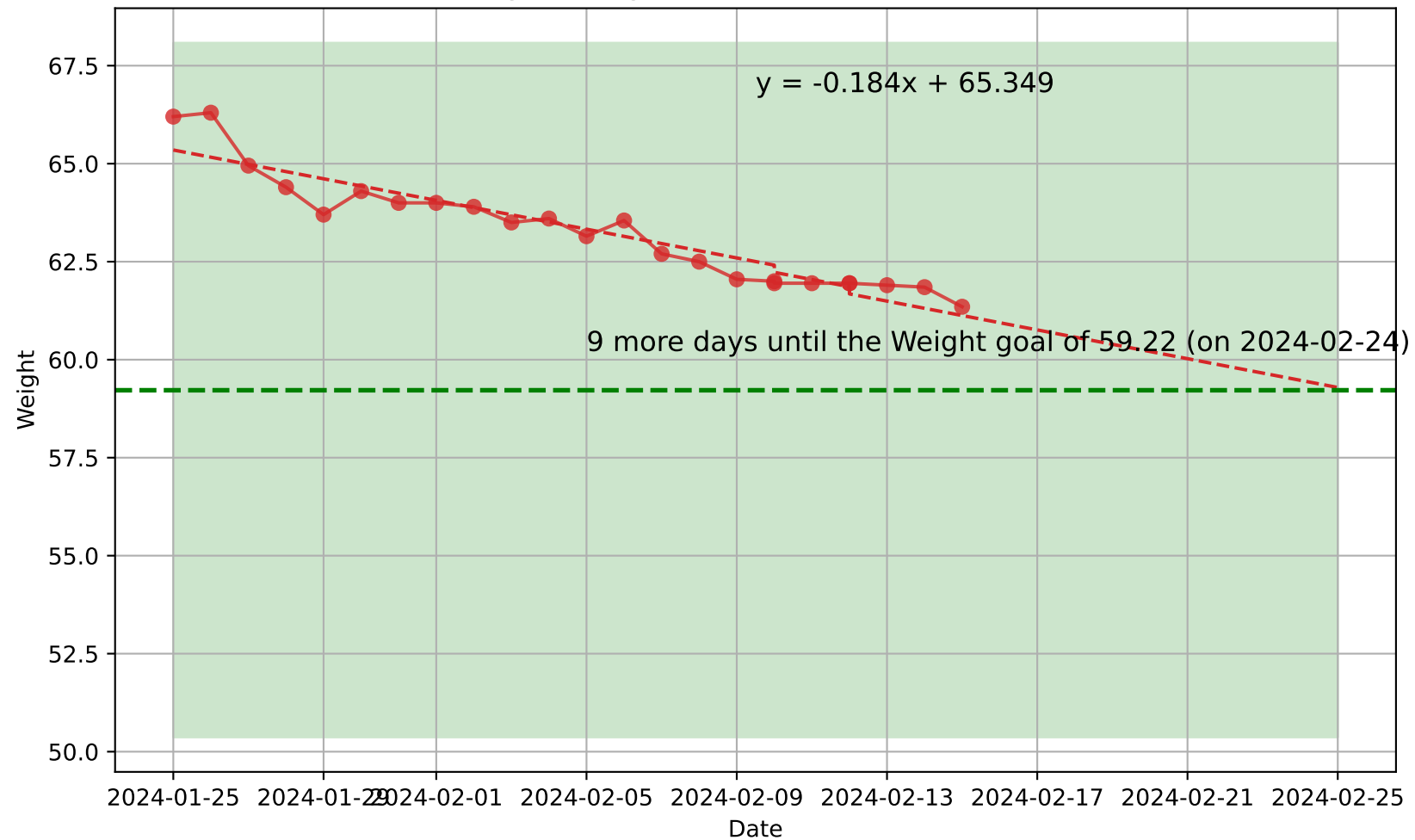
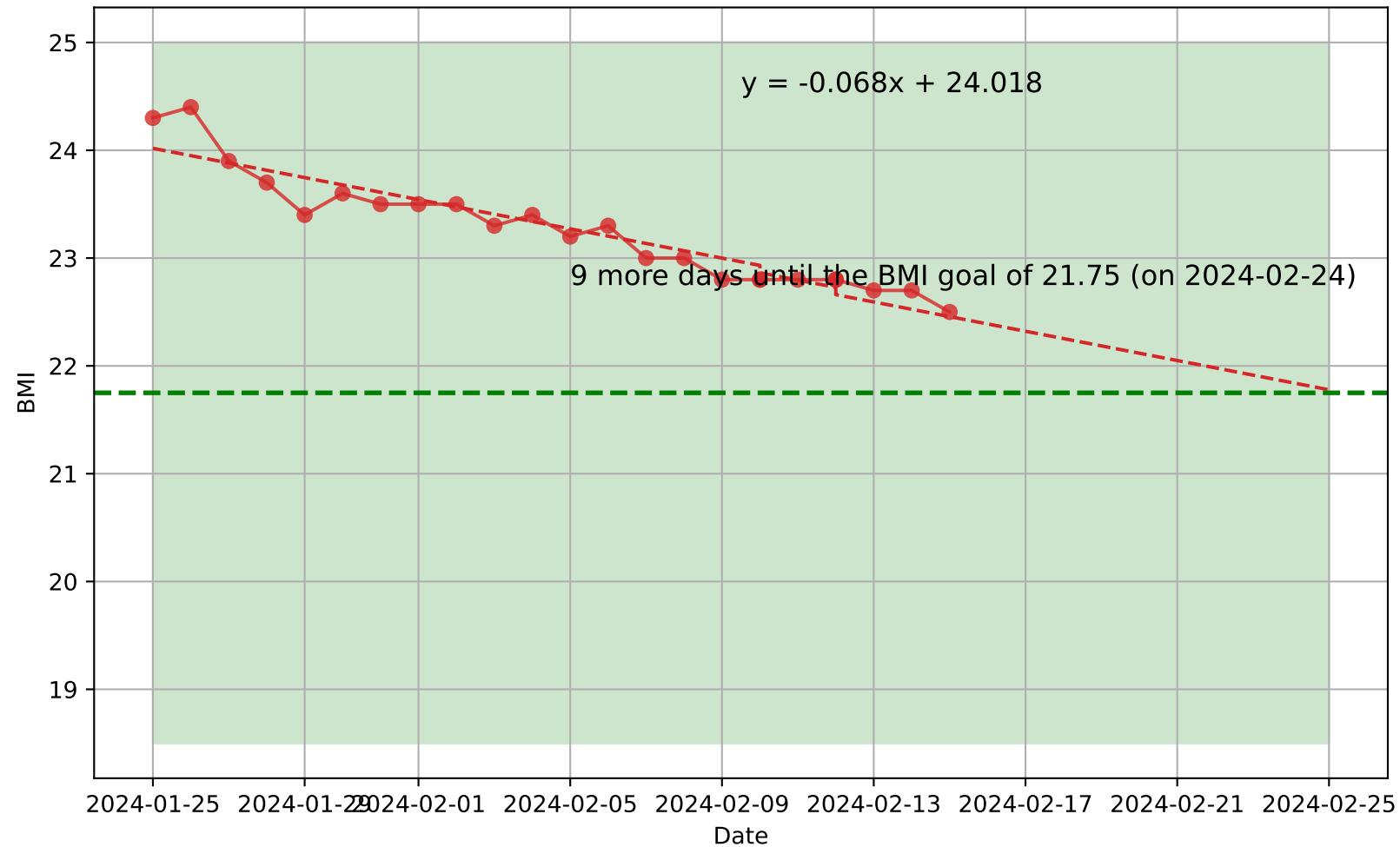


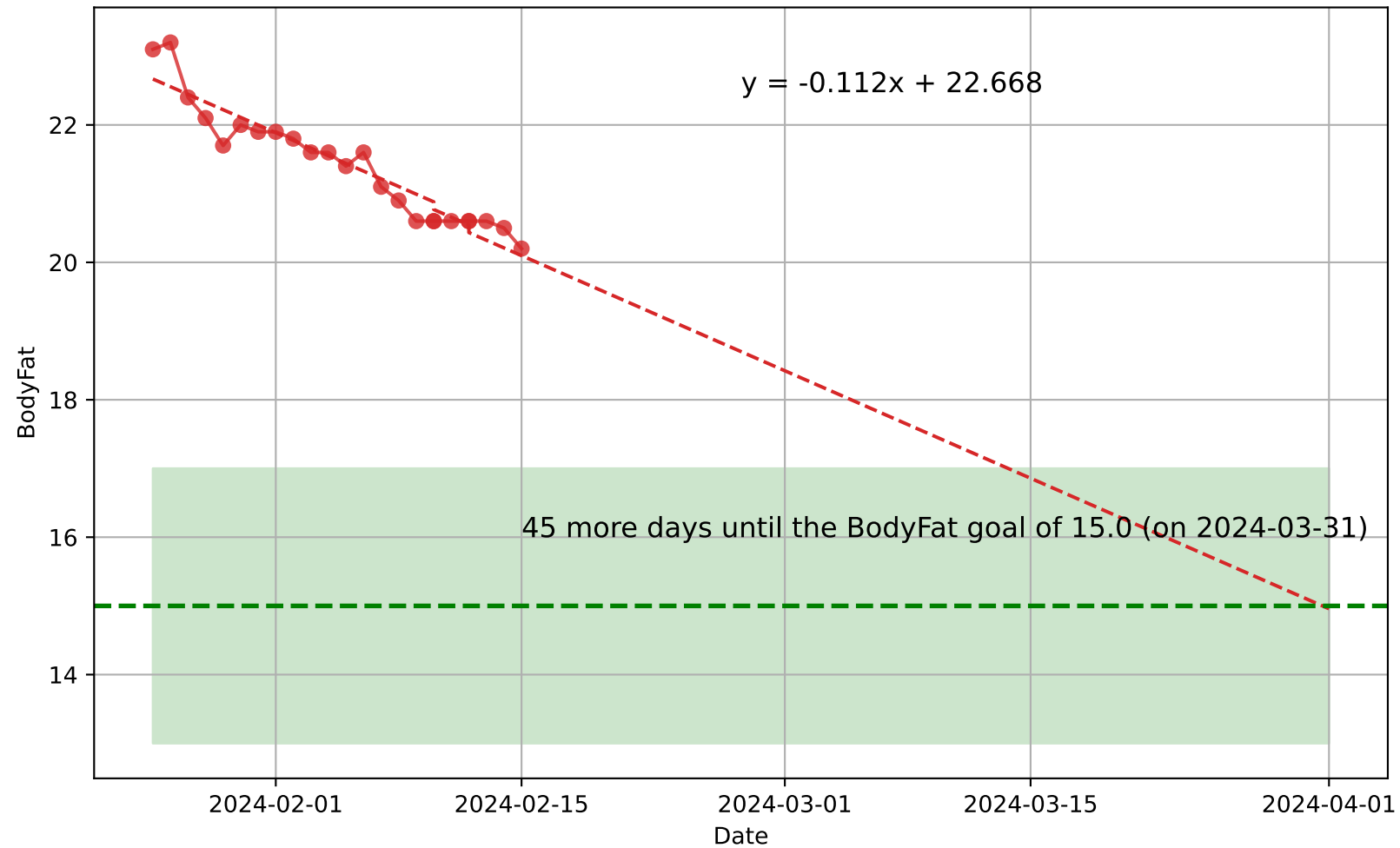
Weight change over diet (as of 2024-02-15)



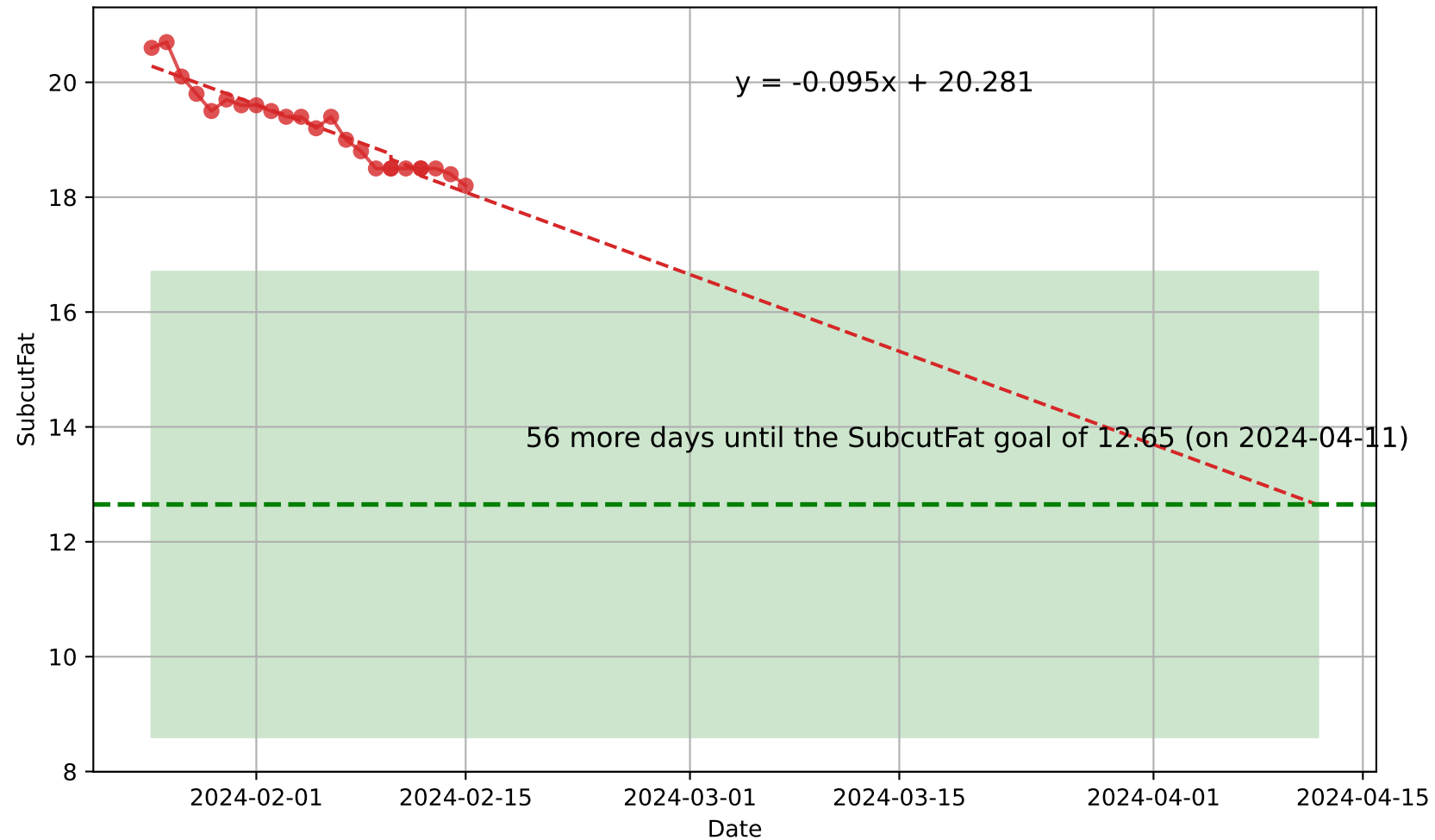
BMI change over diet (as of 2024-02-15)



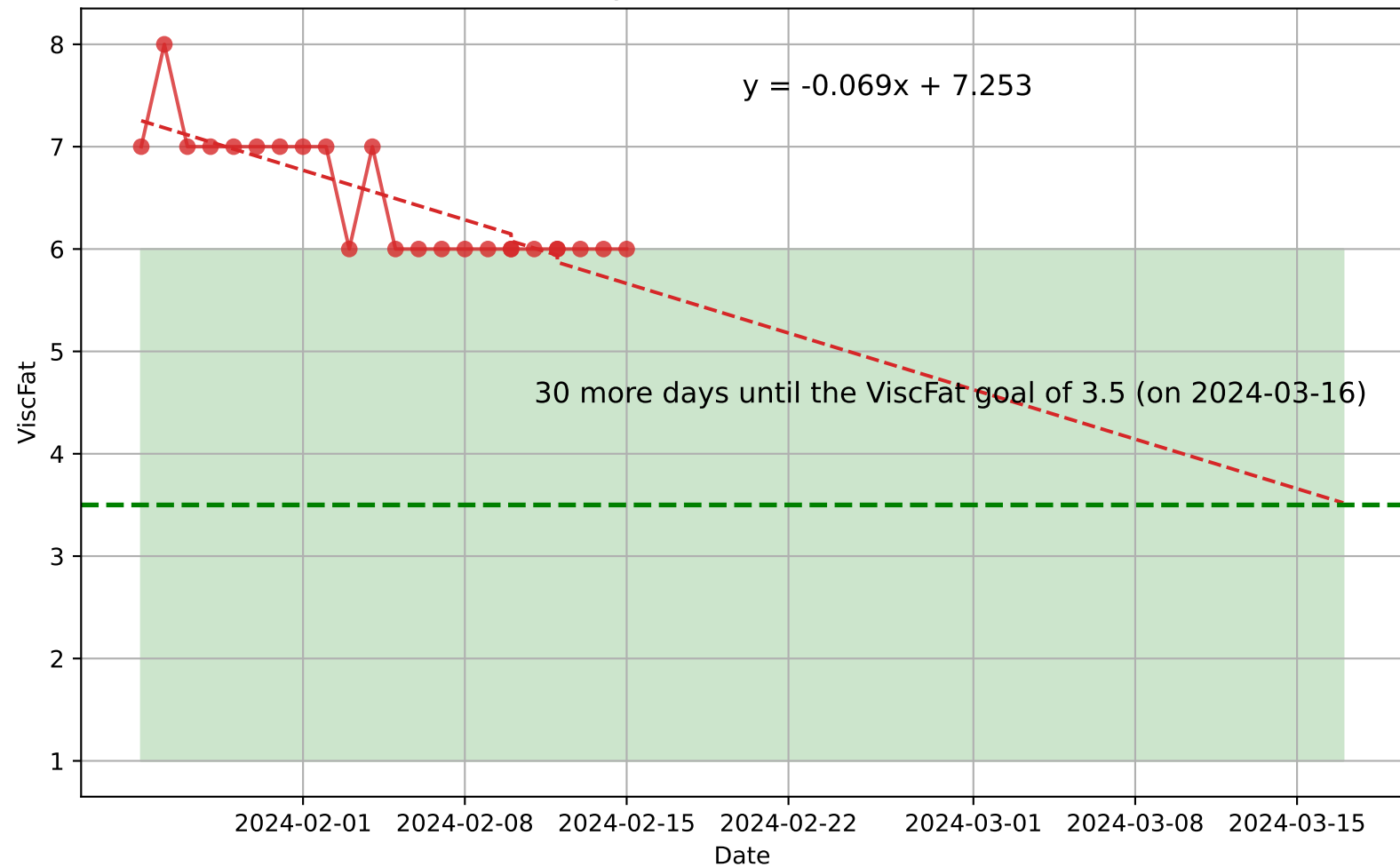
BodyFat change over diet (as of 2024-02-15)



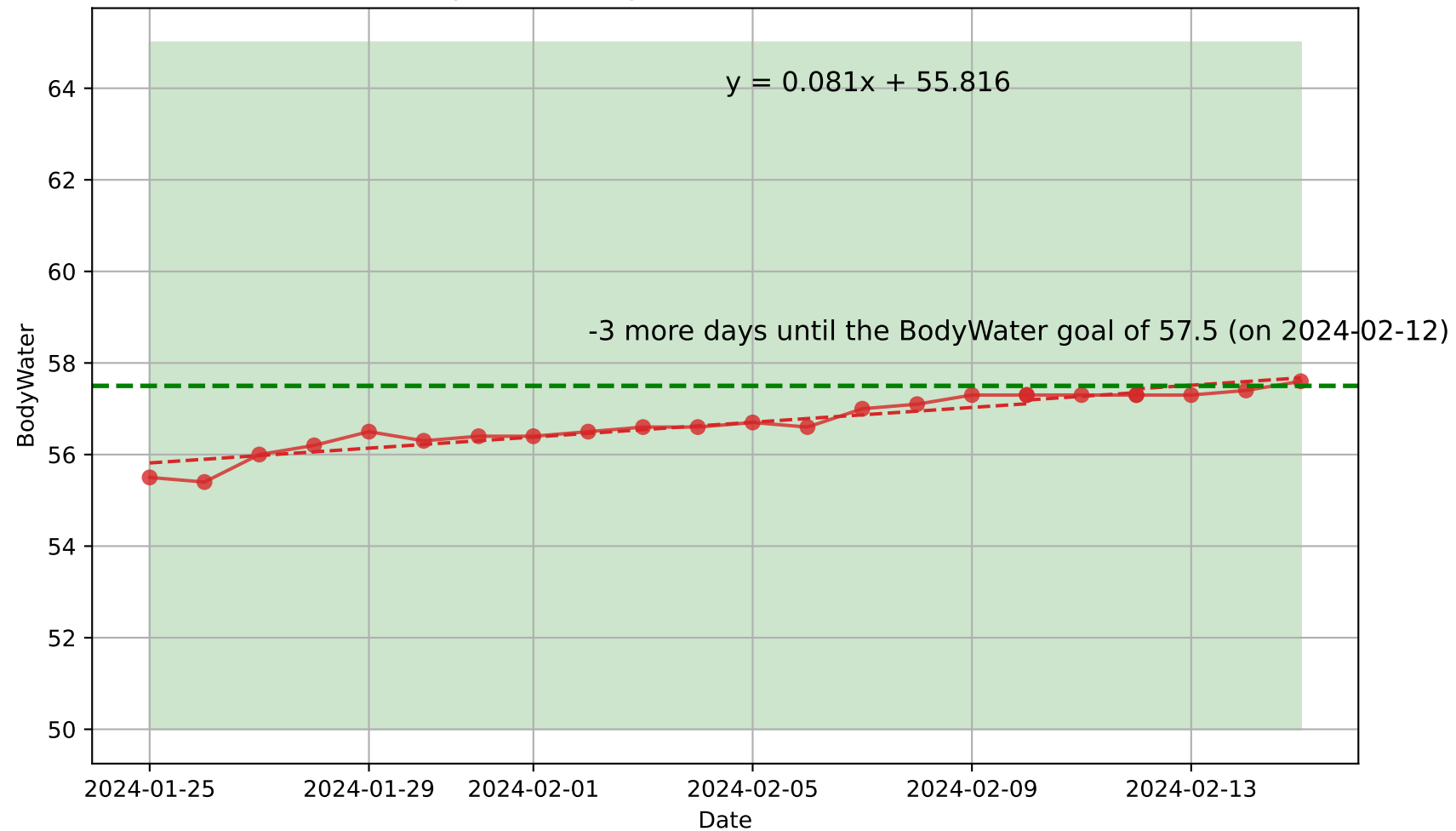
SubcutFat change over diet (as of 2024-02-15)



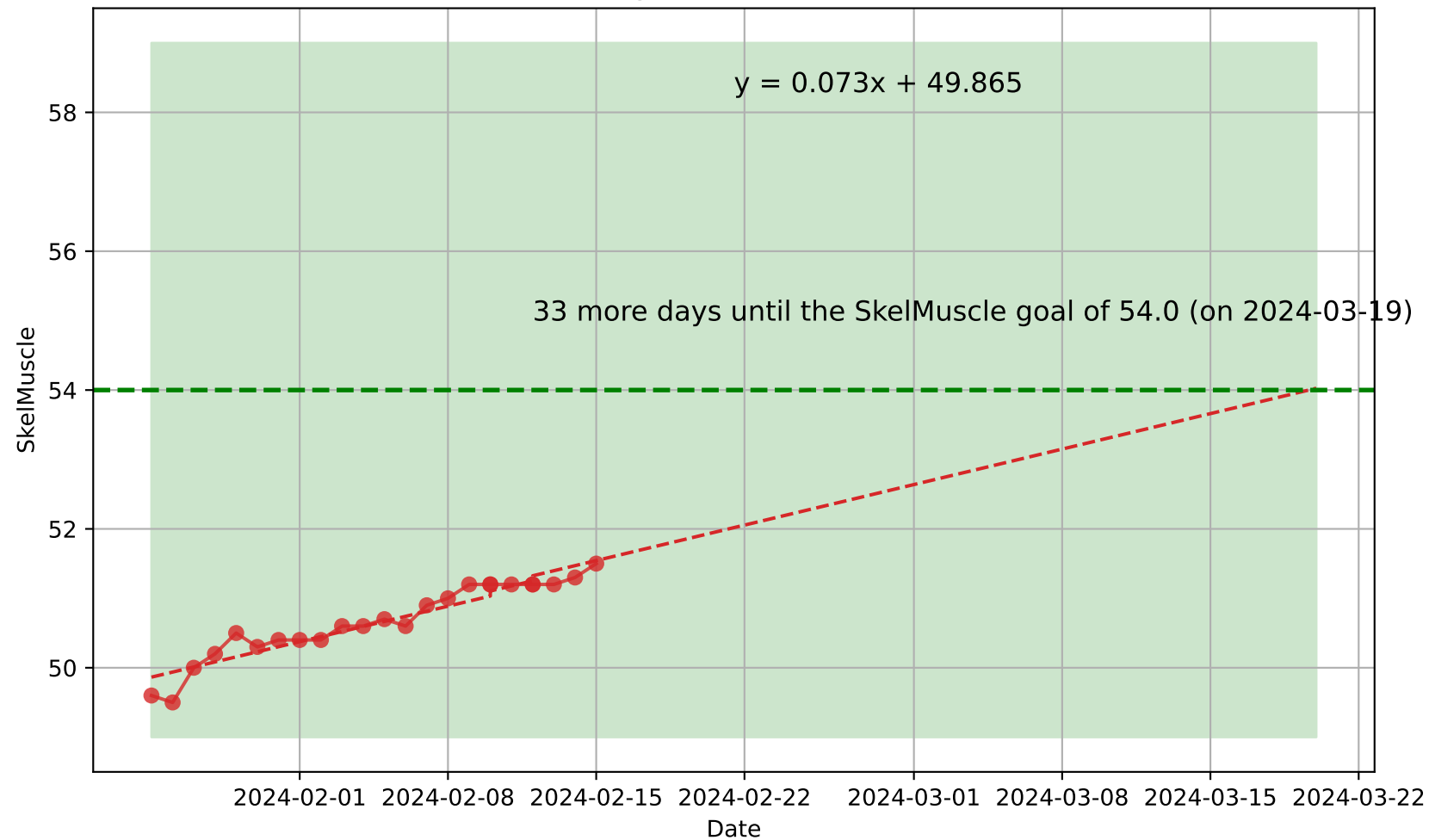
ViscFat change over diet (as of 2024-02-15)



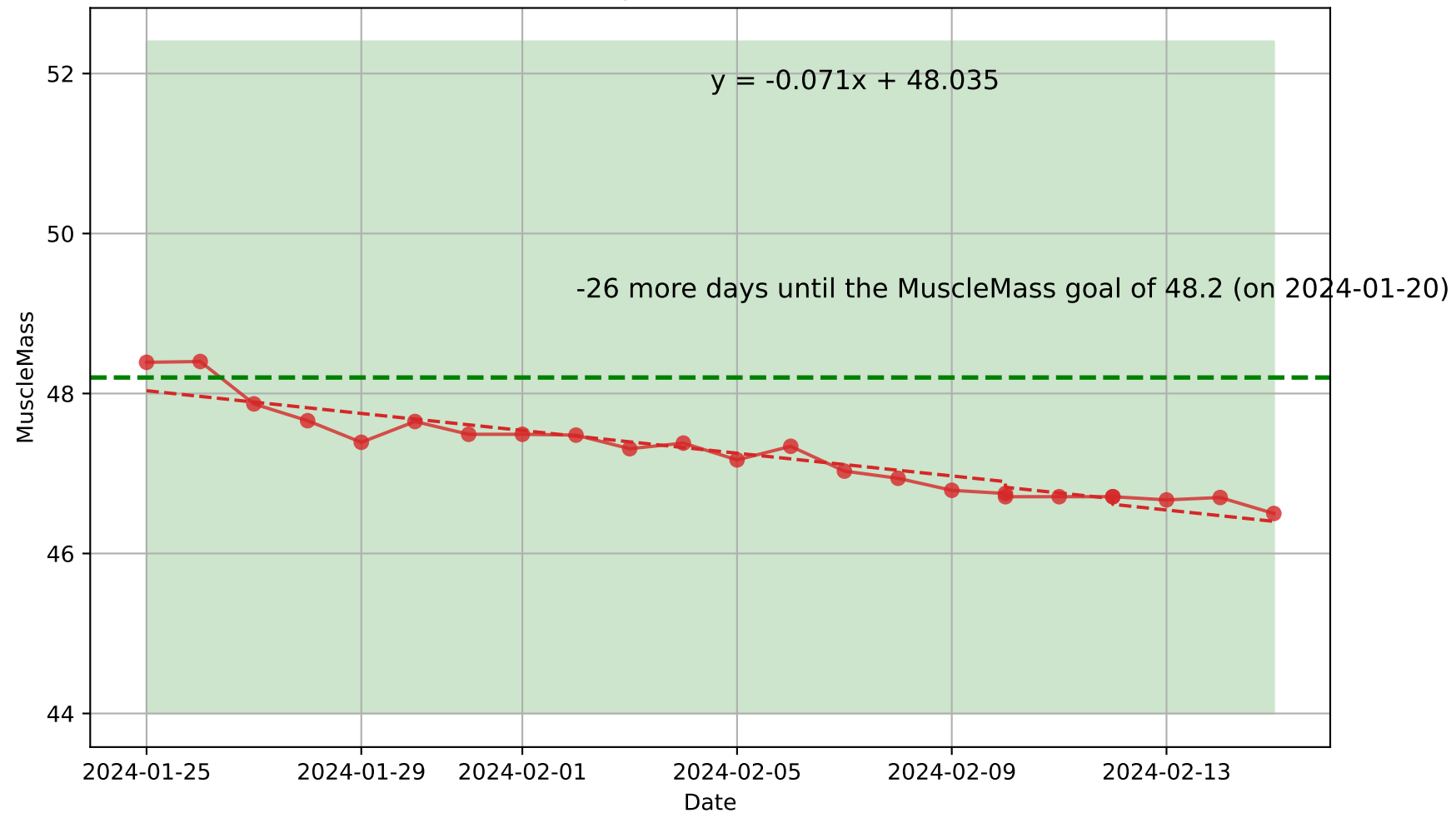
BodyWater change over diet (as of 2024-02-15)



SkelMuscle change over diet (as of 2024-02-15)



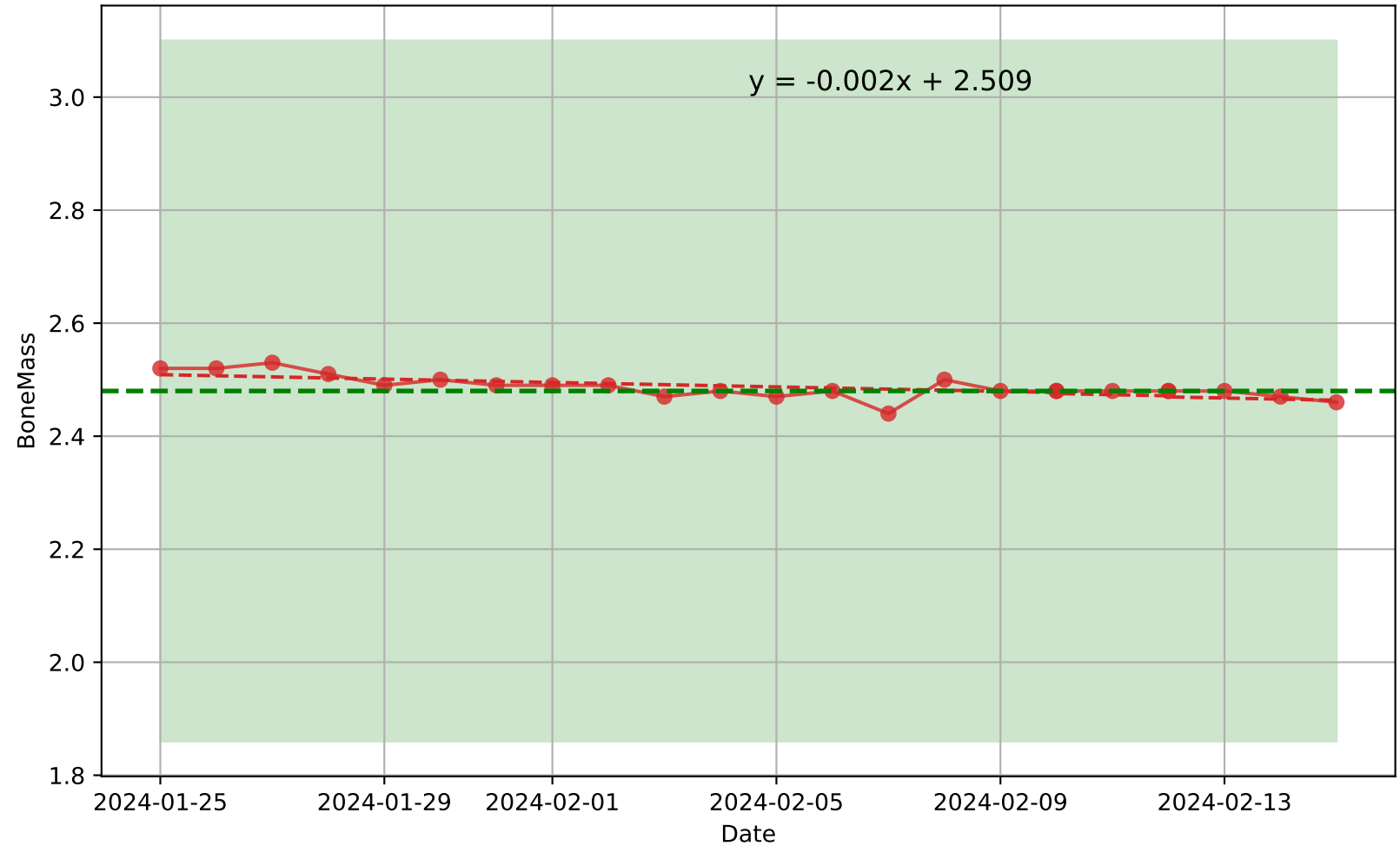
MuscleMass change over diet (as of 2024-02-15)



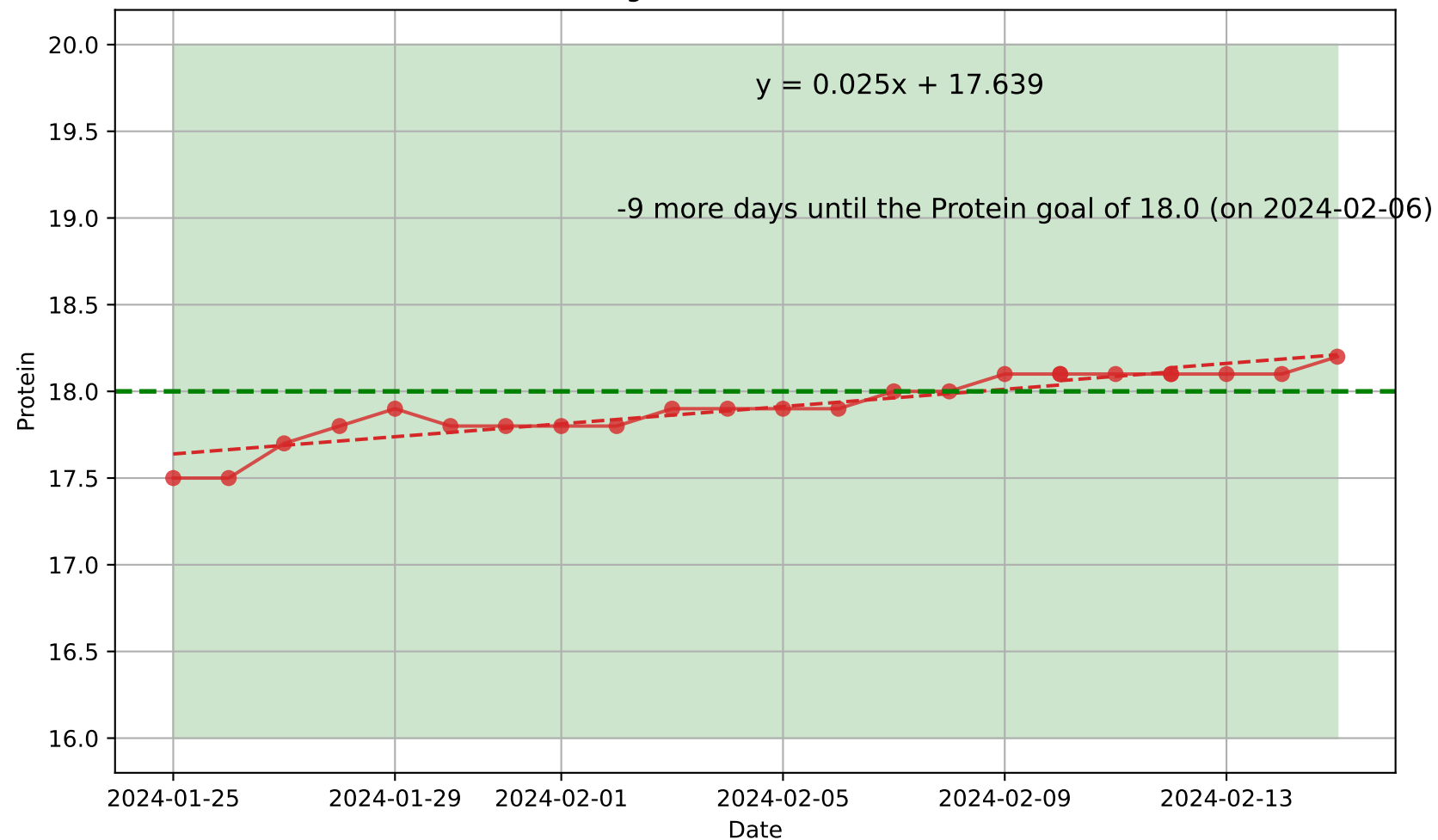


-9 more days until the BoneMass goal of 2.48 (on 2024-02-06)

BoneMass change over diet (as of 2024-02-15)



Protein change over diet (as of 2024-02-15)



BMR change over diet (as of 2024-02-15)

