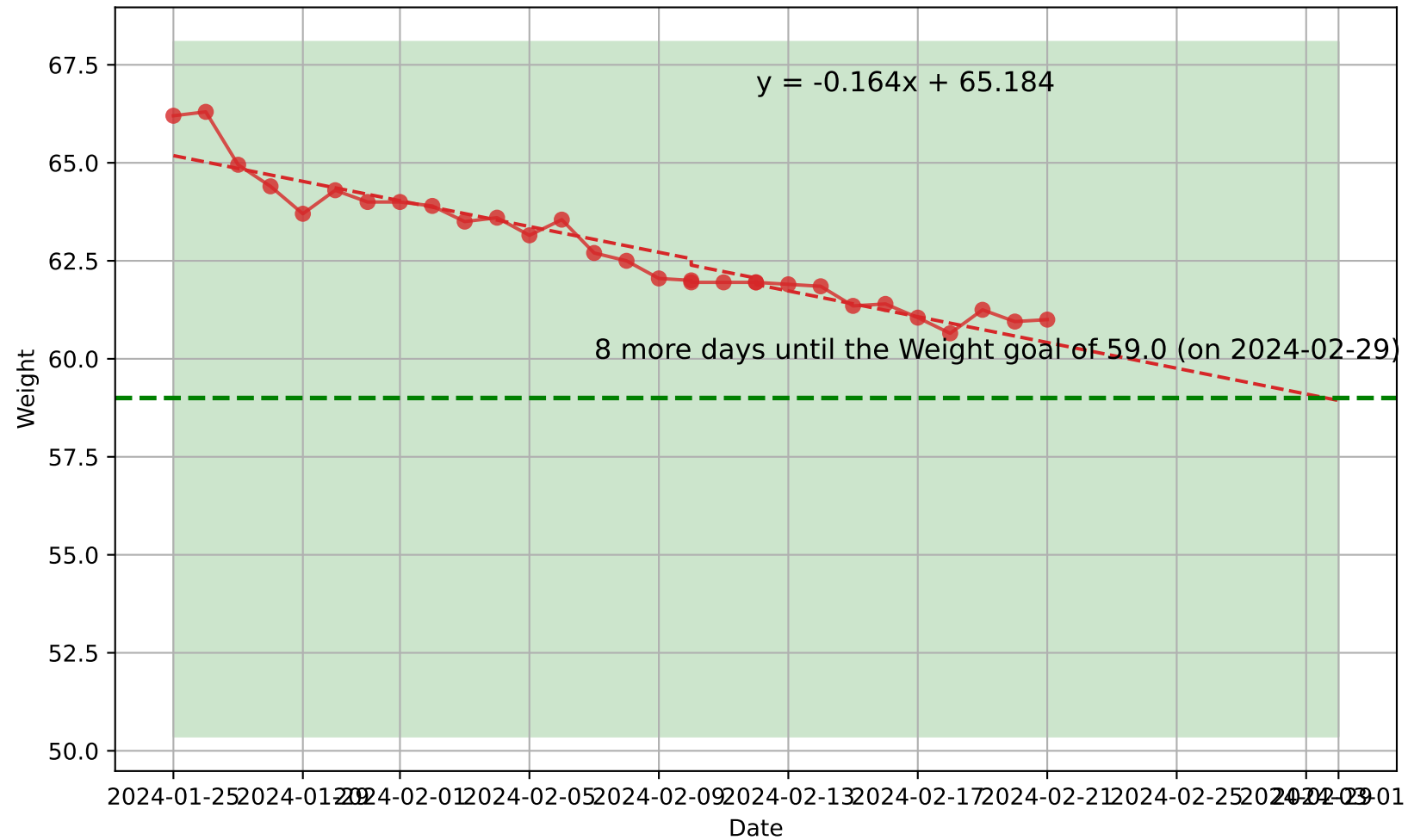
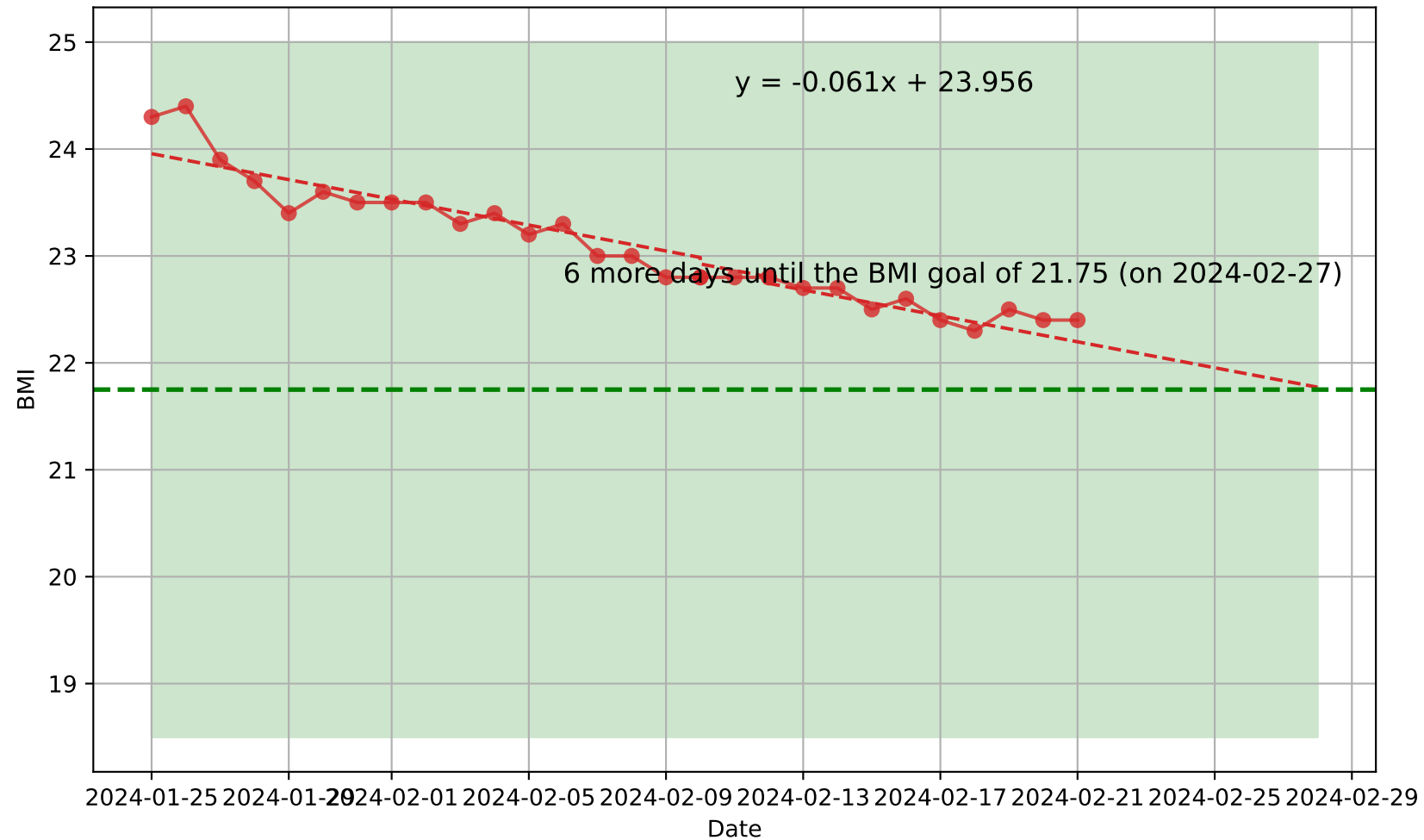


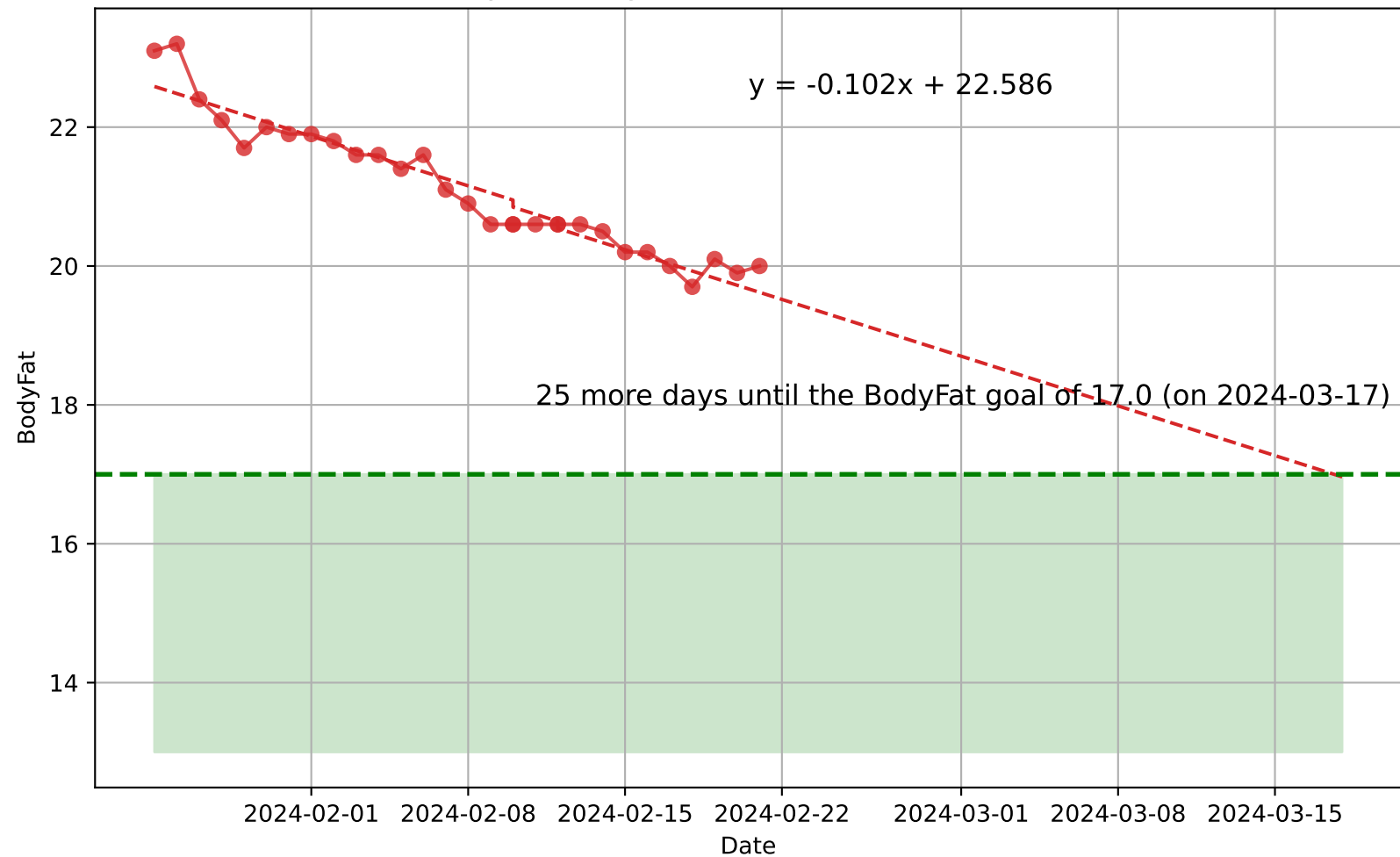
Weight change over diet (as of 2024-02-21)



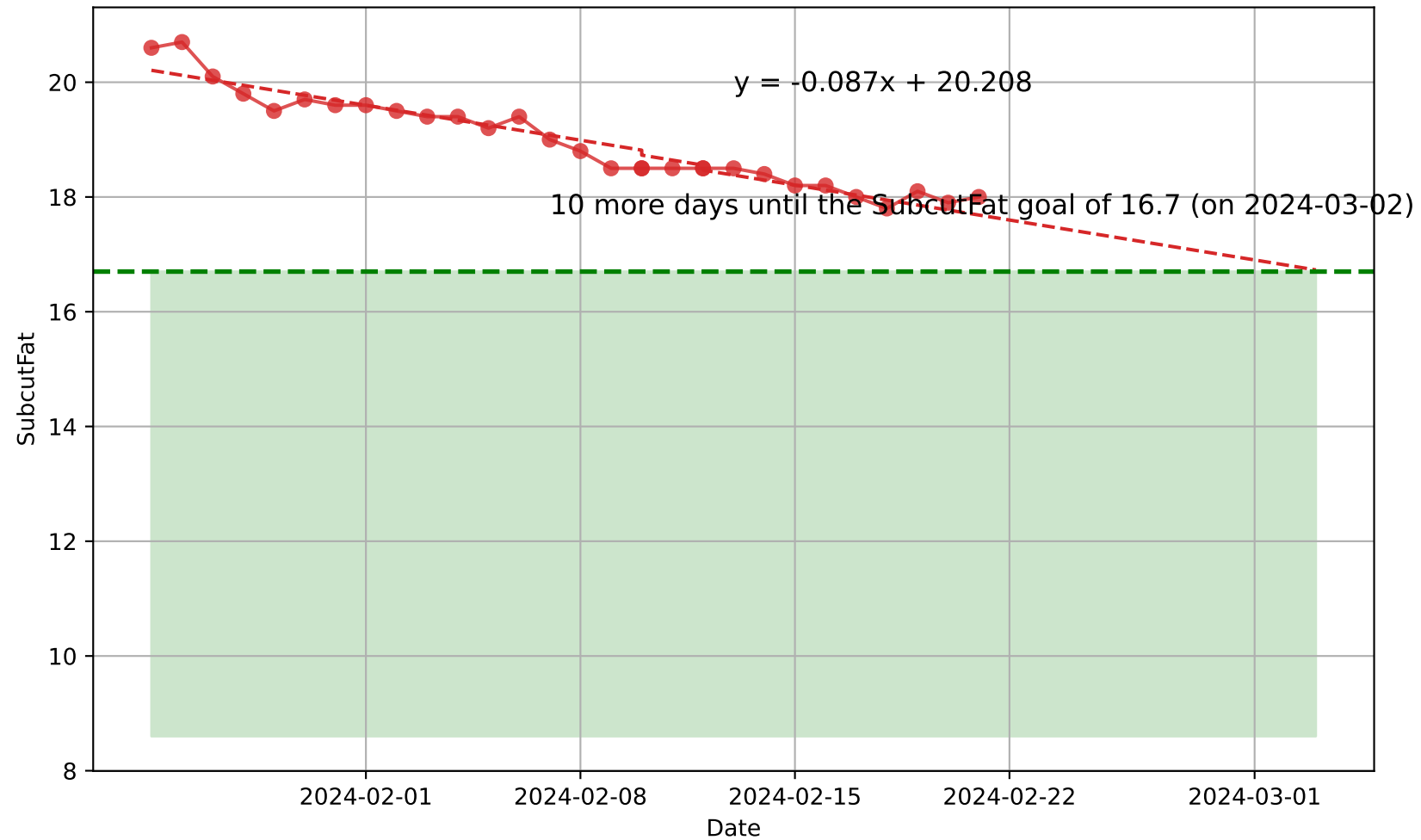
BMI change over diet (as of 2024-02-21)



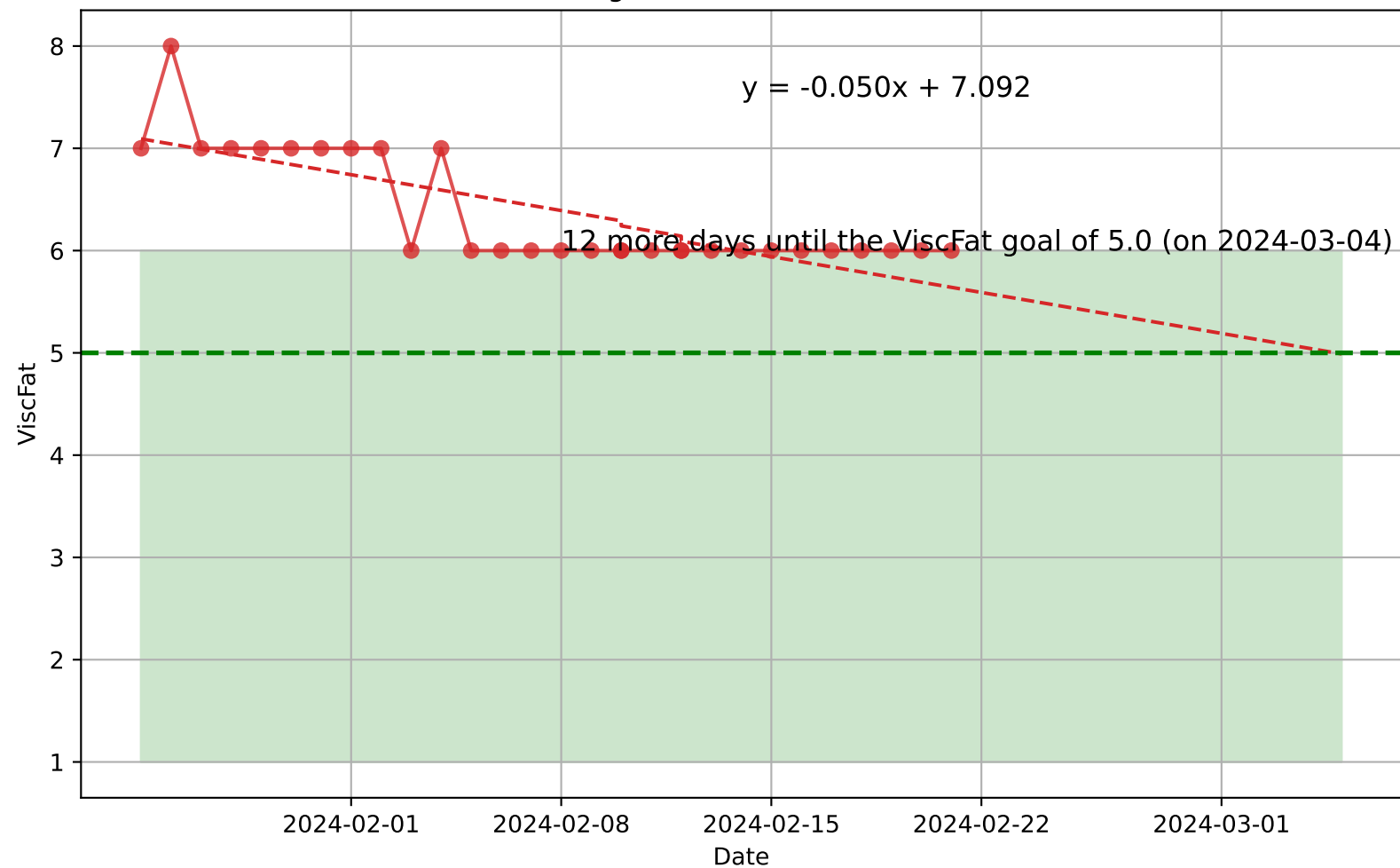
BodyFat change over diet (as of 2024-02-21)



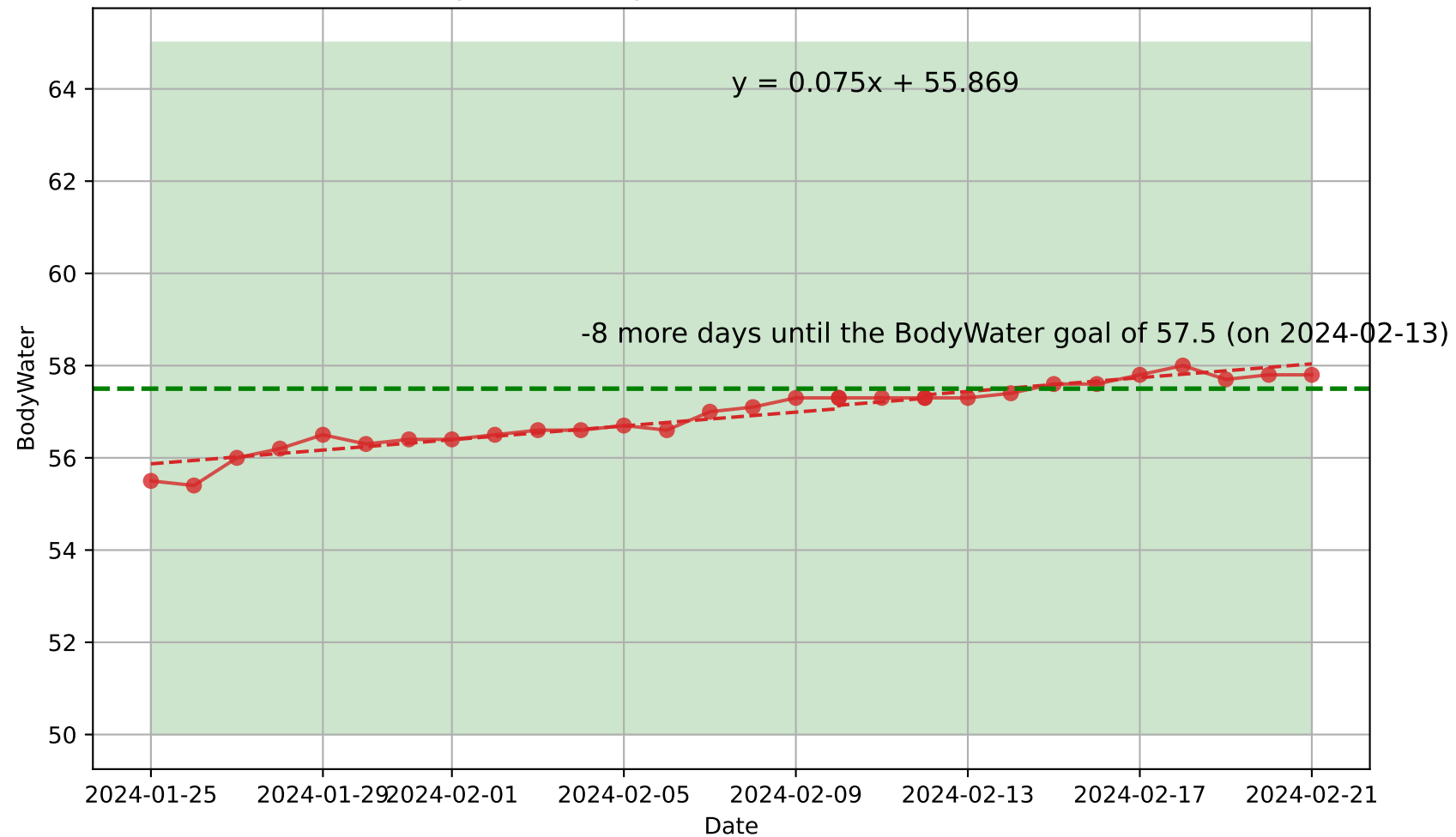
SubcutFat change over diet (as of 2024-02-21)



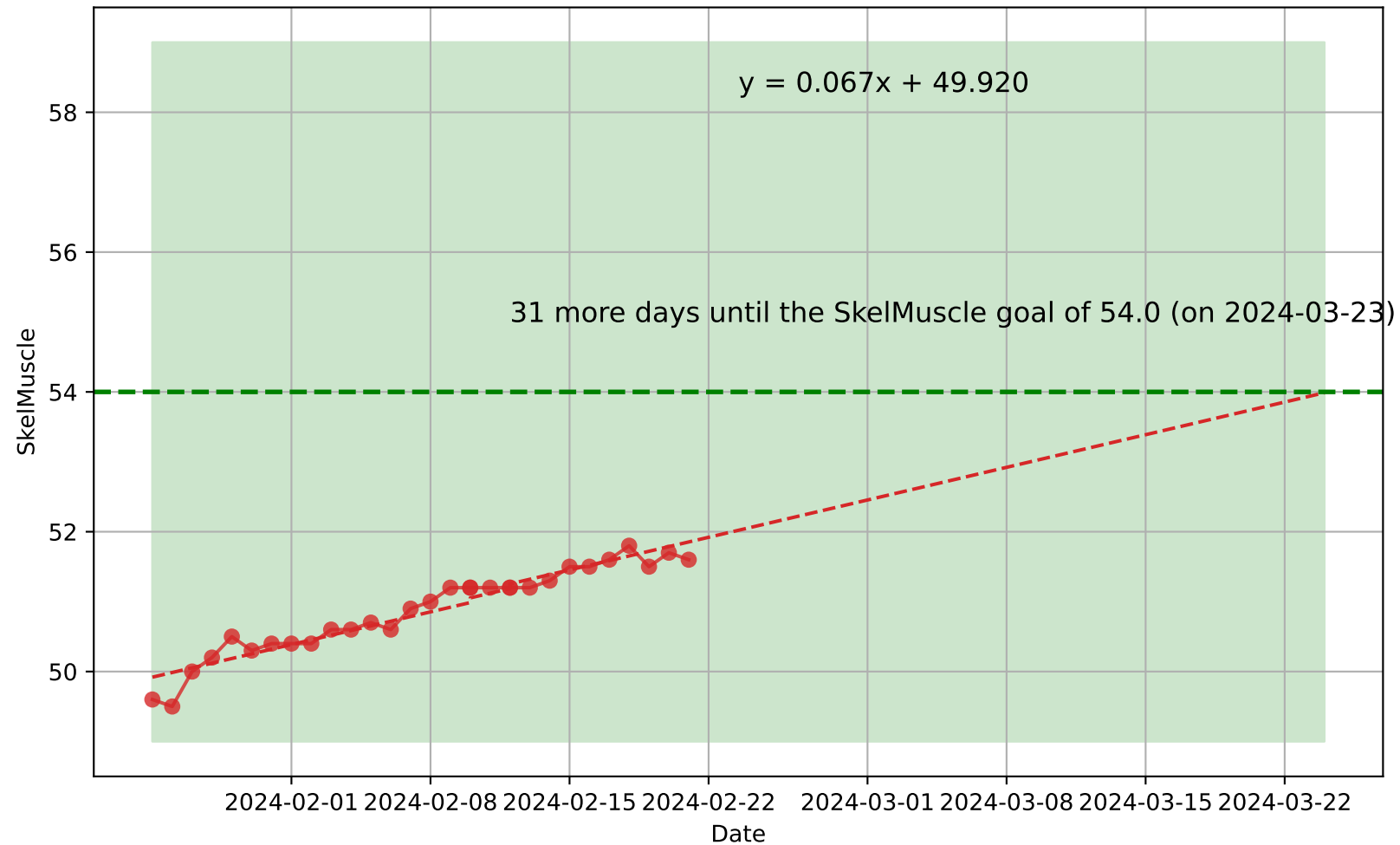
ViscFat change over diet (as of 2024-02-21)



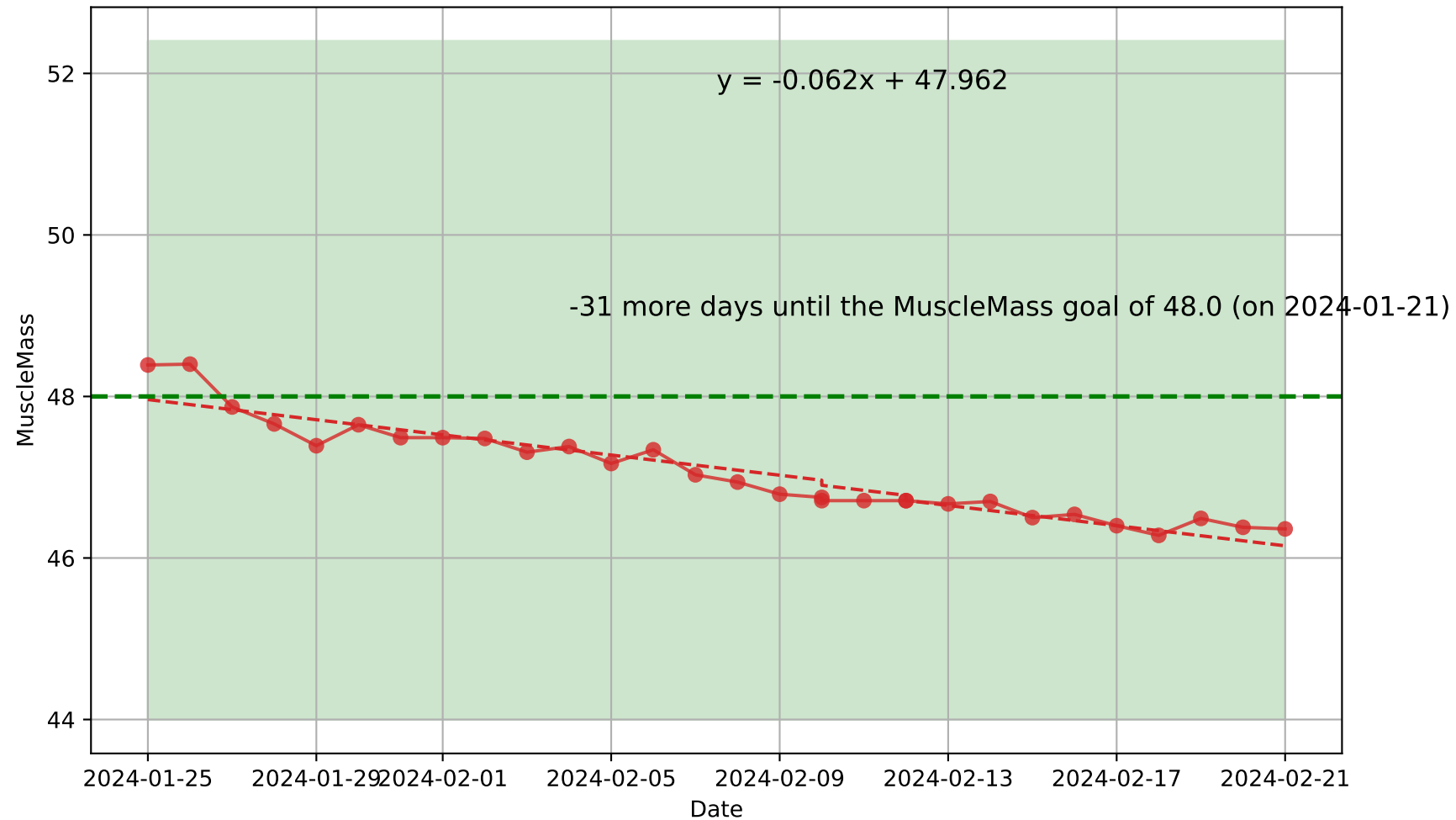
BodyWater change over diet (as of 2024-02-21)



SkelMuscle change over diet (as of 2024-02-21)



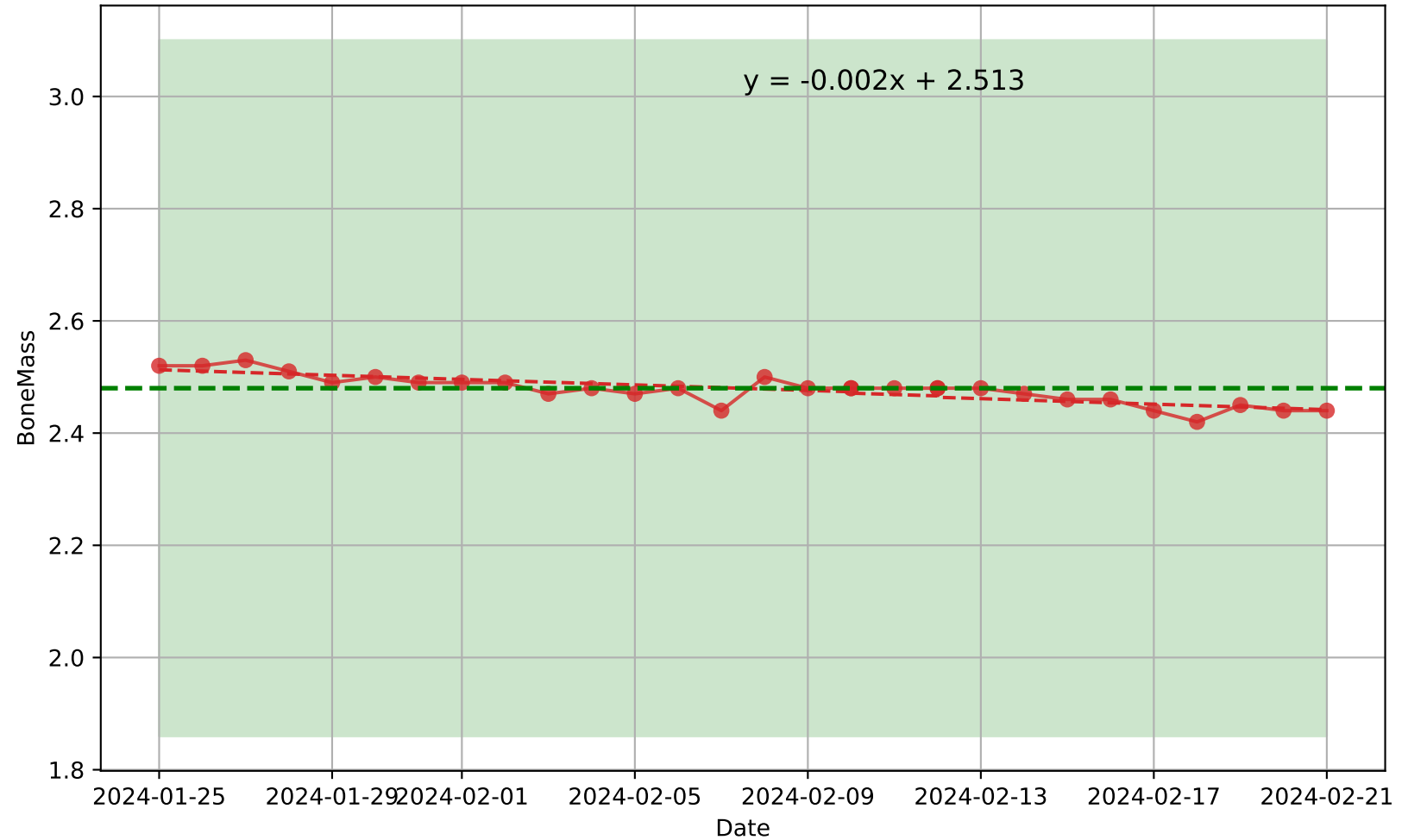
MuscleMass change over diet (as of 2024-02-21)





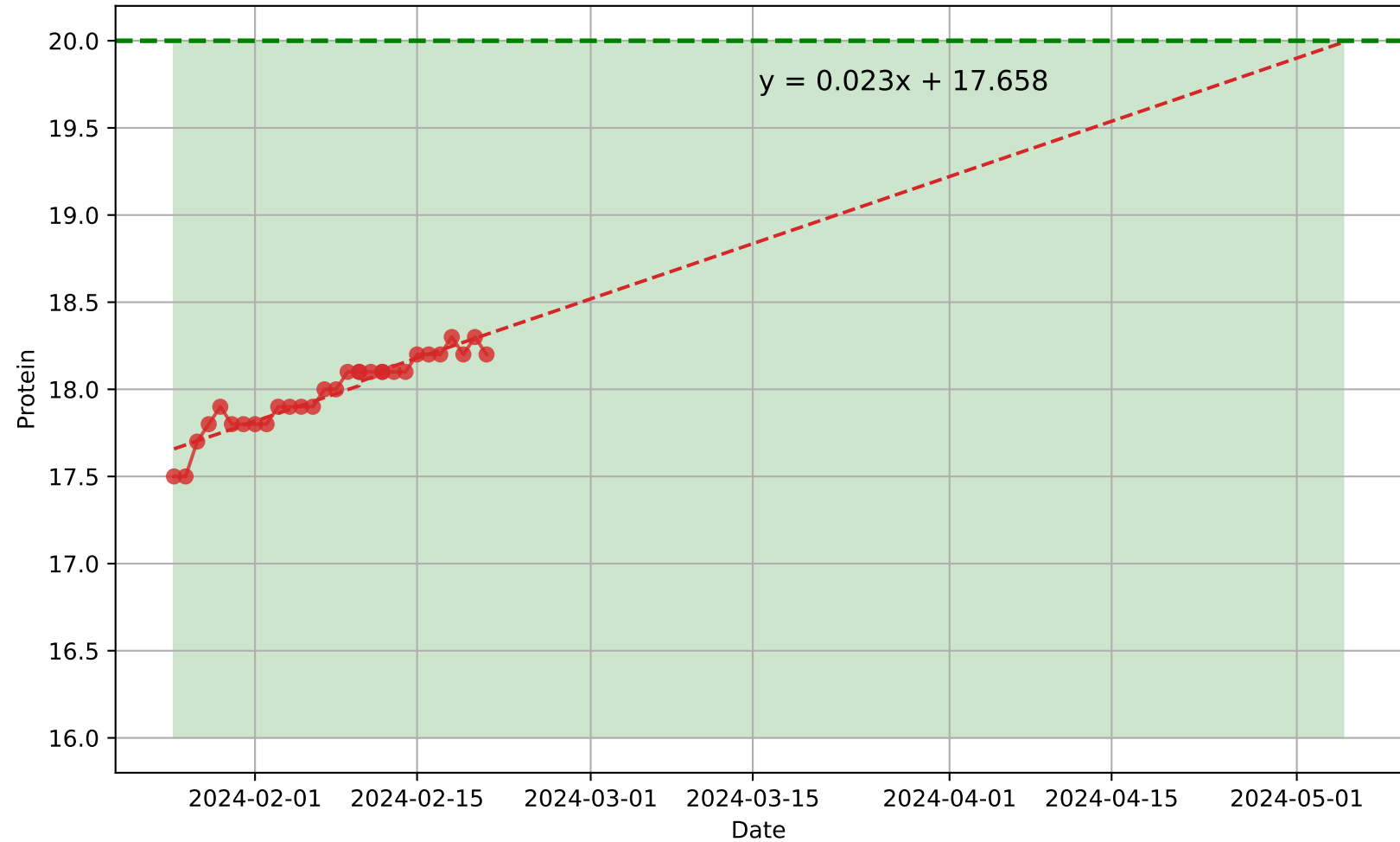
-17 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-02-21)



73 more days until the Protein goal of 20.0 (on 2024-05-04)

Protein change over diet (as of 2024-02-21)



BMR change over diet (as of 2024-02-21)

