Transurethral Laser Litotripsy for Renal Staghorn Stones Using Flexible Ureterorenoscope

Materials and Methods: A total of 12 patients with renal staghorn stones underwent transurethral laser lithotriosy using flexible ureterorenoscope (f-TUL). A flexible ureterorenoscope was successfully introduced up to the stones in all patients. All of the cases received 1 to 6 sessions of f-TUL for complete fragmentation using Holmium:YAG laser device without severe complication: 3 cases received a single session, 4 cases received two sessions, 3 cases received three sessions. The remaining 2 cases received over four sessions.

Results: After the stones were removed as much as possible, a double J stent was inserted and the patients were discharged.

Conclusion: f-TUL is safe and suitable endoscopic surgery for renal staghorn stones not only for small renal stone and ureteral stone.