First Principle Model Simulation Study

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0.1 Quadratic Model

0.1.1 Intake Equation

$$E(t) = \beta_{\theta} + \beta_1 t + \beta_2 t^2$$

0.1.2 Time equation

$$t=min(\frac{-\beta_1\pm\left(\beta_1^2-4(\beta_\theta-E(t))\beta_2\right)^{1/2}}{2\beta2}$$

0.2 Thompson et al., 2017 First-Principles Dynamic Model

0.2.1 Oringinal Equation in paper

$$E(t) = \frac{E_{max}\theta\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}-1}\right)}{\theta\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}+E_{max}r}\right)}$$

0.2.2 Correct intake equation - took the integral of the derivative/eating rate equation

$$\frac{dE}{dt} = (rE(t) = \theta) \left(1 - \frac{E(t)}{E_{max}} \right)$$

$$\int \frac{dE}{dt} = \int (rE(t) = \theta) \left(1 - \frac{E(t)}{E_{max}} \right)$$

$$\vdots$$

$$E(t) = \frac{E_{max}\theta \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} - 1 \right)}{\theta \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} + \frac{E_{max}r}{\theta} \right)}$$

$$= \frac{E_{max} \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} - 1 \right)}{e^{\frac{t(E_{max}r + \theta)}{E_{max}}} + \frac{E_{max}r}{\theta}}$$
(1)

0.2.3 Correct time equation

$$E(t) = \frac{E_{max} \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} - 1\right)}{e^{\frac{t(E_{max}r + \theta)}{E_{max}}} + \frac{E_{max}r}{\theta}}$$

$$E(t) \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} + \frac{E_{max}r}{\theta}\right) = E_{max} \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} - 1\right)$$

$$E(t) \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}}\right) + E(t) \left(\frac{E_{max}r}{\theta}\right) = E_{max} \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}}\right) - E_{max}$$

$$E(t) \left(\frac{E_{max}r}{\theta}\right) + E_{max} = E_{max} \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}}\right) - E(t) \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}}\right)$$

$$E_{max} \left(\frac{E(t)r}{\theta} + 1\right) = e^{\frac{t(E_{max}r + \theta)}{E_{max}}} \left(E_{max} - E(t)\right)$$

$$\frac{E_{max} \left(\frac{E(t)r}{\theta} + 1\right)}{E_{max} - E(t)} = e^{\frac{t(E_{max}r + \theta)}{E_{max}}}$$

$$\ln \left(\frac{E_{max} \left(\frac{E(t)r}{\theta} + 1\right)}{E_{max} - E(t)}\right) = \frac{t(E_{max}r + \theta)}{E_{max}}$$

$$\frac{E_{max}}{E_{max}r + \theta} \ln \left(\frac{E_{max} \left(\frac{E(t)r}{\theta} + 1\right)}{E_{max} - E(t)}\right) = t$$

0.3 Log likelihood

$$\begin{split} L(\hat{E(t)} + \epsilon, \sigma^2 | t, \theta, r, E_{max}) &= \prod_{i=1}^n \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{\left(E_i - E(t_i)\right)^2}{2\sigma^2}} \\ &= \prod_{i=1}^n (2\pi\sigma^2)^{\frac{-1}{2}} \ e^{-\frac{1}{2\sigma^2}(E_i - E(t_i))^2} \\ &= (2\pi\sigma^2)^{\frac{-n}{2}} \ \prod_{i=1}^n e^{-\frac{1}{2\sigma^2}(E_i - E(t_i))^2} \end{split}$$

$$\ln\left(L(\hat{E}(t) + \epsilon, \sigma^{2} | t, \theta, r, E_{max})\right) = \ln\left((2\pi\sigma^{2})^{\frac{-n}{2}} \prod_{i=1}^{n} e^{-\frac{1}{2\sigma^{2}}(E_{i} - E(t_{i}))^{2}}\right)$$

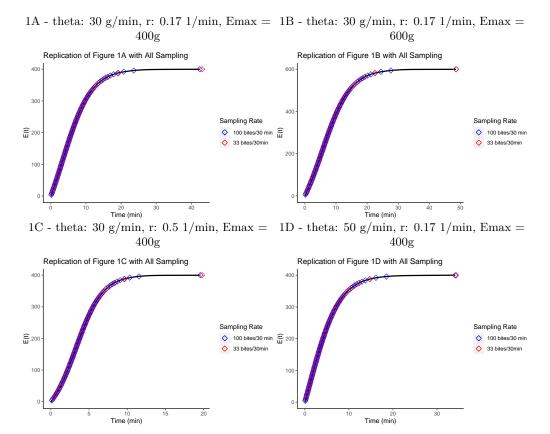
$$= \ln\left((2\pi\sigma^{2})^{\frac{-n}{2}}\right) + \ln\left(\prod_{i=1}^{n} e^{-\frac{1}{2\sigma^{2}}(E_{i} - E(t_{i}))^{2}}\right)$$

$$= \ln\left((2\pi\sigma^{2})^{\frac{-n}{2}}\right) + \ln\left(e^{-\frac{1}{2\sigma^{2}}} \sum_{i}^{n} (E_{i} - E(t_{i}))^{2}\right)$$

$$= \frac{-n}{2}\ln\left(2\pi\sigma^{2}\right) + -\frac{1}{2\sigma^{2}} \sum_{i}^{n} (E_{i} - E(t_{i}))^{2}$$
(2)

$$\sigma^2 = \frac{\sum_{i}^{n} (E_i - E(t_i))^2}{n}$$

$$\ln\left(L(\hat{E(t)} + \epsilon, \sigma^2 | t, \theta, r, E_{max})\right) = \frac{-n}{2} \ln\left(2\pi \left(\frac{\sum_{i=1}^{n} (E_i - E(t_i))^2}{n}\right)^2\right) + -\frac{1}{2\left(\frac{\sum_{i=1}^{n} (E_i - E(t_i))^2}{n}\right)^2} \sum_{i=1}^{n} (E_i - E(t_i))^2$$



0.3.1 Compare Parameter Fits by Sampling Rate

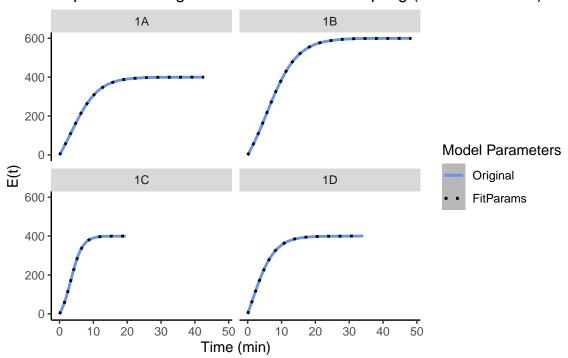
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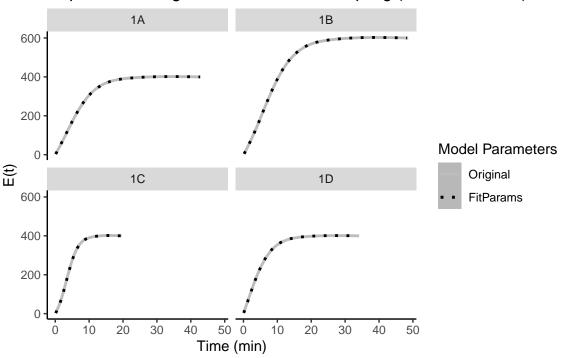
250 ms Sampling

Replication of Figure 1A with 250 ms sampling (for 30 min meal)

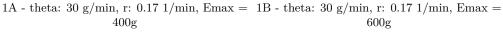


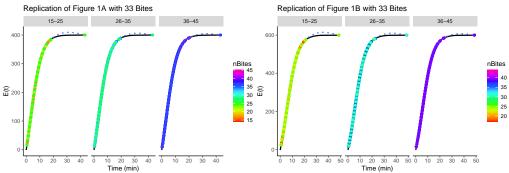
100 bite Sampling

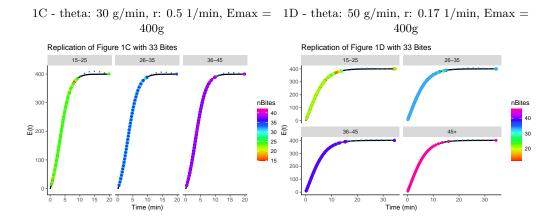
Replication of Figure 1 with 250 ms sampling (for 30 min meal)



randomly sampled number of bites: mean = 33, sd = 5







1 Simulations based on Fogel et al., 2017

1.1 Correlations between Microstructure Behaviors

1.1.1 Corrleations Reported in Fogel et al., 2017 (Table 1)

Table 1: Correlations between Microstructure Behaviors - Simulated

nBites	BiteSize_g	BiteOralExposure_sec	ActiveMeal_pcent	TotalOralExposure_min	EatRate_g.min
NA	NA	NA	NA	NA	NA
-0.42*	NA	NA	NA	NA	NA
-0.58*	0.54*	NA	NA	NA	NA
0.11*	0.17*	0.16*	NA	NA	NA
0.54*	-0.01	0.02	0.33	NA	NA
0.15*	0.55*	-0.25*	-0.02	-0.05	NA

1.1.2 Corrleations Simulated

Table 2: Correlations between Microstructure Behaviors - Simulated

nBites	BiteSize_g	BiteOralExposure_sec	ActiveMeal_pcent	TotalOralExposure_min	EatRate_g.min	TotalIn
-0.42*						
-0.58*	0.54*					
0.11*	0.17*	0.16*				
0.42*	0.15*	0.49*	0.3*			
0.04	0.66*	-0.27*	0.05	-0.26*		
0.34*	0.71*	0.11*	0.27*	0.49*	0.71*	
0.02	0.4*	-0.14*	0.04	-0.14*	0.58*	0.43*
0.4*	0.09*	0.45*	-0.06	0.93*	-0.29*	0.41*

Table 3: Correlations between Microstructure Behaviors - Simulated, Rounded

nBites	BiteSize_g	BiteOralExposure_sec	ActiveMeal_pcent	TotalOralExposure_min	EatRate_g.min	TotalIn
-0.42*						
-0.58*	0.54*					
0.09*	0.17*	0.16*				
0.43*	0.15*	0.48*	0.28*			
0.04	0.66*	-0.27*	0.05	-0.26*		
0.35*	0.7*	0.1*	0.25*	0.49*	0.71*	
0.01	0.37*	-0.19*	0.04	-0.2*	0.6*	0.39*
0.42*	0.09*	0.44*	-0.08	0.94*	-0.29*	0.42*

1.1.3 Corrleations Simulated - After Rounding Simulated Number of Bites

1.2 Fast vs Slow Eaters Microstructure Characteristics

1.2.1 Means (SEM) Reported in Fogel et al., 2017 (Table 2)

	Slow	Fast	t t
Bites(#)	57.7 (2.5)	$\overline{68.4\ (2.5)}$	$\overline{3.04}$ 0.003
Bite Size (grams/bite)	1.4(0.1)	2.4(0.1)	9.17 < 0.001
Oral Exposure per Bite (sec)	20.1(0.9)	15.6 (0.5)	4.11 < 0.001
Active Mealtime (%)	75.0(1.0)	76.0(1.0)	0.56 0.570
Total Oral Exposure (min)	15.1 (0.4)	15.2(0.4)	0.08 0.930
Total Intake (kCal)	175.3 (6.09)	306.7 (9.9)	11.28 < 0.001

1.2.2 Means (SEM) After Rounding Simulated Number of Bites

	Slow	Fast	$\overline{ ext{t}}$
Bites(#)	57.7 (2.5)	$\overline{68.4\ (2.5)}$	$\overline{3.04}$ 0.003
Bite Size (grams/bite)	1.4(0.1)	2.4(0.1)	9.17 < 0.001
Oral Exposure per Bite (sec)	20.1(0.9)	15.6 (0.5)	4.11 < 0.001
Active Mealtime (%)	75.0(1.0)	$76.0\ (1.0)$	0.56 0.570
Total Oral Exposure (min)	15.1 (0.4)	15.2(0.4)	0.08 0.930
Total Intake (kCal)	175.3 (6.09)	306.7 (9.9)	11.28 < 0.001

1.2.3 Parameter Distributions - Quadratic

1.2.4 Parameter Distributions - First Principles Model

