



## **The Raw Food Institute Coaching Agreement**

Congratulations and Welcome! We are happy that you have chosen The Raw Food Institute to help you attain optimum health through nutrition. Please review this agreement carefully and complete the information at the bottom.

We will schedule a one-hour coaching call every week in 12-week increments. Each quarter we will review your progress and determine together whether we should continue.

### **Telecoaching - Call Procedure**

The Client will call the Coach at the pre-arranged time using the instructions -usually either phone or web conference- provided by the coach.

### **Cancellations**

The Client must give 24 hours prior notice if you need to cancel or change the time of an appointment; otherwise that appointment may be forfeited. The Coach will make reasonable efforts to reschedule sessions that are cancelled in a timely manner.

### **Termination**

Either party may end the coaching relationship by providing the other party with a one-week written notice, which may be transmitted by fax or e-mail.

### **Confidentiality**

Confidentiality: Your Coach will not, at any time, either directly or indirectly, use any information for personal benefit, e.g. customer lists, financial information, any propriety information.

### **Coaching and Psychotherapy**

This Agreement extends to coaching services that help people to learn new skills and make significant behavior changes. Our coaching will primarily deal with nutrition and specifically raw food but may also include: dealing with such issues as problem solving, communication skills, goal-setting and changing your behavior.

During the coaching relationship, if the Coach or the Client recognizes a problem that would benefit from psychotherapy, the Coach will refer or direct the Client to appropriate resources.

### **Coaches Disclaimer**

I will coach you toward health. I am not medically trained and cannot practice medicine or treat sickness. We will focus on giving your body the nutrition it needs to be as healthy as possible. This coaching program is based upon the research and opinions of The Raw Food Institute and Lisa Wilson, and the Certified Raw Food Educator listed on this agreement, unless otherwise noted. The

information presented in this program is not intended to replace a one-on-one relationship with a qualified health-care professional nor intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of our organization. You are encouraged to make your own health care decisions based upon your research and in partnership with a qualified health-care professional. In consideration of The Raw Food Institute's agreement to assist you, you hereby agree to hold harmless The Raw Food Institute and its respective representatives, executors, agents, and assigns from any and all claims, demands, damages, rights of action or causes of action, present or future, arising out of or connected to your participation in this program.

### Agreement

Your signature below indicates you have read the information in its entirety ("Coaching Agreement") and any Attachments, and agree to abide by its terms during our professional coaching relationship.

### To be completed by the Client

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed name: \_\_\_\_\_

Live Immersion Retreat Attended: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Ph: (\_\_\_\_) \_\_\_\_\_ Cell Ph: (\_\_\_\_) \_\_\_\_\_

### To be completed by the Coach

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed name: \_\_\_\_\_

