



BSW

Board for Student Welfare

The BSW Herald

JULY '15 ISSUE II



Words from the General Secretary

Years of effort and vigour has finally paid off. BSW welcomes all Freshers to the dynamism of IIT Delhi. Life here will be much different than before. Obviously, Freedom here will take a whole new level. From now on, your decisions are going to hold much more importance than they ever did and hence at this critical juncture make your choices carefully.

The Board for Student Welfare is there to guide you through this journey. Be it homesickness, worries about academics or time management issues, your hostel BSW representatives (reps) are always one call away. On a very serious note, Ragging is strictly prohibited in IIT Delhi. Hence, if you are ever bullied or come around any such cases, please reach out to us as soon as possible. Every student is a part of the Board For Student Welfare and we take initiatives keeping everyone in mind. Together, we can make a terrific team. Be on a watch for a number of fun filled events organized just for you! Lastly, Gear up for an amazing experience here at IIT Delhi.

Cheers!

Siddarth Jain

All about Student Counselling Service!

What is the first thing that pops up in your mind when you think of counselling? Mental illness? Psychological disorders? Depression? If so then you, my friend, are amiss. Counselling is not just about dealing with extreme situations of ailments. Indeed, it enables students undergoing all sorts of difficulties in their lives have a good place to ask for clarity and advice - questions that one may find difficult to ask.

The student life is getting complex day by day. Having just entered adulthood, majority of them lack a sense of direction, a sense of purpose and a sense of fulfilment and make wrong decisions which lead to personal as well as social damage. The problems are numerous and varied - relationship, academics, anxiety, inferiority complex, drug abuse, homesickness, peer pressure, dealing with parents or even shaping your career. Adequate guidance and counselling facilities are the only answer to guide them to worthwhile channels and help them realize the goals of academic, personal and social development. BSW realizes that development guidance is needed to help the students deal effectively with the normal developmental tasks and face life

situations boldly, for optimum achievement and adequate adjustment in the varied life situations. Hence, we introduced the Students' Counselling Services to provide a safe place, separate from your daily life, where you can explore issues or feelings which are causing you difficulty. The counsellor will aim to relate to you in a supportive and purposeful manner and assist you in the task of finding your own way forward. There is no pressure on you and the counsellors are not here to tell you what to do. Instead, as counsellors they aim to help you find your own answers.

Whatever it is that is keeping you awake all night, they are here to offer you space and support in a frank environment to work through your difficulties. Students do face the inhibition of going to the Counselling Centre, because they do not want anyone to think that they are weak. But you need to understand that going for counselling doesn't mean that you are weak. In fact it shows how willing you are to face the challenges and overcome them. Set aside your prejudices, step up and do away with the taboo, for we are here to help you face your problems head on.

Upcoming Events:

- CSC ke Fundae
- Delhi Darshan
- Book Fair
- SIM Card Camp
- SCS Lectures
- Minor 1 :P

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Behold IITD Fraternity!

It's SPERANZA!



C CREATIVE ATELIERS



JEOPARDY 6.0

When it comes to statistics like number of spectators and participants , JEOPARDY remains heads and shoulders above the rest. Based on the concept of teams working to beat each other at tasks which test their coordination , quick thinking and also their knack to think out of the box,it is easily the most popular event of Speranza . Jeopardy is one event which will also be a part of your most cherished college memories.

Nothing captures the ethos of BSW better than speranza, the youth fest of IIT DELHI. Organized in the month of September, at a time when the students definitely need a respite from academia, this flagship event of BSW caters to that very end.

Every year, Speranza witnesses a large crowd of enthusiastic students taking part in the plethora of events and activities, ranging from MUNs, Talk Shows, workshops to fun activities like treasure hunt and Jeopardy'. The list goes on and on, but the details of some main events can very well speak the story of the success of the event.

Adventure Sports

Adrenaline rush anyone? Nothing gets you in the mood a fest better than taking ewa4down your friends in Sumo wrestling, rolling them over in Zorbing or just shooting away in Paintball . The adventure attracted large amount of students and added to the diversity of Speranza.

Panel Talk

The topic of the panel discussion was "Role of youth in the development of India". The panelists were Mr. Akshay Saxena , co founder and president of Avanti , Mr. Ashok Kumar , IPS officer and president of IITD Alumni Association,Mr. Bhagwat Mann , MP Sangrur ,(Lok sabha constituency ,Punjab) Professor Ambuj Sagar and Mr. Mehraj Dubey , an award winning anchor as the moderator . The event served as food for thought for all the students .

Rendezvous with Alumni

The best way in which an IITian can get motivation and information is when it comes from a person who has been through the same situations that they are facing and triumphed them. With this aim, Speranza organised the event ,inviting distinguished Alumni from the fields of Consultancy , Civil services , Social and educational initiatives ,Core , Finance and Entrepreneurship . The students could easily relate to the advice given by the guests and as a result they were left with a less clouded mind and a more decisive focus after the event .

Health Camp

Speranza'14 ,organised a health check up camp which included various tests like dental check-ups , haemoglobin and sugar tests , smoke check etc. It was conducted with the help of an NGO and included doctors from various hospitals like AIIMS , National Heart Institute,Nova , Fortis etc. The camp attracted large number of students and made them more aware of their health and well being .



ECA vs CGPA

Music practice or the pending assignment ? Debate preparation or Quiz preparation ? and many more.... this is the constant tussle that goes on in every student's mind - whether to focus their minds on Extra Co-Curricular activities (ECA) or academics (CGPA). The aim of this discussion was to facilitate a healthy discourse so that the students could work out a way to strike the perfect balance.

The discussion was headed by professors who are actively involved in co-curricular activities ,namely Prof.Narayan Kurur (Dept. of Chemistry) , Prof. Sanjeev Sangh (Dept.of Applied mechanics) and Prof. B.Bhattacharjee(Dept. of Civil Engineering) . They talked about various aspects of both fields and the pros and cons of devoting majority time to either one. The experience of the professors helped the student to develop a more practical and rational approach towards this conflict. Some other events -

1. PETA EVENTS -face painting and movie screening
2. Camerathon-A unique treasure hunt.
3. Stage play by Nabhy Theatre Group.
4. Workshops on various skill building.

To sum it all up , Speranza sets the bar really high for the other fests to follow and really brings out what BSW stands for , a group dedicated to the welfare of student community. Cheers !



The Mentorship Blog!

A message from the Mentorship Review Committee

Welcome to IIT Delhi, each year approximately 850 new faces come to IIT Delhi from different parts of the country. IIT provides you immense opportunities to foster your qualities and bring out someone new out of you. However the most important thing is how to know what the different opportunities available are here and out of them which one I have to choose. Apart from all these things the most common thing that all this freshmen faces is fear of unknown, they all leave their homes for a foreign and fascinated world. It is here that Student Mentorship Program which comes under the aegis of Board for Student Welfare help them to acclimatize in this changing environment. Student Mentorship Program (SMP) is a well-structured and an organized platform to help freshmen, it comprised a team of 6 coordinators, called Mentorship Committee (MRC). SMP assigns a carefully selected mentor to each fresher – someone that can be your friend, philosopher and guide, not only in IIT, but also for the life beyond. The Mentorship Committee (MRC) is the steering body of the SMP and takes upon itself to look after every need that you may have in this institute. The sole objective of this committee is to ensure that your time at IIT Delhi is memorable and trouble free

Rahul Mishra
MRC Overall Co-ordinator



P.C. Ocima Kamboj

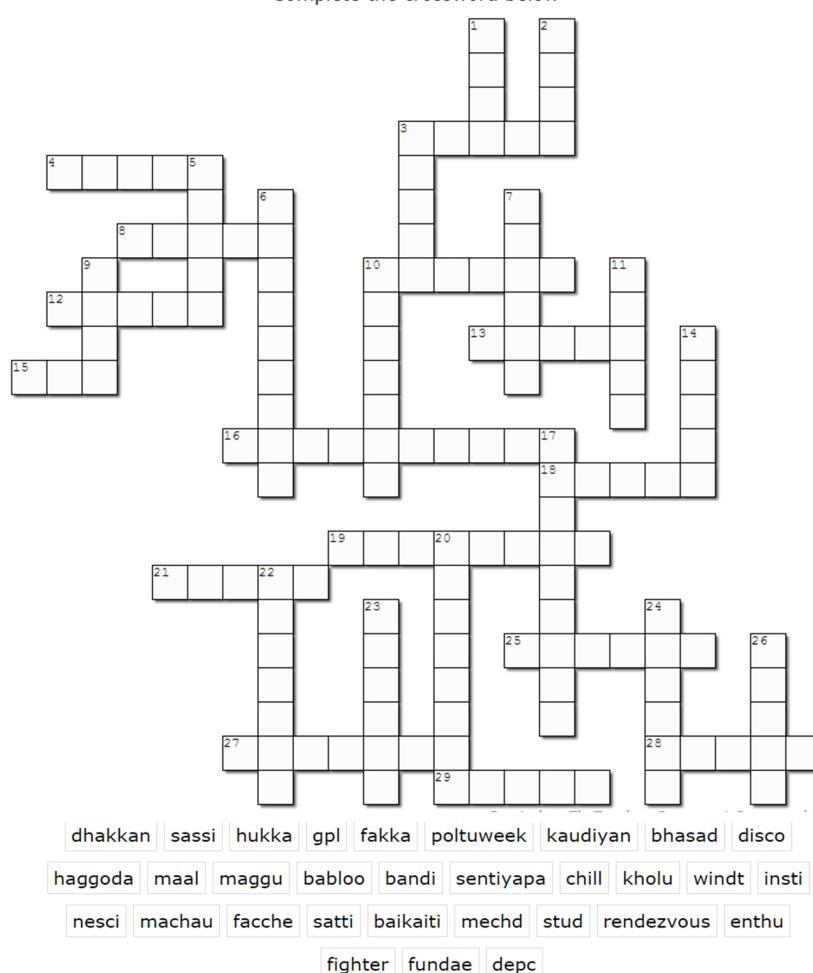
THE LINGO!

The Language AKA "The Lingo" here makes IITD different from any institute you go.

With the fevourous puns and the vibrant short forms. Everyone and we mean EVERYONE! makes themselves at home here!

The crossword will be your guide to whatever strange words you hear your seniors speak, some are still left for you to discover.

LET THE GAMES BEGIN!



- Across**
- You will not get anything here in thirty rupees :P.(5)
 - Just 10Rupees to go back home. :*(5)
 - The 250 seniors in third year are more than a hint!(5)
 - Every Senior is Full of this!(6)
 - Do everything but save this at any cost!!(5)
 - Rare species here(5)
 - A birthday is incomplete without this.(3)
 - chaar din ki chandani phir Andheri raat!(10)
 - A jolt of energy. A burst of ... ?(5)
 - Without this our day is incomplete.(8)
 - The model of equation of continuity(5)
 - Scored Well? Got a Bandi/banda :p? Got Placed? Did well on a fightertest? Found yourself a 10 rupee coin!!?(6)
 - Only at IITD poop and man mean the same thing!(7)
 - Frowned upon by parents..here it's just a regular word!!(5)
 - Fuel the thunder in the time of minors (5)
- Down**
- From NY to London to Paris(4)
 - Mere Jaisa aur kahan koi!!(4)
 - Worm in a book(5)
 - Doors opened,so, this is how it looks from the inside!(5)
 - Why IS everybody so nice?! Strange isn't it: P!(9)
 - Khumh ka mela(6)
 - The head of the Engineering Fraternity here(4)
 - You have a Problem? There's only one word which fits all!!(7)
 - Thanda thanda cool cool!!!!(5)
 - Topper toh topper hi raheinge.(5)
 - Maa.Pyaar.Dosti.(9)
 - Kyu fight lete ho!! Hukkah utha lio :P!!(8)
 - They like to live DANGEROUSLY!(7)
 - With you every step of the way :D!(6)
 - New kid in town(6)
 - Khuaab bane bina hi tut gae!!(5)

A Nostalgic Mirage

Apoorv Katiyar

*Afraid and ecstatic he was when the screen blinked IIT Delhi,
 A new life was about to begin a new phase never seen before.
 There was this life he was going to leave behind and was
 supported by many,
 With the intention of pursuing his dream the train was boarded.*

*Multiple years of hardwork had ended and the mind wanted to
 ease itself,
 The mere thought of studying more sent shivers through the spine.
 The funda of dep-c resonated while different thoughts were
 dreamt.
 With so much to do his mind went haywire and he so desired to
 cross that thin line.*

*Multiple people came into the frame, both good and bad,
 Naïve was his trade and bad company enthralled.
 Acads were not his priority as smoke filled his lungs in pure
 passion,
 The friends he praised were responsible for his oblivion.*

*Destruction was apparent and he didn't realise it,
 The bright kid now became a raging alcoholic.*

*Dreams faded away and so did his health and demeanour,
 The mother who cared about him now became a nobody
 demanding answers.*

*Everyday he was sinking into a formidable utopia,
 Utopia, only for him, while others shrieked fear.
 Judgement day came and he looked at the subjects he couldn't
 clear.
 His heart skipped a beat as he remembers himself to be at the top
 of his peers.*

*His mother still consolidated him and didn't lose faith,
 Not to look for the truth in his mother's eyes he understood.
 Those were the eyes which he saw when he grew up,
 Fooling them wasn't something which he could comprehend.*

*Tears rolled down his cheeks as he came clear with his mother,
 Fear came first but then the burden seemed to clear.
 Promises were made and were vowed to be kept,
 The child was back on track and the bad company left.*

A peek at the few faces that will guide you throughout the year!



Siddarth Jain
General Secretary



Yashwardhan Burad
Finance Secretary



Alisha Agrawal
PR Secretary



Apoorv Katiyar
Udaigiri



Sanjay Pandey
Karakoram



Mohit Kinra
Vindhya Chal



Akanksha Puwar
Kailash



Vaibhav Mehra
Satpura



Ashim Garg
Kumaon



Krittam Kothari
Vindhya Chal



Anand Sangwan
Aravali



Amol Singh
Girnar



Manas Poddar
Kumaon



Shubham Srivastava
Zanskar



Jahanavi Bansal
Kailash



Ashwin Bhola
Udaigiri



Divyam Gupta
Karakoram



Vaibhav Gupta
Zanskar



Hira Durrani
Himadri



Anubhav Sharma
Satpura



Prabuddh Baiid
Nilgiri



Neelkanth Kundu
Jwalamukhi



Prateek Garg
Shivalik



Divyansh Ameta
Girnar



Abhay Karol
Aravali



Bharat Sharma
Jwalamukhi



Rahul Gupta
Shivalik



Muthyalu Suhas
Nilgiri