# **Healthcare Insurance Premium Prediction**

#### Overview

The Healthcare insurance industry faces the challenge of balancing fair premium rates with financial sustainability. This report explores the development of a predictive model to estimate health insurance premiums using demographic and lifestyle data. The model leverages machine learning techniques to provide personalized premium recommendations, enhancing both customer satisfaction and insurer efficiency.

## Objective

To develop a machine learning model capable of accurately predicting health insurance premiums based on demographic and lifestyle factors. The insights derived from the model can help insurance providers:

- Tailor premiums to individual risk profiles.
- Identify high-risk factors contributing to elevated premiums.
- Improve customer retention by offering competitive rates.

#### **Business Problem**

Healthcare insurers often struggle to:

- Set premiums that accurately reflect individual risk levels.
- Balance affordability for customers with profitability.

An effective predictive model can bridge this gap, offering data-driven premium rates that are fair and aligned with risk factors.

## **Dataset Description**

The dataset, titled "Insurance Dataset for Predicting Health Insurance Premiums in the US," comprises one million records generated to reflect the insured population in the United States. It includes the following variables:

- 1. Age: The age of the insured individual.
- 2. Gender: Male or Female.
- 3. Body Mass Index (BMI): A measure of body fat based on height and weight.
- 4. Number of Children: Dependents covered under the policy.
- 5. Smoking Status: Smoker or non-smoker.
- 6. Region: Geographic region of the insured.
- 7. Income: Annual income of the individual.

- 8. Education: Level of education attained.
- 9. Occupation: Job type or sector.
- 10. Insurance Plan Type: Type of health insurance plan.

#### **Data Source:**

Kaggle - Insurance Dataset: https://www.kaggle.com/code/akeshkumarhp/medical-charges-estimation-initial-version/input?select=insurance dataset.csv

# **Proposed Solution: Methodology**

- 1. Data Preparation and Exploration:
  - Import and clean the dataset to address missing or inconsistent data.
  - Perform exploratory data analysis (EDA) to identify correlations and distributions.

## 2. Feature Engineering:

- Encode categorical variables (e.g., gender, region, smoking status).
- Normalize numerical variables (e.g., age, BMI, income).
- Generate interaction terms for key factors (e.g., smoking status and BMI).

# 3. Model Development:

- Train multiple regression-based models, such as Linear Regression, Random Forest, and Gradient Boosting.
- Evaluate models using metrics like Mean Absolute Error (MAE) and R-squared.

### 4. Model Optimization:

- Tune hyperparameters using techniques like Grid Search and Cross-Validation.
- Select the best-performing model for deployment.

## 5. Insight Generation:

- Identify top predictors of insurance premiums.
- Provide actionable recommendations for insurers.

#### **Deliverables**

- Predictive Model: A trained machine learning model capable of predicting insurance premiums.
- Insights Report: Key drivers influencing premiums (e.g., smoking, BMI).
- Codebase: Documented Python scripts and Jupyter notebooks.
- Presentation Deck: Visual summary of findings and recommendations.

## **Key Insights**

Potential insights from the model include:

- High-Risk Factors: Smoking and elevated BMI may significantly increase premiums.
- Demographic Patterns: Certain age groups or regions may exhibit higher premiums.
- Plan Optimization: Identifying plan types that offer the best value for specific demographics.

## **Constraints and Assumptions**

- Data Limitations: The dataset is synthetically generated and may not fully reflect real-world distributions.
- Predictive Scope: The model predicts premiums but does not account for external factors like legislative changes or market trends.
- Ethical Considerations: Ensuring fairness and avoiding discrimination based on sensitive attributes like gender or region.

# **Next Steps**

- Data Acquisition: Verify the dataset's quality and representativeness.
- Exploratory Analysis: Identify patterns and prepare data for modeling.
- Model Training: Build and evaluate models to ensure accuracy and interpretability.
- Deployment: Package the final model for use by insurers, with an interactive interface for premium estimation.

## Conclusion

This project aims to equip healthcare insurers with a robust tool for predicting premiums, aligning with individual risk profiles. By leveraging machine learning, insurers can enhance their pricing strategies, ensuring competitiveness and fairness in the market.