

BMI change over diet (as of 2024-03-12) 25 y = -0.050x + 23.83224 23 22 21 37 more days until the BMI goal of 19.5 (on 2024-04-18) 20 19 2024-02-01 2024-02-15 2024-03-01 2024-03-15 2024-04-01 2024-04-15

Date

















