

# CONFIDENTIAL PATIENT MASTER RECORD

PATIENT ID: 238 | MRN: MRN-238-2025

## I. REGISTRATION FACE SHEET

PATIENT IDENTITY	
Name:	Cosmo Kramer
DOB:	1949-05-05
Gender:	male
Race:	Caucasian
Height:	6 ft 3 in
Weight:	185 lbs
Telecom:	555-235-9842
Address:	129 W 81st St, New York, NY
Marital Status:	Single
Multiple Birth:	No (Order: 1)

COMMUNICATION	
Language:	English
Preferred:	Yes

EMERGENCY CONTACT	
Relationship:	friend
Name:	Jerry Seinfeld
Telecom:	555-339-4421
Address:	129 W 81st St, New York, NY
Gender:	male
Organization:	N/A
Period Start:	2023-01-01
Period End:	ongoing

PRIMARY PROVIDER	
General Practitioner:	Dr. Joe Allen, MD
Managing Organization:	Manhattan Health Clinic

INSURANCE / PAYER	
Payer ID:	J1113
Payer Name:	UnitedHealthcare
Plan Name:	Gold PPO

<b>Plan Type:</b>	PPO
<b>Group ID:</b>	GRP-98765
<b>Group Name:</b>	Seinfeld Enterprises
<b>Member ID:</b>	MBR-2388900
<b>Policy Number:</b>	POL-2025-23800
<b>Effective Date:</b>	2025-01-01
<b>Termination Date:</b>	ongoing
<b>Copay:</b>	\$25
<b>Deductible:</b>	\$500
<b>SUBSCRIBER</b>	
<b>Subscriber ID:</b>	SUB-9212398
<b>Subscriber Name:</b>	Cosmo Kramer
<b>Relationship:</b>	self
<b>Subscriber DOB:</b>	1949-05-05
<b>Subscriber Address:</b>	129 W 81st St, New York, NY

## II. MEDICAL BIOGRAPHY & HISTORY

Cosmo Kramer, more commonly known as Kramer, is a vibrant and eccentric individual widely recognized for his unique lifestyle and knack for getting involved in bizarre situations. Living in New York City's Upper West Side, he is a bachelor with an indelible history of quirky behaviors and adventurous business ventures.

Kramer's health history is considerably well-documented, revealing an enduring struggle with osteoarthritis, a condition attributed largely to his high-energy exploits and lack of concern for personal injuries over the years. Despite this, he maintains his eccentricity, often engaging in unexpected and unconventional health remedies. These include stretches he personally devised and a variety of mishmash wellness concoctions sourced from an eclectic range of influences.

Socially animated, Kramer's rapport with friends—particularly his neighbor Jerry Seinfeld—ensures his openness and comedic bent on life remain prominent. He's occasionally seen participating in odd jobs, a result of both his inventive mind and his laid-back take on secure employment. His dietary habits are largely balanced, if occasionally peppered with indulgences typical of a New York lifestyle: diverse cuisines and an occasional sip of wine.

The familial backdrop underscores modest health concerns with advancing age, minimal hereditary threats prevalent. Kramer's forward-thinking approach often prompts him to consider future possibilities, most notably surgical interventions for his osteoarthritis, under professional advisement. As he strides into his late seventies, his management strategy emphasizes minimalism in pharmacology, balancing active therapy with lifestyle refinement.

## III. CLINICAL REPORTS & IMAGING

### ■ ORTHOPEDIC CONSULTATION DOCUMENT

**Report Text:**  
Orthopedic Consultation Report

**Facility:** Manhattan Health Clinic

**Patient:** Cosmo Kramer

**Date:** 2025-01-09

**Chief Complaint:** Severe joint pain.

**History of Present Illness:** Cosmo Kramer, a 75-year-old male, presents with severe pain in multiple joints, notably the knees and elbows. The pain has progressively worsened over the past year, limiting mobility and affecting daily activities. Kramer has difficulty climbing stairs and experiences stiffness after sitting for extended periods. He denies any recent trauma or significant weight changes. His past management with over-the-counter analgesics provides minimal relief, and he has started using support aids.

Extensive historical records show fluctuating levels of pain and conservative management attempts. Mr. Kramer's osteoarthritic changes correlate with his clinical presentation and imaging findings.

**Review of Systems:** Excludes symptoms such as fever, weight changes, digestive issues, respiratory complaints, or cardiovascular anomalies. Maintains that joint pain and stiffness are primary issues, exacerbated by activity and slightly relieved by rest.

**Past Medical History:** Includes chronic osteoarthritis, no notable surgical history, and recent evaluations have flagged metabolic concerns including pre-diabetes.

**Social History:** Resides in an apartment building in New York City. Active lifestyle, moderate alcohol intake, no tobacco use. Occupation: sporadic odd jobs due to physical limitations.

**Family History:** No significant familial pattern for osteoarthritis or rheumatological conditions.

**Physical Exam:**

- **Vitals:** BP 110/70, HR 82 bpm, RR 16/min, Temp 98.6°F.

- **Musculoskeletal:** Severe joint tenderness noted with crepitus on range of motion assessment. Minimal swelling but marked stiffness, particularly in load-bearing joints.

- **Skin:** No rashes or lesions observed.

**Assessment and Plan:** Mild to severe osteoarthri...

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## ■ IMAGING REPORT DOCUMENT

**Report Text:**

**Imaging Report**

**Facility:** Manhattan Health Clinic

**Patient:** Cosmo Kramer

**Date:** 2025-01-09

**Technique:** X-rays obtained include AP, lateral views of affected joints - primarily knees and elbows. Images acquired through standard protocols; satisfactory compliance noted.

**Findings:**

General presentation depicts significant osteoarthritic alterations. Joint space narrowing and subchondral sclerosis are evident, particularly in knees. Osteophytes are prominent across elbow imagery. Minimal juxta-articular osteopenia, but no acute fractures or dislocations visible. Imaging suggests gradual degenerative changes worsened over time given patient history.

Metric evaluations show:

- **Knees:** Narrowing joint space, particularly medial femorotibial compartment with subchondral cyst formation.
- **Elbows:** Multiple osteophytes and modest joint space diminishing present, unlikely to restrict immediate distension.

**Impression:** Osteoarthritic changes verified. Degenerative progression corroborates Mr. Kramer's complaints.

Findings are consistent with detailed HPI and warrant consideration for additional orthopedic interventions.

Operational measures:

- Continue non-surgical management given functional mobility, while discussing surgical options tailored for potential reconstruction applications.

**Provider:** Radiologist, Manhattan Health Clinic.

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## ■ LAB RESULTS DOCUMENT

**Report Text:**

**Lab Results**

**Facility:** Manhattan Health Clinic

**Patient:** Cosmo Kramer

**Date:** 2025-01-09

**Laboratory Analysis:** Comprehensive metabolic panel including CBC.

**Results:**

- **Blood Glucose:** 106 mg/dL (pre-diabetes threshold)
- **Calcium:** Within normal limits
- **Vitamin D:** Slightly below average levels
- **Rheumatoid Factor:** Negative
- **ESR:** Elevated, indicating inflammatory process

**Summary:** Blood glucose levels are notable, aligning with early indications of glucose intolerance (pre-diabetes). Calcium and vitamin D suggest sufficient dietary intake, although supplementation may be beneficial. Elevated ESR reflects an ongoing inflammatory response typical of rheumatoid processes.

**Action Plan:** Recommend continued dietary adjustments, potential endocrine referral given elevated glucose. Join osteopathic management discussions focusing on further stabilization therapy reinforced by conservative pharmacological support.

**Attending Personnel:** Lab Tech, Manhattan Health Clinic.

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## ■ DISCHARGE SUMMARY DOCUMENT

**Report Text:**  
**Discharge Summary**

**Facility:** Manhattan Health Clinic

**Patient:** Cosmo Kramer

**Date:** 2025-01-10

**Reason for Visit:** Chronic management of osteoarthritis and evaluation for planned surgical interventions.

**Procedures:** Comprehensive evaluation and preparation session for potential surgical planning around osteoarthritic joint issues.

**Course of Hospitalization:**

Initially presented with severe joint discomfort characterized by pain and reduced mobility. During examination, recommended targeted imaging and laboratory investigations were conducted. Follow-up confirmed radiological presence of osteoarthritic changes and warranted additional orthopedic insights into surgical planning approaches.

**Treatment Pathway:**

Planned gathering for joint harvesting was outlined as an option, though current appraisal suggests a delay pending further coordination and insurance deliberations. Conservative management through pharmacotherapy (Ibuprofen, Paracetamol, and Glucosamine) continues.

**Discharge Condition:** Stable for outpatient review with continued analgesic regimen.

**Recommendations:** Further orthopedic consultation to define surgical timelines. Maintain current dietary and exercise habits with gradual increases to enhance joint flexibility.

**Follow-Up:** Anticipate revisit within one month or sooner based on clinical course evolution and procedural decision-making.

**Provider:** Dr. Joe Allen, Manhattan Health Clinic.

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## ■ SPECIALIST NOTE DOCUMENT

**Report Text:**  
**Specialist Consultation Note**

**Facility:** Manhattan Health Clinic

**Patient:** Cosmo Kramer

**Date:** 2025-01-10

**Consultation Request:** Specialist review of osteoarthritis progression and procedural advisement.

**HPI:** As established, Mr. Kramer's osteoarthritis results in joint pain predominantly in weight-bearing regions. His efforts at self-management have included lifestyle alterations and consistent pharmacological regimen adherence with noted impact variance. Heightened attention needed for future reconstructive endeavors.

**Examination Details:** Additional musculoskeletal assessments reaffirm diagnostic observations corresponding with imaging and laboratory data contributions previously logged. Joint stiffness limited but persistent.

**Expert Assessment:** Adaptations in osteopathic pathways are necessary, potentially extending to surgical explorations if non-invasive methodologies fail to deliver progressive stability.

**Recommendations:** I advise a preliminary discussion in multidisciplinary settings to gauge prospect reconstructive agendas. Meanwhile, maximize current therapy strategies inclusive of physical modifications designed to mitigate daily activity impacts.

**Provider:** Specialist Dr. Mary, Manhattan Health Clinic.

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