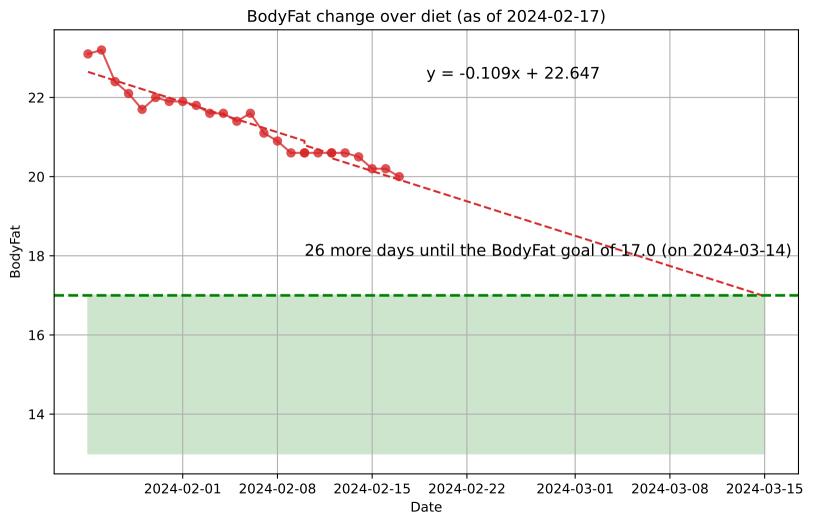
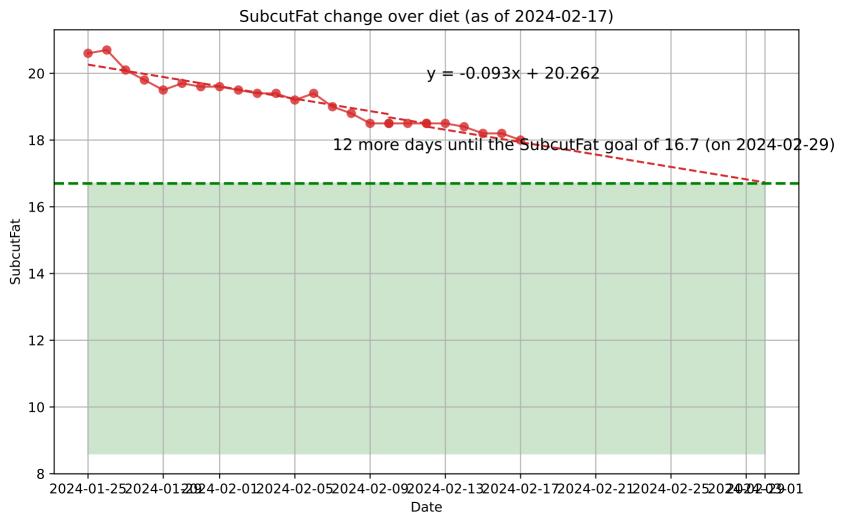


BMI change over diet (as of 2024-02-17) 25 y = -0.066x + 24.00024 23 8 more days until the BMI goal of 21.75 (on 2024-02-25) 22 21 20 19 2024-01-25 2024-01-229024-02-01 2024-02-05 2024-02-09 2024-02-13 2024-02-17 2024-02-21 2024-02-25

Date





ViscFat change over diet (as of 2024-02-17) 8 y = -0.062x + 7.1979 more days until the ViscFat goal of 5.0 (on 2024-02-26) 6 ViscFat 2024-01-25 2024-01-2924-02-01 2024-02-05 2024-02-09 2024-02-13 2024-02-17 2024-02-21 2024-02-25

Date

BodyWater change over diet (as of 2024-02-17) y = 0.079x + 55.82864 62 60 -5 more days until the BodyWater goal of 57.5 (on 2024-02-12) BodyWater 58 56 54 52 50 2024-01-25 2024-01-29 2024-02-01 2024-02-05 2024-02-09 2024-02-13 2024-02-17

Date

