

**Clock**

# Contents

<b>Chapter 1. How to get started with Clock.....</b>	<b>1</b>
--	----------

# Chapter 1. How to get started with Clock

In this dynamic universe we need a clock to keep track of our routine and schedule. Here is how you can track time on your android device.

Install Clock application(app) on your android device.

We are here to make navigation easier.

With Clock app options, you can set a reminder for your appointment, keep track of time across the world. It helps you keep an ear out for your cake baking or turkey cooking and will keep track of your workout duration. It will also help you trace your sleeping habits and follow healthy routine. Here is how you can get started with Clock app.

1. **Open** the Clock app.
2. Click on the **Alarm** option to set reminder.
  - a. Set the time .
  - b. Add a label.
  - c. Choose an alarm sound for the reminder.
  - d. Click done to finish.
3. Click on **World Clock** to check time of other countries.
  - a. Click on search button.
  - b. Enter the name of the country.
  - c. Click on okay to see the time
4. Click on **Timer**
  - a. Enter the duration for which you want to set the timer.
  - b. Click on start to begin timer.
  - c. Click on add timer if you want to extend the duration and repeat steps a and b.
5. Click on **Stopwatch** to start tracking time.
  - a. Click on start button to begin the stopwatch.
  - b. Click on lap to begin the next lap.
  - c. Click on share to send the track details through mail or SMS.
  - d. Click on reset to restart the stopwatch.
6. Click on **Bedtime** to track sleep data.
  - a. Click on get started
  - b. Set regular wake-up alarm time.
  - c. Set sleep time and silence device.
  - d. Click on done to finish.
7. Click on **Exit** to close the app.