Chronic Conditions in United States

BY: Group 7 - Team STARKS Final Project Report



Team Members

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INTRODUCTION

In just two words, the term "chronic condition" captures a huge swath of what ails America.

Chronic diseases are defined broadly as conditions that last 1 year or more and require ongoing medical attention or limit activities of daily living or both. Chronic diseases are the most prevalent and costly health conditions in United States. Approximately 45% of all Americans suffer from at least one chronic disease. Diseases such as cancer, obesity, diabetes, heart disease etc. are the leading causes of death, disability and reduced quality of life in the United States. They severely affect health and quality of life in US. It is a major driver of health care costs.

The chronic diseases focused in our study are:

Alcohol Abuse Drug Abuse/ Substance Abuse

Alzheimer's Disease and Related Dementia Heart Failure

Arthritis (Osteoarthritis and Rheumatoid) Hepatitis (Chronic Viral B & C)

Asthma HIV/AIDS

Atrial Fibrillation Hyperlipidemia (High cholesterol)

Autism Spectrum Disorders Hypertension (High blood pressure)

Cancer (Breast, Colorectal, Lung, and Prostate) Ischemic Heart Disease

Chronic Kidney Disease Osteoporosis

Chronic Obstructive Pulmonary Disease Schizophrenia and Other Psychotic Disorders

Depression Stroke

Diabetes

The 21 chronic conditions are identified through Medicare administrative claims. A Medicare beneficiary is considered to have a chronic condition if the CMS administrative data have a claim indicating that the beneficiary received a service or treatment for the specific condition. Beneficiaries may have more than one of the chronic conditions listed above.

PROJECT OBJECTIVE

We have created a data-driven interactive dashboard that will help the decision makers to analyze large amounts of data and gain insights for making informed decisions regarding chronic diseases and identify the sectors that needs to be taken care of.

We have analyzed the spending (actual and standardized), readmissions into the hospital, emergency department visits. In addition to that we have considered the co-morbidity of chronic conditions i.e. The co-existence of 2 or more chronic conditions in a patient. We have analyzed the dataset across different states, age group, gender, medicare enrollment etc. This analysis helps us to identify the most prevalent and most expensive chronic conditions.

Also, we have identified the chronic conditions that are growing at a very high rate across years and the states that contributes the most for the chronic conditions prevalence. We also have identified the states where the prevalence is higher than the nation's average prevalence of a chronic condition.

In addition to this, we have analyzed the count of Medicare beneficiaries who have both Part A (Hospital Insurance) and Part B (Medical Insurance) coverage. Beneficiaries in Medicare Advantage represent the count of beneficiaries who are enrolled in a Medicare Advantage program. Fee-for-service (FFS) beneficiaries represent the count of beneficiaries who are enrolled in the Medicare FFS program (also known as original Medicare). Also, we have used the average age of beneficiaries to represent the average age of Medicare fee-for-service beneficiaries.

DATASETS

Datasets have been taken from https://www.cms.gov/.

We have taken multiple datasets under the heading Chronic Conditions.

 Chronic Conditions Prevalence Dataset for the year <u>2017</u> across Age, Gender and Medicare & Medicaid Enrollment.

We have 3 datasets under this title.

- i. Prevalence This dataset includes all the information of prevalence of chronic diseases across various demographics and also the presence of multiple chronic diseases at the State Level. Prevalence estimates are calculated by taking the beneficiaries with a particular condition divided by the total number of beneficiaries in our fee-for-service population, expressed as a percentage. Different Datasets under this category. Information of prevalence of chronic diseases and prevalence of multiple chronic diseases.
- ii. **Mapping by Condition** The prevalence expressed as total percentage of a chronic disease for being present as the only condition, when the patient has multiple conditions (0-6).
- iii. Spending The total per capita spending on the chronic conditions on basis of state and other demographics and on basis of the presence of that condition when the patient suffers from multiple conditions.
- 2. Comorbidity In this dataset we have the information of multiple combinations of chronic diseases when the patient suffers from more than one and the total prevalence and spending of each of this combination. The comorbidity has dataset in 2 forms.
 - Dyads When the patient suffers from 2 chronic conditions simultaneously. There are 210 dyads.
 - ii. Triads When the patient suffers from 3 chronic conditions simultaneously
- 3. Utilization/Spending at State level for all beneficiaries. (2013 2017) This dataset includes the data at the state level for the chronic diseases mentioned within the scope of the project for the below:

We have these 4 datasets mentioned below

- a. <u>Per Capita Actual Spending</u> It gives the information of per capita actual spending across states for different chronic diseases.
- b. <u>Per Capita Standardized Spending</u> It gives the information of per capita standardized spending across states for different chronic diseases.
- c. <u>Emergency Department Visits</u> Emergency Department visits include visits per 1000 beneficiaries where the beneficiary was released from the outpatient setting and where the beneficiary was admitted to an inpatient setting.
- d. <u>Readmissions –</u> Hospital readmissions are expressed as a percentage of all admissions. A 30-day readmission is defined as an admission to an acute care hospital for any cause within 30 days of discharge from an acute care hospital. Except when the patient died during the stay, each inpatient stay is classified as an index admission, a readmission, or both.
- **4. Chronic Conditions Prevalence across various Ethnicities -** We have datasets for prevalence of chronic diseases for each of the following ethnicities:
 - a. Non-Hispanic White
 - b. Black or African American
 - c. Asian/Pacific Islander
 - d. Hispanic
 - e. American Indian/Alaska Native.

We are using these datasets to compare the prevalence of the chronic diseases across ethnicities.

5. Medicare Beneficiaries Population and Demographics (2013-2016) – It contains the information of Medicare Beneficiaries that fall under Part A and Part B type i.e. it represents the count of Medicare beneficiaries who have both Part A (Hospital Insurance) and Part B (Medical Insurance) coverage. Also, we have information about beneficiaries in Medicare Advantage. The Measures include the Medicare Advantage Participation Rate which represents the percent of Part A and Part B beneficiaries who are in enrolled in a Medicare Advantage program and is calculated by taking the count of beneficiaries in Medicare Advantage divided by the count of beneficiaries enrolled in Part A and B, expressed as a percentage. Other measure is Fee-for-service (FFS) beneficiaries represented by the count of beneficiaries who are enrolled in the Medicare FFS program.

PRE - PROCESSING OF DATASET

Most of the data preprocessing was done in Excel and MS SQL Server and some of it was done in R

Excel:

We have done the following for cleansing the data and for putting the data in a more readable format:

- 1. Removed the merged cells from our data files in Excel
- 2. Verified whether the column names for the same category of datasets was homogenous across various files
- 3. If they were not homogenous, due to minute differences, these were handled in Excel
- 4. We updated the column names to keep it homogenous for files capturing the same information for different years or for different demographics.
- 5. Handled the national rows table in the data file and stored them in a different file to a different file for validation of inputted rows in our fact tables

MS SQL Server:

- 1. Removed the special characters in the dataset.
- 2. Removed the records that only had null values

R:

1. Pivoted the data so that measures capturing the same kind of information were tracked in a single field instead of multiple. For example, we had data that had separate columns for each disease and separate columns for age groups. They were done in R, using the following code.

```
library (reshape2)
library(readxl)
setwd("/Users/mayankaverma/desktop/DWBI/")

race.df<-as.data.frame(read_excel("race.xlsx"))
View(read.edf)
data.race<-as.data.frame(melt(race.df,id.vars = c("State","State FIPS Code","Year","Race")))
View(data.race)

data.df<-as.data.frame(read_excel("ActualSpendings.xlsx"))
data.oct.sp<-as.data.frame(melt(data.df,id.vars = c("State","State FIPS Code","Year")))
colnames(data.act.sp)[5]<-"ActualSpending"
View(data.act.sp)

ED.df<-as.data.frame(read_excel("EDVisit.xlsx"))
data.ed<-as.data.frame(melt(ED.df,id.vars = c("State","State FIPS Code","Year")))
colnames(data.ed)[5]<-"EDVisit"
View(data.ed)

re.df<-as.data.frame(read_excel("Readmission.xlsx"))
readm<-as.data.frame(melt(re.df,id.vars = c("State","State FIPS Code","Year")))
colnames(readm)[5]<-"Readmission"
View(readm)

std.sp.df<-as.data.frame(melt(std.sp.df,id.vars = c("State","State FIPS Code","Year")))
colnames(std.sp)[5]<-"StandardizedSpending.xlsx"))
xd.sp<-as.data.frame(melt(std.sp.df,id.vars = c("State","State FIPS Code","Year")))
colnames(std.sp)[5]<-"StandardizedSpending"
View(std.sp)

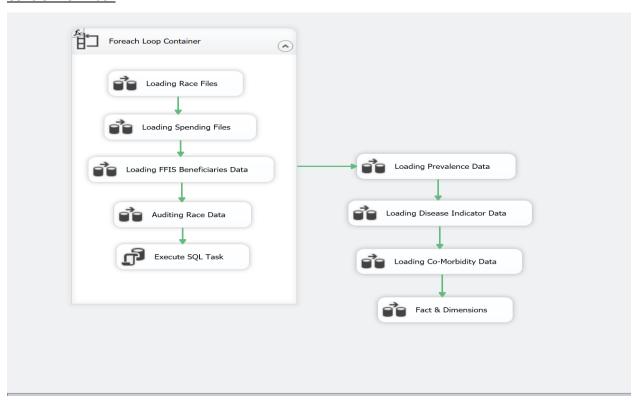
x<-merge(data.act.sp,data.ed, by=c("State","State FIPS Code","Year","variable"))
View(x)</pre>
```

DATA MODELING and WAREHOUSING

Data Integration and Data Warehousing:

- 1. We have loaded the data files using SSIS Packages into staging tables.
- 2. For the different data files that we have in different tabs in the same excel file, we have loaded them as different tables in SSMS using SSIS.
- 3. As we are using data files from 2013 2017, we have loaded the data files of one category for all years into one table.
- 4. For implementation of the above step, we have added a derived column for "year" information in SSIS.
- 5. For executing the above three steps, we have used foreach loop in SSIS to retrieve multiple data files from our local system and loading them in desired location in desired format.

Control Flow Task

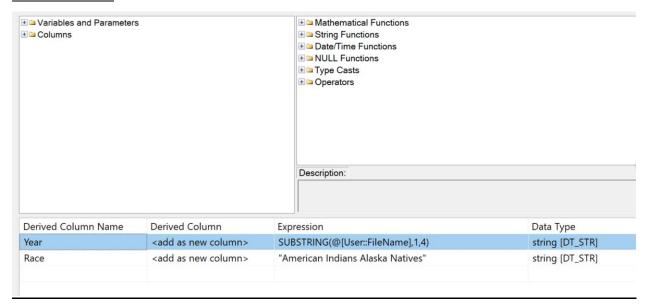


Loading the data files into staging table and adding the derived columns for demographics and Year:

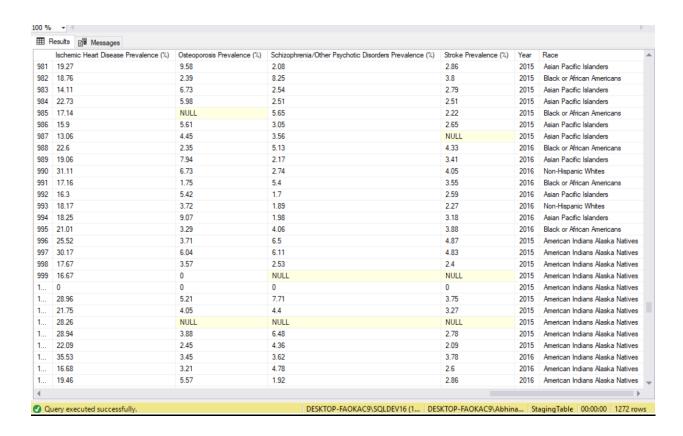
Data Flow Task:

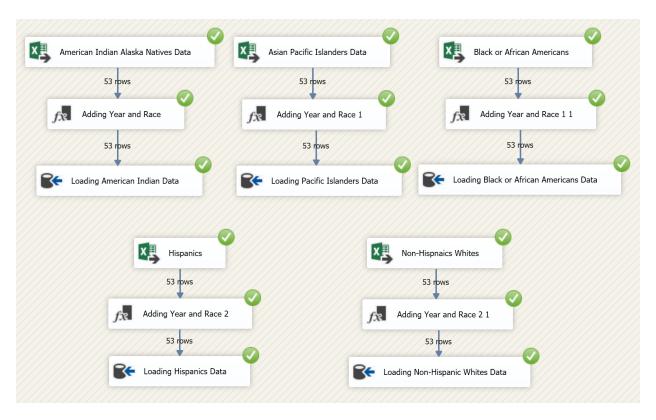
Adding a derived column for adding a year and race

Derived Column:



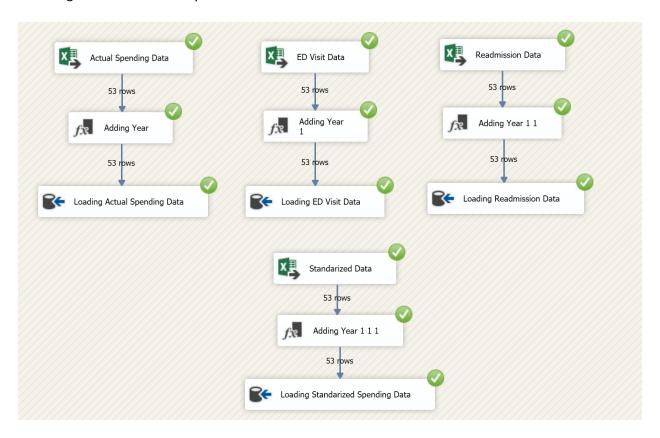
One Staging Table with the prevalence information across Races for 2013-2016:

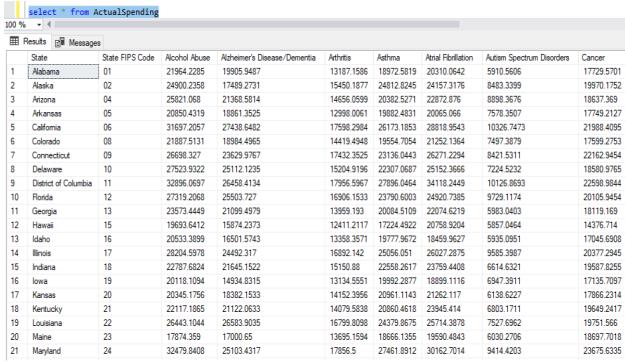




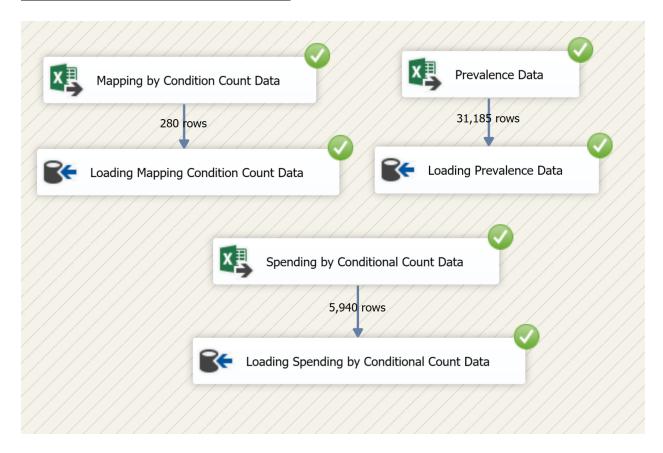
select * from Race										
100 % 🔻 (
⊞ Results										
	lence (%)	Ischemic Heart Disease Prevalence (%)	Osteoporosis Prevalence (%)	Schizophrenia/Other Psychotic Disorders Prevalence (%)	Stroke Prevalence (%)	Year	Race			
1		31.45	6.14	3.11	4.1	2013	Non-Hispanic Whites			
2		18.92	3.75	2.39	2.06	2013	Non-Hispanic Whites			
3		26.01	6.76	1.71	3.58	2013	Non-Hispanic Whites			
4		31.56	6.14	3.72	4.16	2013	Non-Hispanic Whites			
5		26.66	7.14	3.62	3.63	2013	Non-Hispanic Whites			
6		20.62	5.99	2.9	2.69	2013	Non-Hispanic Whites			
7		28.18	7.59	4.25	3.8	2013	Non-Hispanic Whites			
8		31.19	6.11	2.47	4.68	2013	Non-Hispanic Whites			
9		21.3	6.48	2.94	3.02	2013	Non-Hispanic Whites			
10		37.09	8.42	3.22	4.43	2013	Non-Hispanic Whites			
11		28.8	5.98	3.02	3.92	2013	Non-Hispanic Whites			
12		20.16	5.71	2.35	3.26	2013	Non-Hispanic Whites			
13		20.7	4.78	3.15	2.35	2013	Non-Hispanic Whites			
14		29.24	6.55	3.68	3.83	2013	Non-Hispanic Whites			
15		29.92	6.33	4.61	3.77	2013	Non-Hispanic Whites			
16		25.41	5.37	3.88	2.69	2013	Non-Hispanic Whites			
17		27.17	6.17	4.01	3.24	2013	Non-Hispanic Whites			
18		31.49	5.61	4.28	3.66	2013	Non-Hispanic Whites			
19		34.58	6.49	3.81	4.45	2013	Non-Hispanic Whites			
20		23.71	5.49	3.84	2.98	2013	Non-Hispanic Whites			
21		29.35	6.96	3	4.21	2013	Non-Hispanic Whites			

 Firstly, loaded the data for spending data from year 2013 to 2016 i.e. ActualSpending, EDVisit, Readmission, StandarizedSpending for different chronic conditions and per different states and using derived column for year

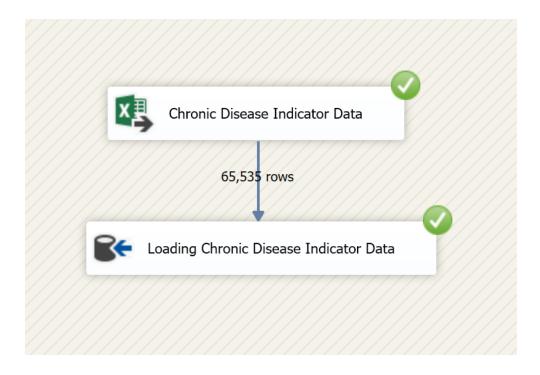




Stored data for prevalence for year 2017

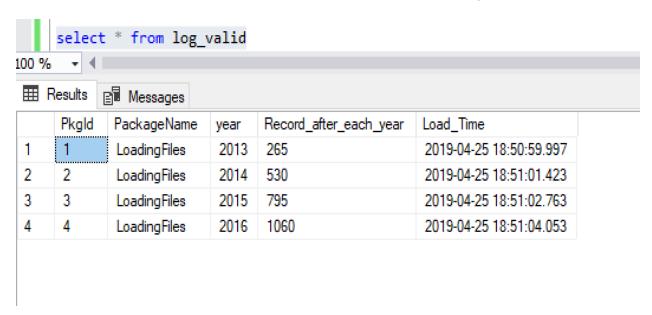


Similarly, stored data for Chronic Disease Indicator, Co-Morbidity and FFIS Beneficiaries



Audit Table

Audited and maintained records for the data of all the races for different years



- After loading the data, pivoted the required data for display in more understandable format using R
- After merging and pivoting the created facts and dimension tables using SQL

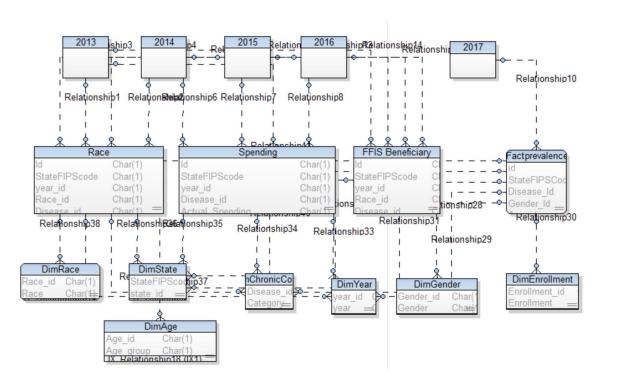
Dimension Tables:

```
--Gender Dimension Table--
   create table Dim Gender(Gender_id int identity(1,1) primary key, Gender varchar(100))
   insert into Dim Gender
   Select distinct(Gender)
   from Prevalence
   select * from Dim_Gender
   --Age Dimension Table--
   create table \mbox{Dim Age}(\mbox{Age\_id int identity}(1,1) \mbox{ primary key, AgeGroup varchar}(100))
  insert into Dim_Age
   Select distinct([Age Group])
   from Prevalence
   select * from Dim_Age
   --Enrollment Dimension Table--
   create table Dim Enrollment(Enrollment_id int identity(1,1) primary key, Enrollment varchar(100))
   insert into Dim_Enrollment
   Select distinct(Enrollment)
   from Prevalence
   select * from Dim_Enrollment
00 % + 4
Enrollment_id Enrollment
                ΑII
2
    2
                Medicare & Medicaid
   3
                Medicare Only
```

Fact Tables:

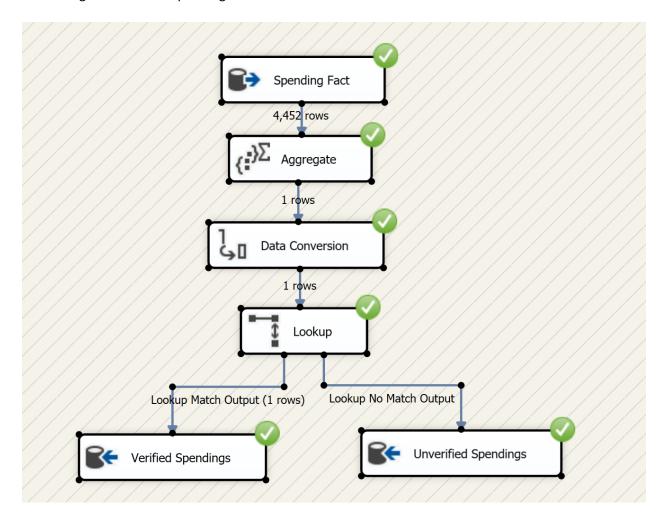
```
--Populating the Fact Table--
     --Race Fact Table--
   create table <u>Fact_race_prevalence</u>(id int primary key, [StateFIPSCode] int, year_id int, Race_id int, Disease_id int, Prevalence float,
                                              stance(id int primary key, [staterIPScode] int, year_id int, wace_id
foreign key([StateFIPSCode]) references Dim_state([StateFIPSCode]),
foreign key(Disease_id) references Dim_ChronicCondition(Disease_id),
foreign key(year_id) references Dim_Year(year_id),
foreign key(Race_id) references Dim_Race(Race_id))
   insert into Fact_race_prevalence
|--(StateFIPSCode,year_id,race_id,Disease_id,Prevalence)
     select id,StateFIPSCode,year_id,race_id,Disease_id,[prevelance(%)]
     from raceprev r
     join Dim_ChronicCondition d on d.category=r.Disease
     join Dim_State s on s.State=r.State
    join Dim_year y on y.year=r.year
join Dim_Race rd on rd.Race=r.Race
    select * from Fact_race_prevalence
0% → 4 =
Results Messages
           StateFIPSCode
                                         Race_id
                                                     Disease_id
                              year_id
    1
                                                                    1.56
                                                                   2.08
     2
           2
     3
           4
                              3
                                                                   2.08
     4
           5
                              3
                                                                   1.89
     5
            6
                              3
                                                                   2.24
                                                                   3.22
            9
                                                                   3.82
            10
                              3
                                                                   2.12
     9
            11
                                                                   2.95
```

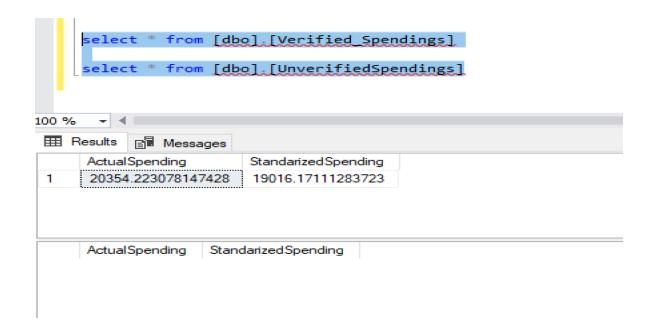
Toad for our Dimensional Model



Validation of our Data Model

 Also validated the data for Fact_spending i.e. actual spending and standardized spending by taking average for both the spending across all the states

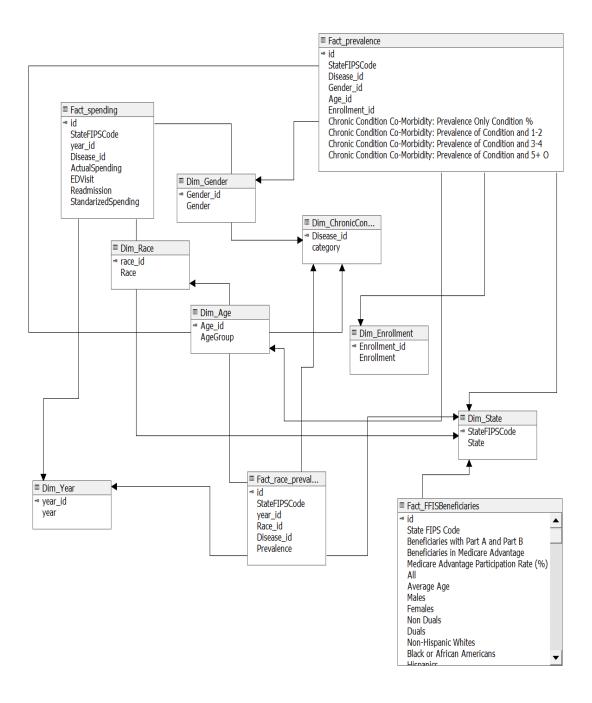




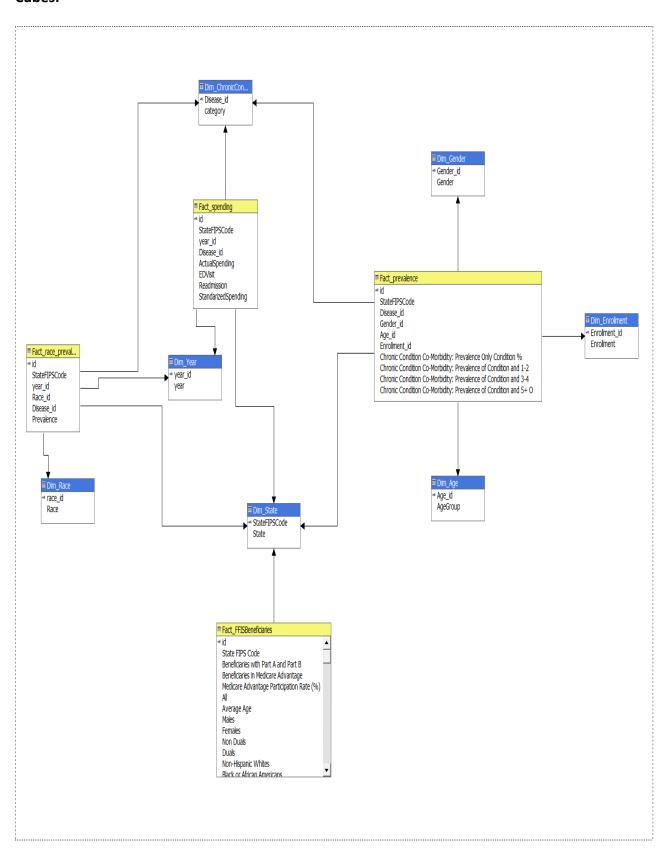
SSAS Cubes

Then Created SSAS Cubes using the fact and dimension tables

Data Source Views:

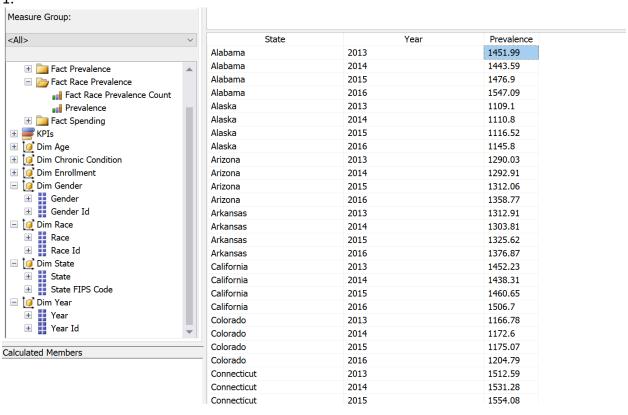


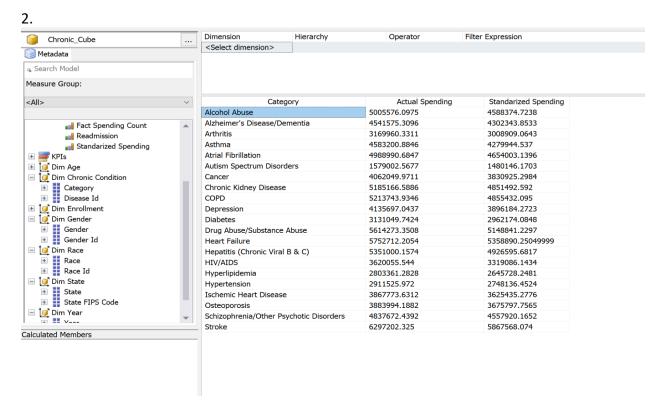
Cubes:



By browsing the cubes, we can see the outputs as per our requirements as following:

1.





DIMENSIONAL MODEL – List of Tables

Fact Tables

- 1. Fact Spending Measures Related to Spending, ED Visits, Readmissions etc.
- 2. Fact Race Prevalence Captures prevalence across different ethnicities.
- 3. Fact FFIS Beneficiary Captures information related to medicare beneficiaries
- 4. Fact Prevalence Captures prevalence of different chronic conditions across different demographics, state etc.

Dimension Tables

- 1. Dim_Race
- 2. Dim_State
- 3. Dim_Age
- 4. Dim_Year
- 5. Dim_Enrollment
- 6. Dim_Gender
- 7. Dim ChronicCondition

Junk Dimensions

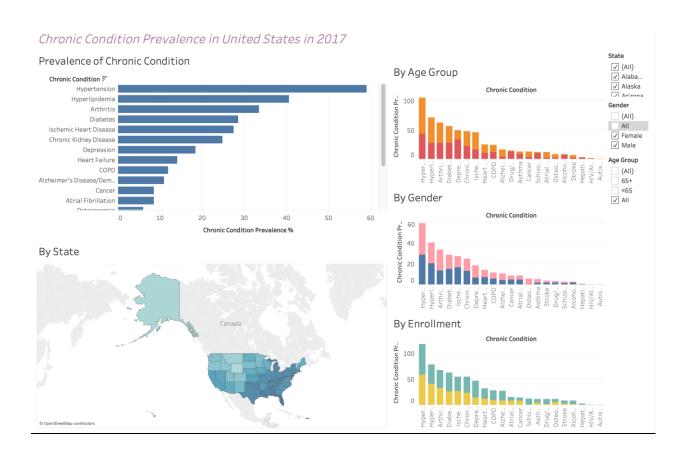
We have some junk dimensions as they do not have any information that can be used to join it to some dimension table.

Co-morbidity – This table captures the prevalence of various combinations of chronic diseases
that are present in a person suffering from 2 or 3 chronic conditions simultaneously. They had
each row with some combination of chronic diseases and did not capture any demographic data
therefore it is used as junk dimension.

BUSINESS INTELLIGENCE DASHBOARD:

Our main objective in this stage was to create a user-friendly interactive dashboard that will be used by the decision makers to draw insights. We have visually analyzed various charts for the user to understand the basic gist of our analysis.

Visualizations by Mayanka Verma

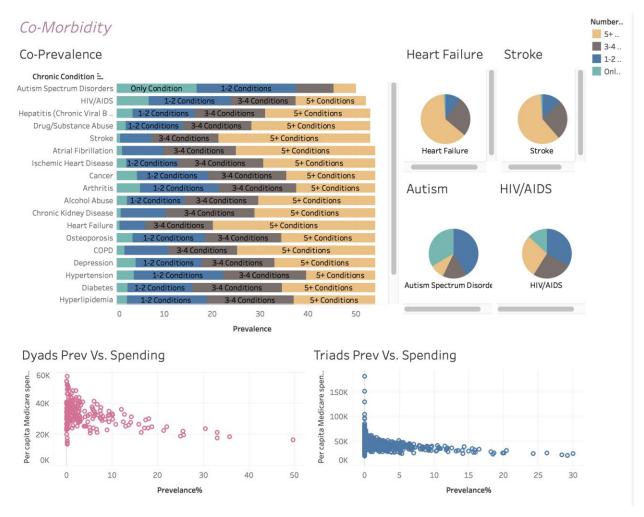


The first dashboard displays the prevalence of chronic conditions in the year 2017. We saw that hypertension and hyperlipidemia were the two most prevalent chronic conditions across United States in 2017. Hypertension is most prevalent with a significant margin, therefore we can assume that if a patient is suffering from multiple chronic conditions, then hypertension will most probably be one of them.

We saw the overall prevalence of the chronic conditions in United States across states. We found that the chronic conditions were more prevalent in the Eastern Coast in comparison to West. Florida and New Jersey are the states with the highest chronic conditions followed by West Virginia and Kentucky. Alaska

has a low prevalence of chronic conditions but it has a high prevalence of drugs and alcohol abuse. After that we saw that Alzheimer is a condition more prevalent for people over 65 years and Schizophrenia is more prevalent for people below the age 65.

Osteoporosis and asthma are significantly more prevalent for female in comparison to male. Patients suffering from drug substance abuse and Schizophrenia have both Medicare and Medicaid enrollment.

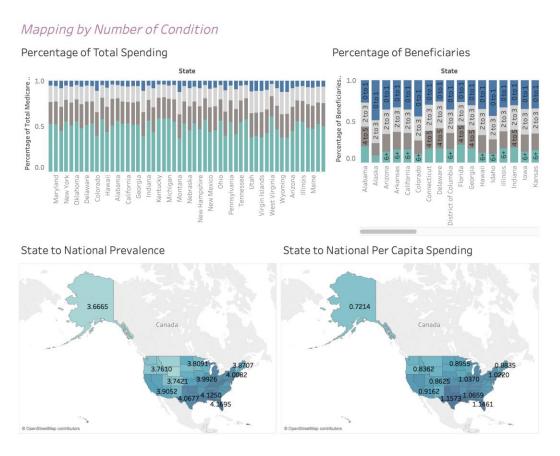


After realizing the overall prevalence of the chronic conditions, we wanted to see the comorbidity of the conditions that is when the patient suffers from multiple conditions simultaneously. In the first visualization, we are seeing that stroke, atrial fibrillation, heart failure, chronic kidney diseases are the ones that have a very low prevalence of occurring in only one condition i.e. the patient suffering from these conditions might be suffering from others as well. They are more clearly represented in the pie chart where we can see that Heart failure and stroke has the highest prevalence for 5 or more conditions. On the other hand, Autism and HIV Aids are more prevalent in a single condition or 1-2 conditions.

When analyzing the Dyads condition, we found that Hyperlipidemia and Hypertension, Arthritis and Hypertension, Asthma and Hypertension are the most frequently occurred dyads in patients. Hypertension is common for all of this. As we have already seen this in previous dashboard that hypertension is the most prevalent chronic condition, this satisfies our hypothesis that hypertension will be prevalent for most of the patients suffering from multiple chronic conditions.

When seeing the triads, we saw that heart diseases, hyperlipidemia, hypertension, arthritis, asthma are the most commonly prevalent ones.

Interesting insights from this visualization were that spending on triads were almost thrice of that of spending on dyads conditions. Also, we saw that as the condition becomes more prevalent, we see a significant decrease in the per capita spending. This could be due to the fact that the condition is more prevalent and therefore the treatment could have become more accessible for patients.



We can see that the percentage of total spending is highest when the person is suffering from 6+ chronic conditions. It is the least when the person has 0-1 chronic conditions. In contrary to that we saw that the

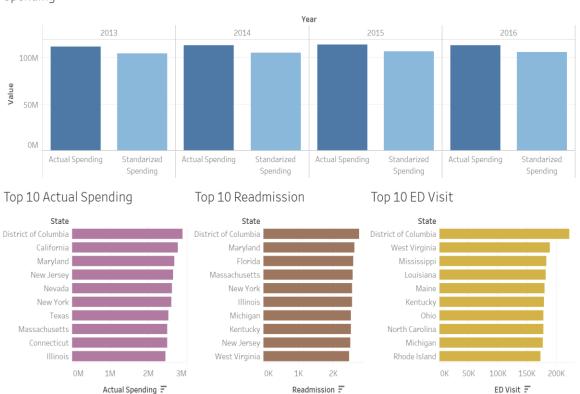
percentage of beneficiaries across the number of chronic conditions people were suffering from, people with 0-1 chronic conditions has the highest number of beneficiaries. This makes sense as the people having 0-1 chronic conditions are the major population who are beneficiaries and therefore, they have lesser per capita spending.

Next, we have seen the state to national ratio for prevalence to identify the states that have higher prevalence and per capita spending in comparison to the average prevalence across United States and the average per capita spending. States that have higher prevalence seems to have comparatively higher prevalence in comparison to overall United States.

Visualizations by Abhinav Kaushik

Spendings Across Various States For All The Years

Spending



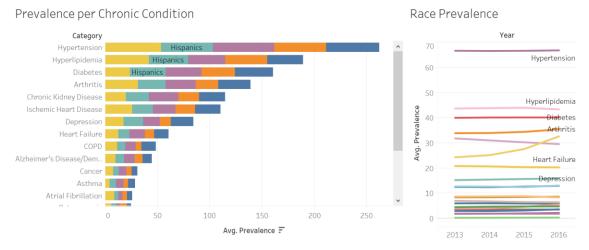
It can be seen that Actual Spending and Standardized Spending are almost same across all the 4 years i.e. from 2013 to 2016. There is no such difference in trends in these years. Actual spending is invested maximum in District of Columbia. It can be interpreted that since Readmission and Emergency Visit are both maximum in District of Columbia, therefore this could be the reason for maximum investment of Actual Spending in District of Columbia. It can also be interpreted that Top 10 Actual Spending and Top Readmission are very much related to each other because many states are common in both of them.



Chronic Condition Analysis in District Of Columbia

In District of Columbia, the maximum amount of Actual Spending is invested on Stroke Chronic Condition in each of the four years while least is invested on Drug Abuse/Substance Abuse in each year. Drug Abuse/Substance Abuse checking contributes most to the Readmission and Emergency Department visit for the year 2016, therefore it can be interpreted that treatment Drug Abuse is cheaper while Stroke is the most expensive chronic condition. It can also be interpreted that the Drug Abuse is a great problem in District of Columbia and thus, it should be taken into consideration and Government should take necessary measures to minimize it.

Prevalence Of Chronic Condition Across Races



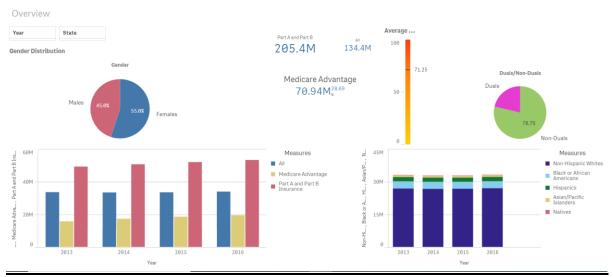
State Prevalence



It can be interpreted that prevalence is maximum for Hypertension chronic condition for all the races. And Black or African Americans are most prone to hypertension. They are also prone to other chronic condition in a significant quantity. By plotting the trend line for average prevalence of Black or African Americans for the years from 2013 to 2016, it can be seen that while other chronic condition remains almost constant but Chronic Kidney shows a significant increase in trend for the given years. Michigan, Illinois, Texas and New Jersey are the top 4 states where the average of prevalence is maximum for Black or African Americans.

Visualizations by Farooque Akhtar

FFIS Beneficiary Fact Table Visualisation

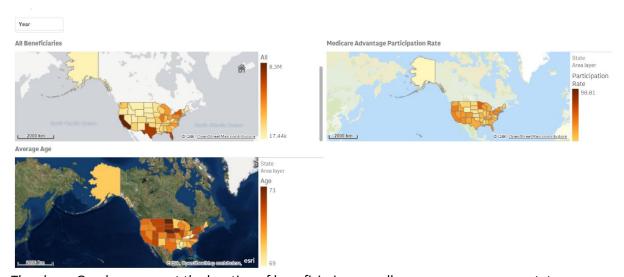


Total number of participants who have taken insurance are 205.5 M. Out of which 70.94M have taken Medicare Advantage.

The total number of Females are 55% whereas males are 45%.

The Average Age of participants is 71.25

A Trend Analysis of types of insurance have been made from 2013 to 2016. The next chart shows various Races across United States who have subscribed for Insurance. Non-Hispanic Whites have been maximum subscribers while Natives being the least subscribers.



The above Graphs represent the location of beneficiaries as well as average age across states.

Texas has the maximum All beneficiaries which means that is the total number of people who have taken various type of insurances. While Wyoming and North Dakota are the places with least number of subscribers.

Florida has maximum Average Age while Kentucky is the least. This data can be helpful for focusing on more subscribers.

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- 2. <u>Dataset https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/Chronic-Conditions/index.html</u>