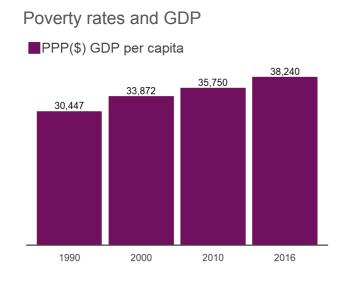
Japan

GLOBAL NUTRITION REPORT

www.globalnutritionreport.org

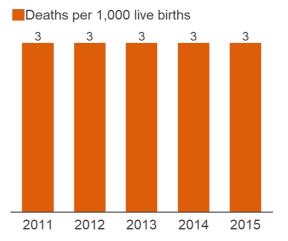
ECONOMICS AND DEMOGRAPHY



Source: World Bank 2017.

Note: pop: population; PPP: purchasing power parity.

Under-5 mortality rate



Source: UN Inter-agency Group for Child Mortality Estimation 2015.

Income inequality

Gini index score*	Gini index rank**	Year
32	32	2008

Source: World Bank 2017.

Notes: *0 = perfect equality, **100 = perfect inequality. The countries with a Gini index are ranked from most equal (1) to most unequal (152).

Population

Population (thousands)	127,484	2017
Under-5 population (thousands)	5,293	2017
Urban (%)	94	2017
>65 years (%)	27	2017

Source: 2017 projections from UN Population Division 2017.

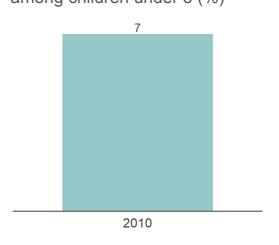
CHILD ANTHROPOMETRY

Child anthropometry

Number of children under 5 affected (thousands)			
Stunting ¹	383	2010	
Wasting ¹	124	2010	
Overweight ¹	81	2010	
% of children under 5 affected			
Wasting ¹	2	2010	
Severe wasting ¹	0	2010	
Overweight ¹	2	2010	
Low birth weight ²	9	2012	

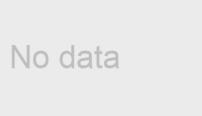
Source: WHO/World Bank Group Joint Child Malnutrition Estimates 2017; UNICEF 2015. 2

Prevalence of stunting among children under 5 (%)



Source: WHO/World Bank Group Joint Child Malnutrition Estimates 2017.

Changes in stunting prevalence over time, by wealth quintile



Source: DHS surveys 1990–2011 adapted from Bredenkamp et al. 2014.

ADOLESCENT AND ADULT NUTRITION STATUS

Adolescent and adult anthropometry (% population)

Adolescent overweight ¹	NA	NA
Adolescent obesity ¹	NA	NA
Women of reproductive age, thinness ²	NA	NA
Women of reproductive age, short stature ²	NA	NA

Source: WHO 2015; 1 DHS 2017. 2

Note: NA: not available.

Metabolic risk factors for diet-related non-communicable diseases (%)



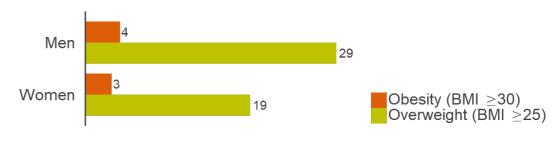
Source: WHO 2017 and NCD Risk Factor Collaboration 2017.

Micronutrient status of population

Women of reproductive age with anaemia ¹			
Total population affected (thousands of people)	5,563	2016	
Total population affected (%)	22	2016	
Vitamin A deficiency in children 6–59 months old (%) ²	NA	NA	
Population classification of iodine nutrition (age group 5–19 years old) ³	NA	NA	

Source: WHO 2017; 1 Stevens et al. 2015; 2 WHO 2004. 3

Prevalence of adult overweight and obesity, 2014 (%)



Source: WHO 2017 and NCD Risk Factor Collaboration 2017. Note: BMI: body mass index.

PROGRESS AGAINST GLOBAL NUTRITION TARGETS 2017



Adult female obesity ¹	Adult male obesity ¹	Adult female diabetes ¹	Adult male diabetes ¹
Off course	Off course	On course	Off course

INTERVENTION COVERAGE AND CHILD-FEEDING PRACTICES

Continuum of care (%) Antenatal care (4+ visits)¹ No data Skilled attendant at birth, 2014¹ Initiation of breastfeeding within 1 hour after birth¹ No data Continued breastfeeding at 1 year ¹ No data Unmet need for family planning ² No data

Rate of exclusive breastfeeding of infants under 6 months (%)

No data

Source: UNICEF 2016.

Intervention coverage	(%)
-----------------------	-----

3 ()		
Severe acute malnutrition, geographic coverage ¹	NA	2012
Vitamin A supplementation, full coverage ²	NA	2014
Children under 5 with diarrhoea receiving ORS ²	NA	NA
Immunisation coverage, DTP3 ³	99	2016
lodised salt consumption ²	NA	NA

Source: UNICEF/Coverage Monitoring Network/ACF International 2012; ¹ UNICEF 2016; ² WHO 2016. ³ Note: Geographical coverage is defined as the % of physical facilities that provide intervention. Full coverage is defined as the % of children that receive the full intervention (two doses). DTP3: 3 doses of combined diphtheria/tetanus/pertussis vaccine; ORS: oral rehydration salts.

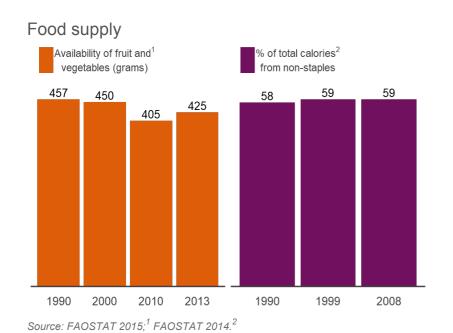
Infant and young child (6-23 months) feeding practices (%)

Minimum acceptable diet	NA	NA
Minimum dietary diversity	NA	NA

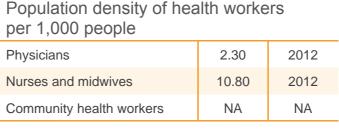
Source: UNICEF 2016.

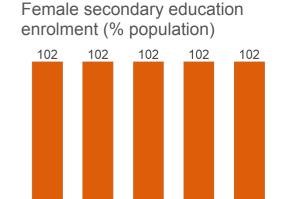
UNDERLYING DETERMINANTS

Source: UNICEF 2016; UN Population Division 2017.²



Gender-related determinants		
Early childbearing: births by age 18 (%) ¹	NA	NA
Gender Inequality Index (score*) ²	0.12	2015
Gender Inequality Index (country rank) ²		2015
Source: UNICEF 2016; ¹ UNDP 2016. ² Note: *0: low inequality, 1: high inequality.		
Population density of health workers		





Source: UNESCO Institute for Statistics 2017.

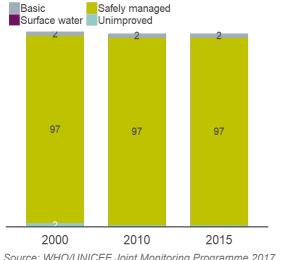
2012

2013

2014

2011

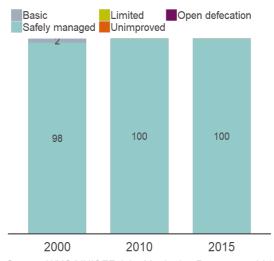
Drinking water coverage (% population)



Source: WHO/UNICEF Joint Monitoring Programme 2017. Note: Due to rounding, numbers might not add up to 100.

Sanitation coverage (% population)

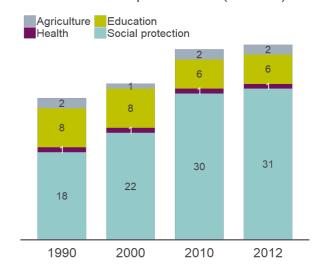
Source: WHO 2017.



Source: WHO/UNICEF Joint Monitoring Programme 2017. Note: Due to rounding, numbers might not add up to 100.

Government expenditures (% total)

2010



Source: IFPRI 2015.

FINANCIAL RESOURCES AND POLICY, LEGISLATION, AND INSTITUTIONAL ARRANGEMENTS

Scaling Up Nutrition (SUN) country institutional transformations, 2017 (%)

No data

Policy and legislative provisions		
National implementation of the International Code of Marketing of Breast-milk Substitutes ¹	No legal measures	2016
Extent of constitutional right to food ²	NA	2003
Maternity Protection Convention 183 ³	Yes	2011
Wheat fortification legislation ⁴	No Fortification	2015
Undernutrition mentioned in national development plans and economic growth strategies ⁵	NA	NA
Overnutrition mentioned in national development plans and economic growth strategies ⁵	NA	NA
Source: WHO/UNICEF and IBFAN 2016; ¹ FAO 2003; ² ILO 2013; ³ FFI 2015; ⁴ IDS 2015. ⁵		

Availability and stage of implementation of guidelines/ protocols/standards for the management of NCDs

All major NCDs Yes 2015

Source: WHO 2015.

Note: NCDs: non-communicable diseases.