Horror

Horror is designed to frighten, unsettle, and provoke primal emotions like fear and dread. It's a genre that explores the darker aspects of the human psyche and the world around us. Whether it's monsters, ghosts, serial killers, or psychological terror, horror plays with our fears and the unknown.

At its best, horror doesn't just rely on jump scares or gore; it builds atmosphere, tension, and dread. The horror can be supernatural, like in *The Conjuring* or *The Exorcist*, or psychological, like in *Get Out* or *Psycho*. Sometimes, the horror lies not in the monster, but in the people themselves.

Themes in horror often deal with survival, guilt, trauma, and repressed desires. The genre also serves as a mirror to societal anxieties — from fear of disease to fear of losing control. Horror can be deeply symbolic, using fear to explore taboo topics or moral dilemmas.

Writers like Stephen King and Shirley Jackson have mastered the art of slowly creeping into the reader's mind. Films by directors like Jordan Peele or Ari Aster combine horror with social commentary, elevating the genre beyond cheap thrills.

Despite its reputation, horror is cathartic. It gives audiences a safe space to confront their fears and come out the other side stronger — or at least entertained.