

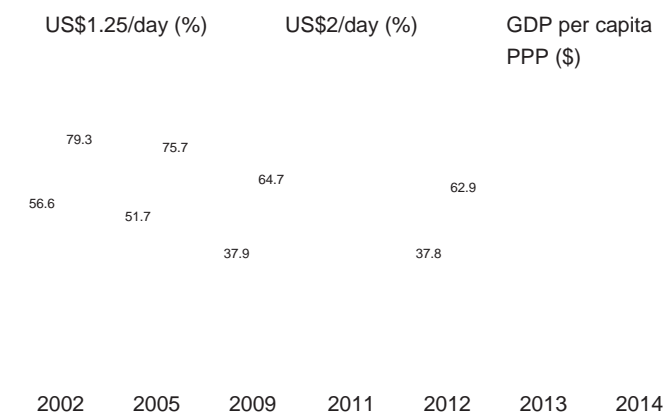


2015 Nutrition Country Profile

UGANDA

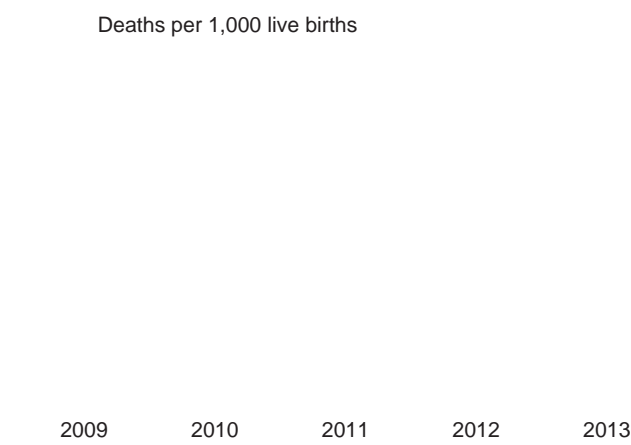
ECONOMICS AND DEMOGRAPHY

POVERTY RATES AND GDP



Source: World Bank 2015.
Note: PPP = purchasing power parity.

UNDER-5 MORTALITY RATE



Source: UN Inter-agency Group for Child Mortality Estimation 2014.

INCOME INEQUALITY

Source: World Bank 2015.
Notes: *0 = perfect equality, 100 = perfect inequality. † The countries with a Gini index are ranked from most equal (#1) to most unequal (#145).

POPULATION

Population (000)	40,141	2015
Under-5 population (000)	7,470	2015
Urban (%)	17	2015
> 65 years (%)	5	2015

Source: 2015 projections from UNPD 2013.

CHILD ANTHROPOMETRY

CHILD ANTHROPOMETRY

Stunting ^a	2,373	2012
Wasting ^a	298	2012
Overweight ^a	402	2012
Wasting ^a	4	2012
Severe wasting ^a	0	2012
Overweight ^a	6	2012
Low birth weight ^b	12	2011

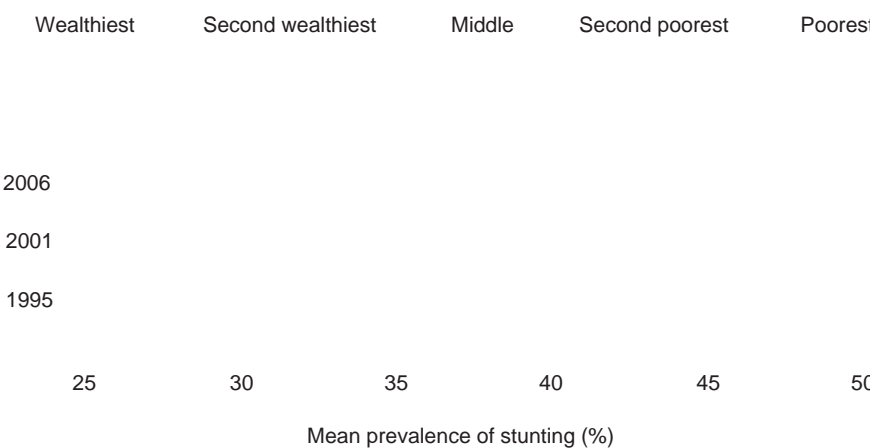
Sources: ^a UNICEF/WHO/WB 2015; ^b UNICEF 2015.

PREVALENCE OF UNDER-5 STUNTING (%)

1995	2000	2006	2011	2012
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Source: UNICEF/WHO/WB 2015.

CHANGES IN STUNTING PREVALENCE OVER TIME, BY WEALTH QUINTILE



Source: DHS surveys 1990–2011 adapted from Bredenkamp et al. 2014.

ADOLESCENT AND ADULT NUTRITION STATUS

ADOLESCENT AND ADULT ANTHROPOMETRY (% POPULATION)

Adolescent overweight ^a	7	2003
Adolescent obesity ^a	1	2003
Women of reproductive age, thinness ^b	10	2011
Women of reproductive age, short stature ^b	1	2011

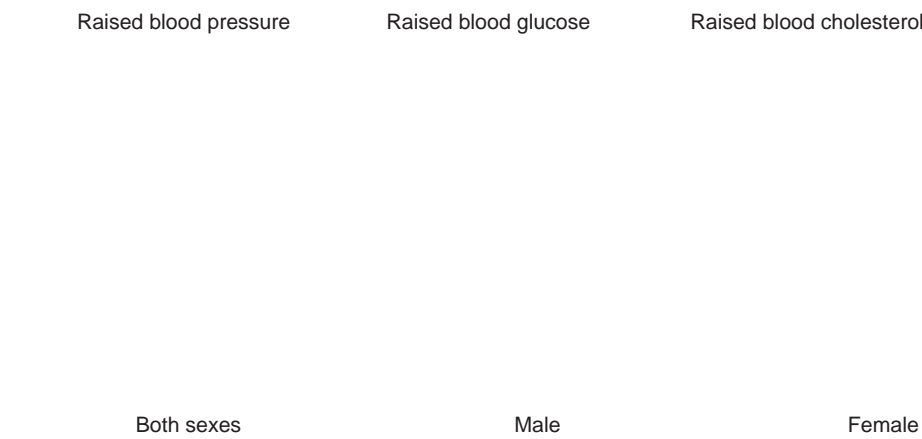
Sources: ^a WHO 2015; ^b DHS 2015.

MICRONUTRIENT STATUS OF POPULATION

Total population affected (000)	2,022	2011
Total population affected (%)	27	2011
Vitamin A deficiency in children 6–59 months old (%) ^b	39	2013
Population classification of iodine nutrition (age group 6–12) ^c	Risk of adverse health consequences (iodine-induced hyperthyroidism, auto-immune thyroid diseases)	1999

Sources: ^a WHO 2015; ^b Stevens et al. 2015; ^c WHO 2004.

METABOLIC RISK FACTORS FOR DIET-RELATED NONCOMMUNICABLE DISEASES, 2008 (%)



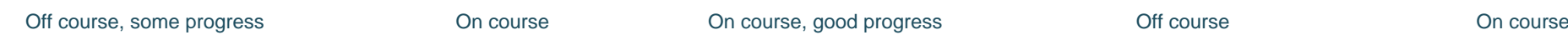
Source: WHO 2014.

PREVALENCE OF ADULT OVERWEIGHT AND OBESITY, 2014 (%)



Source: WHO 2015.
Note: BMI = body mass index.

WORLD HEALTH ASSEMBLY INDICATORS: PROGRESS AGAINST GLOBAL WHA TARGETS



Sources: ^a Definitions of progress developed by GNR's Independent Expert Group with guidance from WHO/UNICEF; ^b WHO 2014.
Notes: Currently it is only possible to determine whether a country is on or off course for five of the six WHA targets. The year refers to the most recent data available; on/off-course calculation is based on trend data.
WRA = women of reproductive age. EBF = exclusive breastfeeding.

INTERVENTION COVERAGE AND CHILD-FEEDING PRACTICES

CONTINUUM OF CARE (%)		RATE OF EXCLUSIVE BREASTFEEDINGINTERVENTION COVERAGE (%)			
		OF INFANTS UNDER 6 MONTHS (%)			
Antenatal care (4+ visits), 2011	a	Severe acute malnutrition, geographic coverage	a	9	2012
		Vitamin A supplementation, full coverage	b	65	2013
Skilled attendant at birth, 2011	a	Children under 5 with diarrhea receiving ORS	b	44	2011
		Immunization coverage, DTP3	b	78	2013
Initiation of breastfeeding within 1 hour after birth, 2011	a	Iodized salt consumption	b	87	2006
		Sources: a UNICEF/Coverage Monitoring Network/ACF International 2012; b UNICEF 2015. Note: ORS = oral rehydration salts; DTP3 = 3 doses of combined diphtheria/tetanus/pertussis vaccine.			
Continued breastfeeding at 1 year, 2011	a				
Unmet need for family planning, 2014	b	INFANT AND YOUNG-CHILD FEEDING PRACTICES (% 6–23 MONTHS)			
		Minimum acceptable diet		6	2011
		Minimum dietary diversity		13	2011
		Source: UNICEF 2015.			
Sources: a UNICEF 2015; b UNPD 2015.		Source: UNICEF 2015.			

UNDERLYING DETERMINANTS

FOOD SUPPLY					GENDER-RELATED DETERMINANTS			FEMALE SECONDARY EDUCATION ENROLLMENT (%)						
Undernourishment ^a (%): data for 1991, 2000, 2010, 2015	Available calories from nonstaples ^a (%): data for 1991, 2000, 2009, 2012		Availability of fruits and vegetables ^b (grams): data for 1990, 2000, 2010, 2011		Early childbearing: births by age 18 (%) ^a	33	2011							
					Gender Inequality Index (score*) ^b	0.529	2013							
					Gender Inequality Index (country rank) ^b	115	2013							
					Sources: ^a UNICEF 2015; ^b UNDP 2014.									
					Note: *0 = low inequality, 1 = high inequality.									
					POPULATION DENSITY OF HEALTH WORKERS PER 1,000 PEOPLE									
					Physicians	0.117	2005							
					Nurses and midwives	1.306	2005							
					Community health workers	0.188	2005							
					Source: WHO 2015.									
1991	2000	2010	2012	2015				2008	2009	2010	2011	2013		
Source: ^a FAOSTAT 2015; ^b FAOSTAT 2014.								Source: UNESCO Institute for Statistics 2015.						