Supplemental Information

SUPPLEMENTAL TABLE 4 Effects of Egg Intervention on Child Dietary Intake of Food Items in the Past 24 Hours, %

	Baseline		End point		PR, Unadjusted		PR, Adjusted	
	Control (*n* = 82)	Egg (*n* = 78)	Control (*n* = 73)	Egg (*n* = 75)	Unadjusted		Adjusted[a]	
					β (95% CI)	*P*	β (95% CI)	*P*
Animal source foods								
Eggs	37 (45%)	31 (40%)	43 (60%)	68 (91%)	1.52 (1.24–1.86)	<.001	1.57 (1.28–1.92)	<.001
Milk	10 (12%)	16 (21%)	39 (54%)	33 (45%)	.83 (0.59–1.15)	.254	.80 (0.57–1.11)	.182
Other dairy (cheese, yogurt, or other milk products)	29 (35%)	23 (30%)	30 (41%)	25 (34%)	.83 (0.55–1.27)	.398	.80 (0.53–1.22)	.296
Fish (fresh or dried fish, shellfish, or seafood)	13 (16%)	15 (19%)	19 (26%)	10 (14%)	.53 (0.26–1.06)	.071	.53 (0.27–1.04)	.065
Organ meat (liver, kidney, heart or other organ meat)	19 (23%)	12 (15%)	32 (43%)	25 (34%)	.78 (0.52–1.18)	.242	.76 (0.50–1.15)	.196
Any meat (beef, pork, lamb, goat, chicken, or duck)	43 (52%)	42 (54%)	62 (85%)	65 (87%)	1.02 (0.89–1.16)	.814	1.01 (0.89–1.16)	.839
Legumes (any foods made from beans, peas, lentils, nuts, or seeds)	12 (15%)	7 (9%)	35 (47%)	27 (37%)	.77 (0.52–1.14)	.188	.82 (0.55–1.21)	.319
Fats and oils	25 (31%)	16 (21%)	41 (57%)	31 (42%)	.74 (0.53–1.03)	.076	.74 (0.52–1.04)	.083
Liquids								
Coffee	8 (10%)	7 (9%)	16 (22%)	14 (19%)	.88 (0.46–1.66)	.684	.86 (0.46–1.61)	.638
Tea (with milk)	3 (4%)	6 (8%)	4 (5%)	6 (8%)	1.50 (0.44–5.12)	.517	1.69 (0.56–5.07)	.348
Soda	3 (4%)	4 (5%)	15 (20%)	10 (14%)	.67 (0.32–1.39)	.280	.56 (0.26–1.21)	.137
Other sugary drinks	6 (7%)	7 (9%)	19 (26%)	18 (24%)	.95 (0.54–1.66)	.850	.99 (0.56–1.75)	.977
Sugary foods (any sugary foods, such as chocolates, sweets, candies, pastries, cakes, or biscuits)	26 (32%)	21 (27%)	44 (61%)	32 (43%)	.71 (0.52–0.98)	.037	.71 (0.51–0.97)	.032

Table shows results for baseline and end-point prevalence (no. [%]) of any dietary intake of food items and GLM modeling with robust Poisson.

[a] Adjusted for child age, sex of the child, and baseline dietary intake for the same dependent variable.