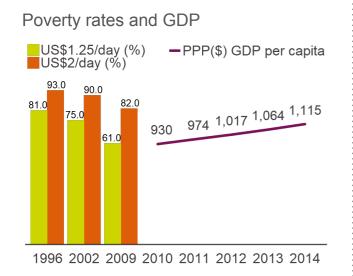
# Mozambique

GLOBAL NUTRITION REPORT

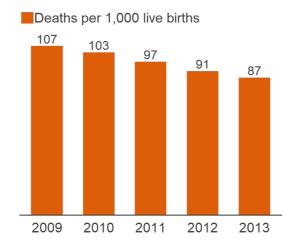
www.globalnutritionreport.org

### **ECONOMICS AND DEMOGRAPHY**



Source: World Bank 2015. Note: PPP = purchasing power parity.

### Under-5 mortality rate



Source: UN Inter-agency Group for Child Mortality Estimation 2014.

### Income inequality

Gini index score*	Gini index rank <sup>†</sup>	Year	
51	125	2011	

Source: World Bank 2015.

Notes: \*0 = perfect equality, 100 = perfect inequality $^{\dagger}$ . The countries with a Gini index are ranked from most equal (#1) to most unequal (#145).

#### Population

Population (000)	12,428	2015
Under-5 population (000)	1,935	2015
Urban (%)	20	2015
>65 years (%)	5	2015

Source: 2015 projections from UNPD 2013.

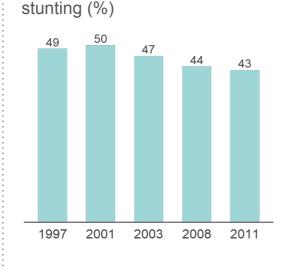
### CHILD ANTHROPOMETRY

### Child anthropometry

Number of children under 5 affected (000)			
Stunting <sup>a</sup>	733	2015	
Wasting <sup>a</sup>	43	2015	
Overweight <sup>a</sup>	149	2015	
Percentage of children under 5 affected			
Wasting <sup>a</sup>	2	2015	
Severe wasting <sup>a</sup>	1	2015	
Overweight <sup>a</sup>	8	2015	
Low birth weight <sup>b</sup>	7	2015	
	***************************************	······································	

Sources: <sup>a</sup>UNICEF/WHO/WB 2015; <sup>b</sup>UNICEF 2015.

### Prevalence of under-5



Source: UNICEF/WHO/WB 2015.

## Changes in stunting prevalence over time, by wealth quintile



Source: DHS surveys 1990–2011 adapted from Bredenkamp et al. 2014.

### ADOLESCENT AND ADULT NUTRITION STATUS

### Adolescent and adult anthropometry (% population)

Adolescent overweight <sup>a</sup>	NA	NA
Adolescent obesity <sup>a</sup>	NA	NA
Women of reproductive age, thinness <sup>b</sup>	5	2010
Women of reproductive age, short stature <sup>b</sup>	2	2010

Sources:<sup>a</sup> WHO 2015;<sup>b</sup> DHS 2015.

Note: NA = not available.

Metabolic risk factors for diet-related noncommunicable diseases, 2008 (%)



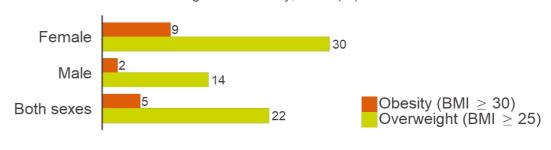
Source: WHO 2014.

### Micronutrient status of population

Women of reproductive age with anemia <sup>a</sup>		
Total population affected (000)	467	2011
Total population affected (%)	17	2011
Vitamin A deficiency in children 6-59 months old (%) <sup>b</sup>	39	2013
Population classification of iodone nutrition (age group 5-19) <sup>c</sup>	Risk of iodine-induced hyperthyroidism (IIH) within 5-10 years following introduction of iodized salt in susceptible groups)	1996

Sources: <sup>a</sup>WHO 2015; <sup>b</sup>Stevens et al. 2015; <sup>c</sup>WHO 2004.

### Prevalence of adult overweight and obesity, 2014 (%)



Source: WHO 2015. Note: BMI=body mass index.

### WORLD HEALTH ASSEMBLY INDICATORS: PROGRESS AGAINST GLOBAL WHA TARGETS

Und	er-5 stunting, 2015 <sup>a</sup>	Under-5 wasting, 2015 <sup>b</sup>	Under-5 overweight, 2015 <sup>a</sup>	WRA Anemia, 2011 <sup>b</sup>	EBF, 2014-2015 <sup>a</sup>
Off co	ourse, some progress	On course	Off course, no progress	Off course	On course