

### Month 1: Reading Foundation

Day	Activity	Time Slot
1-3	Read short articles or blog posts	Evening (7:00 - 8:00 PM)
4-7	Introduce academic articles	Evening (7:00 - 8:00 PM)
8-14	Start a simple English book or novel	Evening (7:00 - 7:45 PM)
15-21	Read a chapter from the book; vocabulary review	Evening (7:00 - 7:45 PM)
22-28	Explore different genres; vocabulary expansion	Evening (7:00 - 8:00 PM)
29-30	Review vocabulary journal; summarize book chapter	Evening (7:00 - 7:30 PM)

### Month 2: Expanding Vocabulary

Day	Activity	Time Slot
1-7	Read articles from various genres	Evening (7:00 - 8:00 PM)
8-14	Explore non-fiction materials	Evening (7:00 - 8:00 PM)
15-21	Use a thesaurus; practice synonyms	Evening (7:00 - 7:45 PM)
22-28	Apply synonyms in sentences; flashcard creation	Evening (7:00 - 7:45 PM)
29-30	Write short paragraphs using new vocabulary	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 2.

### Month 3: Building Listening Skills

Day	Activity	Time Slot
1-7	Listen to short podcasts; note key points	Morning (7:30 - 8:00 AM)
8-14	Incorporate news broadcasts	Morning (7:30 - 8:00 AM)
15-21	Start watching English movies or TV shows	Evening (7:00 - 8:00 PM)
22-28	Identify and note unfamiliar expressions	Evening (7:00 - 7:30 PM)
29-30	Reflect on listening progress; set goals	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 3.

### Month 4: Listening Practice

Day	Activity	Time Slot
1-7	Focus on specific accents	Evening (7:00 - 7:30 PM)
8-14	Listen to interviews or discussions	Evening (7:00 - 7:30 PM)
15-21	Increase listening duration	Evening (7:00 - 8:00 PM)
22-28	Join language exchange groups; spoken discussions	Evening (7:00 - 8:00 PM)

Day	Activity	Time Slot
29-30	Analyze recorded conversations	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 4.

### Month 5: Writing Foundations

Day	Activity	Time Slot
1-7	Write short paragraphs; share for feedback	Evening (7:00 - 7:45 PM)
8-14	Practice summarizing articles	Evening (7:00 - 7:45 PM)
15-21	Join online writing communities; discussions	Evening (7:00 - 8:00 PM)
22-28	Revise based on feedback	Evening (7:00 - 7:45 PM)
29-30	Reflect on writing progress; set goals	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 5.

### Month 6: Advanced Writing Skills

Day	Activity	Time Slot
1-7	Introduce essay writing; practice structure	Evening (7:00 - 8:00 PM)
8-14	Explore argumentative writing; develop thesis	Evening (7:00 - 8:00 PM)
15-21	Engage in peer review; provide feedback	Evening (7:00 - 8:00 PM)
22-28	Revise essays based on feedback	Evening (7:00 - 8:00 PM)
29-30	Reflect on progress; identify areas for refinement	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 6.

Continue this detailed schedule for each subsequent month, adjusting activities based on your progress and needs. Remember to be consistent and allow for breaks to avoid burnout. Best of luck with your English language learning journey!

### Month 7: Speaking Fluency

Day	Activity	Time Slot
1-7	Engage in daily conversations; focus on fluency	Evening (7:00 - 7:45 PM)
8-14	Use discussion prompts; express opinions	Evening (7:00 - 7:45 PM)
15-21	Record conversations; analyze for improvement	Evening (7:00 - 7:30 PM)
22-28	Practice paraphrasing and summarizing	Evening (7:00 - 7:30 PM)
29-30	Mimic natural speech patterns in conversations	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 7.

## Month 8: Speaking Practice

Day	Activity	Time Slot
1-7	Focus on IELTS speaking topics; timed responses	Evening (7:00 - 7:45 PM)
8-14	Join speaking clubs or forums; participate	Evening (7:00 - 7:45 PM)
15-21	Mimic exam conditions; practice under time constraints	Evening (7:00 - 7:45 PM)
22-28	Provide feedback to others in speaking clubs	Evening (7:00 - 7:30 PM)
29-30	Reflect on speaking progress; set goals	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 8.

## Month 9: Grammar Mastery

Day	Activity	Time Slot
1-7	Select specific grammar rules; study in-depth	Evening (7:00 - 7:45 PM)
8-14	Apply grammar rules in writing exercises	Evening (7:00 - 7:45 PM)
15-21	Incorporate grammar rules into speaking exercises	Evening (7:00 - 7:45 PM)
22-28	Explore advanced grammar topics	Evening (7:00 - 7:45 PM)
29-30	Engage in spoken exercises with complex sentence structures	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 9.

## Month 10: IELTS Exam Preparation - Reading and Listening

Day	Activity	Time Slot
1-7	Take a practice test for the reading section; review	Evening (7:00 - 8:00 PM)
8-14	Review reading strategies; practice time management	Evening (7:00 - 8:00 PM)
15-21	Take a practice test for the listening section; review answers	Evening (7:00 - 8:00 PM)
22-28	Focus on improving listening skills; varied accents	Evening (7:00 - 8:00 PM)
29-30	Review mistakes; set goals for improvement	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 10.

## Month 11: IELTS Exam Preparation - Writing and Speaking

Day	Activity	Time Slot
1-7	Take a full-length writing test; review essays	Evening (7:00 - 8:00 PM)
8-14	Practice speaking on IELTS topics; refine responses	Evening (7:00 - 8:00 PM)
15-21	Mimic exam conditions for both writing and speaking tests	Evening (7:00 - 8:00 PM)
22-28	Seek feedback; make final adjustments	Evening (7:00 - 8:00 PM)
29-30	Reflect on progress; set goals for the final month	Evening (7:00 - 7:30 PM)

Continue with a similar schedule for subsequent weeks in Month 11.

### Month 12: Final Review and Practice Tests

Day	Activity	Time Slot
1-7	Comprehensive review of all language skills; identify areas for improvement	Evening (7:00 - 8:00 PM)
8-14	Take a full-length practice test; simulate exam conditions	Evening (7:00 - 8:00 PM)
15-21	Review test results; focus on time management	Evening (7:00 - 8:00 PM)
22-28	Engage in confidence-building exercises; visualize success	Evening (7:00 - 8:00 PM)
29-30	Final preparations for the exam day; ensure readiness	Evening (7:00 - 8:00 PM)

Feel free to adjust the time slots to fit your daily routine and energy levels. Consistency is key, so make sure to stick to your schedule and gradually adapt it to your progress. Good luck with your English language journey and your IELTS preparation!