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**PRINCIPLES OF COMMUNICABLE DISEASE AND**  
**EPIDEMIOLOGY**  
**CHO**  
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## **Discuss susceptible host.**

This is the last links in the chain of infection.

A susceptible host is a person or animal who is not immune or resistant to the infectious agent and can contract the disease if exposed. The following factors make a person more susceptible to infections:

Age: Older adults and children are more vulnerable to flu and pneumonia.

Health conditions: diabetes, heart disease, cancer treatments, and HIV/AIDS.

Unhealthy lifestyle choices: smoking, excessive alcohol consumption, and poor diet.

The environment : living in crowded or unsanitary conditions.

### **CONTROL MEASURE**

1. Vaccination
2. Good hygiene practice
3. Safe food handling practice
4. Health education on awareness of infectious diseases.



