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Massage Therapy

Advanced Diploma

Program Code: 14201

Campus: North

Length: 6 semesters

Humber's Massage Therapy advanced diploma program provides you with the in-depth academic preparation and hands-on practical experience.

Working in our state-of-the-art facilities, you'll develop the knowledge and skills necessary to conduct a patient assessment, develop treatment plans, and perform a variety of massage techniques.

As regulated health-care professionals, massage therapists are overseen by the College of Massage Therapists of Ontario in accordance with the Massage Therapy Act.

Our mission is to develop knowledgeable, compassionate and respectful massage therapy learners who will become outstanding professionals in the field.

Start-completion timeline:

September - Students beginning their studies in September complete the program in three academic years including a summer break.

January - Students beginning their studies in January complete the program in three academic years. Students will complete their final semester in the summer.

Our curriculum is designed to emphasize depth and breadth in your clinical experience. You will have the opportunity to practise your skills in our state-of-the-art facilities.

Courses

Semester 1

ANAT 101: Anatomy 1

MSTH 104: Experiential Learning: Clinical Skills & Techniques 1

MSTH 106: Professional Identity and Responsibility

MSTH 107: Experiential Learning: Clinical Assessment 1

PHYS 100: Physiology 1

WRIT 100: College Reading and Writing Skills

Semester 2

ANAT 150: Anatomy 2

GNED 101: An Introduction to Arts and Sciences

MSTH 154: Experiential Learning: Clinical Skills & Techniques 2

MSTH 155: Relationships and Interpersonal Skills

MSTH 157: Experiential Learning: Clinical Assessment 2

PHYS 160: Physiology 2

Semester 3

MSTH 200: Experiential Learning: Therapeutic Exercise

MSTH 201: Pathophysiology 1

MSTH 202: Professional Growth and Development

MSTH 203: Massage Theory for Special Populations 1

MSTH 204: Experiential Learning: Clinical Skills & Techniques 3

MSTH 210: Mandatory Professional Practicum: On-campus Internship 1

WRIT 200: Workplace Writing Skills

Semester 4

MSTH 250: Equity and Inclusion in Health

MSTH 252: Research Concepts

MSTH 254: Experiential Learning: Clinical Skills & Techniques 4

MSTH 256: Massage Theory for Special Populations 2

MSTH 260: Mandatory Professional Practicum: On-campus Internship 2

MSTH 270: Mandatory Professional Practicum: Clinical Internship 1

PHYS 300: Pathophysiology 2

Semester 5

MSTH 307: Massage Theory for Special Populations 3

MSTH 308: Experiential Learning: Clinical Skills & Techniques 5

MSTH 309: Mandatory Professional Practicum: On-campus Internship 3

MSTH 316: Pathophysiology 3

MSTH 325: Mandatory Professional Practicum: Clinical Internship 2

MSTH 355: Business Skills for Healthcare Practitioners 1

Select 1 from the following courses

GNED: General Elective

Semester 6

MSTH 305: Business Skills for Healthcare Practitioners 2

MSTH 314: Mandatory Professional Practicum: Clinical Internship 3

MSTH 315: Experiential Learning: Advanced Therapeutic Exercise