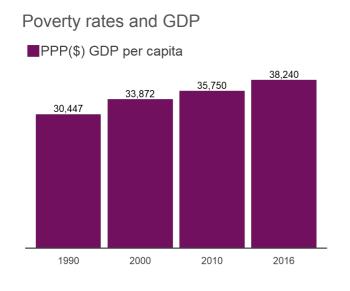
Japan

GLOBAL NUTRITION REPORT

www.globalnutritionreport.org

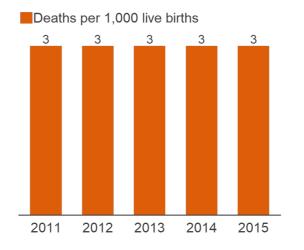
ECONOMICS AND DEMOGRAPHY



Source: World Bank 2015.

Note: pop: population; PPP: purchasing power parity.

Under-5 mortality rate



Source: UN Inter-agency Group for Child Mortality Estimation 2014.

Income inequality

Gini index score*	Gini index rank**	Year
32	32	2008

Source: World Bank 2015.

Notes: *0 = perfect equality, **100 = perfect inequality. The countries with a Gini index are ranked from most equal (1) to most unequal (145).

Population

Population (thousands)	127,484	2017
Under-5 population (thousands)	5,293	2017
Urban (%)	94	2017
>65 years (thousands)	5,612	2017

Source: 2015 projections from UN Population Division 2013.

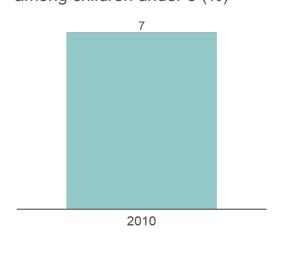
CHILD ANTHROPOMETRY

Child anthropometry

Number of children under 5 affected (thousands)			
Stunting ¹	383	2010	
Wasting ¹	124	2010	
Overweight ¹ 81 2010			
% of children under 5 affected			
Wasting ¹	2	2010	
Severe wasting ¹ 0 2010			
Overweight ¹ 2 2010			
Low birth weight ² 9 2012			

Source: UNICEF/WHO/World Bank 2015; 1 UNICEF 2015. 2

Prevalence of stunting among children under 5 (%)



Source: UNICEF/WHO/World Bank 2015.

Changes in stunting prevalence over time, by wealth quintile



Source: DHS surveys 1990–2011 adapted from Bredenkamp et al. 2014.

ADOLESCENT AND ADULT NUTRITION STATUS

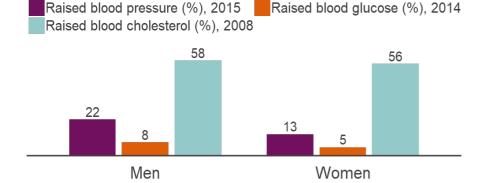
Adolescent and adult anthropometry (% population)

Adolescent overweight ¹	NA	NA
Adolescent obesity ¹	NA	NA
Women of reproductive age, thinness ²	NA	NA
Women of reproductive age, short stature ²	NA	NA

Source: WHO 2015;¹ DHS 2015.² Note: NA: not available.

Note. IVA. Hot available.

Metabolic risk factors for diet-related non-communicable diseases, 2008 (%)



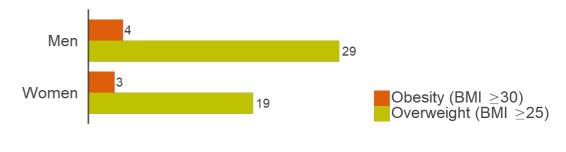
Source: WHO 2014.

Micronutrient status of population

Women of reproductive age with anaemia ¹		
Total population affected (thousands of people)	5,563	2016
Total population affected (%)	22	2016
Vitamin A deficiency in children 6–59 months old (%) ²	NA	NA
Population classification of iodine nutrition (age group 5–19 years old) ³	NA	NA

Source: WHO 2015;¹ Stevens et al. 2015;² WHO 2004.³

Prevalence of adult overweight and obesity, 2014 (%)



Source: WHO 2015. Note: BMI: body mass index.

WORLD HEALTH ASSEMBLY INDICATORS: PROGRESS AGAINST GLOBAL World Health Assembly TARGETS

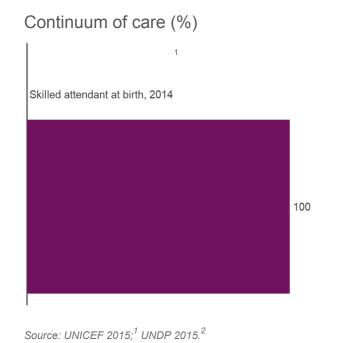
WORLD FILAL ITT AGGLINDLY INDICATORS. FROGREGO AGAINGT GLOBAL WORLD FILAL ITT AGGLING TARGETS					
1	Under-5 stunting, 2010 ¹	Under-5 wasting, 2010 ²	Under-5 overweight, 2010 ¹	WRA anaemia, 2016 ²	EBF, NA ¹
	NA	NA	NA	No progress or worsening	NA

Adult female obesity, 2017¹ Adult male obesity, 2017¹ Adult female diabetes, 2017¹ Adult male diabetes, 2017¹

Off course On course Off course



INTERVENTION COVERAGE AND CHILD-FEEDING PRACTICES



Rate of exclusive breastfeeding of infants under 6 months (%)

No data

Source: UNICEF 2015.

Intervention coverage (%)

Severe acute malnutrition, geographic coverage ¹	NA	2012
Vitamin A supplementation, full coverage ²	NA	2014
Children under 5 with diarrhoea receiving ORS ²	NA	NA
Immunisation coverage, DTP3 ²	98	2013
lodised salt consumption ²	NA	NA

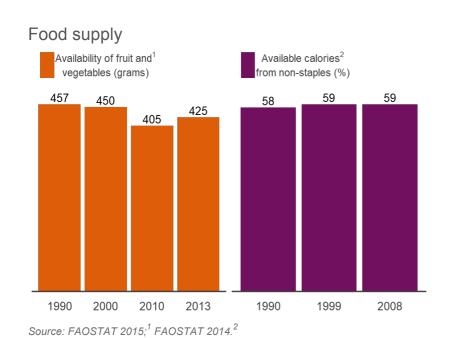
Source: UNICEF/Coverage Monitoring Network/ACF International 2012; 1 UNICEF 2015.2 Note: DTP3: 3 doses of combined diphtheria/tetanus/pertussis vaccine; ORS: oral rehydration salts.

Infant and young child (6–23 months) feeding practices (%)

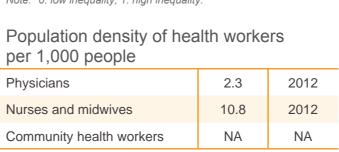
Minimum acceptable diet	NA	NA
Minimum dietary diversity	NA	NA

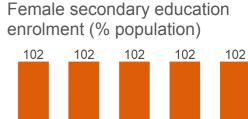
Source: UNICEF 2015.

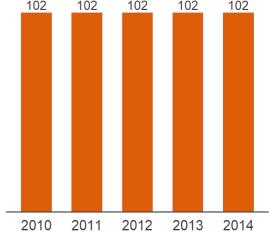
UNDERLYING DETERMINANTS



Gender-related determinants		
Early childbearing: births by age 18 (%) ¹	NA	NA
Gender Inequality Index (score*) ²		2015
Gender Inequality Index (country rank) ² 2		2015
Source: UNICEF 2015; ¹ UNDP 2014. ² Note: *0: low inequality, 1: high inequality.		

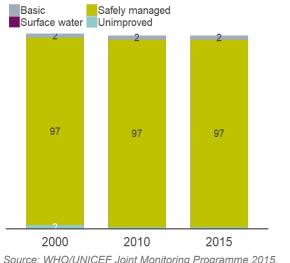






Source: UNESCO Institute for Statistics 2015.

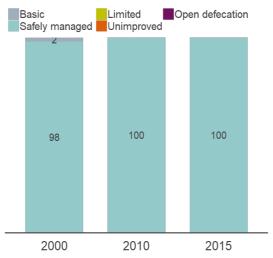
Drinking water coverage (% population)



Source: WHO/UNICEF Joint Monitoring Programme 2015. Note: Due to rounding, numbers might not add up to 100.

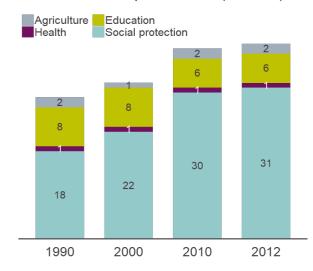
Sanitation coverage (% population)

Source: WHO 2015.



Source: WHO/UNICEF Joint Monitoring Programme 2015. Note: Due to rounding, numbers might not add up to 100.

Government expenditures (% total)



Source: IFPRI 2015.

FINANCIAL RESOURCES AND POLICY, LEGISLATION, AND INSTITUTIONAL ARRANGEMENTS

Scaling Up Nutrition (SUN) country institutional transformations, 2014 (%)

No data

Policy and legislative provisions National implementation of the No legal International Code of Marketing of 2016 measures Breast-milk Substitutes¹ Extent of constitutional right to food² NA 2003 Maternity Protection Convention 183³ Yes 2011 No Wheat fortification legislation⁴ 2015 Fortification Undernutrition mentioned in national development plans and economic growth NA NA strategies Overnutrition mentioned in national development plans and economic growth NA NA strategies⁵

Source: UNICEF 2014; 1 FAO 2003; 2 ILO 2013; 3 FFI 2015; 4 IDS 2015. 5

Availability and stage of implementation of guidelines/ protocols/standards for the management of NCDs

All major NCDs	Yes	2015
0		

Note: NCDs: non-communicable diseases.