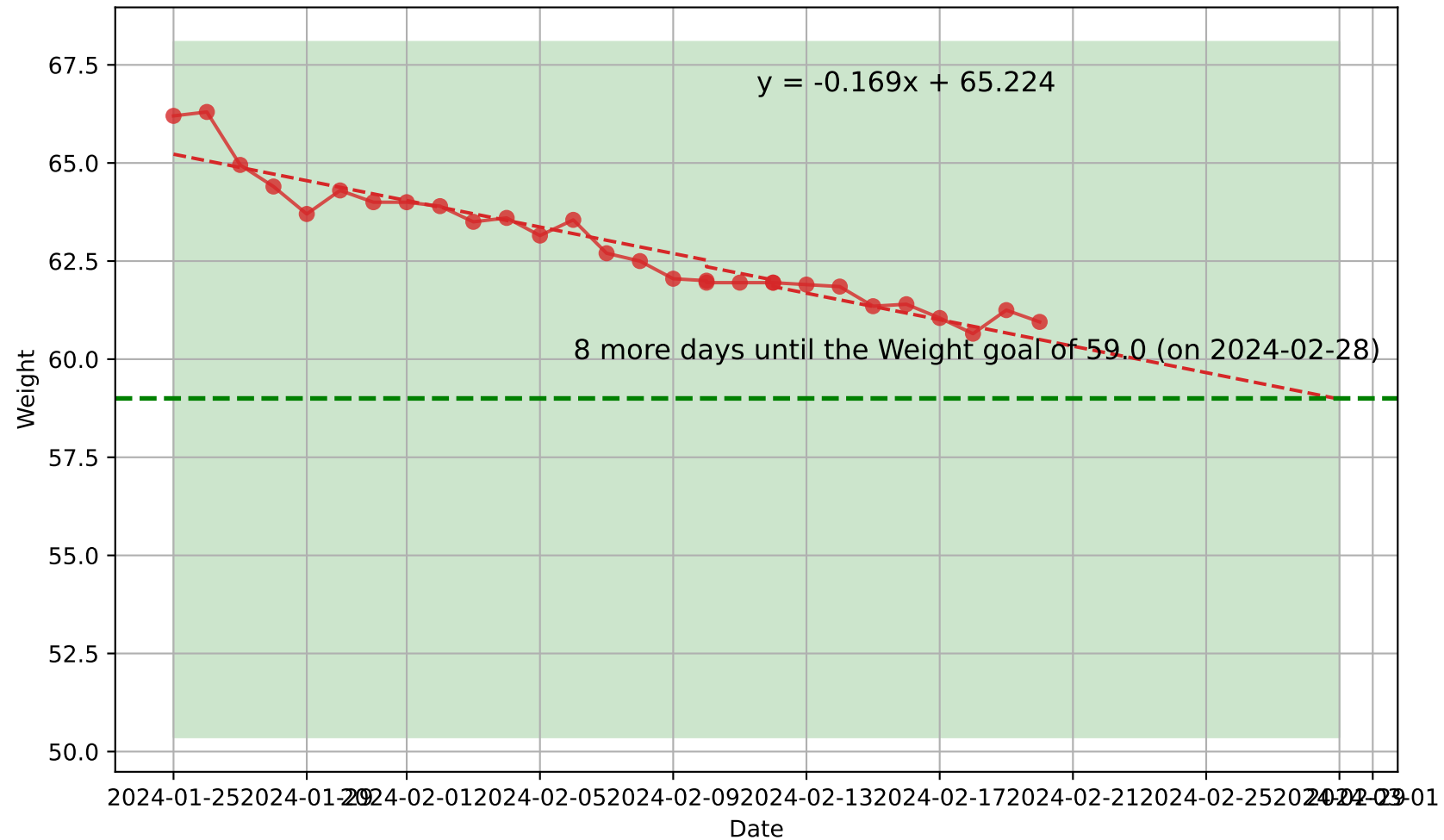
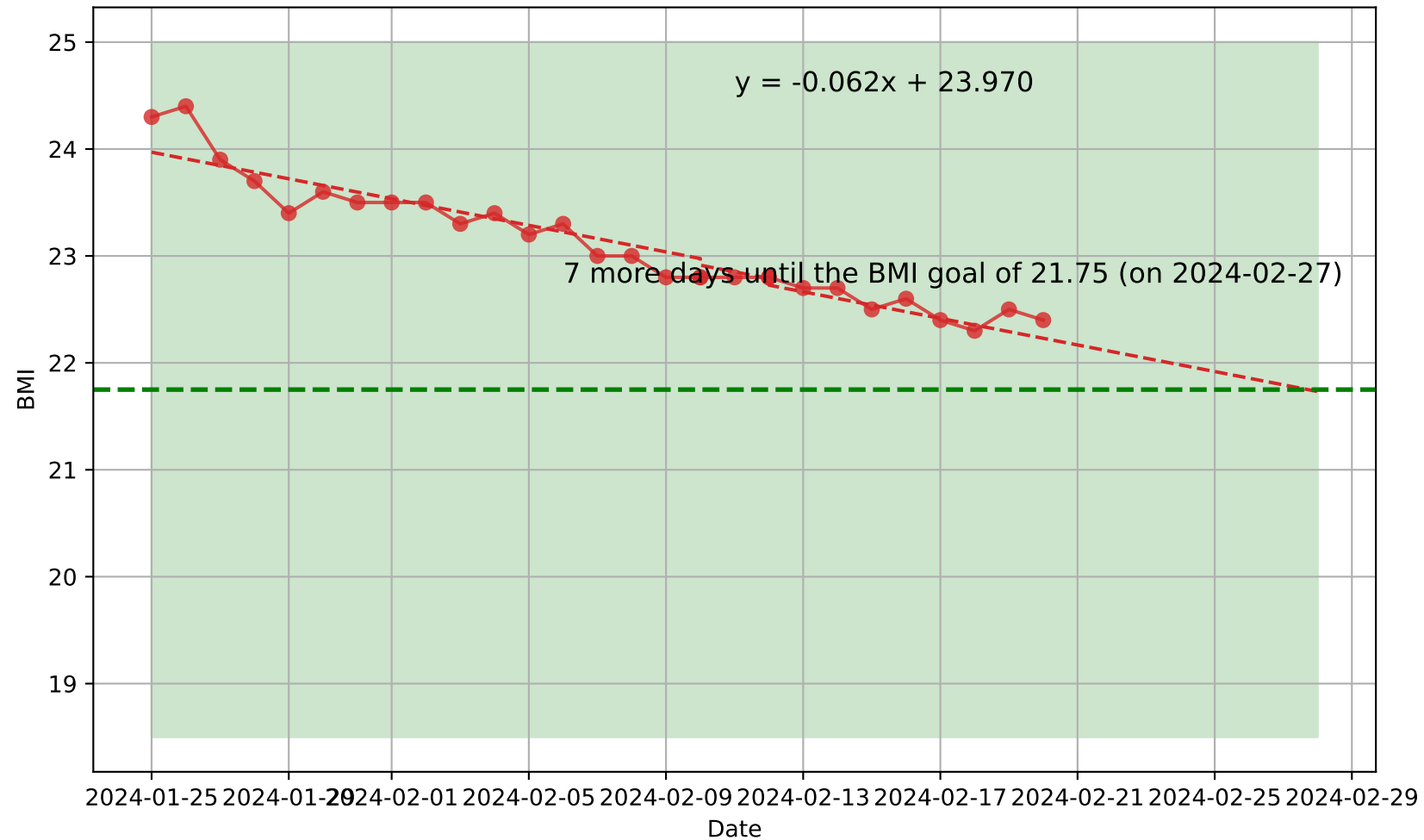


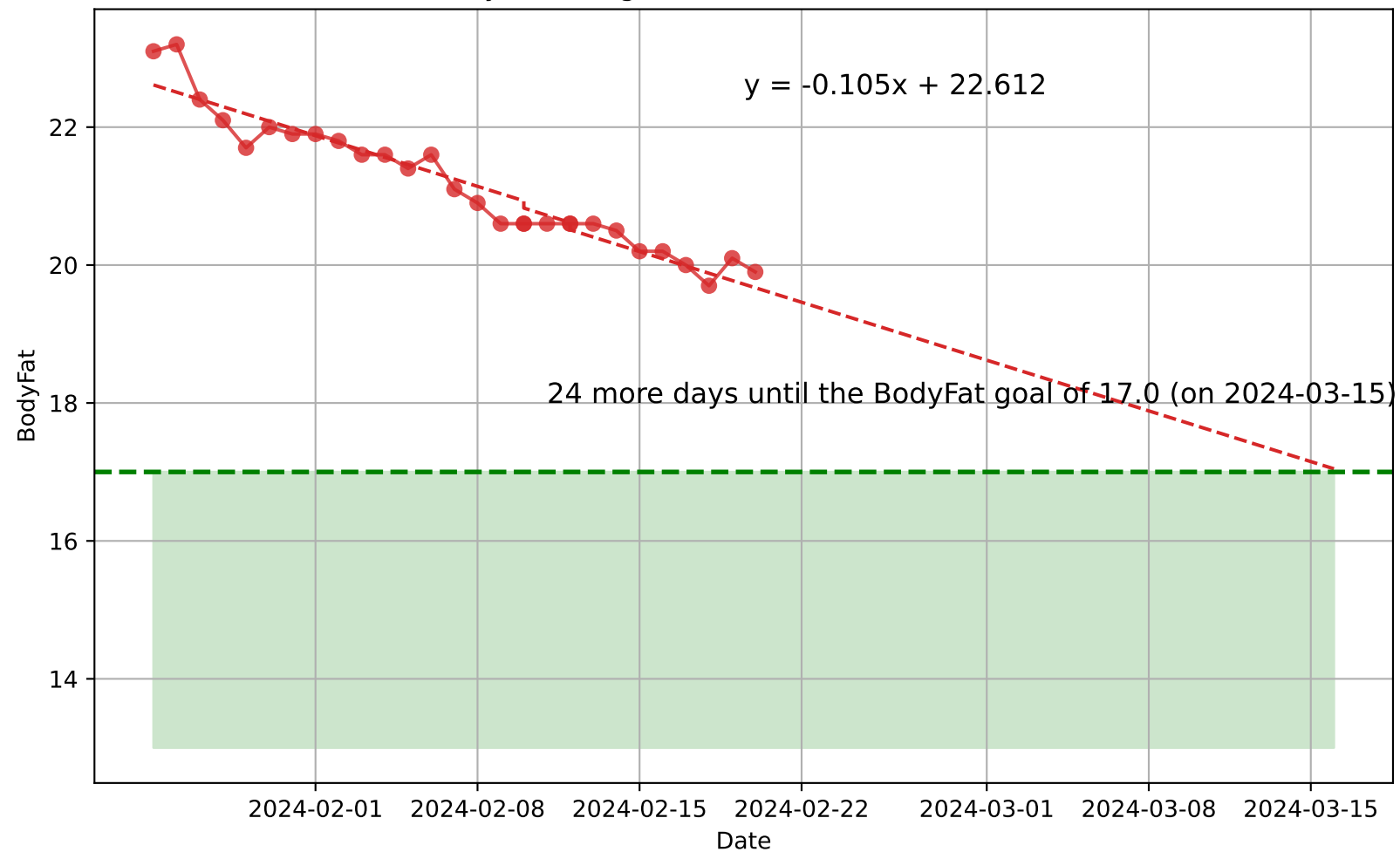
Weight change over diet (as of 2024-02-20)



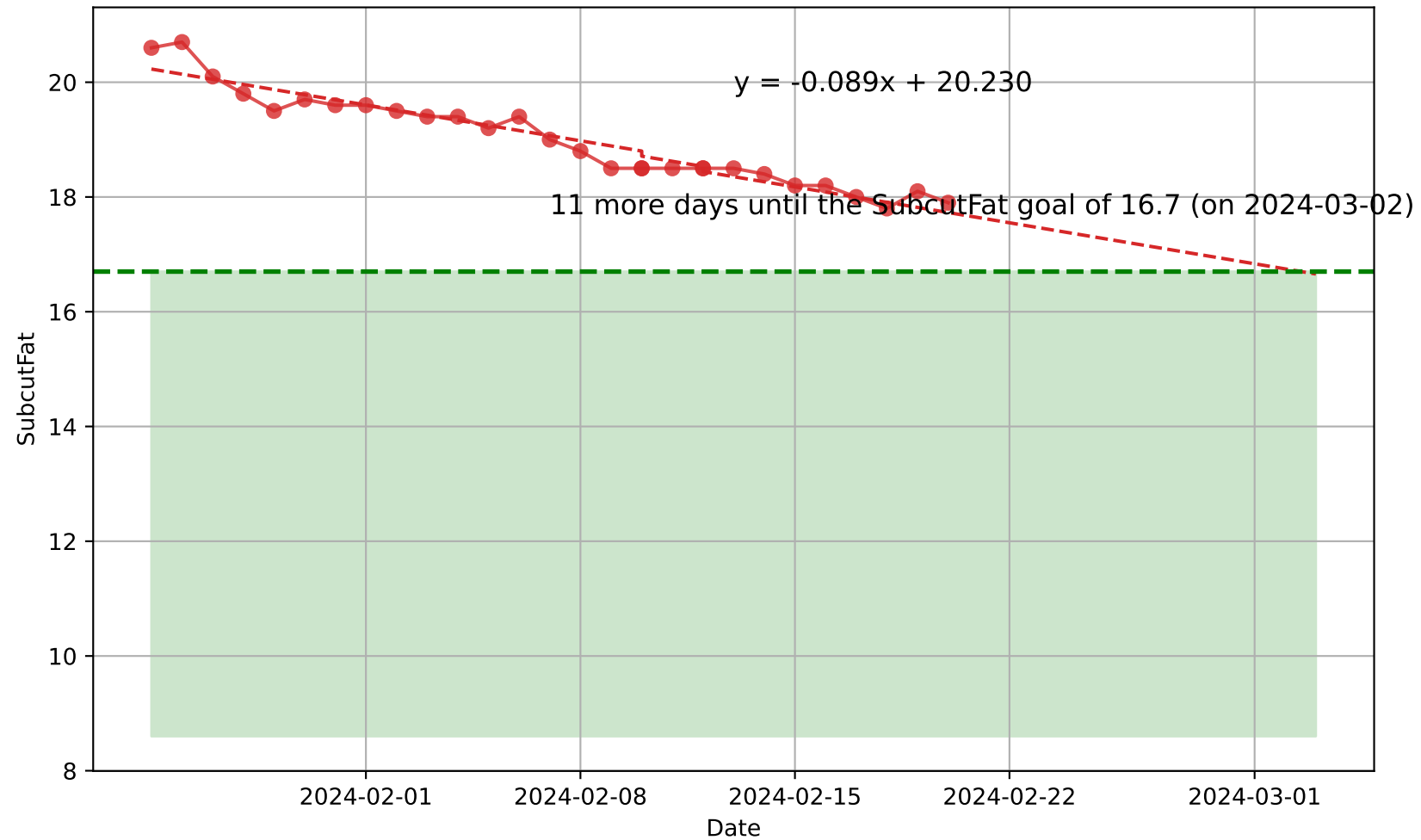
BMI change over diet (as of 2024-02-20)



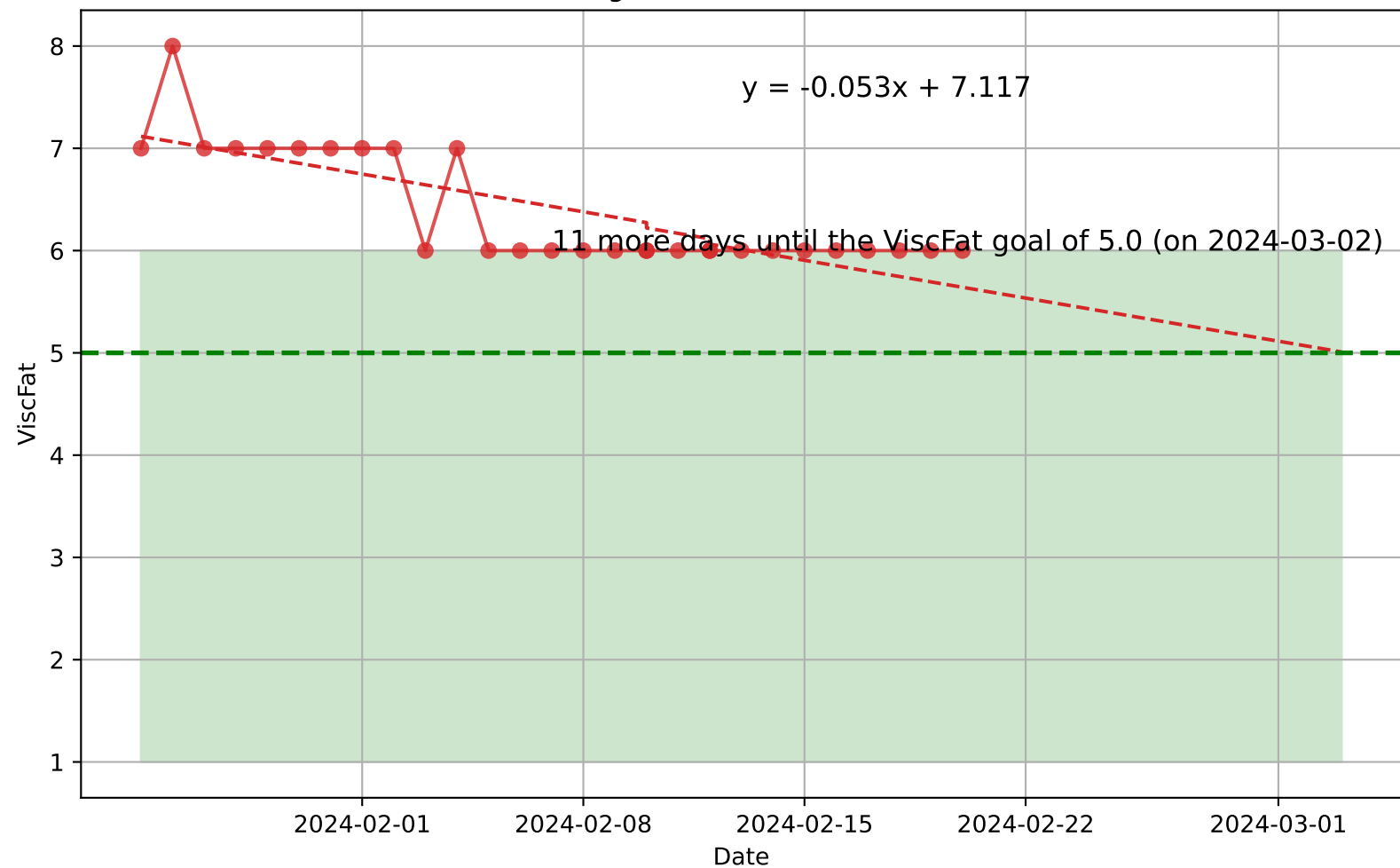
BodyFat change over diet (as of 2024-02-20)



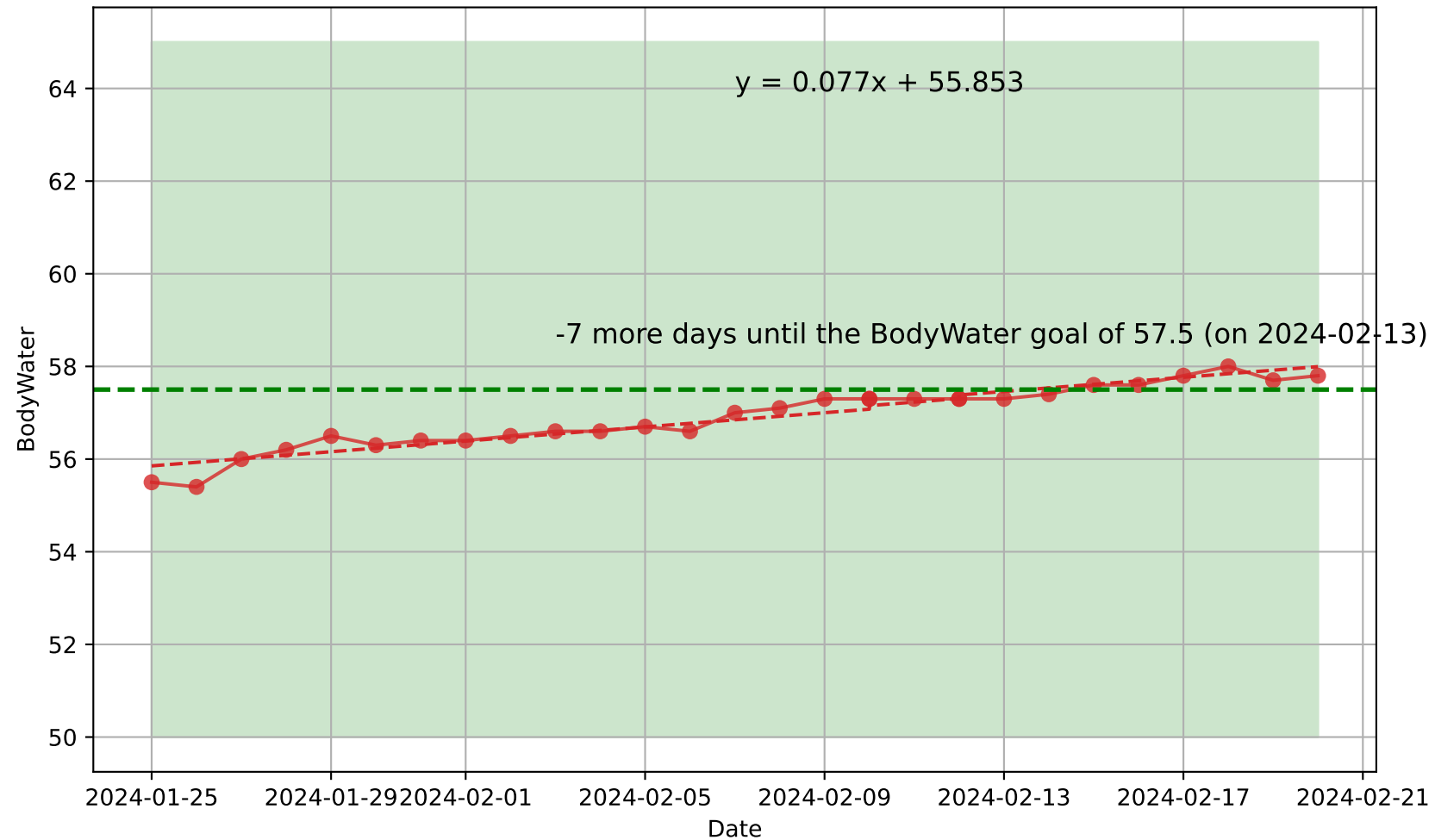
SubcutFat change over diet (as of 2024-02-20)



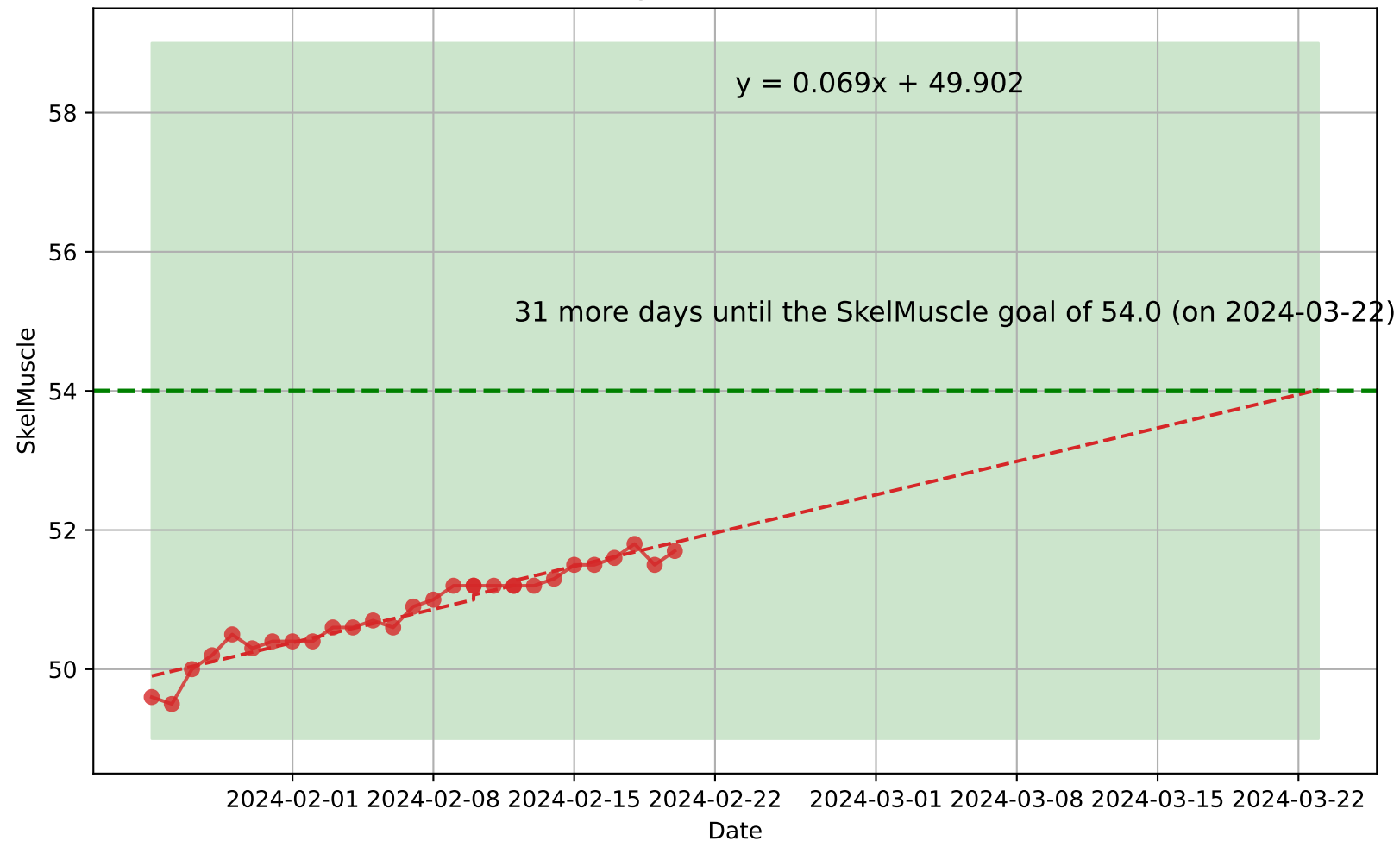
ViscFat change over diet (as of 2024-02-20)



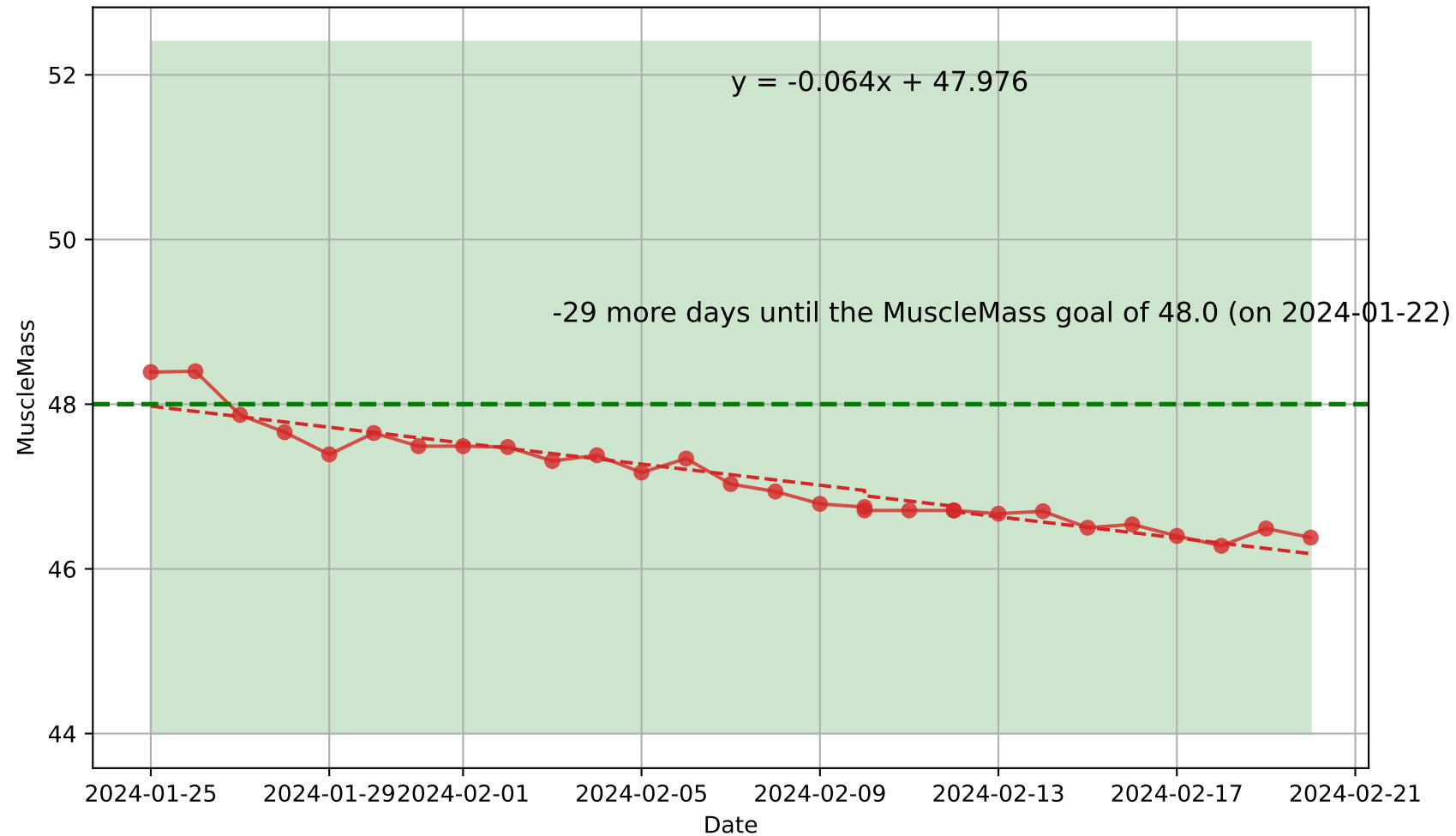
BodyWater change over diet (as of 2024-02-20)



SkelMuscle change over diet (as of 2024-02-20)



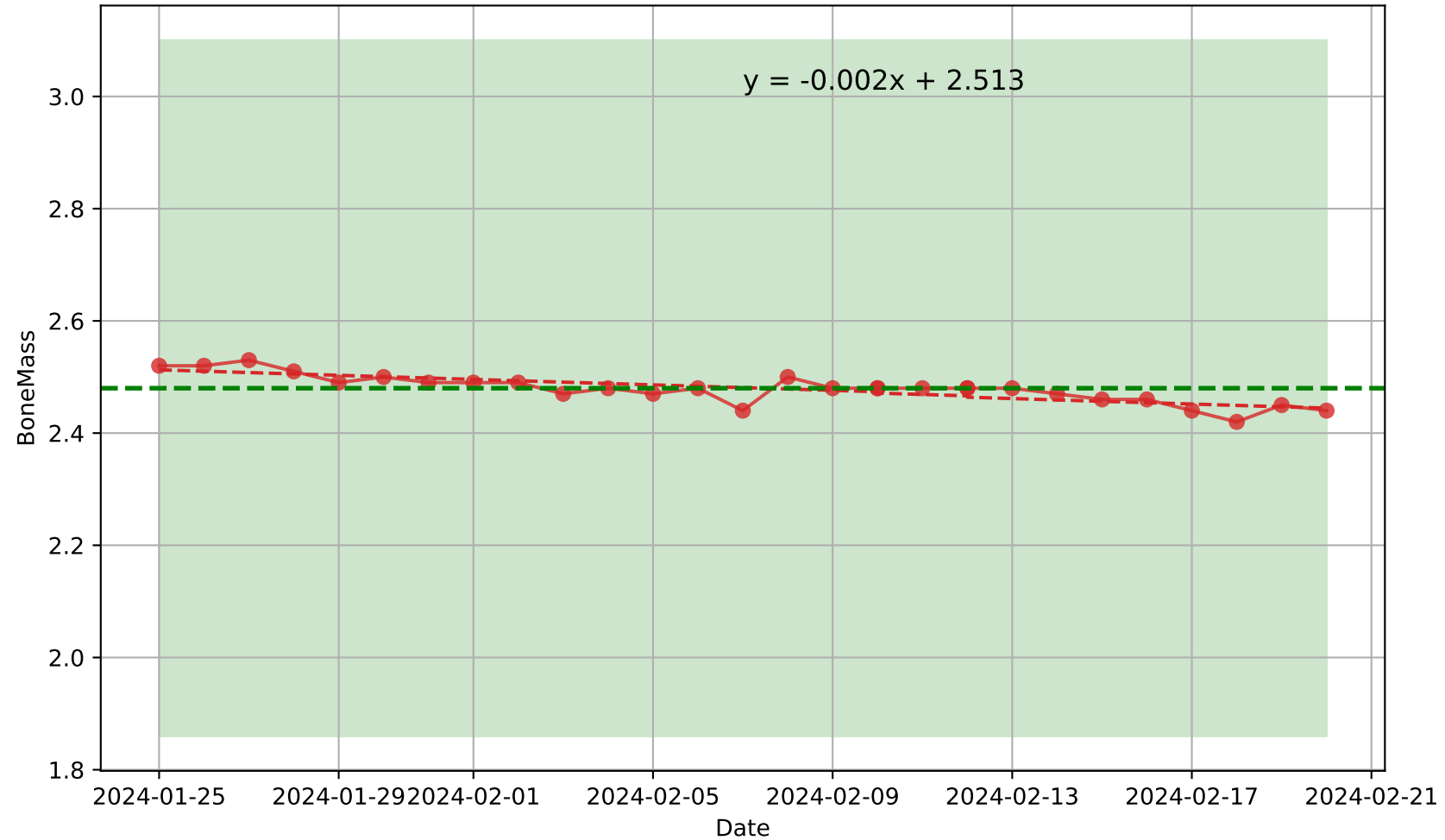
MuscleMass change over diet (as of 2024-02-20)





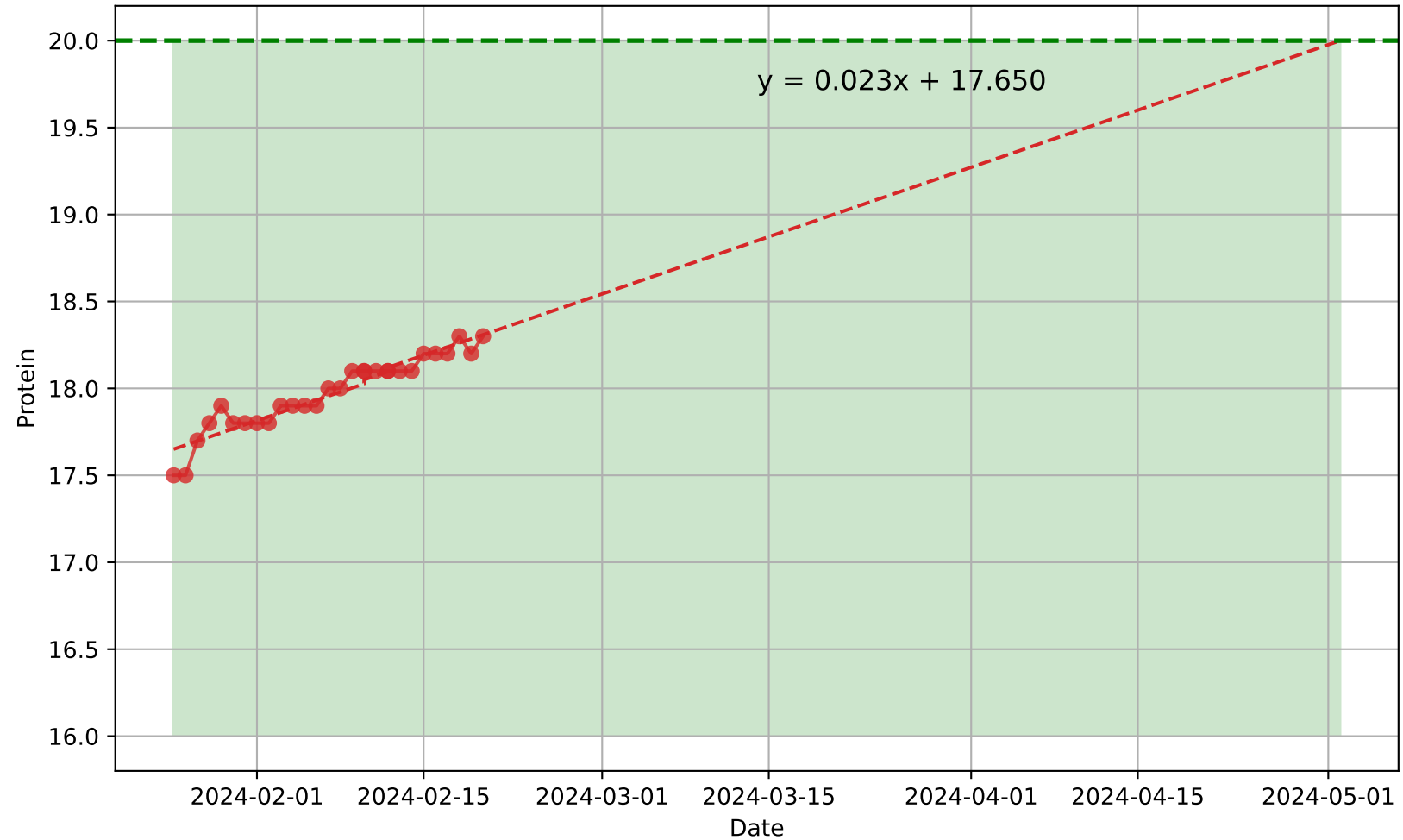
-16 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-02-20)



71 more days until the Protein goal of 20.0 (on 2024-05-01)

Protein change over diet (as of 2024-02-20)



BMR change over diet (as of 2024-02-20)

