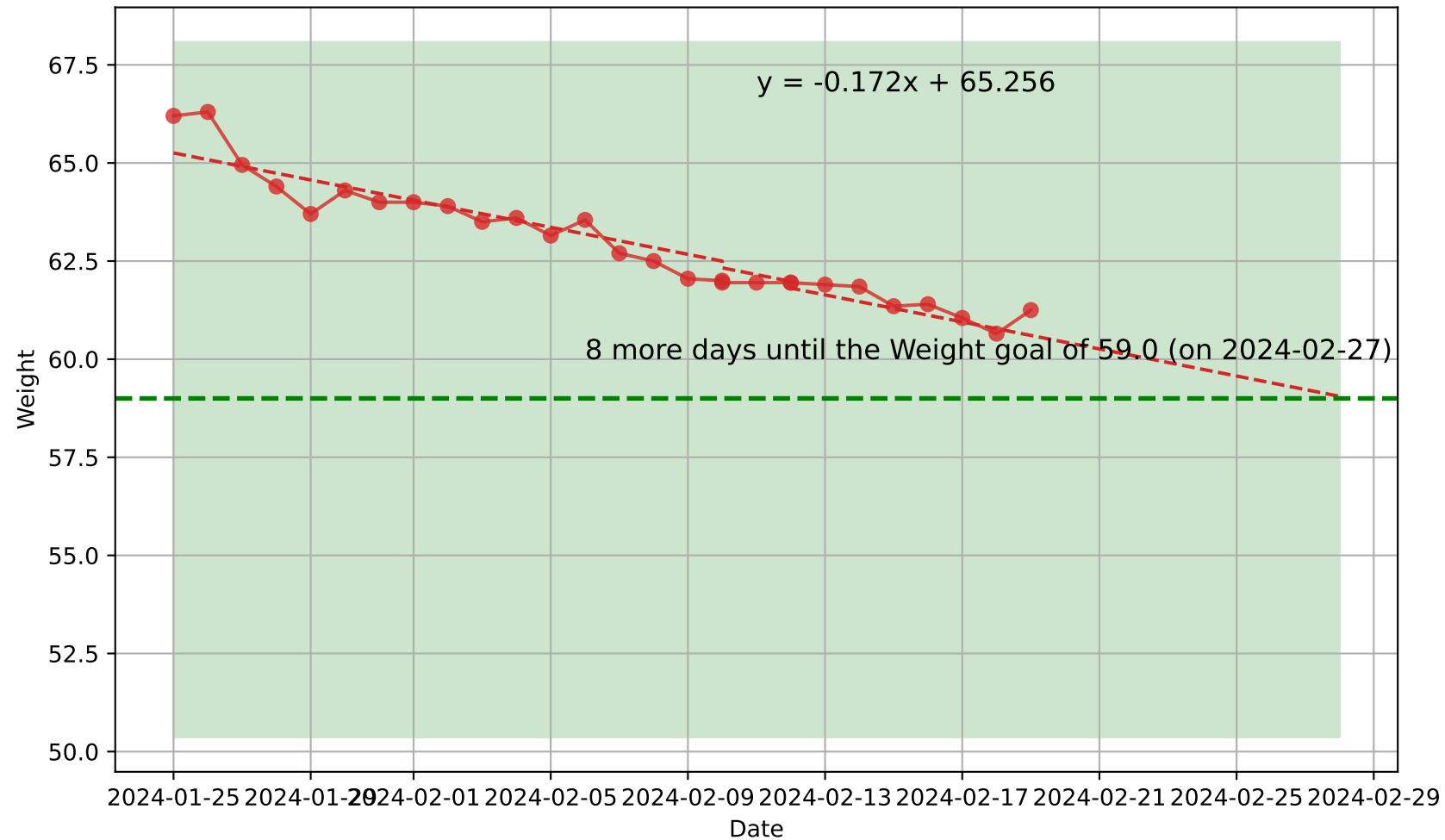
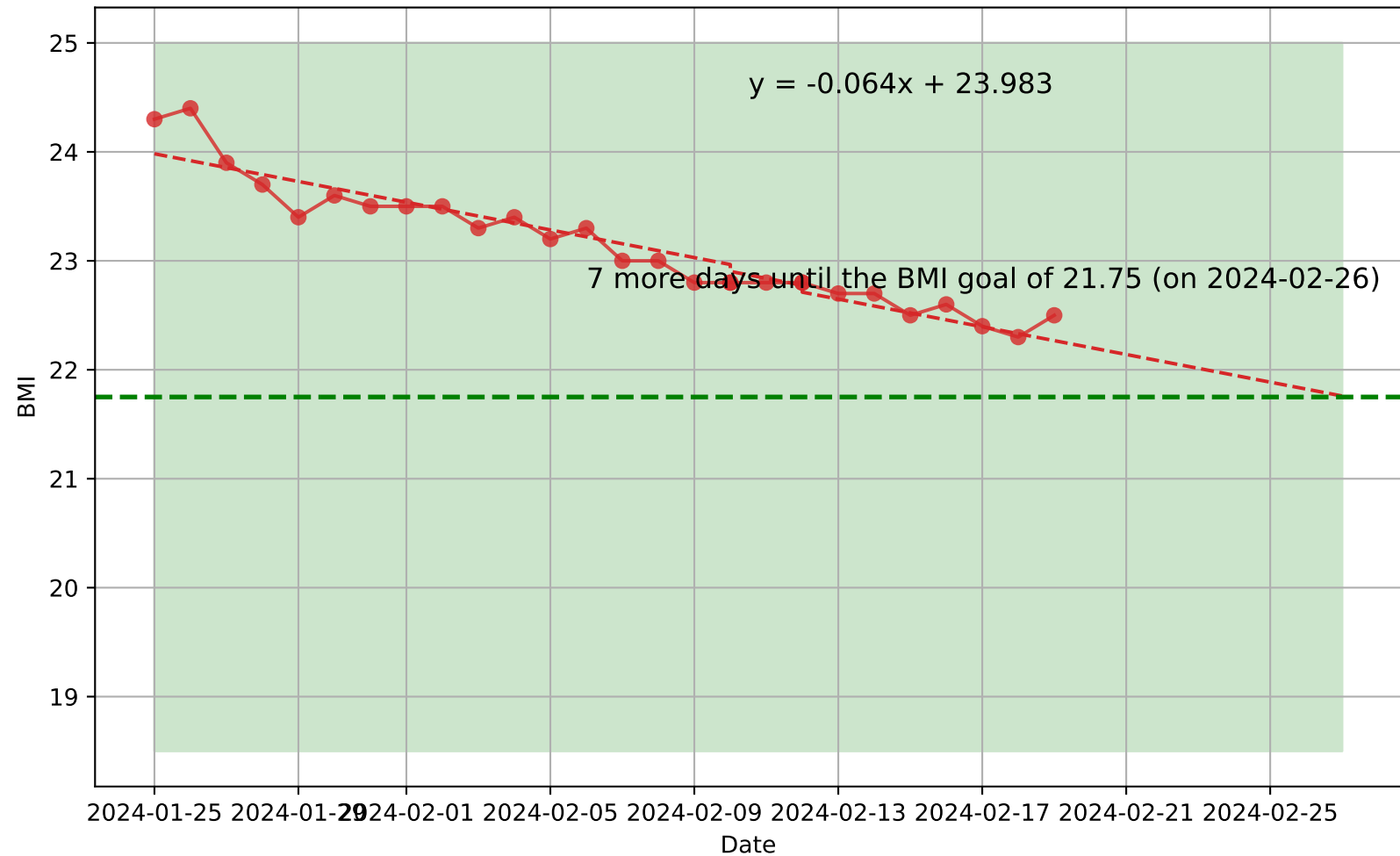


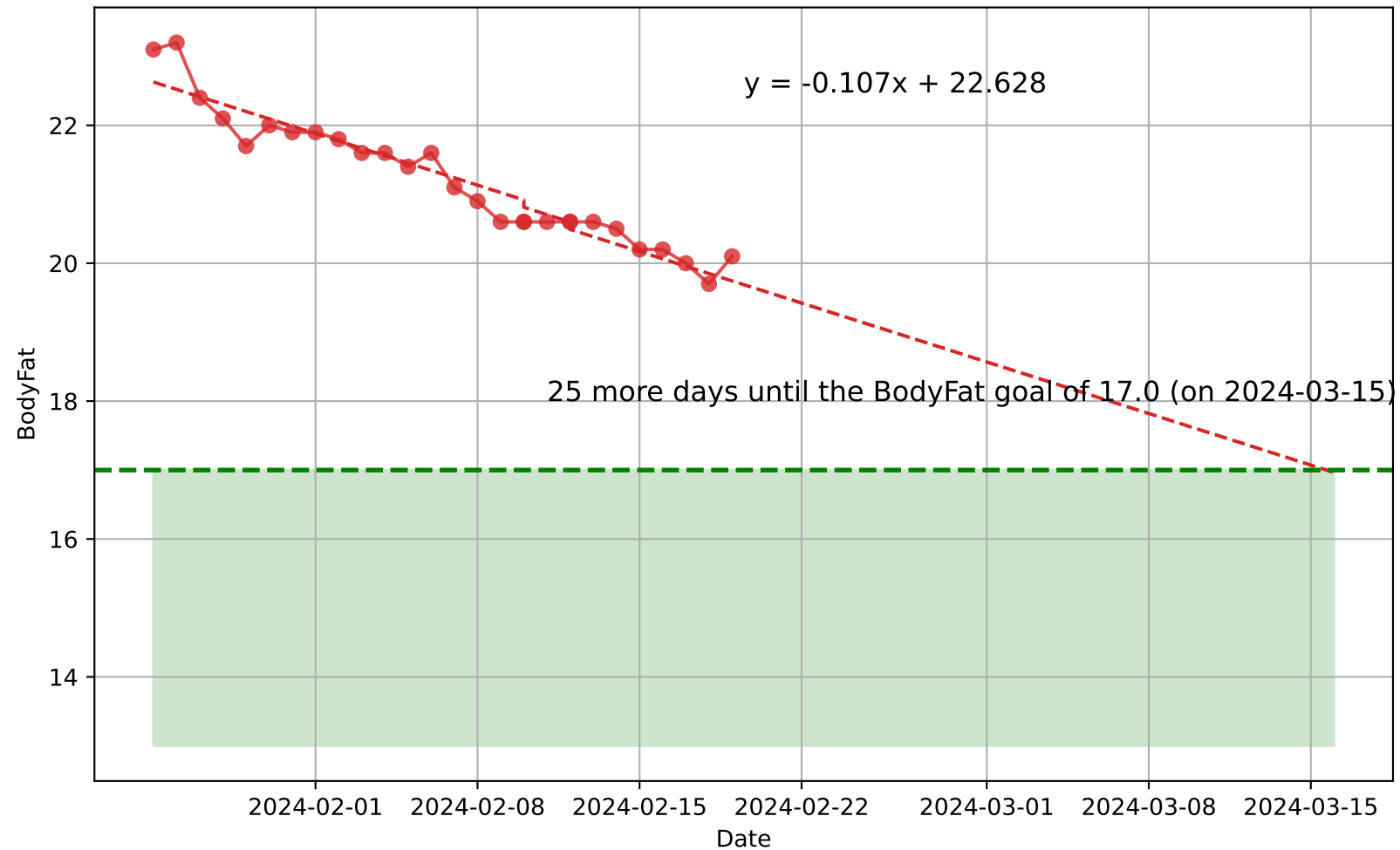
Weight change over diet (as of 2024-02-19)



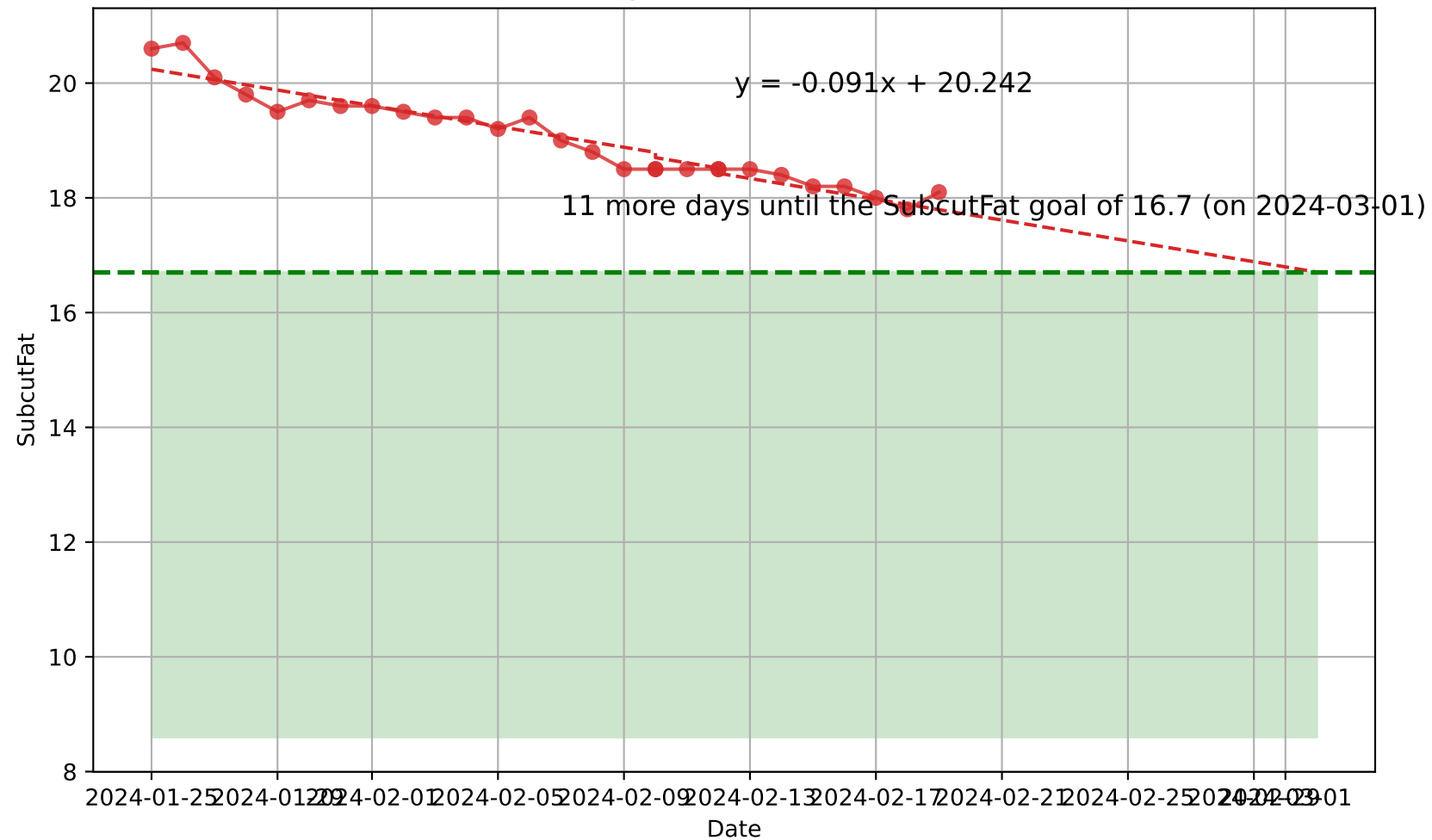
BMI change over diet (as of 2024-02-19)



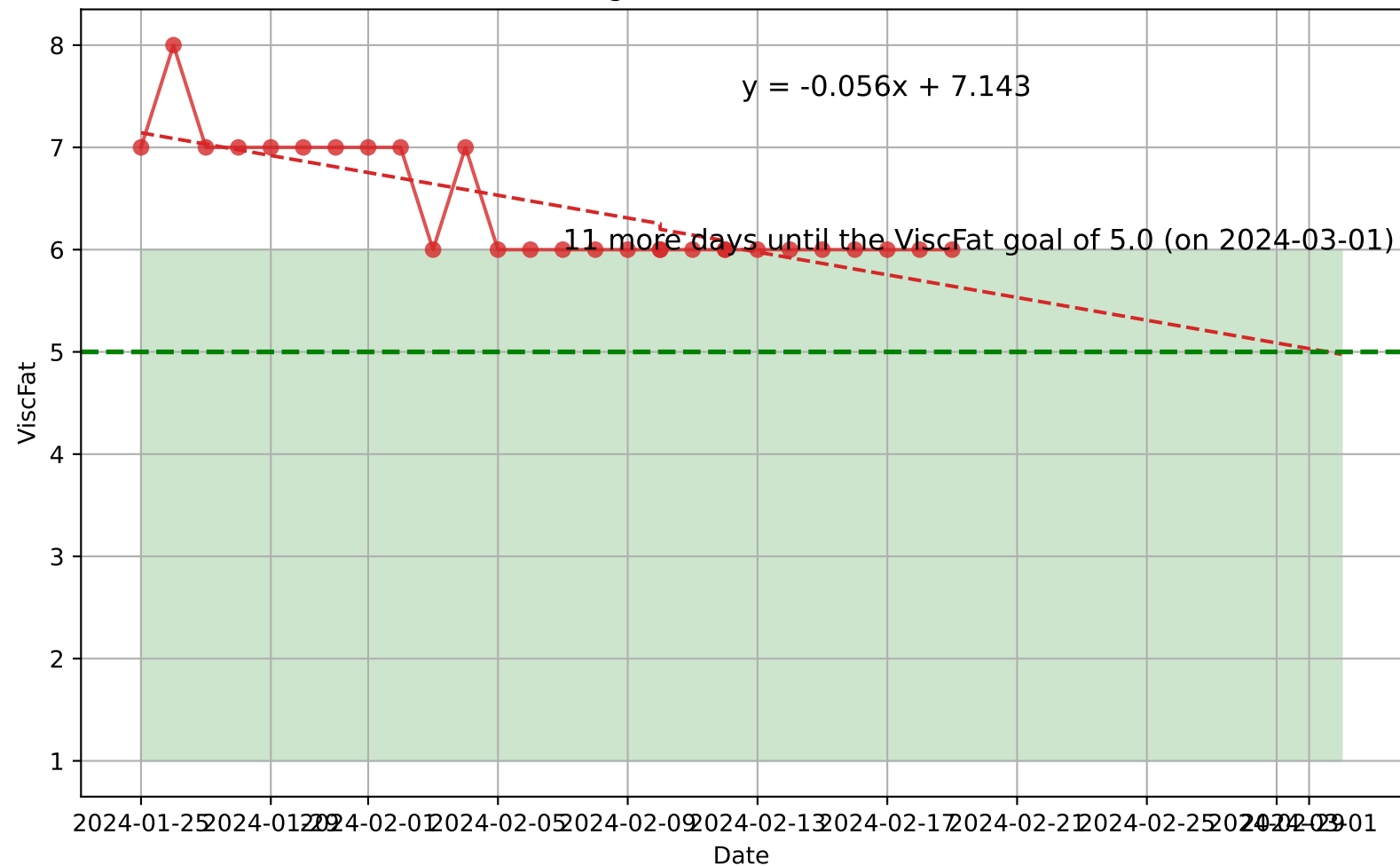
BodyFat change over diet (as of 2024-02-19)



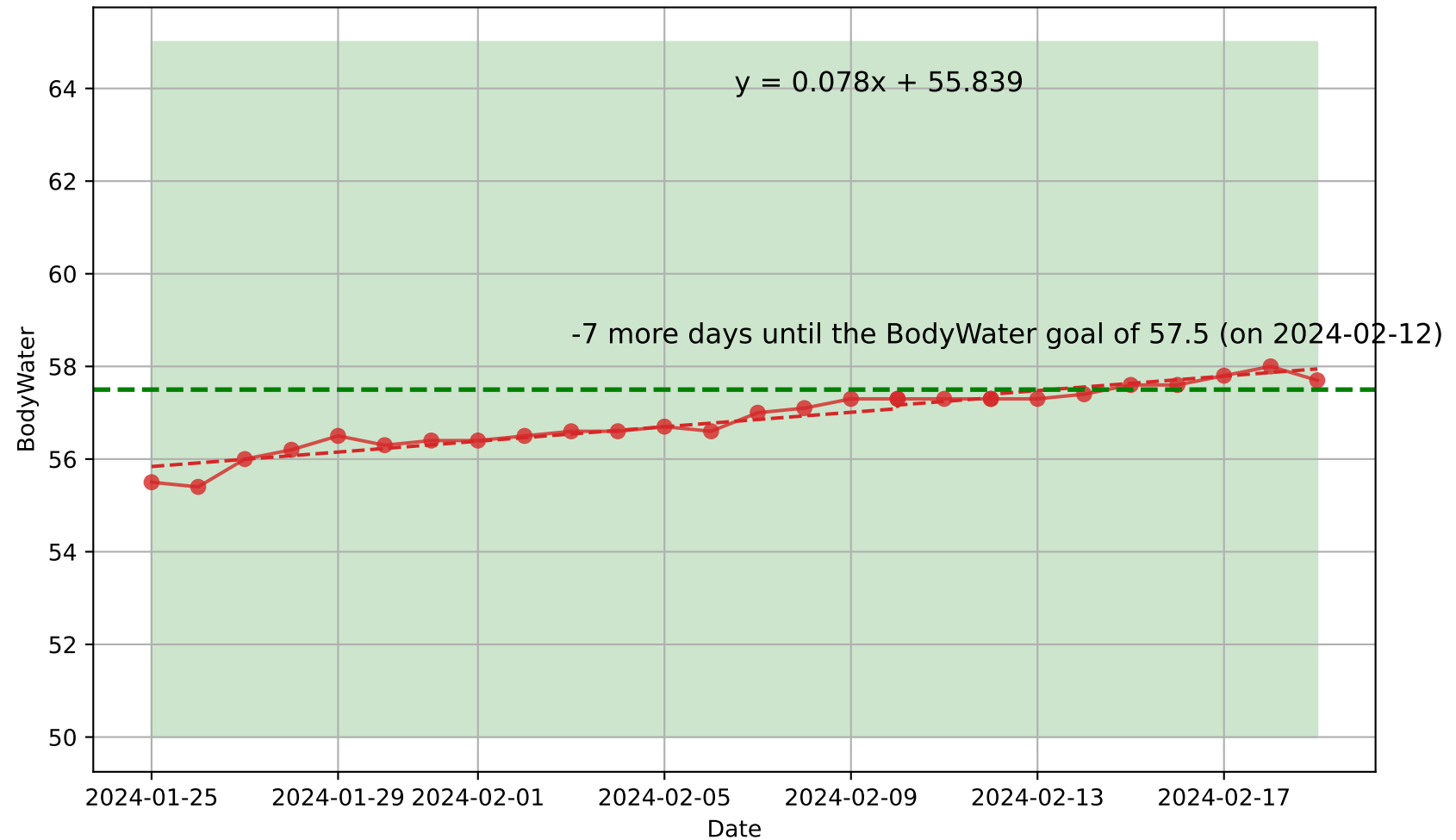
SubcutFat change over diet (as of 2024-02-19)



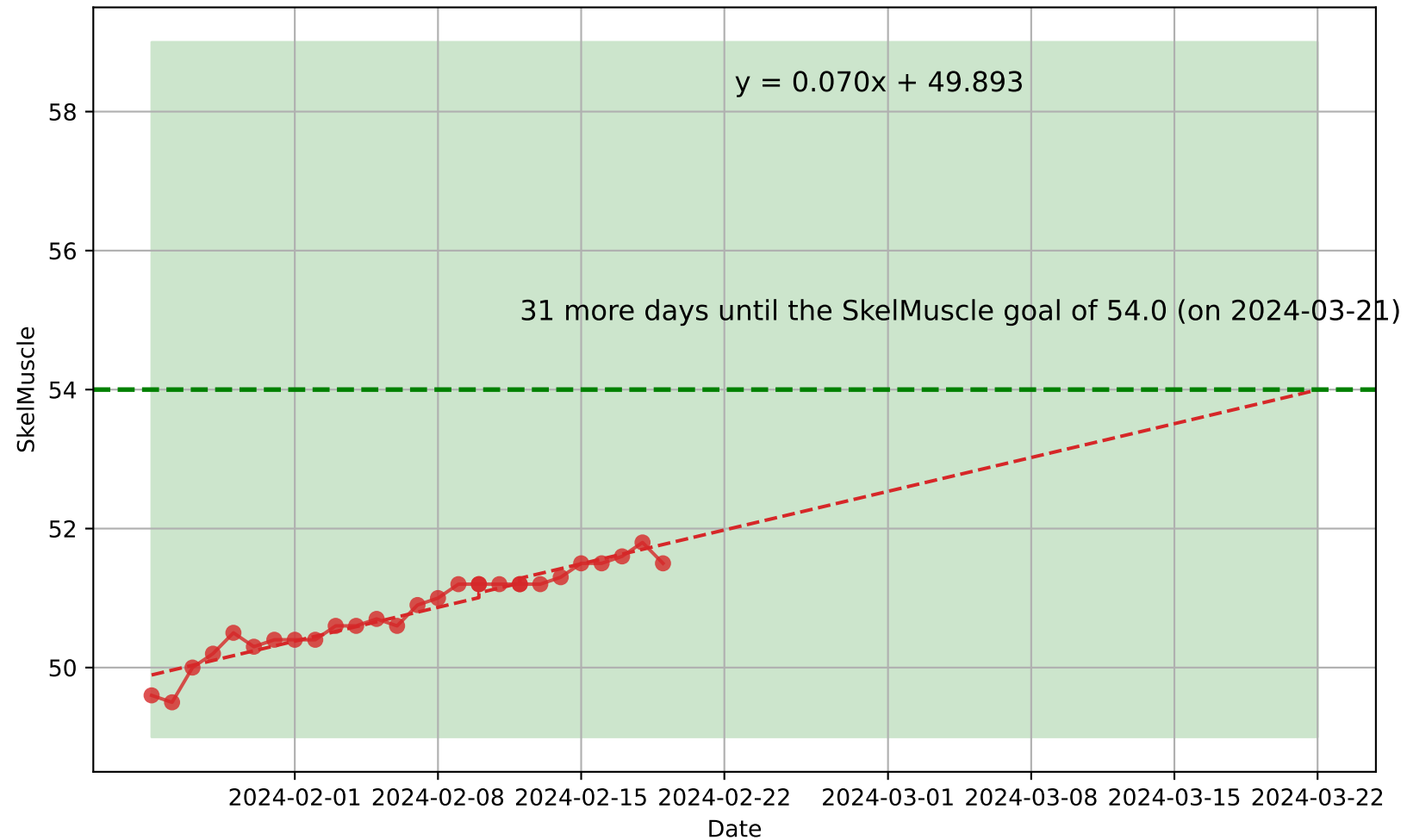
ViscFat change over diet (as of 2024-02-19)



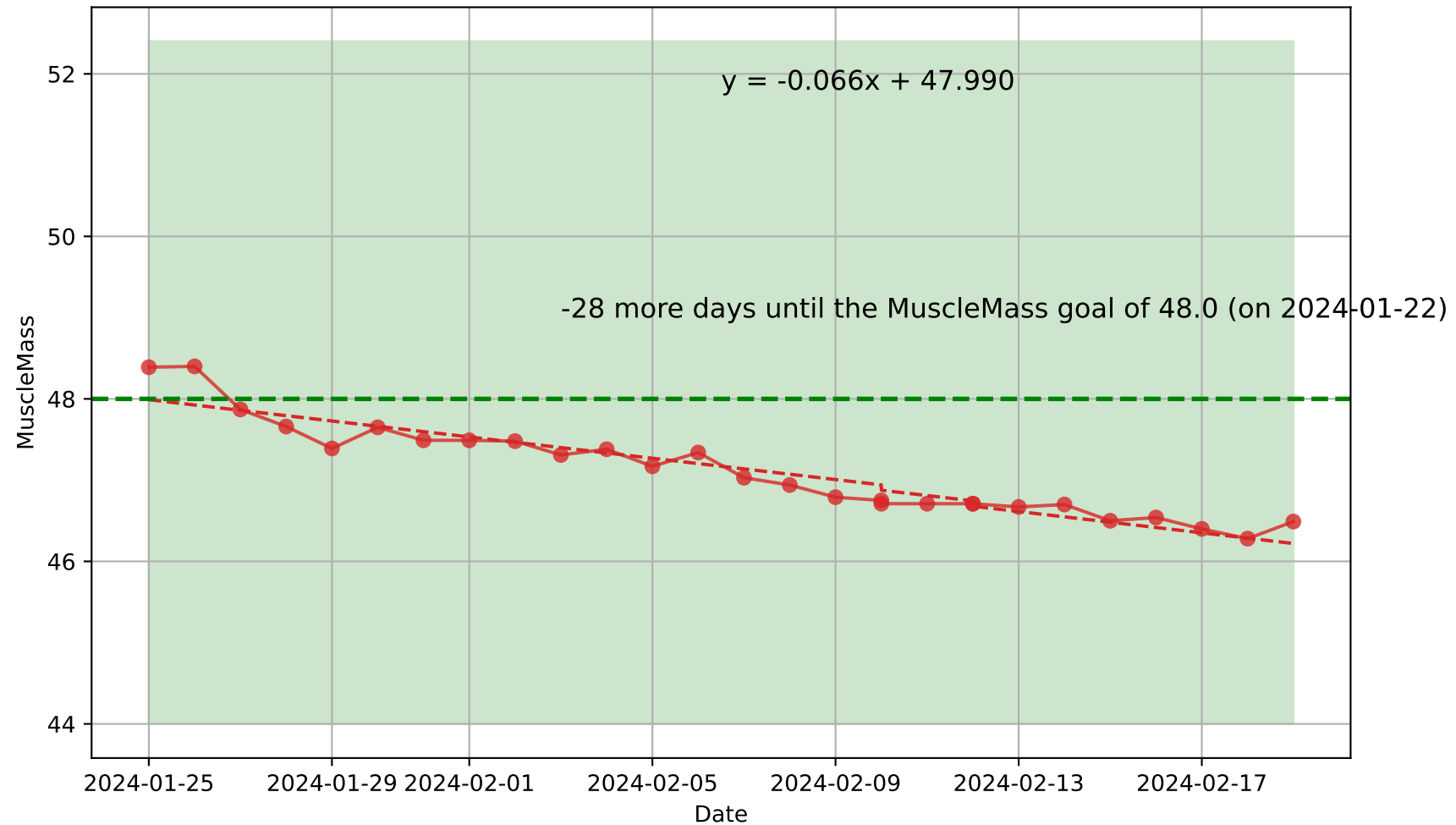
BodyWater change over diet (as of 2024-02-19)



SkelMuscle change over diet (as of 2024-02-19)



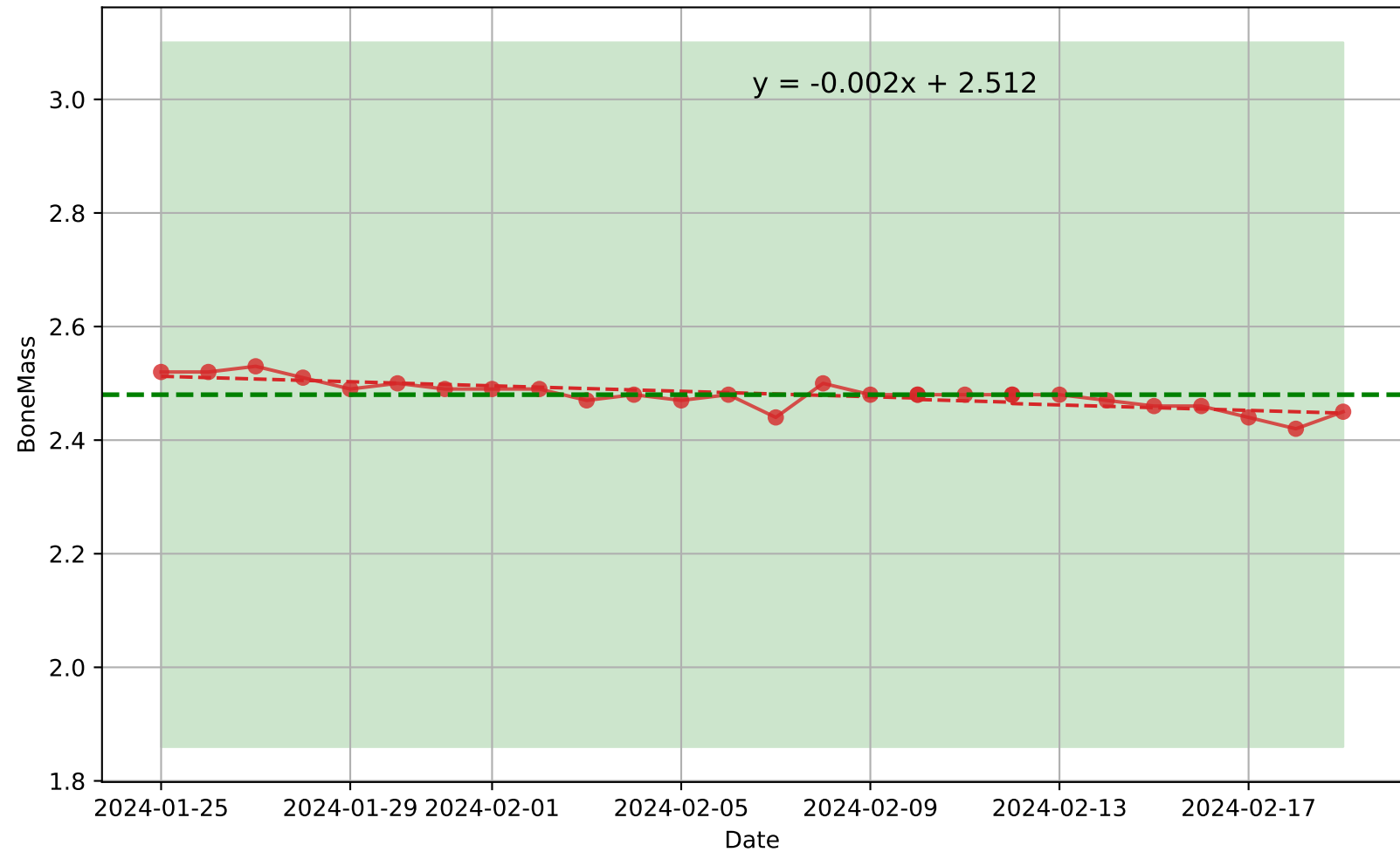
MuscleMass change over diet (as of 2024-02-19)





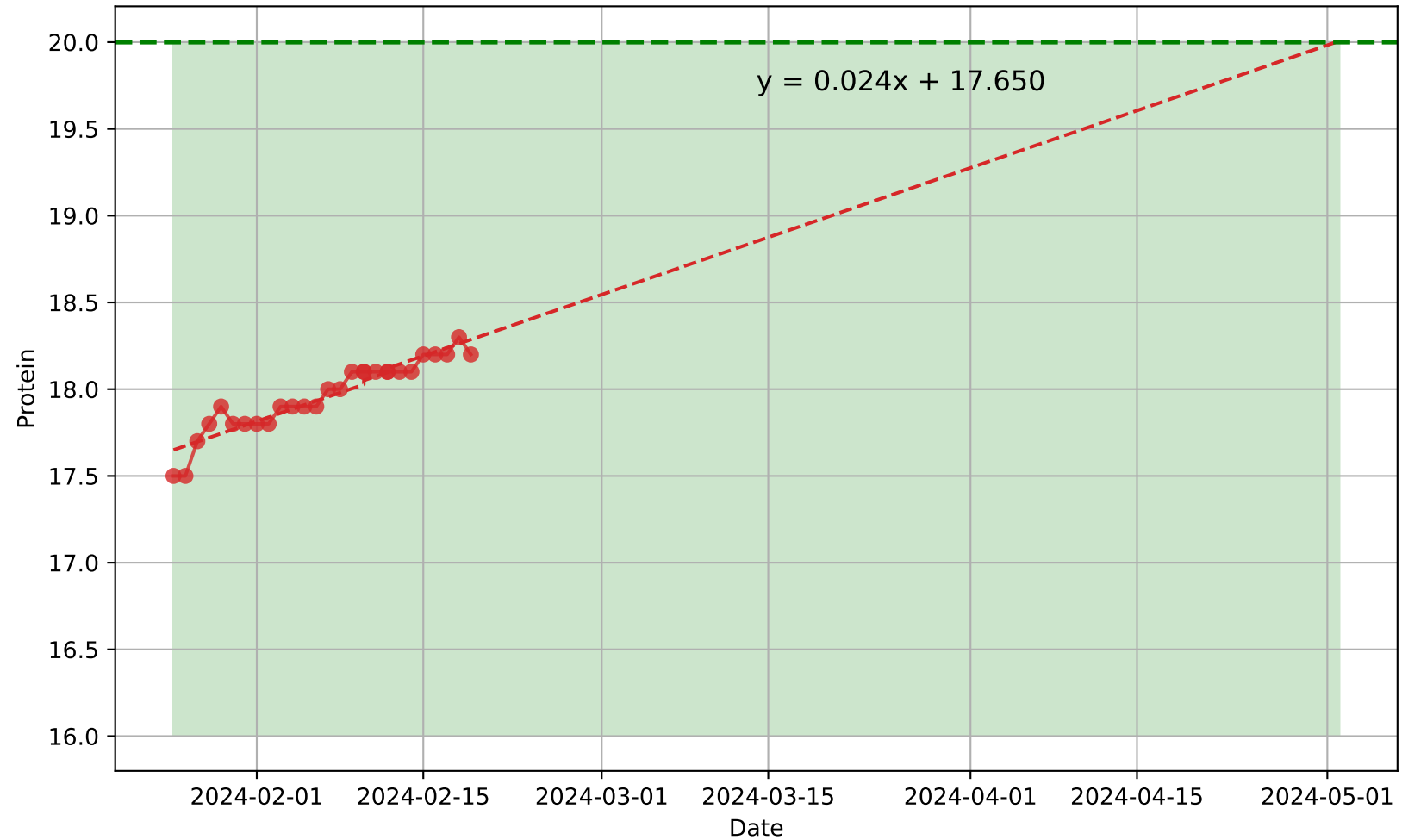
-15 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-02-19)



72 more days until the Protein goal of 20.0 (on 2024-05-01)

Protein change over diet (as of 2024-02-19)



BMR change over diet (as of 2024-02-19)

