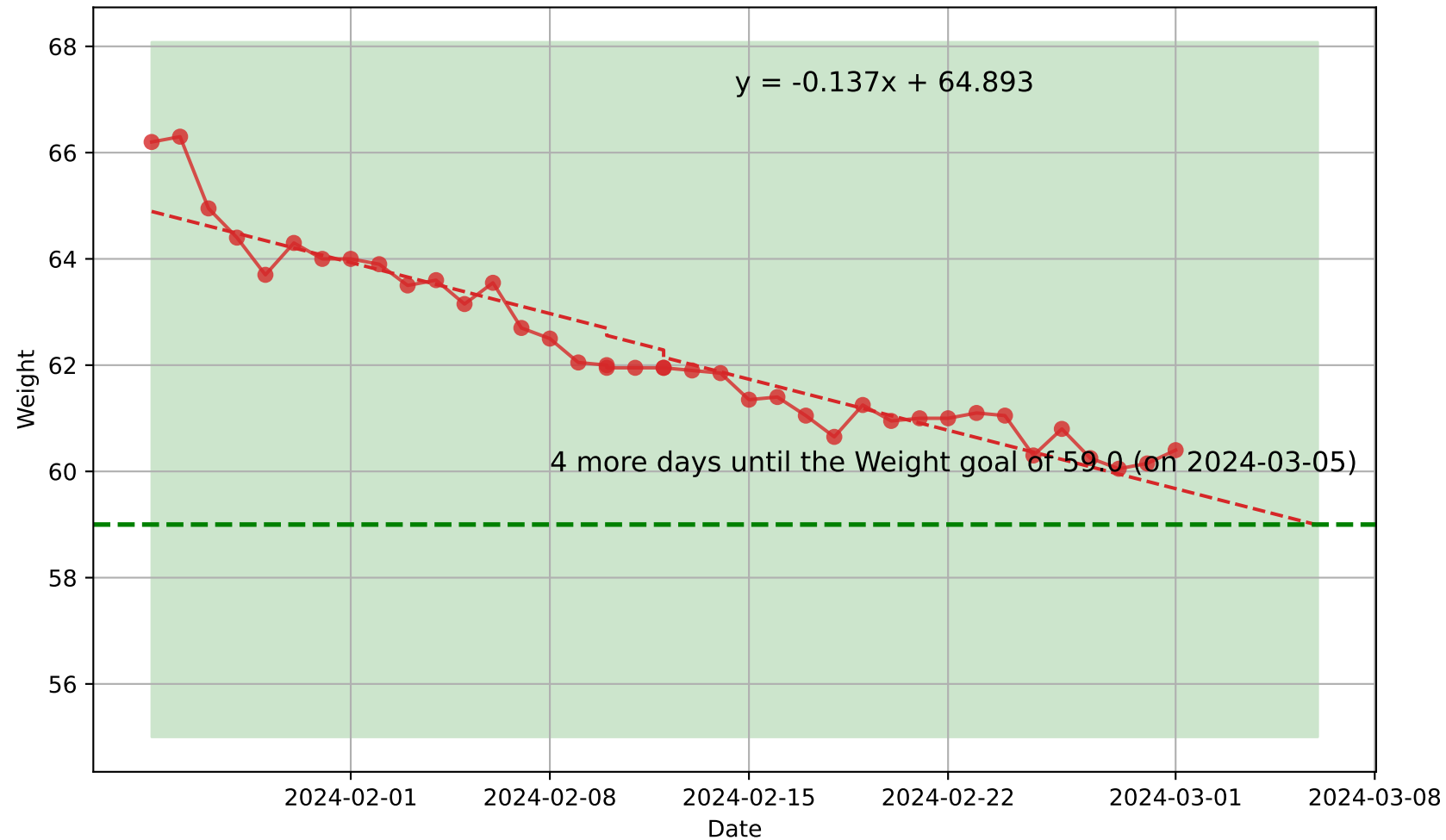
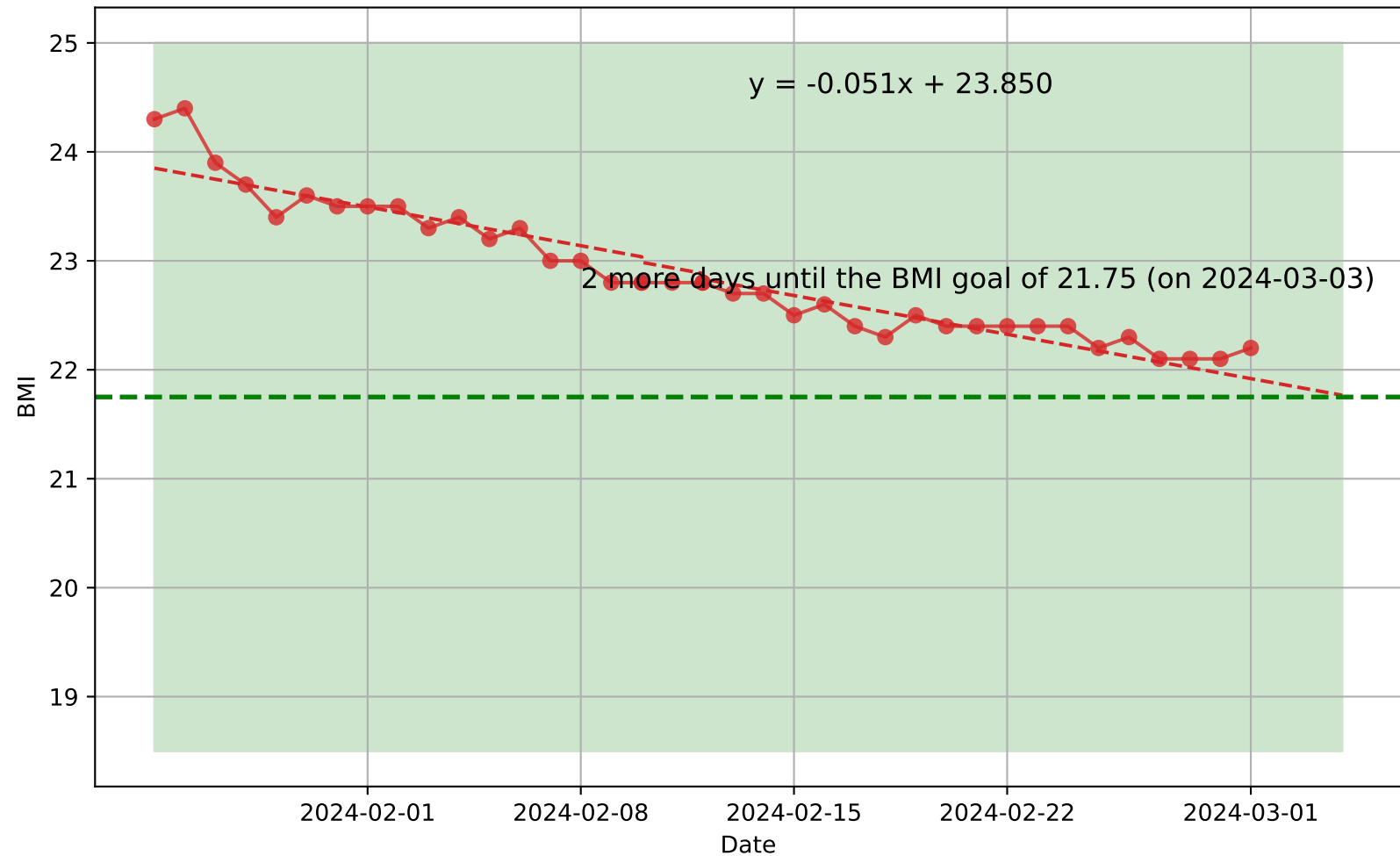


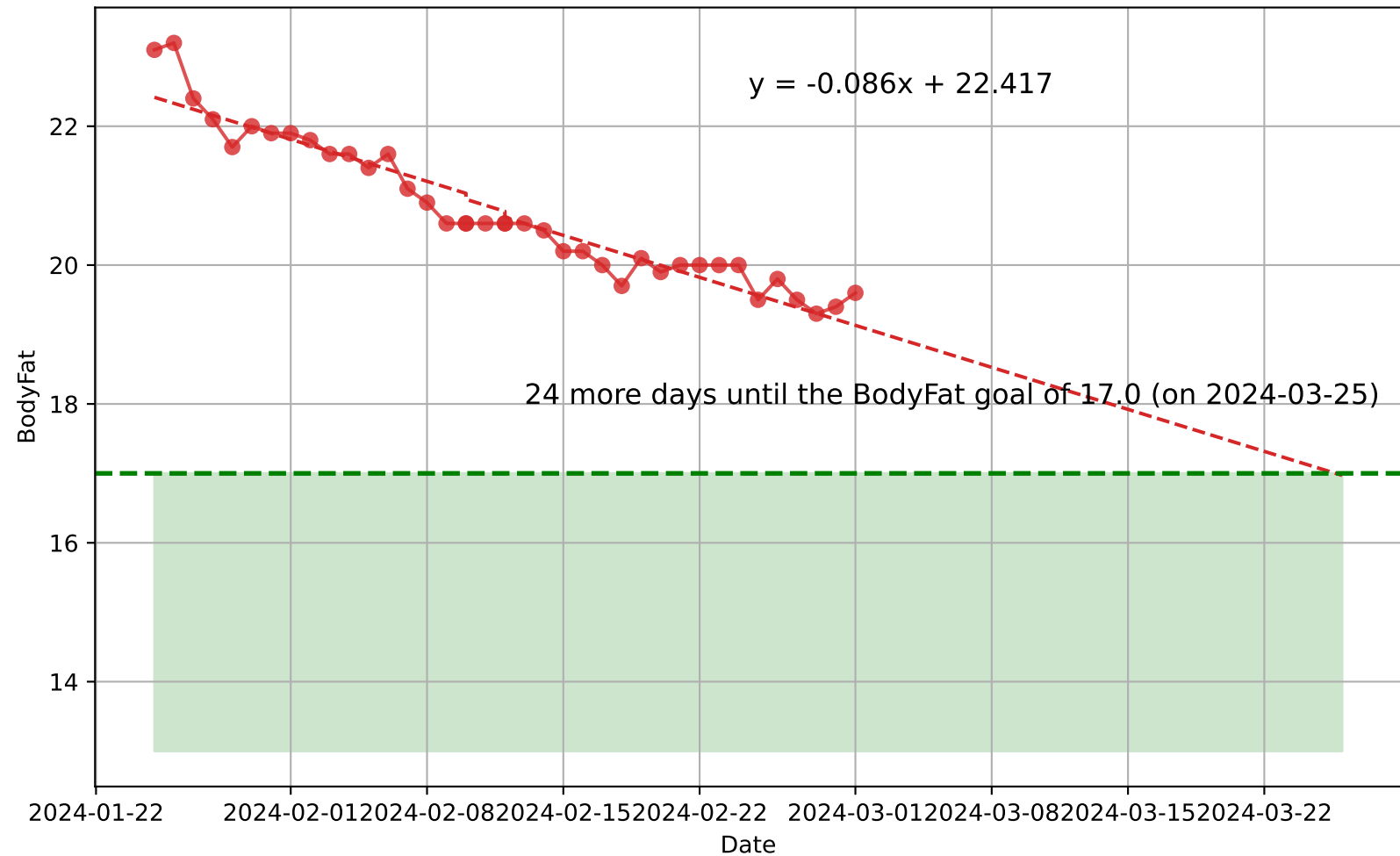
Weight change over diet (as of 2024-03-01)



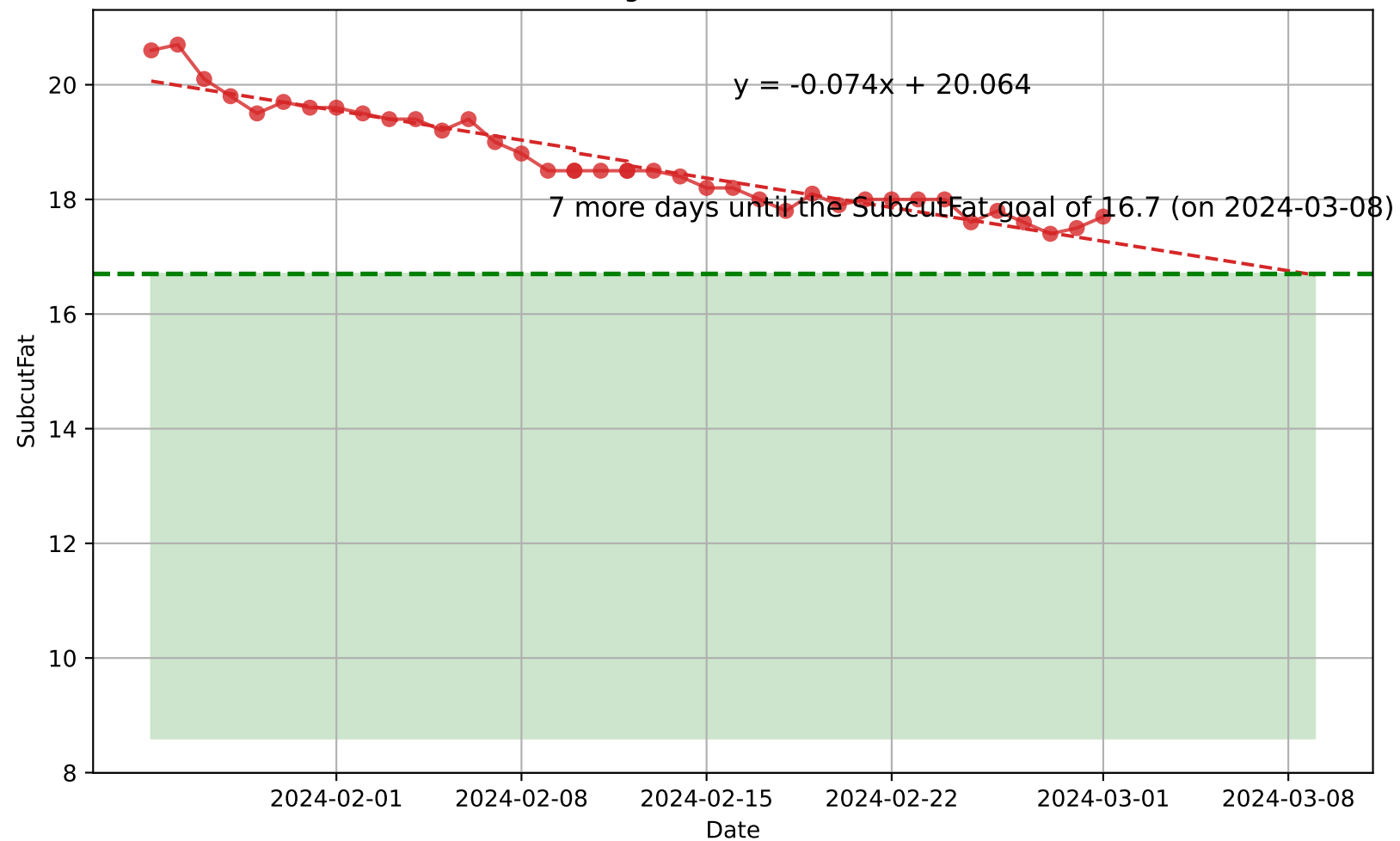
BMI change over diet (as of 2024-03-01)



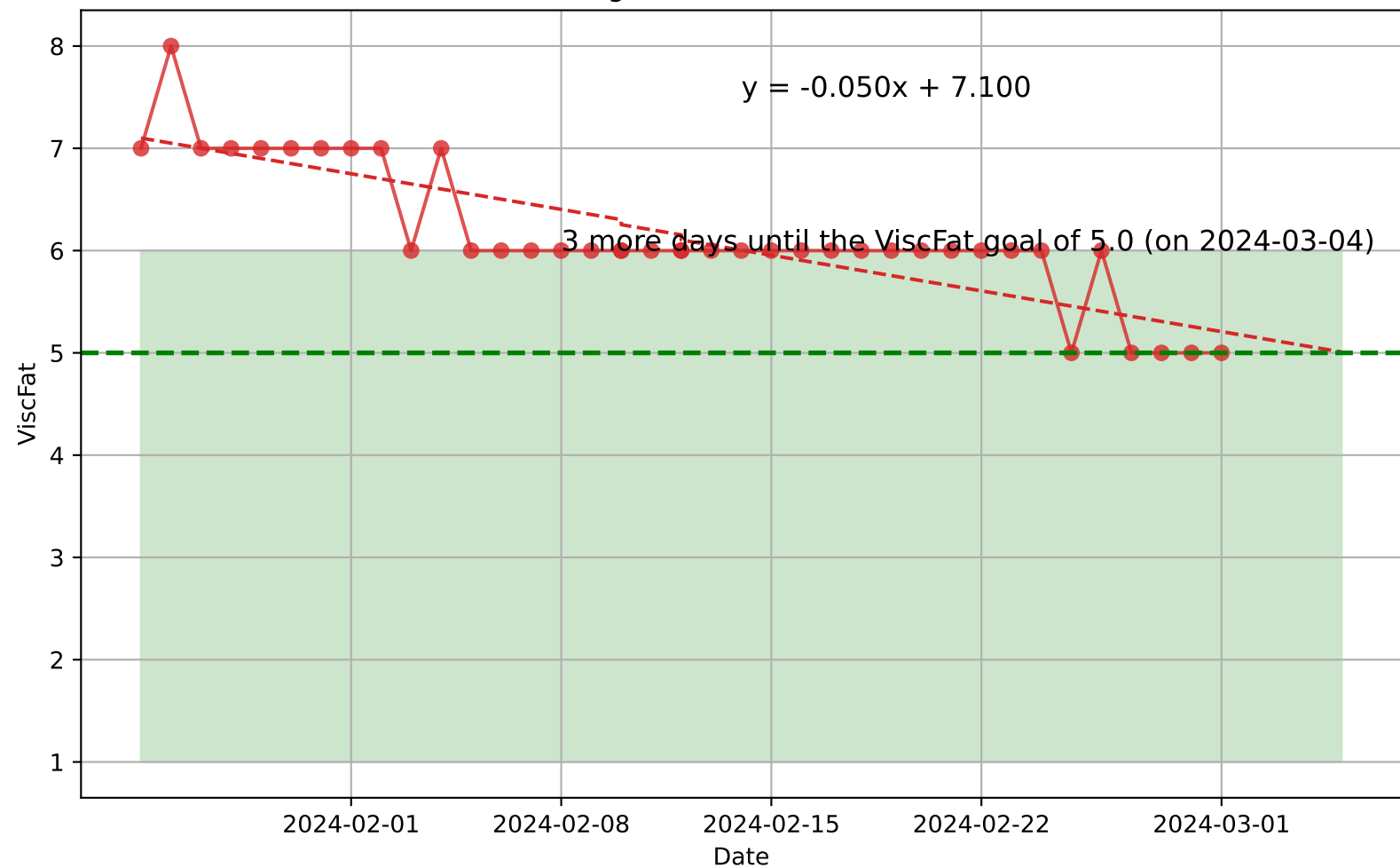
BodyFat change over diet (as of 2024-03-01)



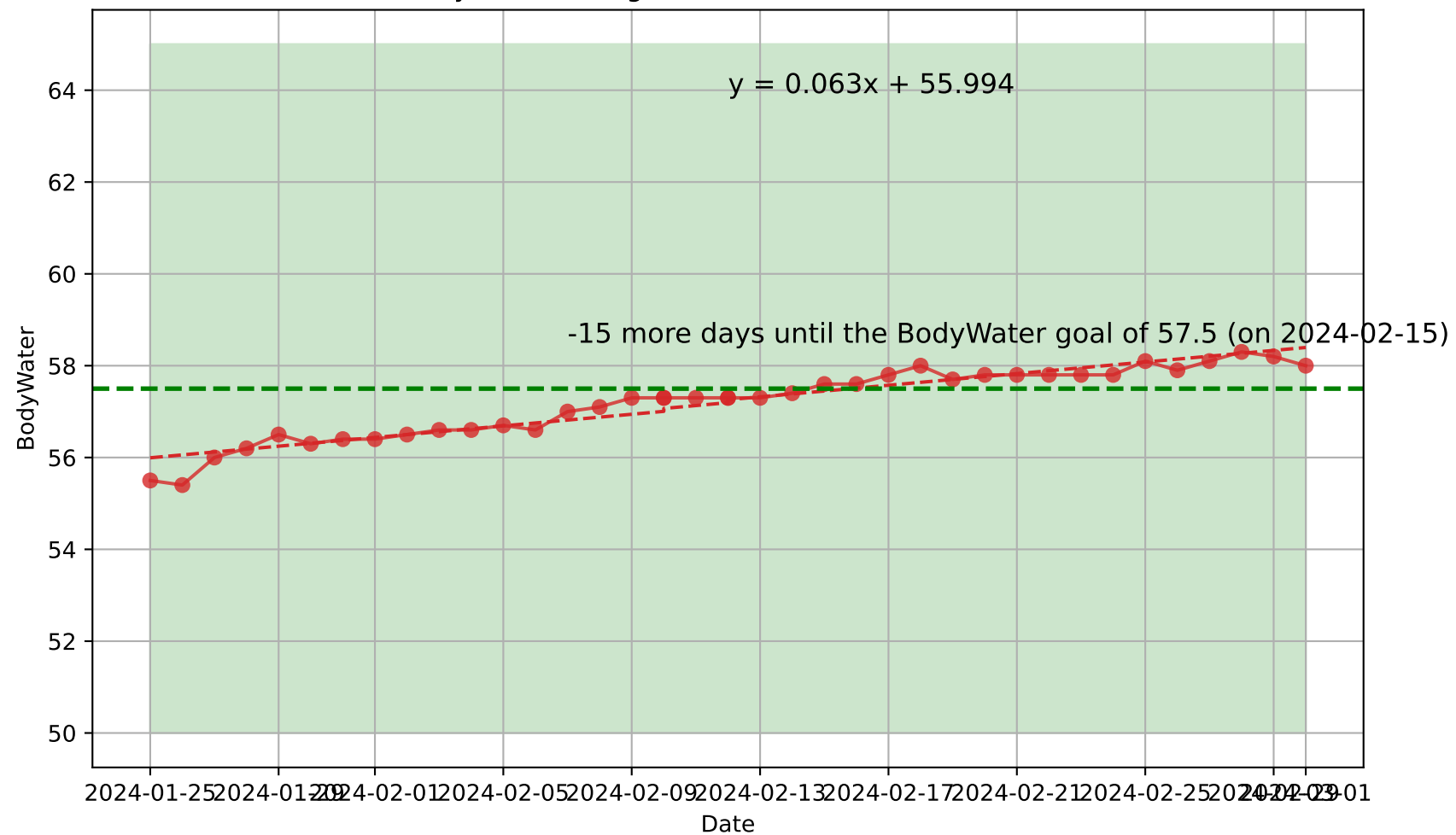
SubcutFat change over diet (as of 2024-03-01)



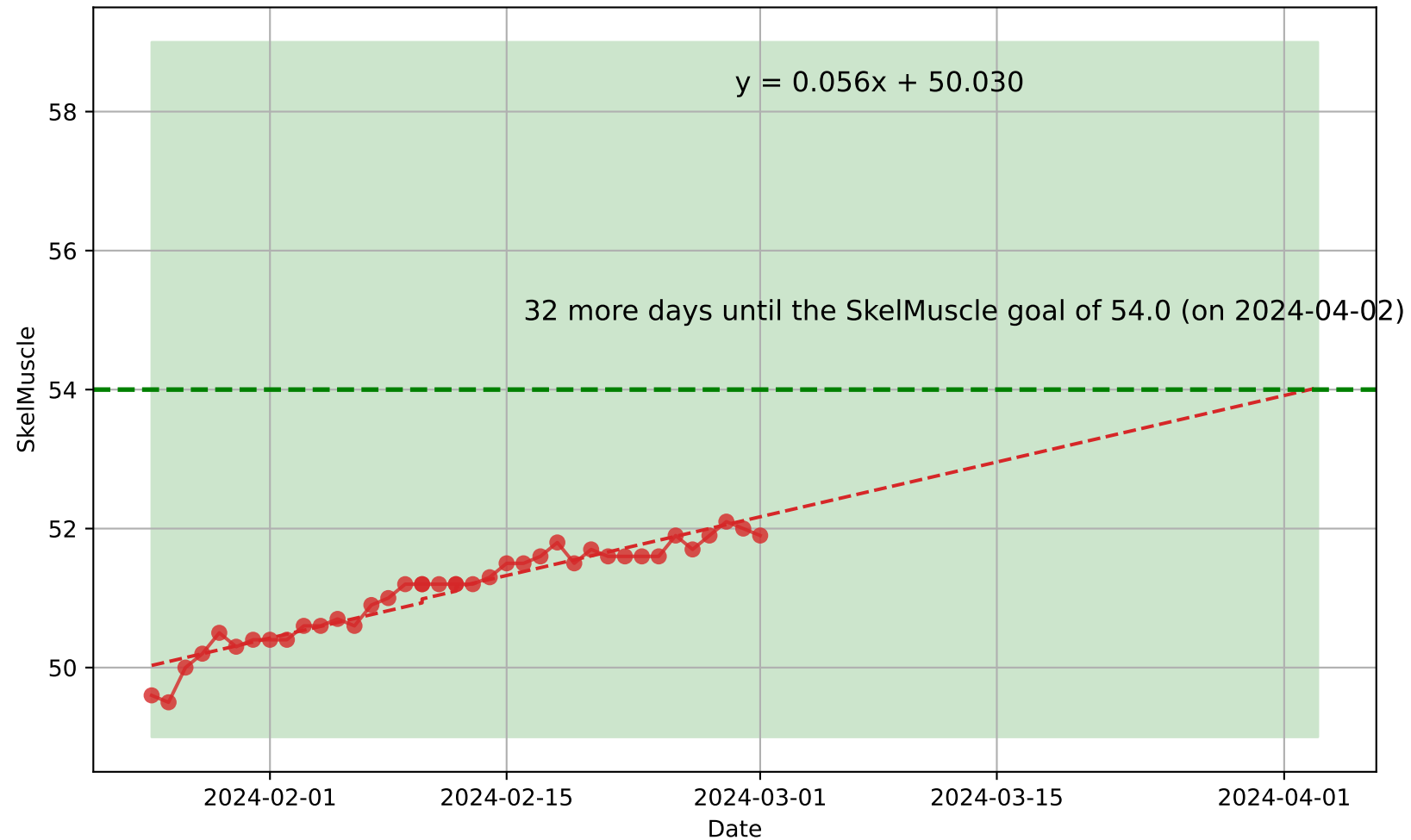
ViscFat change over diet (as of 2024-03-01)



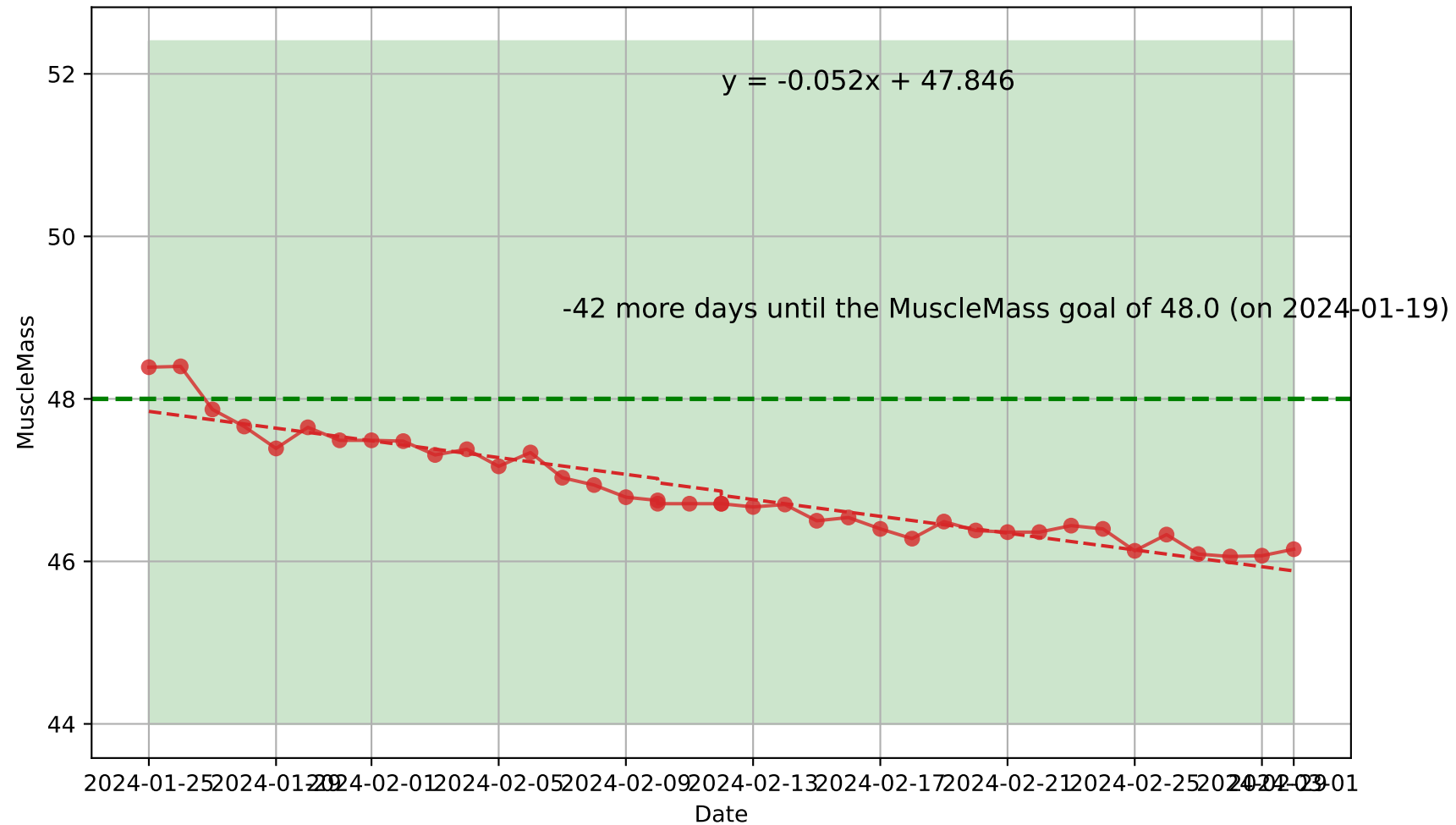
BodyWater change over diet (as of 2024-03-01)



SkelMuscle change over diet (as of 2024-03-01)



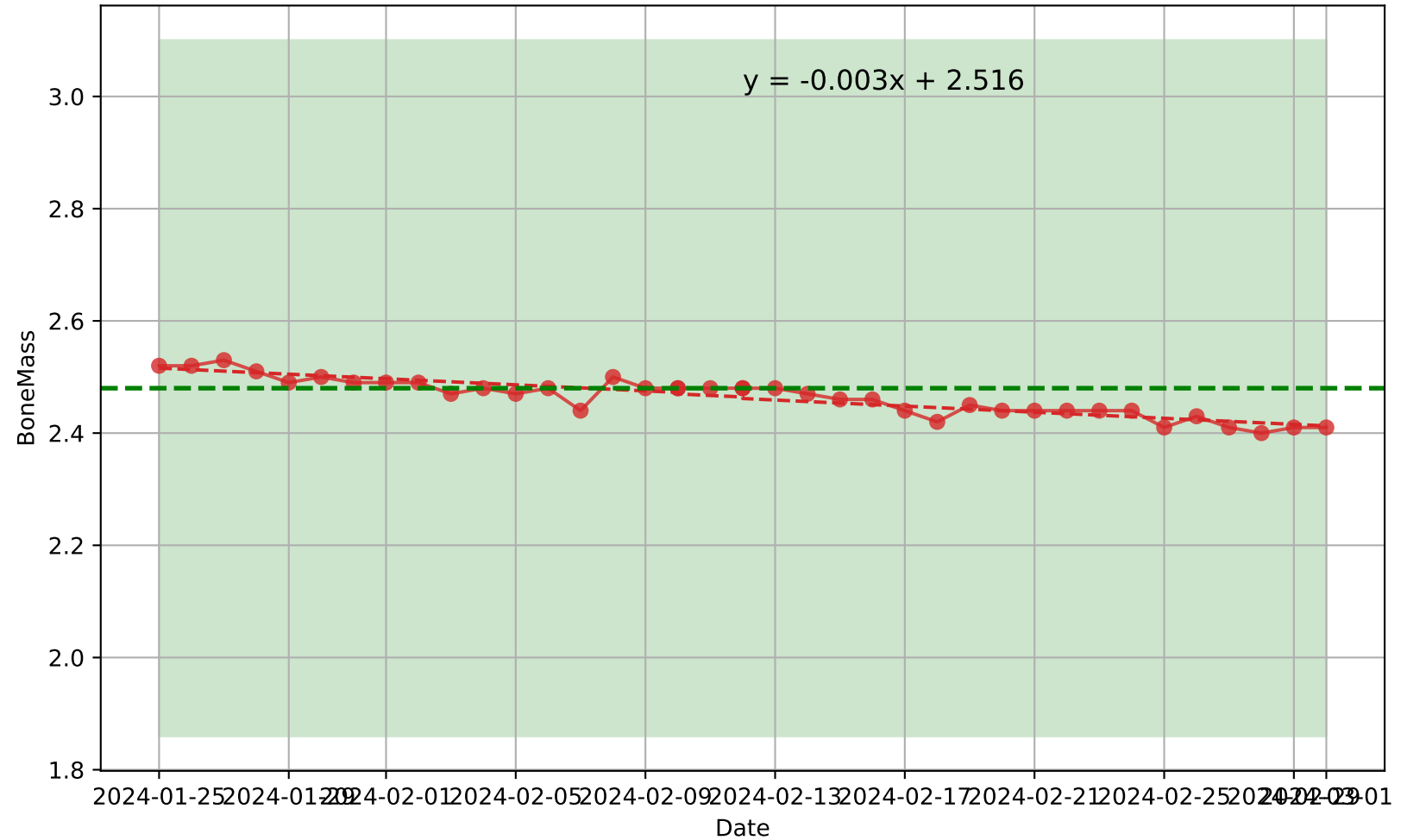
MuscleMass change over diet (as of 2024-03-01)





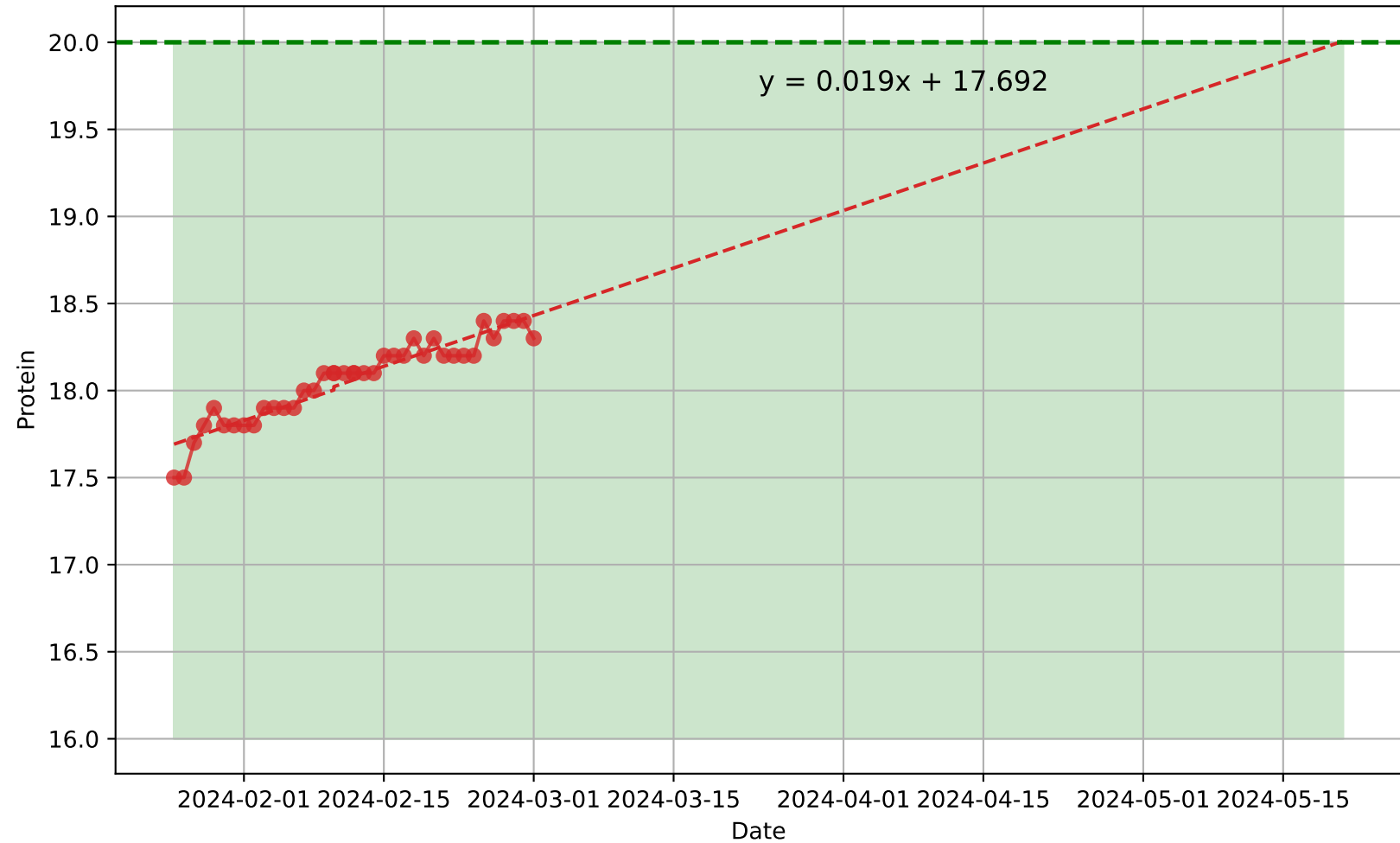
-26 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-03-01)



80 more days until the Protein goal of 20.0 (on 2024-05-20)

Protein change over diet (as of 2024-03-01)



BMR change over diet (as of 2024-03-01)

