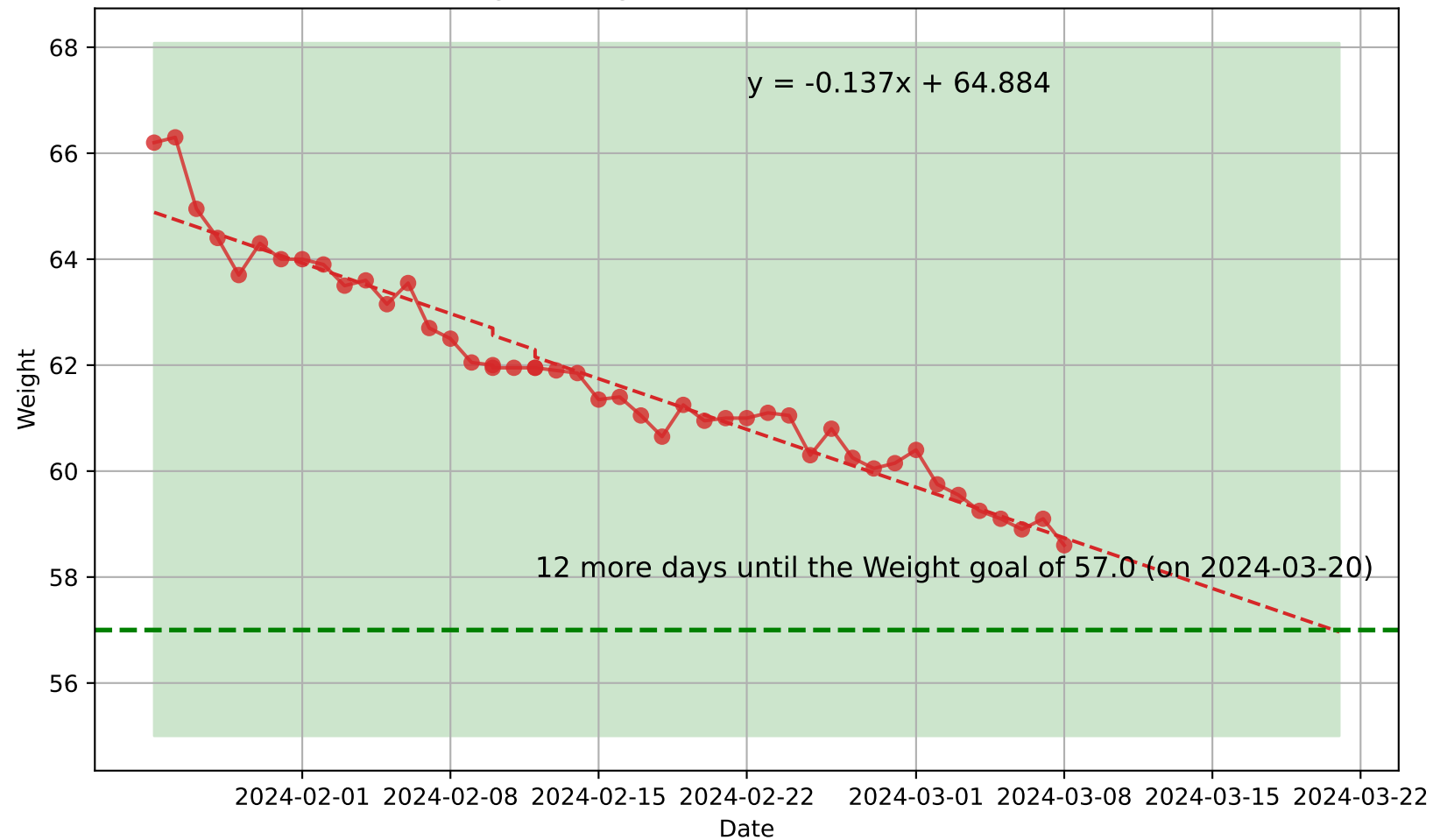
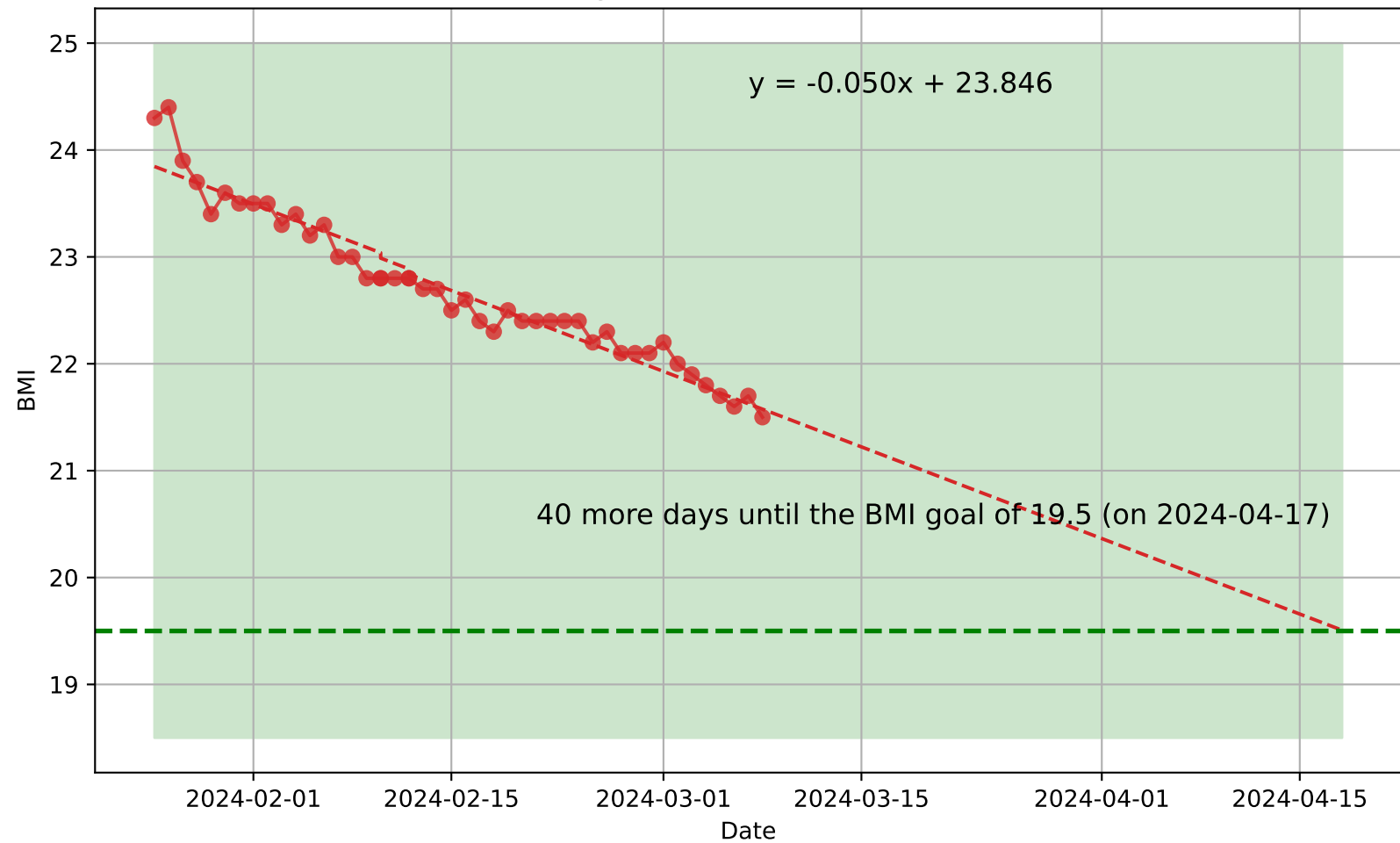


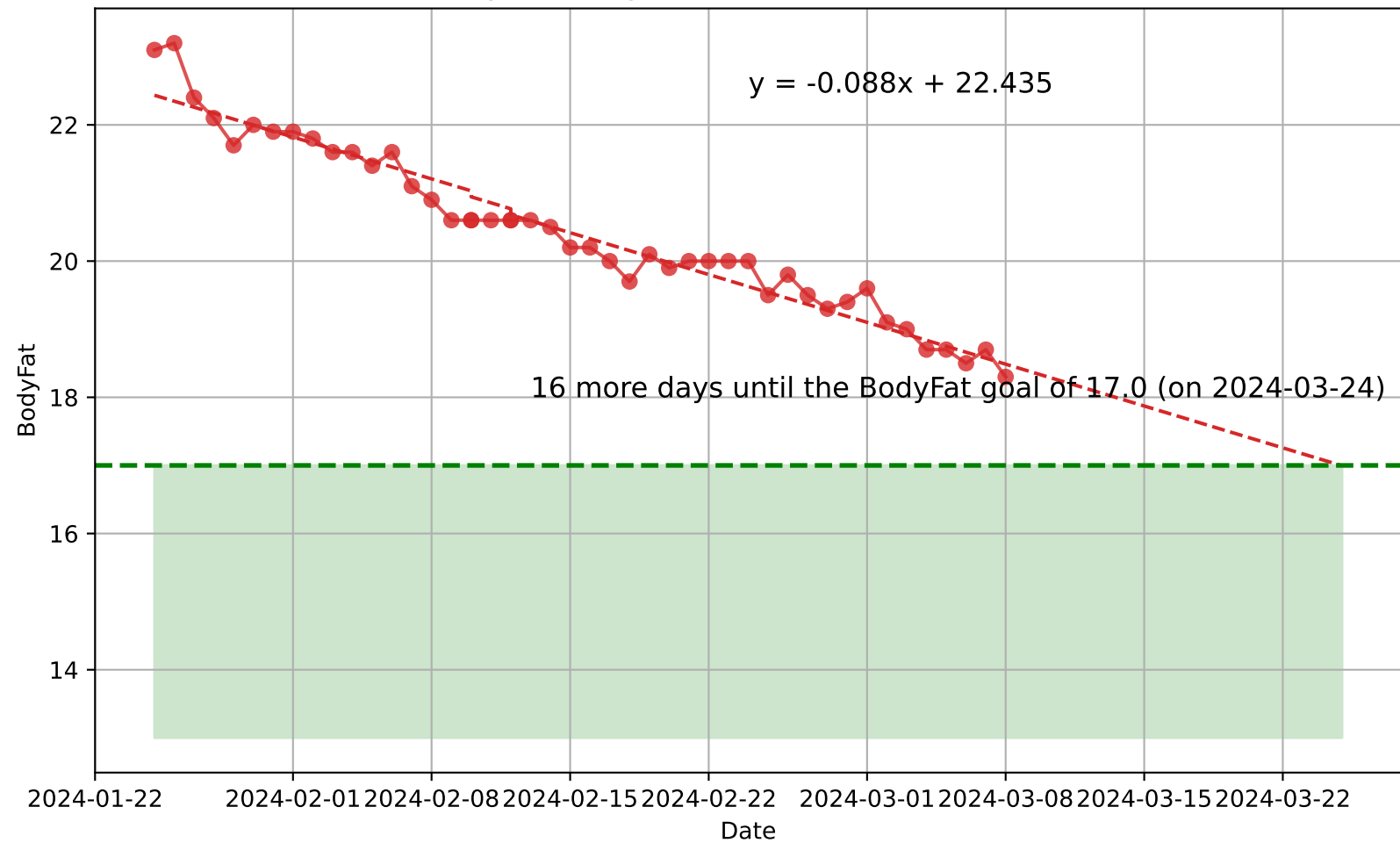
Weight change over diet (as of 2024-03-08)



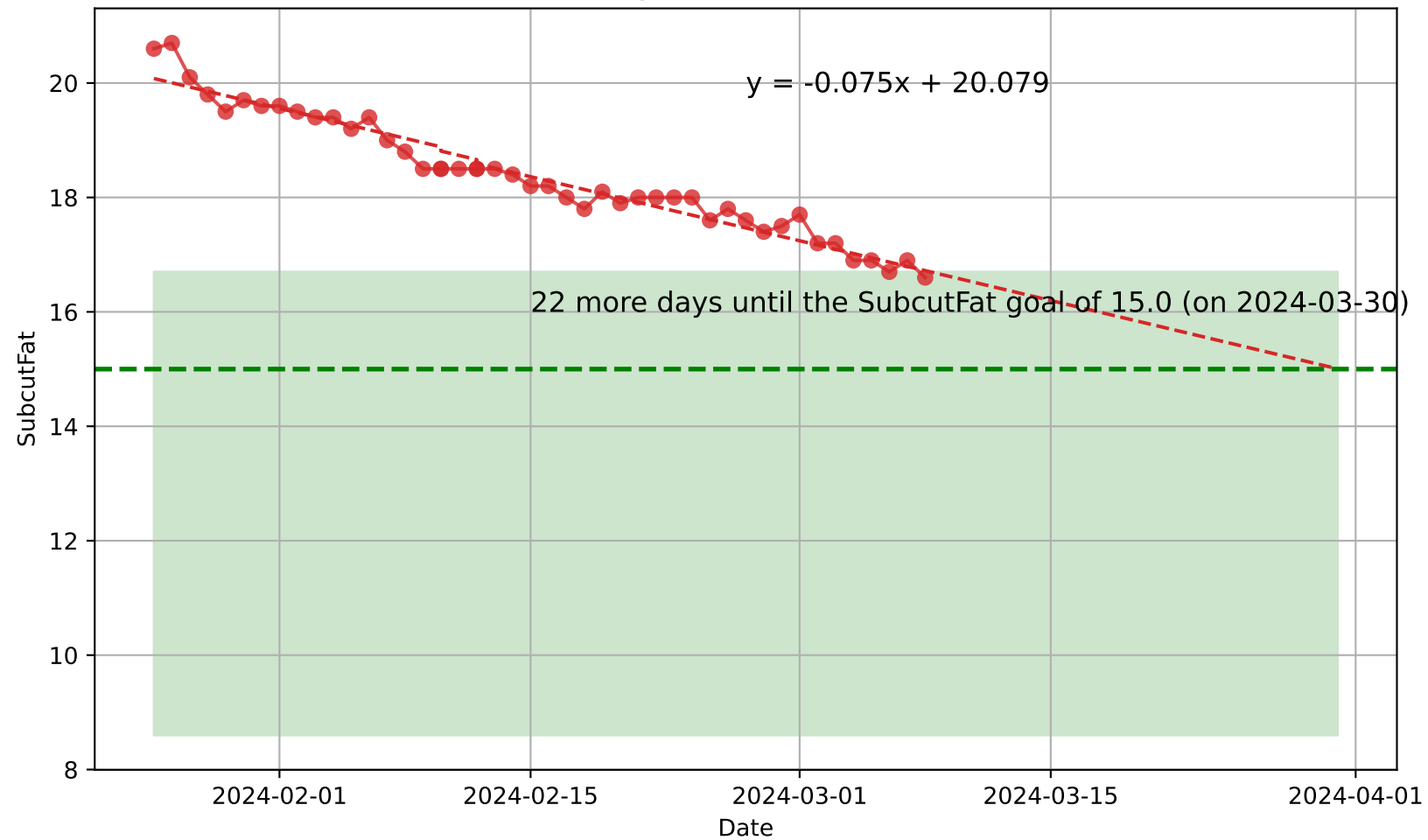
BMI change over diet (as of 2024-03-08)



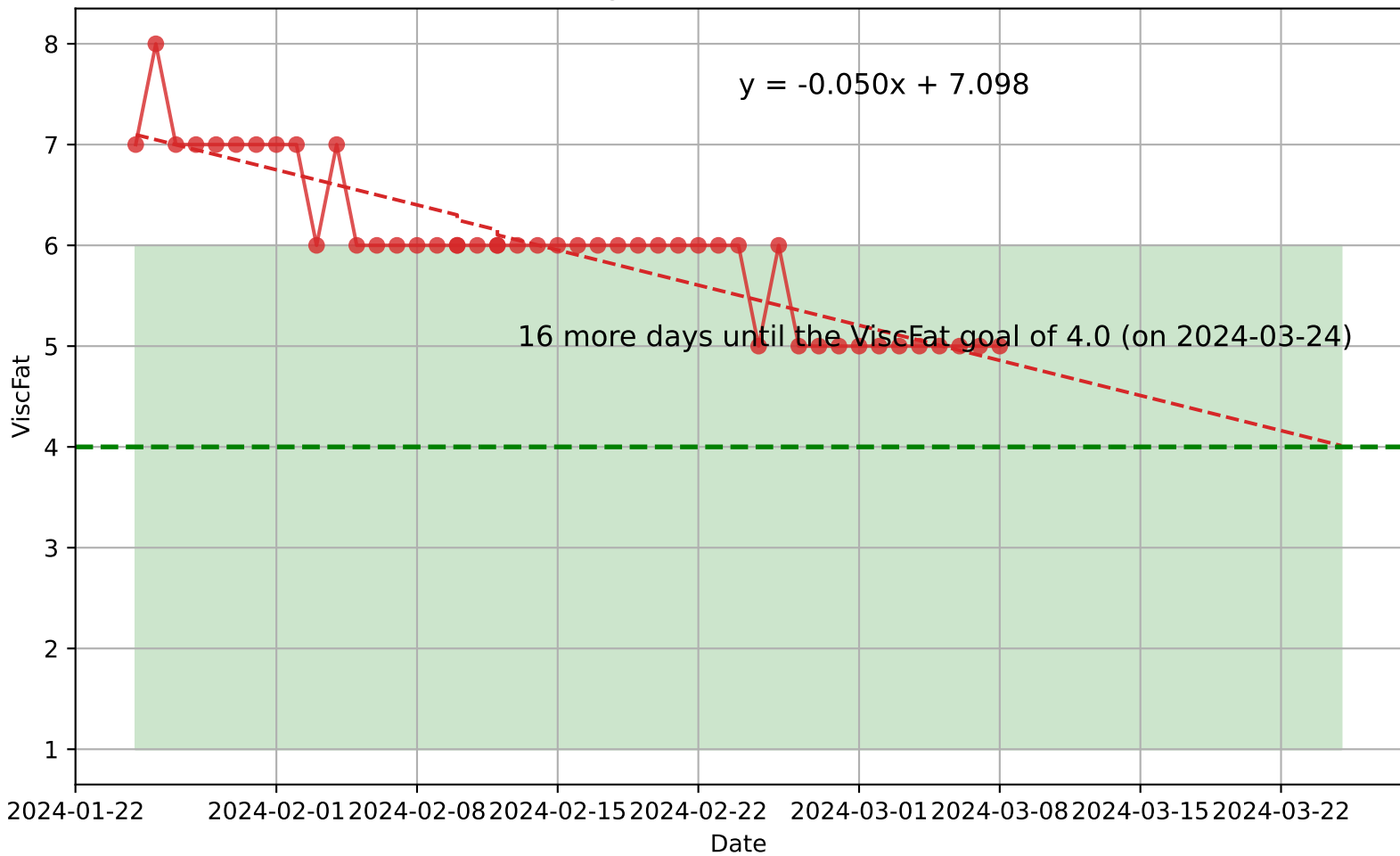
BodyFat change over diet (as of 2024-03-08)



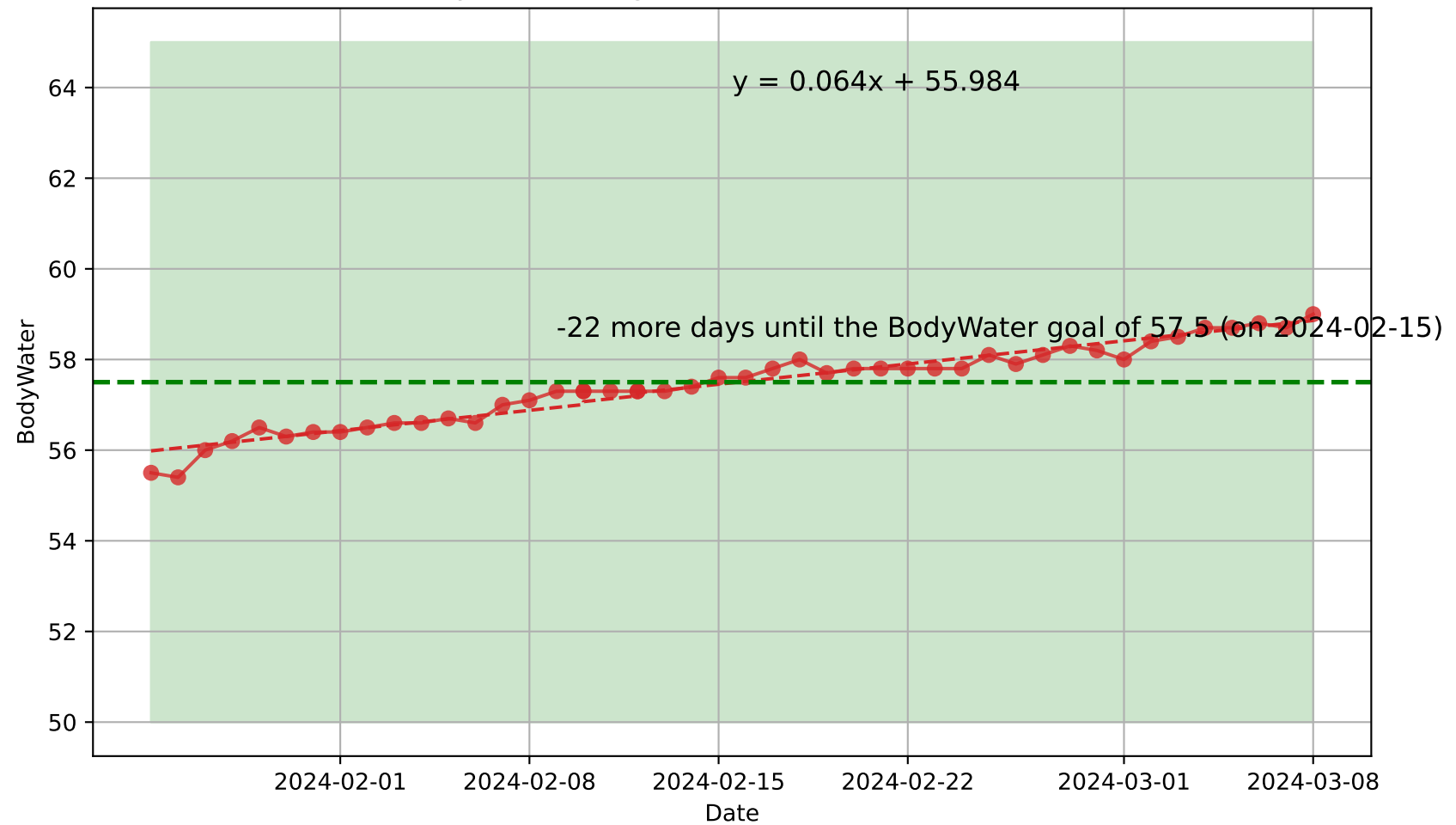
SubcutFat change over diet (as of 2024-03-08)



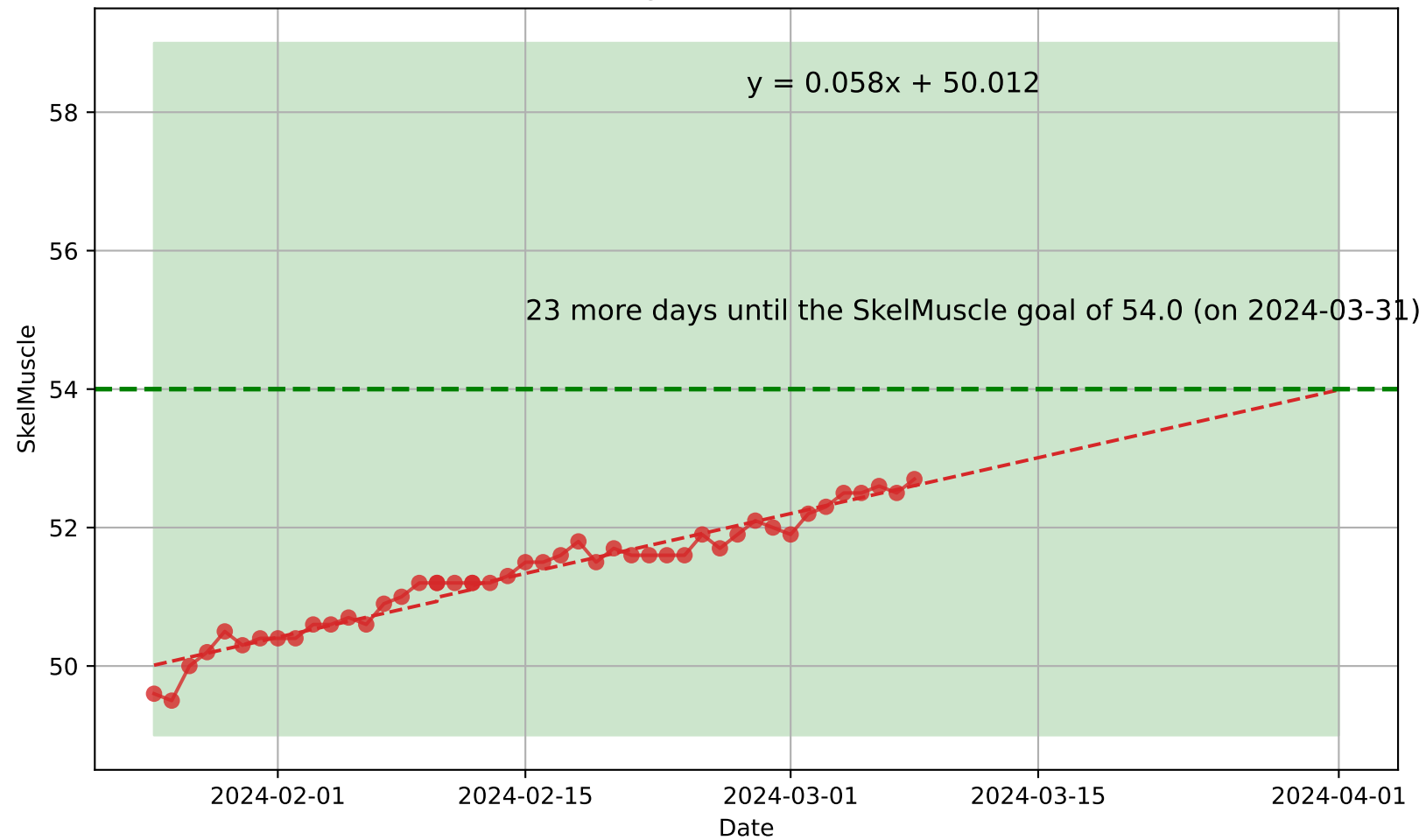
ViscFat change over diet (as of 2024-03-08)



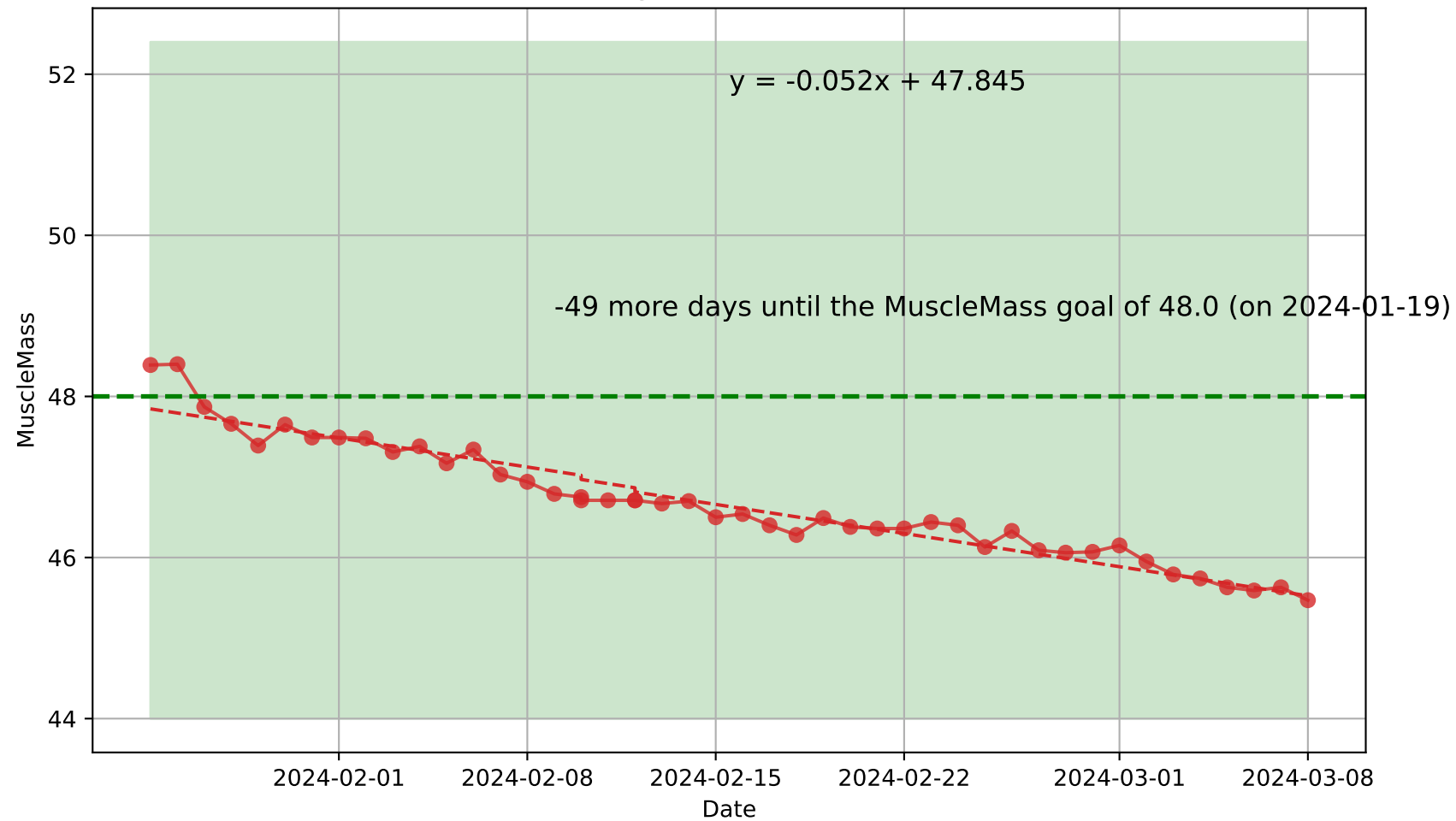
BodyWater change over diet (as of 2024-03-08)



SkelMuscle change over diet (as of 2024-03-08)



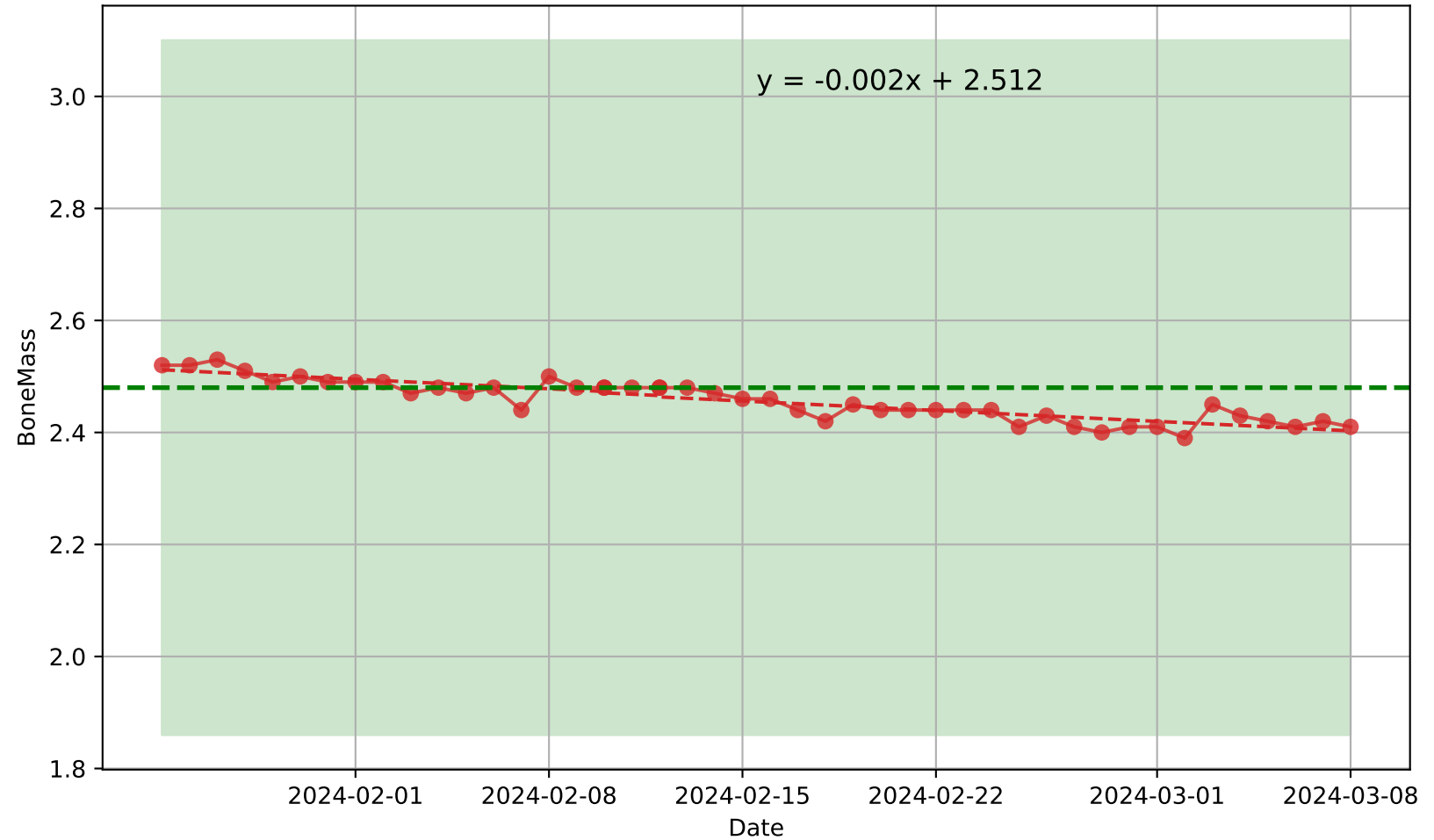
MuscleMass change over diet (as of 2024-03-08)





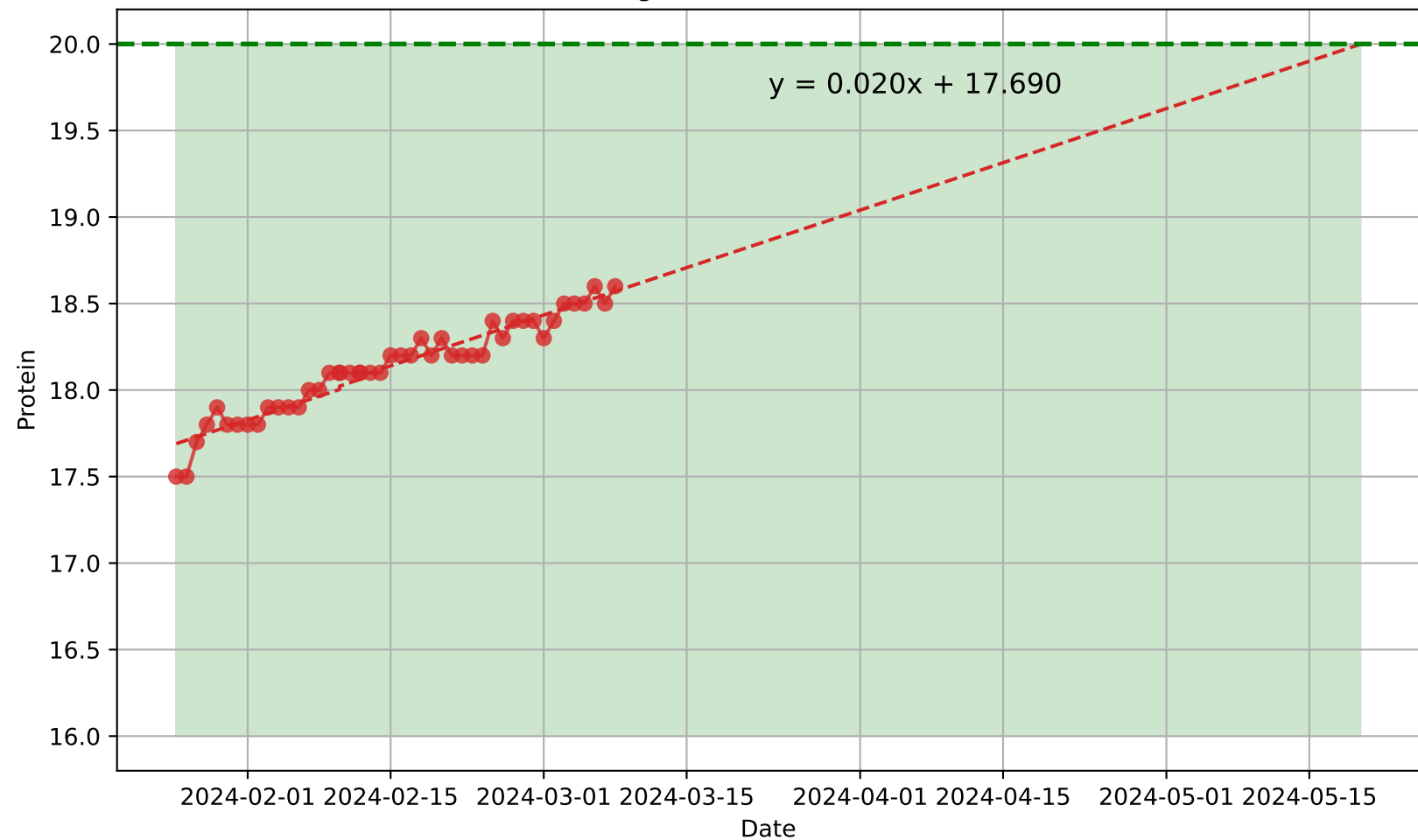
-33 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-03-08)



72 more days until the Protein goal of 20.0 (on 2024-05-19)

Protein change over diet (as of 2024-03-08)



BMR change over diet (as of 2024-03-08)

