TRUS Prostate Biopsy Cores: Extent of the Pierced Area Impacts the Cancer Detection Rate

Introduction and Objective: The Urostation® (Koelis, France) provides 3D mapping of transrectal prostate biopsy cores and can estimate the pierced area of the posterior prostate capsule for each lobe with a dedicated software. We wanted to know if this area was similar in the both lobes and if this new variable could impact on the *cancer detection rate in each lobe*.

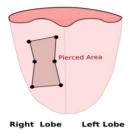


Fig1. An example of pierced area for the right lobe.

Methods: We retrospectively reviewed prostate biopsy procedures which were realized with the Urostation® ultrasound system in our department. We defined the cancer in each lobe as one or more positive cores in the lobe. We only included patients without history of prostate cancer, PSA=4-20ng/ml and/or abnormal digital rectal examination (DRE). We analyzed the following criteria: age, PSA level, DRE, prostate volume, left and right prostate pierced area.

Results: There were 158 patients eligible for the study. We found significant differences between the right and the left lobe for the pierced area (105mm² vs 116mm²). This difference was significant according to the prostate size. The cancer rate detection between the *right* and the *left side* (29.1% vs 40.5%) was significant for the complete group (cf Fig. 2). However differences were not always significant according to the prostate size subgroup.

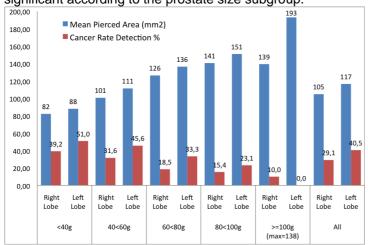


Fig. 2 Variation of the pierced area and the cancer detection rate according to the prostate size.

Conclusion: There are significant differences between right and left lobe cancer detection rate and pierced area. These differences may have an impact on clinical decisions.