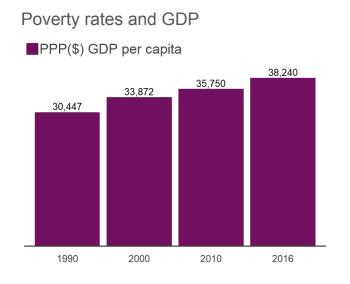
Japan

GLOBAL NUTRITION REPORT

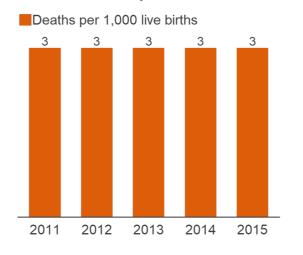
www.globalnutritionreport.org

ECONOMICS AND DEMOGRAPHY



Source: World Bank 2017. Note: pop: population; PPP: purchasing power parity.

Under-5 mortality rate



Source: UN Inter-agency Group for Child Mortality Estimation 2015.

Income inequality

Gini index score*	Gini index rank**	Year
32	32	2008

Source: World Bank 2017.

Notes: *0 = perfect equality, **100 = perfect inequality. The countries with a Gini index are ranked from most equal (1) to most unequal (152).

Population

Population (thousands)	127,484	2017
Under-5 population (thousands)	5,293	2017
Urban (%)	94	2017
>65 years (%)	27	2017

Source: 2017 projections from UN Population Division 2017.

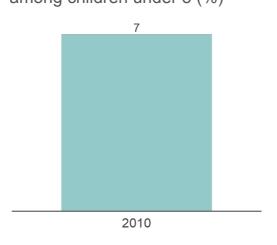
CHILD ANTHROPOMETRY

Child anthropometry

Number of children under 5 affected (thousands)				
Stunting ¹	383	2010		
Wasting ¹	124	2010		
Overweight ¹	81	2010		
% of children under 5 affected				
Wasting ¹	2	2010		
Severe wasting ¹	0	2010		
Overweight ¹	2	2010		
Low birth weight ²	9	2012		

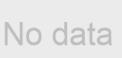
Source: WHO/World Bank Group Joint Child Malnutrition Estimates 2017; UNICEF 2015. 2

Prevalence of stunting among children under 5 (%)



Source: WHO/World Bank Group Joint Child Malnutrition Estimates 2017.

Changes in stunting prevalence over time, by wealth quintile



Source: DHS surveys 1990–2011 adapted from Bredenkamp et al. 2014.

ADOLESCENT AND ADULT NUTRITION STATUS

Adolescent and adult anthropometry (% population)

Adolescent overweight ¹	NA	NA
Adolescent obesity ¹	NA	NA
Women of reproductive age, thinness ²	NA	NA
Women of reproductive age, short stature ²	NA	NA

Source: WHO 2015; 1 DHS 2017. 2

Note: NA: not available.

Metabolic risk factors for diet-related non-communicable diseases, 2008 (%)



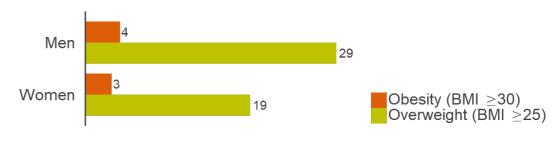
Source: WHO 2017 and NCD Risk Factor Collaboration 2017.

Micronutrient status of population

Women of reproductive age with anaemia ¹		
Total population affected (thousands of people)	5,563	2016
Total population affected (%)	22	2016
Vitamin A deficiency in children 6–59 months old (%) ²	NA	NA
Population classification of iodine nutrition (age group 5–19 years old) ³	NA	NA

Source: WHO 2017; 1 Stevens et al. 2015; 2 WHO 2004. 3

Prevalence of adult overweight and obesity, 2014 (%)



Source: WHO 2017 and NCD Risk Factor Collaboration 2017. Note: BMI: body mass index.

PROGRESS AGAINST GLOBAL NUTRITION TARGETS 2017

'Κ(ROGRESS AGAINST GLOBAL NUTRITION TARGETS 2017					
	Under-5 stunting ¹	Under-5 wasting ²	Under-5 overweight ¹	WRA anaemia ²	EBF ¹	
	NA	NA	NA	No progress or worsening	NA	

Adult female obesity ¹		Adult male obesity ¹	Adult female diabetes ¹	Adult male diabetes ¹	
	Off course	Off course	On course	Off course	

INTERVENTION COVERAGE AND CHILD-FEEDING PRACTICES

Continuum of care (%) Skilled attendant at birth, 2014 100

Rate of exclusive breastfeeding of infants under 6 months (%)

No data

Source: UNICEF 2016.

Intervention coverage (%)

Severe acute malnutrition, geographic coverage ¹	NA	2012
Vitamin A supplementation, full coverage ²	NA	2014
Children under 5 with diarrhoea receiving ORS ²	NA	NA
Immunisation coverage, DTP3 ³	99	2016
lodised salt consumption ²	NA	NA

Source: UNICEF/Coverage Monitoring Network/ACF International 2012;¹ UNICEF 2016;² WHO 2016.³ Note: DTP3: 3 doses of combined diphtheria/tetanus/pertussis vaccine; ORS: oral rehydration salts.

Infant and young child (6-23 months) feeding practices (%)

Minimum acceptable diet	NA	NA
Minimum dietary diversity	NA	NA

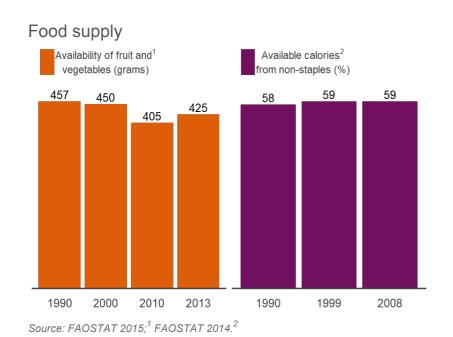
Source: UNICEF 2016.

2.30

2012

UNDERLYING DETERMINANTS

Source: UNICEF 2016; UN Population Division 2017.²



Gender-related determinants			
Early childbearing: births by age 18 (%) ¹	NA	NA	
Gender Inequality Index (score*) ²	0.12	2015	
Gender Inequality Index (country rank) ²	21	2015	
Source: UNICEF 2016; ¹ UNDP 2016. ² Note: *0: low inequality, 1: high inequality.			
Population density of health workers per 1,000 people			

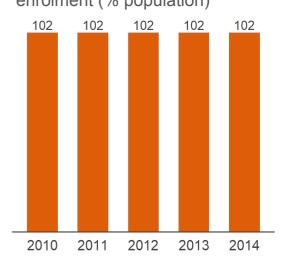
Condor related determinants

Nurses and midwives 10.80 2012

Community health workers NA NA

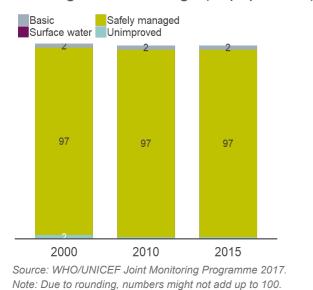
Source: WHO 2017.

Female secondary education enrolment (% population)



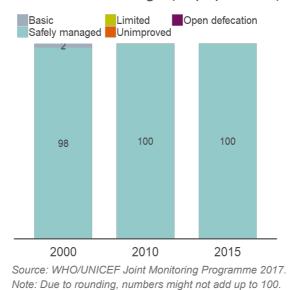
Source: UNESCO Institute for Statistics 2017.

Drinking water coverage (% population)

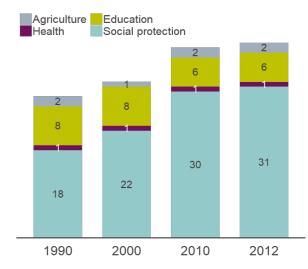


Sanitation coverage (% population)

Physicians



Government expenditures (% total)



Source: IFPRI 2015.

FINANCIAL RESOURCES AND POLICY, LEGISLATION, AND INSTITUTIONAL ARRANGEMENTS

Scaling Up Nutrition (SUN) country institutional transformations, 2017 (%)

No data

Policy and legislative provisions National implementation of the No legal International Code of Marketing of 2016 measures Breast-milk Substitutes¹ Extent of constitutional right to food² NA 2003 Maternity Protection Convention 183³ Yes 2011 No Wheat fortification legislation⁴ 2015 Fortification Undernutrition mentioned in national development plans and economic growth NA NA strategies Overnutrition mentioned in national development plans and economic growth NA NA strategies⁵

Source: WHO/UNICEF and IBFAN 2016;¹ FAO 2003;² ILO 2013;³ FFI 2015;⁴ IDS 2015.⁵

Availability and stage of implementation of guidelines/ protocols/standards for the management of NCDs

All major NCDs Yes 2015

Source: WHO 2015.

Note: NCDs: non-communicable diseases.