

Does Circumcision Affect the Ejaculation Time?

Introduction and Objectives: One-third of the men in the world are circumcised and the relationship between circumcision and the premature ejaculation is discussed for a long time. The aim of this study is to question whether circumcision has any effect on the duration of ejaculation.

Materials and Methods: In this prospective study adults who wanted to be circumcised voluntarily in September 2010 - November 2011 have been included. The ejaculation latency times (ELT) before and 3 months after circumcision were recorded by the subject himself at 3 different times. In addition, before and 3 months after circumcision, the Premature Ejaculation Diagnostic Tool (PEDT) form validated in 2007, was filled out by volunteers. PEDT is formed by five questions and it determines the person's ejaculation control, and distress situation. While making statistical evaluation, the comparison of situations before and after circumcision was made by the ELT averages and PEDT total scores.

Results: Thirty volunteers (mean age 21.25 ± 0.44) participated in the study. The volunteers pre-circumcision mean and median ELT were 104.36 ± 66.21 , 88 (26-307) seconds respectively; mean and median ELT after circumcision were 123.56 ± 54.44 , 107.5 (67-300) second respectively; the increase in duration of ejaculation after circumcision was statistically significant ($p = 0.004$). The mean and median PEDT score before circumcision were 4.26 ± 2.91 , 3 (1-12) respectively; after circumcision this value was calculated as 2.63 ± 1.82 , 2 (0-7) respectively; improvement was statistically significant (<0.001).

Conclusion: By this study we determined that adults who were circumcised ejaculation time is prolonged. In addition, we have shown that circumcision increases the persons control over ejaculation. Conflict of interest: None