## **Alzheimer Detection Report**

## **Patient Details:**

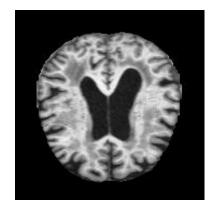
Name: Vijaya

Age: 59

Gender: Female

Contact: 8978392018

MRI scan:



**Prediction for Alzheimer: MildDemented** 

Demetia detected in your MRI, kindly consult a nearby neurologist immediately!

Here are some precautions you can take:

- 1. Stay mentally active: Engage in mentally stimulating activities such as reading, writing, puzzles, and games to keep your brain active.
- 2. Stay physically active: Exercise regularly to improve blood flow to the brain and help prevent cognitive decline.
- 3. Eat a healthy diet: Eat a balanced diet that is rich in fruits, vegetables, whole grains, and lean protein to help maintain brain health.
- 4. Stay socially active: Engage in social activities and maintain social connections to help prevent social isolation and depression.
- 5. Get enough sleep: Aim for 7-8 hours of sleep per night to help improve brain function and prevent cognitive decline.