

Overall Microstructure Summary for Portion Size Meals

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1 Demographics

Table 1: Demographics

| Characteristic | N = 91 |
|----------------------|-------------|
| Sex | |
| Male | 46 (51%) |
| Female | 45 (49%) |
| Age, yr | 7.8 (0.6) |
| BMI %tile | 47.8 (24.6) |
| Ethnicity | |
| Hispanic/Lantinx | 0 (0%) |
| Not Hispanic/Lantinx | 91 (100%) |
| Race | |
| 0 | 88 (97%) |
| 2 | 3 (3.3%) |
| 3 | 0 (0%) |
| Income | |
| < \$51,000 | 11 (12%) |
| >\$100,000 | 33 (38%) |
| \$51,000 - \$100,000 | 44 (50%) |
| Unknown | 3 |
| Mother's Education | |
| > Bachelor Degree | 28 (31%) |
| AA/Technical Degree | 9 (10%) |
| Bachelor Degree | 44 (49%) |
| High School/GED | 9 (10%) |
| Unknown | 1 |
| Father's Education | |
| > Bachelor Degree | 32 (37%) |
| AA/Technical Degree | 14 (16%) |
| Bachelor Degree | 29 (33%) |
| High School/GED | 11 (13%) |
| Other/NA | 1 (1.1%) |
| Unknown | 4 |

¹ n (%); Mean (SD)

2 Meal Intake

Table 2: Meal Intake

| Characteristic | 1, N = 89 | 2, N = 88 | 3, N = 87 | 4, N = 83 |
|-------------------|---------------|---------------|---------------|---------------|
| Pre-Meal Fullness | 36.7 (34.3) | 35.7 (31.9) | 38.6 (35.5) | 32.9 (34.0) |
| Unknown | 0 | 1 | 0 | 0 |
| Avg. Liking | 3.9 (0.6) | 3.8 (0.6) | 3.8 (0.6) | 3.9 (0.6) |
| Unknown | 0 | 1 | 0 | 0 |
| Intake, g | 410.4 (161.3) | 445.7 (172.5) | 462.2 (188.5) | 458.2 (181.0) |
| Unknown | 0 | 1 | 0 | 1 |
| Intake, kcal | 487.2 (191.9) | 537.6 (237.6) | 560.9 (255.7) | 586.8 (247.4) |
| Unknown | 0 | 1 | 0 | 1 |
| 95% consumed | | | | |
| 0 | 87 (98%) | 87 (100%) | 87 (100%) | 82 (100%) |
| 1 | 2 (2.2%) | 0 (0%) | 0 (0%) | 0 (0%) |
| Unknown | 0 | 1 | 0 | 1 |

¹ Mean (SD); n (%)

3 Microstructure

3.1 Behaviors Across Meals

Table 3: Microstructure Behaviors by Portion Size Meal

| Characteristic | 1, N = 89 | 2, N = 88 | 3, N = 87 | 4, N = 83 |
|-------------------------------|-------------|-------------|-------------|-------------|
| bites | 72.6 (37.9) | 75.7 (37.8) | 82.3 (45.1) | 79.3 (44.0) |
| sips | 6.6 (6.5) | 7.9 (8.3) | 6.9 (6.6) | 5.6 (6.0) |
| active eating, min | 15.3 (7.3) | 15.9 (7.0) | 17.1 (7.6) | 17.2 (8.0) |
| 1st bite latency, min | 0.4 (0.3) | 0.4 (0.2) | 0.4 (0.2) | 0.4 (0.3) |
| meal duration, min | 18.0 (8.8) | 18.5 (8.4) | 19.4 (8.4) | 19.2 (8.8) |
| bites/min | 4.3 (1.8) | 4.3 (1.8) | 4.5 (2.0) | 4.4 (1.9) |
| bite/min (active) | 4.9 (1.8) | 4.9 (1.8) | 5.0 (2.0) | 4.8 (1.8) |
| sips/min | 0.4 (0.3) | 0.4 (0.5) | 0.4 (0.4) | 0.3 (0.3) |
| sips/min (active) | 0.4 (0.4) | 0.5 (0.5) | 0.4 (0.4) | 0.3 (0.4) |
| g/bite | 6.4 (2.4) | 6.7 (2.8) | 6.3 (2.2) | 7.0 (5.2) |
| Unknown | 0 | 1 | 0 | 1 |
| kcal/bite | 7.7 (3.3) | 7.9 (3.3) | 7.7 (3.2) | 8.9 (6.5) |
| Unknown | 0 | 1 | 0 | 1 |
| g/min | 25.9 (11.3) | 26.9 (11.8) | 26.3 (10.8) | 27.2 (12.5) |
| Unknown | 0 | 1 | 0 | 1 |
| kcal/min | 31.4 (14.8) | 33.2 (19.2) | 32.3 (16.0) | 35.0 (16.4) |
| Unknown | 0 | 1 | 0 | 1 |
| g/min (active) | 29.7 (11.9) | 30.7 (12.6) | 29.4 (11.3) | 30.5 (15.0) |
| Unknown | 0 | 1 | 0 | 1 |
| kcal/min (active) | 35.9 (16.1) | 37.6 (19.7) | 35.8 (16.5) | 39.1 (19.5) |
| Unknown | 0 | 1 | 0 | 1 |
| active eat/meal duration, min | 0.9 (0.1) | 0.9 (0.1) | 0.9 (0.1) | 0.9 (0.1) |

¹ Mean (SD)

3.2 Coding Reliability

Table 4: Coding Reliability - ICC

| Behavior | Overall | Portion 1 | Portion 2 | Portion 3 | Portion 4 |
|---------------|---------|-----------|-----------|-----------|-----------|
| bites | 1 | 1 | 1 | 1 | 1 |
| sips | 1 | 0.999 | 1 | 1 | 1 |
| active eating | 0.964 | 0.965 | 0.997 | 0.991 | 0.912 |
| bite latency | 0.944 | 0.994 | 0.865 | 0.958 | 0.925 |
| meal duration | 1 | 1 | 1 | 1 | 0.999 |

3.3 Portion Correlation Matrices

Table 5: Portion Size 1: Correlation Matrix

| | nbites | nsips | total_active_eating | bite_latency | meal_duration | bite_rate | bite_rate_active |
|----------------------|--------|-------|---------------------|--------------|---------------|-----------|------------------|
| nbites | | | | | | | |
| nsips | 0.32 | | | | | | |
| total_active_eating | 0.7 | 0.39 | | | | | |
| bite_latency | -0.02 | 0.16 | -0.06 | | | | |
| meal_duration | 0.59 | 0.5 | 0.91 | 0.04 | | | |
| bite_rate | 0.52 | -0.12 | -0.14 | -0.15 | -0.31 | | |
| bite_rate_active | 0.5 | -0.01 | -0.2 | 0.01 | -0.25 | 0.94 | |
| sip_rate | 0.01 | 0.73 | -0.07 | 0.01 | -0.03 | 0.07 | 0.13 |
| sip_rate_active | 0 | 0.8 | -0.06 | 0.19 | 0.07 | -0.02 | 0.12 |
| bite_size_g | -0.59 | 0.01 | -0.38 | 0.12 | -0.33 | -0.37 | -0.38 |
| bite_size_kcal | -0.59 | -0.25 | -0.44 | 0.09 | -0.43 | -0.29 | -0.32 |
| eat_rate_g | -0.09 | -0.1 | -0.45 | -0.08 | -0.57 | 0.56 | 0.5 |
| eat_rate_kcal | -0.11 | -0.26 | -0.49 | -0.12 | -0.61 | 0.55 | 0.5 |
| eat_rate_active_g | -0.18 | -0.02 | -0.53 | 0.07 | -0.52 | 0.43 | 0.48 |
| eat_rate_active_kcal | -0.19 | -0.22 | -0.55 | 0 | -0.58 | 0.44 | 0.48 |
| prop_active | 0.25 | -0.24 | 0.13 | -0.33 | -0.26 | 0.51 | 0.21 |

Table 6: Portion Size 2: Correlation Matrix

| | nbites | nsips | total_active_eating | bite_latency | meal_duration | bite_rate | bite_rate_ac |
|----------------------|--------|-------|---------------------|--------------|---------------|-----------|--------------|
| nbites | | | | | | | |
| nsips | 0.16 | | | | | | |
| total_active_eating | 0.64 | 0.34 | | | | | |
| bite_latency | -0.2 | 0.09 | 0.05 | | | | |
| meal_duration | 0.61 | 0.34 | 0.92 | 0.02 | | | |
| bite_rate | 0.5 | -0.18 | -0.22 | -0.22 | -0.32 | | |
| bite_rate_active | 0.55 | -0.16 | -0.22 | -0.21 | -0.21 | 0.94 | |
| sip_rate | -0.07 | 0.86 | -0.01 | 0.08 | -0.04 | -0.09 | -0.1 |
| sip_rate_active | -0.06 | 0.87 | -0.02 | 0.08 | 0.01 | -0.12 | -0.09 |
| bite_size_g | -0.6 | 0.13 | -0.33 | 0.15 | -0.29 | -0.43 | -0.45 |
| bite_size_kcal | -0.53 | -0.13 | -0.42 | 0.15 | -0.4 | -0.21 | -0.24 |
| eat_rate_g | -0.14 | -0.06 | -0.5 | -0.05 | -0.56 | 0.5 | 0.41 |
| eat_rate_kcal | -0.04 | -0.2 | -0.45 | -0.05 | -0.5 | 0.58 | 0.5 |
| eat_rate_active_g | -0.16 | -0.03 | -0.53 | -0.04 | -0.47 | 0.38 | 0.39 |
| eat_rate_active_kcal | -0.05 | -0.2 | -0.48 | -0.04 | -0.45 | 0.52 | 0.51 |
| prop_active | 0.01 | -0.07 | 0.02 | 0 | -0.35 | 0.37 | 0.06 |

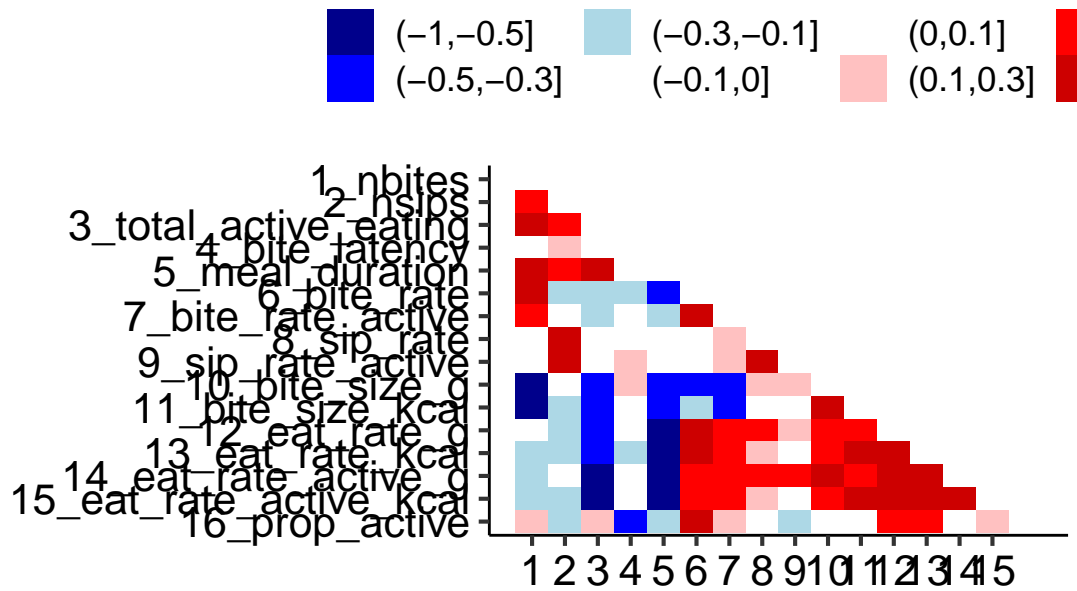
Table 7: Portion Size 3: Correlation Matrix

| | nbites | nsips | total_active_eating | bite_latency | meal_duration | bite_rate | bite_rate_ac |
|----------------------|--------|-------|---------------------|--------------|---------------|-----------|--------------|
| nbites | | | | | | | |
| nsips | 0.14 | | | | | | |
| total_active_eating | 0.65 | 0.39 | | | | | |
| bite_latency | -0.02 | -0.16 | 0.04 | | | | |
| meal_duration | 0.55 | 0.42 | 0.93 | 0.07 | | | |
| bite_rate | 0.62 | -0.19 | -0.11 | -0.07 | -0.25 | | |
| bite_rate_active | 0.59 | -0.22 | -0.18 | -0.02 | -0.24 | 0.96 | |
| sip_rate | -0.11 | 0.82 | -0.06 | -0.17 | -0.06 | -0.07 | -0.1 |
| sip_rate_active | -0.15 | 0.84 | -0.07 | -0.18 | -0.02 | -0.13 | -0.13 |
| bite_size_g | -0.62 | 0.19 | -0.33 | -0.04 | -0.29 | -0.47 | -0.49 |
| bite_size_kcal | -0.51 | -0.16 | -0.3 | 0.02 | -0.33 | -0.33 | -0.38 |
| eat_rate_g | -0.04 | -0.01 | -0.41 | -0.09 | -0.53 | 0.46 | 0.41 |
| eat_rate_kcal | -0.01 | -0.22 | -0.36 | -0.06 | -0.49 | 0.46 | 0.39 |
| eat_rate_active_g | -0.12 | 0 | -0.49 | -0.05 | -0.51 | 0.38 | 0.4 |
| eat_rate_active_kcal | -0.06 | -0.23 | -0.42 | -0.01 | -0.48 | 0.4 | 0.39 |
| prop_active | 0.26 | -0.05 | 0.19 | -0.14 | -0.17 | 0.39 | 0.13 |

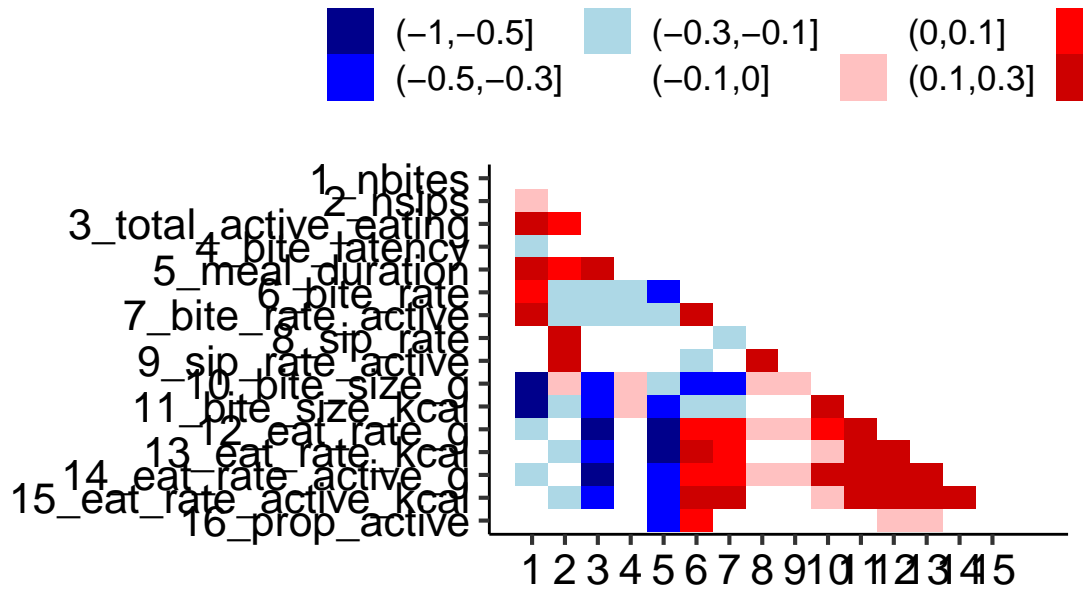
Table 8: Portion Size 4: Correlation Matrix

| | nbites | nsips | total_active_eating | bite_latency | meal_duration | bite_rate | bite_rate_active |
|----------------------|--------|-------|---------------------|--------------|---------------|-----------|------------------|
| nbites | | | | | | | |
| nsips | 0.32 | | | | | | |
| total_active_eating | 0.7 | 0.39 | | | | | |
| bite_latency | -0.02 | 0.16 | -0.06 | | | | |
| meal_duration | 0.59 | 0.5 | 0.91 | 0.04 | | | |
| bite_rate | 0.52 | -0.12 | -0.14 | -0.15 | -0.31 | | |
| bite_rate_active | 0.5 | -0.01 | -0.2 | 0.01 | -0.25 | 0.94 | |
| sip_rate | 0.01 | 0.73 | -0.07 | 0.01 | -0.03 | 0.07 | 0.13 |
| sip_rate_active | 0 | 0.8 | -0.06 | 0.19 | 0.07 | -0.02 | 0.12 |
| bite_size_g | -0.59 | 0.01 | -0.38 | 0.12 | -0.33 | -0.37 | -0.38 |
| bite_size_kcal | -0.59 | -0.25 | -0.44 | 0.09 | -0.43 | -0.29 | -0.32 |
| eat_rate_g | -0.09 | -0.1 | -0.45 | -0.08 | -0.57 | 0.56 | 0.5 |
| eat_rate_kcal | -0.11 | -0.26 | -0.49 | -0.12 | -0.61 | 0.55 | 0.5 |
| eat_rate_active_g | -0.18 | -0.02 | -0.53 | 0.07 | -0.52 | 0.43 | 0.48 |
| eat_rate_active_kcal | -0.19 | -0.22 | -0.55 | 0 | -0.58 | 0.44 | 0.48 |
| prop_active | 0.25 | -0.24 | 0.13 | -0.33 | -0.26 | 0.51 | 0.21 |

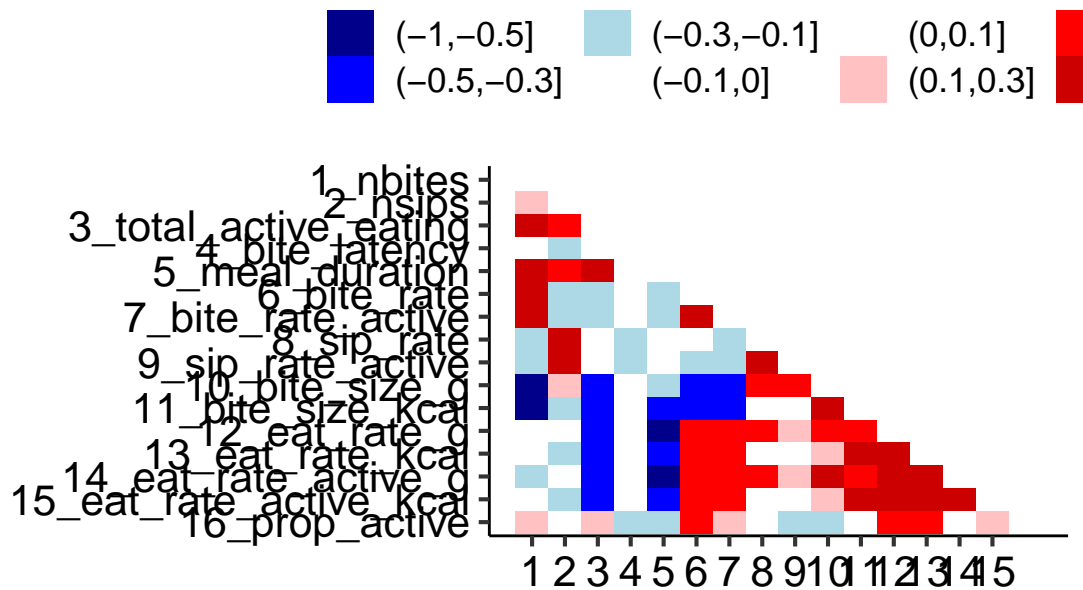
Portion Size 1 Correlations



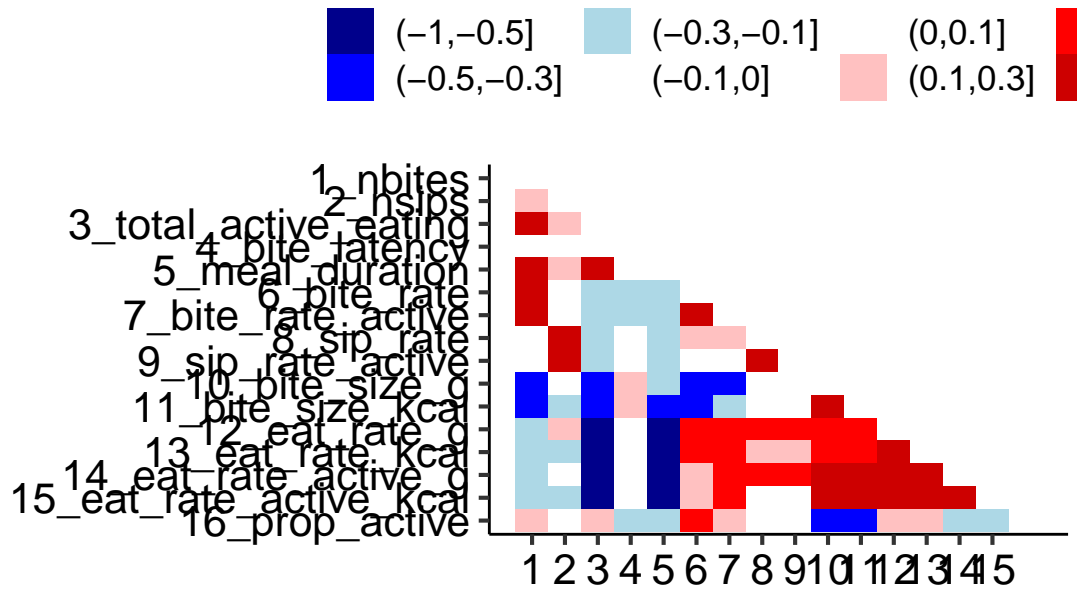
Portion Size 2 Correlations



Portion Size 3 Correlations



Portion Size 4 Correlations



4 Test of Multivariate Dispersion

Permutation test for homogeneity of multivariate dispersions

Permutation: free

Number of permutations: 999

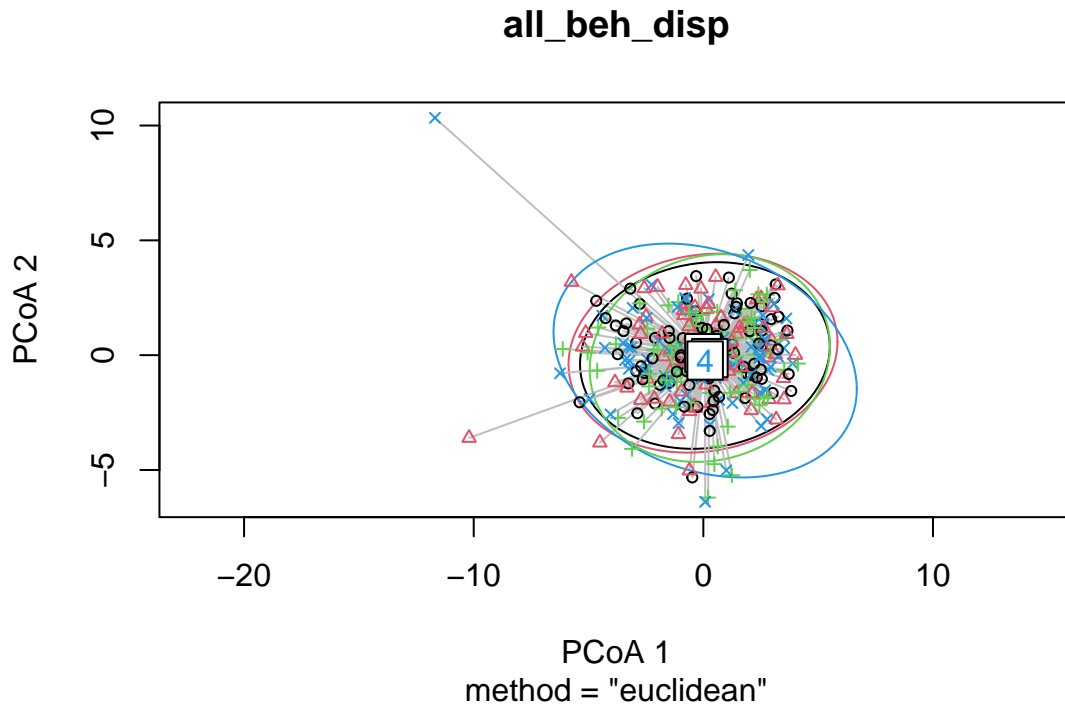
Response: Distances

| | Df | Sum Sq | Mean Sq | F | N.Perm | Pr(>F) |
|-----------|-----|--------|---------|--------|--------|--------|
| Groups | 3 | 5.42 | 1.8070 | 0.6913 | 999 | 0.553 |
| Residuals | 341 | 891.29 | 2.6138 | | | |

Pairwise comparisons:

(Observed p-value below diagonal, permuted p-value above diagonal)

| | 1 | 2 | 3 | 4 |
|---|---------|---------|---------|-------|
| 1 | | 0.34300 | 0.50500 | 0.210 |
| 2 | 0.33826 | | 0.69600 | 0.676 |
| 3 | 0.50018 | 0.69051 | | 0.446 |
| 4 | 0.20285 | 0.67188 | 0.42072 | |



5 Permutational Multivariate Analysis of Variance Using Distance Matrices

5.1 Portion Size

Permutation test for adonis under reduced model

Terms added sequentially (first to last)

Blocks: strata

Permutation: free

Number of permutations: 999

```
adonis2(formula = scale(portion.beh) ~ ps, data = adonis_dat, permutations = 999, method = "euclidean",
```

| | Df | SumOfSqs | R2 | F | Pr(>F) |
|----------|-----|----------|---------|-------|----------|
| ps | 1 | 23.3 | 0.00424 | 1.459 | 0.003 ** |
| Residual | 343 | 5480.7 | 0.99576 | | |
| Total | 344 | 5504.0 | 1.00000 | | |

Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

\$parent_call

```
[1] "scale(portion.beh) ~ ps , strata = sub , permutations 999"
```

\$`1_vs_2`

| | Df | SumOfSqs | R2 | F | Pr(>F) |
|----------|-----|----------|---------|--------|--------|
| ps | 1 | 7.18 | 0.00269 | 0.4694 | 0.45 |
| Residual | 174 | 2661.26 | 0.99731 | | |
| Total | 175 | 2668.44 | 1.00000 | | |

```

$`1_vs_3`
      Df SumOfSqs      R2      F Pr(>F)
ps      1      9.76 0.00389 0.6795 0.125
Residual 174 2498.20 0.99611
Total    175 2507.96 1.00000

$`1_vs_4`
      Df SumOfSqs      R2      F Pr(>F)
ps      1     21.84 0.00778 1.3259 0.001 ***
Residual 169 2783.44 0.99222
Total    170 2805.27 1.00000
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

$`2_vs_3`
      Df SumOfSqs      R2      F Pr(>F)
ps      1      8.32 0.0031 0.5344 0.322
Residual 172 2679.34 0.9969
Total    173 2687.66 1.0000

$`2_vs_4`
      Df SumOfSqs      R2      F Pr(>F)
ps      1     21.92 0.00734 1.2348 0.033 *
Residual 167 2964.57 0.99266
Total    168 2986.49 1.00000
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

$`3_vs_4`
      Df SumOfSqs      R2      F Pr(>F)
ps      1     13.93 0.00495 0.8307 0.106
Residual 167 2801.52 0.99505
Total    168 2815.45 1.00000

attr(,"class")
[1] "pwadstrata" "list"

```

5.2 Visits

```

Permutation test for adonis under reduced model
Terms added sequentially (first to last)
Blocks: strata
Permutation: free
Number of permutations: 999

```

```

adonis2(formula = scale(portion.beh) ~ visit, data = adonis_dat, permutations = 999, method = "euclidean")
      Df SumOfSqs      R2      F Pr(>F)
visit    3     30.7 0.00557 0.6371 0.204
Residual 341 5473.3 0.99443
Total    344 5504.0 1.00000

```

5.3 Exploratory Univariate Analyses

Table 9: Number of Bites by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 40.246 | 16.184 | 329.386 | 2.487 | 0.013 |
| avg_vas | 8.583 | 3.923 | 336.055 | 2.188 | 0.029 |
| freddy_pre_meal | -0.093 | 0.058 | 333.691 | -1.614 | 0.107 |
| ps_order | -0.025 | 1.100 | 252.852 | -0.023 | 0.982 |
| ps | 3.065 | 1.101 | 253.590 | 2.785 | 0.006 |

Table 10: Number of Sips by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 4.485 | 3.057 | 290.855 | 1.467 | 0.143 |
| avg_vas | 0.859 | 0.745 | 293.211 | 1.153 | 0.250 |
| freddy_pre_meal | 0.006 | 0.011 | 339.318 | 0.553 | 0.581 |
| ps_order | -0.133 | 0.231 | 255.355 | -0.576 | 0.565 |
| ps | -0.391 | 0.231 | 256.460 | -1.693 | 0.092 |

Table 11: Active Eating Time (min) by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 9.865 | 2.969 | 328.895 | 3.322 | 0.001 |
| avg_vas | 1.511 | 0.720 | 335.686 | 2.099 | 0.037 |
| freddy_pre_meal | -0.011 | 0.011 | 333.873 | -1.011 | 0.313 |
| ps_order | -0.254 | 0.202 | 252.124 | -1.255 | 0.211 |
| ps | 0.728 | 0.202 | 252.870 | 3.598 | 0.000 |

Table 12: Meal Duration (min) by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 14.277 | 3.400 | 332.078 | 4.199 | 0.000 |
| avg_vas | 1.102 | 0.823 | 338.231 | 1.339 | 0.182 |
| freddy_pre_meal | -0.003 | 0.012 | 331.385 | -0.286 | 0.775 |
| ps_order | -0.327 | 0.229 | 252.461 | -1.430 | 0.154 |
| ps | 0.500 | 0.229 | 253.161 | 2.187 | 0.030 |

Table 13: Latency to First Bite (min) by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 0.497 | 0.110 | 199.961 | 4.500 | 0.000 |
| avg_vas | -0.032 | 0.026 | 170.866 | -1.195 | 0.234 |
| freddy_pre_meal | 0.000 | 0.000 | 235.772 | 0.905 | 0.367 |
| ps_order | 0.000 | 0.011 | 261.880 | 0.027 | 0.979 |
| ps | -0.001 | 0.011 | 263.607 | -0.091 | 0.928 |

Table 14: Bites/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 2.983 | 0.710 | 334.582 | 4.198 | 0.000 |
| avg_vas | 0.319 | 0.172 | 339.838 | 1.858 | 0.064 |
| freddy_pre_meal | -0.004 | 0.003 | 329.031 | -1.584 | 0.114 |
| ps_order | 0.074 | 0.047 | 253.469 | 1.574 | 0.117 |
| ps | 0.042 | 0.047 | 254.124 | 0.885 | 0.377 |

Table 15: Bites/min (active) by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 4.093 | 0.700 | 337.817 | 5.845 | 0.000 |
| avg_vas | 0.202 | 0.169 | 340.997 | 1.195 | 0.233 |
| freddy_pre_meal | -0.002 | 0.002 | 324.059 | -0.971 | 0.332 |
| ps_order | 0.060 | 0.046 | 253.314 | 1.321 | 0.188 |
| ps | -0.023 | 0.046 | 253.901 | -0.504 | 0.614 |

Table 16: Sips/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 0.392 | 0.168 | 288.971 | 2.333 | 0.020 |
| avg_vas | 0.008 | 0.041 | 291.064 | 0.184 | 0.854 |
| freddy_pre_meal | 0.000 | 0.001 | 338.972 | 0.134 | 0.893 |
| ps_order | 0.002 | 0.013 | 254.554 | 0.149 | 0.882 |
| ps | -0.024 | 0.013 | 255.677 | -1.847 | 0.066 |

Table 17: Sips/min (active) by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 0.480 | 0.195 | 288.655 | 2.461 | 0.014 |
| avg_vas | -0.002 | 0.047 | 290.666 | -0.048 | 0.962 |
| freddy_pre_meal | 0.001 | 0.001 | 338.880 | 0.854 | 0.394 |
| ps_order | 0.008 | 0.015 | 254.639 | 0.527 | 0.598 |
| ps | -0.035 | 0.015 | 255.763 | -2.390 | 0.018 |

Table 18: g/Bite by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 8.259 | 1.512 | 234.672 | 5.464 | 0.000 |
| avg_vas | -0.514 | 0.367 | 222.940 | -1.399 | 0.163 |
| freddy_pre_meal | 0.009 | 0.006 | 300.699 | 1.473 | 0.142 |
| ps_order | -0.132 | 0.133 | 255.758 | -0.997 | 0.320 |
| ps | 0.143 | 0.133 | 257.215 | 1.078 | 0.282 |

Table 19: kcal/Bite by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 8.259 | 1.512 | 234.672 | 5.464 | 0.000 |
| avg_vas | -0.514 | 0.367 | 222.940 | -1.399 | 0.163 |
| freddy_pre_meal | 0.009 | 0.006 | 300.699 | 1.473 | 0.142 |
| ps_order | -0.132 | 0.133 | 255.758 | -0.997 | 0.320 |
| ps | 0.143 | 0.133 | 257.215 | 1.078 | 0.282 |

Table 20: g/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 24.181 | 4.872 | 318.214 | 4.963 | 0.000 |
| avg_vas | 0.321 | 1.184 | 325.235 | 0.271 | 0.786 |
| freddy_pre_meal | -0.017 | 0.018 | 337.772 | -0.958 | 0.339 |
| ps_order | 0.356 | 0.344 | 252.044 | 1.035 | 0.301 |
| ps | 0.414 | 0.344 | 252.862 | 1.204 | 0.230 |

Table 21: kcal/min by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 26.326 | 7.081 | 313.496 | 3.718 | 0.000 |
| avg_vas | 0.887 | 1.722 | 320.273 | 0.515 | 0.607 |
| freddy_pre_meal | -0.049 | 0.026 | 338.919 | -1.899 | 0.058 |
| ps_order | 0.881 | 0.506 | 251.266 | 1.742 | 0.083 |
| ps | 1.224 | 0.506 | 252.132 | 2.421 | 0.016 |

Table 22: g/min (active) by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 34.007 | 5.520 | 304.025 | 6.161 | 0.000 |
| avg_vas | -1.177 | 1.344 | 309.415 | -0.876 | 0.382 |
| freddy_pre_meal | -0.003 | 0.020 | 339.997 | -0.165 | 0.869 |
| ps_order | 0.144 | 0.404 | 252.791 | 0.357 | 0.722 |
| ps | 0.178 | 0.405 | 253.737 | 0.440 | 0.660 |

Table 23: kcal/min (active) by Portion Size Meal

| | Estimate | Std. Error | df | t value | Pr(> t) |
|-----------------|----------|------------|---------|---------|----------|
| (Intercept) | 38.086 | 7.800 | 303.884 | 4.883 | 0.000 |
| avg_vas | -0.929 | 1.899 | 309.340 | -0.490 | 0.625 |
| freddy_pre_meal | -0.038 | 0.029 | 339.995 | -1.319 | 0.188 |
| ps_order | 0.659 | 0.571 | 252.165 | 1.154 | 0.250 |
| ps | 1.012 | 0.571 | 253.114 | 1.770 | 0.078 |

5.4 Repeated Measures Correlation

Table 24: Repeated Measures: Correlation Matrix

| | nbites_c1 | nsips_c1 | total_active_eating_c1 | bite_latency_c1 | meal_duration_c1 | bite_rate_c1 |
|-------------------------|-----------|----------|------------------------|-----------------|------------------|--------------|
| nbites_c1 | | | | | | |
| nsips_c1 | 0.085 | | | | | |
| total_active_eating_c1 | 0.664 | 0.173 | | | | |
| bite_latency_c1 | -0.117 | 0.044 | -0.042 | | | |
| meal_duration_c1 | 0.538 | 0.213 | 0.811 | -0.006 | | |
| bite_rate_c1 | 0.501 | -0.102 | -0.076 | -0.167 | -0.338 | |
| bite_rate_active_c1 | 0.412 | -0.054 | -0.294 | -0.068 | -0.279 | 0.8 |
| sip_rate_c1 | -0.098 | 0.825 | -0.084 | 0.006 | -0.131 | -0.3 |
| sip_rate_active_c1 | -0.132 | 0.843 | -0.144 | 0.067 | -0.056 | -0.3 |
| bite_size_g_c1 | -0.398 | -0.061 | -0.248 | 0.052 | -0.238 | -0.3 |
| bite_size_kcal_c1 | -0.354 | -0.204 | -0.251 | 0.056 | -0.263 | -0.3 |
| eat_rate_g_c1 | -0.233 | -0.088 | -0.409 | -0.104 | -0.625 | 0.5 |
| eat_rate_kcal_c1 | -0.143 | -0.22 | -0.356 | -0.09 | -0.539 | 0.4 |
| eat_rate_active_g_c1 | -0.346 | -0.086 | -0.561 | 0 | -0.538 | 0.1 |
| eat_rate_active_kcal_c1 | -0.246 | -0.225 | -0.496 | -0.002 | -0.505 | 0.2 |
| prop_active_c1 | 0.255 | -0.035 | 0.356 | -0.143 | -0.219 | 0.4 |

5.4.1 ICC across portion sizes

Table 25: Coding Reliability - ICC

| | |
|----------------------|-------|
| nbites | 0.697 |
| nsips | 0.534 |
| active_eating | 0.676 |
| bite_latency | 0.160 |
| meal_duration | 0.699 |
| bite_rate | 0.729 |
| bite_rate_active | 0.760 |
| sip_rate | 0.524 |
| sip_rate_active | 0.522 |
| bite_size_g | 0.331 |
| bite_size_kcal | 0.403 |
| eat_rate_g | 0.657 |
| eat_rate_kcal | 0.673 |
| eat_rate_active_g | 0.594 |
| eat_rate_active_kcal | 0.631 |
| prop_active | 0.258 |

6 Replication of ‘Obesogenic’ Style of Eating

6.1 Association with Intake

6.1.1 Portion Size 1

Table 26: Standardized Coeffitens for Association Between Eating Behaivors and Intake (adjusted for age, sex, liking, and fullness)

| Behavior | PS 1, g | PS 1, kcal | PS 2, g | PS 2, kcal | PS 3, g | PS 3, kcal | PS 4, g | PS 4, kcal |
|----------------------|---------|------------|---------|------------|---------|------------|---------|------------|
| fulness | -0.006 | 0.014 | -0.022 | -0.035 | -0.027 | 0.014 | -0.027 | -0.025 |
| sex (ref = male) | -0.139 | -0.165 | -0.085 | -0.053 | 0.053 | -0.01 | 0.053 | -0.072 |
| age, yr | -0.016 | -0.041 | -0.001 | -0.016 | -0.026 | -0.032 | -0.026 | -0.056 |
| avg liking | 0.042 | 0.059 | 0.042 | 0.017 | 0.048 | 0.066 | 0.048 | 0.056 |
| bites | 0.486 | 0.559 | 0.245 | 0.383 | 0.342 | 0.381 | 0.342 | 0.196 |
| sips | 0.075 | -0.022 | 0.084 | -0.004 | 0.005 | -0.009 | 0.005 | 0.034 |
| bite size | 0.258 | 0.264 | 0.127 | 0.208 | 0.199 | 0.209 | 0.199 | -0.014 |
| active eat/meal, min | 0.056 | 0.058 | -0.031 | -0.038 | 0.067 | 0.052 | 0.067 | 0.1 |
| meal duration, min | 0.586 | 0.548 | 0.749 | 0.49 | 0.76 | 0.608 | 0.76 | 0.816 |
| eating rate | 0.568 | 0.606 | 0.747 | 0.717 | 0.632 | 0.643 | 0.632 | 0.906 |

Table 27: Portion Size 1 - Standardized Coeffitens for Association Between Eating Behaivors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.069 | 0.057 | 1.205 | 0.232 |
| scale(ps1_freddy_pre_meal) | -0.006 | 0.041 | -0.150 | 0.881 |
| sexFemale | -0.139 | 0.085 | -1.642 | 0.105 |
| scale(age_yr) | -0.016 | 0.041 | -0.395 | 0.694 |
| scale(ps1_avg_vas) | 0.042 | 0.040 | 1.040 | 0.302 |
| scale(ps1_nbites) | 0.486 | 0.090 | 5.387 | 0.000 |
| scale(ps1_nsips) | 0.075 | 0.050 | 1.497 | 0.138 |
| scale(ps1_bite_size_g) | 0.258 | 0.074 | 3.494 | 0.001 |
| scale(ps1_prop_active) | 0.056 | 0.051 | 1.092 | 0.278 |
| scale(ps1_meal_duration) | 0.586 | 0.089 | 6.583 | 0.000 |
| scale(ps1_eat_rate_g) | 0.568 | 0.077 | 7.346 | 0.000 |

Table 28: Portion Size 1 - Standardized Coeffitens for Association Between Eating Behaivors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.081 | 0.059 | 1.369 | 0.175 |
| scale(ps1_freddy_pre_meal) | 0.014 | 0.043 | 0.319 | 0.751 |
| sexFemale | -0.165 | 0.088 | -1.871 | 0.065 |
| scale(age_yr) | -0.041 | 0.041 | -0.992 | 0.324 |
| scale(ps1_avg_vas) | 0.059 | 0.042 | 1.419 | 0.160 |
| scale(ps1_nbites) | 0.559 | 0.090 | 6.249 | 0.000 |
| scale(ps1_nsips) | -0.022 | 0.048 | -0.461 | 0.646 |
| scale(ps1_bite_size_kcal) | 0.264 | 0.074 | 3.544 | 0.001 |
| scale(ps1_prop_active) | 0.058 | 0.053 | 1.098 | 0.276 |
| scale(ps1_meal_duration) | 0.548 | 0.092 | 5.950 | 0.000 |
| scale(ps1_eat_rate_kcal) | 0.606 | 0.081 | 7.505 | 0.000 |

6.1.2 Portion Size 3

Table 29: Portion Size 3 - Standardized Coefficients for Association Between Eating Behaviors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.028 | 0.072 | 0.387 | 0.700 |
| scale(ps2_freddy_pre_meal) | -0.022 | 0.055 | -0.394 | 0.695 |
| sexFemale | -0.085 | 0.114 | -0.750 | 0.455 |
| scale(age_yr) | -0.001 | 0.053 | -0.020 | 0.984 |
| scale(ps2_avg_vas) | 0.042 | 0.055 | 0.768 | 0.445 |
| scale(ps2_nbites) | 0.245 | 0.105 | 2.333 | 0.022 |
| scale(ps2_nsips) | 0.084 | 0.055 | 1.527 | 0.131 |
| scale(ps2_bite_size_g) | 0.127 | 0.092 | 1.387 | 0.169 |
| scale(ps2_prop_active) | -0.031 | 0.060 | -0.512 | 0.610 |
| scale(ps2_meal_duration) | 0.749 | 0.114 | 6.592 | 0.000 |
| scale(ps2_eat_rate_g) | 0.747 | 0.094 | 7.906 | 0.000 |

Table 30: Portion Size 2 - Standardized Coefficients for Association Between Eating Behaviors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.015 | 0.070 | 0.209 | 0.835 |
| scale(ps2_freddy_pre_meal) | -0.035 | 0.053 | -0.645 | 0.521 |
| sexFemale | -0.053 | 0.109 | -0.488 | 0.627 |
| scale(age_yr) | -0.016 | 0.051 | -0.320 | 0.750 |
| scale(ps2_avg_vas) | 0.017 | 0.053 | 0.316 | 0.753 |
| scale(ps2_nbites) | 0.383 | 0.099 | 3.884 | 0.000 |
| scale(ps2_nsips) | -0.004 | 0.051 | -0.077 | 0.939 |
| scale(ps2_bite_size_kcal) | 0.208 | 0.089 | 2.345 | 0.022 |
| scale(ps2_prop_active) | -0.038 | 0.059 | -0.638 | 0.526 |
| scale(ps2_meal_duration) | 0.490 | 0.101 | 4.844 | 0.000 |
| scale(ps2_eat_rate_kcal) | 0.717 | 0.095 | 7.578 | 0.000 |

6.1.3 Portion Size 3

Table 31: Portion Size 3 - Standardized Coefficients for Association Between Eating Behaviors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | -0.028 | 0.055 | -0.505 | 0.615 |
| scale(ps3_freddy_pre_meal) | -0.027 | 0.042 | -0.649 | 0.518 |
| sexFemale | 0.053 | 0.079 | 0.663 | 0.510 |
| scale(age_yr) | -0.026 | 0.040 | -0.645 | 0.521 |
| scale(ps3_avg_vas) | 0.048 | 0.038 | 1.240 | 0.219 |
| scale(ps3_nbites) | 0.342 | 0.091 | 3.747 | 0.000 |
| scale(ps3_nsips) | 0.005 | 0.045 | 0.119 | 0.906 |
| scale(ps3_bite_size_g) | 0.199 | 0.081 | 2.468 | 0.016 |
| scale(ps3_prop_active) | 0.067 | 0.043 | 1.537 | 0.128 |
| scale(ps3_meal_duration) | 0.760 | 0.085 | 8.960 | 0.000 |
| scale(ps3_eat_rate_g) | 0.632 | 0.081 | 7.835 | 0.000 |

Table 32: Portion Size 3 - Standardized Coefficients for Association Between Eating Behaviors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.004 | 0.059 | 0.063 | 0.950 |
| scale(ps3_freddy_pre_meal) | 0.014 | 0.045 | 0.314 | 0.754 |
| sexFemale | -0.010 | 0.086 | -0.118 | 0.906 |
| scale(age_yr) | -0.032 | 0.043 | -0.750 | 0.455 |
| scale(ps3_avg_vas) | 0.066 | 0.041 | 1.602 | 0.113 |
| scale(ps3_nbites) | 0.381 | 0.093 | 4.107 | 0.000 |
| scale(ps3_nsips) | -0.009 | 0.046 | -0.190 | 0.850 |
| scale(ps3_bite_size_kcal) | 0.209 | 0.084 | 2.480 | 0.015 |
| scale(ps3_prop_active) | 0.052 | 0.048 | 1.064 | 0.291 |
| scale(ps3_meal_duration) | 0.608 | 0.087 | 7.023 | 0.000 |
| scale(ps3_eat_rate_kcal) | 0.643 | 0.090 | 7.135 | 0.000 |

6.1.4 Portion Size 4

Table 33: Portion Size 4 - Standardized Coefficients for Association Between Eating Behaviors and Intake (g) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.063 | 0.070 | 0.906 | 0.368 |
| scale(ps4_freddy_pre_meal) | -0.035 | 0.048 | -0.715 | 0.477 |
| sexFemale | -0.134 | 0.099 | -1.363 | 0.177 |
| scale(age_yr) | 0.006 | 0.050 | 0.113 | 0.910 |
| scale(ps4_avg_vas) | 0.053 | 0.048 | 1.102 | 0.274 |
| scale(ps4_nbites) | 0.160 | 0.073 | 2.183 | 0.032 |
| scale(ps4_nsips) | 0.143 | 0.052 | 2.760 | 0.007 |
| scale(ps4_bite_size_g) | -0.027 | 0.065 | -0.415 | 0.680 |
| scale(ps4_prop_active) | 0.115 | 0.060 | 1.923 | 0.059 |
| scale(ps4_meal_duration) | 0.844 | 0.084 | 10.024 | 0.000 |
| scale(ps4_eat_rate_g) | 0.831 | 0.076 | 10.976 | 0.000 |

Table 34: Portion Size 4 - Standardized Coefficients for Association Between Eating Behaviors and Intake (kcal) (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.027 | 0.073 | 0.366 | 0.715 |
| scale(ps4_freddy_pre_meal) | -0.025 | 0.050 | -0.500 | 0.619 |
| sexFemale | -0.072 | 0.104 | -0.693 | 0.490 |
| scale(age_yr) | -0.056 | 0.052 | -1.068 | 0.289 |
| scale(ps4_avg_vas) | 0.056 | 0.051 | 1.109 | 0.271 |
| scale(ps4_nbites) | 0.196 | 0.079 | 2.475 | 0.016 |
| scale(ps4_nsips) | 0.034 | 0.051 | 0.670 | 0.505 |
| scale(ps4_bite_size_kcal) | -0.014 | 0.067 | -0.215 | 0.830 |
| scale(ps4_prop_active) | 0.100 | 0.061 | 1.652 | 0.103 |
| scale(ps4_meal_duration) | 0.816 | 0.087 | 9.392 | 0.000 |
| scale(ps4_eat_rate_kcal) | 0.906 | 0.076 | 11.977 | 0.000 |

6.2 Association with BMI Percentile

6.2.1 Portion Size 1

Table 35: Standardized Coefficients for Association Between Eating Behaviors and BMI Percentile (adjusted for age, sex, liking, and fullness)

| Behavior | PS 1, g | PS 1, kcal | PS 2, g | PS 2, kcal | PS 3, g | PS 3, kcal | PS 4, g | PS 4, kcal |
|----------------------|---------|------------|---------|------------|---------|------------|---------|------------|
| fullness | -0.214 | -0.219 | -0.155 | -0.149 | -0.105 | -0.042 | -0.045 | -0.045 |
| sex (ref = male) | -0.264 | -0.195 | -0.018 | -0.02 | -0.044 | -0.026 | -0.1 | -0.024 |
| age, yr | -0.126 | -0.053 | -0.234 | -0.222 | -0.104 | -0.077 | -0.161 | -0.149 |
| avg liking | 0.047 | 0.047 | 0.09 | 0.083 | 0.017 | 0.026 | -0.007 | 0.007 |
| bites | -0.045 | -0.081 | 0.061 | 0.167 | 0.39 | 0.371 | 0.047 | -0.035 |
| sips | 0.142 | 0.217 | -0.115 | -0.055 | 0.143 | 0.259 | -0.108 | -0.062 |
| bite size | -0.103 | -0.102 | -0.021 | 0.154 | 0.25 | 0.229 | -0.334 | -0.328 |
| active eat/meal, min | -0.18 | -0.148 | -0.365 | -0.345 | -0.176 | -0.241 | -0.402 | -0.36 |
| meal duration, min | -0.062 | -0.019 | -0.176 | -0.273 | -0.352 | -0.351 | -0.07 | 0.03 |
| eating rate | 0.513 | 0.549 | 0.356 | 0.215 | 0.051 | 0.113 | 0.427 | 0.544 |

Table 36: Portion Size 1 - Standardized Coefficients for Association Between Eating Behaviors (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.126 | 0.148 | 0.850 | 0.398 |
| scale(ps1_freddy_pre_meal) | -0.214 | 0.107 | -2.002 | 0.049 |
| sexFemale | -0.264 | 0.221 | -1.198 | 0.234 |
| scale(age_yr) | -0.126 | 0.107 | -1.181 | 0.241 |
| scale(ps1_avg_vas) | 0.047 | 0.105 | 0.451 | 0.653 |
| scale(ps1_nbites) | -0.045 | 0.234 | -0.192 | 0.849 |
| scale(ps1_nsips) | 0.142 | 0.129 | 1.100 | 0.275 |
| scale(ps1_bite_size_g) | -0.103 | 0.192 | -0.538 | 0.592 |
| scale(ps1_prop_active) | -0.180 | 0.134 | -1.344 | 0.183 |
| scale(ps1_meal_duration) | -0.062 | 0.231 | -0.270 | 0.788 |
| scale(ps1_eat_rate_g) | 0.513 | 0.201 | 2.550 | 0.013 |

Table 37: Portion Size 1 - Standardized Coefficients for Association Between Eating Behaviors (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.093 | 0.146 | 0.633 | 0.529 |
| scale(ps1_freddy_pre_meal) | -0.219 | 0.106 | -2.063 | 0.042 |
| sexFemale | -0.195 | 0.219 | -0.890 | 0.376 |
| scale(age_yr) | -0.053 | 0.103 | -0.517 | 0.606 |
| scale(ps1_avg_vas) | 0.047 | 0.104 | 0.457 | 0.649 |
| scale(ps1_nbites) | -0.081 | 0.222 | -0.364 | 0.717 |
| scale(ps1_nsips) | 0.217 | 0.120 | 1.806 | 0.075 |
| scale(ps1_bite_size_kcal) | -0.102 | 0.185 | -0.551 | 0.583 |
| scale(ps1_prop_active) | -0.148 | 0.131 | -1.132 | 0.261 |
| scale(ps1_meal_duration) | -0.019 | 0.228 | -0.084 | 0.933 |
| scale(ps1_eat_rate_kcal) | 0.549 | 0.200 | 2.740 | 0.008 |

6.2.2 Portion Size 2

Table 38: Portion Size 3 - Standardized Coefficients for Association Between Eating Behaviors (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.031 | 0.151 | 0.206 | 0.837 |
| scale(ps2_freddy_pre_meal) | -0.155 | 0.116 | -1.341 | 0.184 |
| sexFemale | -0.018 | 0.238 | -0.078 | 0.938 |
| scale(age_yr) | -0.234 | 0.111 | -2.111 | 0.038 |
| scale(ps2_avg_vas) | 0.090 | 0.115 | 0.780 | 0.438 |
| scale(ps2_nbites) | 0.061 | 0.220 | 0.278 | 0.782 |
| scale(ps2_nsips) | -0.115 | 0.115 | -1.002 | 0.320 |
| scale(ps2_bite_size_g) | -0.021 | 0.192 | -0.110 | 0.913 |
| scale(ps2_prop_active) | -0.365 | 0.127 | -2.882 | 0.005 |
| scale(ps2_meal_duration) | -0.176 | 0.238 | -0.742 | 0.461 |
| scale(ps2_eat_rate_g) | 0.356 | 0.198 | 1.799 | 0.076 |

Table 39: Portion Size 2 - Standardized Coefficients for Association Between Eating Behaviors (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.032 | 0.149 | 0.217 | 0.829 |
| scale(ps2_freddy_pre_meal) | -0.149 | 0.114 | -1.305 | 0.196 |
| sexFemale | -0.020 | 0.232 | -0.087 | 0.931 |
| scale(age_yr) | -0.222 | 0.109 | -2.044 | 0.044 |
| scale(ps2_avg_vas) | 0.083 | 0.113 | 0.729 | 0.468 |
| scale(ps2_nbites) | 0.167 | 0.210 | 0.793 | 0.430 |
| scale(ps2_nsips) | -0.055 | 0.108 | -0.508 | 0.613 |
| scale(ps2_bite_size_kcal) | 0.154 | 0.189 | 0.813 | 0.419 |
| scale(ps2_prop_active) | -0.345 | 0.126 | -2.737 | 0.008 |
| scale(ps2_meal_duration) | -0.273 | 0.216 | -1.265 | 0.210 |
| scale(ps2_eat_rate_kcal) | 0.215 | 0.202 | 1.063 | 0.291 |

6.2.3 Portion Size 3

Table 40: Portion Size 3 - Standardized Coefficients for Association Between Eating Behaviors (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.023 | 0.158 | 0.148 | 0.882 |
| scale(ps3_freddy_pre_meal) | -0.105 | 0.119 | -0.879 | 0.382 |
| sexFemale | -0.044 | 0.228 | -0.194 | 0.846 |
| scale(age_yr) | -0.104 | 0.114 | -0.911 | 0.365 |
| scale(ps3_avg_vas) | 0.017 | 0.110 | 0.156 | 0.876 |
| scale(ps3_nbites) | 0.390 | 0.262 | 1.490 | 0.140 |
| scale(ps3_nsips) | 0.143 | 0.129 | 1.114 | 0.269 |
| scale(ps3_bite_size_g) | 0.250 | 0.232 | 1.076 | 0.285 |
| scale(ps3_prop_active) | -0.176 | 0.125 | -1.411 | 0.162 |
| scale(ps3_meal_duration) | -0.352 | 0.244 | -1.444 | 0.153 |
| scale(ps3_eat_rate_g) | 0.051 | 0.232 | 0.218 | 0.828 |

Table 41: Portion Size 3 - Standardized Coefficients for Association Between Eating Behaviors (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.015 | 0.156 | 0.099 | 0.922 |
| scale(ps3_freddy_pre_meal) | -0.042 | 0.119 | -0.356 | 0.723 |
| sexFemale | -0.026 | 0.227 | -0.115 | 0.909 |
| scale(age_yr) | -0.077 | 0.113 | -0.680 | 0.499 |
| scale(ps3_avg_vas) | 0.026 | 0.109 | 0.244 | 0.808 |
| scale(ps3_nbites) | 0.371 | 0.244 | 1.521 | 0.132 |
| scale(ps3_nsips) | 0.259 | 0.121 | 2.151 | 0.035 |
| scale(ps3_bite_size_kcal) | 0.229 | 0.222 | 1.034 | 0.305 |
| scale(ps3_prop_active) | -0.241 | 0.127 | -1.894 | 0.062 |
| scale(ps3_meal_duration) | -0.351 | 0.228 | -1.542 | 0.127 |
| scale(ps3_eat_rate_kcal) | 0.113 | 0.237 | 0.475 | 0.636 |

6.2.4 Portion Size 4

Table 42: Portion Size 4 - Standardized Coefficients for Association Between Eating Behaviors (g) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | 0.031 | 0.165 | 0.187 | 0.852 |
| scale(ps4_freddy_pre_meal) | -0.045 | 0.114 | -0.390 | 0.698 |
| sexFemale | -0.100 | 0.233 | -0.431 | 0.668 |
| scale(age_yr) | -0.161 | 0.119 | -1.356 | 0.179 |
| scale(ps4_avg_vas) | -0.007 | 0.114 | -0.064 | 0.949 |
| scale(ps4_nbites) | 0.047 | 0.174 | 0.273 | 0.786 |
| scale(ps4_nsips) | -0.108 | 0.123 | -0.878 | 0.383 |
| scale(ps4_bite_size_g) | -0.334 | 0.153 | -2.188 | 0.032 |
| scale(ps4_prop_active) | -0.402 | 0.141 | -2.849 | 0.006 |
| scale(ps4_meal_duration) | -0.070 | 0.199 | -0.352 | 0.726 |
| scale(ps4_eat_rate_g) | 0.427 | 0.179 | 2.387 | 0.020 |

Table 43: Portion Size 4 - Standardized Coefficients for Association Between Eating Behaviors (kcal) and BMI Percentile (adjusted for age, sex, liking, and fullness)

| | Estimate | Std. Error | t value | Pr(> t) |
|----------------------------|----------|------------|---------|----------|
| (Intercept) | -0.009 | 0.162 | -0.058 | 0.954 |
| scale(ps4_freddy_pre_meal) | -0.045 | 0.111 | -0.405 | 0.687 |
| sexFemale | -0.024 | 0.229 | -0.104 | 0.917 |
| scale(age_yr) | -0.149 | 0.116 | -1.294 | 0.200 |
| scale(ps4_avg_vas) | 0.007 | 0.112 | 0.058 | 0.954 |
| scale(ps4_nbites) | -0.035 | 0.175 | -0.200 | 0.842 |
| scale(ps4_nsips) | -0.062 | 0.112 | -0.555 | 0.581 |
| scale(ps4_bite_size_kcal) | -0.328 | 0.148 | -2.212 | 0.030 |
| scale(ps4_prop_active) | -0.360 | 0.134 | -2.686 | 0.009 |
| scale(ps4_meal_duration) | 0.030 | 0.191 | 0.157 | 0.876 |
| scale(ps4_eat_rate_kcal) | 0.544 | 0.167 | 3.263 | 0.002 |