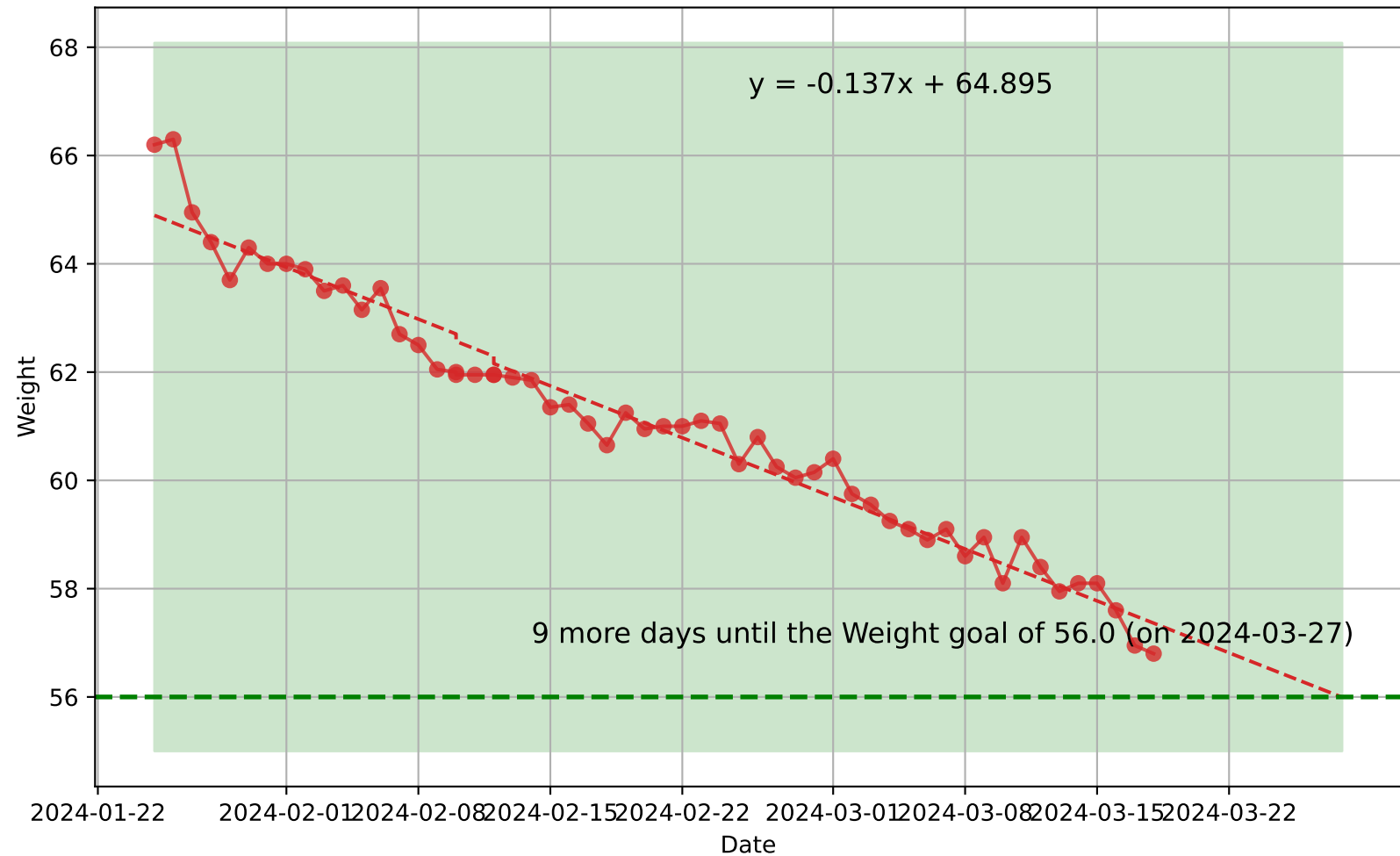
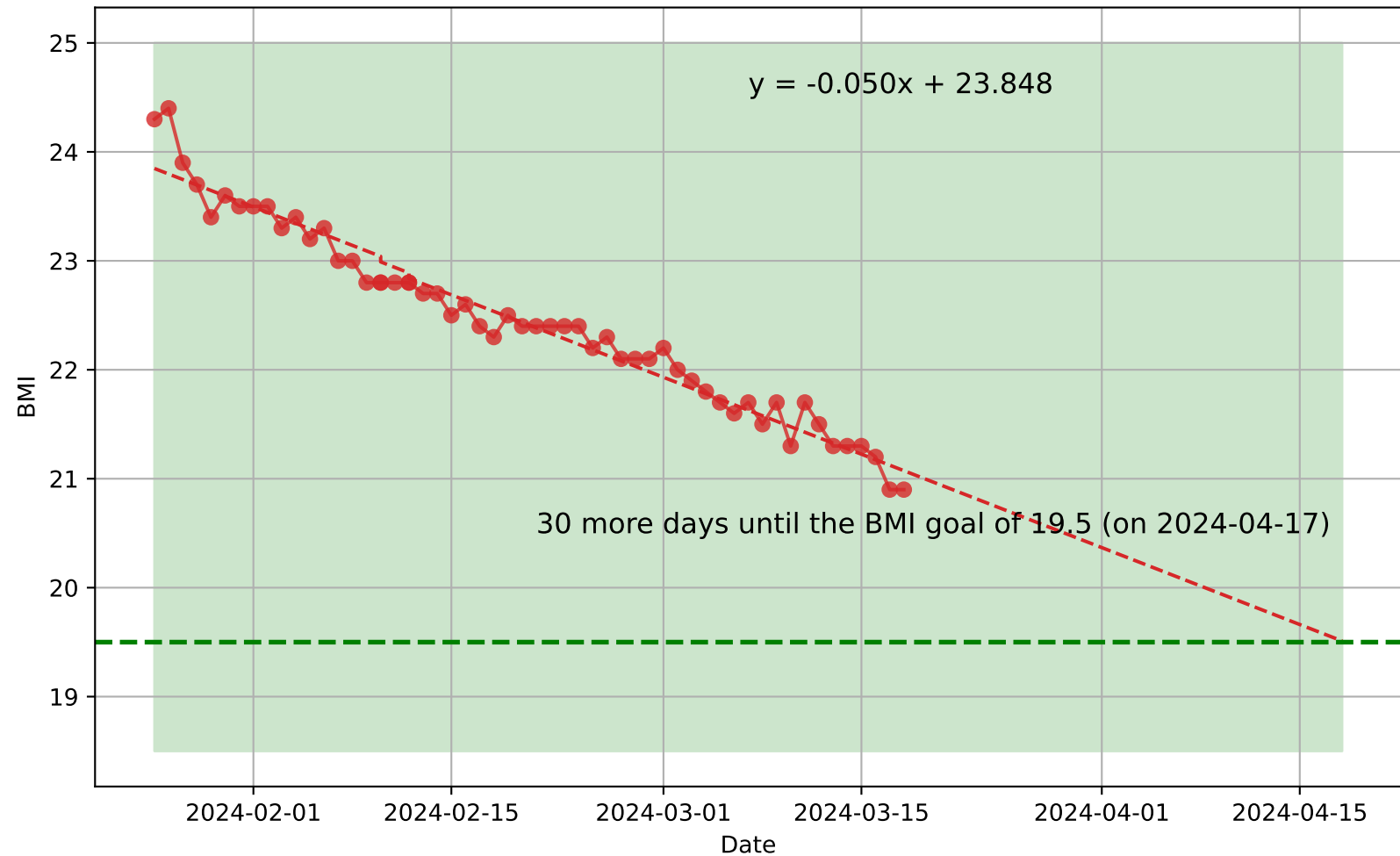


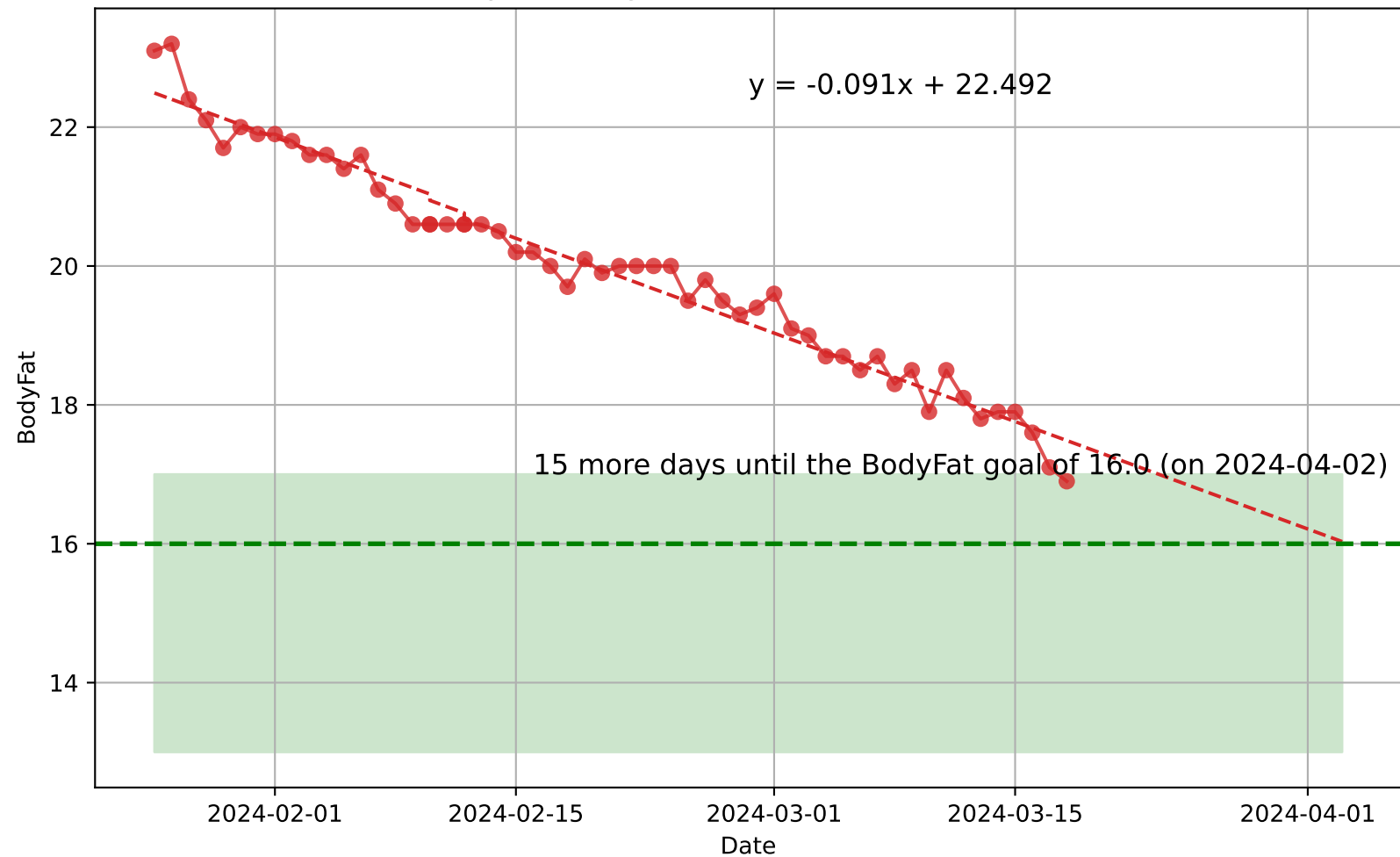
Weight change over diet (as of 2024-03-18)



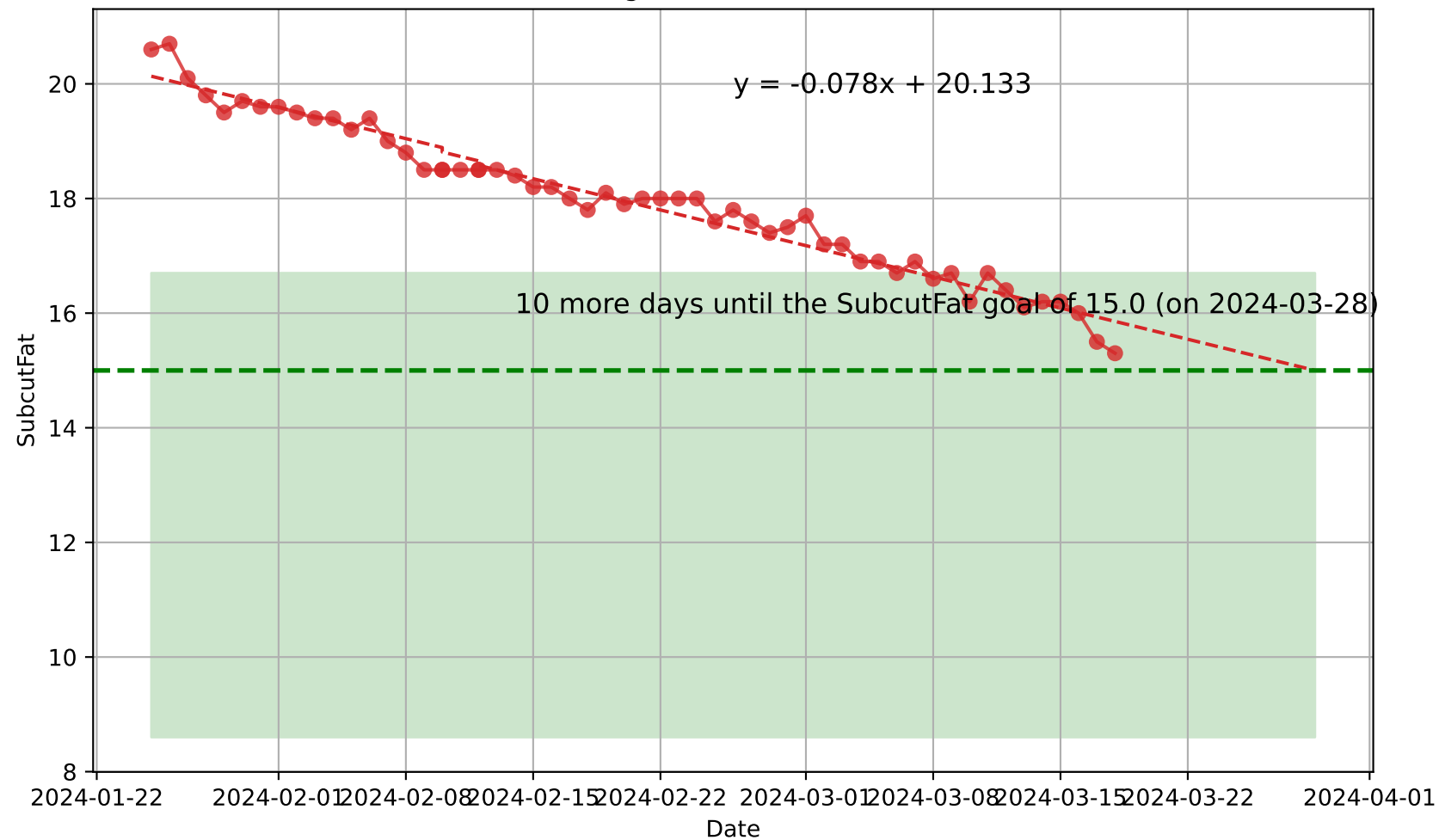
BMI change over diet (as of 2024-03-18)



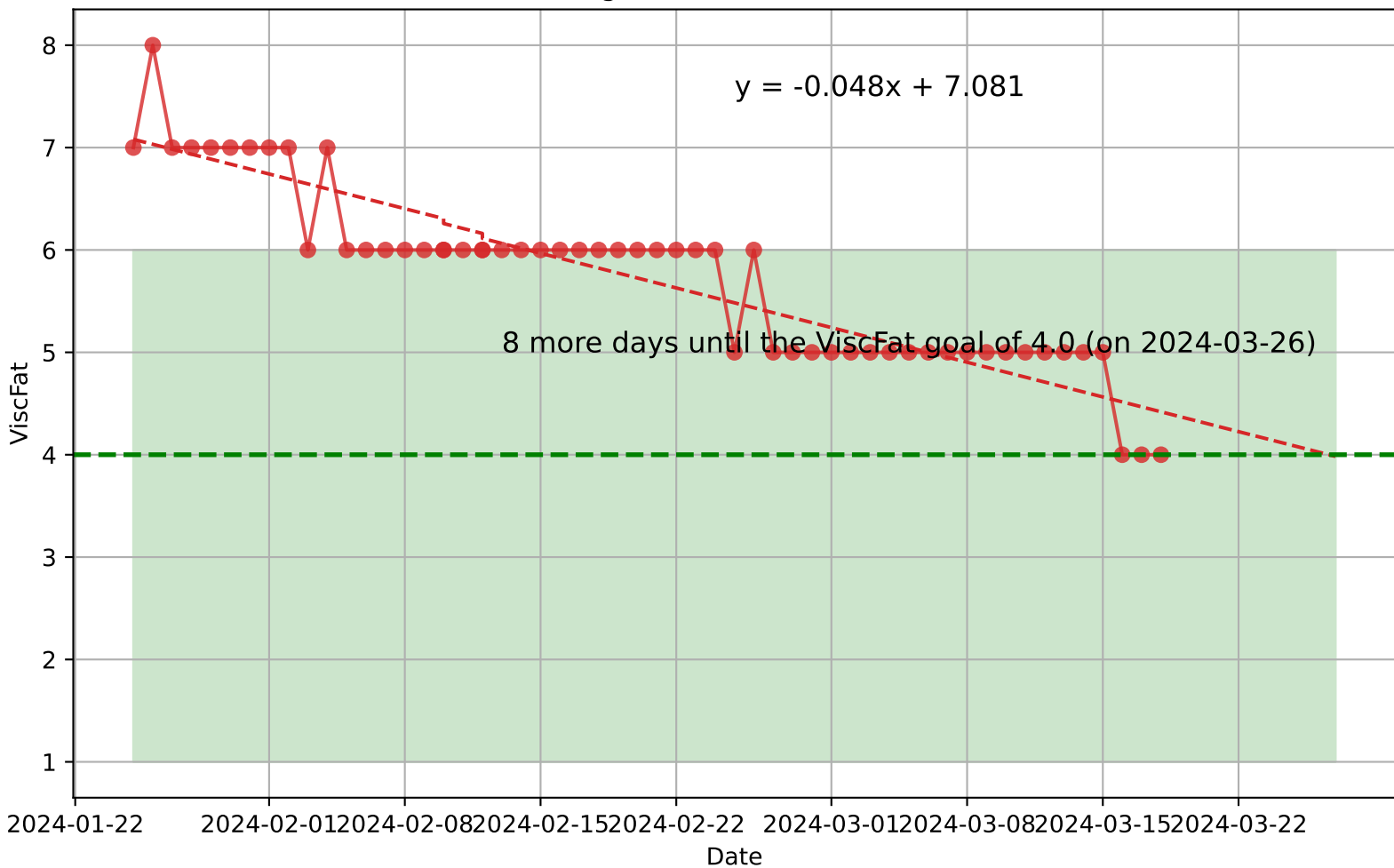
BodyFat change over diet (as of 2024-03-18)



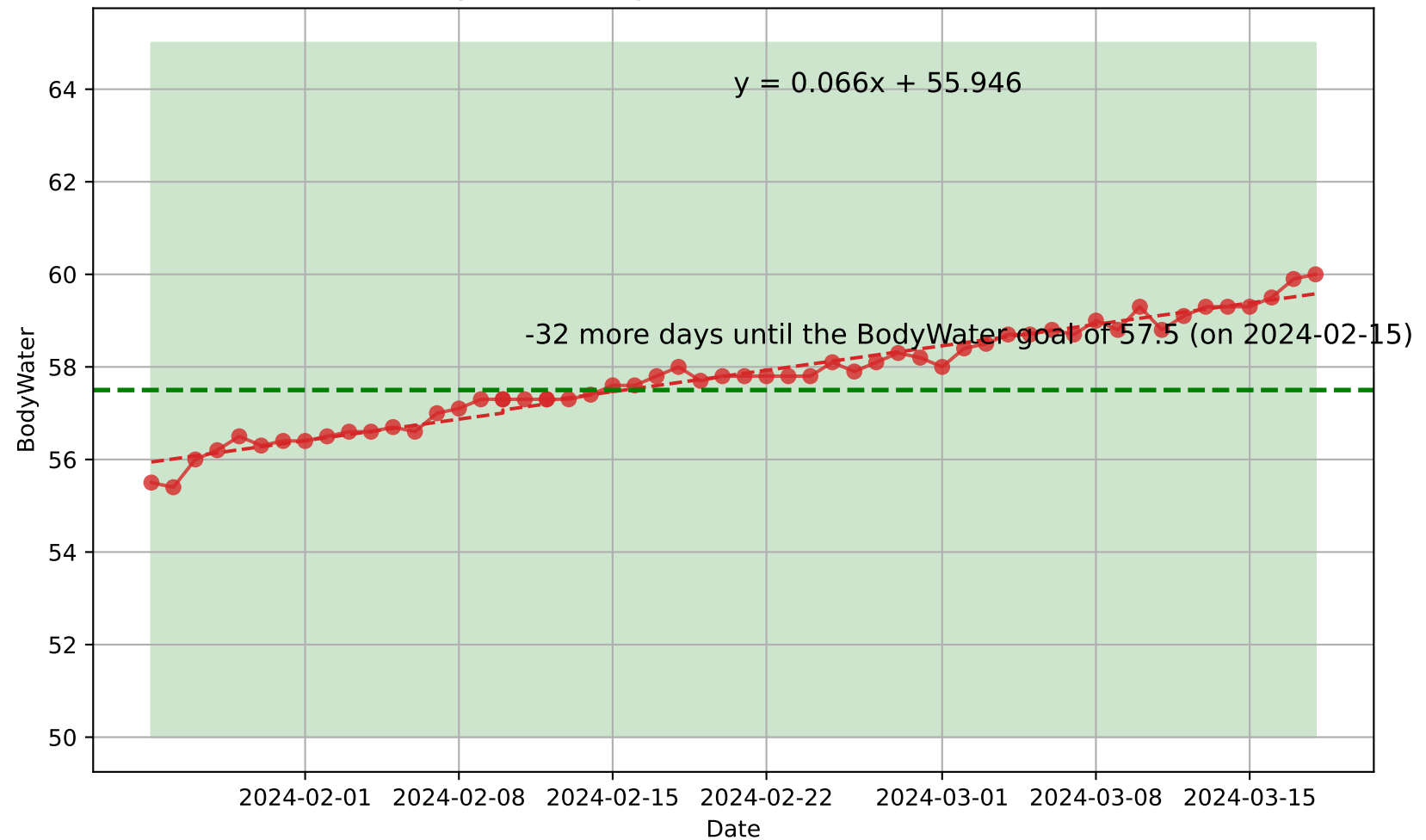
SubcutFat change over diet (as of 2024-03-18)



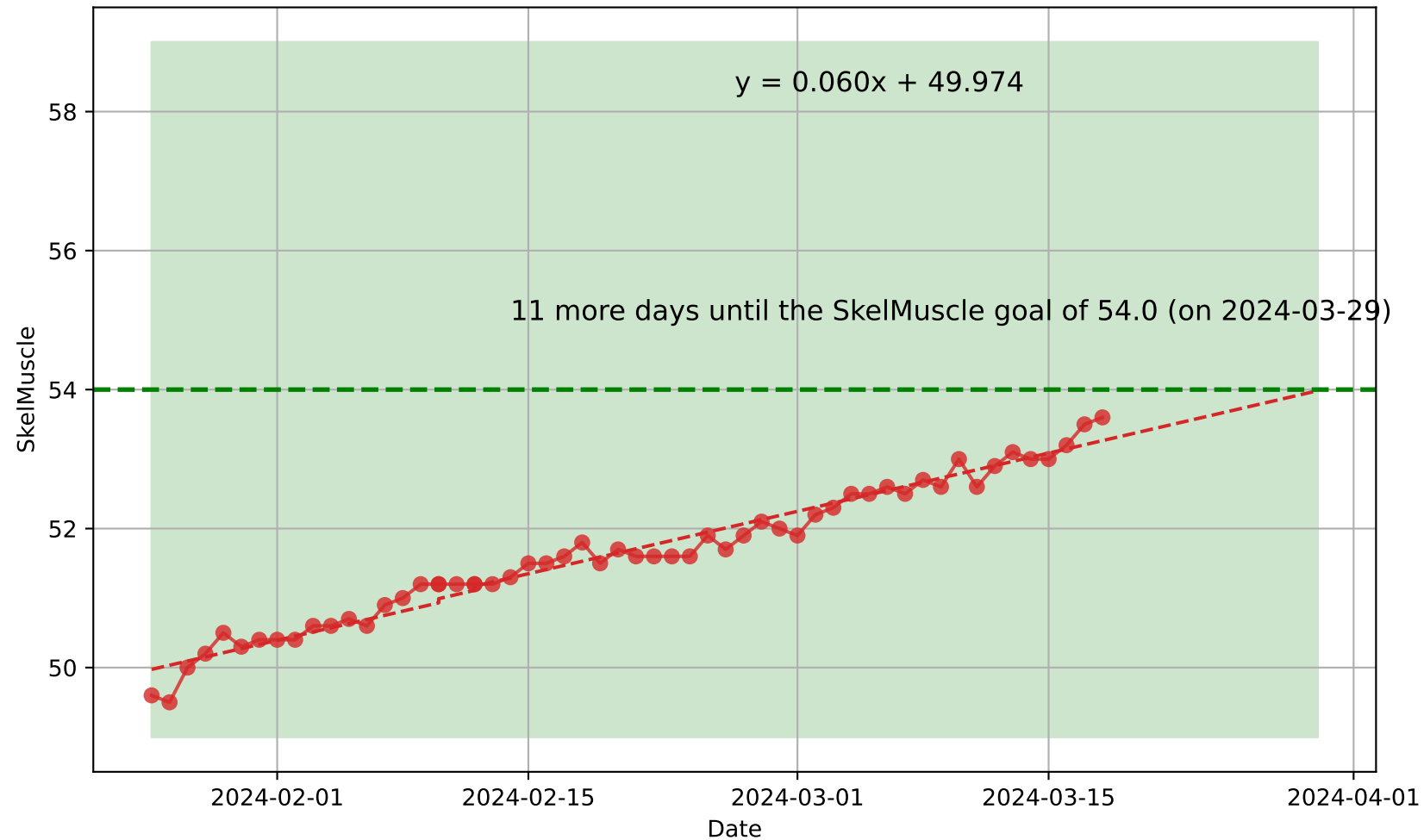
ViscFat change over diet (as of 2024-03-18)



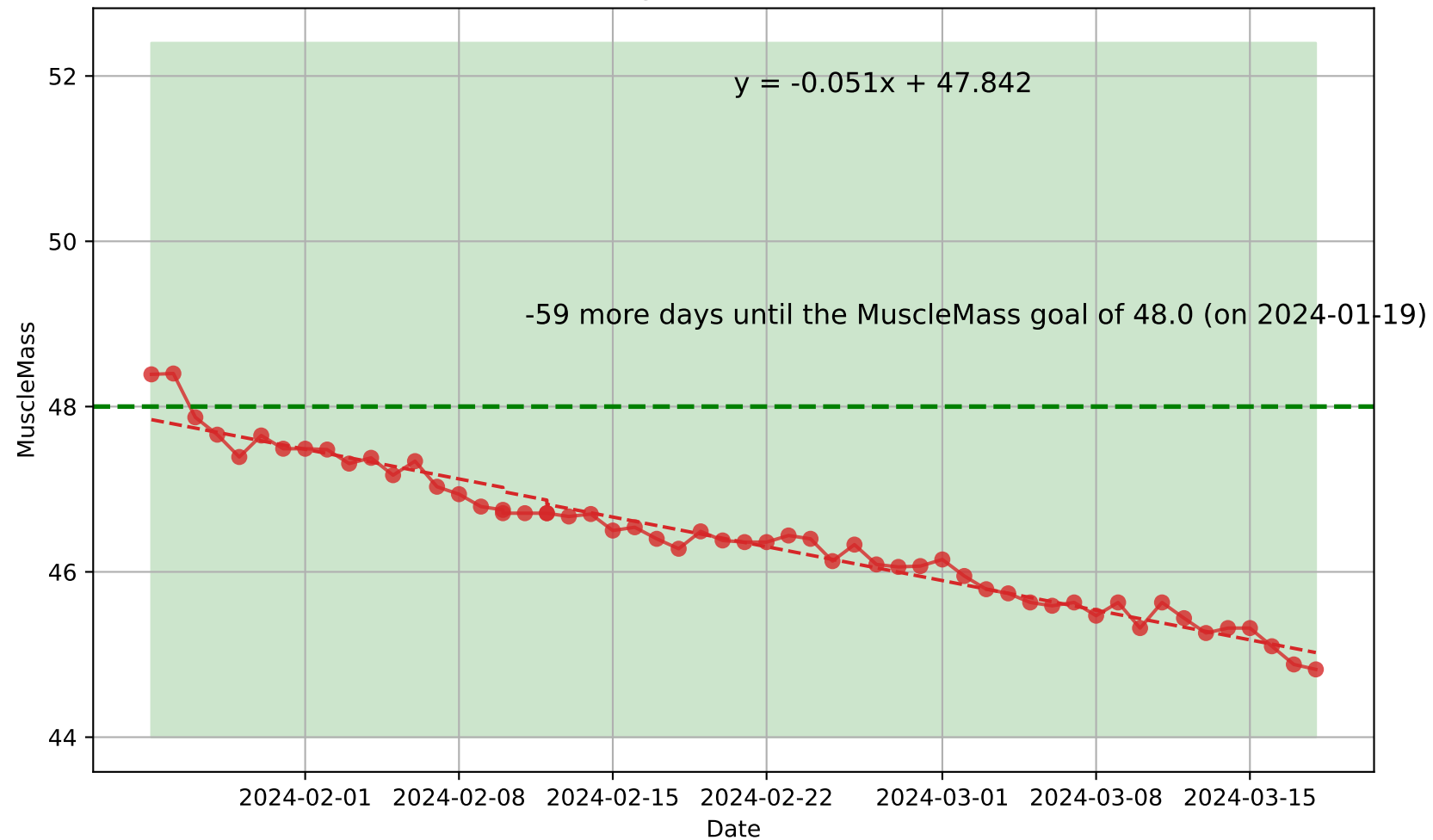
BodyWater change over diet (as of 2024-03-18)



SkelMuscle change over diet (as of 2024-03-18)



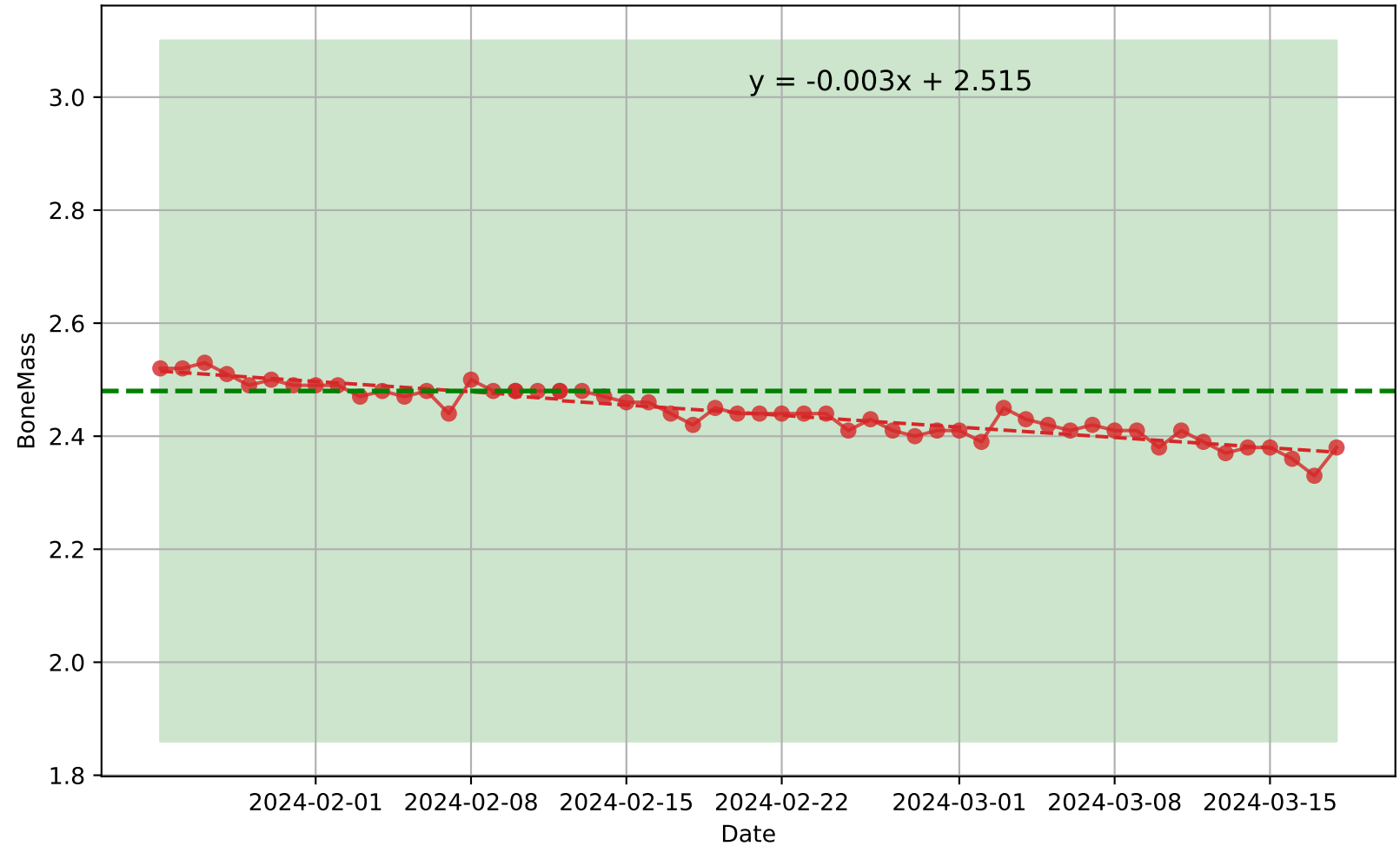
MuscleMass change over diet (as of 2024-03-18)





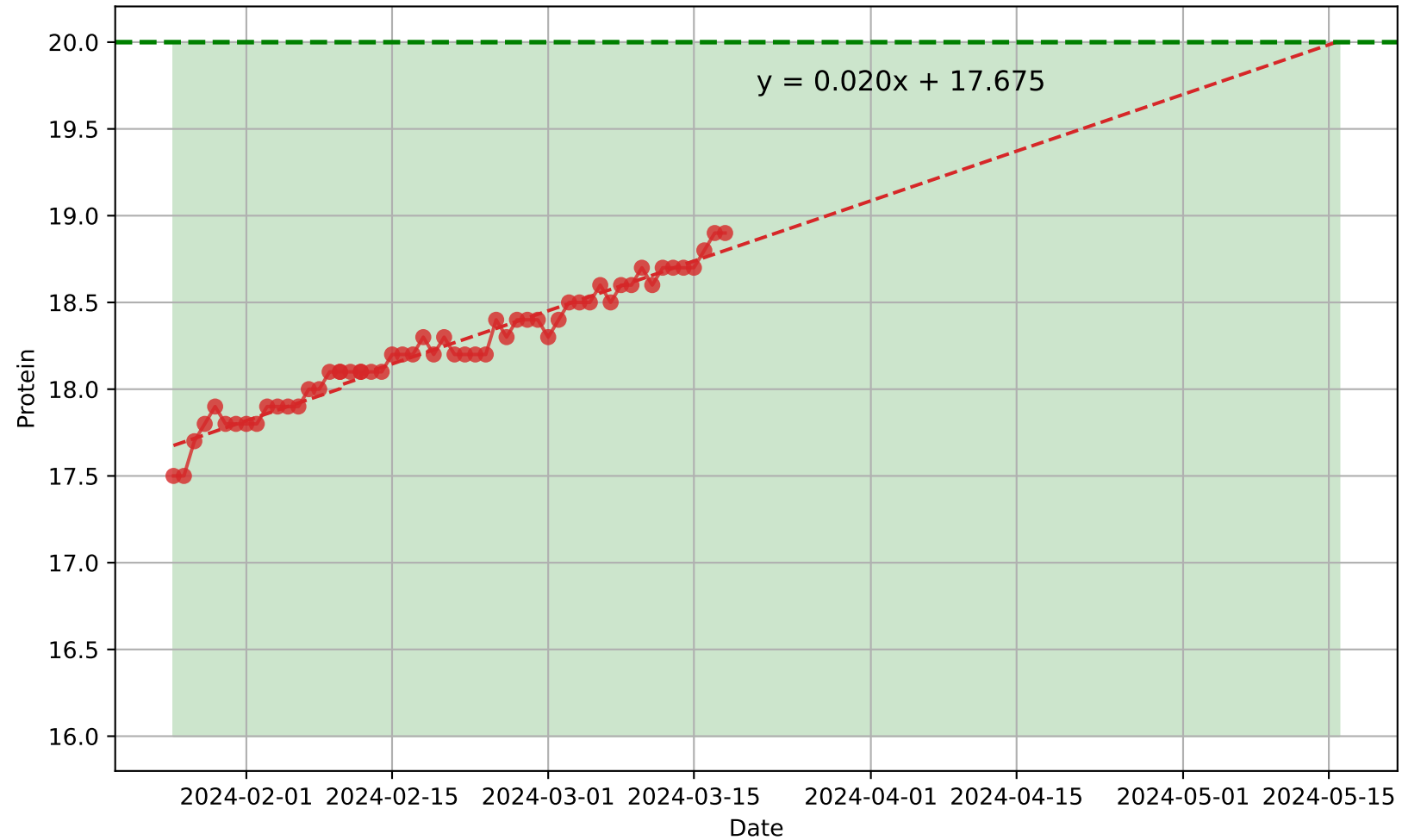
-43 more days until the BoneMass goal of 2.48 (on 2024-02-04)

BoneMass change over diet (as of 2024-03-18)



58 more days until the Protein goal of 20.0 (on 2024-05-15)

Protein change over diet (as of 2024-03-18)



BMR change over diet (as of 2024-03-18)

