First Principle Model Simulation Study

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0.1 Quadratic Model

0.1.1 Intake Equation

$$E(t) = \beta_{\theta} + \beta_1 t + \beta_2 t^2$$

0.1.2 Time equation

$$t = min(\frac{-\beta_1 \pm \left(\beta_1^2 - 4(\beta_\theta - E(t))\beta_2\right)^{1/2}}{2\beta 2}$$

0.2 Thompson et al., 2017 First-Principles Dynamic Model

0.2.1 Oringinal Equation in paper

$$E(t) = \frac{E_{max}\theta\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}}-1\right)}{\theta\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}}+E_{max}r\right)}$$

0.2.2 Correct intake equation - took the integral of the derivative/eating rate equation

$$\frac{dE}{dt} = (rE(t) = \theta) \left(1 - \frac{E(t)}{E_{max}} \right)$$

$$\int \frac{dE}{dt} = \int (rE(t) = \theta) \left(1 - \frac{E(t)}{E_{max}} \right)$$

$$\vdots$$

$$E(t) = \frac{E_{max}\theta \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} - 1 \right)}{\theta \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} + \frac{E_{max}r}{\theta} \right)}$$

$$= \frac{E_{max} \left(e^{\frac{t(E_{max}r + \theta)}{E_{max}}} + \frac{E_{max}r}{\theta} \right)}{e^{\frac{t(E_{max}r + \theta)}{E_{max}}} + \frac{E_{max}r}{\theta}}$$
(1)

 $\theta \neq 0$; integral constant $c \neq 1$; $\theta \neq +E_{max}r$

0.2.3 Correct time equation

$$E(t) = \frac{E_{max}\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}} - 1\right)}{e^{\frac{t(E_{max}r+\theta)}{E_{max}}} + \frac{E_{max}r}{\theta}}$$

$$E(t)\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}} + \frac{E_{max}r}{\theta}\right) = E_{max}\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}} - 1\right)$$

$$E(t)\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}}\right) + E(t)\left(\frac{E_{max}r}{\theta}\right) = E_{max}\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}}\right) - E_{max}$$

$$E(t)\left(\frac{E_{max}r}{\theta}\right) + E_{max} = E_{max}\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}}\right) - E(t)\left(e^{\frac{t(E_{max}r+\theta)}{E_{max}}}\right)$$

$$E_{max}\left(\frac{E(t)r}{\theta} + 1\right) = e^{\frac{t(E_{max}r+\theta)}{E_{max}}}\left(E_{max} - E(t)\right)$$

$$\frac{E_{max}\left(\frac{E(t)r}{\theta} + 1\right)}{E_{max} - E(t)} = e^{\frac{t(E_{max}r+\theta)}{E_{max}}}$$

$$ln\left(\frac{E_{max}\left(\frac{E(t)r}{\theta} + 1\right)}{E_{max} - E(t)}\right) = \frac{t(E_{max}r + \theta)}{E_{max}}$$

$$\frac{E_{max}}{E_{max}r + \theta}ln\left(\frac{E_{max}\left(\frac{E(t)r}{\theta} + 1\right)}{E_{max} - E(t)}\right) = t$$

0.3 Log likelihood

$$\begin{split} L(\hat{E(t)} + \epsilon, \sigma^2 | t, \theta, r, E_{max}) &= \prod_{i=1}^n \frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{\left(E_i - E(t_i)\right)^2}{2\sigma^2}} \\ &= \prod_{i=1}^n (2\pi\sigma^2)^{\frac{-1}{2}} \ e^{-\frac{1}{2\sigma^2}(E_i - E(t_i))^2} \\ &= (2\pi\sigma^2)^{\frac{-n}{2}} \ \prod_{i=1}^n e^{-\frac{1}{2\sigma^2}(E_i - E(t_i))^2} \end{split}$$

$$\ln\left(L(\hat{E}(t) + \epsilon, \sigma^{2} | t, \theta, r, E_{max})\right) = \ln\left((2\pi\sigma^{2})^{\frac{-n}{2}} \prod_{i=1}^{n} e^{-\frac{1}{2\sigma^{2}}(E_{i} - E(t_{i}))^{2}}\right)$$

$$= \ln\left((2\pi\sigma^{2})^{\frac{-n}{2}}\right) + \ln\left(\prod_{i=1}^{n} e^{-\frac{1}{2\sigma^{2}}(E_{i} - E(t_{i}))^{2}}\right)$$

$$= \ln\left((2\pi\sigma^{2})^{\frac{-n}{2}}\right) + \ln\left(e^{-\frac{1}{2\sigma^{2}}} \sum_{i}^{n} (E_{i} - E(t_{i}))^{2}\right)$$

$$= \frac{-n}{2}\ln\left(2\pi\sigma^{2}\right) + -\frac{1}{2\sigma^{2}} \sum_{i}^{n} (E_{i} - E(t_{i}))^{2}$$
(2)

$$\sigma^2 = \frac{\sum_{i}^{n} (E_i - E(t_i))^2}{n}$$

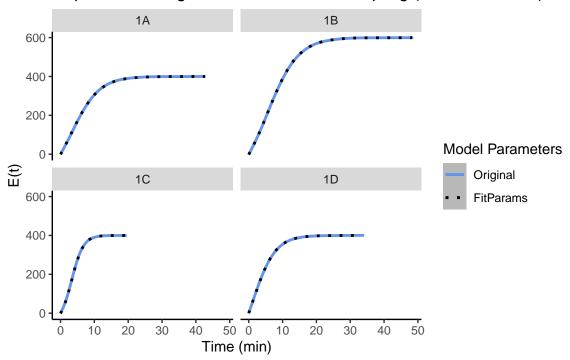
$$\ln\left(L(\hat{E(t)} + \epsilon, \sigma^2 | t, \theta, r, E_{max})\right) = \frac{-n}{2} \ln\left(2\pi \left(\frac{\sum_{i=1}^{n} (E_i - E(t_i))^2}{n}\right)^2\right) + -\frac{1}{2\left(\frac{\sum_{i=1}^{n} (E_i - E(t_i))^2}{n}\right)^2} \sum_{i=1}^{n} (E_i - E(t_i))^2$$

1A - theta: 30 g/min, r: 0.17 1/min, Emax = 1B - theta: 30 g/min, r: 0.17 1/min, Emax = 400g600gReplication of Figure 1A with All Sampling Replication of Figure 1B with All Sampling 400 -300 Sampling Rate Sampling Rate € 200 ♦ 100 bites/30 min 😅 ♦ 100 bites/30 min
 ♦ 33 bites/30min ♦ 33 bites/30min Zi0 Time (min) 20 30 Time (min) 1C - theta: 30 g/min, r: 0.5 1/min, Emax = 1D - theta: 50 g/min, r: 0.17 1/min, Emax = 1D - theta: 10 g/min, r: 100.17 1/min, 100.17 1/mi 400gReplication of Figure 1C with All Sampling Replication of Figure 1D with All Sampling 400 300 300 Sampling Rate Sampling Rate **⊕** 200 ♦ 100 bites/30 min ♦ 33 bites/30min 10 Time (min) Zio Time (min) 30

0.3.1 Compare Parameter Fits by Sampling Rate

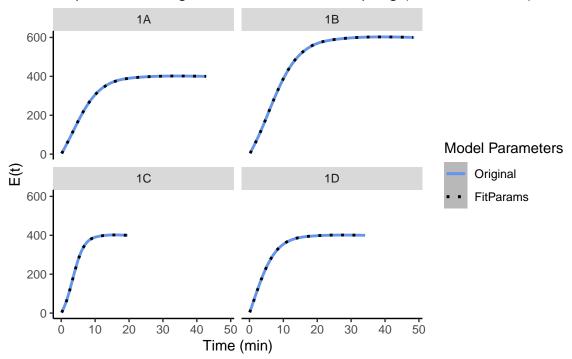
250 ms Sampling

Replication of Figure 1A with 250 ms sampling (for 30 min meal)



100 bite Sampling

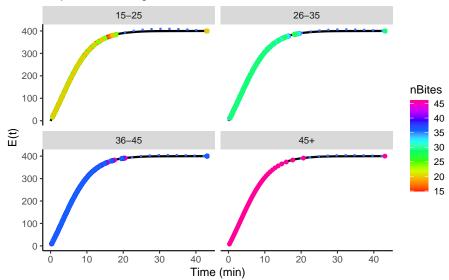
Replication of Figure 1 with 250 ms sampling (for 30 min meal)



randomly sampled number of bites: mean = 33, sd = 5

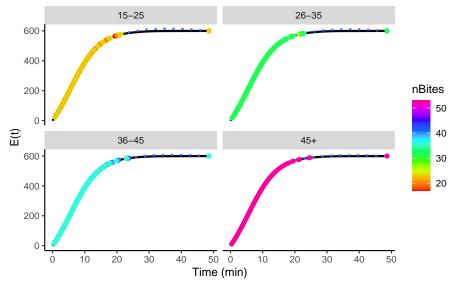
1A - theta: 30 g/min, r: 0.17 1/min, Emax = 400g

Replication of Figure 1A with 33 Bites

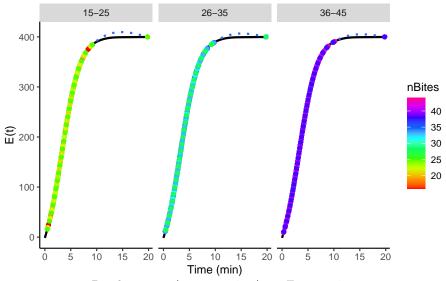


1B - theta: 30 g/min, r: 0.17 1/min, Emax = 600 g

Replication of Figure 1B with 33 Bites

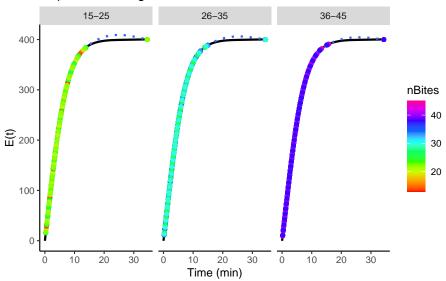


Replication of Figure 1C with 33 Bites



1D - theta: 50 g/min, r: 0.17 1/min, Emax = 400g

Replication of Figure 1D with 33 Bites



1 Simulations based on Fogel et al., 2017

1.1 Correlations between Microstructure Behaviors

1.1.1 Corrleations Reported in Fogel et al., 2017 (Table 1)

Table 1: Correlations between Microstructure Behaviors - Simulated

nBites	BiteSize_g	BiteOralExposure_sec	ActiveMeal_pcent	TotalOralExposure_min	EatRate_g.min
NA	NA	NA	NA	NA	NA
-0.42*	NA	NA	NA	NA	NA
-0.58*	0.54*	NA	NA	NA	NA
0.11*	0.17*	0.16*	NA	NA	NA
0.54*	-0.01	0.02	0.33	NA	NA
0.15*	0.55*	-0.25*	-0.02	-0.05	NA

1.1.2 Corrleations Simulated

Table 2: Correlations between Microstructure Behaviors - Simulated

nBites	BiteSize_g	BiteOralExposure_sec	ActiveMeal_pcent	TotalOralExposure_min	EatRate_g.min	TotalIn
-0.42*						
-0.58*	0.54*					
0.11*	0.17*	0.16*				
0.44*	0.14*	0.48*	0.3*			
0.03	0.66*	-0.27*	0.05	-0.26*		
0.35*	0.7*	0.1*	0.26*	0.49*	0.71*	
0.05	0.41*	-0.17*	0.09*	-0.14*	0.63*	0.46*
0.42*	0.08	0.44*	-0.07	0.93*	-0.29*	0.41*

1.1.3 Corrleations Simulated - After Rounding Simulated Number of Bites

Table 3: Correlations between Microstructure Behaviors - Simulated, Rounded

nBites	BiteSize_g	$BiteOralExposure_sec$	ActiveMeal_pcent	TotalOralExposure_min	EatRate_g.min	TotalIn
-0.41*						
-0.58*	0.54*					
0.11*	0.17*	0.16*				
0.45*	0.15*	0.47*	0.29*			
0.04	0.66*	-0.27*	0.05	-0.25*		
0.36*	0.7*	0.1*	0.26*	0.5*	0.71*	
-0.03	0.42*	-0.16*	-0.01	-0.21*	0.61*	0.4*
0.43*	0.09*	0.43*	-0.07	0.93*	-0.28*	0.43*

1.2 Fast vs Slow Eaters Microstructure Characteristics

1.2.1 Means (SEM) Reported in Fogel et al., 2017 (Table 2)

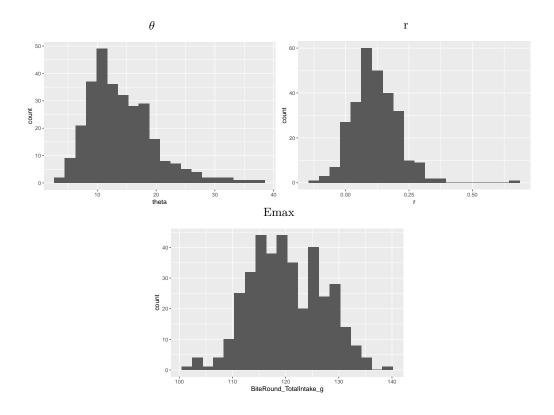
	Slow	Fast	t p
Bites(#)	57.7 (2.5)	$\overline{68.4\ (2.5)}$	$\overline{3.04}$ 0.003
Bite Size (grams/bite)	1.4(0.1)	2.4(0.1)	9.17 < 0.001
Oral Exposure per Bite (sec)	20.1(0.9)	15.6 (0.5)	4.11 < 0.001
Active Mealtime (%)	75.0(1.0)	$76.0\ (1.0)$	0.56 0.570
Total Oral Exposure (min)	15.1 (0.4)	15.2(0.4)	0.08 0.930
Total Intake (kCal)	175.3 (6.09)	306.7 (9.9)	11.28 < 0.001

1.2.2 Means (SEM) After Rounding Simulated Number of Bites

1.3 Parameter Distributions - Quadratic

1.4 Parameter Distributions - First Principles Model

1.4.1 Histogram: Overall Distributions



1.4.2 Histogram: Distributions by Eating Rate Group

1.4.3 Density: Distributions by Eating Rate Group

