearby neurologist immediately!**

Here are some precautions you can take:

1. Stay mentally active: Engage in mentally stimulating activities such as reading, writing, puzzles, and games to keep your brain active.
2. Stay physically active: Exercise regularly to improve blood flow to the brain and help prevent cognitive decline.
3. Eat a healthy diet: Eat a balanced diet that is rich in fruits, vegetables, whole grains, and lean protein to help maintain brain health.
4. Stay socially active: Engage in social activities and maintain social connections to help prevent social isolation and depression.
5. Get enough sleep: Aim for 7-8 hours of sleep per night to help improve brain function and prevent cognitive decline.