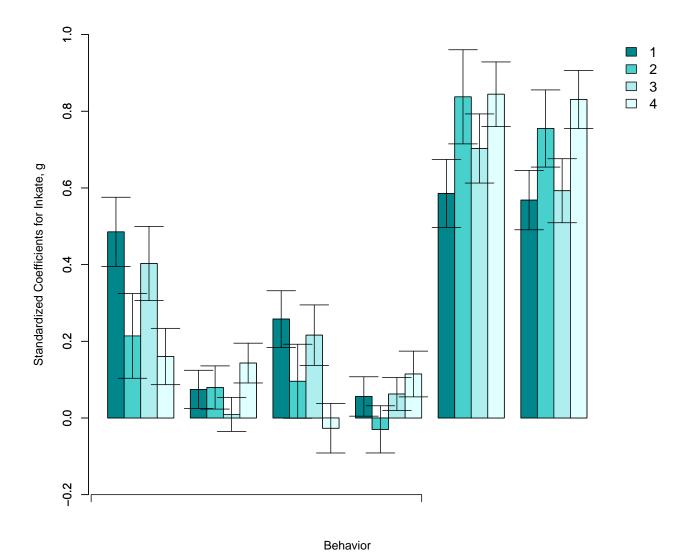
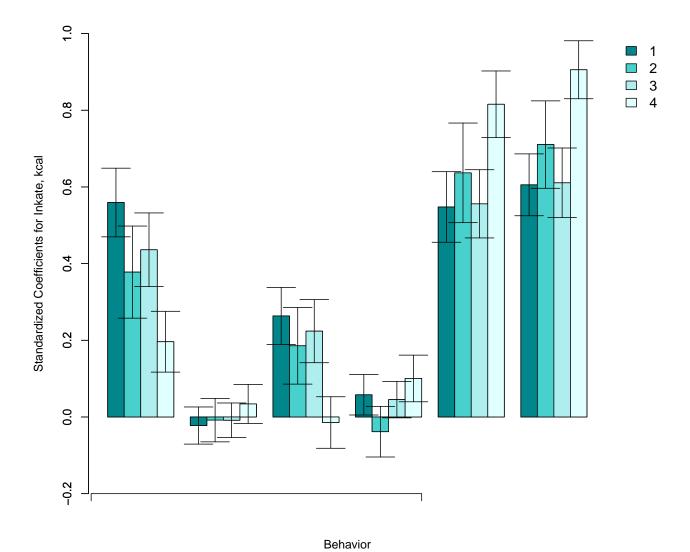
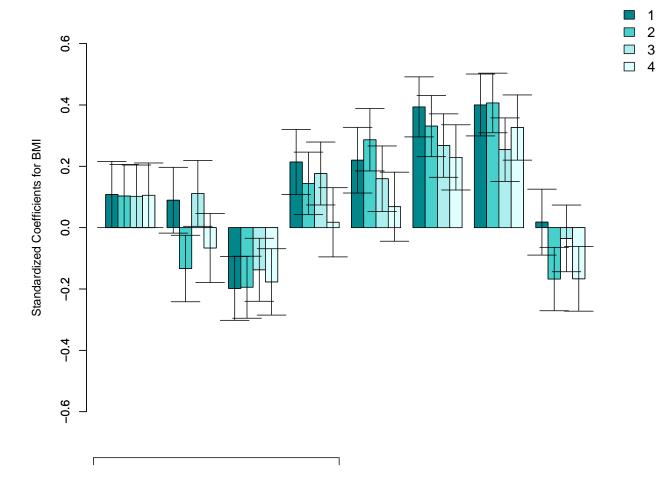
Overall Microstructure Summary for Portion Size Meals

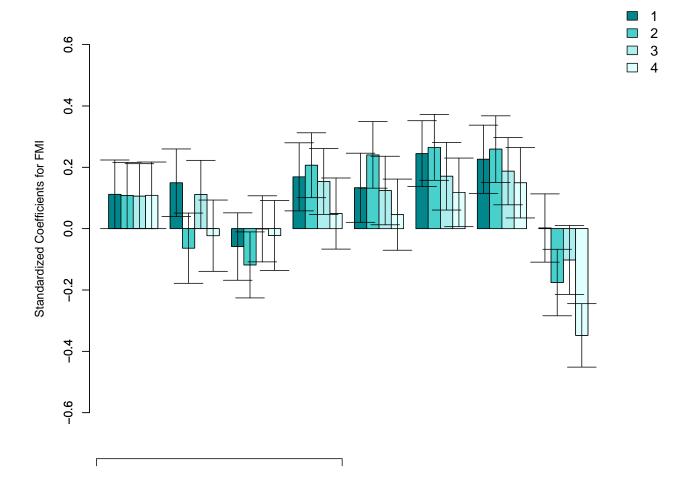
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Behavior

1 Demographics

Table 1: Demographics

| Characteristic | N = 91 |
|----------------------|--------------|
| Sex | |
| Male | 46 (51%) |
| Female | 45 (49%) |
| Age, yr | 7.8(0.6) |
| BMI %tile | 47.8 (24.6) |
| VAT, cm3 | 170.7 (57.4) |
| Fat Mass Index | 4.5(0.9) |
| Ethnicity | |
| Hispanic/Lantinx | 0 (0%) |
| Not Hispanic/Lantinx | 91 (100%) |
| Race | |
| 0 | 88 (97%) |
| 2 | 3 (3.3%) |
| 3 | 0 (0%) |
| Income | ` , |
| < \$51,000 | 11 (12%) |
| >\$100,000 | 33 (38%) |
| \$51,000 - \$100,000 | 44 (50%) |
| Unknown | 3 |
| Mother's Education | |
| > Bachelor Degree | 28 (31%) |
| AA/Technical Degree | 9 (10%) |
| Bachelor Degree | 44 (49%) |
| High School/GED | 9 (10%) |
| Unknown | 1 |
| Father's Education | |
| > Bachelor Degree | 32 (37%) |
| AA/Technical Degree | 14 (16%) |
| Bachelor Degree | 29 (33%) |
| High School/GED | 11 (13%) |
| Other/NA | |
| , | , , |
| Other/NA Unknown | 1 (1.1%) |

¹ n (%); Mean (SD)

2 Meal Intake

Table 2: Demographics

| Characteristic | N = 91 |
|----------------------|--------------|
| Sex | |
| Male | 46 (51%) |
| Female | 45 (49%) |
| Age, yr | 7.8(0.6) |
| BMI %tile | 47.8(24.6) |
| VAT, cm3 | 170.7 (57.4) |
| Fat Mass Index | 4.5(0.9) |
| Ethnicity | |
| Hispanic/Lantinx | 0 (0%) |
| Not Hispanic/Lantinx | 91 (100%) |
| Race | |
| 0 | 88 (97%) |
| 2 | 3 (3.3%) |
| 3 | 0 (0%) |
| Income | |
| < \$51,000 | 11 (12%) |
| >\$100,000 | 33 (38%) |
| \$51,000 - \$100,000 | 44 (50%) |
| Unknown | 3 |
| Mother's Education | |
| > Bachelor Degree | 28 (31%) |
| AA/Technical Degree | 9 (10%) |
| Bachelor Degree | 44 (49%) |
| High School/GED | 9 (10%) |
| Unknown | 1 |
| Father's Education | |
| > Bachelor Degree | 32 (37%) |
| AA/Technical Degree | 14 (16%) |
| Bachelor Degree | 29 (33%) |
| High School/GED | 11 (13%) |
| Other/NA | 1 (1.1%) |
| Unknown | 4 |

¹ n (%); Mean (SD)

Table 3: Meal Intake

| Characteristic | 1, N = 89 | 2 , N = 88 | 3 , N = 87 | 4 , N = 83 |
|-------------------|---------------|-------------------|-------------------|-------------------|
| Pre-Meal Fullness | 36.7 (34.3) | 35.7 (31.9) | 38.6 (35.5) | 32.9 (34.0) |
| Unknown | 0 | 1 | 0 | 0 |
| Avg. Liking | 3.9(0.6) | 3.8(0.6) | 3.8(0.6) | 3.9(0.6) |
| Unknown | 0 | 1 | 0 | 0 |
| Intake, g | 410.4 (161.3) | 440.8 (165.6) | $464.3\ (188.5)$ | $458.2\ (181.0)$ |
| Unknown | 0 | 1 | 1 | 1 |
| Intake, kcal | 487.2 (191.9) | 525.4 (206.9) | 562.5 (256.8) | 586.8 (247.4) |
| Unknown | 0 | 1 | 1 | 1 |
| 95% consumed | | | | |
| 0 | 87 (98%) | 87 (100%) | 86 (100%) | 82 (100%) |
| 1 | 2(2.2%) | 0 (0%) | 0 (0%) | 0 (0%) |
| Unknown | 0 | 1 | 1 | 1 |

¹ Mean (SD); n (%)

3 Microstructure

3.1 Behaviors Across Meals

Table 4: Microstructure Behaviors by Portion Size Meal

| Characteristic | 1, N = 89 | 2 , N = 88 | 3 , N = 87 | 4 , N = 83 |
|-------------------------------|--------------------|-------------------|-------------------|--------------------|
| bites | 72.584 (37.917) | 75.682 (37.838) | 82.322 (45.073) | 79.349 (44.043) |
| sips | 6.562 (6.517) | 7.864 (8.324) | 6.908 (6.596) | 5.578 (5.988) |
| active eating, min | $15.340 \ (7.254)$ | 15.941 (6.993) | 17.123 (7.629) | $17.153\ (7.954)$ |
| 1st bite latency, min | 0.403 (0.287) | 0.379(0.224) | 0.368 (0.238) | $0.401\ (0.268)$ |
| meal duration, min | 18.009 (8.805) | 18.493 (8.385) | 19.395 (8.422) | $19.156 \ (8.788)$ |
| bites/min | 4.291 (1.759) | 4.343 (1.769) | 4.459 (1.973) | 4.369 (1.854) |
| bite/min (active) | 4.896(1.755) | 4.926 (1.834) | 4.970(2.004) | 4.787 (1.846) |
| sips/min | 0.369(0.318) | 0.433(0.460) | 0.367 (0.377) | 0.314 (0.343) |
| sips/min (active) | $0.440 \ (0.428)$ | 0.497(0.522) | 0.417(0.424) | 0.349(0.374) |
| g/bite | 6.385 (2.385) | $6.648\ (2.824)$ | 6.406 (2.126) | 6.975 (5.246) |
| Unknown | 0 | 1 | 1 | 1 |
| kcal/bite | 7.710 (3.262) | 7.805 (3.148) | 7.751 (3.137) | 8.884 (6.501) |
| Unknown | 0 | 1 | 1 | 1 |
| g/min | 25.882 (11.252) | 26.495 (10.502) | 26.387 (10.857) | 27.195 (12.451) |
| Unknown | 0 | 1 | 1 | 1 |
| kcal/min | 31.418 (14.781) | 32.117 (14.735) | 32.300 (16.046) | 34.952 (16.388) |
| Unknown | 0 | 1 | 1 | 1 |
| g/min (active) | 29.704 (11.944) | 30.229 (11.449) | 29.552 (11.313) | 30.495 (14.998) |
| Unknown | Ô | 1 | 1 | 1 |
| kcal/min (active) | 35.934 (16.096) | 36.518 (15.665) | 35.899 (16.602) | $39.120\ (19.524)$ |
| Unknown | 0 | 1 | 1 | 1 |
| active eat/meal duration, min | $0.867 \ (0.123)$ | $0.879\ (0.110)$ | $0.891\ (0.116)$ | 0.902 (0.110) |

¹ Mean (SD)

3.2 Coding Reliability

Table 5: Coding Reliability - ICC

| Behavior | Overall | Portion 1 | Portion 2 | Portion 3 | Portion 4 |
|---------------|---------|-----------|-----------|-----------|-----------|
| bites | 1 | 1 | 1 | 1 | 1 |
| sips | 1 | 0.999 | 1 | 1 | 1 |
| active eating | 0.964 | 0.965 | 0.997 | 0.991 | 0.912 |
| bite latency | 0.944 | 0.994 | 0.865 | 0.958 | 0.925 |
| meal duration | 1 | 1 | 1 | 1 | 0.999 |

3.3 Portion Correlation Matrices

Table 6: Portion Size 1: Correlation Matrix

| | nbites | nsips | total active eating | bite latency | meal duration | bite rate | bite rate active | sip rate | sip rate active | bite size g | bite size kcal | eat rate g | eat rate kcal | eat rate active g | eat_rate_active_kcal | prop active |
|----------------------|--------|-------|---------------------|--------------|---------------|-----------|------------------|----------|-----------------|-------------|----------------|------------|---------------|-------------------|----------------------|-------------|
| nbites | | • | | | | | | | | | | | | | | |
| nsips | 0.32 | | | | | | | | | | | | | | | |
| total active eating | 0.7 | 0.39 | | | | | | | | | | | | | | |
| bite latency | -0.02 | 0.16 | -0.06 | | | | | | | | | | | | | |
| meal_duration | 0.59 | 0.5 | 0.91 | 0.04 | | | | | | | | | | | | |
| bite rate | 0.52 | -0.12 | -0.14 | -0.15 | -0.31 | | | | | | | | | | | |
| bite_rate_active | 0.5 | -0.01 | -0.2 | 0.01 | -0.25 | 0.94 | | | | | | | | | | |
| sip_rate | 0.01 | 0.73 | -0.07 | 0.01 | -0.03 | 0.07 | 0.13 | | | | | | | | | |
| sip_rate_active | 0 | 0.8 | -0.06 | 0.19 | 0.07 | -0.02 | 0.12 | 0.94 | | | | | | | | |
| bite_size_g | -0.59 | 0.01 | -0.38 | 0.12 | -0.33 | -0.37 | -0.38 | 0.26 | 0.22 | | | | | | | |
| bite size kcal | -0.59 | -0.25 | -0.44 | 0.09 | -0.43 | -0.29 | -0.32 | 0.02 | -0.02 | 0.8 | | | | | | |
| eat_rate_g | -0.09 | -0.1 | -0.45 | -0.08 | -0.57 | 0.56 | 0.5 | 0.32 | 0.19 | 0.5 | 0.39 | | | | | |
| eat rate kcal | -0.11 | -0.26 | -0.49 | -0.12 | -0.61 | 0.55 | 0.5 | 0.14 | 0.03 | 0.37 | 0.56 | 0.86 | | | | |
| eat rate active g | -0.18 | -0.02 | -0.53 | 0.07 | -0.52 | 0.43 | 0.48 | 0.36 | 0.31 | 0.57 | 0.43 | 0.94 | 0.81 | | | |
| eat_rate_active_kcal | -0.19 | -0.22 | -0.55 | 0 | -0.58 | 0.44 | 0.48 | 0.16 | 0.1 | 0.43 | 0.61 | 0.81 | 0.96 | 0.85 | | |
| prop_active | 0.25 | -0.24 | 0.13 | -0.33 | -0.26 | 0.51 | 0.21 | -0.03 | -0.25 | -0.08 | 0.01 | 0.4 | 0.39 | 0.08 | 0.13 | |

Table 7: Portion Size 2: Correlation Matrix

| | nbites | $_{\rm nsips}$ | $total_active_eating$ | $bite_latency$ | $meal_duration$ | bite_rate | $bite_rate_active$ | sip_rate | sip_rate_active | $bite_size_g$ | $bite_size_kcal$ | eat_rate_g | eat_rate_kcal | $eat_rate_active_g$ | eat_rate_active_kcal p | orop_active |
|----------------------|--------|----------------|-------------------------|-----------------|------------------|-----------|----------------------|-------------|---------------------|-----------------|--------------------|----------------|-------------------|------------------------|------------------------|-------------|
| nbites | | | | | | | | | | | | | | | | |
| nsips | 0.16 | | | | | | | | | | | | | | | |
| total_active_eating | 0.64 | 0.34 | | | | | | | | | | | | | | |
| bite_latency | -0.2 | 0.09 | 0.05 | | | | | | | | | | | | | |
| meal_duration | 0.61 | 0.34 | 0.92 | 0.02 | | | | | | | | | | | | |
| bite rate | 0.5 | -0.18 | -0.22 | -0.22 | -0.32 | | | | | | | | | | | |
| bite rate active | 0.55 | -0.16 | -0.22 | -0.21 | -0.21 | 0.94 | | | | | | | | | | |
| sip_rate | -0.07 | 0.86 | -0.01 | 0.08 | -0.04 | -0.09 | -0.1 | | | | | | | | | |
| sip_rate_active | -0.06 | 0.87 | -0.02 | 0.08 | 0.01 | -0.12 | -0.09 | 0.99 | | | | | | | | |
| bite_size_g | -0.61 | 0.14 | -0.32 | 0.16 | -0.28 | -0.48 | -0.49 | 0.29 | 0.29 | | | | | | | |
| bite size kcal | -0.58 | -0.1 | -0.41 | 0.19 | -0.39 | -0.32 | -0.34 | 0.11 | 0.1 | 0.78 | | | | | | |
| eat_rate_g | -0.18 | -0.03 | -0.54 | -0.02 | -0.6 | 0.46 | 0.38 | 0.24 | 0.19 | 0.48 | 0.49 | | | | | |
| eat rate kcal | -0.09 | -0.21 | -0.53 | -0.01 | -0.59 | 0.57 | 0.5 | 0.06 | 0.02 | 0.23 | 0.53 | 0.86 | | | | |
| eat rate active g | -0.19 | -0.01 | -0.55 | -0.01 | -0.48 | 0.33 | 0.36 | 0.22 | 0.22 | 0.56 | 0.54 | 0.92 | 0.78 | | | |
| eat_rate_active_kcal | -0.09 | -0.2 | -0.55 | 0 | -0.51 | 0.48 | 0.5 | 0.04 | 0.04 | 0.28 | 0.59 | 0.82 | 0.95 | 0.84 | | |
| prop_active | 0.01 | -0.07 | 0.02 | 0 | -0.35 | 0.37 | 0.06 | 0.05 | -0.07 | -0.09 | -0.04 | 0.3 | 0.29 | -0.06 | 0.02 | |

Table 8: Portion Size 3: Correlation Matrix

| | nbites | nsips | total_active_eating | bite_latency | $meal_duration$ | bite_rate | bite_rate_active | sip_rate | sip_rate_active | bite_size_g | bite_size_kcal | eat_rate_g | eat_rate_kcal | eat_rate_active_g | eat_rate_active_kcal | prop_active |
|----------------------|--------|-------|---------------------|--------------|------------------|-----------|------------------|----------|-----------------|-------------|----------------|------------|---------------|-------------------|----------------------|-------------|
| nbites | | | | | | | | | | | | | | | | |
| nsips | 0.14 | | | | | | | | | | | | | | | |
| total_active_eating | 0.65 | 0.39 | | | | | | | | | | | | | | |
| bite_latency | -0.02 | -0.16 | 0.04 | | | | | | | | | | | | | |
| meal_duration | 0.55 | 0.42 | 0.93 | 0.07 | | | | | | | | | | | | |
| bite rate | 0.62 | -0.19 | -0.11 | -0.07 | -0.25 | | | | | | | | | | | |
| bite_rate_active | 0.59 | -0.22 | -0.18 | -0.02 | -0.24 | 0.96 | | | | | | | | | | |
| sip_rate | -0.11 | 0.82 | -0.06 | -0.17 | -0.06 | -0.07 | -0.1 | | | | | | | | | |
| sip_rate_active | -0.15 | 0.84 | -0.07 | -0.18 | -0.02 | -0.13 | -0.13 | 0.98 | | | | | | | | |
| bite_size_g | -0.6 | 0.17 | -0.35 | -0.02 | -0.31 | -0.42 | -0.44 | 0.38 | 0.41 | | | | | | | |
| bite size kcal | -0.49 | -0.18 | -0.31 | 0.03 | -0.34 | -0.28 | -0.34 | 0.01 | -0.01 | 0.66 | | | | | | |
| eat_rate_g | -0.02 | -0.01 | -0.42 | -0.09 | -0.54 | 0.55 | 0.49 | 0.32 | 0.25 | 0.46 | 0.35 | | | | | |
| eat rate kcal | 0 | -0.22 | -0.36 | -0.06 | -0.49 | 0.52 | 0.44 | 0.05 | -0.02 | 0.28 | 0.61 | 0.82 | | | | |
| eat rate active g | -0.1 | 0 | -0.5 | -0.05 | -0.52 | 0.46 | 0.49 | 0.32 | 0.3 | 0.52 | 0.32 | 0.96 | 0.74 | | | |
| eat_rate_active_kcal | -0.05 | -0.24 | -0.42 | -0.01 | -0.48 | 0.47 | 0.45 | 0.03 | -0.02 | 0.3 | 0.62 | 0.79 | 0.97 | 0.77 | | |
| prop_active | 0.26 | -0.05 | 0.19 | -0.14 | -0.17 | 0.39 | 0.13 | 0.04 | -0.11 | -0.09 | 0.12 | 0.33 | 0.38 | 0.05 | 0.17 | |

Table 9: Portion Size 4: Correlation Matrix

| | nbites | nsins | total active eating | bite latency | meal duration | bite rate | hite rate active | sin rate | sin rate active | hite size σ | hite size kcal | eat rate o | eat rate kcal | eat rate active g | eat_rate_active_kcal | prop active |
|----------------------|---------|-------|---------------------|--------------|---------------|-----------|------------------|----------|-----------------|-------------|----------------|------------|---------------|-------------------|-----------------------|-------------|
| | 1101000 | погро | total_active_cating | bree_meeney | mear_dardelon | bree_rate | bicc_idec_decire | DIP_Tuec | bip_idic_detive | bree_bine_b | bree_brze_reen | cut_rutc_b | cut_rute_ncur | car_rare_active_6 | cut_lute_uctive_itcui | prop_active |
| nbites | | | | | | | | | | | | | | | | |
| nsips | 0.32 | | | | | | | | | | | | | | | |
| total_active_eating | 0.7 | 0.39 | | | | | | | | | | | | | | |
| bite_latency | -0.02 | 0.16 | -0.06 | | | | | | | | | | | | | |
| meal_duration | 0.59 | 0.5 | 0.91 | 0.04 | | | | | | | | | | | | |
| bite_rate | 0.52 | -0.12 | -0.14 | -0.15 | -0.31 | | | | | | | | | | | |
| bite_rate_active | 0.5 | -0.01 | -0.2 | 0.01 | -0.25 | 0.94 | | | | | | | | | | |
| sip_rate | 0.01 | 0.73 | -0.07 | 0.01 | -0.03 | 0.07 | 0.13 | | | | | | | | | |
| sip_rate_active | 0 | 0.8 | -0.06 | 0.19 | 0.07 | -0.02 | 0.12 | 0.94 | | | | | | | | |
| bite_size_g | -0.59 | 0.01 | -0.38 | 0.12 | -0.33 | -0.37 | -0.38 | 0.26 | 0.22 | | | | | | | |
| bite size kcal | -0.59 | -0.25 | -0.44 | 0.09 | -0.43 | -0.29 | -0.32 | 0.02 | -0.02 | 0.8 | | | | | | |
| eat_rate_g | -0.09 | -0.1 | -0.45 | -0.08 | -0.57 | 0.56 | 0.5 | 0.32 | 0.19 | 0.5 | 0.39 | | | | | |
| eat rate kcal | -0.11 | -0.26 | -0.49 | -0.12 | -0.61 | 0.55 | 0.5 | 0.14 | 0.03 | 0.37 | 0.56 | 0.86 | | | | |
| eat_rate_active_g | -0.18 | -0.02 | -0.53 | 0.07 | -0.52 | 0.43 | 0.48 | 0.36 | 0.31 | 0.57 | 0.43 | 0.94 | 0.81 | | | |
| eat_rate_active_kcal | -0.19 | -0.22 | -0.55 | 0 | -0.58 | 0.44 | 0.48 | 0.16 | 0.1 | 0.43 | 0.61 | 0.81 | 0.96 | 0.85 | | |
| prop_active | 0.25 | -0.24 | 0.13 | -0.33 | -0.26 | 0.51 | 0.21 | -0.03 | -0.25 | -0.08 | 0.01 | 0.4 | 0.39 | 0.08 | 0.13 | |

3.4 Repeated Measures Correlation

Table 10: Repeated Measures: Correlation Matrix

| | nhites cl | neine cl | total active esting cl | hite latency cl | meal duration cl | hite rate cl | hite rate active cl | sin rate cl | sin rate active cl | hite size a cl | hite size keel el | est rate a cl | est rate kesl el | est rate active a cl | eat rate active kcal cl prop active c |
|-------------------------|-----------|----------|------------------------|-----------------|------------------|--------------|---------------------|-------------|--------------------|----------------|-------------------|---------------|------------------|----------------------|---------------------------------------|
| | nonco_cr | nonpo_cr | total_active_cuting_ci | bite_intency_er | mem_duration_er | Ditc_intc_ci | DICC_TUIC_UCUITC_CI | Sip_rucc_cr | sip_iucc_ucurc_cr | DICC_BAC_B_CI | Ditc_dizc_acti_cr | cut_rutc_8_cr | cut_rutc_acut_cr | cut_luce_active_g_ci | cut_tute_uctive_acut_ct prop_uctive_c |
| nbites_c1 | | | | | | | | | | | | | | | |
| nsips_c1 | 0.085 | | | | | | | | | | | | | | |
| total_active_eating_cl | 0.664 | 0.173 | | | | | | | | | | | | | |
| bite_latency_c1 | -0.117 | 0.044 | -0.042 | | | | | | | | | | | | |
| meal_duration_c1 | 0.538 | 0.213 | 0.811 | -0.006 | | | | | | | | | | | |
| bite rate c1 | 0.501 | -0.102 | -0.076 | -0.167 | -0.338 | | | | | | | | | | |
| bite_rate_active_c1 | 0.412 | -0.054 | -0.294 | -0.068 | -0.279 | 0.851 | | | | | | | | | |
| sip rate c1 | -0.098 | 0.825 | -0.084 | 0.006 | -0.131 | -0.004 | -0.011 | | | | | | | | |
| sip_rate_active_cl | -0.132 | 0.843 | -0.144 | 0.067 | -0.056 | -0.101 | 0.01 | 0.947 | | | | | | | |
| bite_size_g_c1 | -0.396 | -0.06 | -0.238 | 0.058 | -0.228 | -0.336 | -0.338 | 0.003 | 0.013 | | | | | | |
| bite_size_kcal_c1 | -0.352 | -0.203 | -0.232 | 0.069 | -0.243 | -0.27 | -0.282 | -0.142 | -0.13 | 0.923 | | | | | |
| eat rate g cl | -0.237 | -0.089 | -0.397 | -0.091 | -0.626 | 0.365 | 0.231 | 0.15 | 0.057 | 0.512 | 0.479 | | | | |
| eat rate kcal c1 | -0.144 | -0.245 | -0.343 | -0.069 | -0.554 | 0.433 | 0.309 | -0.059 | -0.126 | 0.355 | 0.52 | 0.829 | | | |
| eat rate active g cl | -0.353 | -0.086 | -0.554 | 0.018 | -0.53 | 0.114 | 0.216 | 0.086 | 0.103 | 0.717 | 0.665 | 0.855 | 0.689 | | |
| eat_rate_active_kcal_cl | | -0.244 | -0.496 | 0.029 | -0.506 | 0.225 | 0.302 | -0.1 | -0.086 | 0.55 | 0.697 | 0.738 | 0.893 | 0.838 | |
| prop active cl | 0.255 | -0.035 | 0.356 | -0.143 | -0.219 | 0.485 | -0.002 | 0.083 | -0.133 | -0.141 | -0.105 | 0.34 | 0.33 | -0.135 | -0.065 |

3.4.1 ICC across portion sizes

Table 11: Coding Reliability - ICC $\,$

| nbites | 0.697 |
|----------------------|-------|
| nsips | 0.534 |
| active_eating | 0.676 |
| bite_latency | 0.160 |
| $meal_duration$ | 0.699 |
| bite_rate | 0.729 |
| bite_rate_active | 0.760 |
| sip_rate | 0.524 |
| sip_rate_active | 0.522 |
| $bite_size_g$ | 0.316 |
| bite_size_kcal | 0.393 |
| eat_rate_g | 0.657 |
| eat_rate_kcal | 0.674 |
| eat rate active g | 0.595 |
| eat_rate_active_kcal | 0.633 |
| prop_active | 0.258 |

3.5 Univariate Tests of Portion Size

Table 12: Portion Size and Behaviors - FDR adjusted pvalues

| | ps_beh_padj |
|-----------------------|-------------|
| Bites | 0.037 |
| Sips | 0.163 |
| Latency to 1st Bite | 0.928 |
| Meal Duriation | 0.079 |
| Active Eat Time | 0.006 |
| Bite Rate | 0.464 |
| Bite Rate Active | 0.702 |
| Sip Rate | 0.132 |
| Sip Rate Active | 0.056 |
| Bite Size, g | 0.363 |
| Bite Size, kcal | 0.363 |
| Eat Rate, g | 0.351 |
| Eat Rate, kcal | 0.037 |
| Eat Rate Active, g | 0.711 |
| Eat Rate Active, kcal | 0.128 |
| Prop Active | 0.056 |

Table 13: Number of Bites by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.106 | 0.120 | 229.649 | -0.887 | 0.376 |
| scale(avg_vas) | 0.122 | 0.056 | 336.055 | 2.188 | 0.029 |
| scale(freddy_pre_meal) | -0.076 | 0.047 | 333.691 | -1.614 | 0.107 |
| ps_order | -0.001 | 0.027 | 252.852 | -0.023 | 0.982 |
| ps_prop | 0.225 | 0.081 | 253.590 | 2.785 | 0.006 |

Table 14: Number of Sips by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | 0.128 | 0.130 | 296.765 | 0.978 | 0.329 |
| scale(avg_vas) | 0.072 | 0.063 | 293.211 | 1.153 | 0.250 |
| scale(freddy_pre_meal) | 0.031 | 0.055 | 339.318 | 0.553 | 0.581 |
| ps_order | -0.019 | 0.033 | 255.355 | -0.576 | 0.565 |
| ps_prop | -0.171 | 0.101 | 256.460 | -1.693 | 0.092 |

Table 15: Active Eating Time (min) by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.046 | 0.121 | 229.735 | -0.376 | 0.708 |
| scale(avg_vas) | 0.119 | 0.056 | 335.686 | 2.099 | 0.037 |
| scale(freddy_pre_meal) | -0.048 | 0.048 | 333.873 | -1.011 | 0.313 |
| ps_order | -0.034 | 0.027 | 252.124 | -1.255 | 0.211 |
| ps_prop | 0.295 | 0.082 | 252.870 | 3.598 | 0.000 |

Table 16: Meal Duration (min) by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | 0.017 | 0.122 | 221.719 | 0.141 | 0.888 |
| scale(avg_vas) | 0.075 | 0.056 | 338.231 | 1.339 | 0.182 |
| scale(freddy_pre_meal) | -0.014 | 0.048 | 331.385 | -0.286 | 0.775 |
| ps_order | -0.038 | 0.027 | 252.461 | -1.430 | 0.154 |
| ps_prop | 0.177 | 0.081 | 253.161 | 2.187 | 0.030 |

Table 17: Latency to First Bite (min) by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | 0.002 | 0.148 | 334.247 | 0.015 | 0.988 |
| scale(avg_vas) | -0.073 | 0.061 | 170.866 | -1.195 | 0.234 |
| scale(freddy_pre_meal) | 0.053 | 0.059 | 235.772 | 0.905 | 0.367 |
| ps_order | 0.001 | 0.045 | 261.880 | 0.027 | 0.979 |
| ps_prop | -0.012 | 0.136 | 263.607 | -0.091 | 0.928 |

Table 18: Bites/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.138 | 0.120 | 215.409 | -1.148 | 0.252 |
| scale(avg_vas) | 0.102 | 0.055 | 339.838 | 1.858 | 0.064 |
| $scale(freddy_pre_meal)$ | -0.073 | 0.046 | 329.031 | -1.584 | 0.114 |
| ps_order | 0.041 | 0.026 | 253.469 | 1.574 | 0.117 |
| ps_prop | 0.069 | 0.078 | 254.124 | 0.885 | 0.377 |

Table 19: Bites/min (active) by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.072 | 0.119 | 202.108 | -0.601 | 0.549 |
| scale(avg_vas) | 0.064 | 0.053 | 340.997 | 1.195 | 0.233 |
| scale(freddy_pre_meal) | -0.043 | 0.045 | 324.059 | -0.971 | 0.332 |
| ps_order | 0.033 | 0.025 | 253.314 | 1.321 | 0.188 |
| ps_prop | -0.038 | 0.075 | 253.901 | -0.504 | 0.614 |

Table 20: Sips/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | 0.076 | 0.131 | 297.824 | 0.578 | 0.564 |
| scale(avg_vas) | 0.012 | 0.063 | 291.064 | 0.184 | 0.854 |
| scale(freddy_pre_meal) | 0.007 | 0.056 | 338.972 | 0.134 | 0.893 |
| ps_order | 0.005 | 0.034 | 254.554 | 0.149 | 0.882 |
| ps_prop | -0.188 | 0.102 | 255.677 | -1.847 | 0.066 |

Table 21: Sips/min (active) by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | 0.069 | 0.131 | 298.294 | 0.529 | 0.597 |
| scale(avg_vas) | -0.003 | 0.063 | 290.666 | -0.048 | 0.962 |
| scale(freddy_pre_meal) | 0.047 | 0.055 | 338.880 | 0.854 | 0.394 |
| ps_order | 0.018 | 0.033 | 254.639 | 0.527 | 0.598 |
| ps_prop | -0.242 | 0.101 | 255.763 | -2.390 | 0.018 |

Table 22: g/Bite by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | 0.034 | 0.140 | 336.946 | 0.245 | 0.807 |
| scale(avg_vas) | -0.091 | 0.064 | 221.062 | -1.409 | 0.160 |
| scale(freddy_pre_meal) | 0.089 | 0.059 | 298.691 | 1.497 | 0.135 |
| ps_order | -0.039 | 0.040 | 254.756 | -0.988 | 0.324 |
| ps_prop | 0.132 | 0.120 | 255.845 | 1.100 | 0.273 |

Table 23: kcal/Bite by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | 0.034 | 0.140 | 336.946 | 0.245 | 0.807 |
| scale(avg_vas) | -0.091 | 0.064 | 221.062 | -1.409 | 0.160 |
| scale(freddy_pre_meal) | 0.089 | 0.059 | 298.691 | 1.497 | 0.135 |
| ps_order | -0.039 | 0.040 | 254.756 | -0.988 | 0.324 |
| ps_prop | 0.132 | 0.120 | 255.845 | 1.100 | 0.273 |

Table 24: g/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.113 | 0.125 | 245.884 | -0.908 | 0.365 |
| scale(avg_vas) | 0.013 | 0.059 | 328.820 | 0.220 | 0.826 |
| scale(freddy_pre_meal) | -0.050 | 0.050 | 335.217 | -0.997 | 0.320 |
| ps_order | 0.028 | 0.029 | 252.002 | 0.955 | 0.341 |
| ps_prop | 0.108 | 0.087 | 252.584 | 1.230 | 0.220 |

Table 25: kcal/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.223 | 0.123 | 241.276 | -1.815 | 0.071 |
| scale(avg_vas) | 0.028 | 0.058 | 331.124 | 0.493 | 0.622 |
| scale(freddy_pre_meal) | -0.104 | 0.049 | 334.090 | -2.123 | 0.034 |
| ps_order | 0.048 | 0.028 | 252.415 | 1.704 | 0.090 |
| ps_prop | 0.231 | 0.085 | 252.975 | 2.723 | 0.007 |

Table 26: g/min (active) by Portion Size Meal

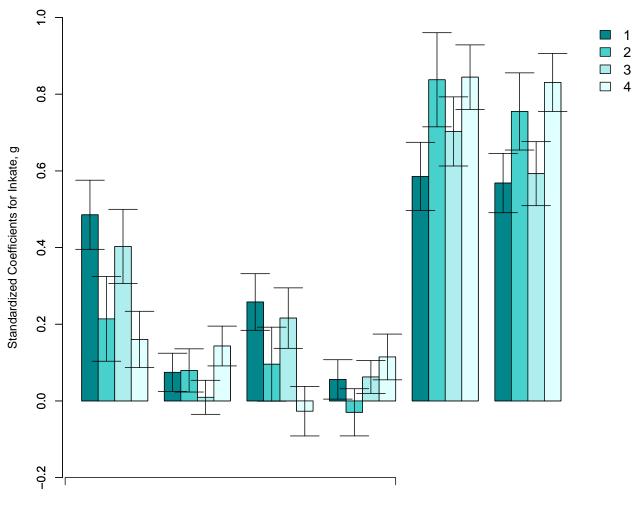
| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.040 | 0.128 | 272.407 | -0.315 | 0.753 |
| scale(avg_vas) | -0.059 | 0.061 | 313.204 | -0.969 | 0.333 |
| scale(freddy_pre_meal) | -0.008 | 0.053 | 338.837 | -0.149 | 0.882 |
| ps_order | 0.008 | 0.031 | 252.688 | 0.266 | 0.790 |
| ps_prop | 0.041 | 0.095 | 253.378 | 0.432 | 0.666 |

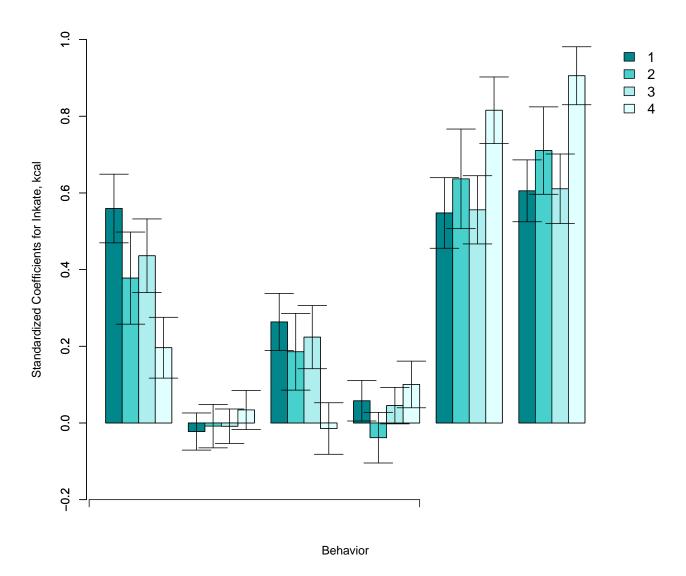
Table 27: kcal/min (active) by Portion Size Meal

| | Estimate | Std. Error | df | t value | $\Pr(> t)$ |
|------------------------|----------|------------|---------|---------|-------------|
| (Intercept) | -0.160 | 0.126 | 262.745 | -1.272 | 0.205 |
| scale(avg_vas) | -0.039 | 0.060 | 320.330 | -0.647 | 0.518 |
| scale(freddy_pre_meal) | -0.072 | 0.052 | 337.951 | -1.401 | 0.162 |
| ps_order | 0.031 | 0.030 | 253.143 | 1.034 | 0.302 |
| ps_prop | 0.174 | 0.091 | 253.786 | 1.919 | 0.056 |

4 Replication of 'Obesogenic' Style of Eating

4.1 Association with Intake





4.1.1 Portion Size 1

Table 28: Portion Size 1 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.069 | 0.057 | 1.205 | 0.232 |
| $scale(ps1_freddy_pre_meal)$ | -0.006 | 0.041 | -0.150 | 0.881 |
| sexFemale | -0.139 | 0.085 | -1.642 | 0.105 |
| $scale(age_yr)$ | -0.016 | 0.041 | -0.395 | 0.694 |
| $scale(ps1_avg_vas)$ | 0.042 | 0.040 | 1.040 | 0.302 |
| scale(ps1_nbites) | 0.486 | 0.090 | 5.387 | 0.000 |
| $scale(ps1_nsips)$ | 0.075 | 0.050 | 1.497 | 0.138 |
| $scale(ps1_bite_size_g)$ | 0.258 | 0.074 | 3.494 | 0.001 |
| $scale(ps1_prop_active)$ | 0.056 | 0.051 | 1.092 | 0.278 |
| $scale(ps1_meal_duration)$ | 0.586 | 0.089 | 6.583 | 0.000 |
| $scale(ps1_eat_rate_g)$ | 0.568 | 0.077 | 7.346 | 0.000 |

Table 29: Portion Size 1 - Relative Weighting Analysis, grams

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|----------------------|---------------|--------------------|------|
| ps1_freddy_pre_meal | 0.006 | 0.695 | - |
| sex_num | 0.011 | 1.191 | - |
| age_yr | 0.003 | 0.327 | + |
| ps1_avg_vas | 0.018 | 1.994 | + |
| ps1_nbites | 0.262 | 29.676 | + |
| ps1_nsips | 0.096 | 10.850 | + |
| $ps1_bite_size_g$ | 0.074 | 8.406 | + |
| ps1_prop_active | 0.040 | 4.555 | + |
| ps1_meal_duration | 0.213 | 24.100 | + |
| ps1_eat_rate_g | 0.161 | 18.207 | + |

Table 30: Portion Size 1 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.081 | 0.059 | 1.369 | 0.175 |
| $scale(ps1_freddy_pre_meal)$ | 0.014 | 0.043 | 0.319 | 0.751 |
| sexFemale | -0.165 | 0.088 | -1.871 | 0.065 |
| $scale(age_yr)$ | -0.041 | 0.041 | -0.992 | 0.324 |
| $scale(ps1_avg_vas)$ | 0.059 | 0.042 | 1.419 | 0.160 |
| scale(ps1_nbites) | 0.559 | 0.090 | 6.249 | 0.000 |
| $scale(ps1_nsips)$ | -0.022 | 0.048 | -0.461 | 0.646 |
| $scale(ps1_bite_size_kcal)$ | 0.264 | 0.074 | 3.544 | 0.001 |
| $scale(ps1_prop_active)$ | 0.058 | 0.053 | 1.098 | 0.276 |
| $scale(ps1_meal_duration)$ | 0.548 | 0.092 | 5.950 | 0.000 |
| $scale(ps1_eat_rate_kcal)$ | 0.606 | 0.081 | 7.505 | 0.000 |

Table 31: Portion Size 1 - Relative Weighting Analysis, kcal

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|-----------------------|---------------|--------------------|------|
| ps1_freddy_pre_meal | 0.006 | 0.682 | _ |
| sex_num | 0.017 | 1.929 | - |
| age_yr | 0.010 | 1.094 | - |
| $ps1_avg_vas$ | 0.020 | 2.293 | + |
| ps1_nbites | 0.295 | 33.720 | + |
| ps1_nsips | 0.027 | 3.130 | + |
| ps1_bite_size_kcal | 0.081 | 9.273 | + |
| ps1_prop_active | 0.053 | 6.051 | + |
| $ps1_meal_duration$ | 0.178 | 20.325 | + |
| ps1_eat_rate_kcal | 0.188 | 21.502 | + |

4.1.2 Portion Size 2

Table 32: Portion Size 2 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.024 | 0.073 | 0.329 | 0.743 |
| $scale(ps2_freddy_pre_meal)$ | -0.011 | 0.057 | -0.200 | 0.842 |
| sexFemale | -0.078 | 0.114 | -0.687 | 0.494 |
| $scale(age_yr)$ | 0.004 | 0.053 | 0.079 | 0.937 |
| $scale(ps2_avg_vas)$ | 0.043 | 0.056 | 0.768 | 0.445 |
| $scale(ps2_nbites)$ | 0.214 | 0.110 | 1.937 | 0.056 |
| $scale(ps2_nsips)$ | 0.080 | 0.056 | 1.412 | 0.162 |
| $scale(ps2_bite_size_g)$ | 0.096 | 0.097 | 0.991 | 0.325 |
| $scale(ps2_prop_active)$ | -0.030 | 0.062 | -0.483 | 0.631 |
| $scale(ps2_meal_duration)$ | 0.838 | 0.123 | 6.823 | 0.000 |
| $scale(ps2_eat_rate_g)$ | 0.755 | 0.101 | 7.502 | 0.000 |

Table 33: Portion Size 2 - Relative Weighting Analysis, grams

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|-----------------------|---------------|--------------------|------|
| ps2_freddy_pre_meal | 0.029 | 3.577 | - |
| sex_num | 0.019 | 2.339 | - |
| age_yr | 0.009 | 1.062 | - |
| $ps2_avg_vas$ | 0.014 | 1.700 | + |
| $ps2_nbites$ | 0.181 | 22.148 | + |
| ps2_nsips | 0.069 | 8.437 | + |
| $ps2_bite_size_g$ | 0.058 | 7.143 | + |
| $ps2_prop_active$ | 0.019 | 2.325 | - |
| $ps2_meal_duration$ | 0.240 | 29.461 | + |
| $ps2_eat_rate_g$ | 0.178 | 21.808 | + |

Table 34: Portion Size 2 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.005 | 0.077 | 0.069 | 0.945 |
| $scale(ps2_freddy_pre_meal)$ | -0.025 | 0.060 | -0.409 | 0.684 |
| sexFemale | -0.037 | 0.120 | -0.310 | 0.758 |
| $scale(age_yr)$ | -0.012 | 0.056 | -0.209 | 0.835 |
| $scale(ps2_avg_vas)$ | 0.018 | 0.059 | 0.310 | 0.757 |
| $scale(ps2_nbites)$ | 0.378 | 0.120 | 3.146 | 0.002 |
| $scale(ps2_nsips)$ | -0.008 | 0.057 | -0.144 | 0.886 |
| $scale(ps2_bite_size_kcal)$ | 0.186 | 0.100 | 1.856 | 0.067 |
| $scale(ps2_prop_active)$ | -0.038 | 0.066 | -0.580 | 0.563 |
| $scale(ps2_meal_duration)$ | 0.637 | 0.130 | 4.902 | 0.000 |
| $scale(ps2_eat_rate_kcal)$ | 0.711 | 0.114 | 6.232 | 0.000 |

Table 35: Portion Size 2 - Relative Weighting Analysis, kcal

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|-------------------------|---------------|--------------------|------|
| ps2_freddy_pre_meal | 0.040 | 5.073 | _ |
| sex_num | 0.007 | 0.882 | - |
| age_yr | 0.008 | 0.964 | - |
| $ps2_avg_vas$ | 0.009 | 1.126 | + |
| $ps2_nbites$ | 0.235 | 29.748 | + |
| ps2_nsips | 0.009 | 1.138 | + |
| $ps2_bite_size_kcal$ | 0.077 | 9.719 | + |
| $ps2_prop_active$ | 0.014 | 1.799 | - |
| $ps2_meal_duration$ | 0.176 | 22.298 | + |
| $ps2_eat_rate_kcal$ | 0.215 | 27.253 | + |

4.1.3 Portion Size 3

Table 36: Portion Size 3 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | -0.020 | 0.054 | -0.366 | 0.715 |
| $scale(ps3_freddy_pre_meal)$ | -0.028 | 0.041 | -0.671 | 0.504 |
| sexFemale | 0.050 | 0.078 | 0.641 | 0.524 |
| $scale(age_yr)$ | -0.028 | 0.039 | -0.707 | 0.482 |
| $scale(ps3_avg_vas)$ | 0.052 | 0.038 | 1.375 | 0.173 |
| scale(ps3_nbites) | 0.403 | 0.097 | 4.163 | 0.000 |
| $scale(ps3_nsips)$ | 0.009 | 0.044 | 0.212 | 0.833 |
| $scale(ps3_bite_size_g)$ | 0.216 | 0.079 | 2.739 | 0.008 |
| $scale(ps3_prop_active)$ | 0.062 | 0.043 | 1.454 | 0.150 |
| $scale(ps3_meal_duration)$ | 0.703 | 0.090 | 7.796 | 0.000 |
| $scale(ps3_eat_rate_g)$ | 0.593 | 0.083 | 7.099 | 0.000 |

Table 37: Portion Size 3 - Relative Weighting Analysis, grams

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|----------------------|---------------|--------------------|------|
| ps3_freddy_pre_meal | 0.036 | 4.002 | - |
| sex_num | 0.003 | 0.348 | + |
| age_yr | 0.008 | 0.842 | - |
| $ps3_avg_vas$ | 0.011 | 1.206 | + |
| ps3_nbites | 0.262 | 29.287 | + |
| ps3_nsips | 0.061 | 6.836 | + |
| $ps3_bite_size_g$ | 0.068 | 7.572 | + |
| ps3_prop_active | 0.031 | 3.405 | + |
| ps3_meal_duration | 0.253 | 28.276 | + |
| $ps3_eat_rate_g$ | 0.163 | 18.226 | + |

Table 38: Portion Size 3 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|-------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.014 | 0.059 | 0.234 | 0.816 |
| scale(ps3_freddy_pre_meal) | 0.014 | 0.044 | 0.322 | 0.748 |
| sexFemale | -0.014 | 0.085 | -0.164 | 0.870 |
| $scale(age_yr)$ | -0.037 | 0.042 | -0.875 | 0.384 |
| $scale(ps3_avg_vas)$ | 0.071 | 0.041 | 1.745 | 0.085 |
| scale(ps3_nbites) | 0.436 | 0.096 | 4.541 | 0.000 |
| $scale(ps3_nsips)$ | -0.008 | 0.045 | -0.189 | 0.851 |
| scale(ps3_bite_size_kcal) | 0.224 | 0.082 | 2.719 | 0.008 |
| scale(ps3_prop_active) | 0.045 | 0.048 | 0.952 | 0.344 |
| $scale(ps3_meal_duration)$ | 0.556 | 0.089 | 6.249 | 0.000 |
| $scale(ps3_eat_rate_kcal)$ | 0.611 | 0.091 | 6.732 | 0.000 |

Table 39: Portion Size 3 - Relative Weighting Analysis, kcal

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|-------------------------|---------------|--------------------|------|
| ps3_freddy_pre_meal | 0.040 | 4.562 | - |
| sex_num | 0.004 | 0.459 | - |
| age_yr | 0.010 | 1.181 | - |
| $ps3_avg_vas$ | 0.010 | 1.187 | + |
| $ps3_nbites$ | 0.254 | 28.869 | + |
| ps3_nsips | 0.013 | 1.519 | + |
| $ps3_bite_size_kcal$ | 0.101 | 11.449 | + |
| $ps3_prop_active$ | 0.045 | 5.116 | + |
| $ps3_meal_duration$ | 0.194 | 22.004 | + |
| $ps3_eat_rate_kcal$ | 0.208 | 23.655 | + |

4.1.4 Portion Size 4

Table 40: Portion Size 4 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.063 | 0.070 | 0.906 | 0.368 |
| scale(ps4_freddy_pre_meal) | -0.035 | 0.048 | -0.715 | 0.477 |
| sexFemale | -0.134 | 0.099 | -1.363 | 0.177 |
| $scale(age_yr)$ | 0.006 | 0.050 | 0.113 | 0.910 |
| $scale(ps4_avg_vas)$ | 0.053 | 0.048 | 1.102 | 0.274 |
| scale(ps4_nbites) | 0.160 | 0.073 | 2.183 | 0.032 |
| $scale(ps4_nsips)$ | 0.143 | 0.052 | 2.760 | 0.007 |
| $scale(ps4_bite_size_g)$ | -0.027 | 0.065 | -0.415 | 0.680 |
| $scale(ps4_prop_active)$ | 0.115 | 0.060 | 1.923 | 0.059 |
| $scale(ps4_meal_duration)$ | 0.844 | 0.084 | 10.024 | 0.000 |
| $scale(ps4_eat_rate_g)$ | 0.831 | 0.076 | 10.976 | 0.000 |

Table 41: Portion Size 4 - Relative Weighting Analysis, grams

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|-----------------------|---------------|--------------------|------|
| ps4_freddy_pre_meal | 0.011 | 1.329 | - |
| sex_num | 0.006 | 0.750 | - |
| age_yr | 0.006 | 0.760 | + |
| $ps4_avg_vas$ | 0.012 | 1.425 | + |
| ps4_nbites | 0.165 | 19.395 | + |
| ps4_nsips | 0.121 | 14.227 | + |
| $ps4_bite_size_g$ | 0.024 | 2.848 | + |
| ps4_prop_active | 0.026 | 3.105 | + |
| $ps4_meal_duration$ | 0.258 | 30.275 | + |
| ps4_eat_rate_g | 0.220 | 25.887 | + |

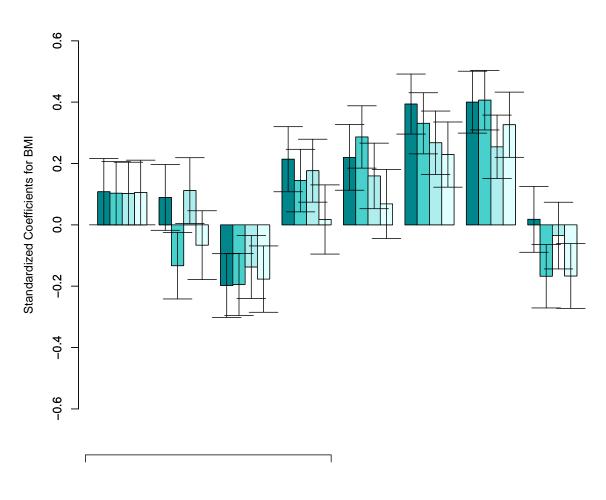
Table 42: Portion Size 4 - Standardized Coefficitens for Association Between Eating Behaivors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|-------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.027 | 0.073 | 0.366 | 0.715 |
| scale(ps4_freddy_pre_meal) | -0.025 | 0.050 | -0.500 | 0.619 |
| sexFemale | -0.072 | 0.104 | -0.693 | 0.490 |
| $scale(age_yr)$ | -0.056 | 0.052 | -1.068 | 0.289 |
| $scale(ps4_avg_vas)$ | 0.056 | 0.051 | 1.109 | 0.271 |
| scale(ps4_nbites) | 0.196 | 0.079 | 2.475 | 0.016 |
| $scale(ps4_nsips)$ | 0.034 | 0.051 | 0.670 | 0.505 |
| scale(ps4_bite_size_kcal) | -0.014 | 0.067 | -0.215 | 0.830 |
| $scale(ps4_prop_active)$ | 0.100 | 0.061 | 1.652 | 0.103 |
| $scale(ps4_meal_duration)$ | 0.816 | 0.087 | 9.392 | 0.000 |
| $scale(ps4_eat_rate_kcal)$ | 0.906 | 0.076 | 11.977 | 0.000 |

Table 43: Portion Size 4 - Relative Weighting Analysis, kcal

| Variables | Raw.RelWeight | Rescaled.RelWeight | Sign |
|------------------------|---------------|--------------------|------|
| ps4_freddy_pre_meal | 0.011 | 1.273 | - |
| sex_num | 0.007 | 0.796 | - |
| age_yr | 0.014 | 1.618 | - |
| $ps4_avg_vas$ | 0.015 | 1.763 | + |
| ps4_nbites | 0.192 | 22.862 | + |
| ps4_nsips | 0.018 | 2.093 | + |
| ps4_bite_size_kcal | 0.034 | 4.115 | + |
| ps4_prop_active | 0.025 | 3.006 | + |
| $ps4_meal_duration$ | 0.232 | 27.740 | + |
| $ps4_eat_rate_kcal$ | 0.291 | 34.735 | + |

4.2 Associaiton with BMI Percentile



1234

Behavior

4.2.1 Portion Size 1

Table 44: Portion Size 1 - FDR adjusted pvalues

| | ps1_bmi_adj |
|---|---|
| Bites Sips Meal Duration Bite Size, g Bite Size, kcal | 0.659 0.542 0.097 0.094 0.094 |
| Eat Rate, g Eat Rate, kcal Prop Active | 0.001 0.001 0.867 |

Table 45: Portion Size 1 - Standardized Coefficitens for Association Between Bites and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | -0.020 | 0.151 | -0.134 | 0.894 |
| $scale(ps1_freddy_pre_meal)$ | -0.117 | 0.110 | -1.070 | 0.288 |
| sexFemale | 0.037 | 0.215 | 0.173 | 0.863 |
| $scale(age_yr)$ | -0.088 | 0.109 | -0.808 | 0.421 |
| $scale(ps1_avg_vas)$ | 0.152 | 0.109 | 1.395 | 0.167 |
| $scale(bmi_percentile)$ | -0.061 | 0.108 | -0.561 | 0.576 |

Table 46: Portion Size 1 - Standardized Coefficitens for Association Between Sips and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.064 | 0.150 | -0.430 | 0.668 |
| $scale(ps1_freddy_pre_meal)$ | 0.119 | 0.109 | 1.094 | 0.277 |
| sexFemale | 0.124 | 0.214 | 0.582 | 0.562 |
| $scale(age_yr)$ | -0.175 | 0.109 | -1.608 | 0.112 |
| $scale(ps1_avg_vas)$ | 0.066 | 0.108 | 0.615 | 0.540 |
| $scale(bmi_percentile)$ | 0.089 | 0.107 | 0.834 | 0.407 |

Table 47: Portion Size 1 - Standardized Coefficitens for Association Between Bite Size (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.058 | 0.148 | 0.388 | 0.699 |
| $scale(ps1_freddy_pre_meal)$ | -0.004 | 0.108 | -0.041 | 0.968 |
| sexFemale | -0.108 | 0.212 | -0.510 | 0.611 |
| $scale(age_yr)$ | 0.197 | 0.107 | 1.834 | 0.070 |
| $scale(ps1_avg_vas)$ | 0.006 | 0.107 | 0.054 | 0.957 |
| $scale(bmi_percentile)$ | 0.214 | 0.106 | 2.016 | 0.047 |

Table 48: Portion Size 1 - Standardized Coefficitens for Association Between Bite Size (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.075 | 0.149 | 0.505 | 0.615 |
| $scale(ps1_freddy_pre_meal)$ | -0.048 | 0.109 | -0.440 | 0.661 |
| sexFemale | -0.149 | 0.213 | -0.700 | 0.486 |
| $scale(age_yr)$ | 0.059 | 0.108 | 0.546 | 0.587 |
| $scale(ps1_avg_vas)$ | -0.021 | 0.108 | -0.193 | 0.848 |
| $scale(bmi_percentile)$ | 0.220 | 0.107 | 2.054 | 0.043 |

Table 49: Portion Size 1 - Standardized Coefficitens for Association Between Proportion Active Eating and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.115 | 0.150 | 0.764 | 0.447 |
| scale(ps1_freddy_pre_meal) | -0.167 | 0.109 | -1.529 | 0.130 |
| sexFemale | -0.228 | 0.214 | -1.063 | 0.291 |
| $scale(age_yr)$ | 0.107 | 0.109 | 0.983 | 0.329 |
| $scale(ps1_avg_vas)$ | 0.127 | 0.108 | 1.175 | 0.243 |
| $scale(bmi_percentile)$ | 0.018 | 0.107 | 0.167 | 0.867 |

Table 50: Portion Size 1 - Standardized Coefficitens for Association Between Meal Duration and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.180 | 0.145 | 1.236 | 0.220 |
| $scale(ps1_freddy_pre_meal)$ | -0.120 | 0.106 | -1.138 | 0.258 |
| sexFemale | -0.369 | 0.207 | -1.781 | 0.079 |
| $scale(age_yr)$ | -0.138 | 0.105 | -1.313 | 0.193 |
| $scale(ps1_avg_vas)$ | 0.140 | 0.105 | 1.337 | 0.185 |
| scale(bmi_percentile) | -0.198 | 0.104 | -1.903 | 0.060 |

Table 51: Portion Size 1 - Standardized Coefficitens for Association Between Eating Rate (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | -0.136 | 0.137 | -0.998 | 0.321 |
| $scale(ps1_freddy_pre_meal)$ | 0.044 | 0.099 | 0.447 | 0.656 |
| sexFemale | 0.286 | 0.195 | 1.468 | 0.146 |
| $scale(age_yr)$ | 0.229 | 0.099 | 2.306 | 0.024 |
| $scale(ps1_avg_vas)$ | 0.029 | 0.099 | 0.295 | 0.769 |
| $scale(bmi_percentile)$ | 0.394 | 0.098 | 4.024 | 0.000 |

Table 52: Portion Size 1 - Standardized Coefficitens for Association Between Eating Rate (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.078 | 0.141 | -0.551 | 0.583 |
| $scale(ps1_freddy_pre_meal)$ | 0.042 | 0.103 | 0.414 | 0.680 |
| sexFemale | 0.162 | 0.201 | 0.806 | 0.423 |
| $scale(age_yr)$ | 0.080 | 0.102 | 0.781 | 0.437 |
| $scale(ps1_avg_vas)$ | 0.003 | 0.102 | 0.034 | 0.973 |
| $scale(bmi_percentile)$ | 0.400 | 0.101 | 3.964 | 0.000 |

Table 53: Portion Size 1 - FDR Adjusted p-values for the effect of BMI Percentile on Microstructure

| | ps1_bmi_adj |
|-----------------|-------------|
| Bites | 0.659 |
| Sips | 0.542 |
| Meal Duration | 0.097 |
| Bite Size, g | 0.094 |
| Bite Size, kcal | 0.094 |
| Eat Rate, g | 0.001 |
| Eat Rate, kcal | 0.001 |
| Prop Active | 0.867 |

4.2.2 Portion Size 2

Table 54: Portion Size 2 - FDR adjusted pvalues

| | $ps2_bmi_adj$ |
|---------------------------------|------------------|
| Bites | 0.538 |
| Sips | 0.254 |
| Meal Duration | $0.116 \\ 0.214$ |
| Bite Size, g Bite Size, kcal | 0.214 |
| Eat Rate, g | 0.005 |
| Eat Rate, kcal Prop Active | $0.001 \\ 0.174$ |

Table 55: Portion Size 2 - Standardized Coefficitens for Association Between Bites and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | -0.141 | 0.142 | -0.993 | 0.324 |
| $scale(ps2_freddy_pre_meal)$ | -0.251 | 0.104 | -2.401 | 0.019 |
| sexFemale | 0.318 | 0.209 | 1.523 | 0.132 |
| $scale(age_yr)$ | -0.194 | 0.104 | -1.863 | 0.066 |
| $scale(ps2_avg_vas)$ | 0.136 | 0.104 | 1.298 | 0.198 |
| $scale(bmi_percentile)$ | -0.064 | 0.103 | -0.619 | 0.538 |

Table 56: Portion Size 2 - Standardized Coefficitens for Association Between Sips and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.033 | 0.149 | 0.223 | 0.824 |
| $scale(ps2_freddy_pre_meal)$ | -0.017 | 0.110 | -0.153 | 0.878 |
| sexFemale | -0.065 | 0.219 | -0.297 | 0.767 |
| $scale(age_yr)$ | -0.226 | 0.110 | -2.055 | 0.043 |
| $scale(ps2_avg_vas)$ | 0.026 | 0.110 | 0.233 | 0.816 |
| $scale(bmi_percentile)$ | -0.133 | 0.108 | -1.229 | 0.223 |

Table 57: Portion Size 2 - Standardized Coefficitens for Association Between Bite Size (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.288 | 0.140 | 2.052 | 0.043 |
| $scale(ps2_freddy_pre_meal)$ | 0.149 | 0.103 | 1.443 | 0.153 |
| sexFemale | -0.613 | 0.206 | -2.969 | 0.004 |
| $scale(age_yr)$ | 0.197 | 0.103 | 1.912 | 0.059 |
| $scale(ps2_avg_vas)$ | 0.064 | 0.103 | 0.616 | 0.540 |
| $scale(bmi_percentile)$ | 0.144 | 0.102 | 1.415 | 0.161 |

Table 58: Portion Size 2 - Standardized Coefficitens for Association Between Bite Size (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.230 | 0.140 | 1.644 | 0.104 |
| $scale(ps2_freddy_pre_meal)$ | 0.041 | 0.103 | 0.395 | 0.694 |
| sexFemale | -0.497 | 0.206 | -2.415 | 0.018 |
| $scale(age_yr)$ | 0.216 | 0.103 | 2.094 | 0.039 |
| $scale(ps2_avg_vas)$ | 0.050 | 0.103 | 0.483 | 0.630 |
| $scale(bmi_percentile)$ | 0.287 | 0.102 | 2.819 | 0.006 |

Table 59: Portion Size 2 - Standardized Coefficitens for Association Between Proportion Active Eating and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.070 | 0.142 | 0.492 | 0.624 |
| $scale(ps2_freddy_pre_meal)$ | -0.177 | 0.105 | -1.690 | 0.095 |
| sexFemale | -0.147 | 0.209 | -0.703 | 0.484 |
| $scale(age_yr)$ | 0.059 | 0.105 | 0.562 | 0.576 |
| $scale(ps2_avg_vas)$ | 0.331 | 0.105 | 3.155 | 0.002 |
| $scale(bmi_percentile)$ | -0.168 | 0.103 | -1.621 | 0.109 |

Table 60: Portion Size 2 - Standardized Coefficitens for Association Between Meal Duration and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.102 | 0.139 | 0.730 | 0.467 |
| $scale(ps2_freddy_pre_meal)$ | -0.238 | 0.102 | -2.326 | 0.023 |
| sexFemale | -0.188 | 0.205 | -0.921 | 0.360 |
| $scale(age_yr)$ | -0.302 | 0.102 | -2.951 | 0.004 |
| $scale(ps2_avg_vas)$ | 0.042 | 0.102 | 0.414 | 0.680 |
| $scale(bmi_percentile)$ | -0.194 | 0.101 | -1.921 | 0.058 |

 $\begin{tabular}{ll} Table 61: Portion Size 2 - Standardized Coefficitens for Association Between Eating Rate (g) and BMI Percentile (adjusted for age, sex, liking, and fullness) \\ \end{tabular}$

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.105 | 0.137 | 0.762 | 0.448 |
| scale(ps2_freddy_pre_meal) | -0.036 | 0.101 | -0.355 | 0.724 |
| sexFemale | -0.230 | 0.202 | -1.141 | 0.257 |
| $scale(age_yr)$ | 0.304 | 0.101 | 3.015 | 0.003 |
| $scale(ps2_avg_vas)$ | 0.126 | 0.101 | 1.250 | 0.215 |
| $scale(bmi_percentile)$ | 0.331 | 0.100 | 3.322 | 0.001 |

Table 62: Portion Size 2 - Standardized Coefficitens for Association Between Eating Rate (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.041 | 0.134 | 0.306 | 0.760 |
| $scale(ps2_freddy_pre_meal)$ | -0.077 | 0.098 | -0.786 | 0.434 |
| sexFemale | -0.100 | 0.197 | -0.508 | 0.613 |
| $scale(age_yr)$ | 0.280 | 0.098 | 2.841 | 0.006 |
| $scale(ps2_avg_vas)$ | 0.103 | 0.098 | 1.042 | 0.301 |
| $scale(bmi_percentile)$ | 0.407 | 0.097 | 4.183 | 0.000 |

Table 63: Portion Size 2 - FDR Adjusted p-values for the effect of BMI Percentile on Microstructure

| | ps2_bmi_adj |
|-----------------|-------------|
| Bites | 0.538 |
| Sips | 0.254 |
| Meal Duration | 0.116 |
| Bite Size, g | 0.214 |
| Bite Size, kcal | 0.016 |
| Eat Rate, g | 0.005 |
| Eat Rate, kcal | 0.001 |
| Prop Active | 0.174 |

4.2.3 Portion Size 3

Table 64: Portion Size 3 - FDR adjusted pvalues

| | $ps3_bmi_adj$ |
|-----------------|------------------|
| Bites Sips | $0.919 \\ 0.401$ |
| Meal Duration | 0.296 |
| Bite Size, g | 0.238 |
| Bite Size, kcal | 0.279 |
| Eat Rate, g | 0.065 |
| Eat Rate, kcal | 0.065 |
| Prop Active | 0.855 |

Table 65: Portion Size 3 - Standardized Coefficitens for Association Between Bites and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.182 | 0.146 | -1.245 | 0.217 |
| $scale(ps3_freddy_pre_meal)$ | -0.307 | 0.104 | -2.964 | 0.004 |
| sexFemale | 0.348 | 0.206 | 1.689 | 0.095 |
| $scale(age_yr)$ | -0.141 | 0.105 | -1.346 | 0.182 |
| $scale(ps3_avg_vas)$ | -0.005 | 0.103 | -0.049 | 0.961 |
| $scale(bmi_percentile)$ | 0.010 | 0.102 | 0.102 | 0.919 |

Table 66: Portion Size 3 - Standardized Coefficitens for Association Between Sips and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.109 | 0.154 | 0.706 | 0.482 |
| $scale(ps3_freddy_pre_meal)$ | -0.084 | 0.109 | -0.772 | 0.442 |
| sexFemale | -0.225 | 0.217 | -1.040 | 0.301 |
| $scale(age_yr)$ | -0.111 | 0.110 | -1.008 | 0.316 |
| $scale(ps3_avg_vas)$ | 0.057 | 0.108 | 0.525 | 0.601 |
| $scale(bmi_percentile)$ | 0.112 | 0.107 | 1.041 | 0.301 |

Table 67: Portion Size 3 - Standardized Coefficitens for Association Between Bite Size (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.204 | 0.147 | 1.387 | 0.169 |
| $scale(ps3_freddy_pre_meal)$ | 0.237 | 0.104 | 2.279 | 0.025 |
| sexFemale | -0.402 | 0.208 | -1.929 | 0.057 |
| $scale(age_yr)$ | 0.111 | 0.105 | 1.053 | 0.296 |
| $scale(ps3_avg_vas)$ | 0.104 | 0.104 | 1.001 | 0.320 |
| scale(bmi_percentile) | 0.177 | 0.103 | 1.721 | 0.089 |

Table 68: Portion Size 3 - Standardized Coefficitens for Association Between Bite Size (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.170 | 0.153 | 1.109 | 0.271 |
| $scale(ps3_freddy_pre_meal)$ | 0.068 | 0.108 | 0.627 | 0.533 |
| sexFemale | -0.337 | 0.217 | -1.551 | 0.125 |
| $scale(age_yr)$ | 0.073 | 0.110 | 0.662 | 0.510 |
| $scale(ps3_avg_vas)$ | 0.075 | 0.108 | 0.691 | 0.491 |
| scale(bmi_percentile) | 0.159 | 0.107 | 1.493 | 0.139 |

Table 69: Portion Size 3 - Standardized Coefficitens for Association Between Proportion Active Eating and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.012 | 0.156 | -0.074 | 0.941 |
| $scale(ps3_freddy_pre_meal)$ | -0.034 | 0.110 | -0.310 | 0.757 |
| sexFemale | 0.036 | 0.220 | 0.164 | 0.870 |
| $scale(age_yr)$ | 0.150 | 0.111 | 1.343 | 0.183 |
| $scale(ps3_avg_vas)$ | 0.064 | 0.110 | 0.579 | 0.564 |
| $scale(bmi_percentile)$ | -0.035 | 0.109 | -0.322 | 0.748 |

Table 70: Portion Size 3 - Standardized Coefficitens for Association Between Meal Duration and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.064 | 0.147 | 0.431 | 0.667 |
| $scale(ps3_freddy_pre_meal)$ | -0.223 | 0.104 | -2.137 | 0.036 |
| sexFemale | -0.145 | 0.207 | -0.697 | 0.488 |
| $scale(age_yr)$ | -0.240 | 0.105 | -2.278 | 0.025 |
| $scale(ps3_avg_vas)$ | 0.094 | 0.104 | 0.902 | 0.370 |
| $scale(bmi_percentile)$ | -0.137 | 0.103 | -1.337 | 0.185 |

 $\begin{tabular}{ll} Table 71: Portion Size 3 - Standardized Coefficitens for Association Between Eating Rate (g) and BMI Percentile (adjusted for age, sex, liking, and fullness) \\ \end{tabular}$

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.004 | 0.148 | 0.024 | 0.981 |
| $scale(ps3_freddy_pre_meal)$ | -0.053 | 0.105 | -0.508 | 0.613 |
| sexFemale | 0.005 | 0.210 | 0.026 | 0.980 |
| $scale(age_yr)$ | 0.233 | 0.106 | 2.191 | 0.031 |
| $scale(ps3_avg_vas)$ | -0.029 | 0.104 | -0.277 | 0.783 |
| scale(bmi_percentile) | 0.268 | 0.103 | 2.588 | 0.011 |

Table 72: Portion Size 3 - Standardized Coefficitens for Association Between Eating Rate (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.041 | 0.148 | 0.279 | 0.781 |
| scale(ps3_freddy_pre_meal) | -0.163 | 0.105 | -1.555 | 0.124 |
| sexFemale | -0.076 | 0.210 | -0.360 | 0.720 |
| $scale(age_yr)$ | 0.160 | 0.106 | 1.506 | 0.136 |
| $scale(ps3_avg_vas)$ | -0.049 | 0.104 | -0.470 | 0.639 |
| $scale(bmi_percentile)$ | 0.254 | 0.103 | 2.458 | 0.016 |

Table 73: Portion Size 3 - FDR Adjusted p-values for the effect of BMI Percentile on Microstructure

| | ps3_bmi_adj |
|---|---|
| Bites Sips Meal Duration Bite Size, g Bite Size, kcal | 0.919 0.401 0.296 0.238 0.279 |
| Eat Rate, g Eat Rate, kcal Prop Active | 0.065 0.065 0.855 |

4.2.4 Portion Size 4

Table 74: Portion Size 4 - FDR adjusted pvalues

| | $ps4_bmi_adj$ |
|-----------------|-----------------|
| Bites | 0.636 |
| Sips | 0.636 |
| Meal Duration | 0.236 |
| Bite Size, g | 0.877 |
| Bite Size, kcal | 0.636 |
| Eat Rate, g | 0.137 |
| Eat Rate, kcal | 0.024 |
| Prop Active | 0.236 |

Table 75: Portion Size 4 - Standardized Coefficitens for Association Between Bites and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.147 | 0.155 | -0.953 | 0.344 |
| scale(ps4_freddy_pre_meal) | -0.118 | 0.107 | -1.103 | 0.273 |
| sexFemale | 0.276 | 0.214 | 1.289 | 0.201 |
| $scale(age_yr)$ | -0.164 | 0.108 | -1.520 | 0.133 |
| $scale(ps4_avg_vas)$ | 0.276 | 0.107 | 2.589 | 0.012 |
| $scale(bmi_percentile)$ | -0.065 | 0.105 | -0.616 | 0.539 |

Table 76: Portion Size 4 - Standardized Coefficitens for Association Between Sips and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.034 | 0.165 | 0.205 | 0.838 |
| scale(ps4_freddy_pre_meal) | 0.075 | 0.114 | 0.663 | 0.509 |
| sexFemale | -0.064 | 0.228 | -0.280 | 0.780 |
| $scale(age_yr)$ | 0.097 | 0.115 | 0.846 | 0.400 |
| $scale(ps4_avg_vas)$ | -0.050 | 0.114 | -0.440 | 0.661 |
| $scale(bmi_percentile)$ | -0.066 | 0.112 | -0.591 | 0.556 |

Table 77: Portion Size 4 - Standardized Coefficitens for Association Between Bite Size (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.049 | 0.168 | -0.293 | 0.770 |
| $scale(ps4_freddy_pre_meal)$ | 0.033 | 0.114 | 0.288 | 0.774 |
| sexFemale | 0.095 | 0.230 | 0.412 | 0.682 |
| $scale(age_yr)$ | -0.010 | 0.117 | -0.087 | 0.931 |
| $scale(ps4_avg_vas)$ | -0.152 | 0.114 | -1.335 | 0.186 |
| $scale(bmi_percentile)$ | 0.017 | 0.113 | 0.155 | 0.877 |

Table 78: Portion Size 4 - Standardized Coefficitens for Association Between Bite Size (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.024 | 0.167 | -0.142 | 0.888 |
| scale(ps4_freddy_pre_meal) | 0.002 | 0.114 | 0.016 | 0.987 |
| sexFemale | 0.046 | 0.230 | 0.202 | 0.840 |
| $scale(age_yr)$ | -0.073 | 0.117 | -0.626 | 0.533 |
| $scale(ps4_avg_vas)$ | -0.136 | 0.114 | -1.190 | 0.238 |
| scale(bmi_percentile) | 0.068 | 0.113 | 0.607 | 0.546 |

Table 79: Portion Size 4 - Standardized Coefficitens for Association Between Proportion Active Eating and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.111 | 0.155 | 0.717 | 0.476 |
| $scale(ps4_freddy_pre_meal)$ | -0.251 | 0.107 | -2.351 | 0.021 |
| sexFemale | -0.210 | 0.214 | -0.981 | 0.330 |
| $scale(age_yr)$ | 0.190 | 0.108 | 1.750 | 0.084 |
| $scale(ps4_avg_vas)$ | 0.126 | 0.107 | 1.183 | 0.241 |
| $scale(bmi_percentile)$ | -0.167 | 0.106 | -1.580 | 0.118 |

Table 80: Portion Size 4 - Standardized Coefficitens for Association Between Meal Duration and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.076 | 0.159 | 0.481 | 0.632 |
| scale(ps4_freddy_pre_meal) | -0.001 | 0.109 | -0.010 | 0.992 |
| sexFemale | -0.148 | 0.220 | -0.673 | 0.503 |
| $scale(age_yr)$ | -0.236 | 0.111 | -2.126 | 0.037 |
| $scale(ps4_avg_vas)$ | 0.079 | 0.109 | 0.724 | 0.471 |
| $scale(bmi_percentile)$ | -0.177 | 0.108 | -1.635 | 0.106 |

Table 81: Portion Size 4 - Standardized Coefficitens for Association Between Eating Rate (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.091 | 0.158 | -0.579 | 0.564 |
| $scale(ps4_freddy_pre_meal)$ | -0.105 | 0.107 | -0.974 | 0.333 |
| sexFemale | 0.188 | 0.217 | 0.865 | 0.389 |
| $scale(age_yr)$ | 0.261 | 0.110 | 2.365 | 0.021 |
| $scale(ps4_avg_vas)$ | -0.005 | 0.108 | -0.044 | 0.965 |
| $scale(bmi_percentile)$ | 0.229 | 0.106 | 2.155 | 0.034 |

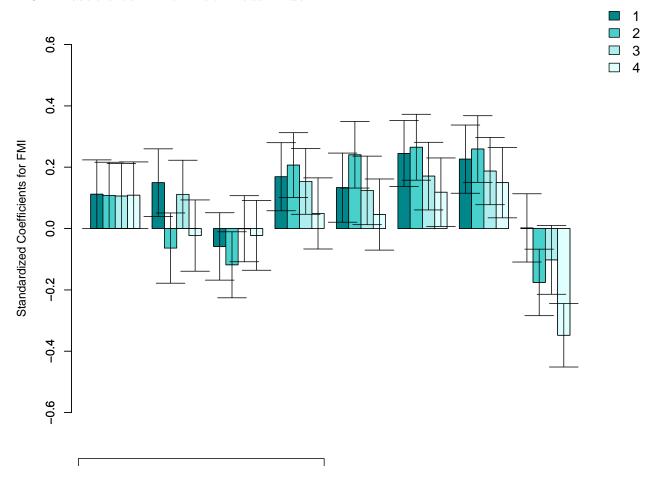
Table 82: Portion Size 4 - Standardized Coefficitens for Association Between Eating Rate (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | -0.024 | 0.158 | -0.152 | 0.880 |
| $scale(ps4_freddy_pre_meal)$ | -0.104 | 0.107 | -0.971 | 0.335 |
| sexFemale | 0.061 | 0.217 | 0.279 | 0.781 |
| $scale(age_yr)$ | 0.153 | 0.110 | 1.388 | 0.169 |
| $scale(ps4_avg_vas)$ | 0.004 | 0.108 | 0.036 | 0.971 |
| $scale(bmi_percentile)$ | 0.326 | 0.106 | 3.071 | 0.003 |

Table 83: Portion Size 4 - FDR Adjusted p-values for the effect of BMI Percentile on Microstructure

| | $ps4_bmi_adj$ |
|---|---|
| Bites Sips Meal Duration Bite Size, g Bite Size, kcal | 0.636 0.636 0.236 0.877 0.636 |
| Eat Rate, g Eat Rate, kcal Prop Active | 0.137 0.024 0.236 |

4.3 Associaiton with Fat Mass Index



Behavior

4.3.1 Portion Size 1

Table 84: Portion Size 1 - FDR adjusted pvalues

| | $ps1_fmi_adj$ |
|-------------------------------|------------------|
| Bites Sips | 0.834 0.357 |
| Meal Duration Bite Size, g | 0.796 0.351 |
| Bite Size, kcal | 0.384 |
| Eat Rate, g Eat Rate, kcal | $0.180 \\ 0.180$ |
| Prop Active | 0.985 |

Table 85: Portion Size 1 - Standardized Coefficitens for Association Between Bites and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.032 | 0.154 | -0.208 | 0.836 |
| scale(ps1_freddy_pre_meal) | -0.107 | 0.108 | -0.983 | 0.329 |
| sexFemale | 0.062 | 0.225 | 0.274 | 0.784 |
| $scale(age_yr)$ | -0.087 | 0.109 | -0.791 | 0.431 |
| $scale(ps1_avg_vas)$ | 0.151 | 0.109 | 1.386 | 0.170 |
| scale(fmi) | -0.039 | 0.112 | -0.347 | 0.729 |

Table 86: Portion Size 1 - Standardized Coefficitens for Association Between Sips and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | -0.020 | 0.152 | -0.134 | 0.894 |
| scale(ps1_freddy_pre_meal) | 0.101 | 0.107 | 0.946 | 0.347 |
| sexFemale | 0.035 | 0.222 | 0.158 | 0.875 |
| $scale(age_yr)$ | -0.171 | 0.108 | -1.585 | 0.117 |
| $scale(ps1_avg_vas)$ | 0.064 | 0.107 | 0.593 | 0.555 |
| scale(fmi) | 0.150 | 0.110 | 1.356 | 0.179 |

Table 87: Portion Size 1 - Standardized Coefficitens for Association Between Bite Size (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.109 | 0.153 | 0.711 | 0.479 |
| $scale(ps1_freddy_pre_meal)$ | -0.043 | 0.107 | -0.404 | 0.687 |
| sexFemale | -0.213 | 0.223 | -0.954 | 0.343 |
| $scale(age_yr)$ | 0.193 | 0.109 | 1.775 | 0.080 |
| $scale(ps1_avg_vas)$ | 0.007 | 0.108 | 0.067 | 0.947 |
| scale(fmi) | 0.169 | 0.111 | 1.522 | 0.132 |

Table 88: Portion Size 1 - Standardized Coefficitens for Association Between Bite Size (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.117 | 0.155 | 0.750 | 0.455 |
| scale(ps1_freddy_pre_meal) | -0.087 | 0.109 | -0.798 | 0.427 |
| sexFemale | -0.234 | 0.227 | -1.032 | 0.305 |
| $scale(age_yr)$ | 0.052 | 0.110 | 0.470 | 0.639 |
| $scale(ps1_avg_vas)$ | -0.017 | 0.110 | -0.159 | 0.874 |
| scale(fmi) | 0.133 | 0.113 | 1.183 | 0.240 |

Table 89: Portion Size 1 - Standardized Coefficitens for Association Between Proportion Active Eating and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.115 | 0.153 | 0.752 | 0.454 |
| $scale(ps1_freddy_pre_meal)$ | -0.170 | 0.108 | -1.577 | 0.119 |
| sexFemale | -0.230 | 0.224 | -1.026 | 0.308 |
| $scale(age_yr)$ | 0.106 | 0.109 | 0.972 | 0.334 |
| $scale(ps1_avg_vas)$ | 0.128 | 0.108 | 1.181 | 0.241 |
| scale(fmi) | 0.002 | 0.111 | 0.019 | 0.985 |

Table 90: Portion Size 1 - Standardized Coefficitens for Association Between Meal Duration and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.160 | 0.152 | 1.058 | 0.293 |
| $scale(ps1_freddy_pre_meal)$ | -0.086 | 0.106 | -0.812 | 0.419 |
| sexFemale | -0.329 | 0.221 | -1.490 | 0.140 |
| $scale(age_yr)$ | -0.127 | 0.107 | -1.185 | 0.239 |
| $scale(ps1_avg_vas)$ | 0.135 | 0.107 | 1.258 | 0.212 |
| scale(fmi) | -0.058 | 0.110 | -0.531 | 0.597 |

Table 91: Portion Size 1 - Standardized Coefficitens for Association Between Eating Rate (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.061 | 0.148 | -0.412 | 0.681 |
| $scale(ps1_freddy_pre_meal)$ | -0.026 | 0.104 | -0.249 | 0.804 |
| sexFemale | 0.132 | 0.216 | 0.611 | 0.543 |
| $scale(age_yr)$ | 0.216 | 0.105 | 2.053 | 0.043 |
| $scale(ps1_avg_vas)$ | 0.035 | 0.105 | 0.332 | 0.740 |
| scale(fmi) | 0.244 | 0.107 | 2.275 | 0.025 |

Table 92: Portion Size 1 - Standardized Coefficitens for Association Between Eating Rate (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.008 | 0.153 | -0.049 | 0.961 |
| scale(ps1_freddy_pre_meal) | -0.029 | 0.108 | -0.265 | 0.791 |
| sexFemale | 0.018 | 0.223 | 0.080 | 0.936 |
| $scale(age_yr)$ | 0.065 | 0.109 | 0.600 | 0.550 |
| $scale(ps1_avg_vas)$ | 0.010 | 0.108 | 0.094 | 0.925 |
| scale(fmi) | 0.226 | 0.111 | 2.035 | 0.045 |

Table 93: Portion Size 1 - FDR Adjusted p-values for the effect of Fat Mass Index on Microstructure

| | $ps1_fmi_adj$ |
|--|-------------------------|
| Bites Sips | 0.834 0.357 |
| Meal Duration Bite Size, g Bite Size, kcal | 0.796 0.351 0.384 |
| Eat Rate, g Eat Rate, kcal Prop Active | 0.180 0.180 0.985 |

4.3.2 Portion Size 2

Table 94: Portion Size 2 - FDR adjusted pvalues

| | ps2_fmi_adj |
|-----------------|-------------|
| Bites | 0.580 |
| Sips | 0.580 |
| Meal Duration | 0.367 |
| Bite Size, g | 0.108 |
| Bite Size, kcal | 0.078 |
| Eat Rate, g | 0.077 |
| Eat Rate, kcal | 0.077 |
| Prop Active | 0.175 |

Table 95: Portion Size 2 - Standardized Coefficitens for Association Between Bites and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(>\! t)$ |
|----------------------------|----------|------------|---------|---------------|
| (Intercept) | -0.163 | 0.146 | -1.117 | 0.267 |
| scale(ps2_freddy_pre_meal) | -0.243 | 0.104 | -2.341 | 0.022 |
| sexFemale | 0.362 | 0.220 | 1.642 | 0.104 |
| $scale(age_yr)$ | -0.194 | 0.104 | -1.863 | 0.066 |
| $scale(ps2_avg_vas)$ | 0.136 | 0.104 | 1.303 | 0.196 |
| scale(fmi) | -0.068 | 0.108 | -0.625 | 0.533 |

Table 96: Portion Size 2 - Standardized Coefficitens for Association Between Sips and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | 0.011 | 0.154 | 0.073 | 0.942 |
| $scale(ps2_freddy_pre_meal)$ | -0.001 | 0.110 | -0.013 | 0.990 |
| sexFemale | -0.024 | 0.233 | -0.103 | 0.918 |
| $scale(age_yr)$ | -0.218 | 0.111 | -1.976 | 0.052 |
| $scale(ps2_avg_vas)$ | 0.025 | 0.111 | 0.226 | 0.822 |
| scale(fmi) | -0.064 | 0.115 | -0.556 | 0.580 |

Table 97: Portion Size 2 - Standardized Coefficitens for Association Between Bite Size (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.353 | 0.142 | 2.481 | 0.015 |
| $scale(ps2_freddy_pre_meal)$ | 0.131 | 0.101 | 1.290 | 0.201 |
| sexFemale | -0.748 | 0.216 | -3.468 | 0.001 |
| $scale(age_yr)$ | 0.202 | 0.102 | 1.981 | 0.051 |
| $scale(ps2_avg_vas)$ | 0.061 | 0.102 | 0.598 | 0.551 |
| scale(fmi) | 0.207 | 0.106 | 1.954 | 0.054 |

 $\begin{tabular}{l} Table 98: Portion Size 2 - Standardized Coefficitens for Association Between Bite Size (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness) \\ \end{tabular}$

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.309 | 0.146 | 2.113 | 0.038 |
| $scale(ps2_freddy_pre_meal)$ | 0.006 | 0.104 | 0.062 | 0.951 |
| sexFemale | -0.653 | 0.221 | -2.955 | 0.004 |
| $scale(age_yr)$ | 0.210 | 0.105 | 2.003 | 0.049 |
| $scale(ps2_avg_vas)$ | 0.049 | 0.105 | 0.465 | 0.643 |
| scale(fmi) | 0.240 | 0.108 | 2.217 | 0.029 |

Table 99: Portion Size 2 - Standardized Coefficitens for Association Between Proportion Active Eating and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.014 | 0.146 | 0.093 | 0.926 |
| $scale(ps2_freddy_pre_meal)$ | -0.156 | 0.104 | -1.504 | 0.136 |
| sexFemale | -0.032 | 0.221 | -0.147 | 0.883 |
| $scale(age_yr)$ | 0.059 | 0.105 | 0.563 | 0.575 |
| $scale(ps2_avg_vas)$ | 0.332 | 0.105 | 3.168 | 0.002 |
| scale(fmi) | -0.176 | 0.108 | -1.620 | 0.109 |

Table 100: Portion Size 2 - Standardized Coefficitens for Association Between Meal Duration and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.062 | 0.145 | 0.427 | 0.670 |
| $scale(ps2_freddy_pre_meal)$ | -0.215 | 0.103 | -2.085 | 0.040 |
| sexFemale | -0.112 | 0.219 | -0.510 | 0.612 |
| $scale(age_yr)$ | -0.294 | 0.104 | -2.831 | 0.006 |
| $scale(ps2_avg_vas)$ | 0.042 | 0.104 | 0.404 | 0.687 |
| scale(fmi) | -0.118 | 0.108 | -1.098 | 0.275 |

Table 101: Portion Size 2 - Standardized Coefficitens for Association Between Eating Rate (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.191 | 0.145 | 1.323 | 0.189 |
| $scale(ps2_freddy_pre_meal)$ | -0.075 | 0.103 | -0.729 | 0.468 |
| sexFemale | -0.403 | 0.219 | -1.838 | 0.070 |
| $scale(age_yr)$ | 0.296 | 0.104 | 2.857 | 0.005 |
| $scale(ps2_avg_vas)$ | 0.125 | 0.104 | 1.208 | 0.231 |
| scale(fmi) | 0.265 | 0.107 | 2.466 | 0.016 |

Table 102: Portion Size 2 - Standardized Coefficitens for Association Between Eating Rate (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.128 | 0.146 | 0.873 | 0.385 |
| scale(ps2_freddy_pre_meal) | -0.125 | 0.104 | -1.199 | 0.234 |
| sexFemale | -0.268 | 0.222 | -1.211 | 0.229 |
| $scale(age_yr)$ | 0.264 | 0.105 | 2.516 | 0.014 |
| $scale(ps2_avg_vas)$ | 0.103 | 0.105 | 0.982 | 0.329 |
| scale(fmi) | 0.259 | 0.109 | 2.386 | 0.019 |

Table 103: Portion Size 2 - FDR Adjusted p-values for the effect of Fat Mass Index on Microstructure

| | $ps2_fmi_adj$ |
|--|-------------------------|
| Bites Sips | $0.580 \\ 0.580$ |
| Meal Duration Bite Size, g Bite Size, kcal | 0.367 0.108 0.078 |
| Eat Rate, g Eat Rate, kcal Prop Active | 0.077 0.077 0.175 |

4.3.3 Portion Size 3

Table 104: Portion Size 3 - FDR adjusted pvalues

| | ps3_fmi_adj |
|-----------------|-------------|
| Bites | 0.996 |
| Sips | 0.488 |
| Meal Duration | 0.996 |
| Bite Size, g | 0.415 |
| Bite Size, kcal | 0.488 |
| Eat Rate, g | 0.415 |
| Eat Rate, kcal | 0.415 |
| Prop Active | 0.488 |

Table 105: Portion Size 3 - Standardized Coefficitens for Association Between Bites and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.185 | 0.150 | -1.232 | 0.222 |
| $scale(ps3_freddy_pre_meal)$ | -0.309 | 0.103 | -2.994 | 0.004 |
| sexFemale | 0.354 | 0.217 | 1.633 | 0.106 |
| $scale(age_yr)$ | -0.142 | 0.105 | -1.362 | 0.177 |
| $scale(ps3_avg_vas)$ | -0.005 | 0.103 | -0.044 | 0.965 |
| scale(fmi) | -0.009 | 0.106 | -0.083 | 0.934 |

Table 106: Portion Size 3 - Standardized Coefficitens for Association Between Sips and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.144 | 0.158 | 0.914 | 0.363 |
| scale(ps3_freddy_pre_meal) | -0.093 | 0.108 | -0.857 | 0.394 |
| sexFemale | -0.296 | 0.228 | -1.300 | 0.197 |
| $scale(age_yr)$ | -0.112 | 0.110 | -1.021 | 0.310 |
| $scale(ps3_avg_vas)$ | 0.052 | 0.108 | 0.477 | 0.635 |
| scale(fmi) | 0.111 | 0.111 | 1.001 | 0.320 |

Table 107: Portion Size 3 - Standardized Coefficitens for Association Between Bite Size (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.253 | 0.152 | 1.671 | 0.099 |
| $scale(ps3_freddy_pre_meal)$ | 0.223 | 0.104 | 2.139 | 0.036 |
| sexFemale | -0.501 | 0.221 | -2.270 | 0.026 |
| $scale(age_yr)$ | 0.108 | 0.106 | 1.016 | 0.313 |
| $scale(ps3_avg_vas)$ | 0.096 | 0.104 | 0.925 | 0.358 |
| scale(fmi) | 0.154 | 0.107 | 1.434 | 0.156 |

Table 108: Portion Size 3 - Standardized Coefficitens for Association Between Bite Size (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.210 | 0.158 | 1.328 | 0.188 |
| scale(ps3_freddy_pre_meal) | 0.054 | 0.109 | 0.500 | 0.618 |
| sexFemale | -0.416 | 0.230 | -1.811 | 0.074 |
| $scale(age_yr)$ | 0.068 | 0.110 | 0.620 | 0.537 |
| $scale(ps3_avg_vas)$ | 0.069 | 0.109 | 0.633 | 0.529 |
| scale(fmi) | 0.124 | 0.112 | 1.113 | 0.269 |

Table 109: Portion Size 3 - Standardized Coefficitens for Association Between Proportion Active Eating and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|--------------|
| (Intercept) | -0.044 | 0.159 | -0.276 | 0.783 |
| $scale(ps3_freddy_pre_meal)$ | -0.034 | 0.109 | -0.309 | 0.758 |
| sexFemale | 0.100 | 0.230 | 0.436 | 0.664 |
| $scale(age_yr)$ | 0.145 | 0.111 | 1.309 | 0.194 |
| $scale(ps3_avg_vas)$ | 0.068 | 0.109 | 0.625 | 0.534 |
| scale(fmi) | -0.102 | 0.112 | -0.909 | 0.366 |

Table 110: Portion Size 3 - Standardized Coefficitens for Association Between Meal Duration and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.063 | 0.153 | 0.410 | 0.683 |
| $scale(ps3_freddy_pre_meal)$ | -0.208 | 0.105 | -1.978 | 0.051 |
| sexFemale | -0.143 | 0.220 | -0.650 | 0.518 |
| $scale(age_yr)$ | -0.228 | 0.106 | -2.145 | 0.035 |
| $scale(ps3_avg_vas)$ | 0.093 | 0.105 | 0.889 | 0.377 |
| scale(fmi) | -0.001 | 0.108 | -0.005 | 0.996 |

Table 111: Portion Size 3 - Standardized Coefficitens for Association Between Eating Rate (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.059 | 0.156 | 0.378 | 0.707 |
| $scale(ps3_freddy_pre_meal)$ | -0.078 | 0.107 | -0.725 | 0.470 |
| sexFemale | -0.104 | 0.227 | -0.460 | 0.647 |
| $scale(age_yr)$ | 0.223 | 0.109 | 2.045 | 0.044 |
| $scale(ps3_avg_vas)$ | -0.037 | 0.107 | -0.342 | 0.733 |
| scale(fmi) | 0.171 | 0.110 | 1.550 | 0.125 |

Table 112: Portion Size 3 - Standardized Coefficitens for Association Between Eating Rate (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.102 | 0.155 | 0.658 | 0.513 |
| scale(ps3_freddy_pre_meal) | -0.186 | 0.106 | -1.744 | 0.085 |
| sexFemale | -0.196 | 0.225 | -0.869 | 0.388 |
| $scale(age_yr)$ | 0.152 | 0.108 | 1.409 | 0.163 |
| $scale(ps3_avg_vas)$ | -0.058 | 0.107 | -0.543 | 0.589 |
| scale(fmi) | 0.187 | 0.110 | 1.710 | 0.091 |

Table 113: Portion Size 3 - FDR Adjusted p-values for the effect of Fat Mass Index on Microstructure

| | $ps3_fmi_adj$ |
|--|-------------------------|
| Bites Sips Meal Duration | 0.996 0.488 0.996 |
| Bite Size, g Bite Size, kcal Eat Rate, g | 0.415 0.488 0.415 |
| Eat Rate, kcal Prop Active | $0.415 \\ 0.488$ |

4.3.4 Portion Size 4

Table 114: Portion Size 4 - FDR adjusted pvalues

| | ps4_fmi_adj |
|-----------------|-------------|
| Bites | 0.697 |
| Sips | 0.845 |
| Meal Duration | 0.845 |
| Bite Size, g | 0.845 |
| Bite Size, kcal | 0.845 |
| Eat Rate, g | 0.697 |
| Eat Rate, kcal | 0.697 |
| Prop Active | 0.010 |

Table 115: Portion Size 4 - Standardized Coefficitens for Association Between Bites and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | -0.182 | 0.159 | -1.144 | 0.256 |
| $scale(ps4_freddy_pre_meal)$ | -0.111 | 0.106 | -1.041 | 0.301 |
| sexFemale | 0.343 | 0.226 | 1.520 | 0.133 |
| $scale(age_yr)$ | -0.168 | 0.108 | -1.556 | 0.124 |
| $scale(ps4_avg_vas)$ | 0.277 | 0.106 | 2.601 | 0.011 |
| scale(fmi) | -0.102 | 0.109 | -0.943 | 0.348 |

Table 116: Portion Size 4 - Standardized Coefficitens for Association Between Sips and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.027 | 0.170 | 0.162 | 0.872 |
| scale(ps4_freddy_pre_meal) | 0.078 | 0.114 | 0.686 | 0.495 |
| sexFemale | -0.051 | 0.242 | -0.210 | 0.834 |
| $scale(age_yr)$ | 0.103 | 0.115 | 0.896 | 0.373 |
| $scale(ps4_avg_vas)$ | -0.049 | 0.114 | -0.435 | 0.665 |
| scale(fmi) | -0.023 | 0.116 | -0.198 | 0.844 |

Table 117: Portion Size 4 - Standardized Coefficitens for Association Between Bite Size (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|---------------------------------|----------|------------|---------|----------|
| (Intercept) | -0.033 | 0.172 | -0.190 | 0.850 |
| $scale(ps4_freddy_pre_meal)$ | 0.030 | 0.114 | 0.263 | 0.793 |
| sexFemale | 0.063 | 0.243 | 0.257 | 0.798 |
| $scale(age_yr)$ | -0.007 | 0.117 | -0.062 | 0.951 |
| $scale(ps4_avg_vas)$ | -0.152 | 0.114 | -1.336 | 0.186 |
| scale(fmi) | 0.049 | 0.116 | 0.425 | 0.672 |

Table 118: Portion Size 4 - Standardized Coefficitens for Association Between Bite Size (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.011 | 0.172 | -0.065 | 0.948 |
| $scale(ps4_freddy_pre_meal)$ | -0.002 | 0.114 | -0.015 | 0.988 |
| sexFemale | 0.020 | 0.243 | 0.081 | 0.935 |
| $scale(age_yr)$ | -0.078 | 0.117 | -0.668 | 0.506 |
| $scale(ps4_avg_vas)$ | -0.135 | 0.114 | -1.187 | 0.239 |
| scale(fmi) | 0.046 | 0.116 | 0.393 | 0.695 |

Table 119: Portion Size 4 - Standardized Coefficitens for Association Between Proportion Active Eating and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.007 | 0.151 | -0.045 | 0.964 |
| $scale(ps4_freddy_pre_meal)$ | -0.229 | 0.101 | -2.258 | 0.027 |
| sexFemale | 0.020 | 0.215 | 0.093 | 0.926 |
| $scale(age_yr)$ | 0.172 | 0.103 | 1.681 | 0.097 |
| $scale(ps4_avg_vas)$ | 0.127 | 0.101 | 1.256 | 0.213 |
| scale(fmi) | -0.348 | 0.103 | -3.363 | 0.001 |

Table 120: Portion Size 4 - Standardized Coefficitens for Association Between Meal Duration and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.073 | 0.166 | 0.441 | 0.661 |
| scale(ps4_freddy_pre_meal) | 0.005 | 0.111 | 0.041 | 0.967 |
| sexFemale | -0.139 | 0.237 | -0.590 | 0.557 |
| $scale(age_yr)$ | -0.216 | 0.113 | -1.917 | 0.059 |
| $scale(ps4_avg_vas)$ | 0.081 | 0.111 | 0.726 | 0.470 |
| scale(fmi) | -0.022 | 0.114 | -0.196 | 0.845 |

Table 121: Portion Size 4 - Standardized Coefficitens for Association Between Eating Rate (g) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|---------------------------------|----------|------------|---------|-------------|
| (Intercept) | -0.062 | 0.166 | -0.371 | 0.712 |
| $scale(ps4_freddy_pre_meal)$ | -0.115 | 0.110 | -1.046 | 0.299 |
| sexFemale | 0.122 | 0.235 | 0.521 | 0.604 |
| $scale(age_yr)$ | 0.241 | 0.113 | 2.145 | 0.035 |
| $scale(ps4_avg_vas)$ | -0.004 | 0.110 | -0.041 | 0.968 |
| scale(fmi) | 0.118 | 0.112 | 1.058 | 0.294 |

Table 122: Portion Size 4 - Standardized Coefficitens for Association Between Eating Rate (kcal) and Fat Mass Index (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | $\Pr(> t)$ |
|----------------------------|----------|------------|---------|-------------|
| (Intercept) | 0.012 | 0.170 | 0.069 | 0.945 |
| scale(ps4_freddy_pre_meal) | -0.118 | 0.113 | -1.047 | 0.298 |
| sexFemale | -0.020 | 0.241 | -0.084 | 0.933 |
| $scale(age_yr)$ | 0.123 | 0.115 | 1.066 | 0.290 |
| $scale(ps4_avg_vas)$ | 0.004 | 0.113 | 0.037 | 0.970 |
| scale(fmi) | 0.150 | 0.115 | 1.304 | 0.196 |

Table 123: Portion Size 4 - FDR Adjusted p-values for the effect of Fat Mass Index on Microstructure

| | ps4_fmi_adj |
|---------------------------------|------------------|
| Bites Sips | 0.697 0.845 |
| Meal Duration | 0.845 |
| Bite Size, g Bite Size, kcal | $0.845 \\ 0.845$ |
| Eat Rate, g Eat Rate, kcal | 0.697 0.697 |
| Prop Active | 0.010 |