



CHAPTER ONE



Acknowledgments



Chapter Summary

In this chapter, Mark Manson shares his heartfelt gratitude for the myriad of people who supported him during the challenging journey of writing this book. He reflects on the collaborative spirit that shaped the work, acknowledging his editor, agent, friends, and even his wife for their invaluable contributions. Each acknowledgment reveals the intertwining of personal connections with the creative process. Manson highlights moments of struggle and triumph, emphasizing that hope often arises when we lean on others. Ultimately, this chapter encapsulates the essence of community and support in the pursuit of one's aspirations.



Embracing Support

Writing this book felt profoundly challenging, as I battled my own hopes and fears. In the midst of chaos, I discovered the beauty of support from those around me. Each person contributed significantly to my journey, reminding me that I'm never alone. Together, we turned the tide.

"I wouldn't have survived this ordeal without the help and support of a great number of people."

A Grateful Heart

I take a moment to express deep gratitude to my editor, Luke Dempsey, who lent his expertise when I needed it the most. His unwavering dedication was instrumental during the toughest moments. True teamwork transforms challenges into victories.

"Thank you. You really came through in stoppage time."



Magic in the Mundane

Mollie Glick, my agent, has been like a fairy godmother. Her presence brings unexpected opportunities into my life. It's incredible how the seemingly mundane can conceal moments of authentic magic.



A Team Effort

Shoutout to my Web team, Philip Kemper and Drew Birnie. They elevate my capabilities, showcasing the importance of collaboration. Together, we build something that resonates, beyond individual talents.

Family in Friends

This journey wouldn't be possible without the steadfast friends who rallied support during the tough nights. Their encouragement and listening ears were invaluable as I navigated this creative endeavor.





Gratitude for Inspiration

To the individuals who provided insightful feedback on early drafts, thank you for your candidness. Your thoughtful notes and support enriched every page of this book, evolving an initial idea into something meaningful.

Unexpected Inspirations

Some inspirations come in unusual forms. To

WS, your presence brought paradoxical motivation and reflection. It's a reminder that inspiration can arise from the chaos of life's messiness.



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Community of Thinkers



I cherish the NYC Chapter of the Gentleman's Literary Safari, a group born from shared passions. Our philosophical discussions birthed much of this book, proving that dialogue fosters creativity.


Hope in Togetherness



In closing, this acknowledgment is a testament to the power of community and love. Each connection I've made cultivates hope and strength, reminding us all of the importance of togetherness in our pursuits.



Recap

- "I wouldn't have survived this ordeal without the help and support of a great number of people."
 - "Thank you. You really came through in stoppage time."
 - "For listening to me vent and ramble and freak out when I needed to."
 - "Thank you for dropping everything to read some maimed chapters."
 - "You were an unexpected inspiration without even trying to be."
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Thank You

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