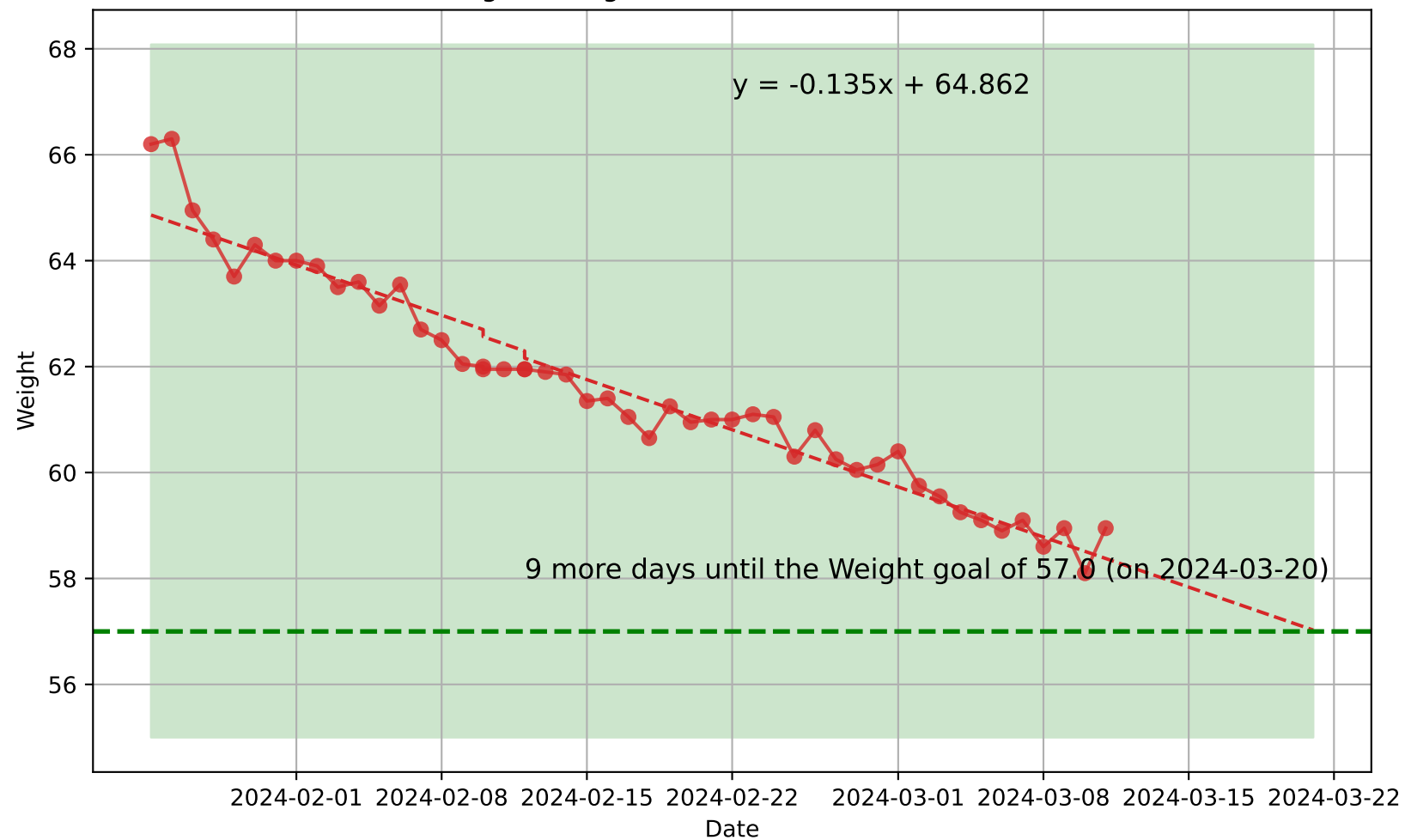
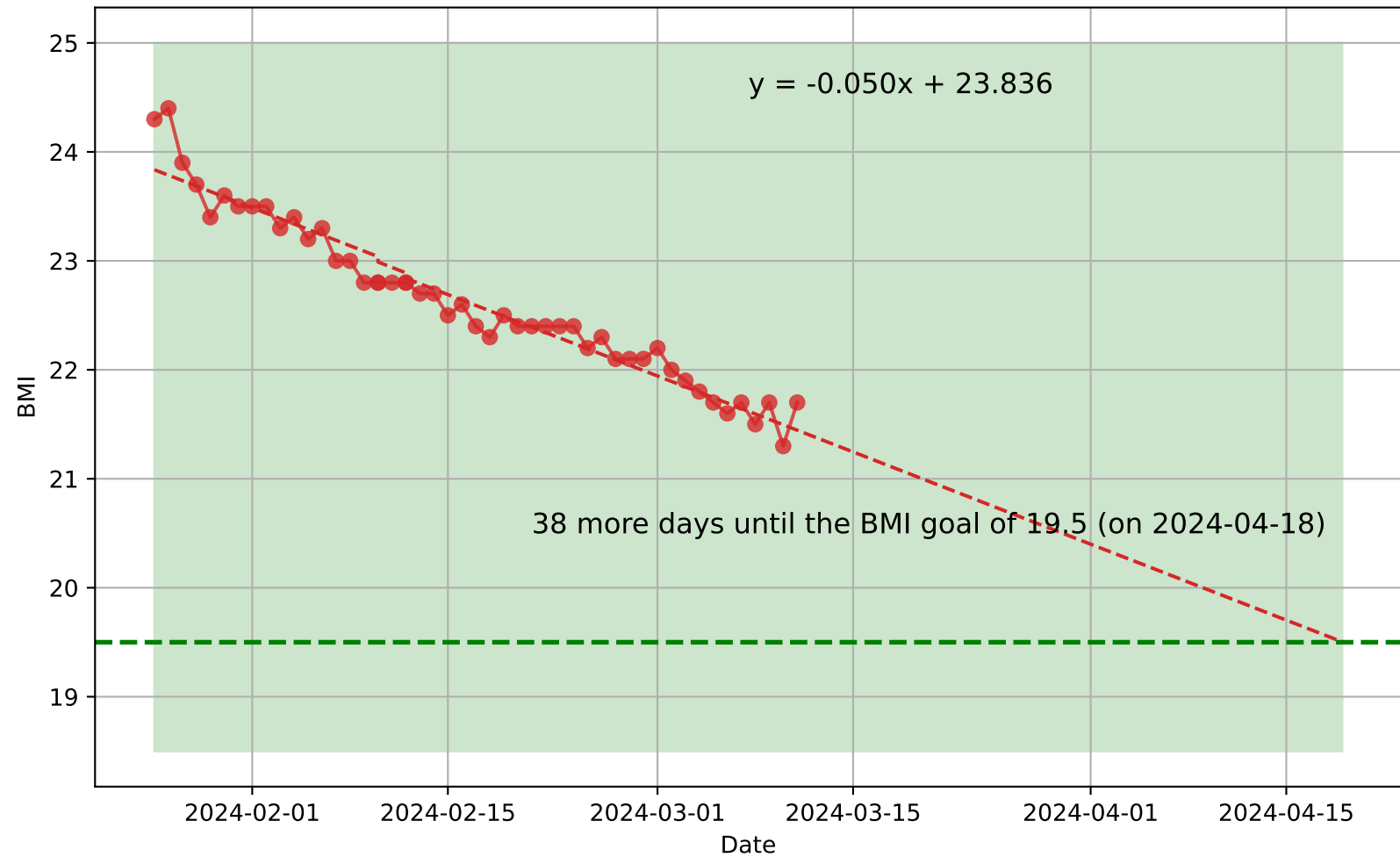


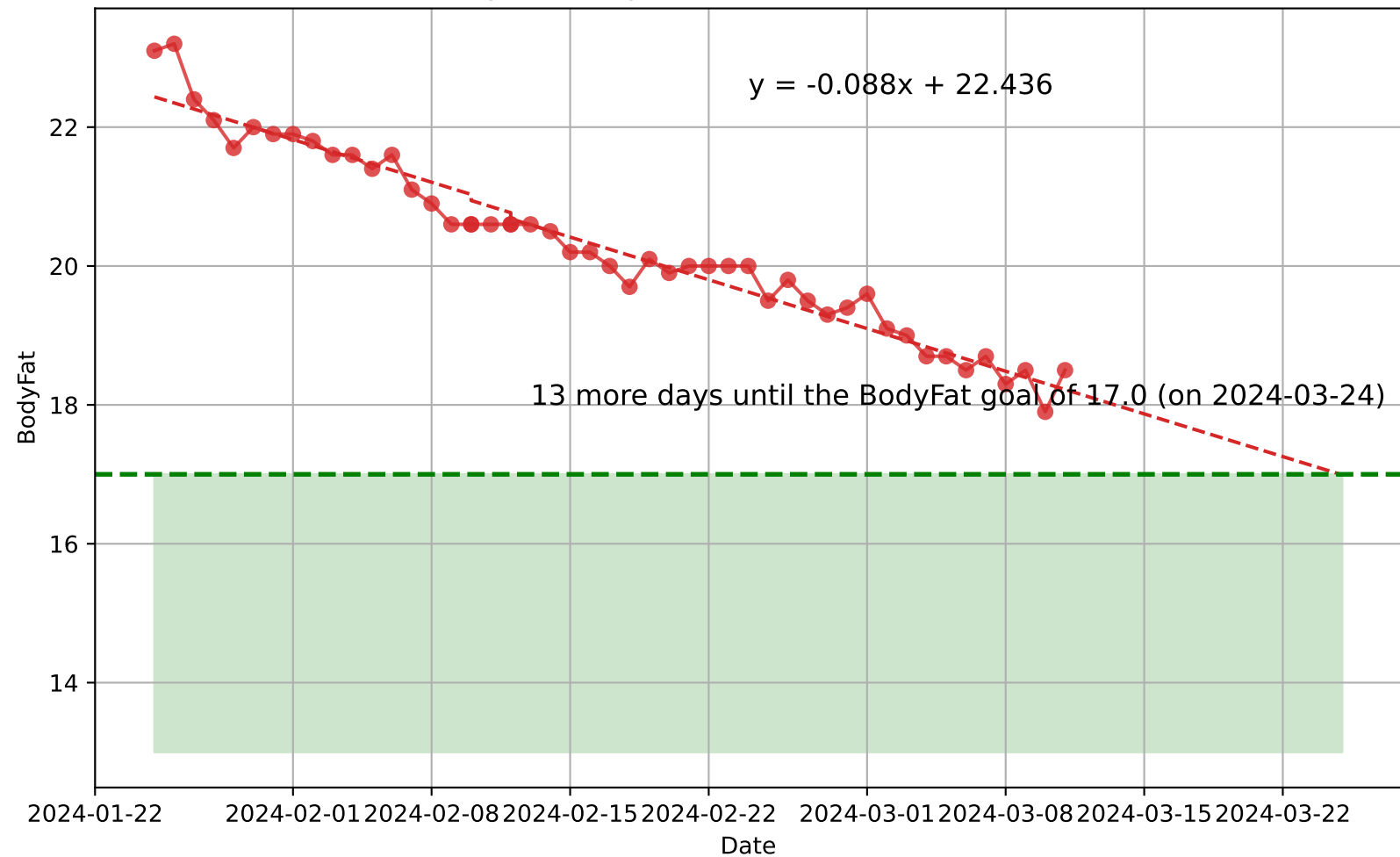
Weight change over diet (as of 2024-03-11)



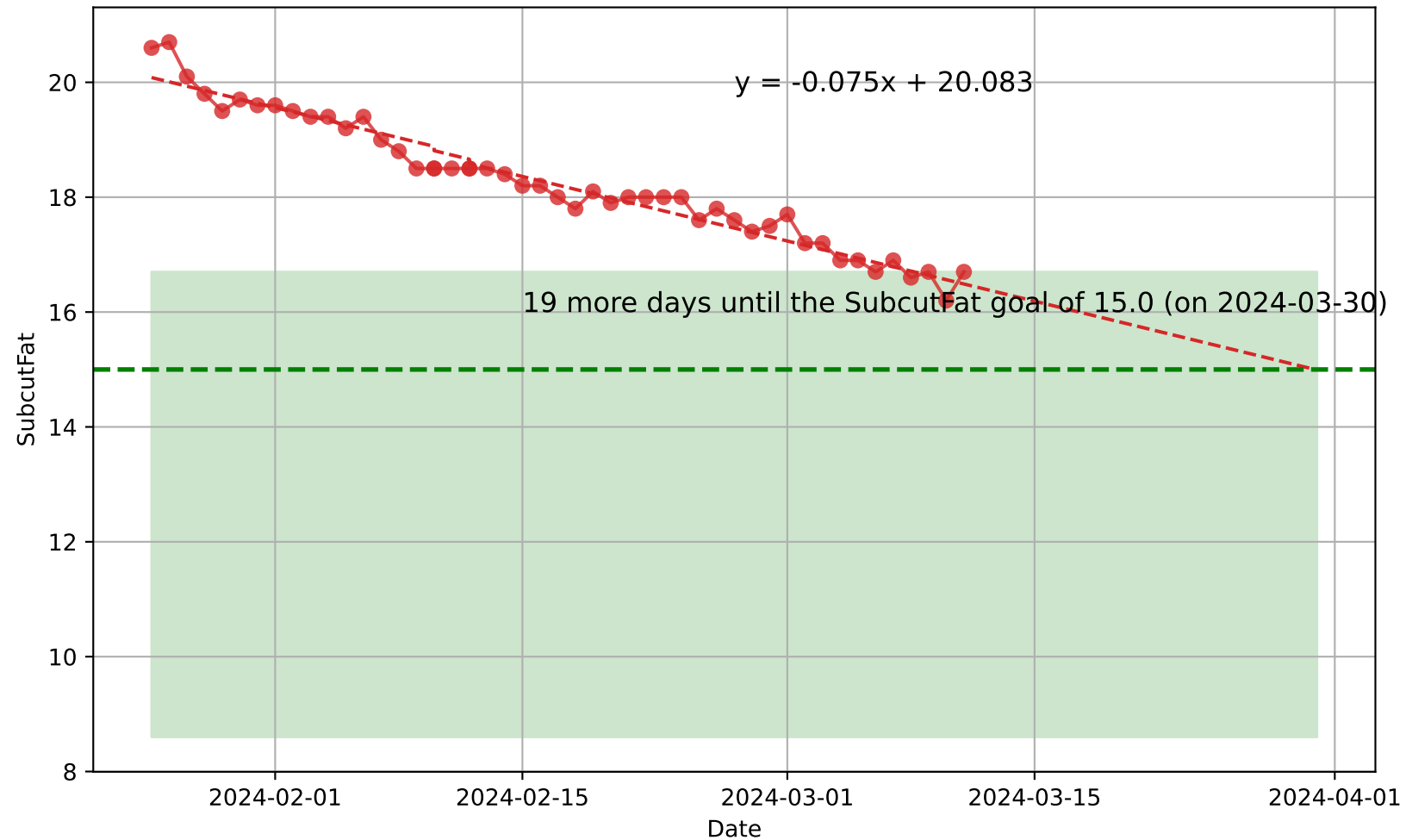
BMI change over diet (as of 2024-03-11)



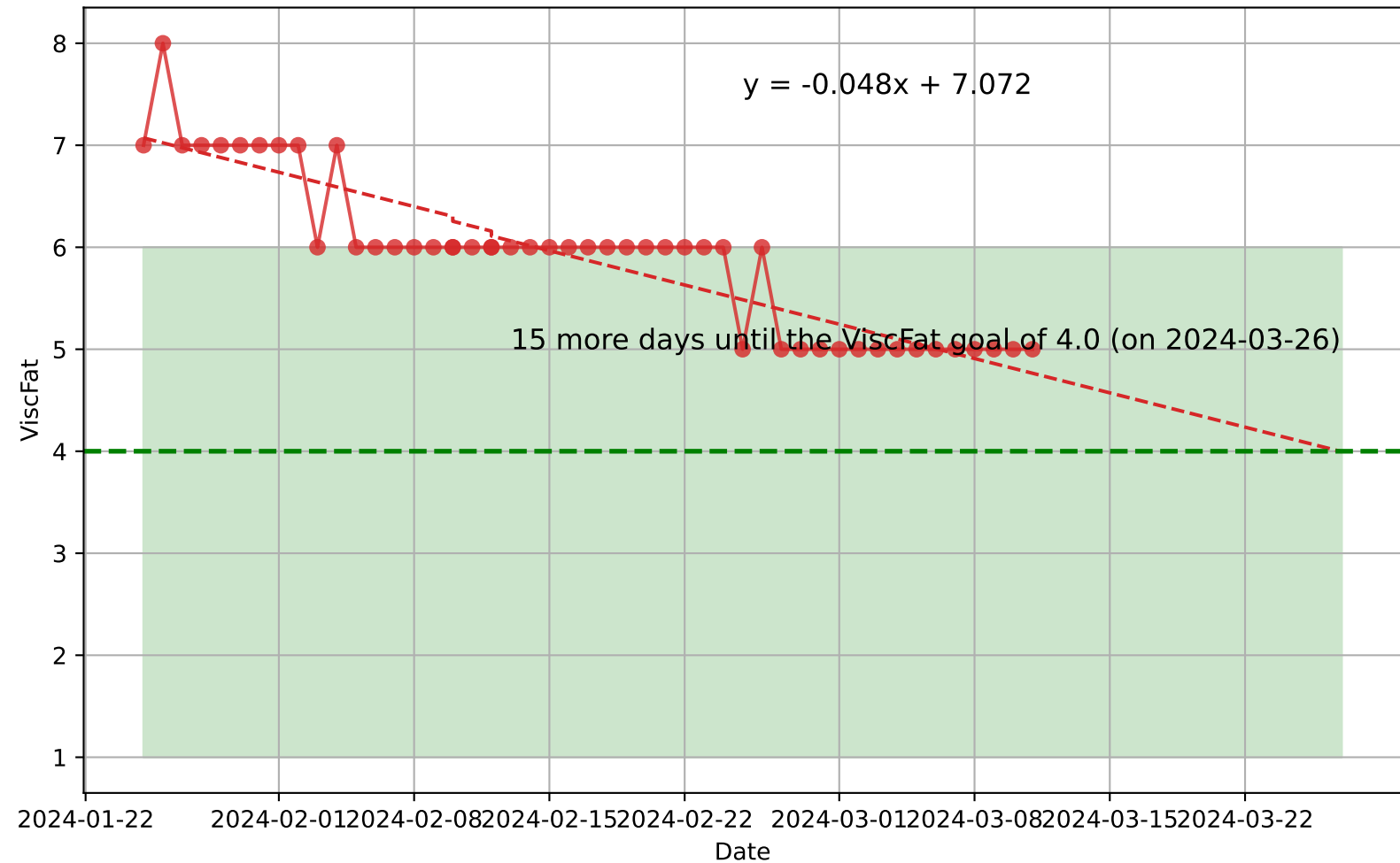
BodyFat change over diet (as of 2024-03-11)



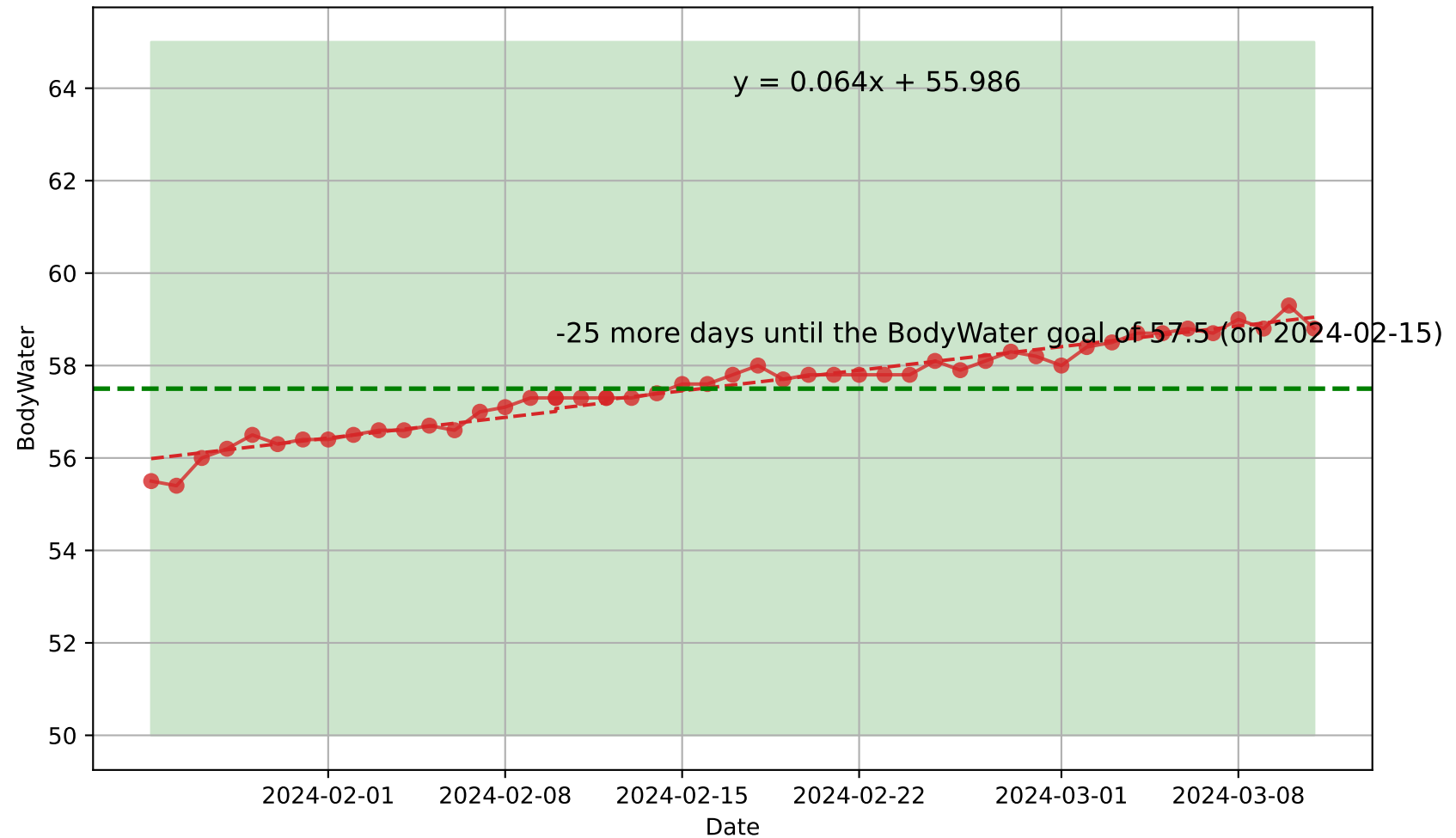
SubcutFat change over diet (as of 2024-03-11)



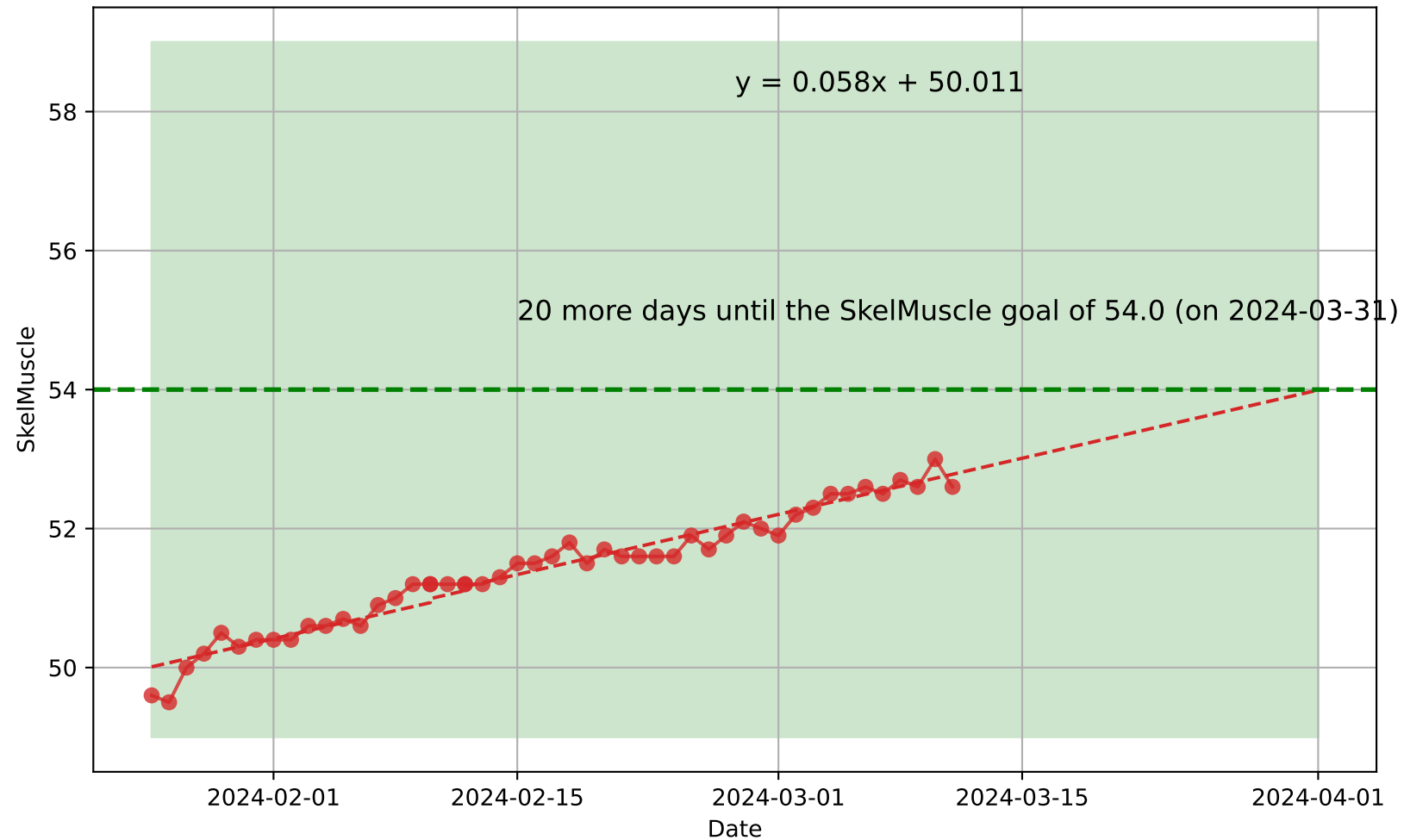
ViscFat change over diet (as of 2024-03-11)



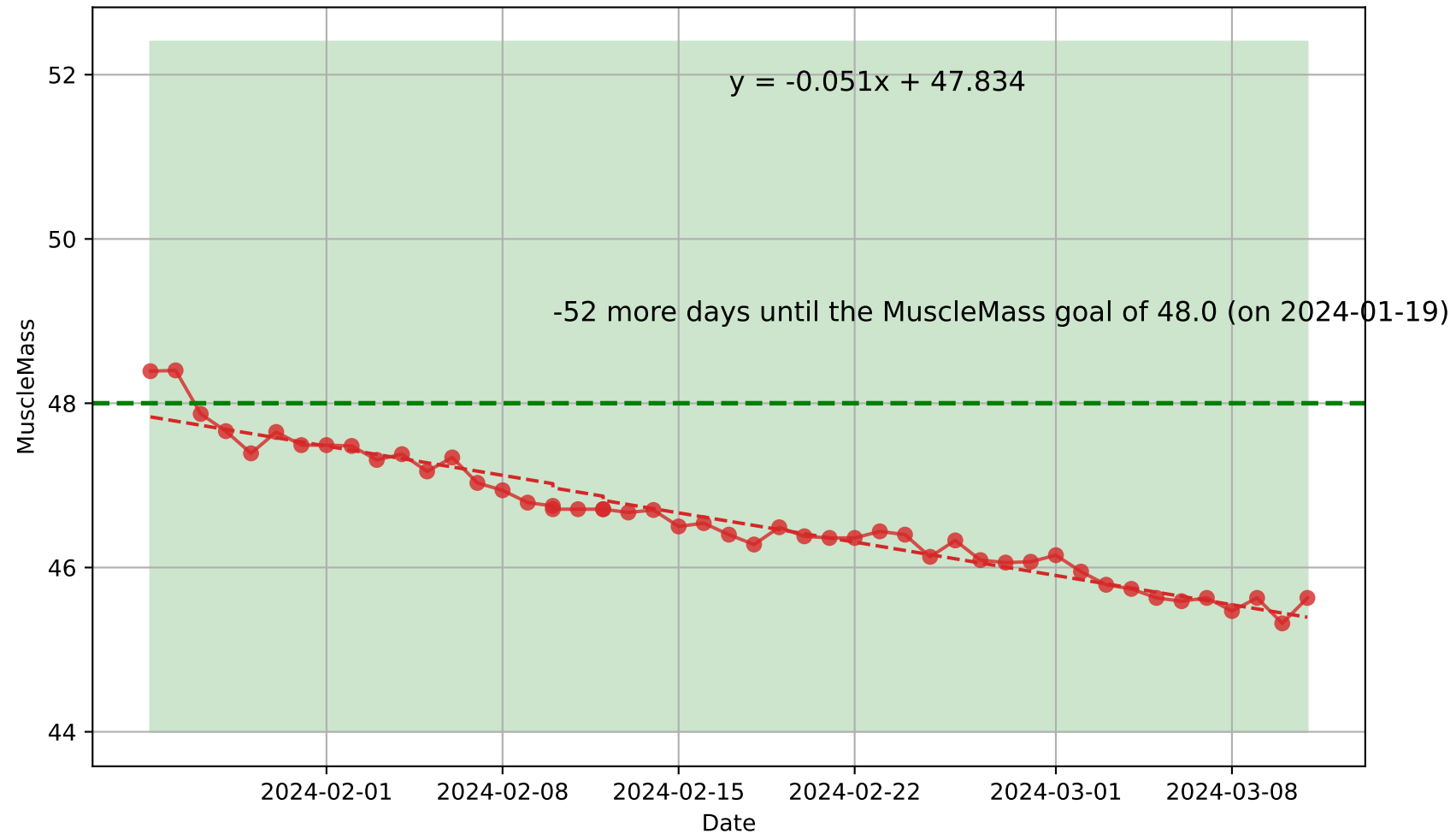
BodyWater change over diet (as of 2024-03-11)



SkelMuscle change over diet (as of 2024-03-11)



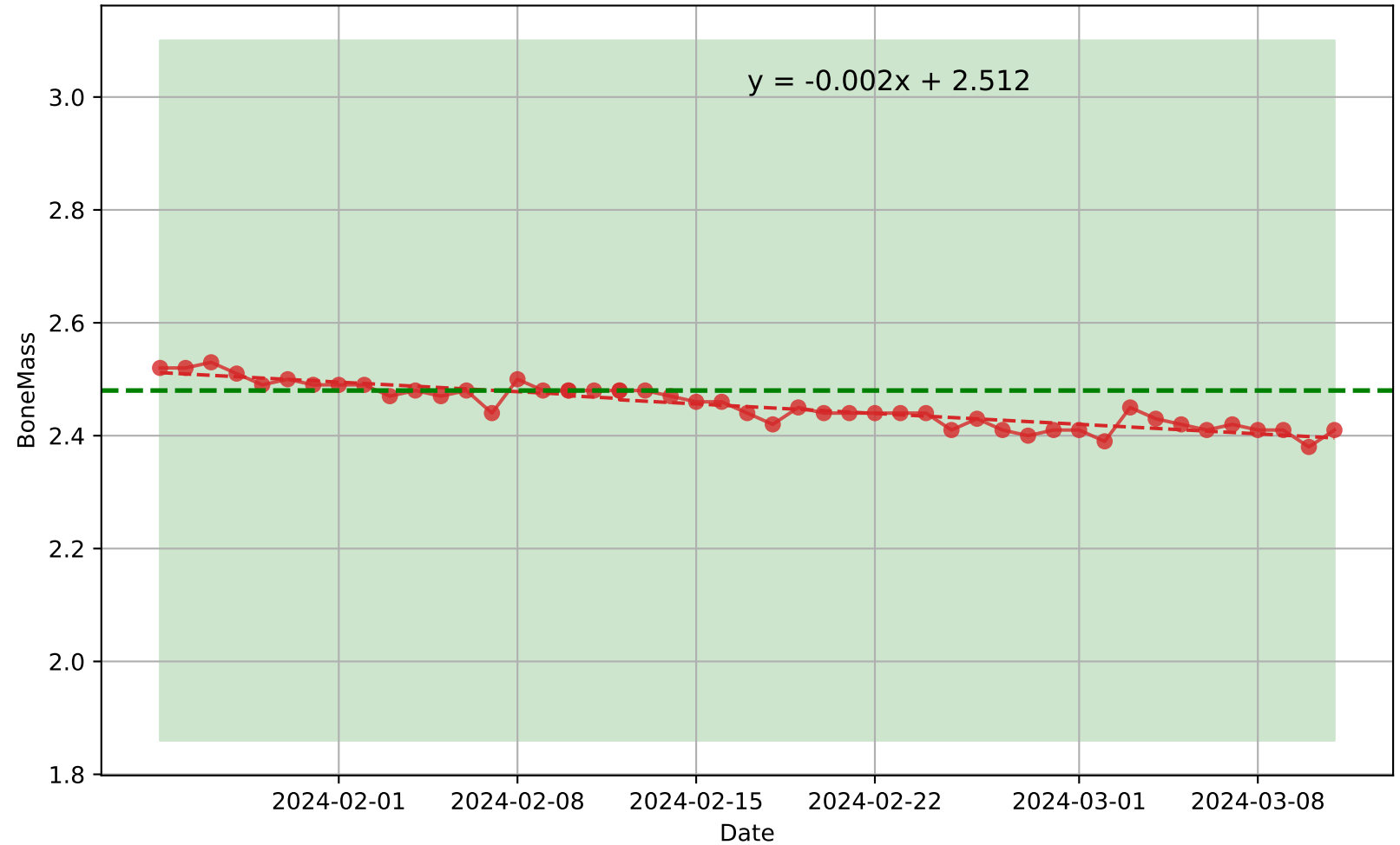
MuscleMass change over diet (as of 2024-03-11)





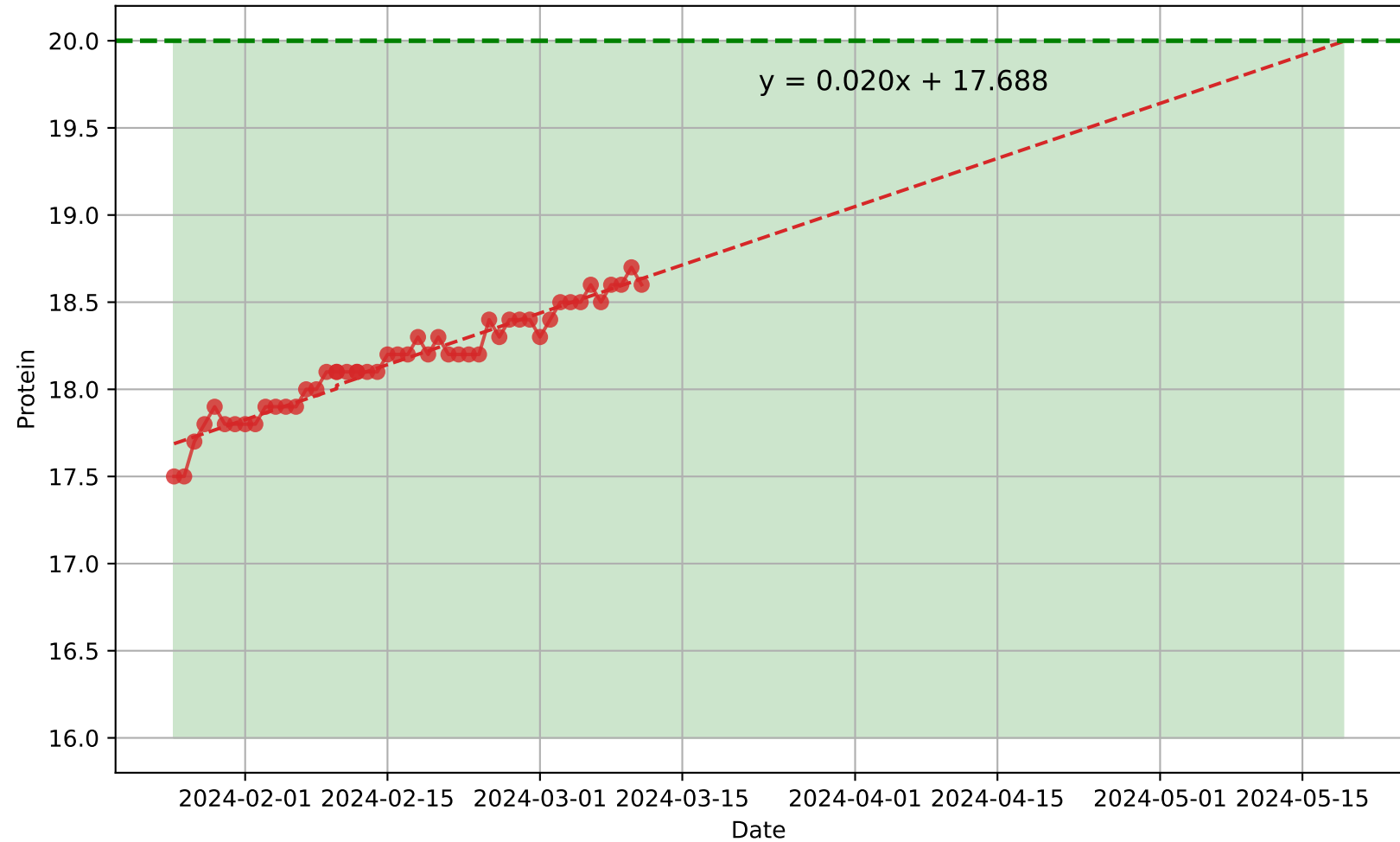
-36 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-03-11)



68 more days until the Protein goal of 20.0 (on 2024-05-18)

Protein change over diet (as of 2024-03-11)



BMR change over diet (as of 2024-03-11)

