

BMI change over diet (as of 2024-02-18) 25 y = -0.066x + 24.00024 23 7 more days until the BMI goal of 21.75 (on 2024-02-25) 22 21 20 19 2024-01-25 2024-01-229024-02-01 2024-02-05 2024-02-09 2024-02-13 2024-02-17 2024-02-21 2024-02-25

Date

















