

Susceptible Host

A susceptible host is an individual (human or animal) who lacks resistance or immunity to a particular infectious agent and, therefore, can easily become infected when exposed to it.

Control Measures for Susceptible Hosts

1. Immunization (Vaccination): Provides artificial immunity against specific diseases.
2. Good Nutrition: Eating balanced diets strengthens the immune system.
3. Health Education: Educating individuals about hygiene, sanitation, and healthy lifestyles helps reduce risk.
4. Early Diagnosis and Treatment: Quick detection and treatment of infections prevent complications and reduce spread.
5. Adequate Rest and Stress Management: Helps maintain immune function.
6. Good Personal Hygiene: Regular hand washing, safe food handling, and body cleanliness reduce infection risk.