



Our Story

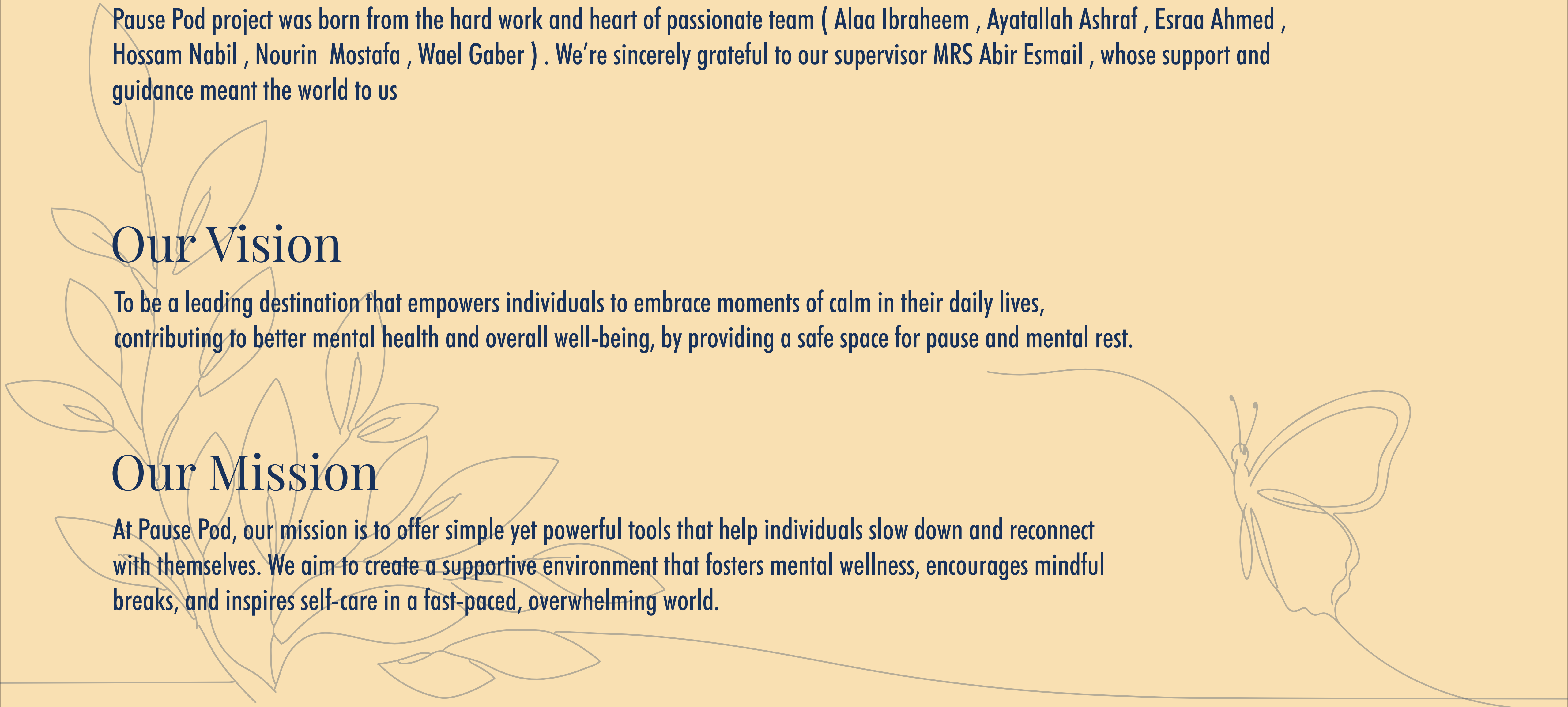
Pause Pod project was born from the hard work and heart of passionate team (Alaa Ibraheem , Ayatallah Ashraf , Esraa Ahmed , Hossam Nabil , Nourin Mostafa , Wael Gaber) . We're sincerely grateful to our supervisor MRS Abir Esmail , whose support and guidance meant the world to us

Our Vision

To be a leading destination that empowers individuals to embrace moments of calm in their daily lives, contributing to better mental health and overall well-being, by providing a safe space for pause and mental rest.

Our Mission

At Pause Pod, our mission is to offer simple yet powerful tools that help individuals slow down and reconnect with themselves. We aim to create a supportive environment that fosters mental wellness, encourages mindful breaks, and inspires self-care in a fast-paced, overwhelming world.



Our Team :



Alaa Ibraheem



Ayatallah
Ashraf



Esraa Ahmed



Norine
Mostafa



Hossam
Nabile



Wael Gaber





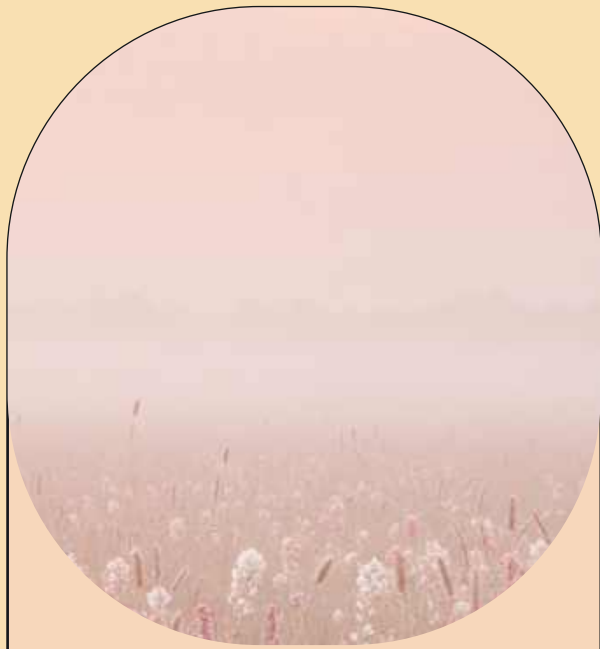
Logo Concept

The Pause Pod logo represents a space of calm, reflection , and mental wellness. The main element is a stylized letter(PP) which symbolizes the Logo name (Pause Pod) and serves as the central identity of the brand . The leaf shap inside the P symbolizes connection and integration with nature, reinforcing the idea of natural healing and harmony within the self .

Color Palette

The color palette for (Pause Pod) reflects comfort and warmth ,


- Light Peach : conveys warmth, calmness and comfort
- soft blue : represent calmness, emotional clarity and mental peace
- warm beige : will convey purity, freshness and emotional lightness
- deep teal : it represents stability, trust and depth of emotion
- dark blue : symbolize inner strength, depth and introspection
- golden brown : it represents warmth, grounding and natural comfort
- soft gold : it symbolizes positivity, hope and mental energy




Light Peach
efd2b7



Warm Beige
f3f9f0



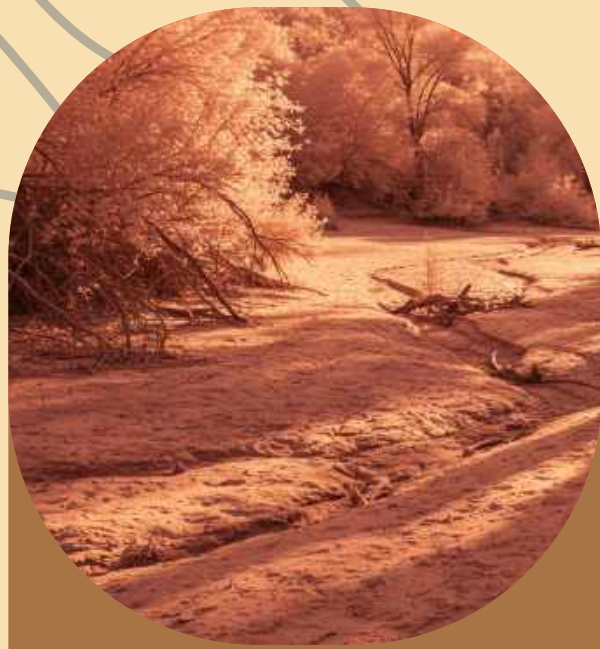
Soft Blue
ABDADC



Deep Teal
457B9D



Dark Blue
1D3557



Golden Brown
a57143



Soft Gold
F3CD47



Fonts

Billstone Signature

Regular

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
1234567890.?!/:@%

futura

Light

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
1234567890.?!/:@%

Futura Medium Condensed BT

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
1234567890.?!/:@%

Playfair Display

Regular

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
1234567890.?!/:@%

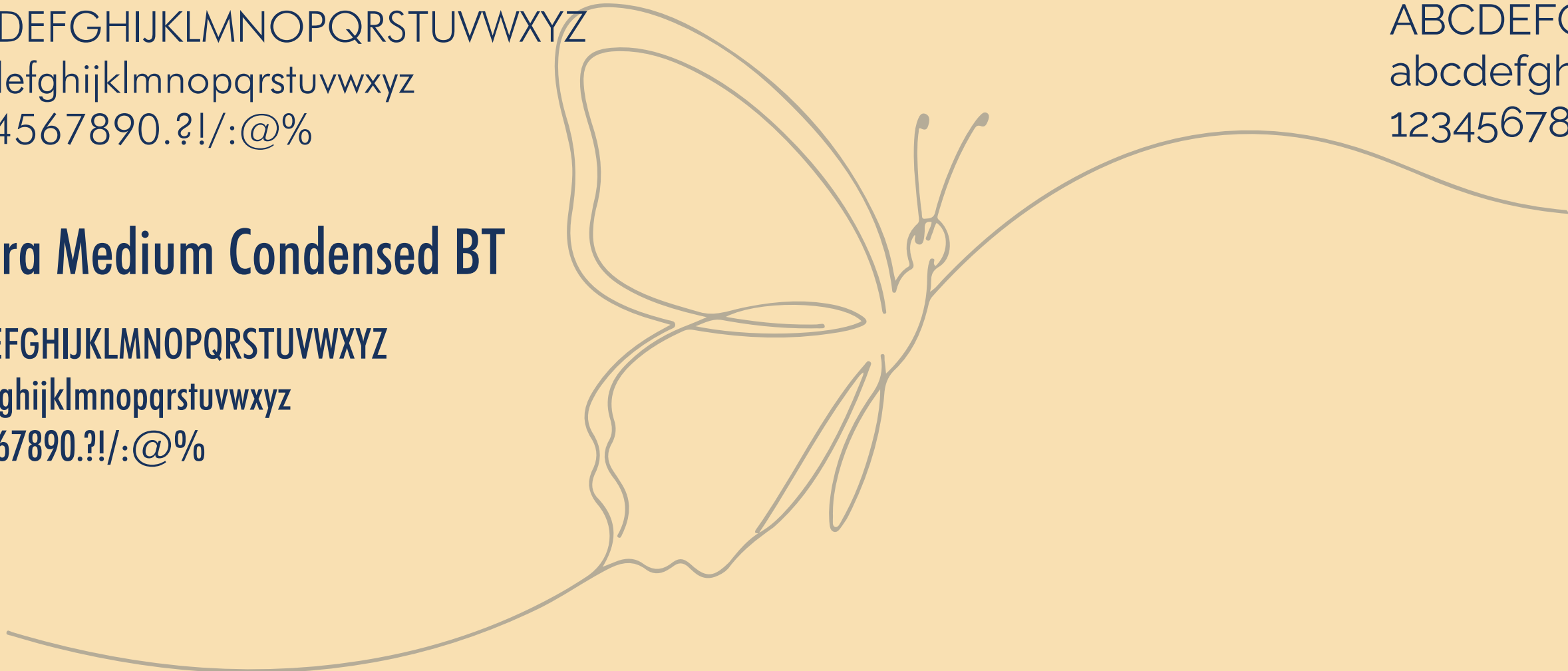
Bold Italic

***ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
1234567890.?!/:@%***

Raleway

Regular

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
1234567890.?!/:@%



Uniforms

Our Team Of Therapist



Pause Pod Caffee Stuff



Our Cups :



Fresh vibes in every drop

Our Tote Bag

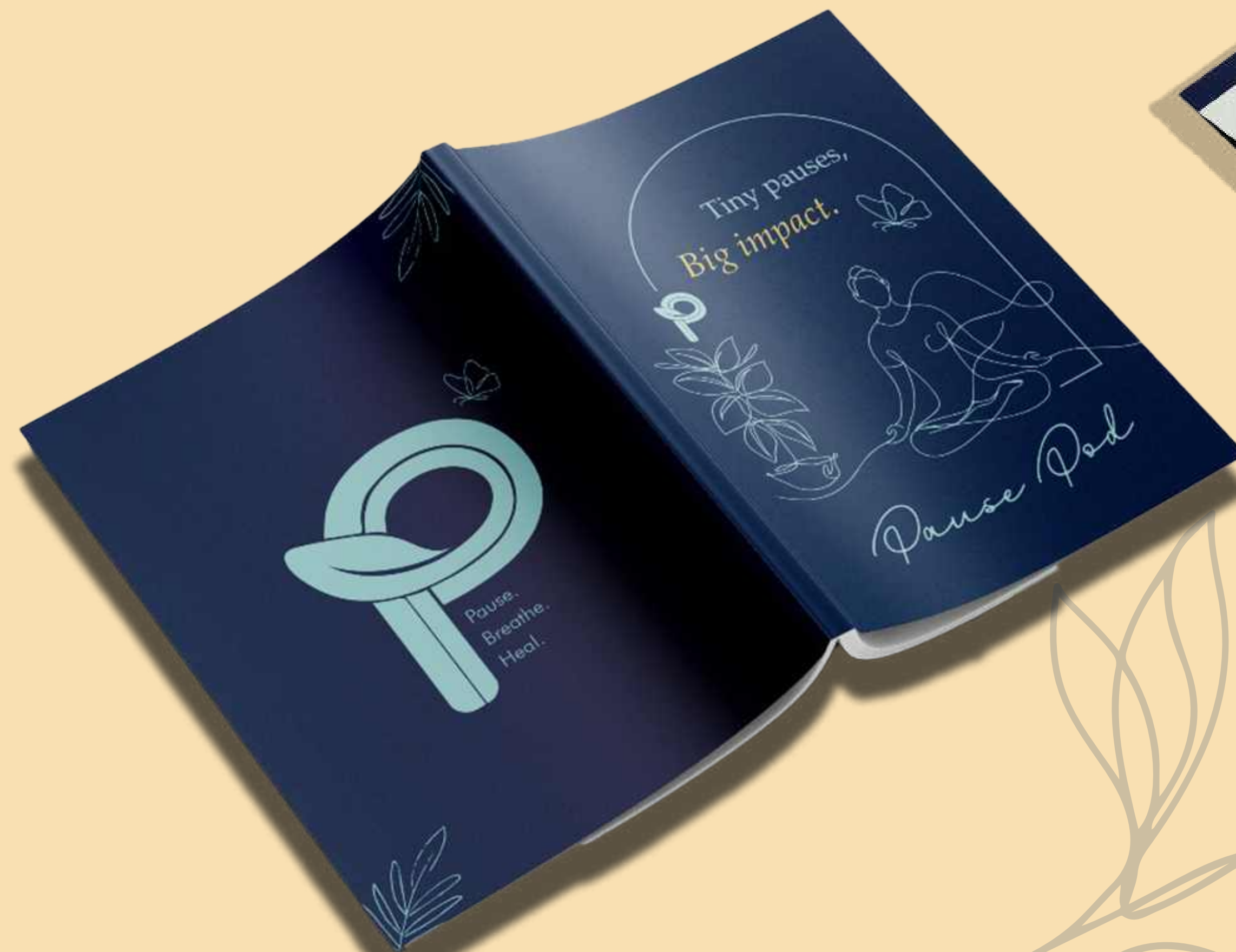
Breathe in peace
Breathe out stress



Our Branding



Our Menu



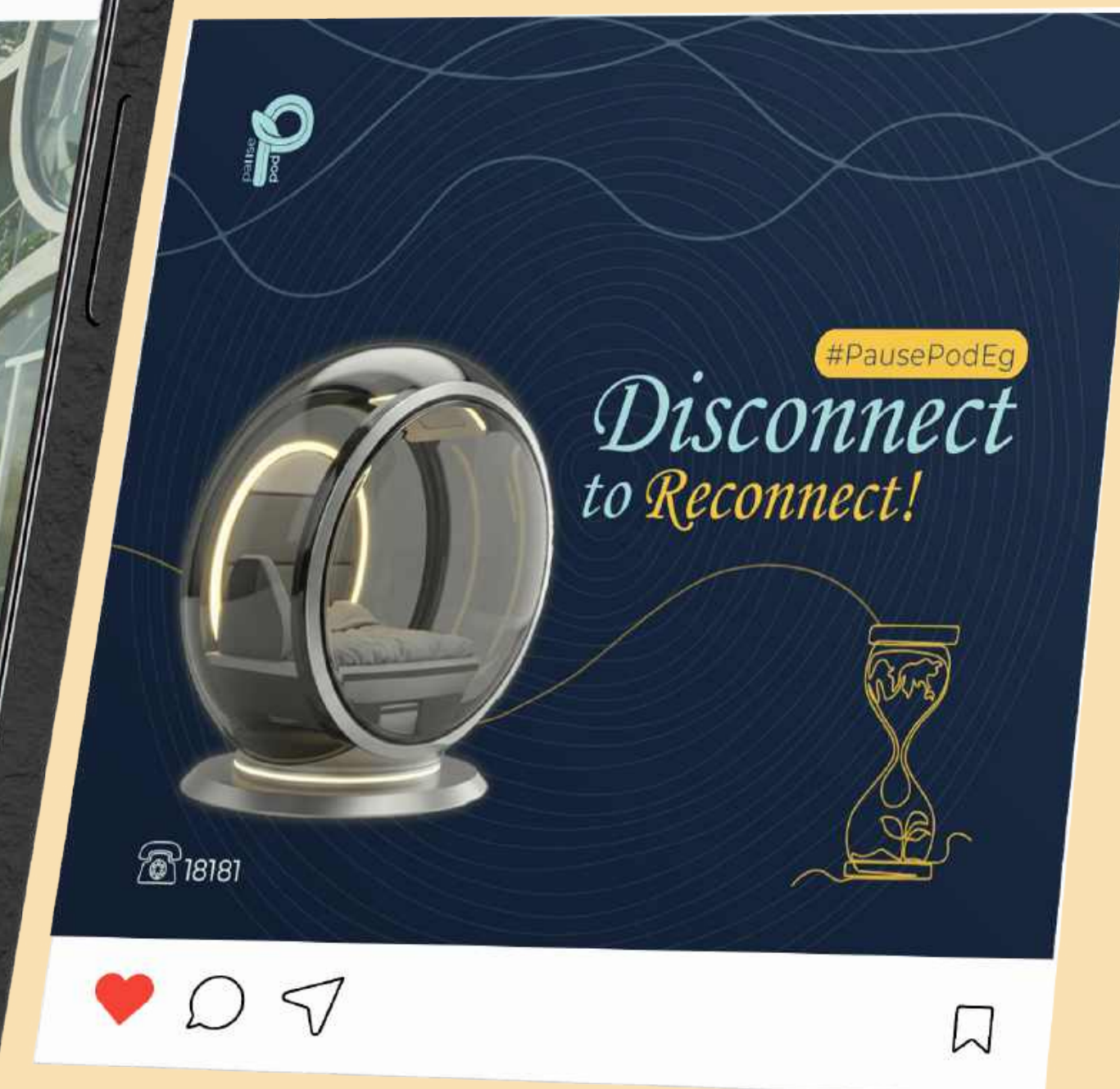
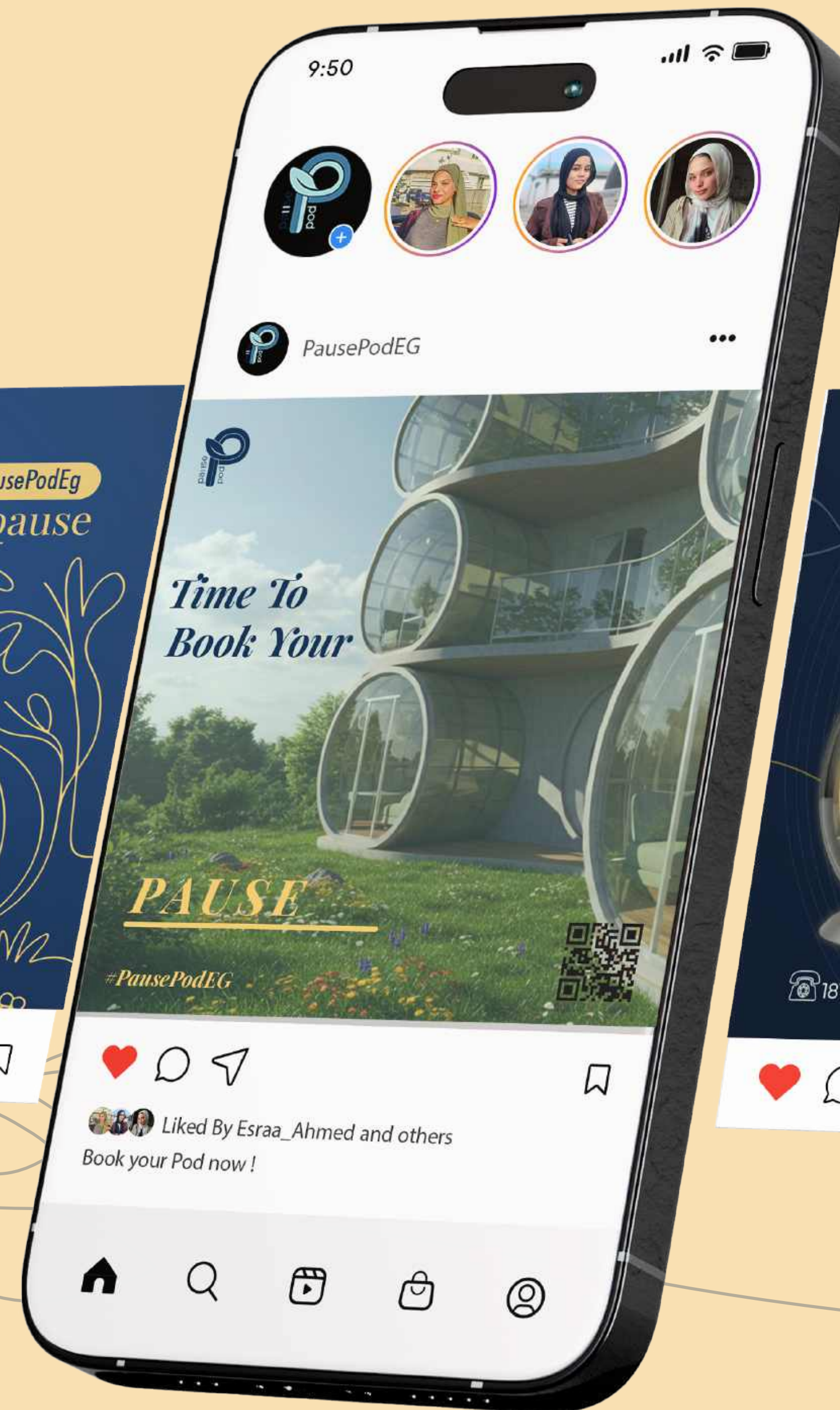


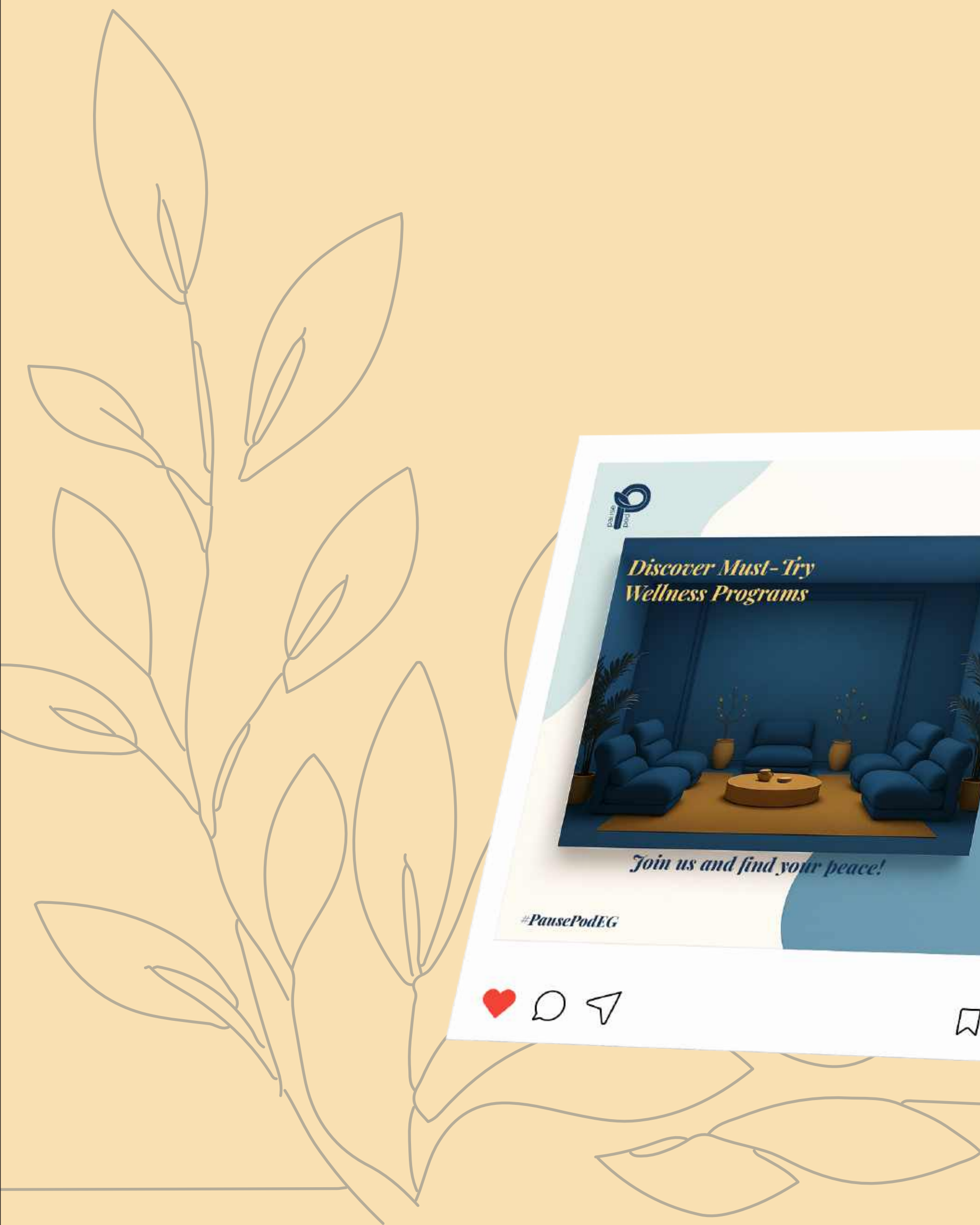


Tiny pauses

Big impact

#PausePodEG





9:50

PausePodEG

...

Discover Must-Try
Wellness Programs

Join us and find your peace!

#PausePodEG

Special

Drinks

Berry Breeze

#PausePodEG

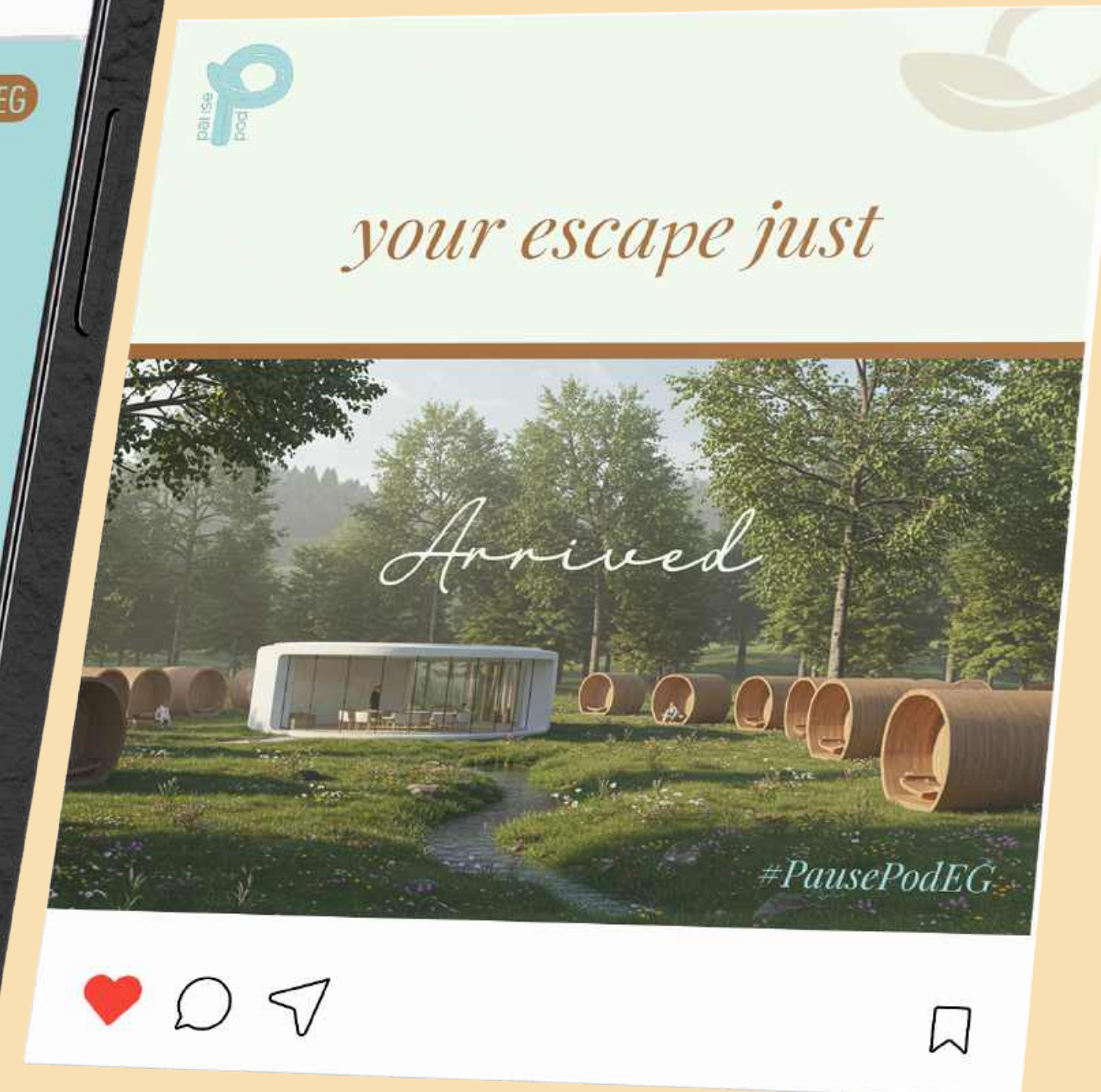
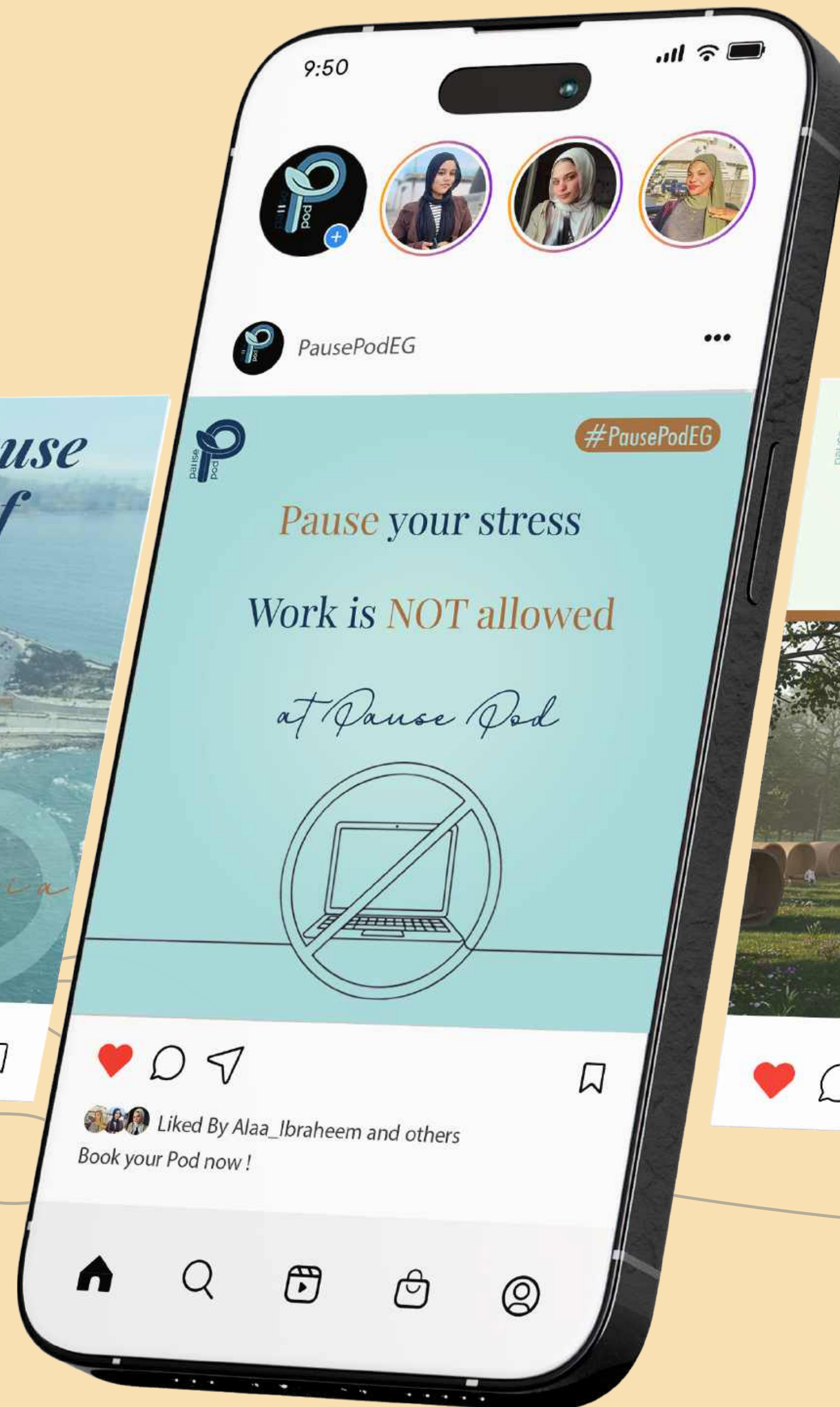
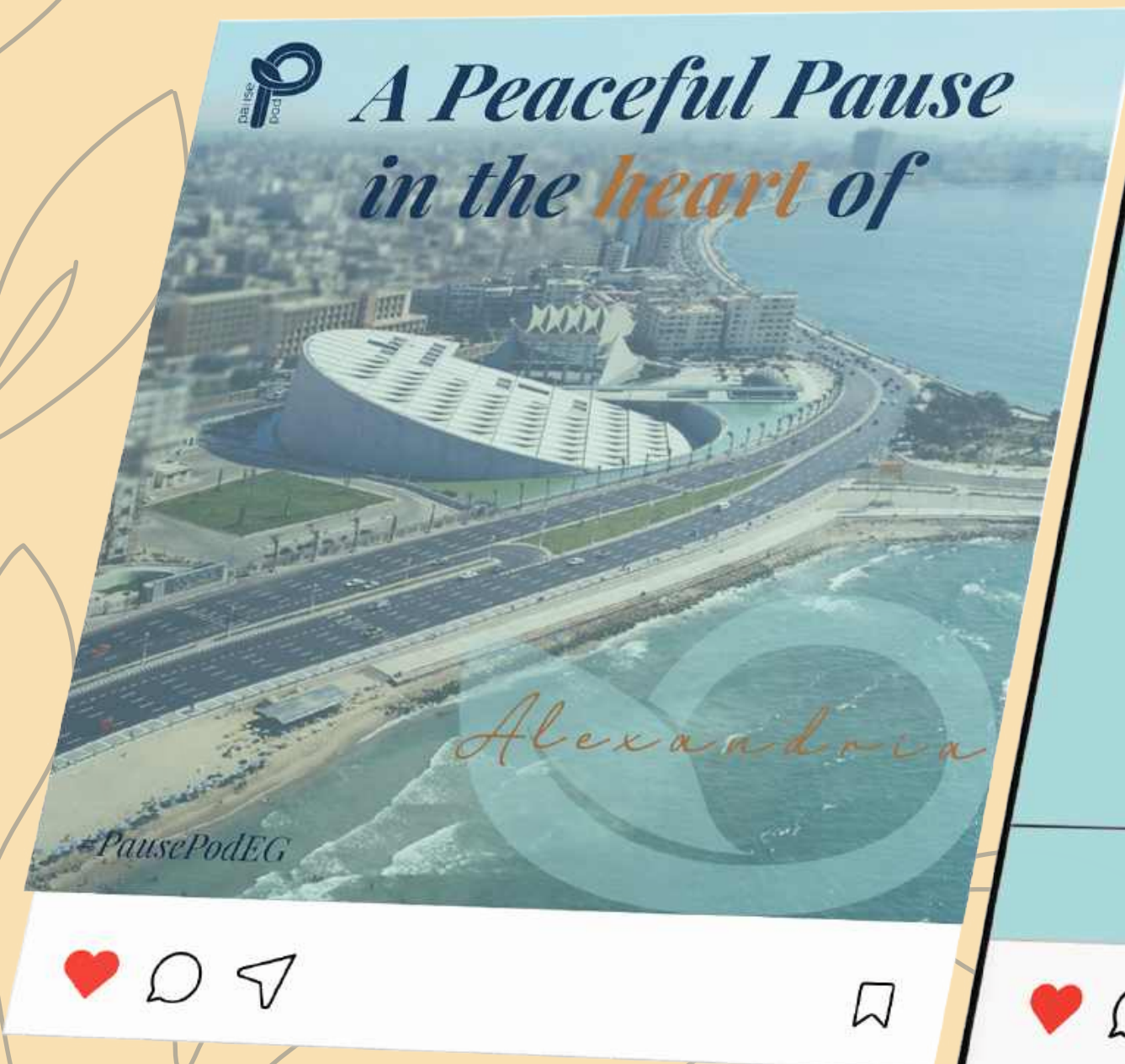
Coming Soon

Your Pause is on it's way

#PausePodEG

Liked By Ayatallah_Ashraf and others

Book your Pod now !





Special



Drinks

Berry Breeze

#PausePodEG



*Discover Must-Try
Wellness Programs*



Join us and find your peace!

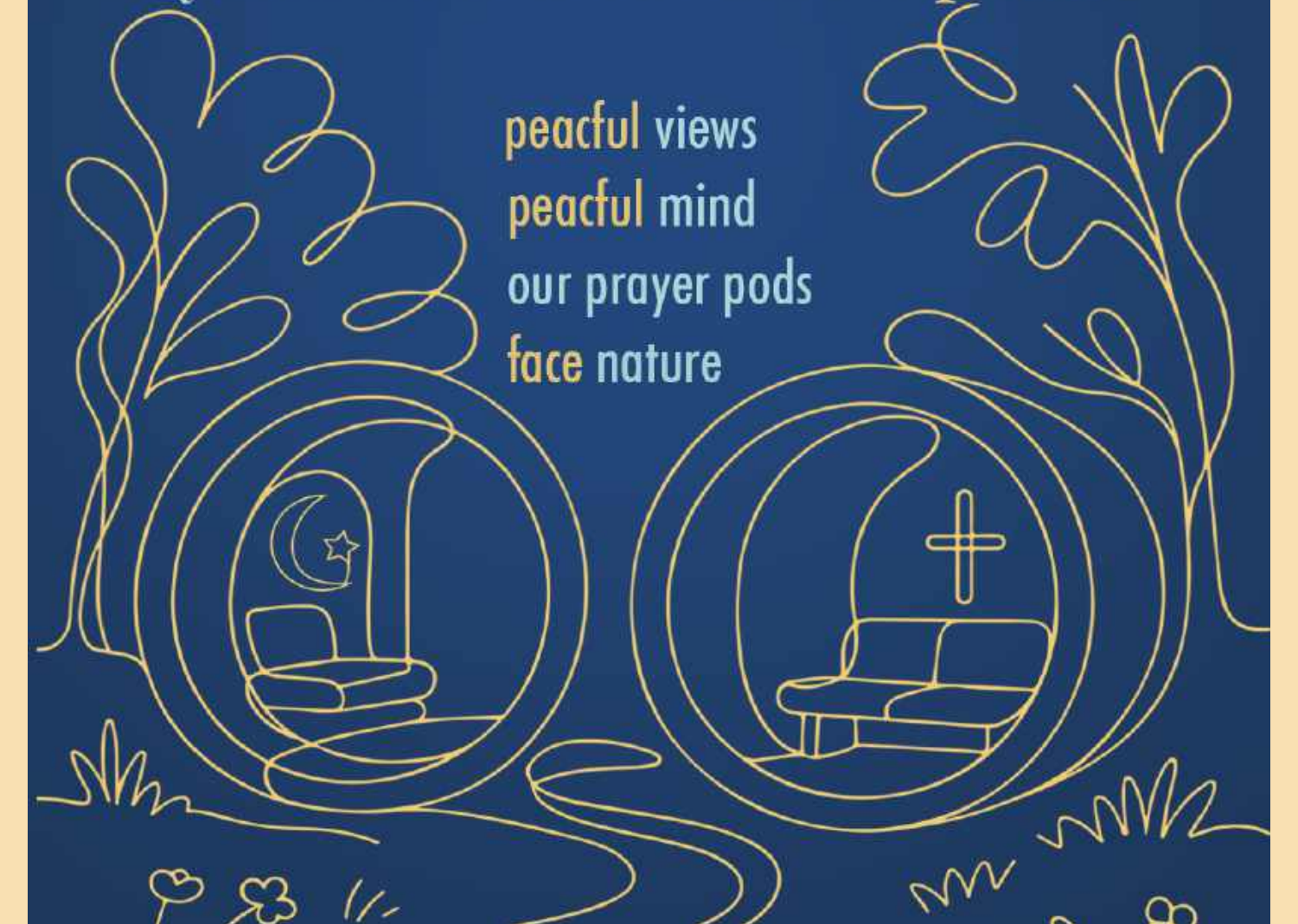
#PausePodEG




#PausePodEG

your soul deserves a pause


*peaceful views
peaceful mind
our prayer pods
face nature*






#PausePodEG

**Disconnect
to Reconnect!**




18181



Your escape just

Arrived




PausePodEG



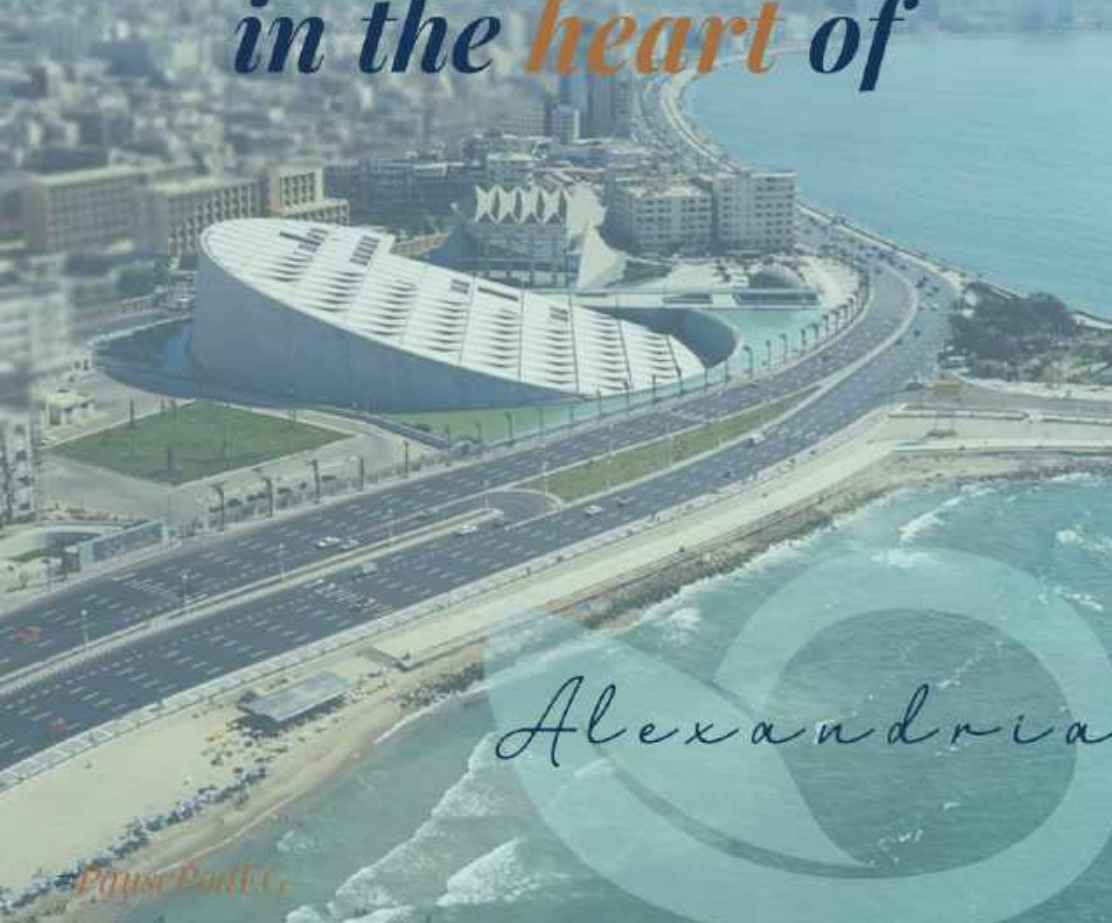
Coming Soon
Your Pause is on it's way



#PausePodEG




**A Peaceful Pause
in the heart of**



Alexandria

PausePodEG





#PausePodEG

Pause your stress


Work is NOT allowed

at Pause Pod





**Time To
Book Your**

PAUSE



#PausePodEG



Our Catalogue







viision

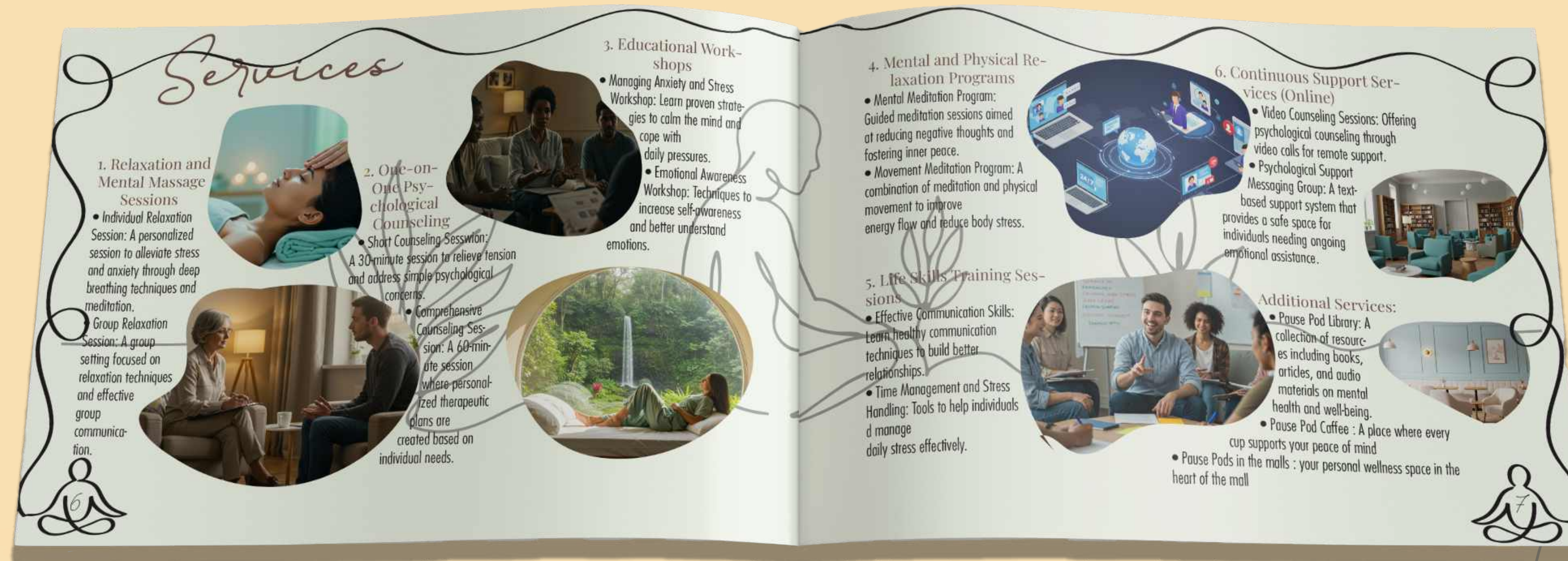
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Mission

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Our team

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Why pause pod?

At Pause Pod, we don't just offer mental health services, we offer a transformative experience designed to support your well-being on every level

The target audience for Pause Pod

- Individuals Struggling with Mental Health Issues
- Professionals and Students
- Busy Individuals Seeking Wellness
- Corporates and Organizations
- Youth and Young Adults
- Families



You're Invited to Pause. Breathe. Heal.

Step into Pause Pod, the first-of-its-kind mental wellness experience in the Middle East. Whether you're feeling overwhelmed, burned out, or just need a safe space to reset, Pause Pod is here to support your journey toward calm, clarity, and balance. Join us and rediscover your inner peace. Because your mind matters, and you deserve a moment to pause.

with 40% off for your first time



Every ending is a doorway to a new idea

Thanks for watching

Teamwork Members

Alaa Ibraheem
Ayatalla Ashraf
Esraa Ahmed
Hossam Nabil
Nourin Mostafa
Wael Gaber