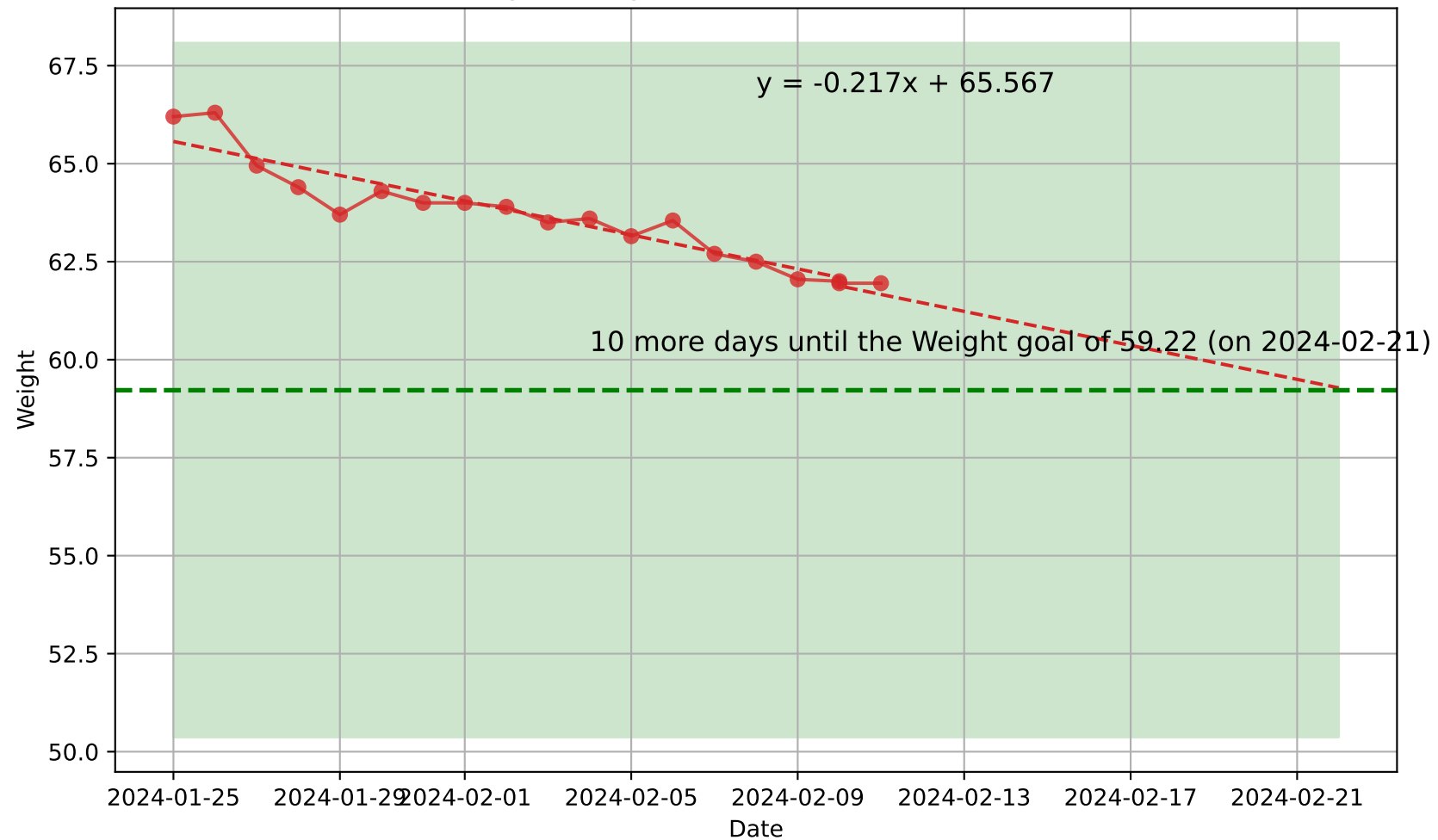
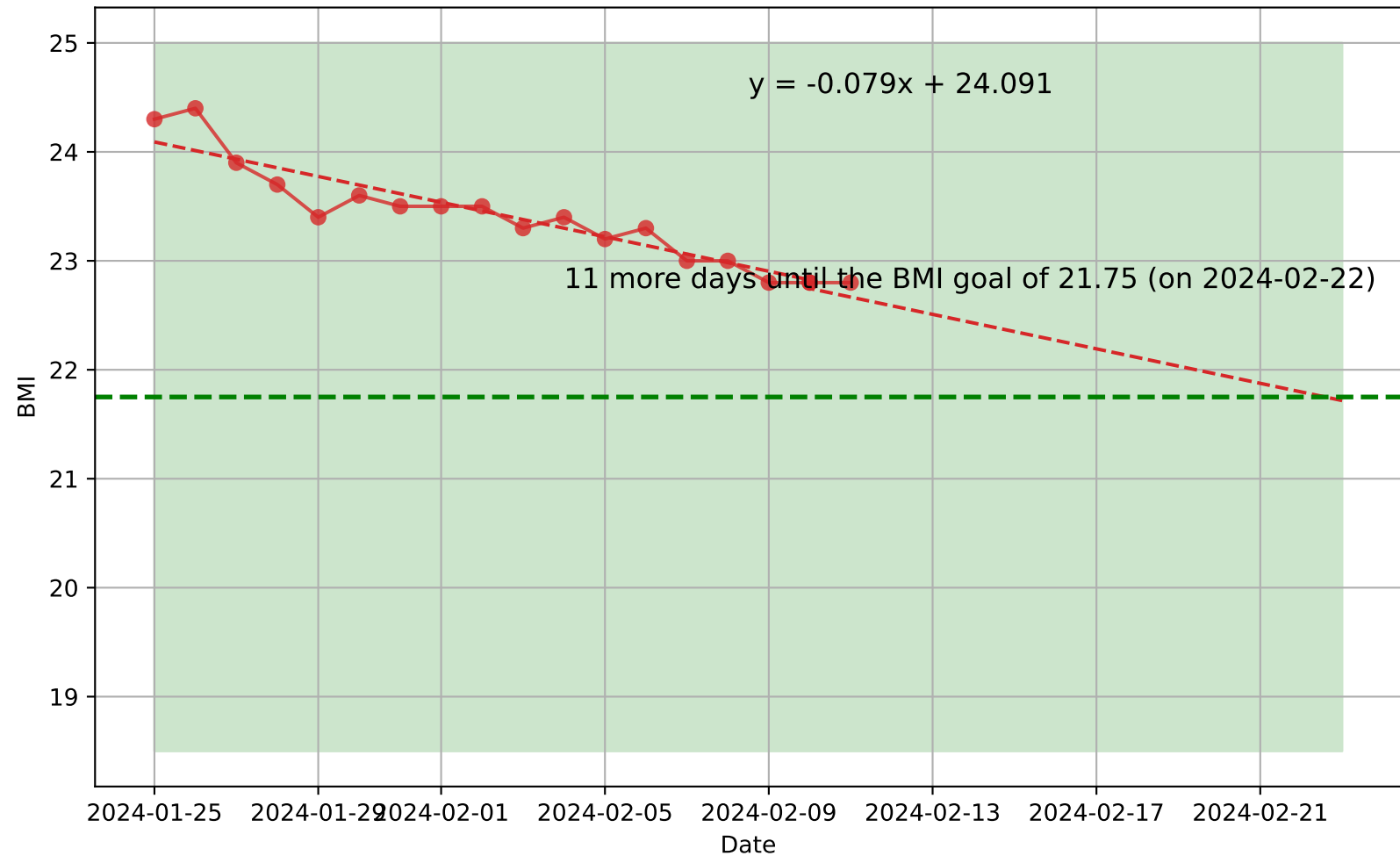


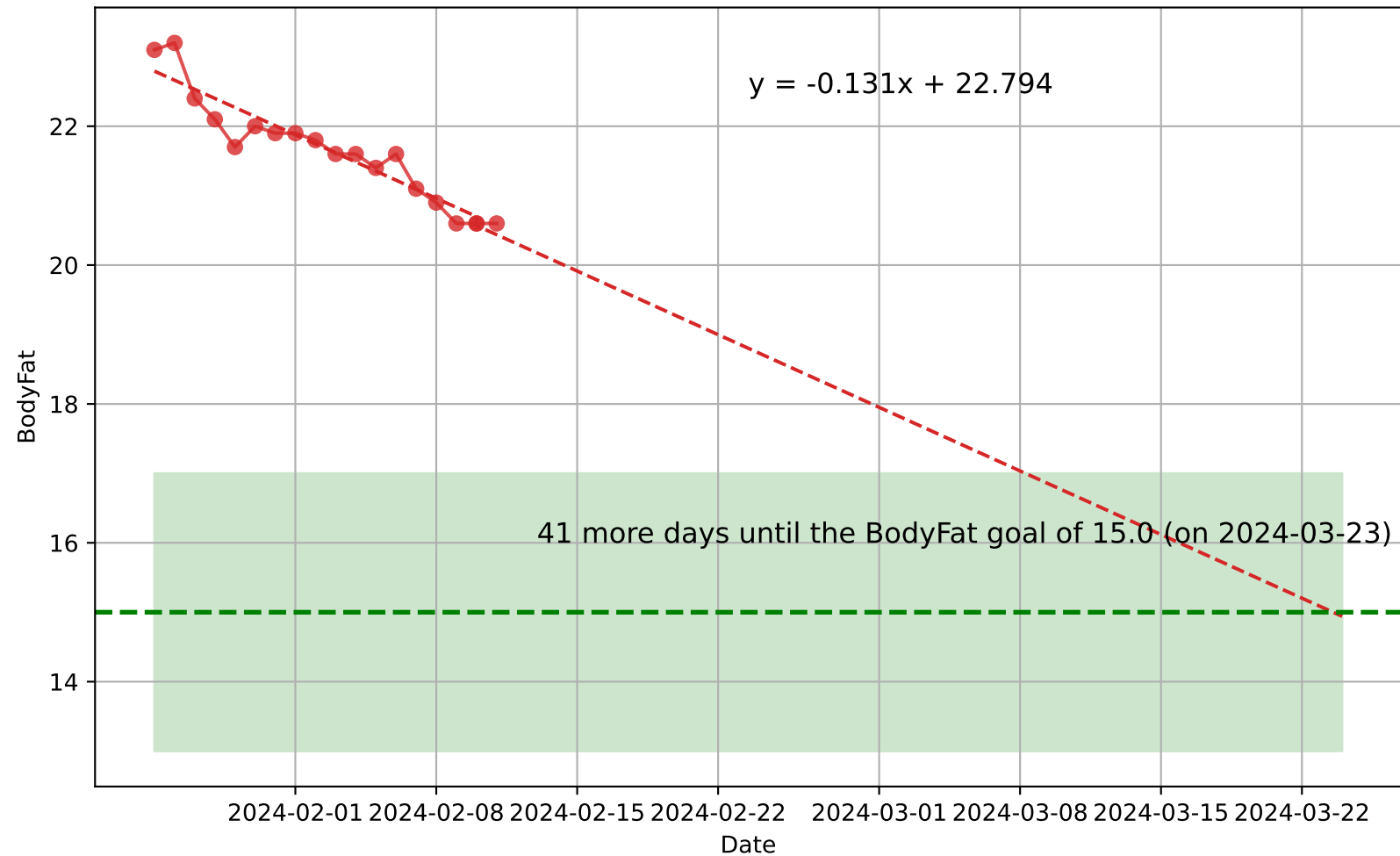
Weight change over diet (as of 2024-02-11)



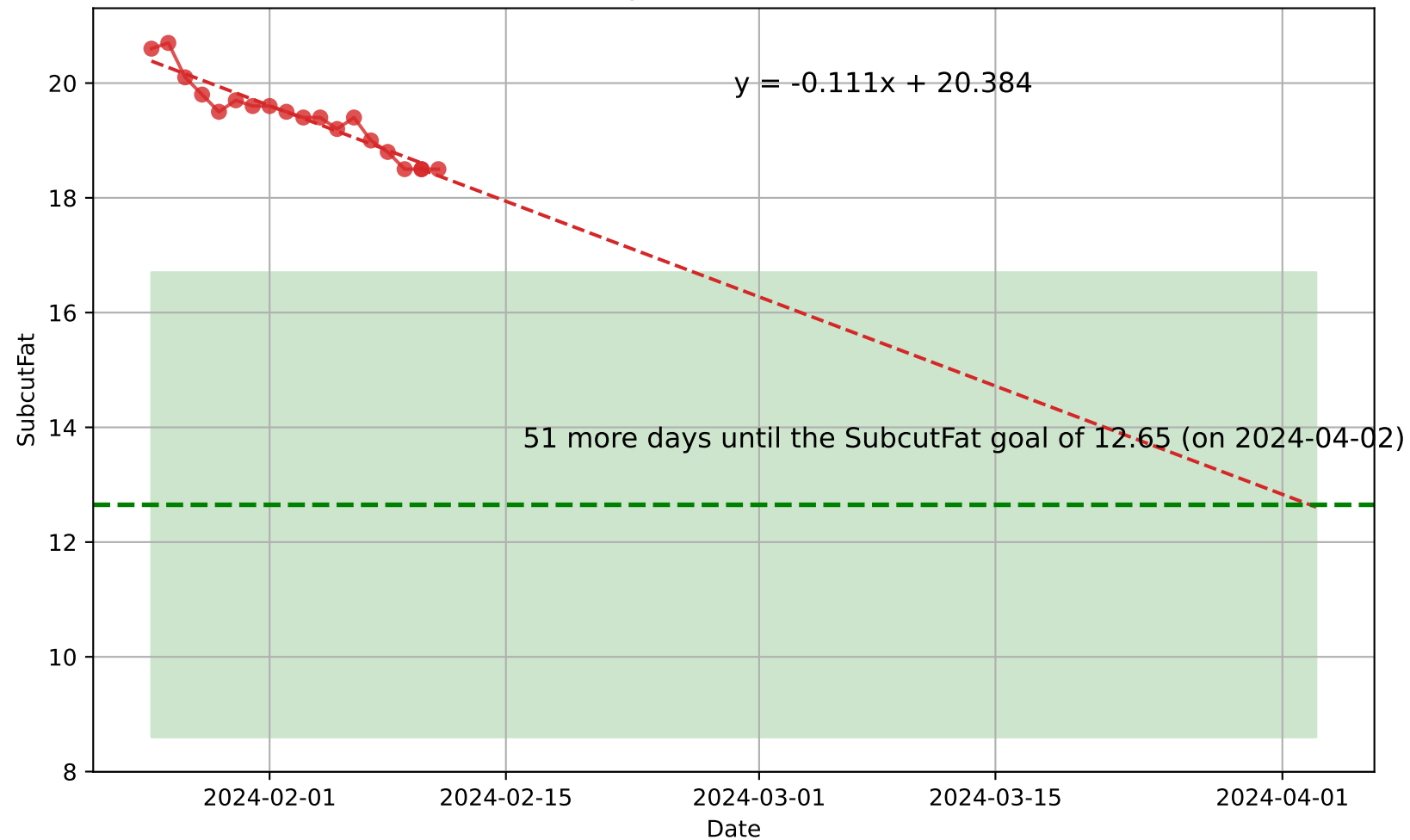
BMI change over diet (as of 2024-02-11)



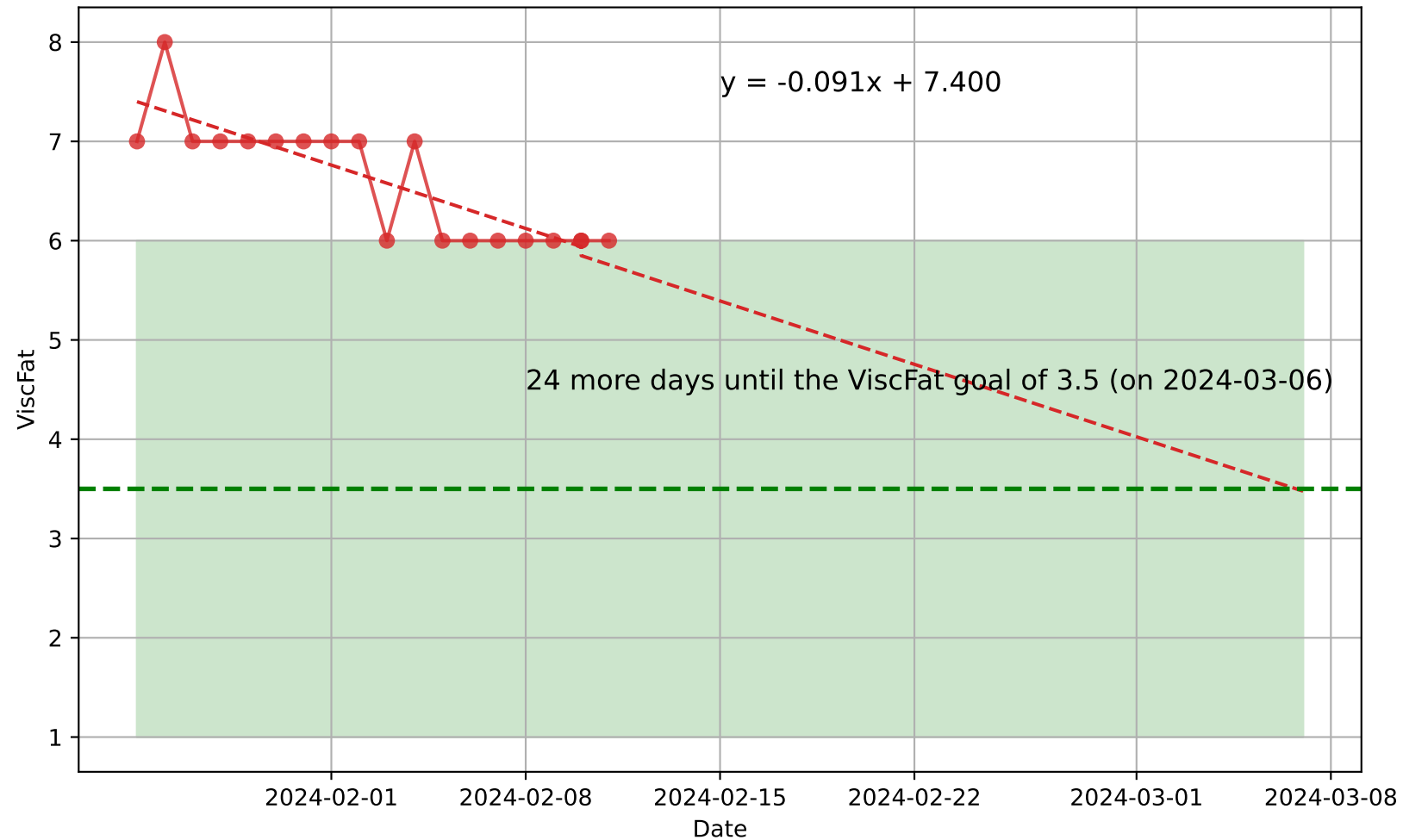
BodyFat change over diet (as of 2024-02-11)



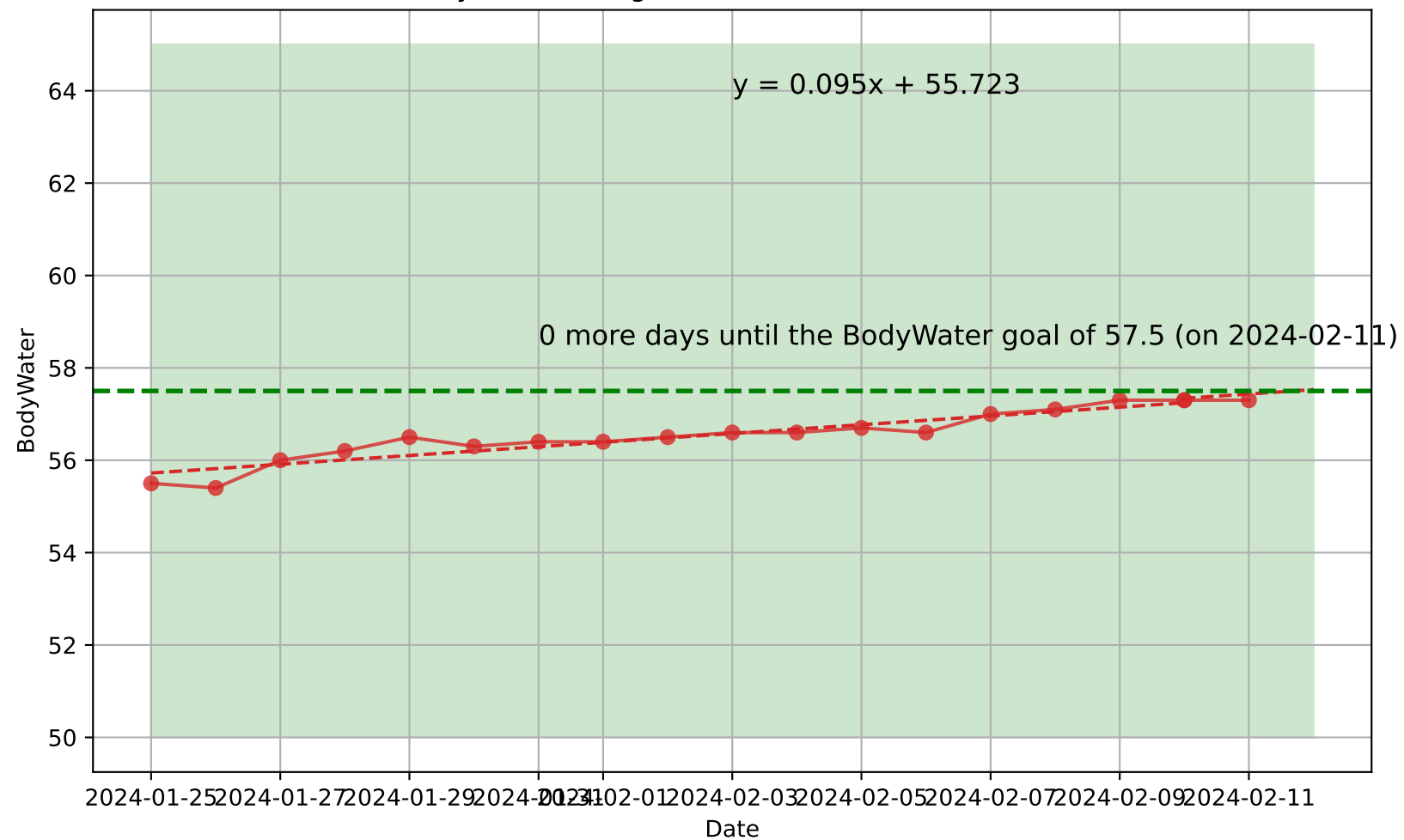
SubcutFat change over diet (as of 2024-02-11)



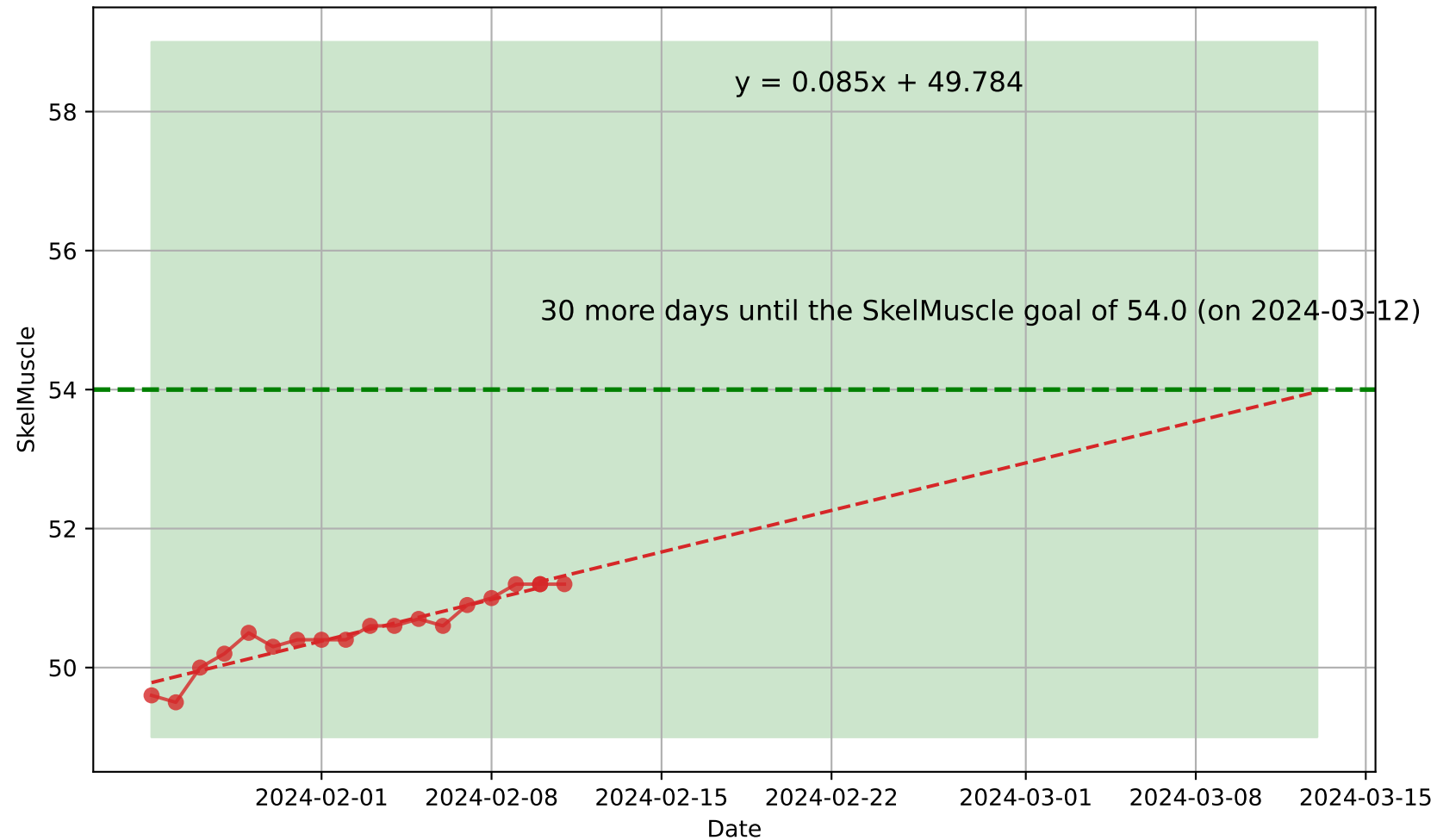
ViscFat change over diet (as of 2024-02-11)



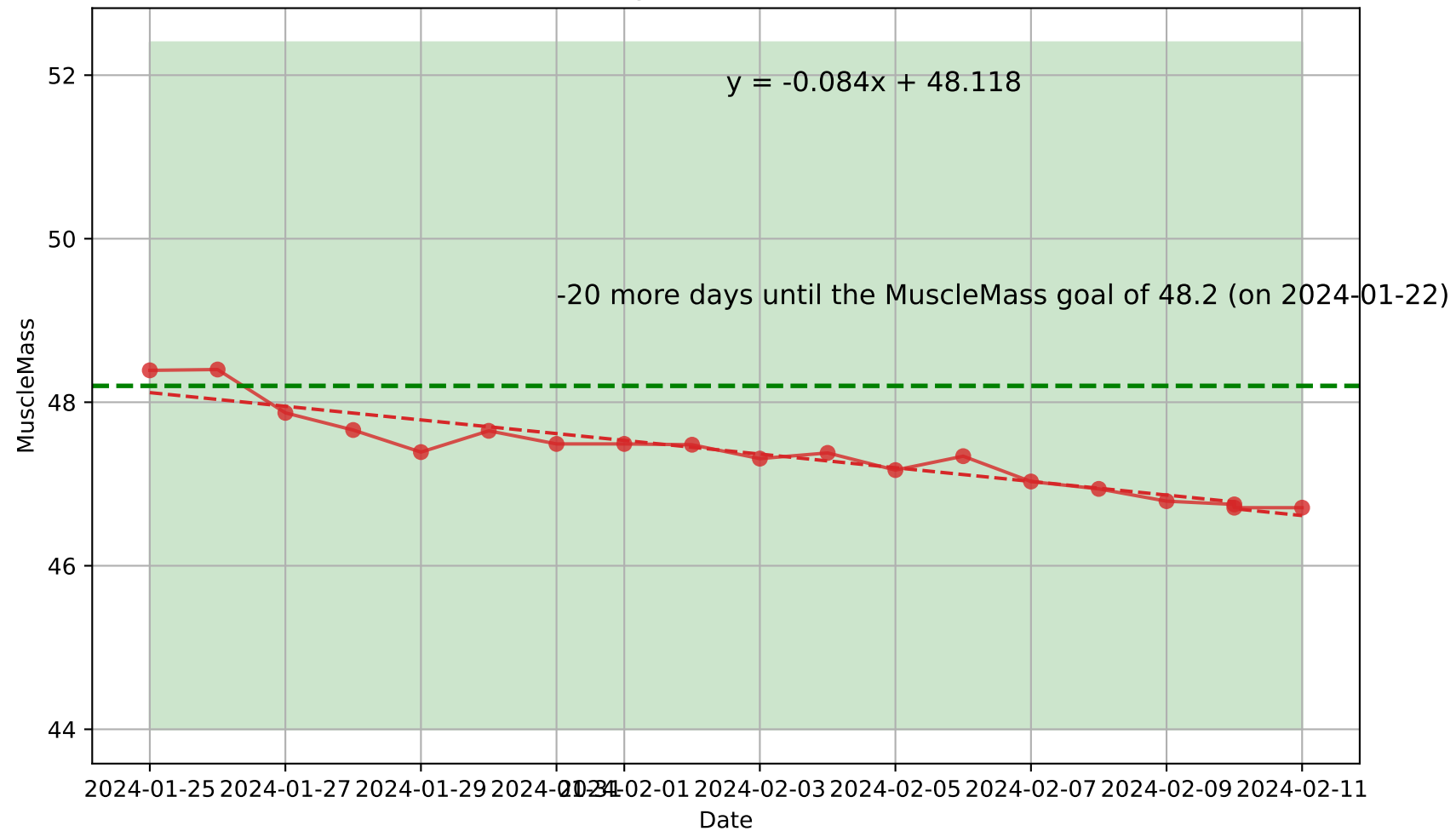
BodyWater change over diet (as of 2024-02-11)



SkelMuscle change over diet (as of 2024-02-11)



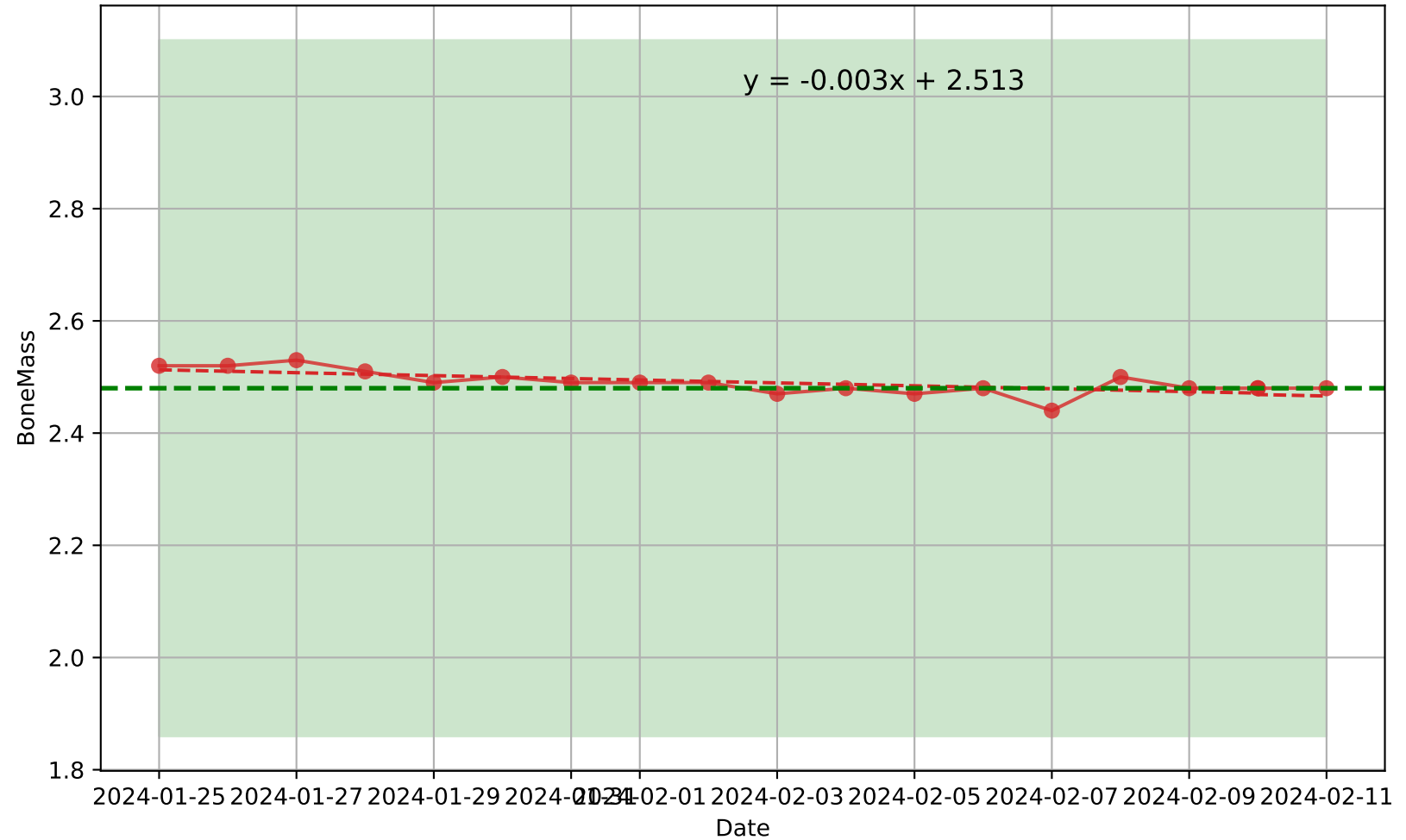
MuscleMass change over diet (as of 2024-02-11)



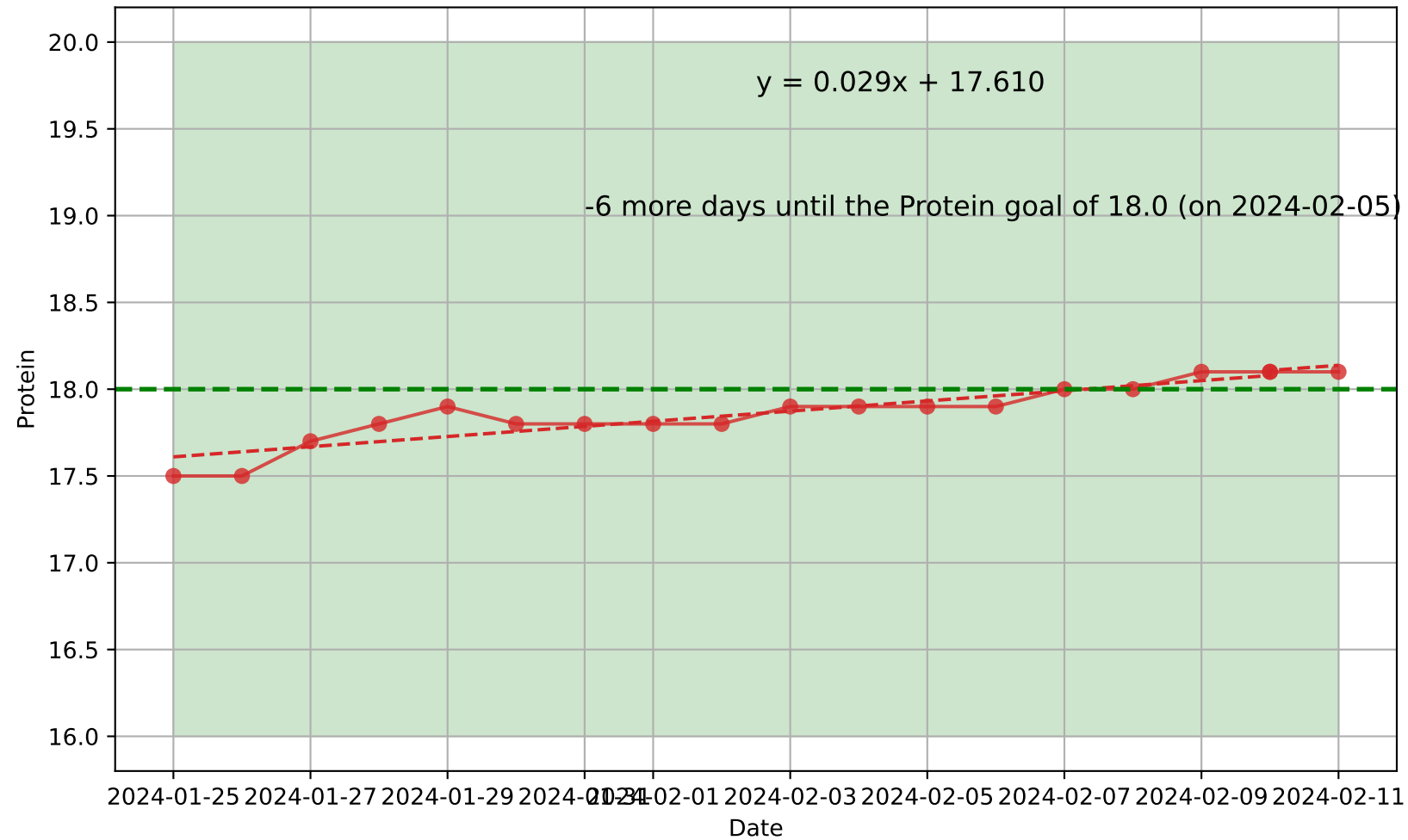


-6 more days until the BoneMass goal of 2.48 (on 2024-02-05)

BoneMass change over diet (as of 2024-02-11)



Protein change over diet (as of 2024-02-11)



BMR change over diet (as of 2024-02-11)

