

# Fit N Fab Meal Plan

WEEKLY | 15 DAYS | MONTHLY

Fuel your well-being effortlessly. We deliver delicious, healthy meals right to your door.

## CHICKEN DISH (DEFICIT/SURPLUS)

Your Body. Your Choice.

On All  
Meals

32%  
OFF

### 15 DAYS

Total Meals

Validity

15 MEALS

15 DAYS

~~₹ 2,235 /-~~

**₹ 1,785 /-**  
(100gm)

Protein:- 31g\*  
Cal:- 529kcal\*

~~₹ 3,885 /-~~

**₹ 3,255 /-**  
(250gm)

Protein:- 78gm\*  
Cal:- 973kcal\*

~~₹ 5,233 /-~~

**₹ 4,755 /-**  
(500gm)

Protein:- 155gm\*  
Cal:- 1713kcal\*

### MONTHLY

Total Meals

Validity

30 MEALS

30 DAYS

~~₹ 4,470 /-~~

**₹ 3,570 /-**  
(100gm)

~~₹ 7,770 /-~~

**₹ 6,450 /-**  
(250gm)

~~₹ 10,470 /-~~

**₹ 9,450 /-**  
(500gm)

### WEEKLY

Total Meals

Validity

7 MEALS

7 DAYS

~~₹ 1,043 /-~~

**₹ 833 /-**  
(100gm)

~~₹ 1,820 /-~~

**₹ 1,533 /-**  
(250gm)

~~₹ 2,443 /-~~

**₹ 2,233 /-**  
(500gm)

# by Honest Meals

Customized meal  
available

Order Now

**7972279059**



Air-Fried Goodness, Zero Guilt.



\* Values are for reference only. Customizations and cooking variations may affect nutritional content.

# Fit N Fab Meal Plan

WEEKLY | 15 DAYS | MONTHLY

Fuel your well-being effortlessly. We deliver delicious, healthy meals right to your door.

On All  
Meals

## PANEER DISH (AMUL)

cooked with fresh vegies

22%  
OFF

15 DAYS

WEEKLY

Total Meals

7 MEALS

Validity

7 DAYS

~~₹ 1,423 /-~~  
**₹ 1,329 /-**  
(125gm)

~~₹ 1,773 /-~~  
**₹ 1,629 /-**  
(200gm)

~~₹ 3,103 /-~~  
**₹ 2,969 /-**  
(500gm)

Total Meals

15 MEALS

Validity

15 DAYS

~~₹ 3,015 /-~~  
**₹ 2,729 /-**  
(125gm)

Protein:- 21g\*  
Cal:- 529kcal\*

~~₹ 3,765 /-~~  
**₹ 3,429 /-**  
(200gm)

Protein:- 48gm\*  
Cal:- 973kcal\*

~~₹ 6,615 /-~~  
**₹ 6,185 /-**  
(500gm)

Protein:- 93gm\*  
Cal:- 1713kcal\*

MONTHLY

Total Meals

30 MEALS

Validity

30 DAYS

~~₹ 6,000 /-~~  
**₹ 5,229 /-**  
(125gm)

~~₹ 7,500 /-~~  
**₹ 6,529 /-**  
(200gm)

~~₹ 13,200 /-~~  
**₹ 12,340 /-**  
(500gm)

by Honest Meals

Customized meal  
available

Order Now

7972279059



Air-Fried Goodness, Zero Guilt.

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