

27 Feb, 2019

Wednesday

10:15 PM

Yesterday, I started reading the book 'The Way of Zen' by Alan Watts. I am now done with about one fifth of it, and I must say that it has been a very enriching experience for me. Going through his insights about our daily life in a way changes the whole outlook of looking at the same things which we see every day and are unfortunately caught up in the rut of same observations.