

JAMAL AL BADARIN



A professional football player with experience in coaching. Ambitious, coachable and always puts the team first.

International w/ Palestine U20

Date of Birth: 06.06.2003
Height: 182 cm | Weight: 75 kg
Position: CB | LB | CDM
Passports: Bulgarian (EU) & Palestinian



HIGHLIGHT VIDEO 2022/2023



HIGHLIGHT VIDEO 2021/2022



HIGHLIGHT VIDEO 2020/2021



FOOTBALL (SOCCER) EXPERIENCE

Bronze Medalist with Palestine U20 – Arab Cup 2022

Champion of the Bulgarian AFL Cup (2021)

Champion of the Bulgarian Youth Cup (2017)

Professional Football (Soccer) Player

Sep 2023 – until now

Shabab Al-Samu

Football (Soccer) Player + 1st Team Assistant Coach & Main Coach of U19 & U17

Apr 2023 – Aug 2023

Semi-Pro Football (Soccer) Player

Dec 2022 – May 2023

SG Eintracht Mendig-Bell

Semi-Pro Football (Soccer) Player

Jan 2022 – Nov 2022

FC Rozova Dolina

Football (Soccer) Player

Aug 2021 – Dec 2021

FC Pirin Blagoevgrad II

- Participated in trainings with the Professional Squad (Bulgarian First League)

Football (Soccer) Player

Feb 2021 – Aug 2021

FC Rozova Dolina

- Champion of the Bulgarian AFL Cup (2021)

Football (Soccer) Player

Jan 2021 – Feb 2021

POFC Botev Vratsa II

- Participated in trainings with the Professional Squad (Bulgarian First League)

Football (Soccer) Player

Jun 2020 – Jan 2021

FC Pirin Blagoevgrad (U19)

Football (Soccer) Player

May 2019 – Jun 2020

FC Spartak 1919 (U17)

- Received the Individual Award “Invictus” (the best player in the academy)
- Won the Regional Championship

Football (Soccer) Player

Jul 2017 – May 2019

- Won the Regional Championship

PFC Beroe Stara Zagora (U15/U16)

Football (Soccer) Player

Jun 2016 – Jul 2017

- Champion of the Bulgarian Youth Cup (2017)
- Won the Regional Championship

PFC Ludogorets 1945 (U14)

EDUCATION

Foreign Language High School “Acad. Lyudmil Stoyanov”

Languages: English, Bulgarian, Arabic and German

**GPA of 6.00 is the highest possible in Bulgaria*

Blagoevgrad, Bulgaria

**Graduated with GPA: 6.00 (May 2022)*

PERSONAL INTERESTS | FOOTBALL (SOCCER)-RELATED EXPERIENCES

- FC Akademik Svishtov – **1st Team Assistant Coach & Main Coach of U19 & U17** Apr 2023 – Aug 2023
- **Team performance analyst** and **analyst of the opposition** of my ex-team (FC Rozova Dolina).
- Helping other athletes to be better physically and mentally (**personal strength & conditioning trainer in soccer**).
- Working for an online platform called [“The X-Coach”](#). It has everything a soccer player need. From **ball sessions, strength & conditioning workouts** and **personalized diets** to **individual tactical analyses** and exercises helping the athlete to improve his **mental side of the game**. My goal is to provide my knowledge and experience in an easy-to-understand way to as many athletes as possible. Articles are posted on a regular basis and the aim is **to inform young athletes about the 4 main football aspects** - technical aspect, tactical preparation, physical preparation and mental preparation.
- Studying sports psychology and psychology in general.
- Learning new languages and improving my communicative skills.
- Coding skills with **JavaScript** and **HTML & CSS**. | **GitHub profile:** [al-badarin](#)

**References Available Upon Request*