

Pathophysiology

New for 2020-2021

Competitor orientation deleted from ILC.

Event Summary

Pathophysiology provides members with the opportunity to gain knowledge and skills regarding pathophysiology concepts. This competitive event consists of a written test with a tie-breaker essay question. This event aims to inspire members to learn about the anatomy and physiology of human diseases impacting the health community.

Dress Code

Competitors must be in official HOSA uniform or proper business attire. Bonus points will be awarded for proper dress.

General Rules 1.

- 1. Competitors in this event must be active members of HOSA-Future Health Professionals and in good standing.
- Secondary and Postsecondary/Collegiate divisions are eligible to compete in this
 event.
- 3. Competitors must be familiar with and adhere to the "General Rules and Regulations of the HOSA Competitive Events Program (GRR)."
- 4. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor's photo-ID must be presented prior to ALL competition rounds.

Official References

- Frazier, Essentials of Human Diseases and Conditions. Elsevier, Latest edition.
- Zelman, Mark; Raymond, Jill; Holdaway, Paul; Dafnis, Elaine; Mulvihill, Mary Lou. Human Diseases A Systemic Approach. Pearson. Latest edition.

Written Test

- Test Instructions: The written test will consist of 100 multiple choice items in a maximum of 90 minutes.
- 6. **Time Remaining Announcements:** There will be a verbal announcement when there are 60 minutes, 30 minutes, 15 minutes, 5 minutes, and 1 minute remaining to complete the test.
- 7. One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.

8. The test plan for Pathophysiology is:

•	Disease Process and Terminology 1		
	(Including cancer and neoplasms)		
•	Body Systems:	Integumentary	8%
		Musculoskeletal	10%
		Heart	8%
		Blood vessels	4%
		Lymphatic	6%
		Respiratory	8%
		Digestive	12%
		Endocrine	8%
		Nervous (including senses)	12%
		Reproductive	6%

Urinary

9. Sample Test Questions

1. The primary cause of osteomalacia is a deficiency or ineffective use of which nutrient?

6%

- A. Calcium
- B. Vitamin A
- C. Iodine
- D. Vitamin D

Frazier pp 341

- 2. Which type of shock is caused by a severe allergic reaction?
 - A. Anaphylactic
 - B. Cardiogenic
 - C. Hypovolemic
 - D. Neurogenic Zelman pp 107
- 3. What neurotransmitter is produced in insufficient quantities in a patient with Parkinson's disease?
 - A. Aldosterone
 - B. Dopamine
 - C. Gamma globulin
 - D. Prednisone Frazier pp 724

Final Scoring

- 10. The competitor should write his/her answer to the tie-breaker essay question on the tie-breaker page of the test that remains attached to the original test.
- 11. Final rank is determined by the test score. In case of a tie, the essay question will be used to determine the rank.

Competitor Must Provide: ☐ Two #2 lead pencils with an eraser ☐ Photo ID	