

Candidate's Declaration

We hereby declare that the work, which is being present in this report, entitled **“Patient Monitoring System”** in partial fulfillment for the award of Degree of “Bachelor of Technology” in department of **Biomedical Engineering, Alwar Institute of Engineering and Technology** affiliated to, Rajasthan Technical University is a record of my own investigations carried under the Guidance of Mr. **Rupesh Singh**, Department of **Biomedical Engineering**, AIET Alwar.

We have not submitted the matter presented in this report any where for the award of any other Degree.

Guide's Signature

Mr. Rupesh Singh

Student's Signature

(Akshay Raj Dhamija)

Preface

The project work that we are assigned at the end of our project course is meant for solving the line problems we ought to face and to increase our knowledge. By applying the skills that we have gained during our course, we had been able to make something with our hands. During our course sometimes we got eager to know the construction of various equipments. So we feel it as a golden opportunity for us to make something with our hands. Thus, we decided to prepare “Patient Monitoring System” project.

While working on the project, we can test our abilities and get through with the field that we are studying and working.

CONTENTS

1. Candidates Declaration	1
2. Preface	2
3. Project Objective	5
4. Abstract of Project	5
5. Requirements	6
6. Patient Monitoring System	7
6.1Signal Acquisition and low level Processing.....	8
6.2Data Acquisition.....	9
7. ECG in Patient Monitoring.....	10
8. Temperature	
Sensor.....	14
9. PPG.....	17
10.MATLAB.....	22
11.Program in MATLAB for QRS Detection.....	24
12.Output for QRS Detection.....	25
13.Program in MATLAB for PPG Detection.....	28
14.Output for PPG Detection.....	29

LIST OF FIGURES

1. ECG waveform	10
2. Pre-processing of ECG	11
3. Circuit Diagram of ECG	13
4. Thermistor Resistance Temperature Curve	14
5. Circuit of temperature measurement	15
6. Layers of human skin.....	17
7. Premature ventricular contraction.....	18
8. Venous Pulsation in PPG.....	18
9. Reflective PPG.....	20
10.Circuit Diagram of PPG.....	20
11.Plot of ECG waveform.....	27
12.Plot of PPG waveform.....	29

PROJECT OBJECTIVE

Development of a patient monitoring system capable of delivering temperature, ECG, PPG and heart rate reading to a doctor through a personal computer.

ABSTRACT OF THE PROJECT

Patient Monitoring System (PMS)

A patient monitoring system (PMS) is used today in almost each and every ICU and OT to interpret available clinical data to help recognize present complications. It alerts caregivers from potentially life-threatening events. A PMS involves monitoring, observing and diagnosing various physiological parameters.

Methodology

This patient monitoring system project would mainly consist of data acquisition circuits (for picking up needed physiological parameters from the patient's body), an analog to digital converter (to convert these parameters from analog to digital form), a microcontroller (to interface ADC with PC) and a program in MATLAB for feature extraction.

Parameters Being Studied

- ECG
- Temperature
- PPG
- Heart rate

Expected Result

We believe that implementation of this patient monitoring system would give real time data which would be easily accessible to a doctor through a personal computer.

REQUIREMENTS

Hardware Requirements

S.NO	Description	Alternative
1.	8051 MICROCONTROLLER	NOT AVAILABLE
2.	ADC8080	NOT AVAILABLE
3.	AD620	NOT AVAILABLE
4.	AD844	NOT AVAILABLE
5.	LM35	NOT AVAILABLE
6.	OPAMP 741	NOT AVAILABLE
7.	PC with 2 GB HDD and 256 MB RAM	NOT AVAILABLE

Software Requirements

S.No.	Description	Alternative
1.	MATLAB 7.0	NOT AVAILABLE

PATIENT MONITORING SYSTEM

Patient monitoring and management in critical care environments such as intensive care units (ICUs) and operating rooms (ORs) involves estimating the status of the patient, reacting to events that may be life-threatening, and taking actions to bring the patient to a desired state. This complex process includes the interaction of physicians and nurses with diverse data (ranging from clinical observations to laboratory results to online data) provided by bedside medical equipment. New monitoring devices provide health care professionals with unsurpassed amounts of information to support decision making.

Ironically, rather than helping these professionals, the amount of information generated and the way the data is presented may overload their cognitive skills and lead to erroneous conclusions and inadequate actions. New solutions are needed to manage and process the continuous flow of information and provide efficient and reliable decision support tools.

Patient monitoring can be conceptually organized in four layers

- (1) The signal level, which acquires and performs low-level processing of raw data
- (2) The validation level, which removes data artefacts
- (3) The signal-to-symbol transform level, which maps detected features to symbols such as normal, low, or high
- (4) The inference level, which relies on a computer representation of medical knowledge to derive possible diagnoses, explanations of events, predictions about future physiologic states, or to control actions.

In addition to these four layers, medical decision support systems need data interfaces to other clinical information systems as well as carefully designed user interfaces to facilitate rapid and accurate situation assessment by care providers.

A number of systems have been developed to address problems faced by clinicians in critical care environments. These range from low-level signal analysis applications for detecting specific features in monitored signals to complete architectures for signal acquisition, processing, interpretation, and decision support. As always, specificity and generality are conflicting requirements. Systems developed for specific applications are usually successful in their limited domain of expertise. However, the lessons and problem solving strategies learned in one domain are often difficult to generalize. Conversely, generic architectures aim at providing support for modelling and developing a wide range of applications. They also strive for flexibility, modularity, and ease of expansion.

This generality is often at the expense of expertise and performance in specific domains.

Signal Acquisition and Low-Level Processing

Typical signals found in critical care environments include vital signs (ECG, EEG, arterial pressure, intracranial pressure, etc.) and information provided by therapeutic devices, infusion pumps, and drainage devices. Modern monitoring devices are also capable of providing derived and computed information in addition to raw data. Heavily instrumented patients frequently have up to 20 medical devices monitoring them, producing up to 100 pieces of clinically relevant information. These instruments are often stand-alone, and interconnection requires developing dedicated software in-house, usually with substantial effort. To address this problem, work is being done on a standard for medical device data communication in critical care environments called the Medical Information Bus (MIB). Although much of the standard has been adopted by ANSI, a standard adhered to by major medical device manufacturers are still lacking. Today, this absence of interconnectivity remains a major obstacle to the development and implementation of intelligent monitoring systems.

Current bedside monitors typically provide instantaneous values for the monitored variables. To complement this information, numerous algorithms have been proposed to detect features in the signals.

In particular, detection of significant trends has received much attention. Methods based on median filters and fuzzy logic has also been proposed. More recently, techniques such as sub-band adaptive filtering, chaos analysis, and wavelet transform have been investigated. Multivariate and data fusion methods have been used to reveal interactions between signals and applied to problems such as ventricular rhythm tracking. Traditional waveform analysis also continues to be applied to signals such as intracranial pressure and arterial blood pressure. Interpreting the output of these algorithms and assessing their impact on patient care is an ongoing task.

Data Validation

The risk of noise contamination, inadequate wiring, or instrument failure is significant, especially as the amount of sampled data increases. Unreliable information can drastically reduce the practitioner's ability to rapidly assess and act on monitor data. In addition, false alarms due to erroneous or incomplete data reduce clinicians' confidence in the instrumentation resulting in alarms being disabled or ignored.

Methods relying on data redundancy and correlation (thus assuming some level of interconnectivity between bedside instruments) as well as contextual information to eliminate false alarms, validate data, and diagnose malfunctions in the monitoring equipment have been proposed. Other intelligent alarming systems focusing on data validation have been implemented in the operating room, and include rule-based systems for respiratory-circulatory management and for patient state-dependent data collection and processing. Rule-based systems have been combined with fuzzy logic and neural networks for false alarm reduction.

ECG IN PATIENT MONITORING

The techniques for monitoring the ECG in real time were developed in conjunction with the concept of the coronary care unit (CCU). Patients were placed in these specialized hospital units to carefully observe their progress during an acute illness such as a myocardial infarction or after complex surgical procedures.

As the number of beds increased in these units, it became clear that the highly trained medical staff could not continually watch a monitor screen, and computerized techniques were added that monitored the patient's rhythm. These programs were not unlike those developed for the ambulatory ECG, and the high-speed numerical capability of the computer was not taxed by monitoring a single ECG. The typical CCU would have 8 to 16 beds, and hence the computing power was taken to its limit by monitoring multiple beds. The modern units have the CPU distributed within the ECG module at the bedside, along with modules for measuring many other physiologic parameters. Each bedside monitor would be interconnected with a high-speed digital line, e.g., Ethernet, to a centralized computer used primarily to control communications and maintain a patient database.

The electrocardiogram (ECG) is a technique of recording bioelectric currents generated by the heart. Clinicians can evaluate the conditions of a patient's heart from the ECG and perform further diagnosis. ECG records are obtained by sampling the bioelectric currents sensed by several electrodes, known as leads. A typical one-cycle ECG tracing is shown in Figure.

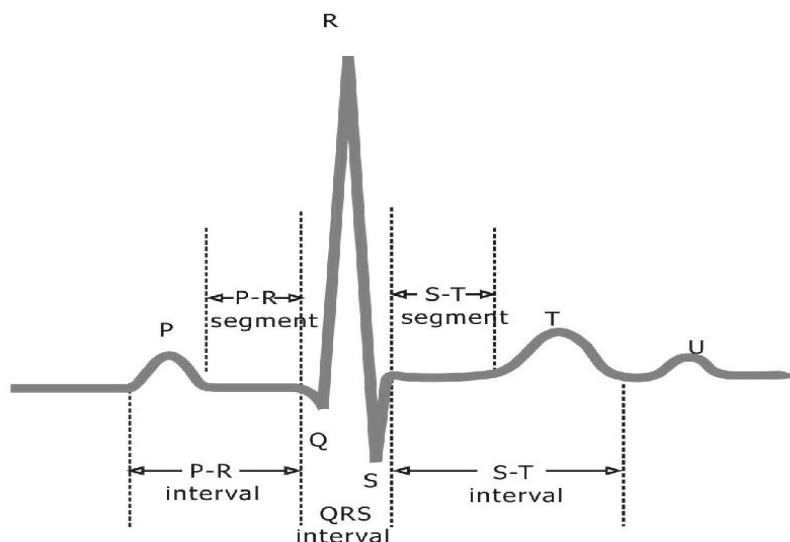


Fig 1 ECG wave

Generally, the recorded ECG signal is often contaminated by noise and artifacts that can be within the frequency band of interest and manifest with similar characteristics as the ECG signal itself. In order to extract useful information from the noisy ECG signals, you need to process the raw ECG signals.

ECG signal processing can be roughly divided into two stages by functionality: pre-processing and feature extraction (as shown in Figure 2). The pre-processing stage removes or suppresses noise from the raw ECG signal and the feature extraction stage extracts diagnostic information from the ECG signal which will be done using MATLAB.

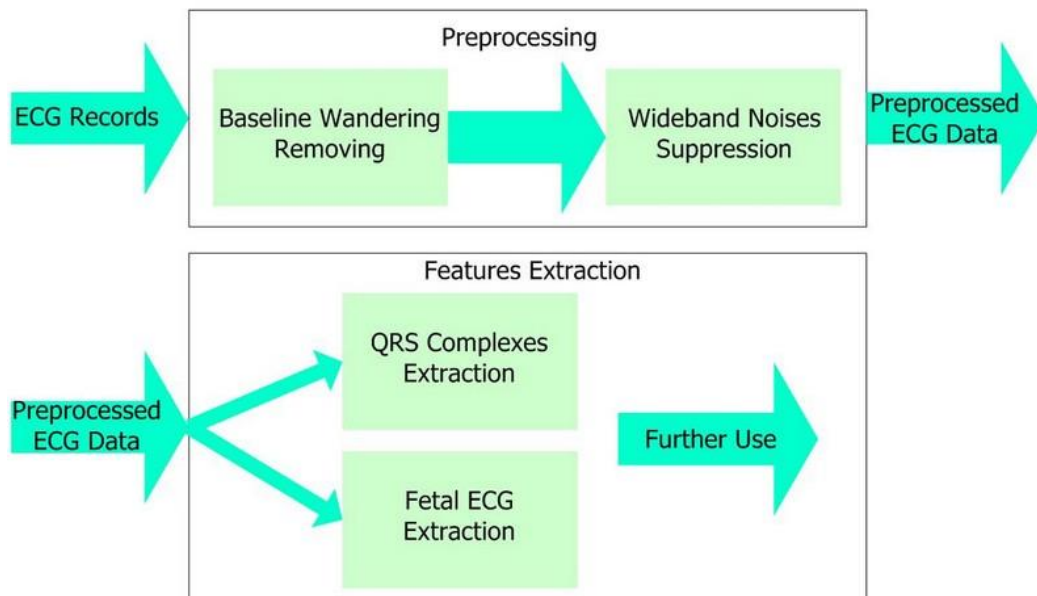


Fig 2 Pre-processing of ECG data

Pre-processing ECG Signals

Preprocessing ECG signals helps you remove contaminants from the ECG signals. Broadly speaking, ECG contaminants can be classified into the following categories:

- power line interference
- electrode pop or contact noise
- patient–electrode motion artifacts
- electromyographic (EMG) noise
- baseline wandering

Among these noises, the power line interference and the baseline wandering are the most significant and can strongly affect ECG signal analysis. Except for these two noises, other noises may be wideband and usually a complex stochastic process which also distort the ECG signal. The power line interference is narrow-band noise centered at 50 Hz with a bandwidth of less than 1 Hz. Usually the ECG signal acquisition hardware can remove the power line interference. However the baseline wandering and other wideband noises are not easy to be suppressed by hardware equipments. Instead, the software scheme is more powerful and feasible for offline ECG signal processing by using MATLAB.

Hardware Design of ECG Conditioning Circuit

The designed ECG conditioning circuit as shown in Fig. 3 is based on the use of the AD844 high speed op amp and AD620 high-accuracy instrumentation amplifier to sense and amplify detected signals from electrodes. The voltage gain of signal amplification G can be given by:

$$G = \frac{R_2 + R_3}{R_G} + 1$$

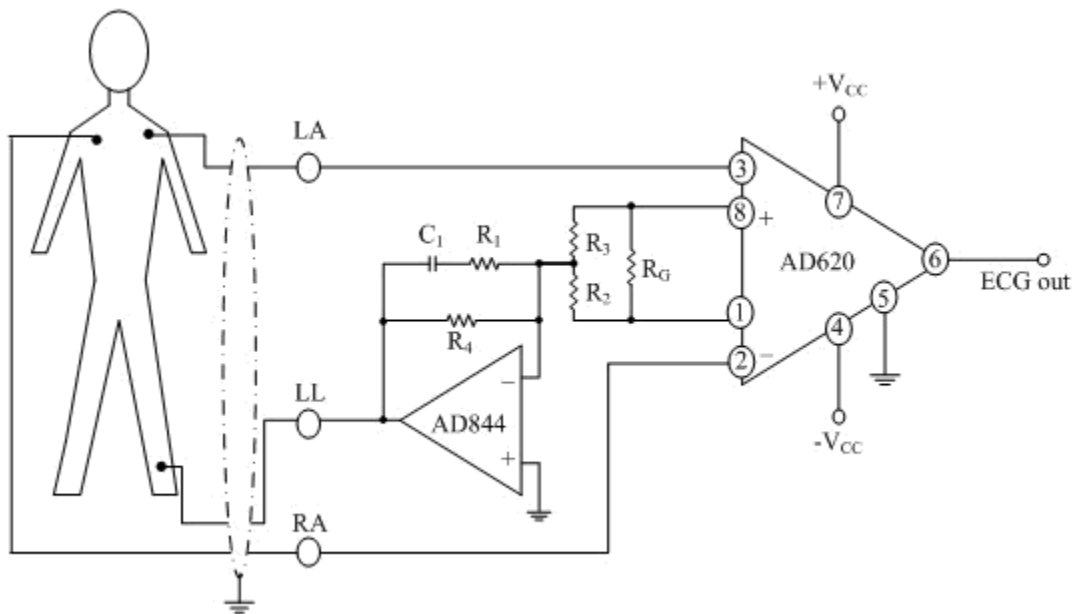


Fig 3 circuit of ECG using AD620

TEMPRATURE SENSOR

Thermistor, or temperature-sensitive resistor is a type of temperature sensor. Most thermistors have a negative temperature coefficient (NTC), meaning the resistance goes up as temperature goes down. Of all passive temperature measurement sensors, thermistors have the highest sensitivity (resistance change per degree of temperature change). Thermistors do not have a linear temperature/resistance curve.

Often, many thermistors in a family will have similar characteristics and identical temperature/resistance curves. The resistance is given as a ratio (R/R_{25}). An NTC thermistor with a resistance at 25°C (R_{25}) of 10K would have a resistance of 28.1K at 0°C. Similarly, a thermistor with R_{25} of 5K would have a resistance of 14.050K at 0°C.

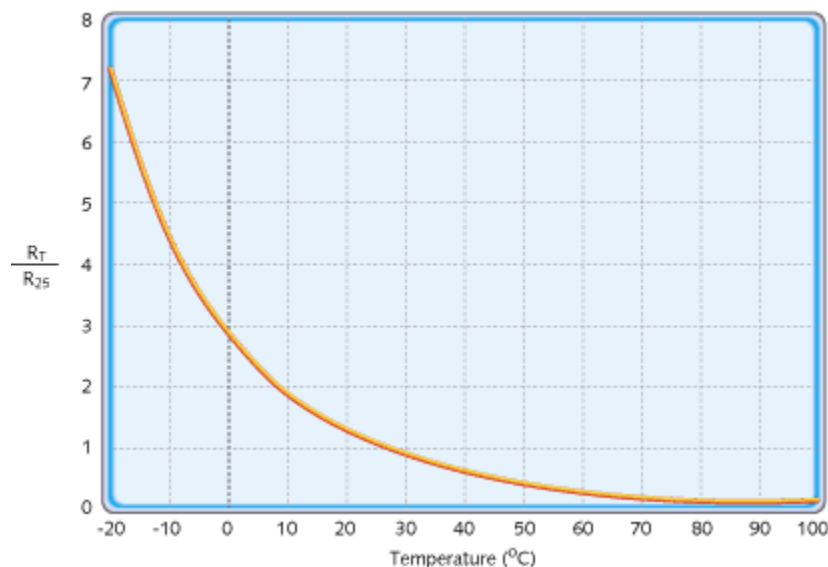


Fig 4 Thermistor resistance/temperature curve

The figure shows this thermistor curve graphically. We can see that the resistance/temperature curve is not linear. While the data for this thermistor is given in 10-degree increments, some thermistor tables have five-degree or even one-degree increments. In some cases, you need to know the temperature between two points on the table. You can estimate this by using the curve, or you can calculate the resistance directly. The formula for resistance looks like this:

$$\frac{R}{R_{25}} = \exp \left(A + \frac{B}{T} + \frac{C}{T^2} + \frac{D}{T^3} \right)$$

where T is the temperature in degrees Kelvin and A, B, C, and D are constants that depend on the characteristics of the thermistor. These parameters are supplied by the thermistor manufacturer.

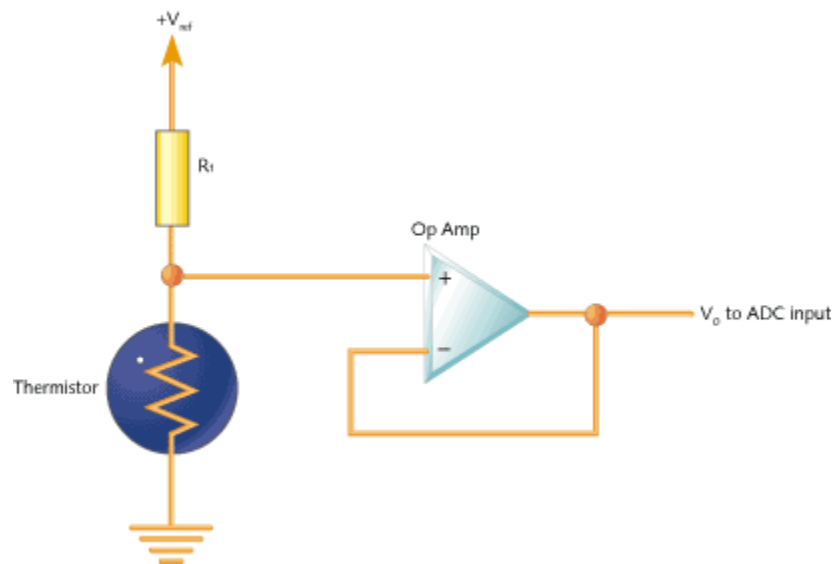


Fig 5 Temperature sensing circuit

Thermistor circuit

This figure shows a typical circuit that could be used to allow a microprocessor to measure temperature using a thermistor. A resistor (R_1) pulls the thermistor up to a reference voltage. This is typically the same as the ADC reference, so V_{ref} would be 5V if the ADC reference were 5V. The thermistor/resistor combination makes a voltage divider, and the varying thermistor resistance results in a varying voltage at the junction. The accuracy of this circuit depends on the thermistor tolerance, resistor tolerance, and reference accuracy.

Self-heating

Since a thermistor is a resistor, passing current through it will generate some heat. The circuit designer must ensure that the pullup resistor is large enough to prevent excessive self-heating, or the system will end up measuring the thermistor dissipation instead of the ambient temperature.

The amount of self-heating allowed, and, therefore, the size of the limiting resistor, depends on the measurement accuracy needed. A system that requires an accuracy of $\pm 5^\circ\text{C}$ can tolerate more thermistor self-heating than a system that must be accurate to $\pm 0.1^\circ\text{C}$.

Note that the pullup resistor must be calculated to limit self-heating dissipation over the entire measurement temperature range. For a given resistor, the thermistor dissipation will change at different temperatures because the thermistor resistance changes.

PHOTO-PLETHYSMOGRAPH(PPG)

A **photoplethysmograph (PPG)** is an optically obtained plethysmograph, a volumetric measurement of an organ. A PPG is often obtained by using a pulse oximeter which illuminates the skin and measures changes in light absorption . A conventional pulse oximeter monitors the perfusion of blood to the dermis and subcutaneous tissue of the skin.

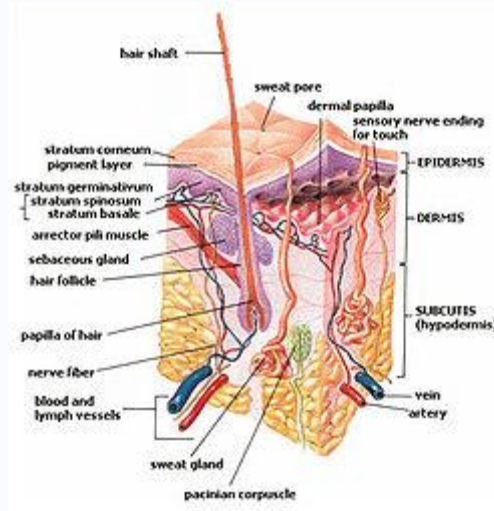


Fig 6 Layers of human skin

With each cardiac cycle the heart pumps blood to the periphery. Even though this pressure pulse is somewhat damped by the time it reaches the skin, it is enough to distend the arteries and arterioles in the subcutaneous tissue. If the pulse oximeter is attached without compressing the skin, a pressure pulse can also be seen from the venous plexus, as a small secondary peak.

The change in volume caused by the pressure pulse is detected by illuminating the skin with the light from a Light Emitting Diode (LED) and then measuring the amount of light either transmitted or reflected to a photodiode. Each cardiac cycle appears as a peak, as seen in the figure 7. Because blood flow to the skin can be modulated by multiple other physiological systems, the PPG can also be used to monitor breathing, hypovolemia, and other circulatory conditions. Additionally, the shape of the PPG waveform differs from subject to subject, and varies with the location and manner in which the pulse oximeter is attached.

Sites for measuring PPG

While pulse oximeters are a commonly used medical device the PPG derived from them is rarely displayed, and is nominally only processed to determine heart rate. PPGs can be obtained from transmissive absorption (as at the finger tip) or reflective (as on the forehead).

In outpatient setting pulse oximeters are commonly worn on the finger and ear. However, in cases of shock, hypothermia, etc. blood flow to the periphery can be reduced, resulting in a PPG without a discernible cardiac pulse. In this case, a PPG can be obtained from a pulse oximeter on the head, with the most common sites being the ear, nasal septum, and forehead.

PPGs can also be obtained from the vagina and esophagus.

Uses

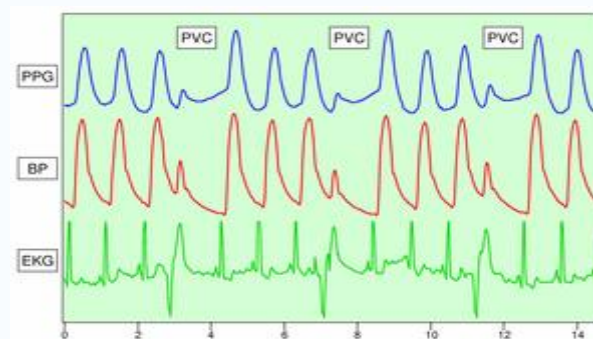


Fig 7 Premature Ventricular Contraction (PVC) can be seen in the PPG just as in the EKG and the Blood Pressure (BP).

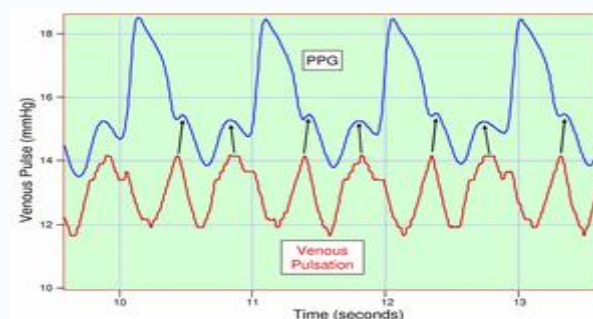


Fig 8 Venous pulsations can be clearly seen in this PPG.

Because the skin is so richly perfused, it is relatively easy to detect the pulsatile component of the cardiac cycle. The DC component of the signal is attributable to the bulk absorption of the skin tissue, while the AC component is directly attributable to variation in blood volume in the skin caused by the pressure pulse of the cardiac cycle.

The height of AC component of the photoplethysmogram is proportional to the pulse pressure, the difference between the systolic and diastolic pressure in the arteries. As seen in the figure 7 showing Premature Ventricular Contractions (PVCs) the PPG pulse for the cardiac cycle with the PVC results in lower amplitude blood pressure and a PPG. Ventricular Tachycardia and Ventricular Fibrillation can also be detected.

Respiration effects the cardiac cycle by varying the intrapleural pressure, the pressure between the thoracic wall and the lungs. Since the heart resides in the thoracic cavity between the lungs, the partial pressure of inhaling and exhaling greatly influence the pressure on the vena cava and the filling of the right atrium. This effect is often referred to as normal sinus arrhythmia.

During inspiration, intrapleural pressure decreases by up to 4 mm Hg which distends the right atrium, allowing for faster filling from the vena cava, increasing ventricular preload, and increasing the stroke volume. Conversely during expiration, the heart is compressed, decreasing cardiac efficiency and reducing stroke volume. However, the overall net effect of respiration is to act as pump for the cardiovascular system. When the frequency and depth of respiration increases, the venous return increase leading to increased cardiac output.

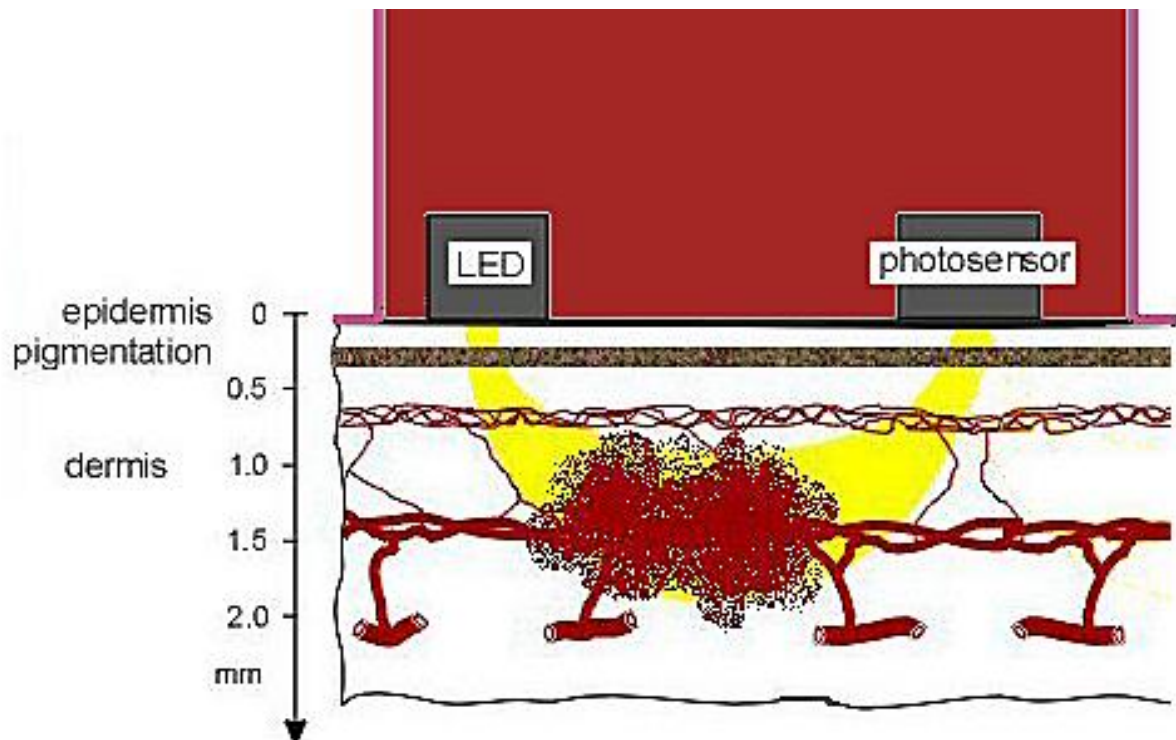


Fig 9 Reflective PPG

The yellow region shows the path of the photons (emitted by the source) which reach the detector after scattering and absorption into the various layers of the skin

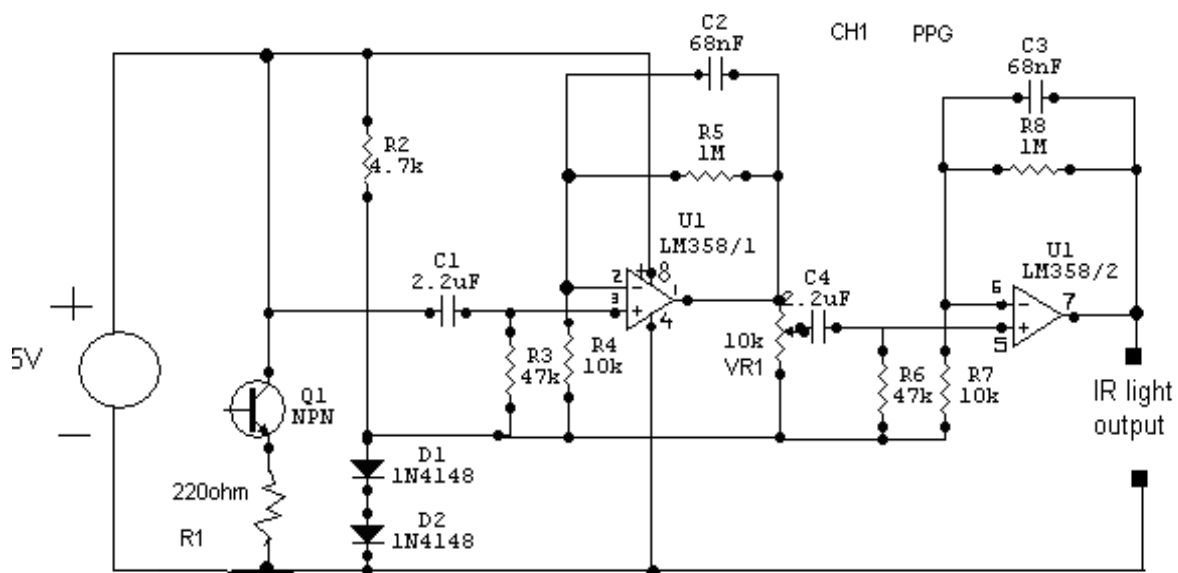


Fig 10 Circuit Diagram of PPG

APPLICATIONS

- PPG when used along with another LED of 680nm (red-visible) we get a Pulse Oximeter.
- PPG can be used to find the
- PPG can be used as a replacement of ECG for HRV analysis in healthy subjects.
- PPG has several “potential” qualities to be exploited.

MATLAB

MATLAB® is a high-performance language for technical computing. It integrates computation, visualization, and programming in an easy-to-use environment where problems and solutions are expressed in familiar mathematical notation. Typical uses include Math and computation Algorithm development Data acquisition Modeling, simulation, and prototyping Data analysis, exploration, and visualization Scientific and engineering graphics Application development, including graphical user interface building

MATLAB is an interactive system whose basic data element is an array that does not require dimensioning. This allows you to solve many technical computing problems, especially those with matrix and vector formulations, in a fraction of the time it would take to write a program in a scalar noninteractive language such as C or Fortran.

The name MATLAB stands for matrix laboratory. MATLAB was originally written to provide easy access to matrix software developed by the LINPACK and EISPACK projects. Today, MATLAB engines incorporate the LAPACK and BLAS libraries, embedding the state of the art in software for matrix computation.

MATLAB has evolved over a period of years with input from many users. In university environments, it is the standard instructional tool for introductory and advanced courses in mathematics, engineering, and science. In industry, MATLAB is the tool of choice for high-productivity research, development, and analysis.

MATLAB features a family of add-on application-specific solutions called toolboxes. Very important to most users of MATLAB, toolboxes allow you to learn and apply specialized technology. Toolboxes are comprehensive collections of MATLAB functions (M-files) that extend the MATLAB environment to solve particular classes of problems. Areas in which toolboxes are available include signal processing, control systems, neural networks, fuzzy logic, wavelets, simulation, and many others.

The MATLAB System

The MATLAB system consists of five main parts:

1. Development Environment. This is the set of tools and facilities that help you use MATLAB functions and files. Many of these tools are graphical user interfaces. It includes the MATLAB desktop and Command Window, a command history, an editor and debugger, and browsers for viewing help, the workspace, files, and the search path.

2. The MATLAB Mathematical Function Library. This is a vast collection of computational algorithms ranging from elementary functions, like sum, sine, cosine, and complex arithmetic, to more sophisticated functions like matrix inverse, matrix eigenvalues, Bessel functions, and fast Fourier transforms.
3. The MATLAB Language. This is a high-level matrix/array language with control flow statements, functions, data structures, input/output, and object-oriented programming features. It allows both "programming in the small" to rapidly create quick and dirty throw-away programs, and "programming in the large" to create large and complex application programs.
4. Graphics. MATLAB has extensive facilities for displaying vectors and matrices as graphs, as well as annotating and printing these graphs. It includes high-level functions for two-dimensional and three-dimensional data visualization, image processing, animation, and presentation graphics. It also includes low-level functions that allow you to fully customize the appearance of graphics as well as to build complete graphical user interfaces on your MATLAB applications.
5. The MATLAB Application Program Interface (API). This is a library that allows you to write C and Fortran programs that interact with MATLAB. It includes facilities for calling routines from MATLAB (dynamic linking), calling MATLAB as a computational engine, and for reading and writing MAT-files.

PROGRAM IN MATLAB FOR QRS DETECTION

```
ecg=load('ecg.txt');
fs=1000;
t=(0:length(ecg)-1)/fs;
j=1;
k=0;
l=1;
q=0;
NN50=0;
for i=1:length(ecg)
    if (ecg(i,1)>3)
        a(j,1)=ecg(i,1);
        j=j+1;
        k=k+1;
        q=q+1;
    elseif ((k>=1)&(ecg(i,1)<3))
        k=0;
        j=1;
        l=l+1;
        q=0;
    end
end
display(peak_values);
for i=1:l-2
    rr_interval_t(i,1)=(c(i+1,1)-c(i,1))/fs;
    heart_rate(i,1)=60/rr_interval_t(i,1);
    rr_interval(i,1)=rr_interval_t(i,1)*fs;
    if rr_interval(i,1)>50
        NN50=NN50+1;
    end
end
display(rr_interval_t);
display(heart_rate);
display('mean heart rate');
display(mean(heart_rate));
SDNN=std(rr_interval_t);
display(SDNN);
display(NN50);
plot(ecg);
```


OUTPUT IN MATLAB

```
>> aks
peak_values =
5.6399
6.9742
7.3065
7.0493
6.5167
5.7877
5.4584
5.6033
6.8433
7.2330
7.0575
6.6867
5.7367
5.4468
6.8442
7.1014
6.9580
6.3950
5.6104
5.3207
6.3165
7.1045
6.9714
6.1520
5.4648
5.4211
5.7349
7.2922
7.4747
7.0489
6.0904
5.6433
5.5310
6.4993
7.4823
7.0770
6.7502
6.1478
5.5734
5.3870
6.0428
7.4789
7.3279
6.9281
5.7611
5.2875
5.4828
6.7703
7.4866
7.0227
6.7987
5.7483
5.1663
5.5347
7.0190
7.3325
7.2177
6.8634
6.4102
5.5576
5.3888
5.5136
5.8841
7.2357
7.4439
6.9171
6.6232
5.6821
5.4233
5.7077
7.1173
7.3831
7.0837
6.1099
5.4535
5.4462
5.9903
7.3914
7.5327
7.0047
6.7954
6.5924
6.4273
5.7327
5.2869
5.8389
7.3230
7.4435
6.9601
5.6436
5.2777
6.3507
7.2864
6.6049
5.6082
5.9653
7.5226
6.9345
6.8457
6.7914
6.3940
5.4431
5.4495
5.3937
5.4010
6.7358
rr_interval_t =
0.5410
0.5600
0.5900
0.6330
0.6000
0.5700
0.5640
0.5580
0.5670
0.5790
0.5890
0.5910
0.5760
0.5880
0.5890
0.5960
0.5930
0.5880
0.5770
0.5810
0.5800
0.6050
0.6280
0.5890
0.5840
0.5700
0.5900
0.6080
0.6680
0.6790
0.6260
```

0.6070	0.6540	93.3126
0.6140	0.6820	94.6372
0.6070	0.6220	99.5025
0.6330	0.6350	102.2147
0.6430	0.6310	103.8062
0.6340	0.6580	104.1667
0.6030	0.6260	99.1736
0.5870	0.6320	94.0439
0.5780	0.6280	87.8477
0.5760	0.6800	96.6184
0.6050	0.6790	98.6842
0.6380	0.6720	97.4026
0.6830	0.6620	96.6184
0.6210	0.6270	89.1530
0.6080	0.6070	86.9565
0.6160	0.5940	90.2256
0.6210	0.5770	97.7199
0.6730	0.6090	101.0101
0.6900		102.2147
0.6650	heart_rate =	101.5228
0.6140		98.0392
0.5940	110.9057	90.0901
0.5870	107.1429	90.6344
0.5910	101.6949	96.3082
0.6120	94.7867	100.3344
0.6660	100.0000	102.3891
0.6620	105.2632	102.9160
0.6230	106.3830	98.1997
0.5980	107.5269	91.0470
0.5860	105.8201	84.6262
0.5830	103.6269	80.8625
0.6110	101.8676	85.2273
0.6590	101.5228	95.6938
0.7090	104.1667	98.8468
0.7420	102.0408	99.0099
0.7040	101.8676	97.2447
0.6270	100.6711	91.7431
0.6070	101.1804	89.1530
0.6060	102.0408	95.3895
0.6170	103.9861	98.0392
0.6540	103.2702	100.3344
0.6730	103.4483	99.3377
0.6290	99.1736	96.0000
0.6120	95.5414	90.4977
0.5980	101.8676	89.2857
0.6040	102.7397	90.0901
0.6250	105.2632	91.4634
0.6630	101.6949	95.6938
0.6720	98.6842	100.3344
0.6660	89.8204	101.0101
0.6560	88.3652	102.2147
0.6270	95.8466	96.9305
0.5980	98.8468	91.7431
0.5940	97.7199	87.9765
0.5870	98.8468	96.4630
0.6190	94.7867	94.4882

95.0872
91.1854
95.8466
94.9367
95.5414
88.2353
88.3652
89.2857
90.6344
95.6938
98.8468
101.0101
103.9861

mean heart rate =

97.2579

SDNN =

0.0378

NN50 =

105

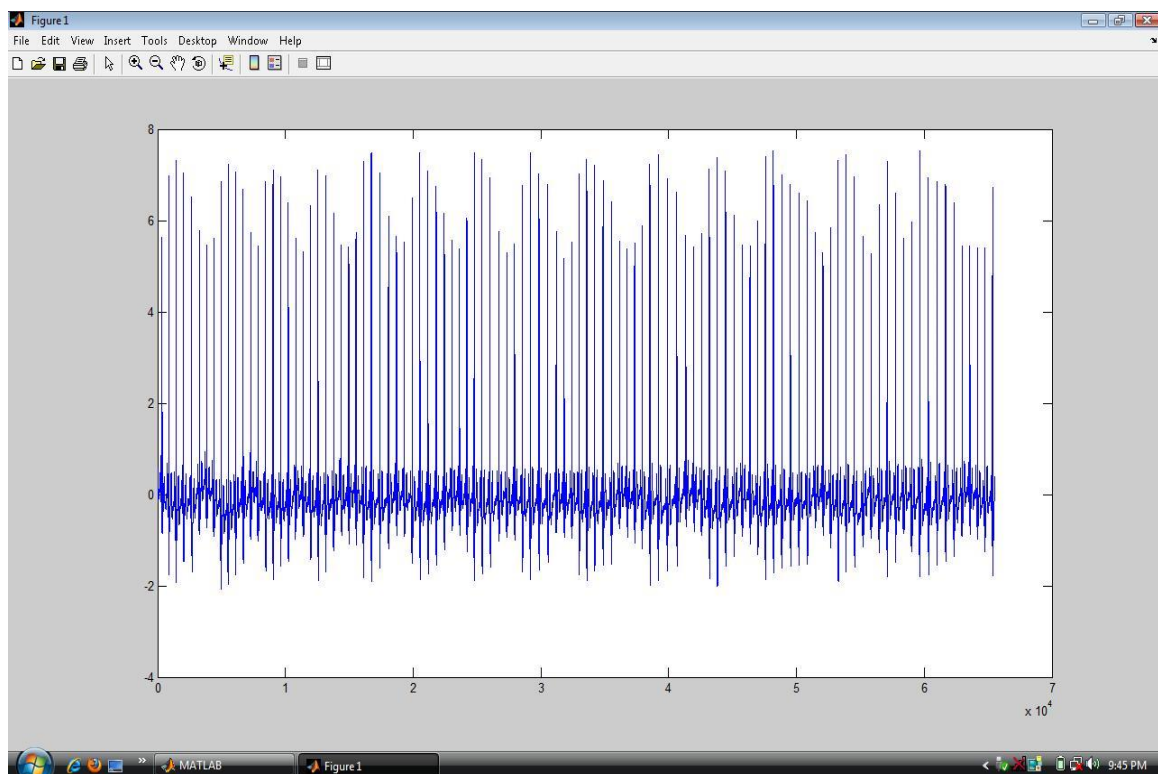


Fig 11 Plot of ECG waveform

PROGRAM IN MATLAB FOR PPG DETECTION

```
ppg=load('SamplePPG.txt');
fs=1000;
t=(0:length(ppg)-1)/fs;
j=1;
k=0;
l=1;
q=0;
for i=1:length(ppg)
    if (ppg(i,1)>1)
        a(j,1)=ppg(i,1);
        j=j+1;
        k=k+1;
        q=q+1;
    elseif ((k>=1) & (ppg(i,1)<1))
        k=0;
        j=1;
        systolic_peak(l,1)=max(a);
        l=l+1;
        q=0;
    end
end
display(systolic_peak);
plot(ppg);
```

OUTPUT OF PPG IN MATLAB

```
>> ppg1
```

```
systolic_peak =
```

```
2.4478
```

```
2.3526
```

```
2.1909
```

```
2.1616
```

```
2.1610
```

```
2.1338
```

```
2.1384
```

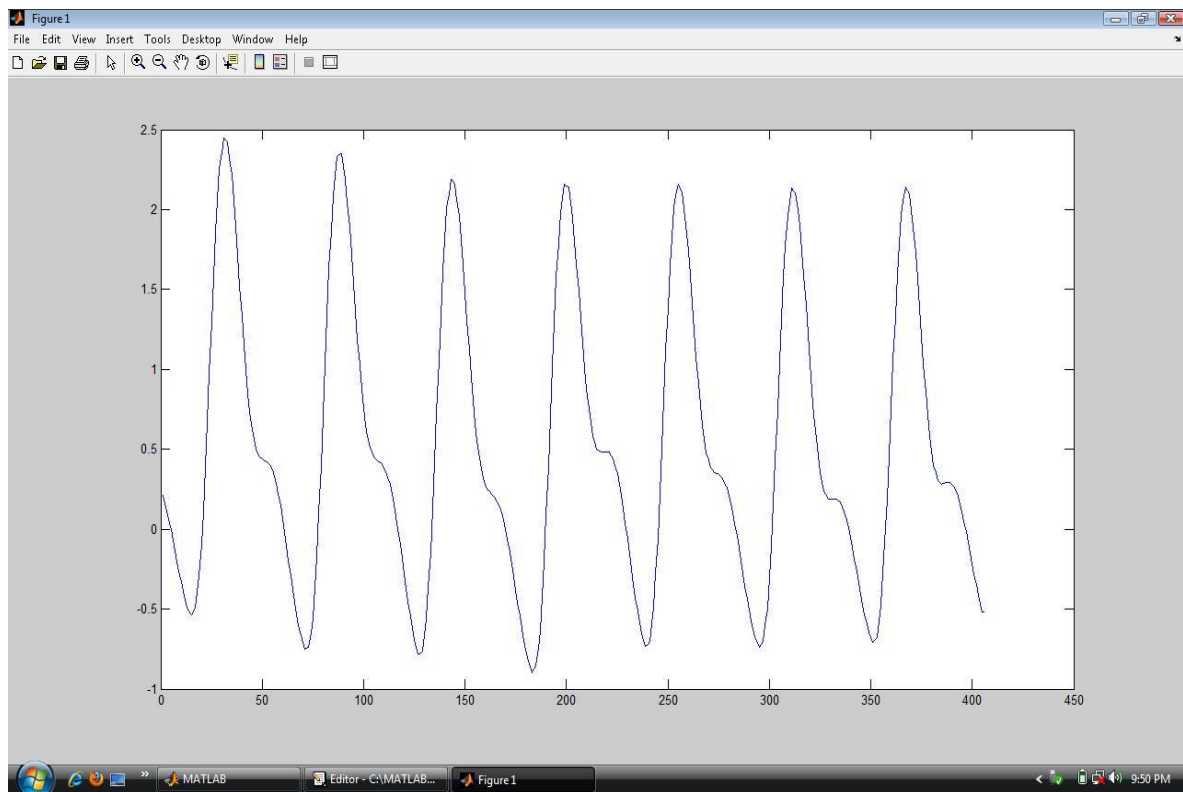


Fig 12 Plot of PPG waveform