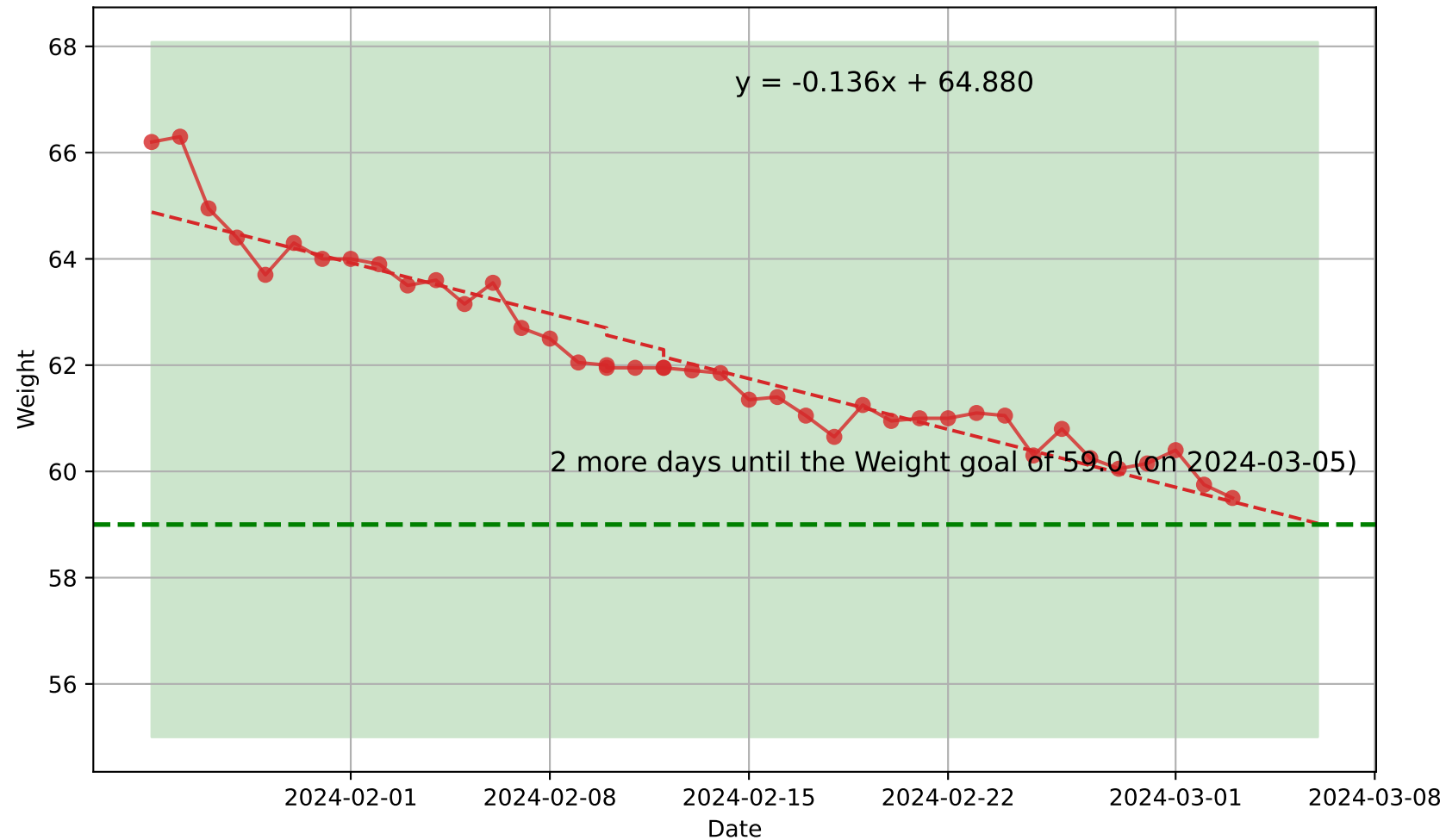
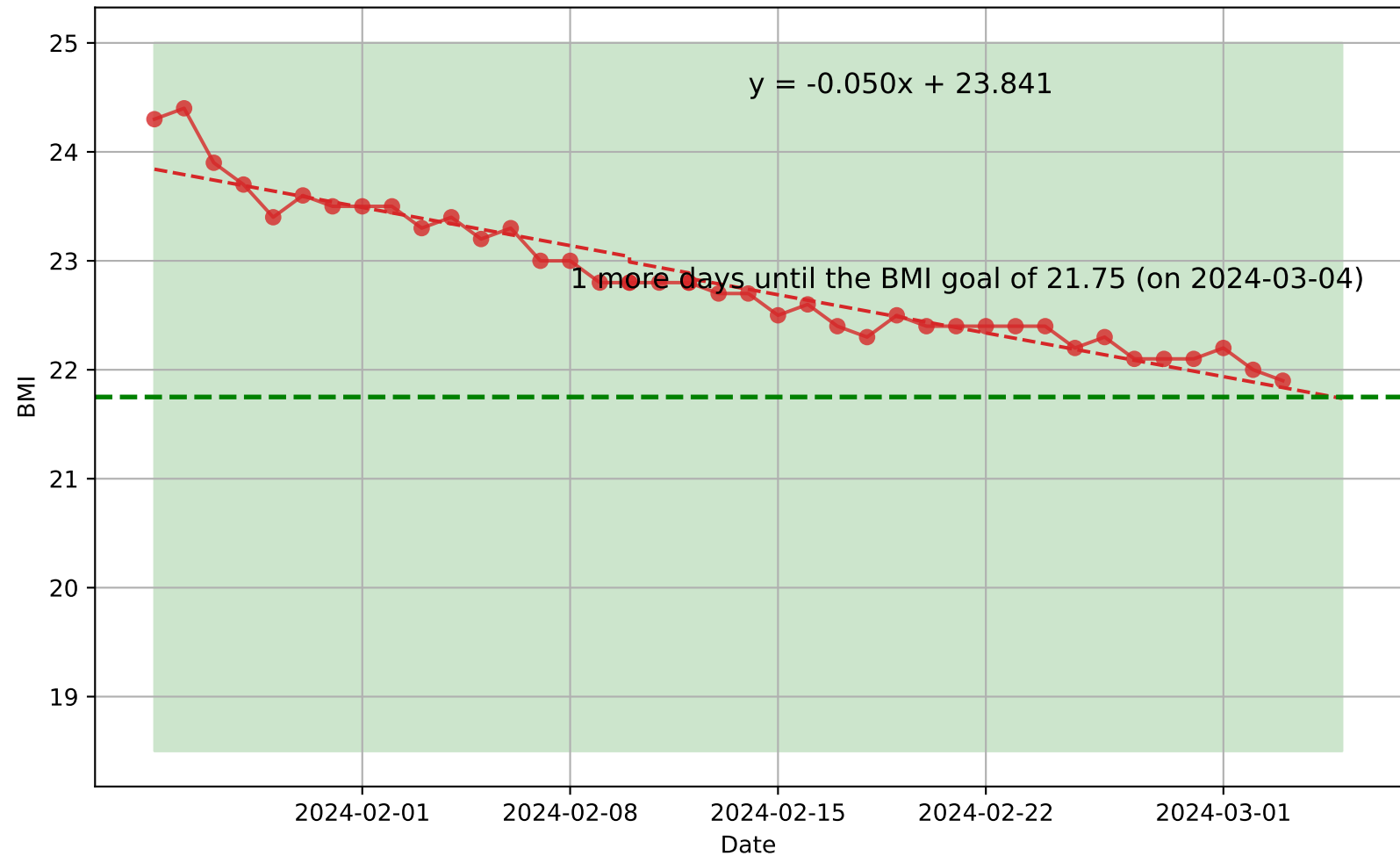


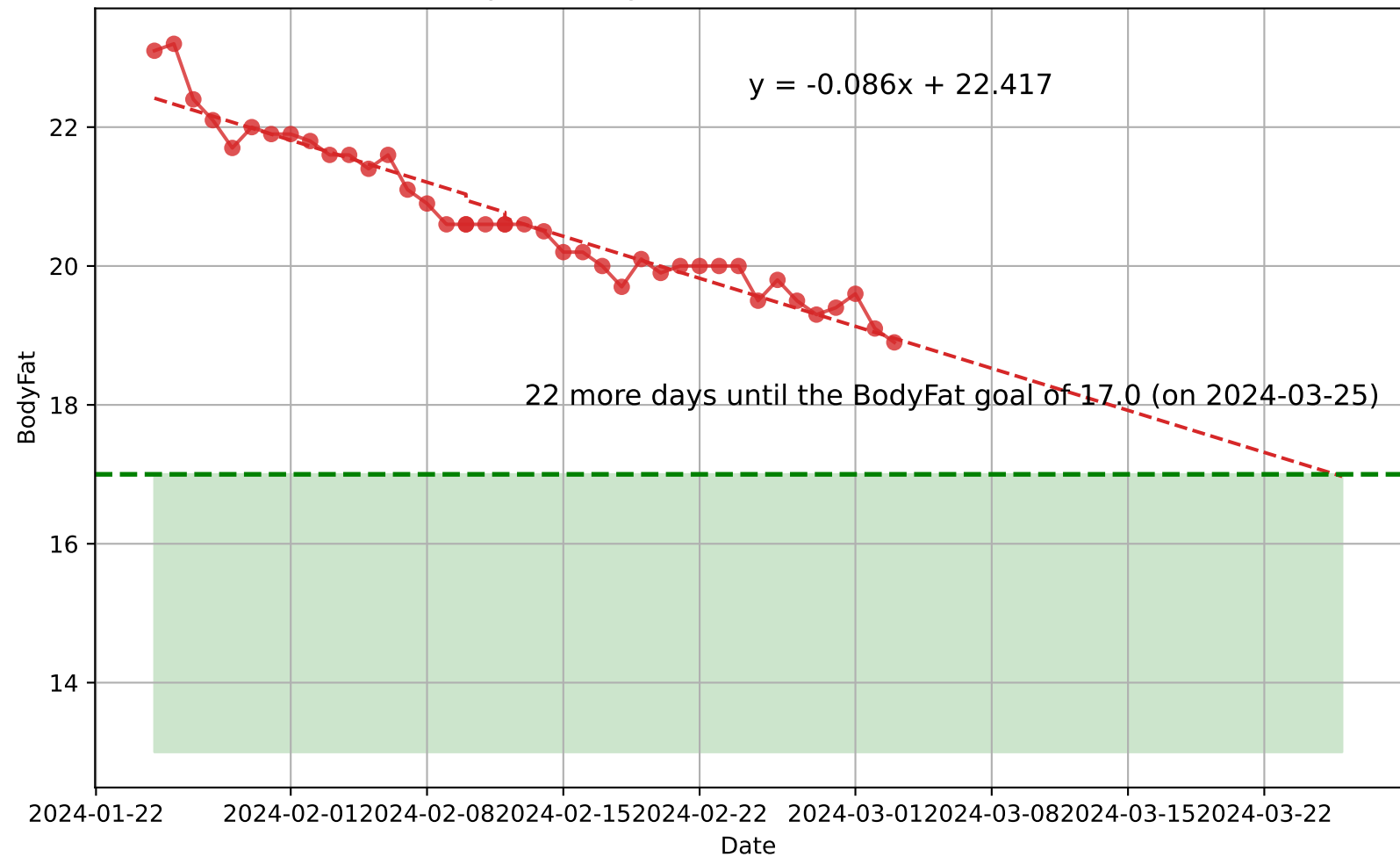
Weight change over diet (as of 2024-03-03)



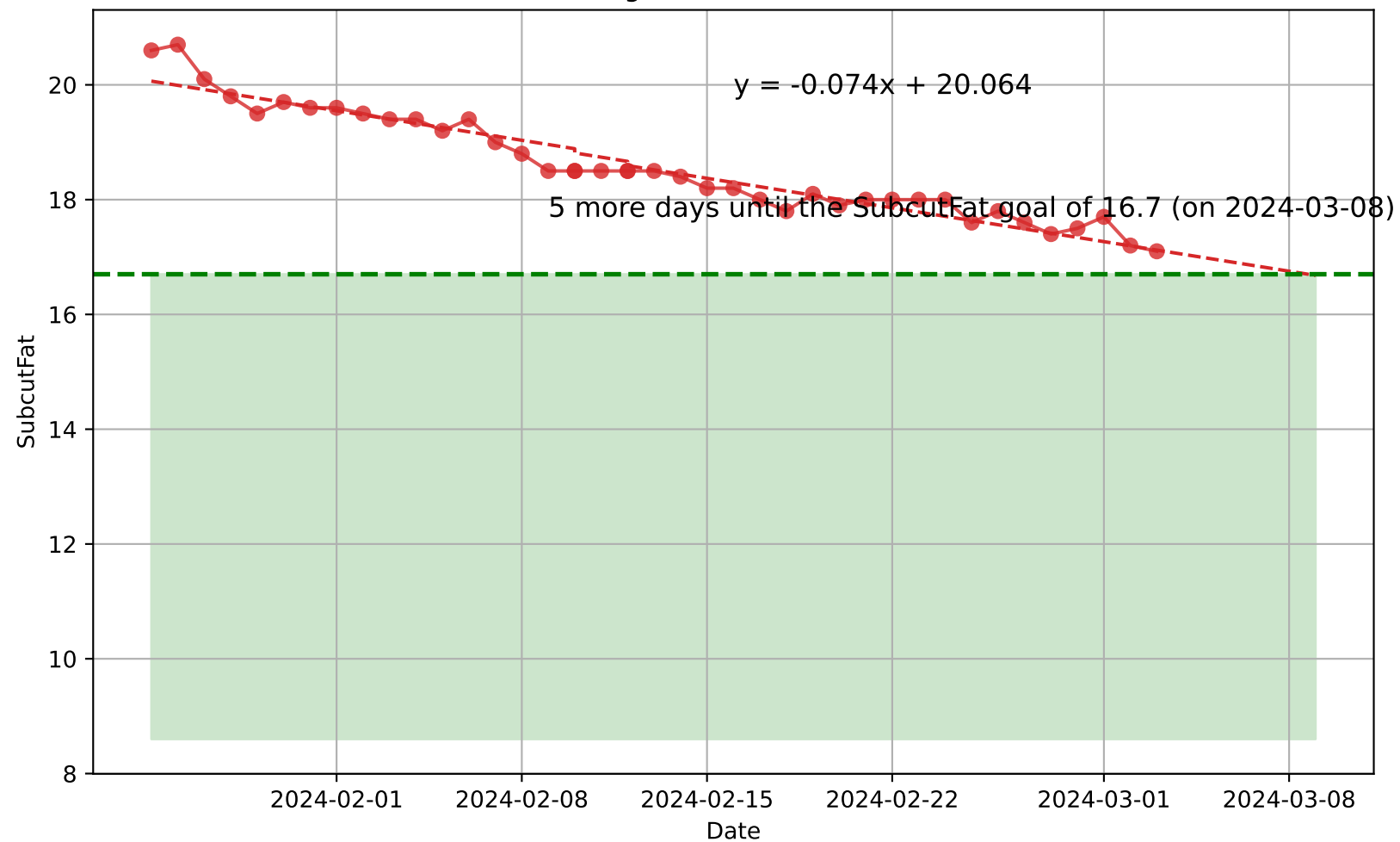
BMI change over diet (as of 2024-03-03)



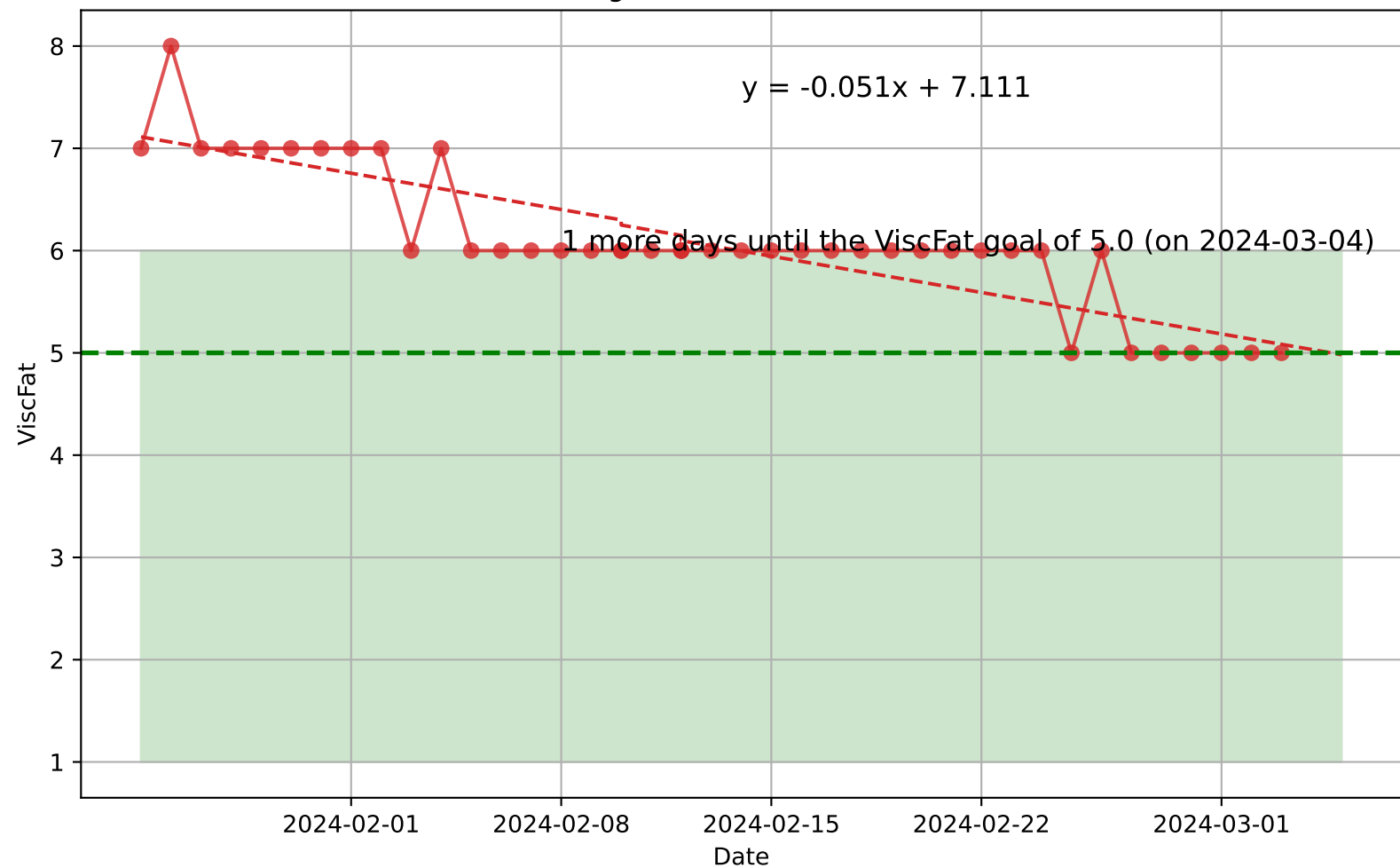
BodyFat change over diet (as of 2024-03-03)



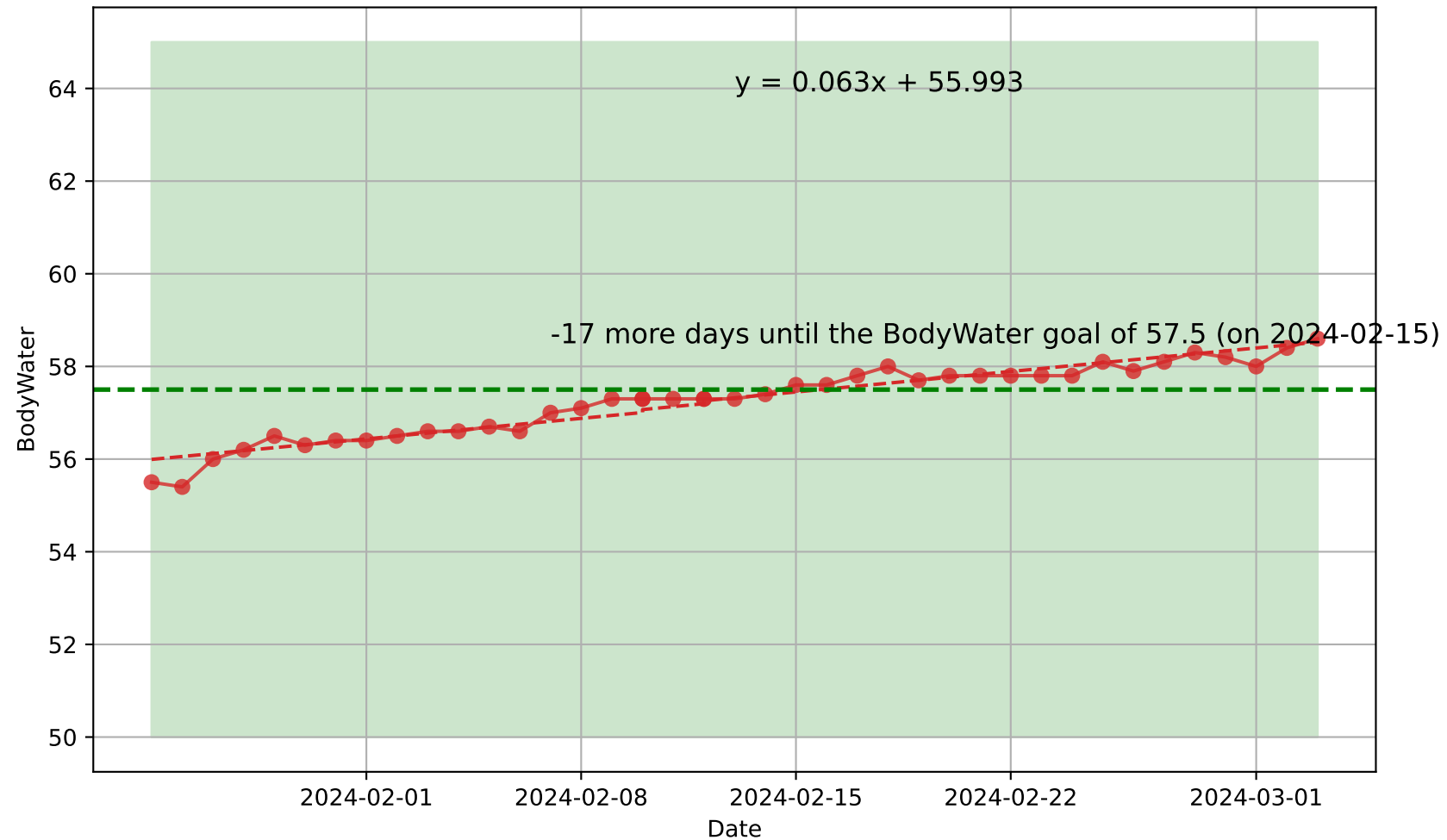
SubcutFat change over diet (as of 2024-03-03)



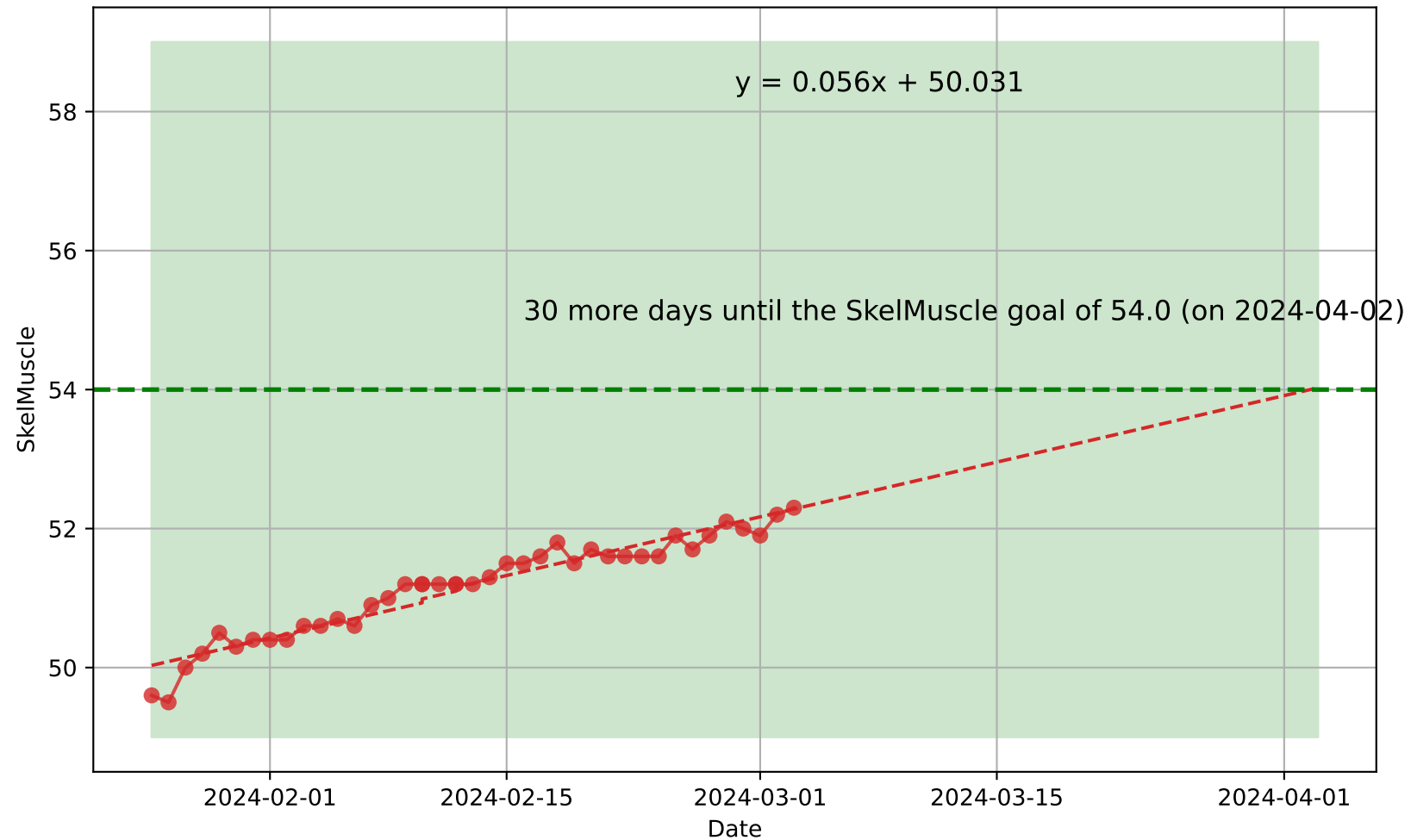
ViscFat change over diet (as of 2024-03-03)



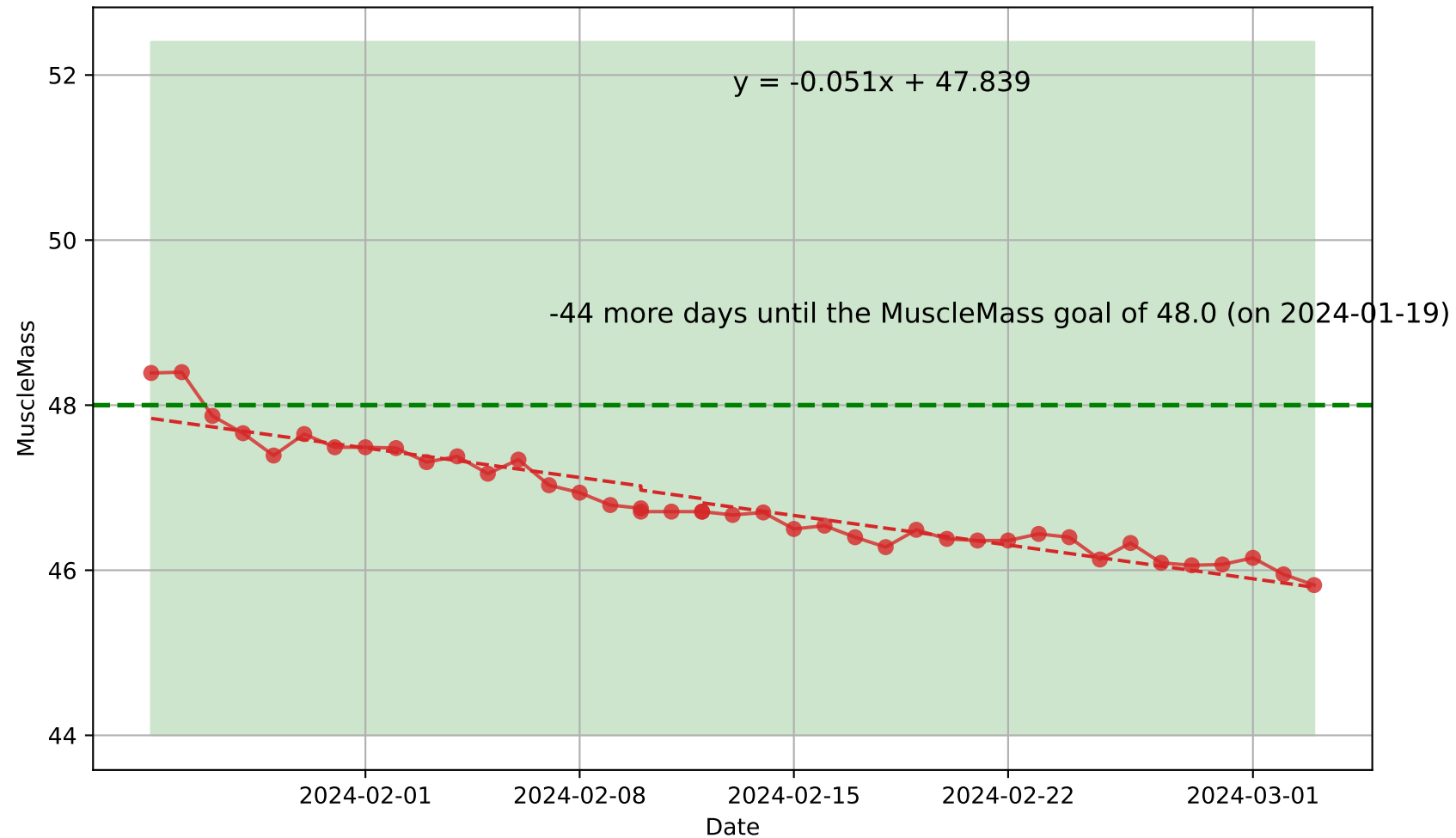
BodyWater change over diet (as of 2024-03-03)



SkelMuscle change over diet (as of 2024-03-03)



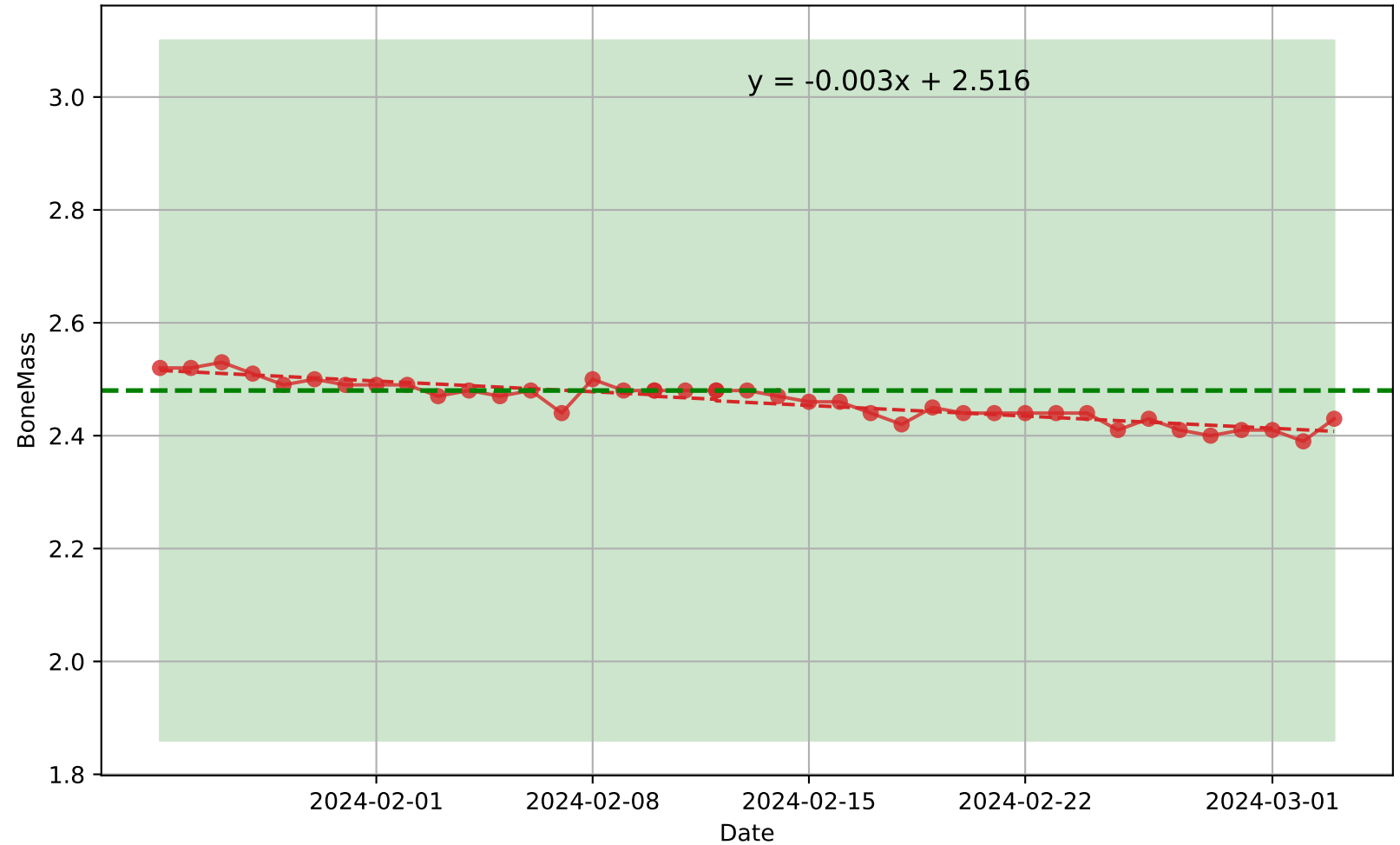
MuscleMass change over diet (as of 2024-03-03)





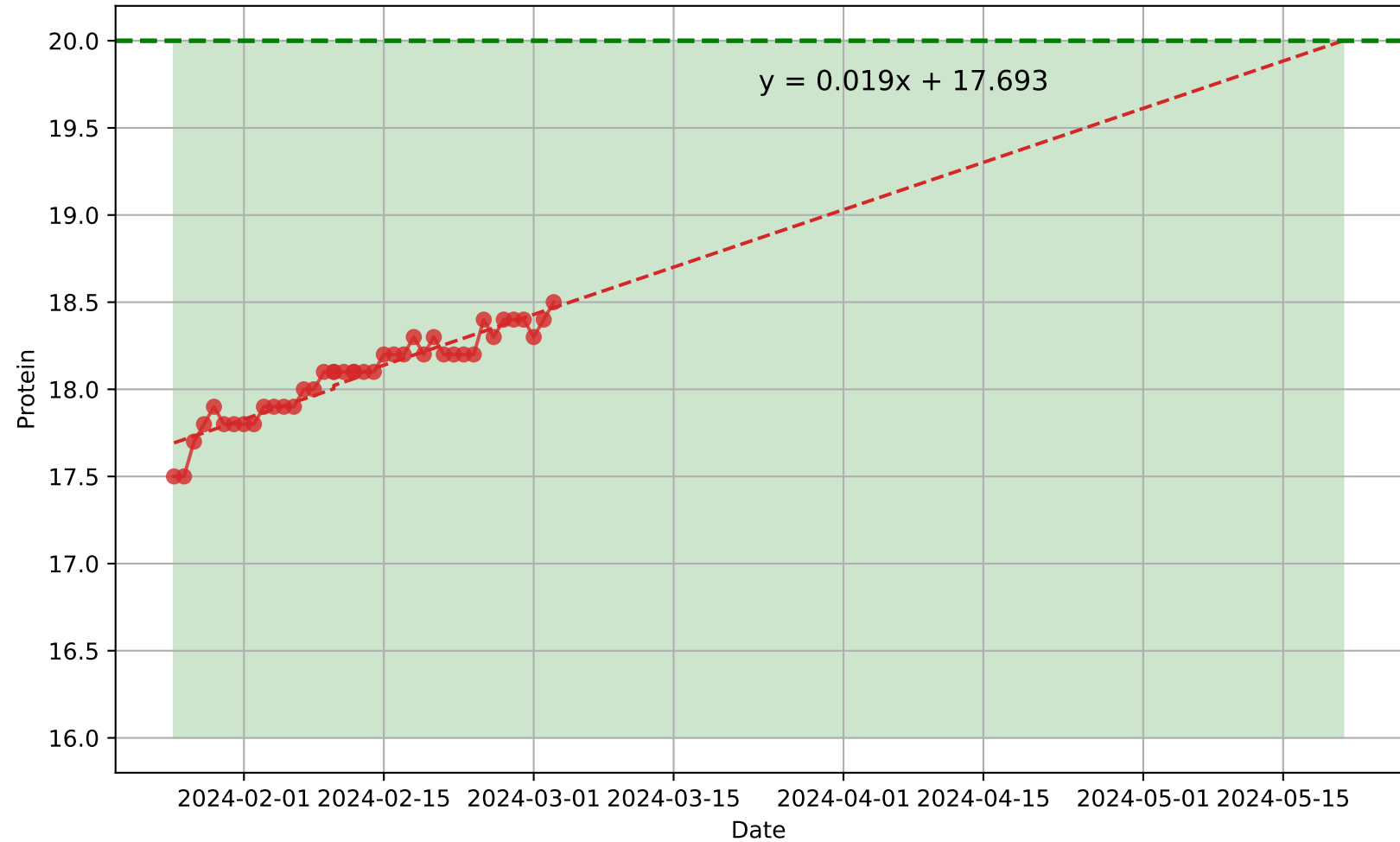
-28 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-03-03)



78 more days until the Protein goal of 20.0 (on 2024-05-20)

Protein change over diet (as of 2024-03-03)



BMR change over diet (as of 2024-03-03)

